

# Fuschia M Sirois

## List of Publications by Year in descending order

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Version: 2024-02-01

104  
papers

4,350  
citations

136740

32  
h-index

128067

60  
g-index

108  
all docs

108  
docs citations

108  
times ranked

3313  
citing authors

#	ARTICLE	IF	CITATIONS
1	Procrastination and the Priority of Short-Term Mood Regulation: Consequences for Future Self. <i>Social and Personality Psychology Compass</i> , 2013, 7, 115-127.	2.0	310
2	An investigation of the health beliefs and motivations of complementary medicine clients. <i>Social Science and Medicine</i> , 2002, 55, 1025-1037.	1.8	228
3	Self-compassion, affect, and health-promoting behaviors.. <i>Health Psychology</i> , 2015, 34, 661-669.	1.3	227
4	Self-Compassion, Stress, and Coping in the Context of Chronic Illness. <i>Self and Identity</i> , 2015, 14, 334-347.	1.0	208
5	Examining the factor structure of the Self-Compassion Scale in 20 diverse samples: Support for use of a total score and six subscale scores.. <i>Psychological Assessment</i> , 2019, 31, 27-45.	1.2	208
6	“I’ll look after my health, later” an investigation of procrastination and health. <i>Personality and Individual Differences</i> , 2003, 35, 1167-1184.	1.6	177
7	Procrastination and Stress: Exploring the Role of Self-compassion. <i>Self and Identity</i> , 2014, 13, 128-145.	1.0	159
8	“I’ll look after my health, later” A replication and extension of the procrastination “health model with community-dwelling adults. <i>Personality and Individual Differences</i> , 2007, 43, 15-26.	1.6	145
9	Procrastination and intentions to perform health behaviors: The role of self-efficacy and the consideration of future consequences. <i>Personality and Individual Differences</i> , 2004, 37, 115-128.	1.6	130
10	Identifying the Underlying Mechanisms of Change During Acceptance and Commitment Therapy (ACT): A Systematic Review of Contemporary Mediation Studies. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 332-362.	0.9	112
11	Lost in the Moment? An Investigation of Procrastination, Mindfulness, and Well-being. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2012, 30, 237-248.	1.0	101
12	Motivations for consulting complementary and alternative medicine practitioners: A comparison of consumers from 1997 and 2005. <i>BMC Complementary and Alternative Medicine</i> , 2008, 8, 16.	3.7	92
13	Out of Sight, Out of Time? A Meta-Analytic Investigation of Procrastination and Time Perspective. <i>European Journal of Personality</i> , 2014, 28, 511-520.	1.9	87
14	Less Adaptive or More Maladaptive? A Meta-analytic Investigation of Procrastination and Coping. <i>European Journal of Personality</i> , 2015, 29, 433-444.	1.9	80
15	A self-regulation resource model of self-compassion and health behavior intentions in emerging adults. <i>Preventive Medicine Reports</i> , 2015, 2, 218-222.	0.8	72
16	Self-compassion and physical health: Exploring the roles of perceived stress and health-promoting behaviors. <i>Health Psychology Open</i> , 2017, 4, 205510291772954.	0.7	71
17	"Learning to Live With What You Can't Rise Above": Control Beliefs, Symptom Control, and Adjustment to Tinnitus.. <i>Health Psychology</i> , 2006, 25, 119-123.	1.3	69
18	Provider-based complementary and alternative medicine use among three chronic illness groups: Associations with psychosocial factors and concurrent use of conventional health-care services. <i>Complementary Therapies in Medicine</i> , 2008, 16, 73-80.	1.3	65

