

# Catherine B Woods

## List of Publications by Year in descending order

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Version: 2024-02-01

98  
papers

2,587  
citations

201674  
27  
h-index

233421  
45  
g-index

106  
all docs

106  
docs citations

106  
times ranked

3630  
citing authors

#	ARTICLE	IF	CITATIONS
1	Teacher experiences implementing the “Active School Flag”™ initiative to support physically active school communities in Ireland. Irish Educational Studies, 2022, 41, 271-293.	2.5	4
2	A pragmatic evaluation of the primary school Be Active After-School Activity Programme (Be Active) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	1.9	1
3	A Systematic Literature Review of Peer-led Strategies for Promoting Physical Activity Levels of Adolescents. Health Education and Behavior, 2022, 49, 41-53.	2.5	9
4	Study protocol for the investigation of the clinical effectiveness of a physical activity behaviour change intervention for individuals living with and beyond cancer. Contemporary Clinical Trials Communications, 2022, 26, 100882.	1.1	1
5	Barriers to and motives for engagement in an exercise-based cardiac rehabilitation programme in Ireland: a qualitative study. , 2022, 23, 28.		9
6	Lessons learned from a pandemic: implications for a combined exercise and educational programme for medical students. BMC Medical Education, 2022, 22, 255.	2.4	1
7	OUP accepted manuscript. European Journal of Public Health, 2022, , .	0.3	3
8	Health Enhancing Physical Activity Policies in Poland: Findings from the HEPA PAT Survey. International Journal of Environmental Research and Public Health, 2022, 19, 7284.	2.6	6
9	The added value of using the HEPA PAT for physical activity policy monitoring: a four-country comparison. Health Research Policy and Systems, 2021, 19, 22.	2.8	18
10	Selection of key indicators for European policy monitoring and surveillance for dietary behaviour, physical activity and sedentary behaviour. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 48.	4.6	6
11	The evidence for the impact of policy on physical activity outcomes within the school setting: A systematic review. Journal of Sport and Health Science, 2021, 10, 263-276.	6.5	44
12	The Association of Family, Friends, and Teacher Support With Girls’™ Sport and Physical Activity on the Island of Ireland. Journal of Physical Activity and Health, 2021, 18, 929-936.	2.0	8
13	Socio-ecological correlates of physical activity in a nationally representative sample of adolescents across Ireland and Northern Ireland. Preventive Medicine Reports, 2021, 23, 101472.	1.8	3
14	Barriers and facilitators to implementing community-based physical activity interventions: a qualitative systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 118.	4.6	27
15	Juggling with theory, evidence, practice, and real-world circumstances: Development of a complex community intervention to increase physical activity in inactive adults aged 50 years and older “ The Move for Life Study. Evaluation and Program Planning, 2021, 89, 101983.	1.6	1
16	“Getting Ireland Active”™ Application of a Systems Approach to Increase Physical Activity in Ireland Using the GAPP Framework. Journal of Physical Activity and Health, 2021, 18, 1427-1436.	2.0	11
17	A cluster analysis of device-measured physical activity behaviours and the association with chronic conditions, multi-morbidity and healthcare utilisation in adults aged 45 years and older. Preventive Medicine Reports, 2021, 24, 101641.	1.8	4
18	“PE should be an integral part of each school day”™: parents’™ and their children’s™ attitudes towards primary physical education. Education 3-13, 2020, 48, 429-445.	1.0	9

