

Benjamin SchÃ¼tz

List of Publications by Year in descending order

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Version: 2024-02-01

114
papers

5,518
citations

76294

40
h-index

88593

70
g-index

134
all docs

134
docs citations

134
times ranked

5822
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005, 35, 565-576. | 1.5 | 709 |
| 2 | Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007, 33, 156-166. | 1.7 | 311 |
| 3 | I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , 2018, 61, 136-150. | 1.5 | 226 |
| 4 | Benefits of Having Friends in Older Ages: Differential Effects of Informal Social Activities on Well-Being in Middle-Aged and Older Adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014, 69, 366-375. | 2.4 | 224 |
| 5 | Beyond behavioural intentions: Planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008, 13, 479-494. | 1.9 | 195 |
| 6 | How do negative self-perceptions of aging become a self-fulfilling prophecy?. <i>Psychology and Aging</i> , 2013, 28, 1088-1097. | 1.4 | 176 |
| 7 | Illness representations, coping, and illness outcomes in people with cancer: a systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2017, 26, 724-737. | 1.0 | 176 |
| 8 | PREDICTING BINGE-DRINKING BEHAVIOUR USING AN EXTENDED TPB: EXAMINING THE IMPACT OF ANTICIPATED REGRET AND DESCRIPTIVE NORMS. <i>Alcohol and Alcoholism</i> , 2006, 42, 84-91. | 0.9 | 123 |
| 9 | Disentangling the relation between intentions, planning, and behaviour: A moderated mediation analysis. <i>Psychology and Health</i> , 2009, 24, 67-79. | 1.2 | 120 |
| 10 | Sources of self-efficacy for physical activity.. <i>Health Psychology</i> , 2014, 33, 1298-1308. | 1.3 | 114 |
| 11 | Testing Stage-Specific Effects of a Stage-Matched Intervention: A Randomized Controlled Trial Targeting Physical Exercise and Its Predictors. <i>Health Education and Behavior</i> , 2010, 37, 533-546. | 1.3 | 113 |
| 12 | Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , 2006, 33, 612-619. | 2.3 | 108 |
| 13 | Socioeconomic status as a moderator between social cognitions and physical activity: Systematic review and meta-analysis based on the Theory of Planned Behavior. <i>Psychology of Sport and Exercise</i> , 2017, 30, 186-195. | 1.1 | 102 |
| 14 | Subjective well-being and mortality revisited: Differential effects of cognitive and emotional facets of well-being on mortality.. <i>Health Psychology</i> , 2011, 30, 728-735. | 1.3 | 93 |
| 15 | The role of physical activity in the relationship between self-perceptions of ageing and self-rated health in older adults. <i>Psychology and Health</i> , 2015, 30, 671-685. | 1.2 | 92 |
| 16 | Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , 2011, 70, 179-187. | 1.2 | 89 |
| 17 | Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions.. <i>Health Psychology</i> , 2012, 31, 714-723. | 1.3 | 86 |
| 18 | Socioeconomic status and theories of health behaviour: Time to upgrade a control variable. <i>British Journal of Health Psychology</i> , 2017, 22, 1-7. | 1.9 | 84 |

