

Benjamin SchÃ¼tz

List of Publications by Year in descending order

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Version: 2024-02-01

114
papers

5,518
citations

76326

40
h-index

88630

70
g-index

134
all docs

134
docs citations

134
times ranked

5822
citing authors

#	ARTICLE	IF	CITATIONS
1	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005, 35, 565-576.	2.4	709
2	Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007, 33, 156-166.	2.9	311
3	I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , 2018, 61, 136-150.	2.7	226
4	Benefits of Having Friends in Older Ages: Differential Effects of Informal Social Activities on Well-Being in Middle-Aged and Older Adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014, 69, 366-375.	3.9	224
5	Beyond behavioural intentions: Planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008, 13, 479-494.	3.5	195
6	How do negative self-perceptions of aging become a self-fulfilling prophecy?. <i>Psychology and Aging</i> , 2013, 28, 1088-1097.	1.6	176
7	Illness representations, coping, and illness outcomes in people with cancer: a systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2017, 26, 724-737.	2.3	176
8	PREDICTING BINGE-DRINKING BEHAVIOUR USING AN EXTENDED TPB: EXAMINING THE IMPACT OF ANTICIPATED REGRET AND DESCRIPTIVE NORMS. <i>Alcohol and Alcoholism</i> , 2006, 42, 84-91.	1.6	123
9	Disentangling the relation between intentions, planning, and behaviour: A moderated mediation analysis. <i>Psychology and Health</i> , 2009, 24, 67-79.	2.2	120
10	Sources of self-efficacy for physical activity.. <i>Health Psychology</i> , 2014, 33, 1298-1308.	1.6	114
11	Testing Stage-Specific Effects of a Stage-Matched Intervention: A Randomized Controlled Trial Targeting Physical Exercise and Its Predictors. <i>Health Education and Behavior</i> , 2010, 37, 533-546.	2.5	113
12	Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , 2006, 33, 612-619.	4.9	108
13	Socioeconomic status as a moderator between social cognitions and physical activity: Systematic review and meta-analysis based on the Theory of Planned Behavior. <i>Psychology of Sport and Exercise</i> , 2017, 30, 186-195.	2.1	102
14	Subjective well-being and mortality revisited: Differential effects of cognitive and emotional facets of well-being on mortality.. <i>Health Psychology</i> , 2011, 30, 728-735.	1.6	93
15	The role of physical activity in the relationship between self-perceptions of ageing and self-rated health in older adults. <i>Psychology and Health</i> , 2015, 30, 671-685.	2.2	92
16	Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , 2011, 70, 179-187.	2.6	89
17	Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions.. <i>Health Psychology</i> , 2012, 31, 714-723.	1.6	86
18	Socioeconomic status and theories of health behaviour: Time to upgrade a control variable. <i>British Journal of Health Psychology</i> , 2017, 22, 1-7.	3.5	84

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19	Socioeconomic Status Moderates the Effects of Health Cognitions on Health Behaviors within Participants: Two Multibehavior Studies. <i>Annals of Behavioral Medicine</i> , 2020, 54, 36-48.	2.9	83
20	Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , 2011, 8, 3-12.	2.8	82
21	Changes in Intentions, Planning, and Self-efficacy Predict Changes in Behaviors. <i>Journal of Health Psychology</i> , 2010, 15, 935-947.	2.3	76
22	Planning bridges the intention-behaviour gap: Age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010, 25, 873-887.	2.2	70
23	Situational cues and momentary food environment predict everyday eating behavior in adults with overweight and obesity.. <i>Health Psychology</i> , 2017, 36, 337-345.	1.6	69
24	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , 2006, 22, 332-341.	1.9	63
25	Daily stress as link between disadvantage and smoking: an ecological momentary assessment study. <i>BMC Public Health</i> , 2019, 19, 1284.	2.9	63
26	Caring for the carer: a systematic review of pure technology-based cognitive behavioral therapy (TB-CBT) interventions for dementia carers. <i>Aging and Mental Health</i> , 2016, 20, 793-803.	2.8	60
27	Resources for health: Differential effects of optimistic self-beliefs and social support according to socioeconomic status.. <i>Health Psychology</i> , 2011, 30, 326-335.	1.6	59
28	Synergistic Effect of Social Support and Self-Efficacy on Physical Exercise in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2011, 19, 249-261.	1.0	59
29	When risk communication backfires: Randomized controlled trial on self-affirmation and reactance to personalized risk feedback in high-risk individuals.. <i>Health Psychology</i> , 2013, 32, 561-570.	1.6	57
30	Stimulus control and affect in dietary behaviours. An intensive longitudinal study. <i>Appetite</i> , 2015, 87, 310-317.	3.7	56
31	Mobile Technology Interventions for Asthma Self-Management: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2017, 5, e57.	3.7	53
32	Effects of a short behavioural intervention for dental flossing: randomized-controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , 2009, 36, 498-505.	4.9	52
33	It's the power of food: individual differences in food cue responsiveness and snacking in everyday life. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 149.	4.6	50
34	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , 2008, 24, 64-75.	1.9	49
35	Giving and Taking - Differential Effects of Providing, Receiving and Anticipating Emotional Support on Quality of Life in Adults with Multiple Illnesses. <i>Journal of Health Psychology</i> , 2010, 15, 660-670.	2.3	47
36	Leisure Time Activities and Mental Health in Informal Dementia Caregivers. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 230-248.	3.0	46