#	ARTICLE	IF	CITATIONS
19	Physical Activity Across the Cancer Journey: Experiences and Recommendations From People Living With and Beyond Cancer. <i>Physical Therapy</i> , 2020, 100, 575-585.	2.4	13
20	Supervised exercise for cardiovascular rehabilitation—the Limerick programme. <i>Irish Journal of Medical Science</i> , 2020, 189, 403-404.	1.5	1
21	The effect of a pre- and post-operative exercise programme versus standard care on physical fitness of patients with oesophageal and gastric cancer undergoing neoadjuvant treatment prior to surgery (The PERIOP-OG Trial): Study protocol for a randomised controlled trial. <i>Trials</i> , 2020, 21, 638.	1.6	13
22	The Development of the MedEx IMPACT Intervention: A Patient-Centered, Evidenced-Based and Theoretically-Informed Physical Activity Behavior Change Intervention for Individuals Living With and Beyond Cancer. <i>Cancer Control</i> , 2020, 27, 107327482090612.	1.8	6
23	The (mis)alignment between young people's collective physical activity experience and physical education curriculum development in Ireland. <i>Curriculum Studies in Health and Physical Education</i> , 2020, 11, 204-221.	1.4	12
24	Physical Activity, Sport and Physical Education in Northern Ireland School Children: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6849.	2.6	15
25	Barriers and facilitators to changes in adolescent physical activity during COVID-19. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000919.	2.9	69
26	The effect of participating in MedEx Wellness, a community-based chronic disease exercise rehabilitation programme, on physical, clinical and psychological health: A study protocol for a cohort trial. <i>Contemporary Clinical Trials Communications</i> , 2020, 19, 100591.	1.1	4
27	A feasibility study of an exercise intervention to educate and promote health and well-being among medical students: the "MED-WELL" programme. <i>BMC Medical Education</i> , 2020, 20, 183.	2.4	16
28	Advancing the evidence base for public policies impacting on dietary behaviour, physical activity and sedentary behaviour in Europe: The Policy Evaluation Network promoting a multidisciplinary approach. <i>Food Policy</i> , 2020, 96, 101873.	6.0	51
29	A qualitative exploration of cardiovascular disease patients' views and experiences with an eHealth cardiac rehabilitation intervention: The PATHway Project. <i>PLoS ONE</i> , 2020, 15, e0235274.	2.5	13
30	Assessing physical activity through questionnaires – A consensus of best practices and future directions. <i>Psychology of Sport and Exercise</i> , 2020, 50, 101715.	2.1	44
31	How to improve recruitment, sustainability and scalability in physical activity programmes for adults aged 50 years and older: A qualitative study of key stakeholder perspectives. <i>PLoS ONE</i> , 2020, 15, e0240974.	2.5	12
32	PATHway-I: Feasibility, acceptability and clinical effectiveness of a technology enabled cardiac rehabilitation platform. A randomized controlled trial. (Preprint). <i>Journal of Medical Internet Research</i> , 2020, 22, e14221.	4.3	24
33	Clusters of Adolescent Physical Activity Tracker Patterns and Their Associations With Physical Activity Behaviors in Finland and Ireland: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e18509.	4.3	7
34	Policy Evaluation Network (PEN): Protocol for systematic literature review examining the evidence for impact of school policies on physical activity. <i>HRB Open Research</i> , 2020, 3, 62.	0.6	2
35	Title is missing!. , 2020, 15, e0235274.		0
36	Title is missing!. , 2020, 15, e0235274.		0

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37	Title is missing!. , 2020, 15, e0235274.		0
38	Title is missing!. , 2020, 15, e0235274.		0
39	Title is missing!. , 2020, 15, e0235274.		0
40	Title is missing!. , 2020, 15, e0235274.		0
41	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 60.	4.6	43
42	An evaluation of an intervention designed to help inactive adults become more active with a peer mentoring component: a protocol for a cluster randomised feasibility trial of the Move for Life programme. Pilot and Feasibility Studies, 2019, 5, 88.	1.2	5
43	Interventions promoting active transport to school in children: A systematic review and meta-analysis. Preventive Medicine, 2019, 123, 232-241.	3.4	45
44	Feasibility study of the secondary level Active School Flag programme: Study Protocol. Journal of Functional Morphology and Kinesiology, 2019, 4, 16.	2.4	9
45	Identification of health-related behavioural clusters and their association with demographic characteristics in Irish university students. BMC Public Health, 2019, 19, 121.	2.9	27
46	The development and codesign of the PATHway intervention: a theory-driven eHealth platform for the self-management of cardiovascular disease. Translational Behavioral Medicine, 2019, 9, 76-98.	2.4	33
47	Student Activity and Sport Study Ireland: Protocol for a Web-Based Survey and Environmental Audit Tool for Assessing the Impact of Multiple Factors on University Studentsâ€™ Physical Activity. JMIR Research Protocols, 2019, 8, e10823.	1.0	2
48	Test-retest reliability of survey items on ownership and use of physical activity trackers. Acta Gymnica, 2019, 49, 67-74.	1.1	2
49	Computerized decision support for beneficial home-based exercise rehabilitation in patients with cardiovascular disease. Computer Methods and Programs in Biomedicine, 2018, 162, 1-10.	4.7	25
50	Healthcare professionals' knowledge and practice of physical activity promotion in cancer care: Challenges and solutions. European Journal of Cancer Care, 2018, 27, e12795.	1.5	52
51	Active Students Are Healthier and Happier Than Their Inactive Peers: The Results of a Large Representative Cross-Sectional Study of University Students in Ireland. Journal of Physical Activity and Health, 2018, 15, 737-746.	2.0	44
52	Design and Development of the MedFit App: A Mobile Application for Cardiovascular Disease Rehabilitation. Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering, 2018, , 20-28.	0.3	5
53	MedFit App, a Behavior-Changing, Theoretically Informed Mobile App for Patient Self-Management of Cardiovascular Disease: User-Centered Development. JMIR Formative Research, 2018, 2, e8.	1.4	21
54	Physical Activity, Sedentary Behavior, and Diet-Related eHealth and mHealth Research: Bibliometric Analysis. Journal of Medical Internet Research, 2018, 20, e122.	4.3	131

