

Mehrangiz Ebrahimi-Mameghani

List of Publications by Year in descending order

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55
papers

951
citations

430874

18
h-index

501196

28
g-index

55
all docs

55
docs citations

55
times ranked

1624
citing authors

#	ARTICLE	IF	CITATIONS
1	Can psychobiotics "moodify" gut? An update systematic review of randomized controlled trials in healthy and clinical subjects, on anti-depressant effects of probiotics, prebiotics, and synbiotics. <i>Clinical Nutrition</i> , 2020, 39, 1395-1410.	5.0	57
2	Perceived Barriers to Weight loss Programs for Overweight or Obese Women. <i>Health Promotion Perspectives</i> , 2013, 3, 11-22.	1.9	56
3	The Effects of Magnesium, L-Carnitine, and Concurrent Magnesium+L-Carnitine Supplementation in Migraine Prophylaxis. <i>Biological Trace Element Research</i> , 2012, 150, 42-48.	3.5	54
4	Glucose homeostasis, insulin resistance and inflammatory biomarkers in patients with non-alcoholic fatty liver disease: Beneficial effects of supplementation with microalgae <i>Chlorella vulgaris</i> : A double-blind placebo-controlled randomized clinical trial. <i>Clinical Nutrition</i> , 2017, 36, 1001-1006.	5.0	54
5	The antioxidant activity of artichoke (<i>Cynara scolymus</i>): A systematic review and meta-analysis of animal studies. <i>Phytotherapy Research</i> , 2019, 33, 55-71.	5.8	45
6	Does grape seed oil improve inflammation and insulin resistance in overweight or obese women?. <i>International Journal of Food Sciences and Nutrition</i> , 2013, 64, 706-710.	2.8	41
7	A systematic review of the association of neuregulin 4, a brown fat-enriched secreted factor, with obesity and related metabolic disturbances. <i>Obesity Reviews</i> , 2020, 21, e12952.	6.5	41
8	The Effect of <i>Chlorella vulgaris</i> Supplementation on Liver En-zymes, Serum Glucose and Lipid Profile in Patients with Non-Alcoholic Fatty Liver Disease. <i>Health Promotion Perspectives</i> , 2014, 4, 107-15.	1.9	34
9	Changes in weight and waist circumference over 9 years in a Scottish population. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 1208-1214.	2.9	32
10	Effect of vitamin D supplementation along with weight loss diet on meta-inflammation and fat mass in obese subjects with vitamin D deficiency: A double-blind placebo-controlled randomized clinical trial. <i>Clinical Endocrinology</i> , 2019, 90, 94-101.	2.4	30
11	Effect of a multispecies probiotic on inflammatory markers in critically ill patients: A randomized, double-blind, placebo-controlled trial. <i>Journal of Research in Medical Sciences</i> , 2014, 19, 827-33.	0.9	30
12	Conjugated linoleic acid improves glycemic response, lipid profile, and oxidative stress in obese patients with non-alcoholic fatty liver disease: a randomized controlled clinical trial. <i>Croatian Medical Journal</i> , 2016, 57, 331-341.	0.7	27
13	Effects of artichoke leaf extract supplementation on metabolic parameters in women with metabolic syndrome: Influence of TCF7L2 rs7903146 and FTO rs9939609 polymorphisms. <i>Phytotherapy Research</i> , 2018, 32, 84-93.	5.8	27
14	Activity of liver enzymes in multiple sclerosis patients with Hot-nature diet and co-supplemented hemp seed, evening primrose oils intervention. <i>Complementary Therapies in Medicine</i> , 2014, 22, 986-993.	2.7	25
15	The effect of alpha-lipoic acid on inflammatory markers and body composition in obese patients with non-alcoholic fatty liver disease: A randomized, double-blind, placebo-controlled trial. <i>Journal of Clinical Pharmacy and Therapeutics</i> , 2019, 44, 258-267.	1.5	25
16	Calorie restriction in combination with prebiotic supplementation in obese women with depression: effects on metabolic and clinical response. <i>Nutritional Neuroscience</i> , 2021, 24, 339-353.	3.1	23
17	What are the optimal cut-off points of anthropometric indices for prediction of overweight and obesity? Predictive validity of waist circumference, waist-to-hip and waist-to-height ratios. <i>Health Promotion Perspectives</i> , 2020, 10, 142-147.	1.9	23
18	Antioxidant response to artichoke leaf extract supplementation in metabolic syndrome: A double-blind placebo-controlled randomized clinical trial. <i>Clinical Nutrition</i> , 2018, 37, 790-796.	5.0	21

