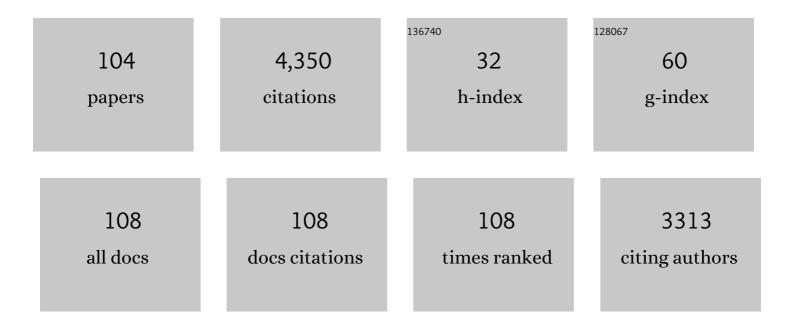
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	A meta-analysis of loneliness and use of primary health care. Health Psychology Review, 2023, 17, 193-210.	4.4	14
2	Evaluating the psychometric properties of the Mental Health Continuum Short Form (MHC-SF) in Iranian adolescents. Current Psychology, 2023, 42, 17995-18009.	1.7	2
3	The role of selfâ€compassion in the mental health of adults with ADHD. Journal of Clinical Psychology, 2022, 78, 2497-2512.	1.0	9
4	Using social cognition models to understand why people, such as perfectionists, struggle to respond with selfâ€compassion. British Journal of Social Psychology, 2022, 61, 1160-1182.	1.8	5
5	Trait procrastination undermines outcome and efficacy expectancies for achieving health-related possible selves. Current Psychology, 2021, 40, 3840-3847.	1.7	8
6	Negative life events and suicide risk in college students: Conditional indirect effects of hopelessness and self-compassion. Journal of American College Health, 2021, 69, 546-553.	0.8	17
7	Neuroanatomical substrates accounting for the effect of present hedonistic time perspective on risk preference: the mediating role of right posterior parietal cortex. Brain Imaging and Behavior, 2021, 15, 244-254.	1.1	5
8	Development and Assessment of the Personal Emotional Capital Questionnaire for Adults. International Journal of Environmental Research and Public Health, 2021, 18, 1856.	1.2	1
9	Understanding the effects of time perspective: A meta-analysis testing a self-regulatory framework Psychological Bulletin, 2021, 147, 233-267.	5.5	43
10	Pain is not the major determinant of quality of life in fibromyalgia: results from a retrospective "real world―data analysis of fibromyalgia patients. Rheumatology International, 2021, 41, 1995-2006.	1.5	17
11	Neural basis responsible for self-control association with procrastination: Right MFC and bilateral OFC functional connectivity with left dlPFC. Journal of Research in Personality, 2021, 91, 104064.	0.9	13
12	Effectiveness of Progressive Muscle Relaxation, Deep Breathing, and Guided Imagery in Promoting Psychological and Physiological States of Relaxation. Evidence-based Complementary and Alternative Medicine, 2021, 2021, 1-8.	0.5	53
13	Symptoms of Anxiety and Depression and Suicidal Behavior in College Students: Conditional Indirect Effects of Non-Suicidal Self-Injury and Self-Compassion. Journal of College Student Psychotherapy, 2020, 34, 316-338.	0.6	14
14	A Person-Oriented Approach to Multidimensional Perfectionism: Perfectionism Profiles in Health and Well-Being. Journal of Psychoeducational Assessment, 2020, 38, 127-142.	0.9	11
15	Fibromyalgia impact and depressive symptoms: Can perceiving a silver lining make a difference?. Scandinavian Journal of Psychology, 2020, 61, 543-548.	0.8	12
16	The relationship between individual differences in spontaneous self-affirmation and affect associated with self-weighing. Journal of Research in Personality, 2020, 89, 104020.	0.9	2
17	Gratitude and suicide risk among college students: Substantiating the protective benefits of being thankful. Journal of American College Health, 2020, 69, 1-8.	0.8	14
18	The association between self-compassion and self-rated health in 26 samples. BMC Public Health, 2020, 20, 74.	1.2	15

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19	A meta-analysis of parental multidimensional perfectionism and child psychological outcomes. Personality and Individual Differences, 2020, 162, 110015.	1.6	3
20	Educational needs of patients with rheumatic and musculoskeletal diseases attending a large health facility in Austria. Musculoskeletal Care, 2020, 18, 391-396.	0.6	4
21	Emotional adaptation to relationship dissolution in parents and non-parents: A new conceptual model and measure. PLoS ONE, 2020, 15, e0239712.	1.1	5
22	Trying to be perfect in an imperfect world: A person-centred test of perfectionism and health in fibromyalgia patients versus healthy controls. Personality and Individual Differences, 2019, 137, 27-32.	1.6	14
23	Self-Compassion and Bedtime Procrastination: an Emotion Regulation Perspective. Mindfulness, 2019, 10, 434-445.	1.6	59
24	The Relationship Between a Balanced Time Perspective and Self-monitoring of Blood Glucose Among People With Type 1 Diabetes. Annals of Behavioral Medicine, 2019, 53, 196-209.	1.7	9
25	Relationship between Future Orientation and Pain Severity in Fibromyalgia Patients: Self-Compassion as a Coping Mechanism. Social Work, 2019, 64, 253-258.	0.6	3