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|----|--|-----|-----------|
| 19 | Socioeconomic Status Moderates the Effects of Health Cognitions on Health Behaviors within Participants: Two Multibehavior Studies. <i>Annals of Behavioral Medicine</i> , 2020, 54, 36-48. | 1.7 | 83 |
| 20 | Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , 2011, 8, 3-12. | 1.2 | 82 |
| 21 | Changes in Intentions, Planning, and Self-efficacy Predict Changes in Behaviors. <i>Journal of Health Psychology</i> , 2010, 15, 935-947. | 1.3 | 76 |
| 22 | Planning bridges the intention-behaviour gap: Age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010, 25, 873-887. | 1.2 | 70 |
| 23 | Situational cues and momentary food environment predict everyday eating behavior in adults with overweight and obesity.. <i>Health Psychology</i> , 2017, 36, 337-345. | 1.3 | 69 |
| 24 | Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , 2006, 22, 332-341. | 1.0 | 63 |
| 25 | Daily stress as link between disadvantage and smoking: an ecological momentary assessment study. <i>BMC Public Health</i> , 2019, 19, 1284. | 1.2 | 63 |
| 26 | Caring for the carer: a systematic review of pure technology-based cognitive behavioral therapy (TB-CBT) interventions for dementia carers. <i>Ageing and Mental Health</i> , 2016, 20, 793-803. | 1.5 | 60 |
| 27 | Resources for health: Differential effects of optimistic self-beliefs and social support according to socioeconomic status.. <i>Health Psychology</i> , 2011, 30, 326-335. | 1.3 | 59 |
| 28 | Synergistic Effect of Social Support and Self-Efficacy on Physical Exercise in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2011, 19, 249-261. | 0.5 | 59 |
| 29 | When risk communication backfires: Randomized controlled trial on self-affirmation and reactance to personalized risk feedback in high-risk individuals.. <i>Health Psychology</i> , 2013, 32, 561-570. | 1.3 | 57 |
| 30 | Stimulus control and affect in dietary behaviours. An intensive longitudinal study. <i>Appetite</i> , 2015, 87, 310-317. | 1.8 | 56 |
| 31 | Mobile Technology Interventions for Asthma Self-Management: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2017, 5, e57. | 1.8 | 53 |
| 32 | Effects of a short behavioural intervention for dental flossing: randomized-controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , 2009, 36, 498-505. | 2.3 | 52 |
| 33 | It's the power of food: individual differences in food cue responsiveness and snacking in everyday life. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 149. | 2.0 | 50 |
| 34 | Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , 2008, 24, 64-75. | 1.0 | 49 |
| 35 | Giving and Taking - Differential Effects of Providing, Receiving and Anticipating Emotional Support on Quality of Life in Adults with Multiple Illnesses. <i>Journal of Health Psychology</i> , 2010, 15, 660-670. | 1.3 | 47 |
| 36 | Leisure Time Activities and Mental Health in Informal Dementia Caregivers. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 230-248. | 1.6 | 46 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 37 | Miscalibration of self-efficacy and academic performance: Self-efficacy as self-fulfilling prophecy. <i>Learning and Individual Differences</i> , 2019, 69, 182-195. | 1.5 | 45 |
| 38 | What do people include when they self-rate their health? Differential associations according to health status in community-dwelling older adults. <i>Quality of Life Research</i> , 2011, 20, 1573-1580. | 1.5 | 44 |
| 39 | Self-efficacy and multiple illness representations in older adults: A multilevel approach. <i>Psychology and Health</i> , 2012, 27, 13-29. | 1.2 | 44 |
| 40 | Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009, 24, 596-607. | 1.0 | 43 |
| 41 | The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011, 3, 87-106. | 1.6 | 41 |
| 42 | Personal and situational predictors of everyday snacking: An application of temporal self-regulation theory. <i>British Journal of Health Psychology</i> , 2017, 22, 854-871. | 1.9 | 41 |
| 43 | The role of motivational and volitional factors for self-regulated running training: Associations on the between- and within-person level. <i>British Journal of Social Psychology</i> , 2008, 47, 421-439. | 1.8 | 38 |
| 44 | Individual differences in self-affirmation: Distinguishing self-affirmation from positive self-regard. <i>Self and Identity</i> , 2019, 18, 589-630. | 1.0 | 38 |
| 45 | Sources of Perceived Self-Efficacy as Predictors of Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2011, 3, 172-192. | 1.6 | 37 |
| 46 | Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , 2012, 35, 400-406. | 1.1 | 33 |
| 47 | Sleep and agitation in nursing home residents with and without dementia. <i>International Psychogeriatrics</i> , 2015, 27, 1945-1955. | 0.6 | 33 |
| 48 | Changes in functional health, changes in medication beliefs, and medication adherence.. <i>Health Psychology</i> , 2011, 30, 31-39. | 1.3 | 31 |
| 49 | Multiple illness perceptions in older adults: Effects on physical functioning and medication adherence. <i>Psychology and Health</i> , 2014, 29, 442-457. | 1.2 | 31 |
| 50 | Socioeconomic Status and the Prediction of Health Promoting Dietary Behaviours: A Systematic Review and Meta-Analysis Based on the Theory of Planned Behaviour. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 382-406. | 1.6 | 31 |
| 51 | Preventive Health Behavior and Adaptive Accuracy of Risk Perceptions. <i>Risk Analysis</i> , 2008, 28, 741-748. | 1.5 | 29 |
| 52 | Situation-specific social norms as mediators of social influence on snacking.. <i>Health Psychology</i> , 2018, 37, 153-159. | 1.3 | 29 |
| 53 | Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007, 37, 2706-2725. | 1.3 | 27 |
| 54 | Life satisfaction and feeling in control: Indicators of successful aging predict mortality in old age. <i>Journal of Health Psychology</i> , 2013, 18, 1199-1208. | 1.3 | 27 |

