Rena R Wing

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/2834948/publications.pdf

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324 papers

33,358 citations

82 h-index 174 g-index

327 all docs

327 docs citations

times ranked

327

22663 citing authors

#	Article	IF	CITATIONS
1	Cardiovascular Effects of Intensive Lifestyle Intervention in Type 2 Diabetes. New England Journal of Medicine, 2013, 369, 145-154.	27.0	2,294
2	Long-term weight loss maintenance. American Journal of Clinical Nutrition, 2005, 82, 222S-225S.	4.7	1,439
3	Reduction in Weight and Cardiovascular Disease Risk Factors in Individuals With Type 2 Diabetes. Diabetes Care, 2007, 30, 1374-1383.	8.6	1,369
4	Benefits of Modest Weight Loss in Improving Cardiovascular Risk Factors in Overweight and Obese Individuals With Type 2 Diabetes. Diabetes Care, 2011, 34, 1481-1486.	8.6	1,342
5	S <scp>UCCESSFUL</scp> W <scp>EIGHT</scp> L <scp>OSS</scp> M <scp>AINTENANCE</scp> . Annual Review of Nutrition, 2001, 21, 323-341.	10.1	1,210
6	Effect of Weight Loss With Lifestyle Intervention on Risk of Diabetes. Diabetes Care, 2006, 29, 2102-2107.	8.6	1,050
7	Long-term maintenance of weight loss: Current status Health Psychology, 2000, 19, 5-16.	1.6	918
8	Long-term Effects of a Lifestyle Intervention on Weight and Cardiovascular Risk Factors in Individuals With Type 2 Diabetes Mellitus. Archives of Internal Medicine, 2010, 170, 1566-75.	3.8	764
9	A Self-Regulation Program for Maintenance of Weight Loss. New England Journal of Medicine, 2006, 355, 1563-1571.	27.0	720
10	Effects of Internet Behavioral Counseling on Weight Loss in Adults at Risk for Type 2 Diabetes. JAMA - Journal of the American Medical Association, 2003, 289, 1833.	7.4	586
11	Association of an Intensive Lifestyle Intervention With Remission of Type 2 Diabetes. JAMA - Journal of the American Medical Association, 2012, 308, 2489.	7.4	571
12	Weight Loss to Treat Urinary Incontinence in Overweight and Obese Women. New England Journal of Medicine, 2009, 360, 481-490.	27.0	526
13	Benefits of recruiting participants with friends and increasing social support for weight loss and maintenance Journal of Consulting and Clinical Psychology, 1999, 67, 132-138.	2.0	490
14	Association of the magnitude of weight loss and changes in physical fitness with long-term cardiovascular disease outcomes in overweight or obese people with type 2 diabetes: a post-hoc analysis of the Look AHEAD randomised clinical trial. Lancet Diabetes and Endocrinology,the, 2016, 4, 913-921.	11.4	473
15	Achieving Weight and Activity Goals Among Diabetes Prevention Program Lifestyle Participants. Obesity, 2004, 12, 1426-1434.	4.0	470
16	Oneâ€year Weight Losses in the Look AHEAD Study: Factors Associated With Success. Obesity, 2009, 17, 713-722.	3.0	439
17	Effects of Intermittent Exercise and Use of Home Exercise Equipment on Adherence, Weight Loss, and Fitness in Overweight Women. JAMA - Journal of the American Medical Association, 1999, 282, 1554.	7.4	438
18	Binge eating disorder: Its further validation in a multisite study. International Journal of Eating Disorders, 1993, 13, 137-153.	4.0	433