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19	The role of self-blame and responsibility in adjustment to inflammatory bowel disease.. Rehabilitation Psychology, 2009, 54, 99-108.	0.7	64
20	Gratitude uniquely predicts lower depression in chronic illness populations: A longitudinal study of inflammatory bowel disease and arthritis.. Health Psychology, 2017, 36, 122-132.	1.3	62
21	Self-Compassion and Bedtime Procrastination: an Emotion Regulation Perspective. Mindfulness, 2019, 10, 434-445.	1.6	59
22	Procrastination, Emotion Regulation, and Well-Being. , 2016, , 163-188.		56
23	Beyond standard quality of life measures: the subjective experiences of living with inflammatory bowel disease. Quality of Life Research, 2008, 17, 877-886.	1.5	55
24	Is procrastination a vulnerability factor for hypertension and cardiovascular disease? Testing an extension of the procrastinationâ€œhealth model. Journal of Behavioral Medicine, 2015, 38, 578-589.	1.1	53
25	Effectiveness of Progressive Muscle Relaxation, Deep Breathing, and Guided Imagery in Promoting Psychological and Physiological States of Relaxation. Evidence-based Complementary and Alternative Medicine, 2021, 2021, 1-8.	0.5	53
26	Self-Compassion and Adherence in Five Medical Samples: the Role of Stress. Mindfulness, 2019, 10, 46-54.	1.6	47
27	Provider Support in Complementary and Alternative Medicine: Exploring the Role of Patient Empowerment. Journal of Alternative and Complementary Medicine, 2010, 16, 745-752.	2.1	45
28	Procrastination and counterfactual thinking: Avoiding what might have been. British Journal of Social Psychology, 2004, 43, 269-286.	1.8	44
29	Self-compassion Improves Parental Well-being in Response to Challenging Parenting Events. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 327-341.	0.9	43
30	Understanding the effects of time perspective: A meta-analysis testing a self-regulatory framework.. Psychological Bulletin, 2021, 147, 233-267.	5.5	43
31	Perfectionism, Health, and Well-Being. , 2016, , .		38
32	Hope and fatigue in chronic illness: The role of perceived stress. Journal of Health Psychology, 2016, 21, 451-456.	1.3	38
33	Functional impairment and depressive symptoms in older adults: Mitigating effects of hope. British Journal of Health Psychology, 2011, 16, 744-760.	1.9	36
34	â€œSelf Only I Had Done Betterâ€œ Perfectionism and the Functionality of Counterfactual Thinking. Personality and Social Psychology Bulletin, 2010, 36, 1675-1692.	1.9	35
35	Consumer Decision Factors for Initial and Long-Term Use of Complementary and Alternative Medicine. Complementary Health Practice Review, 2008, 13, 3-19.	1.1	32
36	Birth attendant choice and satisfaction with antenatal care: the role of birth philosophy, relational style, and health selfâ€œefficacy. Journal of Reproductive and Infant Psychology, 2010, 28, 69-83.	0.9	32