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|----|---|-----|-----------|
| 55 | Interactive effects of social support and social conflict on medication adherence in multimorbid older adults. <i>Social Science and Medicine</i> , 2013, 87, 23-30. | 1.8 | 27 |
| 56 | Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , 2016, 43, 1027-1044. | 3.9 | 27 |
| 57 | Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 91-104. | 1.6 | 24 |
| 58 | Self-Affirmation, Intentions and Alcohol Consumption in Students: A Randomized Exploratory Trial. <i>Alcohol and Alcoholism</i> , 2013, 48, 458-463. | 0.9 | 24 |
| 59 | Higher BMI is associated with stronger effects of social cues on everyday snacking behaviour. <i>Appetite</i> , 2017, 114, 1-5. | 1.8 | 22 |
| 60 | Web-Based Positive Psychology Interventions: A Reexamination of Effectiveness. <i>Journal of Clinical Psychology</i> , 2017, 73, 218-232. | 1.0 | 22 |
| 61 | Happy Days: Positive Psychology interventions effects on affect in an N-of-1 trial. <i>International Journal of Clinical and Health Psychology</i> , 2016, 16, 21-29. | 2.7 | 21 |
| 62 | Developing smartphone apps for behavioural studies: The AlcoRisk app case study. <i>Journal of Biomedical Informatics</i> , 2017, 72, 108-119. | 2.5 | 21 |
| 63 | Health motives and health behaviour self-regulation in older adults. <i>Journal of Behavioral Medicine</i> , 2014, 37, 491-500. | 1.1 | 19 |
| 64 | Immediate effects of plain packaging health warnings on quitting intention and potential mediators: Results from two ecological momentary assessment studies.. <i>Psychology of Addictive Behaviors</i> , 2016, 30, 220-228. | 1.4 | 19 |
| 65 | Do socio-structural factors moderate the effects of health cognitions on COVID-19 protection behaviours?. <i>Social Science and Medicine</i> , 2021, 285, 114261. | 1.8 | 19 |
| 66 | Using Self-affirmation to Increase the Effects of Emotive Health Warnings on Smoking: A Randomized Exploratory Trial. <i>Nicotine and Tobacco Research</i> , 2016, 19, ntw167. | 1.4 | 18 |
| 67 | Equity Effects of Dietary Nudging Field Experiments: Systematic Review. <i>Frontiers in Public Health</i> , 2021, 9, 668998. | 1.3 | 18 |
| 68 | Primary care supply moderates the impact of diseases on self-perceptions of aging.. <i>Psychology and Aging</i> , 2014, 29, 351-358. | 1.4 | 17 |
| 69 | Socioeconomic Inequalities in Older Adults' Health: The Roles of Neighborhood and Individual-Level Psychosocial and Behavioral Resources. <i>Frontiers in Public Health</i> , 2019, 7, 318. | 1.3 | 17 |
| 70 | Psychosocial factors in healthy ageing. <i>Psychology and Health</i> , 2015, 30, 607-626. | 1.2 | 16 |
| 71 | Short-Term Buffers, but Long-Term Suffers? Differential Effects of Negative Self-Perceptions of Aging Following Serious Health Events. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015, 72, gbv058. | 2.4 | 16 |
| 72 | â€œIt was all intertwinedâ€: Illness representations and self-management in patients with cancer and anxiety/depression. <i>Psychology and Health</i> , 2017, 32, 1082-1108. | 1.2 | 14 |