26	Self-Compassion and Suicide Risk in Veterans: When the Going Gets Tough, Do the Tough Benefit More from Self-Compassion?. Mindfulness, 2019, 10, 2544-2554.	1.6	21
27	Self-compassion and adjustment in epilepsy and psychogenic nonepileptic seizures. Epilepsy and Behavior, 2019, 100, 106490.	0.9	12
28	Anger rumination mediates differences between fibromyalgia patients and healthy controls on mental health and quality of life. Personality and Mental Health, 2019, 13, 119-133.	0.6	11
29	Development and validation of the General Procrastination Scale (GPS-9): A short and reliable measure of trait procrastination. Personality and Individual Differences, 2019, 146, 26-33.	1.6	28
30	Health beliefs, attitudes, and health-related quality of life in persons with fibromyalgia: mediating role of treatment adherence. Psychology, Health and Medicine, 2019, 24, 962-977.	1.3	13
31	Self-compassion Improves Parental Well-being in Response to Challenging Parenting Events. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 327-341.	0.9	43
32	Improving Health-Related Quality of Life and Reducing Suicide in Primary Care: Can Social Problem–Solving Abilities Help?. International Journal of Mental Health and Addiction, 2019, 17, 295-309.	4.4	4
33	Identifying the Underlying Mechanisms of Change During Acceptance and Commitment Therapy (ACT): A Systematic Review of Contemporary Mediation Studies. Behavioural and Cognitive Psychotherapy, 2019, 47, 332-362.	0.9	112
34	Self-Compassion and Adherence in Five Medical Samples: the Role of Stress. Mindfulness, 2019, 10, 46-54.	1.6	47
35	Examining the factor structure of the Self-Compassion Scale in 20 diverse samples: Support for use of a total score and six subscale scores Psychological Assessment, 2019, 31, 27-45.	1.2	208
36	Influence of Lifestyle Redesign® on Health, Social Participation, Leisure, and Mobility of Older French-Canadians. American Journal of Occupational Therapy, 2019, 73, 7305205030p1-7305205030p18.	0.1	25

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37	Giving in when feeling less good: Procrastination, action control, and social temptations. British Journal of Social Psychology, 2018, 57, 404-427.	1.8	32
38	Self-compassion and suicidal behavior in college students: Serial indirect effects via depression and wellness behaviors. Journal of American College Health, 2018, 66, 114-122.	0.8	29
39	"At least David Cameron resignedâ€ŧ The protective effects of just-world beliefs for counterfactual thinking after Brexit. Personality and Individual Differences, 2018, 121, 25-30.	1.6	3
40	A dual continuum model of the reasons for use of complementary health approaches among overweight and obese adults: findings from the 2012 NHIS. BMC Complementary and Alternative Medicine, 2018, 18, 339.	3.7	4
41	The role of mind-body awareness in the outcomes of complementary and alternative medicine (CAM). European Journal of Integrative Medicine, 2018, 22, 37-43.	0.8	3
42	Use and Disclosure of Complementary Health Approaches in US Adults With Cardiovascular Disease. American Journal of Cardiology, 2018, 122, 170-174.	0.7	13
43	Perfectionistic strivings and concerns are differentially associated with self-rated health beyond negative affect. Journal of Research in Personality, 2017, 70, 73-83.	0.9	16
44	Gratitude mediates quality of life differencesÂbetween fibromyalgia patients and healthy controls. Quality of Life Research, 2017, 26, 2449-2457.	1.5	16
45	Gratitude uniquely predicts lower depression in chronic illness populations: A longitudinal study of inflammatory bowel disease and arthritis Health Psychology, 2017, 36, 122-132.	1.3	62
46	Struggling With Adversities of Life. Clinical Journal of Pain, 2017, 33, 528-534.	0.8	16
47	A longitudinal study of the profiles of psychological thriving, resilience, and loss in people with inflammatory bowel disease. British Journal of Health Psychology, 2017, 22, 920-939.	1.9	30
48	The relationship between time perspective and self-regulatory processes, abilities and outcomes: a protocol for a meta-analytical review. BMJ Open, 2017, 7, e017000.	0.8	9
49	Implicit Reasons for Disclosure of the Use of Complementary Health Approaches (CHA): a Consumer Commitment Perspective. Annals of Behavioral Medicine, 2017, 51, 764-774.	1.7	12
50	Prevalence and predictors of complementary and alternative medicine use among people with coronary heart disease or at risk for this in the sixth TromsÃ, study: a comparative analysis using protection motivation theory. BMC Complementary and Alternative Medicine, 2017, 17, 324.	3.7	17