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37	Miscalibration of self-efficacy and academic performance: Self-efficacy as self-fulfilling prophecy. <i>Learning and Individual Differences</i> , 2019, 69, 182-195.	2.7	45
38	What do people include when they self-rate their health? Differential associations according to health status in community-dwelling older adults. <i>Quality of Life Research</i> , 2011, 20, 1573-1580.	3.1	44
39	Self-efficacy and multiple illness representations in older adults: A multilevel approach. <i>Psychology and Health</i> , 2012, 27, 13-29.	2.2	44
40	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009, 24, 596-607.	1.9	43
41	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011, 3, 87-106.	3.0	41
42	Personal and situational predictors of everyday snacking: An application of temporal self-regulation theory. <i>British Journal of Health Psychology</i> , 2017, 22, 854-871.	3.5	41
43	The role of motivational and volitional factors for self-regulated running training: Associations on the between- and within-person level. <i>British Journal of Social Psychology</i> , 2008, 47, 421-439.	2.8	38
44	Individual differences in self-affirmation: Distinguishing self-affirmation from positive self-regard. <i>Self and Identity</i> , 2019, 18, 589-630.	1.6	38
45	Sources of Perceived Self-Efficacy as Predictors of Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2011, 3, 172-192.	3.0	37
46	Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , 2012, 35, 400-406.	2.1	33
47	Sleep and agitation in nursing home residents with and without dementia. <i>International Psychogeriatrics</i> , 2015, 27, 1945-1955.	1.0	33
48	Changes in functional health, changes in medication beliefs, and medication adherence.. <i>Health Psychology</i> , 2011, 30, 31-39.	1.6	31
49	Multiple illness perceptions in older adults: Effects on physical functioning and medication adherence. <i>Psychology and Health</i> , 2014, 29, 442-457.	2.2	31
50	Socioeconomic Status and the Prediction of Health Promoting Dietary Behaviours: A Systematic Review and Meta-Analysis Based on the Theory of Planned Behaviour. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 382-406.	3.0	31
51	Preventive Health Behavior and Adaptive Accuracy of Risk Perceptions. <i>Risk Analysis</i> , 2008, 28, 741-748.	2.7	29
52	Situation-specific social norms as mediators of social influence on snacking.. <i>Health Psychology</i> , 2018, 37, 153-159.	1.6	29
53	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007, 37, 2706-2725.	2.0	27
54	Life satisfaction and feeling in control: Indicators of successful aging predict mortality in old age. <i>Journal of Health Psychology</i> , 2013, 18, 1199-1208.	2.3	27