#	Article	IF	CITATIONS
19	A Randomized Study on the Effect of Weight Loss on Obstructive Sleep Apnea Among Obese Patients With Type 2 Diabetes <subtitle>The Sleep AHEAD Study</subtitle> <alt-title>Effect of Weight Loss on Obstructive Sleep Apnea</alt-title> . Archives of Internal Medicine, 2009, 169, 1619.	3.8	414
20	NIH working group report: Innovative research to improve maintenance of weight loss. Obesity, 2015, 23, 7-15.	3.0	405
21	Fast Food Consumption and Breakfast Skipping: Predictors of Weight Gain from Adolescence to Adulthood in a Nationally Representative Sample. Journal of Adolescent Health, 2006, 39, 842-849.	2.5	403
22	Consistent Selfâ€monitoring of Weight: A Key Component of Successful Weight Loss Maintenance. Obesity, 2007, 15, 3091-3096.	3.0	402
23	A Randomized Trial Comparing Human e-Mail Counseling, Computer-Automated Tailored Counseling, and No Counseling in an Internet Weight Loss Program. Archives of Internal Medicine, 2006, 166, 1620.	3.8	379
24	What predicts weight regain in a group of successful weight losers?. Journal of Consulting and Clinical Psychology, 1999, 67, 177-185.	2.0	360
25	Physical activity and weight loss: does prescribing higher physical activity goals improve outcome?. American Journal of Clinical Nutrition, 2003, 78, 684-689.	4.7	356
26	Fourâ€Year Weight Losses in the Look AHEAD Study: Factors Associated With Longâ€Term Success. Obesity, 2011, 19, 1987-1998.	3.0	356
27	Long-term Effects of Modest Weight Loss in Type II Diabetic Patients. Archives of Internal Medicine, 1987, 147, 1749.	3.8	355
28	Randomized trial of a behavioral intervention to prevent excessive gestational weight gain: the Fit for Delivery Study. American Journal of Clinical Nutrition, 2011, 93, 772-779.	4.7	312
29	Weight-Loss Maintenance for 10 Years in the National Weight Control Registry. American Journal of Preventive Medicine, 2014, 46, 17-23.	3.0	308
30	Physical activity in the treatment of the adulthood overweight and obesity: current evidence and research issues. Medicine and Science in Sports and Exercise, 1999, 31, S547.	0.4	288
31	Strengthening behavioral interventions for weight loss: A randomized trial of food provision and monetary incentives Journal of Consulting and Clinical Psychology, 1993, 61, 1038-1045.	2.0	266
32	Behavioral Strategies of Individuals Who Have Maintained Longâ€Term Weight Losses. Obesity, 1999, 7, 334-341.	4.0	236
33	Longâ€Term Weight Loss and Breakfast in Subjects in the National Weight Control Registry. Obesity, 2002, 10, 78-82.	4.0	230
34	Year-long weight loss treatment for obese patients with type II diabetes: Does including an intermittent very-low-calorie diet improve outcome?. American Journal of Medicine, 1994, 97, 354-362.	1.5	222
35	Long-Term Effect of Weight Loss on Obstructive Sleep Apnea Severity in Obese Patients with Type 2 Diabetes. Sleep, 2013, 36, 641-649.	1.1	187
36	Psychiatric disorders among obese binge eaters. International Journal of Eating Disorders, 1990, 9, 69-77.	4.0	177