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55	Electronic Health Physical Activity Behavior Change Intervention to Self-Manage Cardiovascular Disease: Qualitative Exploration of Patient and Health Professional Requirements. Journal of Medical Internet Research, 2018, 20, e163.	4.3	22
56	Measuring Engagement in eHealth and mHealth Behavior Change Interventions: Viewpoint of Methodologies. Journal of Medical Internet Research, 2018, 20, e292.	4.3	263
57	The impact of participation in extra-curricular physical activity on males from disadvantaged schools. European Physical Education Review, 2017, 23, 60-72.	2.0	4
58	Impact of physical activity domains on subsequent physical activity in youth: a 5-year longitudinal study. Journal of Sports Sciences, 2017, 35, 262-268.	2.0	30
59	Validity and Reliability of Three Self-Report Instruments for Assessing Attainment of Physical Activity Guidelines in University Students. Measurement in Physical Education and Exercise Science, 2017, 21, 134-141.	1.8	34
60	A Use Case based requirements specification approach to support the development of a rehabilitation system for CVD patients: The PATHway project. , 2017, , .		1
61	PATHway I: design and rationale for the investigation of the feasibility, clinical effectiveness and cost-effectiveness of a technology-enabled cardiac rehabilitation platform. BMJ Open, 2017, 7, e016781.	1.9	22
62	MedFit. , 2017, , .		3
63	Behavior Change Techniques in Physical Activity eHealth Interventions for People With Cardiovascular Disease: Systematic Review. Journal of Medical Internet Research, 2017, 19, e281.	4.3	91
64	A Technology Platform for Enabling Behavioural Change as a "PATHway" Towards Better Self-management of CVD. , 2016, , .		2
65	Results From Ireland North and Southâ€™s 2016 Report Card on Physical Activity for Children and Youth. Journal of Physical Activity and Health, 2016, 13, S183-S188.	2.0	24
66	Sports Participation in Youth as a Predictor of Physical Activity: A 5-Year Longitudinal Study. Journal of Physical Activity and Health, 2016, 13, 704-711.	2.0	35
67	Cardiac patients show high interest in technology enabled cardiovascular rehabilitation. BMC Medical Informatics and Decision Making, 2016, 16, 95.	3.0	81
68	A Demonstration of the PATHway System for Technology-enabled Exercise-based Cardiac Rehabilitation. , 2016, , .		1
69	Physical self-confidence levels of adolescents: Scale reliability and validity. Journal of Science and Medicine in Sport, 2016, 19, 563-567.	1.3	33
70	PATHway: Decision Support in Exercise Programmes for Cardiac Rehabilitation. Studies in Health Technology and Informatics, 2016, 224, 40-5.	0.3	8
71	Validity of a two-item physical activity questionnaire for assessing attainment of physical activity guidelines in youth. BMC Public Health, 2015, 15, 1080.	2.9	61
72	Prevalence and Correlates of Physical Inactivity in Community-Dwelling Older Adults in Ireland. PLoS ONE, 2015, 10, e0118293.	2.5	66