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19	Oral α -lipoic acid supplementation in patients with non-alcoholic fatty liver disease: effects on adipokines and liver histology features. <i>Food and Function</i> , 2019, 10, 4941-4952.	4.6	20
20	Spirulina supplementation and anthropometric indices: A systematic review and meta-analysis of controlled clinical trials. <i>Phytotherapy Research</i> , 2021, 35, 577-586.	5.8	19
21	Effect of a probiotic preparation (VSL#3) in critically ill patients: A randomized, double-blind, placebo-controlled trial (Pilot Study). <i>Pakistan Journal of Medical Sciences</i> , 2013, 29, 490-4.	0.6	18
22	Potential roles of Citrulline and watermelon extract on metabolic and inflammatory variables in diabetes mellitus, current evidence and future directions: A systematic review. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2020, 47, 187-198.	1.9	17
23	Alteration of delta-6-desaturase (FADS2), secretory phospholipase-A2 (sPLA2) enzymes by Hot-nature diet with co-supplemented hemp seed, evening primrose oils intervention in multiple sclerosis patients. <i>Complementary Therapies in Medicine</i> , 2015, 23, 652-657.	2.7	16
24	Lifestyle Modification through Dietary Intervention: Health Promotion of Patients with Non-Alcoholic Fatty Liver Disease. <i>Health Promotion Perspectives</i> , 2011, 1, 147-54.	1.9	15
25	Spirulina supplementation and oxidative stress and pro-inflammatory biomarkers: A systematic review and meta-analysis of controlled clinical trials. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2021, 48, 1059-1069.	1.9	14
26	The effect of artichoke leaf extract supplementation on lipid and CETP response in metabolic syndrome with respect to Taq 1B CETP polymorphism: A randomized placebo-controlled clinical trial. <i>European Journal of Integrative Medicine</i> , 2018, 17, 112-118.	1.7	13
27	Association Between Dietary Patterns and Serum Leptin-to-Adiponectin Ratio in Apparently Healthy Adults. <i>Journal of the American College of Nutrition</i> , 2015, 34, 49-55.	1.8	12
28	Food Insecurity and Lipid Profile Abnormalities Are Associated with an Increased Risk of Nonalcoholic Fatty Liver Disease (NAFLD): A Case-Control Study. <i>Ecology of Food and Nutrition</i> , 2021, 60, 508-524.	1.6	12
29	Inositol supplementation and body mass index: A systematic review and meta-analysis of randomized clinical trials. <i>Obesity Science and Practice</i> , 2022, 8, 387-397.	1.9	11
30	The effect of hydroxy citric acid supplementation with calorie-restricted diet on metabolic, atherogenic and inflammatory biomarkers in women with non-alcoholic fatty liver disease: a randomized controlled clinical trial. <i>Food and Function</i> , 2022, 13, 5124-5134.	4.6	11
31	Household food security status and its associated factors in Baft-Kerman, IRAN: a cross-sectional study. <i>Ecology of Food and Nutrition</i> , 2019, 58, 608-619.	1.6	10
32	The association of the steatosis severity, NAFLD fibrosis score and FIB-4 index with atherogenic dyslipidaemia in adult patients with NAFLD: A cross-sectional study. <i>International Journal of Clinical Practice</i> , 2021, 75, e14131.	1.7	10
33	The impact of L-citrulline supplementation on glucose homeostasis, lipid profile, and some inflammatory factors in overweight and obese patients with type 2 diabetes: A double-blind randomized placebo-controlled trial. <i>Phytotherapy Research</i> , 2021, 35, 3157-3166.	5.8	9
34	Metabolically healthy and unhealthy obesity and the progression of liver fibrosis: A cross-sectional study. <i>Clinics and Research in Hepatology and Gastroenterology</i> , 2021, 45, 101754.	1.5	9
35	Correlation between Body Mass Index and Central Adiposity with Pregnancy Complications in Pregnant Women. <i>Health Promotion Perspectives</i> , 2013, 3, 73-9.	1.9	9
36	Iodine status, and knowledge about iodine deficiency disorders in adolescent school girls aged 14-19 years, 2016. <i>Health Promotion Perspectives</i> , 2019, 9, 77-84.	1.9	8