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37	Absorbed in the moment? An investigation of procrastination, absorption and cognitive failures. <i>Personality and Individual Differences</i> , 2014, 71, 30-34.	1.6	32
38	Giving in when feeling less good: Procrastination, action control, and social temptations. <i>British Journal of Social Psychology</i> , 2018, 57, 404-427.	1.8	32
39	Perfectionism and Maladaptive Coping Styles in Patients with Chronic Fatigue Syndrome, Irritable Bowel Syndrome and Fibromyalgia/Arthritis and in Healthy Controls. <i>Psychotherapy and Psychosomatics</i> , 2014, 83, 384-385.	4.0	31
40	Is procrastination related to sleep quality? Testing an application of the procrastination "health model. <i>Cogent Psychology</i> , 2015, 2, 1074776.	0.6	31
41	Big Five traits, affect balance and health behaviors: A self-regulation resource perspective. <i>Personality and Individual Differences</i> , 2015, 87, 59-64.	1.6	31
42	Personality and Consultations with Complementary and Alternative Medicine Practitioners: A Five-Factor Model Investigation of the Degree of Use and Motives. <i>Journal of Alternative and Complementary Medicine</i> , 2008, 14, 1151-1158.	2.1	30
43	A longitudinal study of the profiles of psychological thriving, resilience, and loss in people with inflammatory bowel disease. <i>British Journal of Health Psychology</i> , 2017, 22, 920-939.	1.9	30
44	Self-compassion and suicidal behavior in college students: Serial indirect effects via depression and wellness behaviors. <i>Journal of American College Health</i> , 2018, 66, 114-122.	0.8	29
45	Development and validation of the General Procrastination Scale (GPS-9): A short and reliable measure of trait procrastination. <i>Personality and Individual Differences</i> , 2019, 146, 26-33.	1.6	28
46	Health-related self-perceptions over time and provider-based Complementary and Alternative Medicine (CAM) use in people with inflammatory bowel disease or arthritis. <i>Complementary Therapies in Medicine</i> , 2014, 22, 701-709.	1.3	25
47	Influence of Lifestyle Redesign® on Health, Social Participation, Leisure, and Mobility of Older French-Canadians. <i>American Journal of Occupational Therapy</i> , 2019, 73, 7305205030p1-7305205030p18.	0.1	25
48	Insecure attachment orientation and well-being in emerging adults: The roles of perceived social support and fatigue. <i>Personality and Individual Differences</i> , 2016, 101, 318-321.	1.6	22
49	Associations of psychological thriving with coping efficacy, expectations for future growth, and depressive symptoms over time in people with arthritis. <i>Journal of Psychosomatic Research</i> , 2013, 75, 279-286.	1.2	21
50	Self-Compassion and Suicide Risk in Veterans: When the Going Gets Tough, Do the Tough Benefit More from Self-Compassion?. <i>Mindfulness</i> , 2019, 10, 2544-2554.	1.6	21
51	Insecure attachment moderates women's adjustment to inflammatory bowel disease severity.. <i>Rehabilitation Psychology</i> , 2010, 55, 170-179.	0.7	20
52	Reasons for continuing use of Complementary and Alternative Medicine (CAM) in students: a consumer commitment model. <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 75.	3.7	19
53	Treatment Seeking and Experience with Complementary/Alternative Medicine: A Continuum of Choice. <i>Journal of Alternative and Complementary Medicine</i> , 2002, 8, 127-134.	2.1	17
54	Prevalence and predictors of complementary and alternative medicine use among people with coronary heart disease or at risk for this in the sixth TromsÅ, study: a comparative analysis using protection motivation theory. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 324.	3.7	17