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|----|---|-----|-----------|
| 73 | A cross-level model of team-level psychological capital (PsyCap) and individual- and team-level outcomes. <i>Journal of Management and Organization</i> , 2021, 27, 397-416. | 1.6 | 13 |
| 74 | Momentary smoking context as a mediator of the relationship between SES and smoking. <i>Addictive Behaviors</i> , 2018, 83, 136-141. | 1.7 | 12 |
| 75 | Adding Perspective: Predicting Adolescent Sunscreen Use with an Extended Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 155-171. | 1.6 | 9 |
| 76 | Stages of health behavior change and mindsets: A latent class approach.. <i>Health Psychology</i> , 2013, 32, 273-282. | 1.3 | 7 |
| 77 | Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , 2020, 25, 210-227. | 1.9 | 7 |
| 78 | First-Year Students' Academic Self-Efficacy Calibration: Differences by Task Type, Domain Specificity, Student Ability, and Over Time. <i>Student Success</i> , 2020, 11, 109-121. | 0.5 | 7 |
| 79 | Health Literacy Needs Among Unemployed Persons: Collating Evidence Through Triangulation of Interview and Scoping Review Data. <i>Frontiers in Public Health</i> , 2022, 10, 798797. | 1.3 | 7 |
| 80 | Health and Subjective Well-Being in Later Adulthood: Different Health States = Different Needs?. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 23-45. | 1.6 | 6 |
| 81 | District-Level Primary Care Supply Buffers the Negative Impact of Functional Limitations on Illness Perceptions in Older Adults with Multiple Illnesses. <i>Annals of Behavioral Medicine</i> , 2015, 49, 463-472. | 1.7 | 6 |
| 82 | Regional resources buffer the impact of functional limitations on perceived autonomy in older adults with multiple illnesses.. <i>Psychology and Aging</i> , 2016, 31, 139-148. | 1.4 | 6 |
| 83 | Equity-Specific Effects of Interventions to Promote Physical Activity among Middle-Aged and Older Adults: Development of a Collaborative Equity-Specific Re-Analysis Strategy. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3195. | 1.2 | 6 |
| 84 | Stable and momentary psychosocial correlates of everyday smoking: An application of Temporal Self-Regulation Theory. <i>Journal of Behavioral Medicine</i> , 2022, 45, 50-61. | 1.1 | 6 |
| 85 | Comparison of Geographic Information System and Subjective Assessments of Momentary Food Environments as Predictors of Food Intake: An Ecological Momentary Assessment Study. <i>JMIR MHealth and UHealth</i> , 2020, 8, e15948. | 1.8 | 6 |
| 86 | Use of Smoking Cessation Aids: Role of Perceived Safety and Efficacy. <i>Journal of Smoking Cessation</i> , 2012, 7, 1-3. | 0.3 | 5 |
| 87 | Is older residents' exposure to road traffic noise associated with civic engagement for noise protection? A cross-sectional path analysis. <i>Journal of Transport and Health</i> , 2021, 20, 101007. | 1.1 | 5 |
| 88 | Individual socioeconomic and neighborhood factors predict changes in sports activity during the transition to retirement. <i>European Review of Aging and Physical Activity</i> , 2021, 18, 14. | 1.3 | 5 |
| 89 | Park environment and moderate-to-vigorous physical activity in parks among adolescents in a high-density city: the moderating role of neighbourhood income. <i>International Journal of Health Geographics</i> , 2021, 20, 35. | 1.2 | 5 |
| 90 | The super wicked problem of ocean health: a socio-ecological and behavioural perspective. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2022, 377, 20210271. | 1.8 | 5 |