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37	Use of personal trainers and financial incentives to increase exercise in a behavioral weight-loss program Journal of Consulting and Clinical Psychology, 1998, 66, 777-783.	2.0	177
38	Effects of a Very-Low-Calorie Diet on Long-term Glycemic Control in Obese Type 2 Diabetic Subjects. Archives of Internal Medicine, 1991, 151, 1334.	3.8	173
39	Physical Activity and Longâ€Term Maintenance of Weight Loss. Obesity, 1994, 2, 587-599.	4.0	172
40	Effectiveness of Lifestyle Interventions for Individuals With Severe Obesity and Type 2 Diabetes. Diabetes Care, 2011, 34, 2152-2157.	8.6	168
41	Persons Successful at Long-term Weight Loss and Maintenance Continue to Consume a Low-energy, Low-fat Diet. Journal of the American Dietetic Association, 1998, 98, 408-413.	1.1	163
42	Long-term weight losses associated with prescription of higher physical activity goals. Are higher levels of physical activity protective against weight regain?. American Journal of Clinical Nutrition, 2007, 85, 954-959.	4.7	162
43	Physical Activity Patterns in the National Weight Control Registry. Obesity, 2008, 16, 153-161.	3.0	158
44	Pre―to Postoperative Physical Activity Changes in Bariatric Surgery Patients: Self Report vs. Objective Measures. Obesity, 2010, 18, 2395-2397.	3.0	156
45	Baseline characteristics of the randomised cohort from the Look AHEAD (Action for Health in) Tj ETQq $1\ 1\ 0.784$	314 rgBT /	Overlock 10
46	Women's Healthy Lifestyle Project: A Randomized Clinical Trial. Circulation, 2001, 103, 32-37.	1.6	148
47	Maintaining large weight losses: The role of behavioral and psychological factors Journal of Consulting and Clinical Psychology, 2008, 76, 1015-1021.	2.0	145
48	Diagnosis of binge eating disorder: Discrepancies between a questionnaire and clinical interview. International Journal of Eating Disorders, 1995, 17, 153-160.	4.0	144
49	Impact of an Intensive Lifestyle Intervention on Use and Cost of Medical Services Among Overweight and Obese Adults With Type 2 Diabetes: The Action for Health in Diabetes. Diabetes Care, 2014, 37, 2548-2556.	8.6	144
50	Differential functional magnetic resonance imaging response to food pictures in successful weight-loss maintainers relative to normal-weight and obese controls. American Journal of Clinical Nutrition, 2009, 90, 928-934.	4.7	134
51	Relapse crises and coping among dieters Journal of Consulting and Clinical Psychology, 1989, 57, 488-495.	2.0	132
52	Weight change in the first 2 months of a lifestyle intervention predicts weight changes 8 years later. Obesity, 2015, 23, 1353-1356.	3.0	131
53	Effects of Weight Loss Intervention on Erectile Function in Older Men with Type 2 Diabetes in the Look AHEAD Trial. Journal of Sexual Medicine, 2010, 7, 156-165.	0.6	130
54	Are smaller weight losses or more achievable weight loss goals better in the long term for obese patients?. Journal of Consulting and Clinical Psychology, 1998, 66, 641-645.	2.0	129

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55	The role of adherence in mediating the relationship between depression and health outcomes. Journal of Psychosomatic Research, 2002, 53, 877-881.	2.6	119
56	Predictors of Attrition and Weight Loss in an Adolescent Weight Control Program. Obesity, 2008, 16, 1318-1323.	3.0	118
57	Less activation in the left dorsolateral prefrontal cortex in the reanalysis of the response to a meal in obese than in lean women and its association with successful weight loss. American Journal of Clinical Nutrition, 2007, 86, 573-579.	4.7	113
58	Lifestyle Interventions Limit Gestational Weight Gain in Women with Overweight or Obesity: LIFEâ€Moms Prospective Metaâ€Analysis. Obesity, 2018, 26, 1396-1404.	3.0	110
59	The Long-term Effectiveness of a Lifestyle Intervention in Severely Obese Individuals. American Journal of Medicine, 2013, 126, 236-242.e2.	1.5	104
60	Television Viewing and Longâ€Term Weight Maintenance: Results from the National Weight Control Registry. Obesity, 2006, 14, 1816-1824.	3.0	102
61	Are the Eating and Exercise Habits of Successful Weight Losers Changing?. Obesity, 2006, 14, 710-716.	3.0	101
62	Relationship of physical activity to eating behaviors and weight loss in women. Medicine and Science in Sports and Exercise, 2002, 34, 1653-1659.	0.4	100
63	Behavioral treatment of childhood obesity Psychological Bulletin, 1987, 101, 331-342.	6.1	99
64	Comparison of Obese NIDDM and Nondiabetic Women: Short―and Longâ€Term Weight Loss. Obesity, 1995, 3, 329-335.	4.0	99
65	Involving Support Partners in Obesity Treatment Journal of Consulting and Clinical Psychology, 2005, 73, 341-343.	2.0	98
66	Epidemiology of Erectile Dysfunction: the Role of Medical Comorbidities and Lifestyle Factors. Urologic Clinics of North America, 2005, 32, 403-417.	1.8	97
67	Amount of Food Group Variety Consumed in the Diet and Longâ€Term Weight Loss Maintenance. Obesity, 2005, 13, 883-890.	4.0	96
68	Recovery from relapse among successful weight maintainers. American Journal of Clinical Nutrition, 2003, 78, 1079-1084.	4.7	94
69	Internal Disinhibition Predicts Weight Regain Following Weight Loss and Weight Loss Maintenance. Obesity, 2007, 15, 2485-2494.	3.0	94
70	One‥ear Changes in Symptoms of Depression and Weight in Overweight/Obese Individuals With Type 2 Diabetes in the Look AHEAD Study. Obesity, 2012, 20, 783-793.	3.0	94
71	Weight Loss Prevents Urinary Incontinence in Women With Type 2 Diabetes: Results From the Look AHEAD Trial. Journal of Urology, 2012, 187, 939-944.	0.4	94
72	Randomized controlled trial of a comprehensive home environment-focused weight-loss program for adults Health Psychology, 2013, 32, 128-137.	1.6	94