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37	Effect of high-dose vitamin D supplementation in combination with weight loss diet on glucose homeostasis, insulin resistance, and matrix metalloproteinases in obese subjects with vitamin D deficiency: a double-blind, placebo-controlled, randomized clinical trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 1092-1098.	1.9	8
38	Spirulina supplementation as an adjuvant therapy in enhancement of antioxidant capacity: A systematic review and meta-analysis of controlled clinical trials. <i>International Journal of Clinical Practice</i> , 2021, 75, e14618.	1.7	8
39	The effects of citrulline supplementation on meta-inflammation and insulin sensitivity in type 2 diabetes: a randomized, double-blind, placebo-controlled trial. <i>Diabetology and Metabolic Syndrome</i> , 2021, 13, 52.	2.7	7
40	Is There Any Association Between Overweight, Obesity and Symptoms of Reflux Disease?. <i>Pakistan Journal of Biological Sciences</i> , 2008, 11, 443-447.	0.5	7
41	Effects of Alpha-Lipoic Acid Supplementation on Oxidative Stress Status in Patients with Non-Alcoholic Fatty Liver Disease: A Randomized, Double Blind, Placebo-Controlled Clinical Trial. <i>Iranian Red Crescent Medical Journal</i> , 2018, 20, .	0.5	7
42	Varzaghan Earthquake Affected Mothers' and Their Newborns' Health More Severely, in Socioeconomically Vulnerable Area. <i>Disaster Medicine and Public Health Preparedness</i> , 2019, 13, 511-518.	1.3	6
43	Is the modified household food security survey (HFSS) questionnaire a practical tool for screening food insecurity? Evidence from northwest of Iran. <i>BMC Public Health</i> , 2020, 20, 883.	2.9	6
44	Oxidative stress and nitrate/nitrite (NOx) status following citrulline supplementation in type 2 diabetes: a randomized, double-blind, placebo-controlled trial. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 64-72.	2.5	6
45	Age at menarche, eating disorders, and their relationships with some parameters in female adolescents in Iran. <i>BMC Research Notes</i> , 2021, 14, 72.	1.4	4
46	Effect of vitamin D supplementation in combination with weight loss diet on lipid profile and sirtuin 1 in obese subjects with vitamin D deficiency: a double blind randomized clinical trial. <i>Health Promotion Perspectives</i> , 2019, 9, 263-269.	1.9	4
47	Serum copper, ceruloplasmin, and their relations to metabolic factors in nonalcoholic fatty liver disease: a cross-sectional study. <i>European Journal of Gastroenterology and Hepatology</i> , 2022, 34, 443-448.	1.6	4
48	Regulation of Serum Lipid Profile, Glucose, Insulin, and Adiponectin in Obese Diabetic Women Under Diet Therapy: A Randomized Clinical Controlled Study. <i>Iranian Red Crescent Medical Journal</i> , 2016, 19, .	0.5	2
49	Oryzatenin-stimulated PBMCs Increase Cancer Progression In-vitro. <i>Iranian Journal of Allergy, Asthma and Immunology</i> , 2017, 16, 120-126.	0.4	2
50	Artichoke leaf extract and use in metabolic syndrome as an antioxidant. , 2020, , 169-177.		1
51	Dietary Regulation of miR-33b and miR-29a in Relationship to Metabolic Biomarkers of Glucose and Lipids in Obese Diabetic Women: A Randomized Clinical Controlled Study. <i>Iranian Red Crescent Medical Journal</i> , 2016, 19, .	0.5	1
52	Health outcomes and quality of life indices of children receiving blenderized feeds via enteral tube. <i>Journal of Pediatrics</i> , 2020, 220, 268.	1.8	0
53	Anthropometric indices added the predictive ability of iron status in prognosis of atherosclerosis. <i>Health Promotion Perspectives</i> , 2012, 2, 211-7.	1.9	0
54	The Magnitude of Salt Intake Behaviors and Its Predictors among Saqez Urban Population of Kurdistan District in Iran: A Cross-Sectional Study. <i>International Journal of Hypertension</i> , 2022, 2022, 1-9.	1.3	0

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55	The association of depression with metabolic syndrome parameters and malondialdehyde (MDA) in obese women: A case-control study. Health Promotion Perspectives, 2021, 11, 492-497.	1.9	0