

Catherine B Woods

List of Publications by Year in descending order

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Version: 2024-02-01

98
papers

2,587
citations

201575

27
h-index

233338

45
g-index

106
all docs

106
docs citations

106
times ranked

3630
citing authors

#	ARTICLE	IF	CITATIONS
1	Active commuting to school: how far is too far?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 1.	2.0	331
2	Measuring Engagement in eHealth and mHealth Behavior Change Interventions: Viewpoint of Methodologies. <i>Journal of Medical Internet Research</i> , 2018, 20, e292.	2.1	263
3	Physical Activity, Sedentary Behavior, and Diet-Related eHealth and mHealth Research: Bibliometric Analysis. <i>Journal of Medical Internet Research</i> , 2018, 20, e122.	2.1	131
4	Behavior Change Techniques in Physical Activity eHealth Interventions for People With Cardiovascular Disease: Systematic Review. <i>Journal of Medical Internet Research</i> , 2017, 19, e281.	2.1	91
5	Cardiac patients show high interest in technology enabled cardiovascular rehabilitation. <i>BMC Medical Informatics and Decision Making</i> , 2016, 16, 95.	1.5	81
6	Barriers and facilitators to changes in adolescent physical activity during COVID-19. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000919.	1.4	69
7	Prevalence and Correlates of Physical Inactivity in Community-Dwelling Older Adults in Ireland. <i>PLoS ONE</i> , 2015, 10, e0118293.	1.1	66
8	Youth-Physical Activity Towards Health: evidence and background to the development of the Y-PATH physical activity intervention for adolescents. <i>BMC Public Health</i> , 2014, 14, 122.	1.2	64
9	Validity of a two-item physical activity questionnaire for assessing attainment of physical activity guidelines in youth. <i>BMC Public Health</i> , 2015, 15, 1080.	1.2	61
10	Healthcare professionals' knowledge and practice of physical activity promotion in cancer care: Challenges and solutions. <i>European Journal of Cancer Care</i> , 2018, 27, e12795.	0.7	52
11	Advancing the evidence base for public policies impacting on dietary behaviour, physical activity and sedentary behaviour in Europe: The Policy Evaluation Network promoting a multidisciplinary approach. <i>Food Policy</i> , 2020, 96, 101873.	2.8	51
12	Neighborhood Perceptions and Active Commuting to School Among Adolescent Boys and Girls. <i>Journal of Physical Activity and Health</i> , 2010, 7, 257-266.	1.0	48
13	Assessment and management of risk factors for the prevention of lifestyle-related disease: a cross-sectional survey of current activities, barriers and perceived training needs of primary care physiotherapists in the Republic of Ireland. <i>Physiotherapy</i> , 2014, 100, 116-122.	0.2	48
14	Interventions promoting active transport to school in children: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2019, 123, 232-241.	1.6	45
15	Active Students Are Healthier and Happier Than Their Inactive Peers: The Results of a Large Representative Cross-Sectional Study of University Students in Ireland. <i>Journal of Physical Activity and Health</i> , 2018, 15, 737-746.	1.0	44
16	The evidence for the impact of policy on physical activity outcomes within the school setting: A systematic review. <i>Journal of Sport and Health Science</i> , 2021, 10, 263-276.	3.3	44
17	Assessing physical activity through questionnaires – A consensus of best practices and future directions. <i>Psychology of Sport and Exercise</i> , 2020, 50, 101715.	1.1	44
18	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 60.	2.0	43