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73	Autonomy support, self-regulation, and weight loss Health Psychology, 2014, 33, 332-339.	1.6	94
74	Food Provision as a Strategy to Promote Weight Loss. Obesity, 2001, 9, 271S-275S.	4.0	92
75	Behavioral self-regulation for weight loss in young adults: a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2009, 6, 10.	4.6	92
76	Effect of Weight Loss on Urinary Incontinence in Overweight and Obese Women: Results at 12 and 18 Months. Journal of Urology, 2010, 184, 1005-1010.	0.4	92
77	Evaluation of early weight loss thresholds for identifying nonresponders to an intensive lifestyle intervention. Obesity, 2014, 22, 1608-1616.	3.0	92
78	Resting energy expenditure in reduced-obese subjects in the National Weight Control Registry. American Journal of Clinical Nutrition, 1999, 69, 1189-1193.	4.7	91
79	"STOP regain": Are there negative effects of daily weighing?. Journal of Consulting and Clinical Psychology, 2007, 75, 652-656.	2.0	91
80	Association of Weight Loss Maintenance and Weight Regain on 4-Year Changes in CVD Risk Factors: the Action for Health in Diabetes (Look AHEAD) Clinical Trial. Diabetes Care, 2016, 39, 1345-1355.	8.6	91
81	Medical triggers are associated with better short- and long-term weight loss outcomes. Preventive Medicine, 2004, 39, 612-616.	3.4	89
82	Teammates and Social Influence Affect Weight Loss Outcomes in a Teamâ€Based Weight Loss Competition. Obesity, 2012, 20, 1413-1418.	3.0	85
83	Differences in motivations and weight loss behaviors in young adults and older adults in the national weight control registry. Obesity, 2013, 21, 449-453.	3.0	85
84	The EARLY trials: a consortium of studies targeting weight control in young adults. Translational Behavioral Medicine, 2014, 4, 304-313.	2.4	85
85	Long-term effects of interventions for weight loss using food provision and monetary incentives Journal of Consulting and Clinical Psychology, 1995, 63, 793-796.	2.0	84
86	Physical Activity Patterns Using Accelerometry in the National Weight Control Registry. Obesity, 2011, 19, 1163-1170.	3.0	84
87	Innovative Self-Regulation Strategies to Reduce Weight Gain in Young Adults. JAMA Internal Medicine, 2016, 176, 755.	5.1	83
88	Cognitive function predicts weight loss after bariatric surgery. Surgery for Obesity and Related Diseases, 2013, 9, 453-459.	1.2	82
89	Does Weight Loss Maintenance Become Easier Over Time?. Obesity, 2000, 8, 438-444.	4.0	81
90	Impact of newer selfâ€monitoring technology and brief phoneâ€based intervention on weight loss: A randomized pilot study. Obesity, 2016, 24, 1653-1659.	3.0	81

