

Sakineh Shab-Bidar

List of Publications by Year in descending order

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Version: 2024-02-01

211
papers

4,536
citations

109321

35
h-index

161849

54
g-index

220
all docs

220
docs citations

220
times ranked

6872
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of chromium supplementation on oxidative stress biomarkers. International Journal for Vitamin and Nutrition Research, 2023, 93, 241-251.	1.5	5
2	Dietary inflammatory index and the risk of non-communicable chronic disease and mortality: an umbrella review of meta-analyses of observational studies. Critical Reviews in Food Science and Nutrition, 2023, 63, 57-66.	10.3	18
3	Association of major dietary patterns with resting metabolic rate and body fatness in middle-aged men and women: Results from a cross-sectional study. Nutrition and Health, 2023, 29, 139-147.	1.5	1
4	Meal-specific dietary patterns and their contribution to habitual dietary patterns in the Iranian population. British Journal of Nutrition, 2023, 129, 262-271.	2.3	3
5	The Nordic diet and the risk of non-communicable chronic disease and mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 3124-3136.	10.3	11
6	The association between dietary inflammatory index, muscle strength, muscle endurance, and body composition in Iranian adults. Eating and Weight Disorders, 2022, 27, 463-472.	2.5	8
7	Major dietary patterns and metabolic syndrome associated with severity of coronary artery disease: A structural equation modeling. Nutrition and Health, 2022, 28, 277-287.	1.5	3
8	The effects of chromium supplementation on blood pressure: a systematic review and meta-analysis of randomized clinical trials. European Journal of Clinical Nutrition, 2022, 76, 340-349.	2.9	4
9	Food Quality Score and Risk of Breast Cancer among Iranian Women: Findings from a Case Control Study. Nutrition and Cancer, 2022, 74, 1660-1669.	2.0	9
10	Daily Step Count and All-Cause Mortality: A Dose-Response Meta-analysis of Prospective Cohort Studies. Sports Medicine, 2022, 52, 89-99.	6.5	38
11	The joint association of serum vitamin D status and cardiorespiratory fitness with obesity and metabolic syndrome in Tehranian adults. British Journal of Nutrition, 2022, 128, 636-645.	2.3	1
12	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 2460-2469.	10.3	24
13	Effect of L-Carnitine Supplementation on Inflammatory Markers and Serum Glucose in Hemodialysis Children: A Randomized, Placebo-Controlled Clinical Trial. , 2022, 32, 144-151.		7
14	Healthy eating index-2015 and breast cancer: a case-control study. Nutrition and Food Science, 2022, 52, 1-11.	0.9	0
15	Mediterranean dietary pattern and the risk of type 2 diabetes: a systematic review and dose-response meta-analysis of prospective cohort studies. European Journal of Nutrition, 2022, 61, 1735-1748.	3.9	25
16	Anthropometric and adiposity indicators and risk of type 2 diabetes: systematic review and dose-response meta-analysis of cohort studies. BMJ, The, 2022, 376, e067516.	6.0	51
17	Mediterranean dietary pattern and bone mineral density: a systematic review and dose-response meta-analysis of observational studies. European Journal of Clinical Nutrition, 2022, 76, 1657-1664.	2.9	11
18	Reply - Letter to the editor (YCLNU-D-21-01346). Clinical Nutrition, 2022, , .	5.0	0

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19	Dose-Dependent Effect of Supervised Aerobic Exercise on HbA1c in Patients with Type 2 Diabetes: A Meta-analysis of Randomized Controlled Trials. <i>Sports Medicine</i> , 2022, 52, 1919-1938.	6.5	17
20	Habitual- and Meal-Specific Carbohydrate Quality Index and Their Relation to Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2022, 9, 763345.	3.7	12
21	Body fat and risk of all-cause mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>International Journal of Obesity</i> , 2022, 46, 1573-1581.	3.4	25
22	Cross sectional determinants of VO2 max in free living Iranians: Potential role of metabolic syndrome components and vitamin D status. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2022, 16, 102553.	3.6	0
23	Dietary Fiber and Survival in Women with Breast Cancer: A Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Nutrition and Cancer</i> , 2021, 73, 1570-1580.	2.0	16
24	Fish consumption and the risk of cardiovascular disease and mortality in patients with type 2 diabetes: a dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 1640-1650.	10.3	14
25	A negative association of dietary advanced glycation end products with obesity and body composition in Iranian adults. <i>British Journal of Nutrition</i> , 2021, 125, 471-480.	2.3	6
26	Nitrate-nitrite exposure through drinking water and diet and risk of colorectal cancer: A systematic review and meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2021, 40, 3073-3081.	5.0	34
27	The lack of association between dietary antioxidant quality score with handgrip strength and handgrip endurance amongst Tehranian adults: A cross-sectional study from a Middle East country. <i>International Journal of Clinical Practice</i> , 2021, 75, e13876.	1.7	1
28	Maximal oxygen consumption is positively associated with resting metabolic rate and better body composition profile. <i>Obesity Medicine</i> , 2021, 21, 100309.	0.9	2
29	The effects of capsinoids and fermented red pepper paste supplementation on blood pressure: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2021, 40, 1767-1775.	5.0	11
30	Major dietary patterns and predicted cardiovascular disease risk in an Iranian adult population. <i>Nutrition and Health</i> , 2021, 27, 27-37.	1.5	10
31	The Association of Dietary Phytochemical Index with Metabolic Syndrome in Adults. <i>Clinical Nutrition Research</i> , 2021, 10, 161.	1.2	16
32	Associations between cardiorespiratory fitness and muscle strength with body composition among adults. <i>Family Medicine and Primary Care Review</i> , 2021, 23, 144-150.	0.2	0
33	The Effects of <i>Nigella sativa</i> Supplementation on Liver Enzymes Levels: a Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Clinical Nutrition Research</i> , 2021, 10, 72.	1.2	6
34	The Lack of Association between Plant-Based Dietary Pattern and Breast Cancer: a Hospital-Based Case-Control Study. <i>Clinical Nutrition Research</i> , 2021, 10, 115.	1.2	6
35	The prevalence of vitamin D and calcium supplement use and association with serum 25-hydroxy-vitamin D (25(OH)D) and demographic and socioeconomic variables in Iranian elderly. <i>International Journal of Preventive Medicine</i> , 2021, 12, 36.	0.4	1
36	Vitamin D and The Gut Microbiota: a Narrative Literature Review. <i>Clinical Nutrition Research</i> , 2021, 10, 181.	1.2	28