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19	Obesogenic environments: Are neighbourhood environments that limit physical activity obesogenic?. <i>Health and Place</i> , 2009, 15, 917-924.	1.5	40
20	What Sustains Long-Term Adherence to Structured Physical Activity After a Cardiac Event?. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 135-147.	0.5	39
21	What young people say about physical activity: the Children's Sport Participation and Physical Activity (CSPPA) study. <i>Sport, Education and Society</i> , 2015, 20, 442-462.	1.5	39
22	Pedometer step count and BMI of Irish primary school children aged 6â€“9 years. <i>Preventive Medicine</i> , 2010, 50, 189-192.	1.6	38
23	Sports Participation in Youth as a Predictor of Physical Activity: A 5-Year Longitudinal Study. <i>Journal of Physical Activity and Health</i> , 2016, 13, 704-711.	1.0	35
24	Validity and Reliability of Three Self-Report Instruments for Assessing Attainment of Physical Activity Guidelines in University Students. <i>Measurement in Physical Education and Exercise Science</i> , 2017, 21, 134-141.	1.3	34
25	Physical self-confidence levels of adolescents: Scale reliability and validity. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 563-567.	0.6	33
26	The development and codesign of the PATHway intervention: a theory-driven eHealth platform for the self-management of cardiovascular disease. <i>Translational Behavioral Medicine</i> , 2019, 9, 76-98.	1.2	33
27	Results from Irelandâ€™s 2014 Report Card on Physical Activity in Children and Youth. <i>Journal of Physical Activity and Health</i> , 2014, 11, S63-S68.	1.0	30
28	Impact of physical activity domains on subsequent physical activity in youth: a 5-year longitudinal study. <i>Journal of Sports Sciences</i> , 2017, 35, 262-268.	1.0	30
29	An Exploration of Childrenâ€™s Perceptions and Enjoyment of School-Based Physical Activity and Physical Education. <i>Journal of Physical Activity and Health</i> , 2011, 8, 645-654.	1.0	28
30	Identification of health-related behavioural clusters and their association with demographic characteristics in Irish university students. <i>BMC Public Health</i> , 2019, 19, 121.	1.2	27
31	Barriers and facilitators to implementing community-based physical activity interventions: a qualitative systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 118.	2.0	27
32	Neighbourhood perceptions of physical activity: a qualitative study. <i>BMC Public Health</i> , 2008, 8, 101.	1.2	25
33	Computerized decision support for beneficial home-based exercise rehabilitation in patients with cardiovascular disease. <i>Computer Methods and Programs in Biomedicine</i> , 2018, 162, 1-10.	2.6	25
34	An examination of the relationship between enjoyment, physical education, physical activity and health in Irish adolescents. <i>Irish Educational Studies</i> , 2012, 31, 263-280.	1.5	24
35	Results From Ireland North and Southâ€™s 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2016, 13, S183-S188.	1.0	24
36	PATHway-I: Feasibility, acceptability and clinical effectiveness of a technology enabled cardiac rehabilitation platform. A randomized controlled trial. (Preprint). <i>Journal of Medical Internet Research</i> , 2020, 22, e14221.	2.1	24

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37	The evaluation of a cooperating physical education teachers programme (COPET). <i>European Physical Education Review</i> , 2010, 16, 141-154.	1.2	22
38	PATHway I: design and rationale for the investigation of the feasibility, clinical effectiveness and cost-effectiveness of a technology-enabled cardiac rehabilitation platform. <i>BMJ Open</i> , 2017, 7, e016781.	0.8	22
39	Electronic Health Physical Activity Behavior Change Intervention to Self-Manage Cardiovascular Disease: Qualitative Exploration of Patient and Health Professional Requirements. <i>Journal of Medical Internet Research</i> , 2018, 20, e163.	2.1	22
40	MedFit App, a Behavior-Changing, Theoretically Informed Mobile App for Patient Self-Management of Cardiovascular Disease: User-Centered Development. <i>JMIR Formative Research</i> , 2018, 2, e8.	0.7	21
41	Primary teachers's™ experience of a physical education professional development programme. <i>Irish Educational Studies</i> , 2012, 31, 329-343.	1.5	20
42	The Take PART Study (Physical Activity Research for Teenagers): Rationale and Methods. <i>Journal of Physical Activity and Health</i> , 2009, 6, 170-177.	1.0	19
43	The added value of using the HEPA PAT for physical activity policy monitoring: a four-country comparison. <i>Health Research Policy and Systems</i> , 2021, 19, 22.	1.1	18
44	Teaching practice: University supervisors's™ experiences and perceptions of a cooperating physical education teacher education programme. <i>European Physical Education Review</i> , 2013, 19, 199-214.	1.2	16
45	A feasibility study of an exercise intervention to educate and promote health and well-being among medical students: the 'MED-WELL' programme. <i>BMC Medical Education</i> , 2020, 20, 183.	1.0	16
46	Physical Activity, Sport and Physical Education in Northern Ireland School Children: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6849.	1.2	15
47	The impact of the COPET programme on student PE teachers's™ teaching practice experiences. <i>European Physical Education Review</i> , 2011, 17, 153-165.	1.2	14
48	Putting Physical Activity on the Policy Agenda. <i>Quest</i> , 2012, 64, 92-104.	0.8	14
49	Physical Activity Across the Cancer Journey: Experiences and Recommendations From People Living With and Beyond Cancer. <i>Physical Therapy</i> , 2020, 100, 575-585.	1.1	13
50	The effect of a pre- and post-operative exercise programme versus standard care on physical fitness of patients with oesophageal and gastric cancer undergoing neoadjuvant treatment prior to surgery (The PERIOP-OG Trial): Study protocol for a randomised controlled trial. <i>Trials</i> , 2020, 21, 638.	0.7	13
51	A qualitative exploration of cardiovascular disease patients's™ views and experiences with an eHealth cardiac rehabilitation intervention: The PATHway Project. <i>PLoS ONE</i> , 2020, 15, e0235274.	1.1	13
52	The (mis)alignment between young people's™ collective physical activity experience and physical education curriculum development in Ireland. <i>Curriculum Studies in Health and Physical Education</i> , 2020, 11, 204-221.	0.9	12
53	How to improve recruitment, sustainability and scalability in physical activity programmes for adults aged 50 years and older: A qualitative study of key stakeholder perspectives. <i>PLoS ONE</i> , 2020, 15, e0240974.	1.1	12
54	An evaluation of distance estimation accuracy and its relationship to transport mode for the home-to-school journey by adolescents. <i>Journal of Transport and Health</i> , 2014, 1, 274-278.	1.1	11