51	Self-compassion and physical health: Exploring the roles of perceived stress and health-promoting behaviors. Health Psychology Open, 2017, 4, 205510291772954.	0.7	71
52	Delaying Things and Feeling Bad About It? A Norm-Based Approach to Procrastination. , 2016, , 189-212.		14
53	Future of Research on Procrastination, Health, and Well-Being: Key Themes and Recommendations. , 2016, , 255-271.		5
54	Introduction: Conceptualizing the Relations of Procrastination to Health and Well-Being. , 2016, , 3-20.		11

Introduction: Conceptualizing the Relations of Procrastination to Health and Well-Being. , 2016, , 3-20. 54

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55	Temporal Views of Procrastination, Health, and Well-Being. , 2016, , 213-232.		2
56	Procrastination, Stress, and Chronic Health Conditions: A Temporal Perspective. , 2016, , 67-92.		9
57	Procrastination, Emotion Regulation, and Well-Being. , 2016, , 163-188.		56
58	Insecure attachment orientation and well-being in emerging adults: The roles of perceived social support and fatigue. Personality and Individual Differences, 2016, 101, 318-321.	1.6	22
59	How Should Discrepancy Be Assessed in Perfectionism Research? A Psychometric Analysis and Proposed Refinement of the Almost Perfect Scale–Revised. Journal of Psychoeducational Assessment, 2016, 34, 718-732.	0.9	16
60	Pain and Depressive Symptoms in Primary Care. Clinical Journal of Pain, 2016, 32, 562-567.	0.8	7
61	An appraisal-based coping model of attachment and adjustment to arthritis. Journal of Health Psychology, 2016, 21, 821-831.	1.3	10
62	Reasons for continuing use of Complementary and Alternative Medicine (CAM) in students: a consumer commitment model. BMC Complementary and Alternative Medicine, 2016, 16, 75.	3.7	19
63	Perfectionism, Health, and Well-Being. , 2016, , .		38
64	Hope and fatigue in chronic illness: The role of perceived stress. Journal of Health Psychology, 2016, 21, 451-456.	1.3	38
65	Self-compassion, affect, and health-promoting behaviors Health Psychology, 2015, 34, 661-669.	1.3	227
66	Less Adaptive or More Maladaptive? A Meta–analytic Investigation of Procrastination and Coping. European Journal of Personality, 2015, 29, 433-444.	1.9	80
67	Is procrastination related to sleep quality? Testing an application of the procrastination–health model. Cogent Psychology, 2015, 2, 1074776.	0.6	31
68	Future orientation and health quality of life in primary care: vitality as a mediator. Quality of Life Research, 2015, 24, 1653-1659.	1.5	15
69	Self-Compassion, Stress, and Coping in the Context of Chronic Illness. Self and Identity, 2015, 14, 334-347.	1.0	208
70	Who Looks Forward to Better Health? Personality Factors and Future Self-Rated Health in the Context of Chronic Illness. International Journal of Behavioral Medicine, 2015, 22, 569-579.	0.8	11
71	Big Five traits, affect balance and health behaviors: A self-regulation resource perspective. Personality and Individual Differences, 2015, 87, 59-64.	1.6	31
72	A self-regulation resource model of self-compassion and health behavior intentions in emerging adults. Preventive Medicine Reports, 2015, 2, 218-222.	0.8	72

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73	Is procrastination a vulnerability factor for hypertension and cardiovascular disease? Testing an extension of the procrastination–health model. Journal of Behavioral Medicine, 2015, 38, 578-589.	1.1	53
74	Perfectionism and Maladaptive Coping Styles in Patients with Chronic Fatigue Syndrome, Irritable Bowel Syndrome and Fibromyalgia/Arthritis and in Healthy Controls. Psychotherapy and Psychosomatics, 2014, 83, 384-385.	4.0	31
75	Out of Sight, Out of Time? A Meta–Analytic Investigation of Procrastination and Time Perspective. European Journal of Personality, 2014, 28, 511-520.	1.9	87
76	Health-related self-perceptions over time and provider-based Complementary and Alternative Medicine (CAM) use in people with inflammatory bowel disease or arthritis. Complementary Therapies in Medicine, 2014, 22, 701-709.	1.3	25
77	Absorbed in the moment? An investigation of procrastination, absorption and cognitive failures. Personality and Individual Differences, 2014, 71, 30-34.	1.6	32
78	Looking beyond the barriers: Practical and symbolic factors associated with disclosure of complementary and alternative medicine (CAM) use. European Journal of Integrative Medicine, 2014, 6, 545-551.	0.8	4
79	Procrastination and Stress: Exploring the Role of Self-compassion. Self and Identity, 2014, 13, 128-145.	1.0	159
