

# Jason Lillis

## List of Publications by Year in descending order

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Version: 2024-02-01

38  
papers

5,673  
citations

471509

17  
h-index

330143

37  
g-index

38  
all docs

38  
docs citations

38  
times ranked

5190  
citing authors

#	ARTICLE	IF	CITATIONS
1	Association of Weight-Related Stigmas With Daily Pain Symptoms Among Individuals With Obesity. <i>Annals of Behavioral Medicine</i> , 2023, 57, 269-274.	2.9	1
2	Tracking Valued and Avoidant Functions with Health Behaviors: A Randomized Controlled Trial of the Acceptance and Commitment Therapy Matrix Mobile App. <i>Behavior Modification</i> , 2022, 46, 63-89.	1.6	6
3	Internalized weight stigma in women with class III obesity: A randomized controlled trial of a virtual lifestyle modification intervention followed by a mindful self-compassion intervention. <i>Obesity Science and Practice</i> , 2022, 8, 816-827.	1.9	2
4	Evaluation of intervention components to maximize outcomes of behavioral obesity treatment delivered online: A factorial experiment following the multiphase optimization strategy framework. <i>Contemporary Clinical Trials</i> , 2021, 100, 106217.	1.8	13
5	Preliminary Evaluation of a 1-Day Acceptance and Commitment Therapy Workshop for Increasing Moderate-to-Vigorous Physical Activity in Adults with Overweight or Obesity. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 827-833.	1.7	2
6	Novel behavioral interventions to improve long-term weight loss: A randomized trial of acceptance and commitment therapy or self-regulation for weight loss maintenance. <i>Journal of Behavioral Medicine</i> , 2021, 44, 527-540.	2.1	3
7	Study protocol for a randomized controlled trial comparing two low-intensity weight loss maintenance interventions based on acceptance and commitment therapy or self-regulation. <i>Contemporary Clinical Trials</i> , 2021, 103, 106327.	1.8	1
8	HIV Status, Obesity, and Risk for Weight Stigma: Comparing Weight Stigma Experiences and Internalization Among Adults with Obesity with and Without HIV. <i>AIDS and Behavior</i> , 2021, , 1.	2.7	3
9	Self-stigma and weight loss: The impact of fear of being stigmatized. <i>Journal of Health Psychology</i> , 2020, 25, 922-930.	2.3	24
10	Body shape concerns across racial and ethnic groups among adults in the United States: More similarities than differences. <i>Body Image</i> , 2020, 35, 108-113.	4.3	8
11	Characterizing Lifetime and Daily Experiences of Weight Stigma among Sexual Minority Women with Overweight and Obesity: A Descriptive Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4892.	2.6	10
12	Confirmatory factor analysis of the Acceptance and Action Questionnaire for Weight-Related Difficulties-Revised (AAQW-R) in a United States sample of adults with overweight and obesity. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 189-196.	2.6	8
13	Food reward sensitivity, impulsivity, and weight change during and after a 3-month weight loss program. <i>PLoS ONE</i> , 2020, 15, e0243530.	2.5	9
14	Assessing the valuing process in Acceptance and Commitment Therapy: Experts' review of the current status and recommendations for future measure development. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 225-233.	2.6	11
15	Effects of Cognitive Strategies on Neural Food Cue Reactivity in Adults with Overweight/Obesity. <i>Obesity</i> , 2019, 27, 1577-1583.	3.0	16
16	Values-based and acceptance-based intervention to promote adoption and maintenance of habitual physical activity among inactive adults with overweight/obesity: a study protocol for an open trial. <i>BMJ Open</i> , 2019, 9, e025115.	1.9	2
17	Weight self-stigma and weight loss during behavioural weight loss intervention. <i>Obesity Science and Practice</i> , 2019, 5, 21-27.	1.9	11
18	The Association of Changes in Pain Acceptance and Headache-Related Disability. <i>Annals of Behavioral Medicine</i> , 2019, 53, 686-690.	2.9	8

