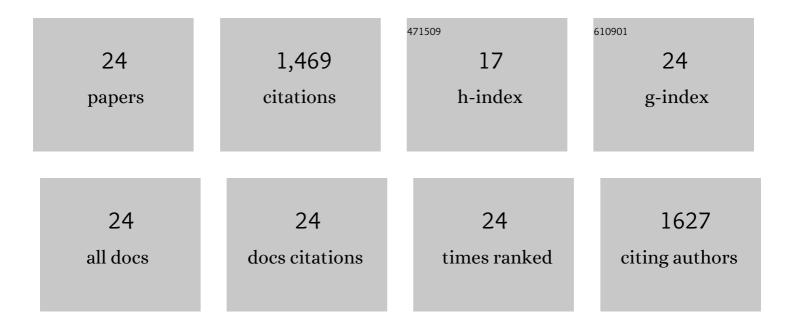
Alexandra L Jenkins

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effect of Fructose on Glycemic Control in Diabetes. Diabetes Care, 2012, 35, 1611-1620.	8.6	191
2	Effect of Fructose on Blood Pressure. Hypertension, 2012, 59, 787-795.	2.7	167
3	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. Atherosclerosis, 2014, 232, 125-133.	0.8	146
4	Konjac-Mannan and American Ginsing: Emerging Alternative Therapies for Type 2 Diabetes Mellitus. Journal of the American College of Nutrition, 2001, 20, 370S-380S.	1.8	121
5	Effect of Fructose on Established Lipid Targets: A Systematic Review and Metaâ€Analysis of Controlled Feeding Trials. Journal of the American Heart Association, 2015, 4, e001700.	3.7	94
6	Viscosity rather than quantity of dietary fibre predicts cholesterol-lowering effect in healthy individuals. British Journal of Nutrition, 2011, 106, 1349-1352.	2.3	85
7	Starchy foods and fiber: reduced rate of digestion and improved carbohydrate metabolism. Scandinavian Journal of Gastroenterology, 1987, 22, 132-141.	1.5	84
8	American Ginseng Improves Glycemia in Individuals with Normal Glucose Tolerance: Effect of Dose and Time Escalation. Journal of the American College of Nutrition, 2000, 19, 738-744.	1.8	84
9	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. Cmaj, 2017, 189, E711-E720.	2.0	83
10	A systematic review and meta-analysis of randomized controlled trials of the effect of konjac glucomannan, a viscous soluble fiber, on LDL cholesterol and the new lipid targets non-HDL cholesterol and apolipoprotein B ,. American Journal of Clinical Nutrition, 2017, 105, 1239-1247.	4.7	74
11	Comparable Postprandial Glucose Reductions with Viscous Fiber Blend Enriched Biscuits in Healthy Subjects and Patients with Diabetes Mellitus: Acute Randomized Controlled Clinical Trial. Croatian Medical Journal, 2008, 49, 772-782.	0.7	62
12	Using cereal to increase dietary fiber intake to the recommended level and the effect of fiber on bowel function in healthy persons consuming North American diets. American Journal of Clinical Nutrition, 2008, 88, 1256-62.	4.7	57
13	Can dietary viscous fiber affect body weight independently of an energy-restrictive diet? A systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2020, 111, 471-485.	4.7	48
14	Fiber facts: Benefits and recommendations for individuals with type 2 diabetes. Current Diabetes Reports, 2009, 9, 405-411.	4.2	39
15	Glycaemic index of fruits and fruit products in patients with diabetes. International Journal of Food Sciences and Nutrition, 1993, 43, 205-212.	2.8	29
16	The effects of gelled konjac glucomannan fibre on appetite and energy intake in healthy individuals: a randomised cross-over trial. British Journal of Nutrition, 2018, 119, 109-116.	2.3	20
17	Five batches representative of Ontario-grown American ginseng root produce comparable reductions of postprandial glycemia in healthy individualsThis article is one of a selection of papers published in this special issue (part 1 of 2) on the Safety and Efficacy of Natural Health Products Canadian Journal of Physiology and Pharmacology, 2007, 85, 856-864.	1.4	18
18	Co-administration of a konjac-based fibre blend and American ginseng (Panax quinquefolius L.) on glycaemic control and serum lipids in type 2 diabetes: a randomized controlled, cross-over clinical trial. European Journal of Nutrition, 2018, 57, 2217-2225.	3.9	17

#	Article	IF	CITATIONS
19	Ethanol extraction preparation of American ginseng (Panax quinquefolius L) and Korean red ginseng (Panax ginseng C.A. Meyer): Differential effects on postprandial insulinemia in healthy individuals. Journal of Ethnopharmacology, 2015, 159, 55-61.	4.1	16
20	Genetic Variation Associated with Differences in the Response of Plasma Apolipoprotein B Levels to Dietary Fibre. Clinical Science, 1993, 85, 269-275.	4.3	10
21	Randomized Clinical Trial in Healthy Individuals on the Effect of Viscous Fiber Blend on Glucose Tolerance When Incorporated in Capsules or into the Carbohydrate or Fat Component of the Meal. Journal of the American College of Nutrition, 2014, 33, 400-405.	1.8	10
22	Co-administration of viscous fiber, Salba-chia and ginseng on glycemic management in type 2 diabetes: a double-blind randomized controlled trial. European Journal of Nutrition, 2021, 60, 3071-3083.	3.9	8
23	βâ€glucan from oat and barley concentrates affect postprandial glycemia and insulinemia in relation to the level of viscosity. FASEB Journal, 2006, 20, A430.	0.5	5
24	Do all placebos fit the definition of a "placebo� The variation in glycemic response of different placebos in healthy individuals. FASEB Journal, 2006, 20, A580.	0.5	1