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91	Cluster Analysis of the National Weight Control Registry to Identify Distinct Subgroups Maintaining Successful Weight Loss. Obesity, 2012, 20, 2039-2047.	3.0	80
92	Brain and White Matter Hyperintensity Volumes After 10 Years of Random Assignment to Lifestyle Intervention. Diabetes Care, 2016, 39, 764-771.	8.6	79
93	Significant resolution of female sexual dysfunction after bariatric surgery. Surgery for Obesity and Related Diseases, 2011, 7, 1-7.	1.2	77
94	An Automated Internet Behavioral Weight-Loss Program by Physician Referral: A Randomized Controlled Trial. Diabetes Care, 2015, 38, 9-15.	8.6	76
95	Erectile Dysfunction in Type 2 Diabetic Men: Relationship to Exercise Fitness and Cardiovascular Risk Factors in the Look AHEAD Trial. Journal of Sexual Medicine, 2009, 6, 1414-1422.	0.6	74
96	The National Weight Control Registry: Is it Useful in Helping Deal with Our Obesity Epidemic?. Journal of Nutrition Education and Behavior, 2005, 37, 206-210.	0.7	73
97	Genetic Predisposition to Weight Loss and Regain With Lifestyle Intervention: Analyses From the Diabetes Prevention Program and the Look AHEAD Randomized Controlled Trials. Diabetes, 2015, 64, 4312-4321.	0.6	72
98	Weight loss in Weight Watchers Online with and without an activity tracking device compared to control: A randomized trial. Obesity, 2017, 25, 1014-1021.	3.0	72
99	Behavioral self-regulation in the treatment of patients with diabetes mellitus Psychological Bulletin, 1986, 99, 78-89.	6.1	71
100	Patterns of Weight Change Associated With Longâ€Term Weight Change and Cardiovascular Disease Risk Factors in the Look AHEAD Study. Obesity, 2012, 20, 2048-2056.	3.0	71
101	Mindfulness-Based Interventions for Adults with Cardiovascular Disease: A Systematic Review and Meta-Analysis. Annals of Behavioral Medicine, 2020, 54, 67-73.	2.9	69
102	Psychological symptoms in individuals successful at long-term maintenance of weight loss Health Psychology, 1998, 17, 336-345.	1.6	68
103	Long-term weight loss maintenance. American Journal of Clinical Nutrition, 2005, 82, 222S-225S.	4.7	68
104	Prevalence and degree of sexual dysfunction in a sample of women seeking bariatric surgery. Surgery for Obesity and Related Diseases, 2009, 5, 698-704.	1.2	67
105	Comparison of Smartphoneâ€Based Behavioral Obesity Treatment With Gold Standard Group Treatment and Control: A Randomized Trial. Obesity, 2019, 27, 572-580.	3.0	66
106	Effect of Intensive Lifestyle Intervention on Sexual Dysfunction in Women With Type 2 Diabetes: Results from an ancillary Look AHEAD study. Diabetes Care, 2013, 36, 2937-2944.	8.6	65
107	A randomized trial of an acceptanceâ€based behavioral intervention for weight loss in people with high internal disinhibition. Obesity, 2016, 24, 2509-2514.	3.0	65
108	Dietary and Physical Activity Correlates of Longâ€Term Weight Loss. Obesity, 1994, 2, 307-313.	4.0	64