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55	“Getting Ireland Active” Application of a Systems Approach to Increase Physical Activity in Ireland Using the GAPPA Framework. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1427-1436.	1.0	11
56	Feasibility study of the secondary level Active School Flag programme: Study Protocol. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 16.	1.1	9
57	“PE should be an integral part of each school day”: parents and their children’s attitudes towards primary physical education. <i>Education 3-13</i> , 2020, 48, 429-445.	0.6	9
58	A Systematic Literature Review of Peer-led Strategies for Promoting Physical Activity Levels of Adolescents. <i>Health Education and Behavior</i> , 2022, 49, 41-53.	1.3	9
59	Barriers to and motives for engagement in an exercise-based cardiac rehabilitation programme in Ireland: a qualitative study. , 2022, 23, 28.		9
60	The Association of Family, Friends, and Teacher Support With Girls’ Sport and Physical Activity on the Island of Ireland. <i>Journal of Physical Activity and Health</i> , 2021, 18, 929-936.	1.0	8
61	PATHway: Decision Support in Exercise Programmes for Cardiac Rehabilitation. <i>Studies in Health Technology and Informatics</i> , 2016, 224, 40-5.	0.2	8
62	Clusters of Adolescent Physical Activity Tracker Patterns and Their Associations With Physical Activity Behaviors in Finland and Ireland: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e18509.	2.1	7
63	The Development of the MedEx IMPACT Intervention: A Patient-Centered, Evidenced-Based and Theoretically-Informed Physical Activity Behavior Change Intervention for Individuals Living With and Beyond Cancer. <i>Cancer Control</i> , 2020, 27, 107327482090612.	0.7	6
64	Policy Evaluation Network (PEN): Protocol for systematic literature reviews examining the evidence for impact of policies on physical activity across seven different policy domains. <i>HRB Open Research</i> , 0, 3, 62.	0.3	6
65	Selection of key indicators for European policy monitoring and surveillance for dietary behaviour, physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 48.	2.0	6
66	Health Enhancing Physical Activity Policies in Poland: Findings from the HEPA PAT Survey. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7284.	1.2	6
67	An evaluation of an intervention designed to help inactive adults become more active with a peer mentoring component: a protocol for a cluster randomised feasibility trial of the Move for Life programme. <i>Pilot and Feasibility Studies</i> , 2019, 5, 88.	0.5	5
68	Design and Development of the MedFit App: A Mobile Application for Cardiovascular Disease Rehabilitation. <i>Lecture Notes of the Institute for Computer Sciences, Social-Informatics and Telecommunications Engineering</i> , 2018, , 20-28.	0.2	5
69	An exploration of the perspectives of elite Irish rowers on the role of the sports physiotherapist. <i>Physical Therapy in Sport</i> , 2012, 13, 16-21.	0.8	4
70	The impact of participation in extra-curricular physical activity on males from disadvantaged schools. <i>European Physical Education Review</i> , 2017, 23, 60-72.	1.2	4
71	Teacher experiences implementing the “Active School Flag” initiative to support physically active school communities in Ireland. <i>Irish Educational Studies</i> , 2022, 41, 271-293.	1.5	4
72	The effect of participating in MedEx Wellness, a community-based chronic disease exercise rehabilitation programme, on physical, clinical and psychological health: A study protocol for a cohort trial. <i>Contemporary Clinical Trials Communications</i> , 2020, 19, 100591.	0.5	4