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55	Interactive effects of social support and social conflict on medication adherence in multimorbid older adults. <i>Social Science and Medicine</i> , 2013, 87, 23-30.	3.8	27
56	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , 2016, 43, 1027-1044.	5.9	27
57	Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 91-104.	3.0	24
58	Self-Affirmation, Intentions and Alcohol Consumption in Students: A Randomized Exploratory Trial. <i>Alcohol and Alcoholism</i> , 2013, 48, 458-463.	1.6	24
59	Higher BMI is associated with stronger effects of social cues on everyday snacking behaviour. <i>Appetite</i> , 2017, 114, 1-5.	3.7	22
60	Web-Based Positive Psychology Interventions: A Reexamination of Effectiveness. <i>Journal of Clinical Psychology</i> , 2017, 73, 218-232.	1.9	22
61	Happy Days: Positive Psychology interventions effects on affect in an N-of-1 trial. <i>International Journal of Clinical and Health Psychology</i> , 2016, 16, 21-29.	5.1	21
62	Developing smartphone apps for behavioural studies: The AlcoRisk app case study. <i>Journal of Biomedical Informatics</i> , 2017, 72, 108-119.	4.3	21
63	Health motives and health behaviour self-regulation in older adults. <i>Journal of Behavioral Medicine</i> , 2014, 37, 491-500.	2.1	19
64	Immediate effects of plain packaging health warnings on quitting intention and potential mediators: Results from two ecological momentary assessment studies.. <i>Psychology of Addictive Behaviors</i> , 2016, 30, 220-228.	2.1	19
65	Do socio-structural factors moderate the effects of health cognitions on COVID-19 protection behaviours?. <i>Social Science and Medicine</i> , 2021, 285, 114261.	3.8	19
66	Using Self-affirmation to Increase the Effects of Emotive Health Warnings on Smoking: A Randomized Exploratory Trial. <i>Nicotine and Tobacco Research</i> , 2016, 19, ntw167.	2.6	18
67	Equity Effects of Dietary Nudging Field Experiments: Systematic Review. <i>Frontiers in Public Health</i> , 2021, 9, 668998.	2.7	18
68	Primary care supply moderates the impact of diseases on self-perceptions of aging.. <i>Psychology and Aging</i> , 2014, 29, 351-358.	1.6	17
69	Socioeconomic Inequalities in Older Adults' Health: The Roles of Neighborhood and Individual-Level Psychosocial and Behavioral Resources. <i>Frontiers in Public Health</i> , 2019, 7, 318.	2.7	17
70	Psychosocial factors in healthy ageing. <i>Psychology and Health</i> , 2015, 30, 607-626.	2.2	16
71	Short-Term Buffers, but Long-Term Suffers? Differential Effects of Negative Self-Perceptions of Aging Following Serious Health Events. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015, 72, gbv058.	3.9	16
72	â€œIt was all intertwinedâ€™: Illness representations and self-management in patients with cancer and anxiety/depression. <i>Psychology and Health</i> , 2017, 32, 1082-1108.	2.2	14

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73	A cross-level model of team-level psychological capital (PsyCap) and individual- and team-level outcomes. <i>Journal of Management and Organization</i> , 2021, 27, 397-416.	3.0	13
74	Momentary smoking context as a mediator of the relationship between SES and smoking. <i>Addictive Behaviors</i> , 2018, 83, 136-141.	3.0	12
75	Adding Perspective: Predicting Adolescent Sunscreen Use with an Extended Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , 2016, 8, 155-171.	3.0	9
76	Stages of health behavior change and mindsets: A latent class approach.. <i>Health Psychology</i> , 2013, 32, 273-282.	1.6	7
77	Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , 2020, 25, 210-227.	3.5	7
78	First-Year Students' Academic Self-Efficacy Calibration: Differences by Task Type, Domain Specificity, Student Ability, and Over Time. <i>Student Success</i> , 2020, 11, 109-121.	0.8	7
79	Health Literacy Needs Among Unemployed Persons: Collating Evidence Through Triangulation of Interview and Scoping Review Data. <i>Frontiers in Public Health</i> , 2022, 10, 798797.	2.7	7
80	Health and Subjective Well-Being in Later Adulthood: Different Health States' Different Needs?. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 23-45.	3.0	6
81	District-Level Primary Care Supply Buffers the Negative Impact of Functional Limitations on Illness Perceptions in Older Adults with Multiple Illnesses. <i>Annals of Behavioral Medicine</i> , 2015, 49, 463-472.	2.9	6
82	Regional resources buffer the impact of functional limitations on perceived autonomy in older adults with multiple illnesses.. <i>Psychology and Aging</i> , 2016, 31, 139-148.	1.6	6
83	Equity-Specific Effects of Interventions to Promote Physical Activity among Middle-Aged and Older Adults: Development of a Collaborative Equity-Specific Re-Analysis Strategy. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3195.	2.6	6
84	Stable and momentary psychosocial correlates of everyday smoking: An application of Temporal Self-Regulation Theory. <i>Journal of Behavioral Medicine</i> , 2022, 45, 50-61.	2.1	6
85	Comparison of Geographic Information System and Subjective Assessments of Momentary Food Environments as Predictors of Food Intake: An Ecological Momentary Assessment Study. <i>JMIR MHealth and UHealth</i> , 2020, 8, e15948.	3.7	6
86	Use of Smoking Cessation Aids: Role of Perceived Safety and Efficacy. <i>Journal of Smoking Cessation</i> , 2012, 7, 1-3.	1.0	5
87	Is older residents' exposure to road traffic noise associated with civic engagement for noise protection? A cross-sectional path analysis. <i>Journal of Transport and Health</i> , 2021, 20, 101007.	2.2	5
88	Individual socioeconomic and neighborhood factors predict changes in sports activity during the transition to retirement. <i>European Review of Aging and Physical Activity</i> , 2021, 18, 14.	2.9	5
89	Park environment and moderate-to-vigorous physical activity in parks among adolescents in a high-density city: the moderating role of neighbourhood income. <i>International Journal of Health Geographics</i> , 2021, 20, 35.	2.5	5
90	The super wicked problem of ocean health: a socio-ecological and behavioural perspective. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2022, 377, 20210271.	4.0	5