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73	What young people say about physical activity: the Children's Sport Participation and Physical Activity (CSPPA) study. Sport, Education and Society, 2015, 20, 442-462.	2.1	39
74	An evaluation of distance estimation accuracy and its relationship to transport mode for the home-to-school journey by adolescents. Journal of Transport and Health, 2014, 1, 274-278.	2.2	11
75	Youth-Physical Activity Towards Health: evidence and background to the development of the Y-PATH physical activity intervention for adolescents. BMC Public Health, 2014, 14, 122.	2.9	64
76	Assessment and management of risk factors for the prevention of lifestyle-related disease: a cross-sectional survey of current activities, barriers and perceived training needs of primary care physiotherapists in the Republic of Ireland. Physiotherapy, 2014, 100, 116-122.	0.4	48
77	Results from Ireland's 2014 Report Card on Physical Activity in Children and Youth. Journal of Physical Activity and Health, 2014, 11, S63-S68.	2.0	30
78	Teaching practice: University supervisors' experiences and perceptions of a cooperating physical education teacher education programme. European Physical Education Review, 2013, 19, 199-214.	2.0	16
79	Adolescents who take part in team sports, or who actively commute to school, are less likely to be obese. Evidence-based Nursing, 2013, 16, 87-88.	0.2	1
80	Primary teachers' experience of a physical education professional development programme. Irish Educational Studies, 2012, 31, 329-343.	2.5	20
81	An examination of the relationship between enjoyment, physical education, physical activity and health in Irish adolescents. Irish Educational Studies, 2012, 31, 263-280.	2.5	24
82	What Sustains Long-Term Adherence to Structured Physical Activity After a Cardiac Event?. Journal of Aging and Physical Activity, 2012, 20, 135-147.	1.0	39
83	Putting Physical Activity on the Policy Agenda. Quest, 2012, 64, 92-104.	1.2	14
84	An exploration of the perspectives of elite Irish rowers on the role of the sports physiotherapist. Physical Therapy in Sport, 2012, 13, 16-21.	1.9	4
85	An Exploration of Children's Perceptions and Enjoyment of School-Based Physical Activity and Physical Education. Journal of Physical Activity and Health, 2011, 8, 645-654.	2.0	28
86	The impact of the COPET programme on student PE teachers' teaching practice experiences. European Physical Education Review, 2011, 17, 153-165.	2.0	14
87	Neighborhood Perceptions and Active Commuting to School Among Adolescent Boys and Girls. Journal of Physical Activity and Health, 2010, 7, 257-266.	2.0	48
88	The evaluation of a cooperating physical education teachers programme (COPET). European Physical Education Review, 2010, 16, 141-154.	2.0	22
89	Pedometer step count and BMI of Irish primary school children aged 6-9 years. Preventive Medicine, 2010, 50, 189-192.	3.4	38
90	Obesogenic environments: Are neighbourhood environments that limit physical activity obesogenic?. Health and Place, 2009, 15, 917-924.	3.3	40

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91	The Take PART Study (Physical Activity Research for Teenagers): Rationale and Methods. Journal of Physical Activity and Health, 2009, 6, 170-177.	2.0	19
92	Neighbourhood perceptions of physical activity: a qualitative study. BMC Public Health, 2008, 8, 101.	2.9	25
93	Active commuting to school: how far is too far?. International Journal of Behavioral Nutrition and Physical Activity, 2008, 5, 1.	4.6	331
94	Teaching practice: University supervisors' experiences and perceptions of a cooperating physical education teacher education programme. European Physical Education Review, 0, , 1356336X1348605.	2.0	2
95	Policy Evaluation Network (PEN): Protocol for systematic literature reviews examining the evidence for impact of policies on physical activity across seven different policy domains. HRB Open Research, 0, 3, 62.	0.6	6
96	Policy Evaluation Network (PEN): Protocol for systematic literature review examining the evidence for impact of policies across seven different policy domains. HRB Open Research, 0, 3, 62.	0.6	0
97	Policy Evaluation Network (PEN): Protocol for systematic literature reviews examining the evidence for impact of policies on physical activity across seven different policy domains. HRB Open Research, 0, 3, 62.	0.6	1
98	Music and Movement for Health: Protocol for a pragmatic cluster-randomised feasibility pilot trial of an arts-based programme for the health and wellbeing of older adults. HRB Open Research, 0, 5, 42.	0.6	2