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73	A cluster analysis of device-measured physical activity behaviours and the association with chronic conditions, multi-morbidity and healthcare utilisation in adults aged 45 years and older. Preventive Medicine Reports, 2021, 24, 101641.	0.8	4
74	MedFit. , 2017, , .		3
75	Socio-ecological correlates of physical activity in a nationally representative sample of adolescents across Ireland and Northern Ireland. Preventive Medicine Reports, 2021, 23, 101472.	0.8	3
76	OUP accepted manuscript. European Journal of Public Health, 2022, , .	0.1	3
77	Teaching practice: University supervisors' experiences and perceptions of a cooperating physical education teacher education programme. European Physical Education Review, 0, , 1356336X1348605.	1.2	2
78	A Technology Platform for Enabling Behavioural Change as a "PATHway" Towards Better Self-management of CVD. , 2016, , .		2
79	Student Activity and Sport Study Ireland: Protocol for a Web-Based Survey and Environmental Audit Tool for Assessing the Impact of Multiple Factors on University Students's™ Physical Activity. JMIR Research Protocols, 2019, 8, e10823.	0.5	2
80	Test-retest reliability of survey items on ownership and use of physical activity trackers. Acta Gymnica, 2019, 49, 67-74.	1.1	2
81	Policy Evaluation Network (PEN): Protocol for systematic literature review examining the evidence for impact of school policies on physical activity. HRB Open Research, 2020, 3, 62.	0.3	2
82	Music and Movement for Health: Protocol for a pragmatic cluster-randomised feasibility pilot trial of an arts-based programme for the health and wellbeing of older adults. HRB Open Research, 0, 5, 42.	0.3	2
83	Adolescents who take part in team sports, or who actively commute to school, are less likely to be obese. Evidence-based Nursing, 2013, 16, 87-88.	0.1	1
84	A Demonstration of the PATHway System for Technology-enabled Exercise-based Cardiac Rehabilitation. , 2016, , .		1
85	A Use Case based requirements specification approach to support the development of a rehabilitation system for CVD patients: The PATHway project. , 2017, , .		1
86	Supervised exercise for cardiovascular rehabilitation—the Limerick programme. Irish Journal of Medical Science, 2020, 189, 403-404.	0.8	1
87	Juggling with theory, evidence, practice, and real-world circumstances: Development of a complex community intervention to increase physical activity in inactive adults aged 50 years and older — The Move for Life Study. Evaluation and Program Planning, 2021, 89, 101983.	0.9	1
88	A pragmatic evaluation of the primary school Be Active After-School Activity Programme (Be Active) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	1.0	1
89	Policy Evaluation Network (PEN): Protocol for systematic literature reviews examining the evidence for impact of policies on physical activity across seven different policy domains. HRB Open Research, 0, 3, 62.	0.3	1
90	Study protocol for the investigation of the clinical effectiveness of a physical activity behaviour change intervention for individuals living with and beyond cancer. Contemporary Clinical Trials Communications, 2022, 26, 100882.	0.5	1

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91	Lessons learned from a pandemic: implications for a combined exercise and educational programme for medical students. BMC Medical Education, 2022, 22, 255.	1.0	1
92	Policy Evaluation Network (PEN): Protocol for systematic literature review examining the evidence for impact of policies across seven different policy domains. HRB Open Research, 0, 3, 62.	0.3	0
93	Title is missing!. , 2020, 15, e0235274.		0
94	Title is missing!. , 2020, 15, e0235274.		0
95	Title is missing!. , 2020, 15, e0235274.		0
96	Title is missing!. , 2020, 15, e0235274.		0
97	Title is missing!. , 2020, 15, e0235274.		0
98	Title is missing!. , 2020, 15, e0235274.		0