#	ARTICLE	IF	CITATIONS
19	Delivering Acceptance and Commitment Therapy for Weight Self-Stigma Through Guided Self-Help: Results From an Open Pilot Trial. <i>Cognitive and Behavioral Practice</i> , 2018, 25, 87-104.	1.5	46
20	Prospective Evaluation of Internalized Weight Bias and Weight Change Among Successful Weight Loss Maintainers. <i>Obesity</i> , 2018, 26, 1888-1892.	3.0	20
21	Importance of Pain Acceptance in Relation to Headache Disability and Pain Interference in Women With Migraine and Overweight/Obesity. <i>Headache</i> , 2017, 57, 709-718.	3.9	22
22	Exploring process variables through which acceptance-based behavioral interventions may improve weight loss maintenance. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 398-403.	2.6	10
23	Characteristics of adults with overweight/obesity and high internal disinhibition: do they fit with targets for acceptance-based interventions?. <i>Obesity Science and Practice</i> , 2017, 3, 311-318.	1.9	2
24	Examining the role of psychological inflexibility, perspective taking, and empathic concern in generalized prejudice. <i>Journal of Applied Social Psychology</i> , 2016, 46, 180-191.	2.0	52
25	A randomized trial of an acceptance-based behavioral intervention for weight loss in people with high internal disinhibition. <i>Obesity</i> , 2016, 24, 2509-2514.	3.0	65
26	Teaching Intuitive Eating and Acceptance and Commitment Therapy Skills Via a Web-Based Intervention: A Pilot Single-Arm Intervention Study. <i>JMIR Research Protocols</i> , 2016, 5, e180.	1.0	58
27	The role of avoidance-based coping in the psychosocial functioning of weight loss treatment-seeking adults. <i>Obesity Science and Practice</i> , 2015, 1, 59-64.	1.9	3
28	A functional contextual approach to obesity and related problems. <i>Current Opinion in Psychology</i> , 2015, 2, 82-86.	4.9	4
29	Weight loss intervention for individuals with high internal disinhibition: design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial. <i>BMC Psychology</i> , 2015, 3, 17.	2.1	22
30	Acceptance and Commitment Therapy for weight control: Model, evidence, and future directions. <i>Journal of Contextual Behavioral Science</i> , 2014, 3, 1-7.	2.6	87
31	Binge Eating and Weight Control: The Role of Experiential Avoidance. <i>Behavior Modification</i> , 2011, 35, 252-264.	1.6	86
32	Exploring the relationship between body mass index and health-related quality of life: A pilot study of the impact of weight self-stigma and experiential avoidance. <i>Journal of Health Psychology</i> , 2011, 16, 722-727.	2.3	73
33	Measuring Weight Self-Stigma: The Weight Self-Stigma Questionnaire. <i>Obesity</i> , 2010, 18, 971-976.	3.0	202
34	Comparing Japanese International College Students' and U.S. College Students' Mental Health-Related Stigmatizing Attitudes. <i>Journal of Multicultural Counseling and Development</i> , 2009, 37, 178-189.	1.0	31
35	Teaching Acceptance and Mindfulness to Improve the Lives of the Obese: A Preliminary Test of a Theoretical Model. <i>Annals of Behavioral Medicine</i> , 2009, 37, 58-69.	2.9	389
36	Applying Acceptance, Mindfulness, and Values to the Reduction of Prejudice: A Pilot Study. <i>Behavior Modification</i> , 2007, 31, 389-411.	1.6	125

#	ARTICLE	IF	CITATIONS
37	Measuring avoidance and inflexibility in weight related problems.. International Journal of Behavioral and Consultation Therapy, 2007, 4, 30-40.	0.4	35
38	Acceptance and Commitment Therapy: Model, processes and outcomes. Behaviour Research and Therapy, 2006, 44, 1-25.	3.1	4,203