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|-----|--|-----|-----------|
| 91 | Time in Health Psychology. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 187-190. | 1.6 | 4 |
| 92 | Equity-specific effects of interventions to promote physical activity among middle-aged and older adults: results from applying a novel equity-specific re-analysis strategy. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 65. | 2.0 | 4 |
| 93 | Childhood health motivation and adult cardiometabolic health in the Childhood Determinants of Adult Health (CDAH) study.. <i>Health Psychology</i> , 2019, 38, 297-305. | 1.3 | 4 |
| 94 | Self-Affirmation: Protecting the Self and Protecting Subjective Well-Being. , 2017, , 291-308. | | 4 |
| 95 | Data from, "Web-based Positive Psychology Interventions: A Reexamination of Effectiveness"™. , 2018, 6, . | | 4 |
| 96 | mHealth intervention design. , 2016, , . | | 3 |
| 97 | Inter-goal conflict and facilitation as predictors of adherence to dieting goals: an ecological momentary assessment study. <i>Psychology and Health</i> , 2020, 35, 701-717. | 1.2 | 3 |
| 98 | Addressing Underserved Populations and Disparities in Behavior Change. , 2020, , 385-400. | | 3 |
| 99 | Theoriebasierte Strategien und Interventionen in der Gesundheitspsychologie. Springer-Lehrbuch, 2006, , 123-139. | 0.1 | 3 |
| 100 | Effectiveness and equity evaluation of an insurance-wide telephone-counseling program for self-management of chronic diseases: The Health Coach Study. <i>Applied Psychology: Health and Well-Being</i> , 2021, , . | 1.6 | 3 |
| 101 | Qualitatively Comparing the Support Needs of People with Cancer Based on Their History of Anxiety/Depression. <i>Oncology and Therapy</i> , 2017, 5, 41-51. | 1.0 | 2 |
| 102 | Measuring Environmental Justice in Real Time: A Pilot Study Using Digital Participatory Method in the Global South, Nepal. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4752. | 1.2 | 2 |
| 103 | Public Health as Social Science. , 2015, , 545-551. | | 1 |
| 104 | Response to "Expression of Concern"™ (Richardson et al, <i>Psycho-Oncology</i> , 2017, 26, 724-737). <i>Psycho-Oncology</i> , 2017, 26, 1408-1408. | 1.0 | 1 |
| 105 | Psychological Theories on Health and Aging. , 2015, , 1-10. | | 1 |
| 106 | Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019, , 1-17. | 0.2 | 1 |
| 107 | Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019, , 299-310. | 0.2 | 1 |
| 108 | Intra-individual trajectories of subjectively prioritizing health over other life domains. <i>Applied Psychology: Health and Well-Being</i> , 2022, , . | 1.6 | 1 |

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|-----|--|-----|-----------|
| 109 | Regional Variations in Outpatient Antibiotic Prescribing in Germany: A Small Area Analysis Based on Claims Data. <i>Antibiotics</i> , 2022, 11, 836. | 1.5 | 1 |
| 110 | Within-Day Variability in Negative Affect Moderates Cue Responsiveness in High-Calorie Snacking. <i>Frontiers in Psychology</i> , 2020, 11, 590497. | 1.1 | 0 |
| 111 | Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit</i> , 2021, , 77-93. | 0.2 | 0 |
| 112 | Psychologie und Public Health. <i>Sozialwissenschaftliche Gesundheitsforschung</i> , 2021, , 49-64. | 0.2 | 0 |
| 113 | Psychological Theories of Health and Aging. , 2019, , 1-7. | | 0 |
| 114 | Psychological Theories of Health and Aging. , 2021, , 4035-4041. | | 0 |