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109	Weight gain during menopause. Postgraduate Medicine, 2000, 108, 47-56.	2.0	64
110	Benefits of adding small financial incentives or optional group meetings to a webâ€based statewide obesity initiative. Obesity, 2015, 23, 70-76.	3.0	63
111	What Distinguishes Weight-Loss Maintainers from the Treatment-Seeking Obese? Analysis of Environmental, Behavioral, and Psychosocial Variables in Diverse Populations. Annals of Behavioral Medicine, 2009, 38, 94-104.	2.9	62
112	The psychological consequences of weight gain prevention in healthy, premenopausal women. , 1997, 21, 167-174.		61
113	Binge Eating Among the Obese. Annals of Behavioral Medicine, 1987, 9, 23-27.	2.9	60
114	Prevalence and Risk Factors for Urinary Incontinence in Overweight and Obese Diabetic Women: Action for Health in Diabetes (Look AHEAD) study. Diabetes Care, 2009, 32, 1391-1397.	8.6	59
115	Effect of a long-term intensive lifestyle intervention on prevalence of cognitive impairment. Neurology, 2017, 88, 2026-2035.	1.1	59
116	A Prospective Study of Effects of Weight Cycling on Cardiovascular Risk Factors. Archives of Internal Medicine, 1995, 155, 1416.	3.8	58
117	Preventing Weight Gain in Young Adults. American Journal of Preventive Medicine, 2010, 39, 63-68.	3.0	58
118	Effects of Weight Loss on Obstructive Sleep Apnea Severity. Ten-Year Results of the Sleep AHEAD Study. American Journal of Respiratory and Critical Care Medicine, 2021, 203, 221-229.	5.6	58
119	Management of Obesity in Primary Care. Obesity, 1997, 5, 603-612.	4.0	57
120	Weight Gain Prevention among Women. Obesity, 2007, 15, 1267-1277.	3.0	57
121	The Effect of Intentional Weight Loss on Fracture Risk in Persons With Diabetes: Results From the Look AHEAD Randomized Clinical Trial. Journal of Bone and Mineral Research, 2017, 32, 2278-2287.	2.8	57
122	Health-E-Call, a Smartphone-Assisted Behavioral Obesity Treatment: Pilot Study. JMIR MHealth and UHealth, 2013, 1, e3.	3.7	57
123	Failure to Replicate Depletion of Self-Control. PLoS ONE, 2014, 9, e109950.	2.5	56
124	Fitness, Fatness, and Cardiovascular Risk Factors in Type 2 Diabetes. Medicine and Science in Sports and Exercise, 2007, 39, 2107-2116.	0.4	54
125	Improving Weight Loss Outcomes of Community Interventions by Incorporating Behavioral Strategies. American Journal of Public Health, 2010, 100, 2513-2519.	2.7	53
126	Weight gain prevention in young adults: design of the study of novel approaches to weight gain prevention (SNAP) randomized controlled trial. BMC Public Health, 2013, 13, 300.	2.9	53

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127	Development and validation of the weight control strategies scale. Obesity, 2013, 21, 2429-2436.	3.0	53
128	Successful Weightâ€loss Maintenance in Relation to Method of Weight Loss. Obesity, 2008, 16, 2456-2461.	3.0	52
129	Cognitive Interference From Food Cues in Weight Loss Maintainers, Normal Weight, and Obese Individuals. Obesity, 2011, 19, 69-73.	3.0	52
130	Dietary Habits and Weight Maintenance Success in High Versus Low Exercisers in the National Weight Control Registry. Journal of Physical Activity and Health, 2014, 11, 1540-1548.	2.0	52
131	Cross-cutting themes in maintenance of behavior change Health Psychology, 2000, 19, 84-88.	1.6	52
132	Prevalence and Predictors of Weight-Loss Maintenance in a Biracial Cohort. American Journal of Preventive Medicine, 2010, 39, 546-554.	3.0	51
133	Dietary energy density and successful weight loss maintenance. Eating Behaviors, 2011, 12, 119-125.	2.0	50
134	Recruitment of young adults into a randomized controlled trial of weight gain prevention: message development, methods, and cost. Trials, 2014, 15, 326.	1.6	50
135	Successful weight loss maintenance associated with morning chronotype and better sleep quality. Journal of Behavioral Medicine, 2016, 39, 465-471.	2.1	50
136	Behavioral Interventions for Obesity: Recognizing Our Progress and Future Challenges. Obesity, 2003, 11, 3S-6S.	4.0	48
137	Mindfulness-Based Interventions for Adults Living with HIV/AIDS: A Systematic Review and Meta-analysis. AIDS and Behavior, 2019, 23, 60-75.	2.7	47
138	Intensive Weight Loss Intervention and Cancer Risk in Adults with Type 2 Diabetes: Analysis of the Look AHEAD Randomized Clinical Trial. Obesity, 2020, 28, 1678-1686.	3.0	47
139	Intensive Lifestyle Intervention Reduces Urinary Incontinence in Overweight/Obese Men with Type 2 Diabetes: Results from the Look AHEAD Trial. Journal of Urology, 2014, 192, 144-149.	0.4	45
140	Technology for behavioral assessment and intervention in bariatric surgery. Surgery for Obesity and Related Diseases, 2011, 7, 548-557.	1.2	44
141	Associations between Parent Behavior and Adolescent Weight Control. Journal of Pediatric Psychology, 2011, 36, 451-460.	2.1	44
142	Vegetarian and Weightâ€Loss Diets among Young Adults. Obesity, 2000, 8, 123-129.	4.0	43
143	Holiday weight management by successful weight losers and normal weight individuals Journal of Consulting and Clinical Psychology, 2008, 76, 442-448.	2.0	43
144	Behavioral Weight Loss Intervention for Migraine: A Randomized Controlled Trial. Obesity, 2018, 26, 81-87.	3.0	43