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91	Time in Health Psychology. Applied Psychology: Health and Well-Being, 2019, 11, 187-190.	3.0	4
92	Equity-specific effects of interventions to promote physical activity among middle-aged and older adults: results from applying a novel equity-specific re-analysis strategy. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 65.	4.6	4
93	Childhood health motivation and adult cardiometabolic health in the Childhood Determinants of Adult Health (CDAH) study.. Health Psychology, 2019, 38, 297-305.	1.6	4
94	Self-Affirmation: Protecting the Self and Protecting Subjective Well-Being. , 2017, , 291-308.		4
95	Data from, "Web-based Positive Psychology Interventions: A Reexamination of Effectiveness"™. , 2018, 6, .		4
96	mHealth intervention design. , 2016, , .		3
97	Inter-goal conflict and facilitation as predictors of adherence to dieting goals: an ecological momentary assessment study. Psychology and Health, 2020, 35, 701-717.	2.2	3
98	Addressing Underserved Populations and Disparities in Behavior Change. , 2020, , 385-400.		3
99	Theoriebasierte Strategien und Interventionen in der Gesundheitspsychologie. Springer-Lehrbuch, 2006, , 123-139.	0.0	3
100	Effectiveness and equity evaluation of an insurance-wide telephone-counseling program for self-management of chronic diseases: The Health Coach Study. Applied Psychology: Health and Well-Being, 2021, , .	3.0	3
101	Qualitatively Comparing the Support Needs of People with Cancer Based on Their History of Anxiety/Depression. Oncology and Therapy, 2017, 5, 41-51.	2.6	2
102	Measuring Environmental Justice in Real Time: A Pilot Study Using Digital Participatory Method in the Global South, Nepal. International Journal of Environmental Research and Public Health, 2022, 19, 4752.	2.6	2
103	Public Health as Social Science. , 2015, , 545-551.		1
104	Response to "Expression of Concern"™ (Richardson et al, Psycho-Oncology, 2017, 26, 724-737). Psycho-Oncology, 2017, 26, 1408-1408.	2.3	1
105	Psychological Theories on Health and Aging. , 2015, , 1-10.		1
106	Modelle gesundheitsbezogenen Handelns und VerhaltensÄnderung. The Springer Reference Pflegerapie, Gesundheit, 2019, , 1-17.	0.3	1
107	Modelle gesundheitsbezogenen Handelns und VerhaltensÄnderung. The Springer Reference Pflegerapie, Gesundheit, 2019, , 299-310.	0.3	1
108	Intra-individual trajectories of subjectively prioritizing health over other life domains. Applied Psychology: Health and Well-Being, 2022, , .	3.0	1

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109	Regional Variations in Outpatient Antibiotic Prescribing in Germany: A Small Area Analysis Based on Claims Data. <i>Antibiotics</i> , 2022, 11, 836.	3.7	1
110	Within-Day Variability in Negative Affect Moderates Cue Responsiveness in High-Calorie Snacking. <i>Frontiers in Psychology</i> , 2020, 11, 590497.	2.1	0
111	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit</i> , 2021, , 77-93.	0.3	0
112	Psychologie und Public Health. <i>Sozialwissenschaftliche Gesundheitsforschung</i> , 2021, , 49-64.	0.2	0
113	Psychological Theories of Health and Aging. , 2019, , 1-7.		0
114	Psychological Theories of Health and Aging. , 2021, , 4035-4041.		0