80	Associations of psychological thriving with coping efficacy, expectations for future growth, and depressive symptoms over time in people with arthritis. Journal of Psychosomatic Research, 2013, 75, 279-286.	1.2	21
81	Procrastination and the Priority of Shortâ€Term Mood Regulation: Consequences for Future Self. Social and Personality Psychology Compass, 2013, 7, 115-127.	2.0	310
82	Lost in the Moment? An Investigation of Procrastination, Mindfulness, and Well-being. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2012, 30, 237-248.	1.0	101
83	Functional impairment and depressive symptoms in older adults: Mitigating effects of hope. British Journal of Health Psychology, 2011, 16, 744-760.	1.9	36
84	Insecure attachment moderates women's adjustment to inflammatory bowel disease severity Rehabilitation Psychology, 2010, 55, 170-179.	0.7	20
85	Birth attendant choice and satisfaction with antenatal care: the role of birth philosophy, relational style, and health selfâ€efficacy. Journal of Reproductive and Infant Psychology, 2010, 28, 69-83.	0.9	32
86	Provider Support in Complementary and Alternative Medicine: Exploring the Role of Patient Empowerment. Journal of Alternative and Complementary Medicine, 2010, 16, 745-752.	2.1	45
87	"lf Only I Had Done Betterâ€: Perfectionism and the Functionality of Counterfactual Thinking. Personality and Social Psychology Bulletin, 2010, 36, 1675-1692.	1.9	35
88	Psychological Adjustment to Inflammatory Bowel Disease. American Journal of Gastroenterology, 2009, 104, 2970-2972.	0.2	6
89	Comment on "Preventive Screening of Women Who Use Complementary and Alternative Medicine Providersâ€: Journal of Women's Health, 2009, 18, 1119-1120.	1.5	0
90	The role of self-blame and responsibility in adjustment to inflammatory bowel disease Rehabilitation Psychology, 2009, 54, 99-108.	0.7	64

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91	Beyond standard quality of life measures: the subjective experiences of living with inflammatory bowel disease. Quality of Life Research, 2008, 17, 877-886.	1.5	55
92	Motivations for consulting complementary and alternative medicine practitioners: A comparison of consumers from 1997–8 and 2005. BMC Complementary and Alternative Medicine, 2008, 8, 16.	3.7	92
93	When one door closes, another door opens: Physician availability and motivations to consult complementary and alternative medicine providers. Complementary Therapies in Clinical Practice, 2008, 14, 228-236.	0.7	15
94	Provider-based complementary and alternative medicine use among three chronic illness groups: Associations with psychosocial factors and concurrent use of conventional health-care services. Complementary Therapies in Medicine, 2008, 16, 73-80.	1.3	65
95	Personality and Consultations with Complementary and Alternative Medicine Practitioners: A Five-Factor Model Investigation of the Degree of Use and Motives. Journal of Alternative and Complementary Medicine, 2008, 14, 1151-1158.	2.1	30
96	Consumer Decision Factors for Initial and Long-Term Use of Complementary and Alternative Medicine. Complementary Health Practice Review, 2008, 13, 3-19.	1.1	32
97	"l'll look after my health, later― A replication and extension of the procrastination–health model with community-dwelling adults. Personality and Individual Differences, 2007, 43, 15-26.	1.6	145
98	"Learning to Live With What You Can't Rise Above": Control Beliefs, Symptom Control, and Adjustment to Tinnitus Health Psychology, 2006, 25, 119-123.	1.3	69
99	Procrastination and intentions to perform health behaviors: The role of self-efficacy and the consideration of future consequences. Personality and Individual Differences, 2004, 37, 115-128.	1.6	130
100	Procrastination and counterfactual thinking: Avoiding what might have been. British Journal of Social Psychology, 2004, 43, 269-286.	1.8	44
101	"l'll look after my health, later― an investigation of procrastination and health. Personality and Individual Differences, 2003, 35, 1167-1184.	1.6	177
102	Treatment Seeking and Experience with Complementary/Alternative Medicine: A Continuum of Choice. Journal of Alternative and Complementary Medicine, 2002, 8, 127-134.	2.1	17
103	An investigation of the health beliefs and motivations of complementary medicine clients. Social Science and Medicine, 2002, 55, 1025-1037.	1.8	228
104	Self-compassion and suicidal behavior: Indirect effects of depression, anxiety, and hopelessness across increasingly vulnerable samples. Self and Identity, 0, , 1-21.	1.0	4