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145	Binge eating in obese patients with type II diabetes. International Journal of Eating Disorders, 1989, 8, 671-679.	4.0	42
146	Combining behavioral weight loss treatment and a commercial program: A randomized clinical trial. Obesity, 2013, 21, 673-680.	3.0	42
147	Adding Evidence-Based Behavioral Weight Loss Strategies to a Statewide Wellness Campaign: A Randomized Clinical Trial. American Journal of Public Health, 2014, 104, 1300-1306.	2.7	42
148	Epigenetic patterns in successful weight loss maintainers: a pilot study. International Journal of Obesity, 2015, 39, 865-868.	3.4	41
149	Concordance of inâ€home †smart†scale measurement with body weight measured inâ€person. Obesity Science and Practice, 2016, 2, 224-228.	1.9	41
150	Randomized controlled clinical trial of behavioral lifestyle intervention with partial meal replacement to reduce excessive gestational weight gain. American Journal of Clinical Nutrition, 2018, 107, 183-194.	4.7	41
151	Eating Frequency Is Higher in Weight Loss Maintainers and Normal-Weight Individuals than in Overweight Individuals. Journal of the American Dietetic Association, 2011, 111, 1730-1734.	1.1	40
152	Home grocery delivery improves the household food environments of behavioral weight loss participants: Results of an 8-week pilot study. International Journal of Behavioral Nutrition and Physical Activity, 2007, 4, 58.	4.6	39
153	Physical Function Following a Long-Term Lifestyle Intervention Among Middle Aged and Older Adults With Type 2 Diabetes: The Look AHEAD Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, 1552-1559.	3.6	39
154	Effects of a Personal Trainer and Financial Incentives on Exercise Adherence in Overweight Women in a Behavioral Weight Loss Program. Obesity, 1996, 4, 457-462.	4.0	38
155	Three-Year Weight Change in Successful Weight Losers Who Lost Weight on a Low-Carbohydrate Diet**. Obesity, 2007, 15, 2470-2477.	3.0	38
156	The relationship of social support with treatment adherence and weight loss in <scp>L</scp> atinos with type 2 diabetes. Obesity, 2016, 24, 568-575.	3.0	38
157	The Effects of Experimental Manipulation of Sleep Duration on Neural Response to Food Cues. Sleep, 2017, 40, .	1.1	38
158	Associations between self-monitoring and weight change in behavioral weight loss interventions Health Psychology, 2019, 38, 1128-1136.	1.6	38
159	Effect of teammates on changes in physical activity in a statewide campaign. Preventive Medicine, 2010, 51, 45-49.	3.4	37
160	Brain Response to Food Stimulation in Obese, Normal Weight, and Successful Weight Loss Maintainers. Obesity, 2012, 20, 2220-2225.	3.0	37
161	Can weight loss improve migraine headaches in obese women? Rationale and design of the Women's Health and Migraine (WHAM) randomized controlled trial. Contemporary Clinical Trials, 2013, 35, 133-144.	1.8	37
162	Implementation of an Internet Weight Loss Program in a Worksite Setting. Journal of Obesity, 2016, 2016, 1-7.	2.7	37