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55	Negative life events and suicide risk in college students: Conditional indirect effects of hopelessness and self-compassion. <i>Journal of American College Health</i> , 2021, 69, 546-553.	0.8	17
56	Pain is not the major determinant of quality of life in fibromyalgia: results from a retrospective "real world" data analysis of fibromyalgia patients. <i>Rheumatology International</i> , 2021, 41, 1995-2006.	1.5	17
57	How Should Discrepancy Be Assessed in Perfectionism Research? A Psychometric Analysis and Proposed Refinement of the Almost Perfect Scale"Revised. <i>Journal of Psychoeducational Assessment</i> , 2016, 34, 718-732.	0.9	16
58	Perfectionistic strivings and concerns are differentially associated with self-rated health beyond negative affect. <i>Journal of Research in Personality</i> , 2017, 70, 73-83.	0.9	16
59	Gratitude mediates quality of life differences between fibromyalgia patients and healthy controls. <i>Quality of Life Research</i> , 2017, 26, 2449-2457.	1.5	16
60	Struggling With Adversities of Life. <i>Clinical Journal of Pain</i> , 2017, 33, 528-534.	0.8	16
61	When one door closes, another door opens: Physician availability and motivations to consult complementary and alternative medicine providers. <i>Complementary Therapies in Clinical Practice</i> , 2008, 14, 228-236.	0.7	15
62	Future orientation and health quality of life in primary care: vitality as a mediator. <i>Quality of Life Research</i> , 2015, 24, 1653-1659.	1.5	15
63	The association between self-compassion and self-rated health in 26 samples. <i>BMC Public Health</i> , 2020, 20, 74.	1.2	15
64	Delaying Things and Feeling Bad About It? A Norm-Based Approach to Procrastination. , 2016, , 189-212.		14
65	Trying to be perfect in an imperfect world: A person-centred test of perfectionism and health in fibromyalgia patients versus healthy controls. <i>Personality and Individual Differences</i> , 2019, 137, 27-32.	1.6	14
66	Symptoms of Anxiety and Depression and Suicidal Behavior in College Students: Conditional Indirect Effects of Non-Suicidal Self-Injury and Self-Compassion. <i>Journal of College Student Psychotherapy</i> , 2020, 34, 316-338.	0.6	14
67	Gratitude and suicide risk among college students: Substantiating the protective benefits of being thankful. <i>Journal of American College Health</i> , 2020, 69, 1-8.	0.8	14
68	A meta-analysis of loneliness and use of primary health care. <i>Health Psychology Review</i> , 2023, 17, 193-210.	4.4	14
69	Use and Disclosure of Complementary Health Approaches in US Adults With Cardiovascular Disease. <i>American Journal of Cardiology</i> , 2018, 122, 170-174.	0.7	13
70	Health beliefs, attitudes, and health-related quality of life in persons with fibromyalgia: mediating role of treatment adherence. <i>Psychology, Health and Medicine</i> , 2019, 24, 962-977.	1.3	13
71	Neural basis responsible for self-control association with procrastination: Right MFC and bilateral OFC functional connectivity with left dlPFC. <i>Journal of Research in Personality</i> , 2021, 91, 104064.	0.9	13
72	Implicit Reasons for Disclosure of the Use of Complementary Health Approaches (CHA): a Consumer Commitment Perspective. <i>Annals of Behavioral Medicine</i> , 2017, 51, 764-774.	1.7	12

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73	Self-compassion and adjustment in epilepsy and psychogenic nonepileptic seizures. <i>Epilepsy and Behavior</i> , 2019, 100, 106490.	0.9	12
74	Fibromyalgia impact and depressive symptoms: Can perceiving a silver lining make a difference?. <i>Scandinavian Journal of Psychology</i> , 2020, 61, 543-548.	0.8	12
75	Who Looks Forward to Better Health? Personality Factors and Future Self-Rated Health in the Context of Chronic Illness. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 569-579.	0.8	11
76	Introduction: Conceptualizing the Relations of Procrastination to Health and Well-Being. , 2016, , 3-20.		11
77	Anger rumination mediates differences between fibromyalgia patients and healthy controls on mental health and quality of life. <i>Personality and Mental Health</i> , 2019, 13, 119-133.	0.6	11
78	A Person-Oriented Approach to Multidimensional Perfectionism: Perfectionism Profiles in Health and Well-Being. <i>Journal of Psychoeducational Assessment</i> , 2020, 38, 127-142.	0.9	11
79	An appraisal-based coping model of attachment and adjustment to arthritis. <i>Journal of Health Psychology</i> , 2016, 21, 821-831.	1.3	10
80	Procrastination, Stress, and Chronic Health Conditions: A Temporal Perspective. , 2016, , 67-92.		9
81	The relationship between time perspective and self-regulatory processes, abilities and outcomes: a protocol for a meta-analytical review. <i>BMJ Open</i> , 2017, 7, e017000.	0.8	9
82	The Relationship Between a Balanced Time Perspective and Self-monitoring of Blood Glucose Among People With Type 1 Diabetes. <i>Annals of Behavioral Medicine</i> , 2019, 53, 196-209.	1.7	9
83	The role of self-compassion in the mental health of adults with ADHD. <i>Journal of Clinical Psychology</i> , 2022, 78, 2497-2512.	1.0	9
84	Trait procrastination undermines outcome and efficacy expectancies for achieving health-related possible selves. <i>Current Psychology</i> , 2021, 40, 3840-3847.	1.7	8
85	Pain and Depressive Symptoms in Primary Care. <i>Clinical Journal of Pain</i> , 2016, 32, 562-567.	0.8	7
86	Psychological Adjustment to Inflammatory Bowel Disease. <i>American Journal of Gastroenterology</i> , 2009, 104, 2970-2972.	0.2	6
87	Future of Research on Procrastination, Health, and Well-Being: Key Themes and Recommendations. , 2016, , 255-271.		5
88	Neuroanatomical substrates accounting for the effect of present hedonistic time perspective on risk preference: the mediating role of right posterior parietal cortex. <i>Brain Imaging and Behavior</i> , 2021, 15, 244-254.	1.1	5
89	Emotional adaptation to relationship dissolution in parents and non-parents: A new conceptual model and measure. <i>PLoS ONE</i> , 2020, 15, e0239712.	1.1	5
90	Using social cognition models to understand why people, such as perfectionists, struggle to respond with self-compassion. <i>British Journal of Social Psychology</i> , 2022, 61, 1160-1182.	1.8	5