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163	Four-Year Physical Activity Levels among Intervention Participants with Type 2 Diabetes. Medicine and Science in Sports and Exercise, 2016, 48, 2437-2445.	0.4	37
164	Prescribed "Breaks―as a Means to Disrupt Weight Control Efforts. Obesity, 2003, 11, 287-291.	4.0	36
165	Failure to Meet Weight Loss Expectations Does Not Impact Maintenance in Successful Weight Losers**. Obesity, 2007, 15, 3086-3090.	3.0	36
166	Objectively Assessed Physical Activity and Weight Loss Maintenance among Individuals Enrolled in a Lifestyle Intervention. Obesity, 2017, 25, 1903-1909.	3.0	36
167	Does Lifestyle Intervention Improve Health of Adults with Overweight/Obesity and Type 2 Diabetes? Findings from the Look AHEAD Randomized Trial. Obesity, 2021, 29, 1246-1258.	3.0	34
168	Empirical Evaluation of Physical Activity Recommendations for Weight Control in Women. Medicine and Science in Sports and Exercise, 2007, 39, 1832-1836.	0.4	33
169	A Statewide Intervention Reduces BMI in Adults: Shape Up Rhode Island Results. Obesity, 2009, 17, 991-995.	3.0	33
170	Accuracy of Selfâ€Report Versus Objective Smartâ€Scale Weights During a 12â€Week Weight Management Intervention. Obesity, 2019, 27, 385-390.	3.0	33
171	Lifetime weight cycling and psychological health in normal-weight and overweight women. , 1998, 24, 175-183.		31
172	A randomized controlled trial testing an Internet delivered cost–benefit approach to weight loss maintenance. Preventive Medicine, 2016, 92, 51-57.	3.4	31
173	Do Genetic Modifiers of High-Density Lipoprotein Cholesterol and Triglyceride Levels Also Modify Their Response to a Lifestyle Intervention in the Setting of Obesity and Type-2 Diabetes Mellitus?. Circulation: Cardiovascular Genetics, 2013, 6, 391-399.	5.1	30
174	Genetic Modifiers of Cardiorespiratory Fitness Response to Lifestyle Intervention. Medicine and Science in Sports and Exercise, 2014, 46, 302-311.	0.4	30
175	Long Term Effect of Intensive Lifestyle Intervention on Cerebral Blood Flow. Journal of the American Geriatrics Society, 2018, 66, 120-126.	2.6	30
176	Partial Meal Replacement Plan and Quality of the Diet at 1 Year: Action for Health in Diabetes (Look) Tj ETQq0 0 (O rgBT /Ov	verlock 10 Tf 5
177	Objectively measured physical activity in obese women with and without migraine. Cephalalgia, 2015, 35, 886-893.	3.9	28
178	Objective Estimates of Physical Activity and Sedentary Time among Young Adults. Journal of Obesity, 2017, 2017, 1-11.	2.7	28
179	Sleep, energy balance, and meal timing in school-aged children. Sleep Medicine, 2019, 60, 139-144.	1.6	28
180	Changes in the Prevalence of Symptoms of Depression, Loneliness, and Insomnia in U.S. Older Adults With Type 2 Diabetes During the COVID-19 Pandemic: The Look AHEAD Study. Diabetes Care, 2022, 45, 74-82.	8.6	28

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181	Coping with dietary relapse crises and their aftermath. Addictive Behaviors, 1993, 18, 89-102.	3.0	27
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