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91	Looking beyond the barriers: Practical and symbolic factors associated with disclosure of complementary and alternative medicine (CAM) use. <i>European Journal of Integrative Medicine</i> , 2014, 6, 545-551.	0.8	4
92	A dual continuum model of the reasons for use of complementary health approaches among overweight and obese adults: findings from the 2012 NHIS. <i>BMC Complementary and Alternative Medicine</i> , 2018, 18, 339.	3.7	4
93	Improving Health-Related Quality of Life and Reducing Suicide in Primary Care: Can Social Problemâ€“Solving Abilities Help?. <i>International Journal of Mental Health and Addiction</i> , 2019, 17, 295-309.	4.4	4
94	Educational needs of patients with rheumatic and musculoskeletal diseases attending a large health facility in Austria. <i>Musculoskeletal Care</i> , 2020, 18, 391-396.	0.6	4
95	Self-compassion and suicidal behavior: Indirect effects of depression, anxiety, and hopelessness across increasingly vulnerable samples. <i>Self and Identity</i> , 0, , 1-21.	1.0	4
96	â€œAt least David Cameron resignedâ€• The protective effects of just-world beliefs for counterfactual thinking after Brexit. <i>Personality and Individual Differences</i> , 2018, 121, 25-30.	1.6	3
97	The role of mind-body awareness in the outcomes of complementary and alternative medicine (CAM). <i>European Journal of Integrative Medicine</i> , 2018, 22, 37-43.	0.8	3
98	Relationship between Future Orientation and Pain Severity in Fibromyalgia Patients: Self-Compassion as a Coping Mechanism. <i>Social Work</i> , 2019, 64, 253-258.	0.6	3
99	A meta-analysis of parental multidimensional perfectionism and child psychological outcomes. <i>Personality and Individual Differences</i> , 2020, 162, 110015.	1.6	3
100	Temporal Views of Procrastination, Health, and Well-Being. , 2016, , 213-232.		2
101	The relationship between individual differences in spontaneous self-affirmation and affect associated with self-weighing. <i>Journal of Research in Personality</i> , 2020, 89, 104020.	0.9	2
102	Evaluating the psychometric properties of the Mental Health Continuum Short Form (MHC-SF) in Iranian adolescents. <i>Current Psychology</i> , 2023, 42, 17995-18009.	1.7	2
103	Development and Assessment of the Personal Emotional Capital Questionnaire for Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1856.	1.2	1
104	Comment on â€œPreventive Screening of Women Who Use Complementary and Alternative Medicine Providersâ€• <i>Journal of Women's Health</i> , 2009, 18, 1119-1120.	1.5	0