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37	The association between dairy products consumption with risk of type 1 diabetes mellitus in children: a meta-analysis of observational studies. <i>International Journal of Diabetes in Developing Countries</i> , 2021, 41, 369-376.	0.8	0
38	Association of Vitamin D status with Visceral Adiposity Index and Lipid Accumulation Product Index among a Group of Iranian People. <i>Clinical Nutrition Research</i> , 2021, 10, 150.	1.2	0
39	Association of Nutrient Patterns and Their Relation with Obesity in Iranian Adults: a Population Based Study. <i>Clinical Nutrition Research</i> , 2021, 10, 59.	1.2	0
40	The association between plant-based diet indices and metabolic syndrome in Iranian older adults. <i>Nutrition and Health</i> , 2021, 27, 435-444.	1.5	13
41	Effects of vitamin D supplementation on apolipoprotein A1 and B100 levels in adults: Systematic review and meta-analysis of controlled clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2021, 13, 190-197.	0.9	7
42	The link between plant-based diet indices with biochemical markers of bone turn over, inflammation, and insulin in Iranian older adults. <i>Food Science and Nutrition</i> , 2021, 9, 3000-3014.	3.4	9
43	Dietary Insulin Index and Insulin Load in Relation to Breast Cancer: Findings from a Case-Control Study. <i>Clinical Breast Cancer</i> , 2021, 21, e665-e674.	2.4	3
44	Interaction between major dietary patterns and cardiorespiratory fitness on metabolic syndrome in Iranian adults: a cross-sectional study. <i>Nutrition Journal</i> , 2021, 20, 36.	3.4	5
45	Higher dietary insulin load and index are not associated with the risk of metabolic syndrome and obesity in Iranian adults. <i>International Journal of Clinical Practice</i> , 2021, 75, e14229.	1.7	11
46	The association of dietary energy density and the risk of obesity, type 2 diabetes and metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>International Journal of Clinical Practice</i> , 2021, 75, e14291.	1.7	13
47	Association of Oxidative Balance Score with the Metabolic Syndrome in a Sample of Iranian Adults. <i>Oxidative Medicine and Cellular Longevity</i> , 2021, 2021, 1-9.	4.0	15
48	Effect of L-carnitine supplementation on lipid profile and apolipoproteins in children on hemodialysis: a randomized placebo-controlled clinical trial. <i>Pediatric Nephrology</i> , 2021, 36, 3741-3747.	1.7	4
49	The association between carbohydrate quality index and nutrient adequacy in Iranian adults. <i>Nutrition and Food Science</i> , 2021, 51, 1113-1123.	0.9	4
50	The low-carbohydrate-diet score is associated with resting metabolic rate: an epidemiologic study among Iranian adults. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 1145-1153.	1.9	6
51	The interaction of aging with serum 25(OH)D and 1,25(OH) ₂ D status on muscle strength. <i>International Journal of Clinical Practice</i> , 2021, 75, e14510.	1.7	1
52	The effects of hesperidin supplementation or orange juice consumption on anthropometric measures in adults: A meta-analysis of randomized controlled clinical trials. <i>Clinical Nutrition ESPEN</i> , 2021, 43, 148-157.	1.2	3
53	The Prevalence of Anabolic-Androgenic Steroid Misuse in Iranian Athletes: A Systematic Review and Meta-Analysis. <i>Iranian Journal of Public Health</i> , 2021, 50, 1120-1134.	0.5	2
54	Dietary Carbohydrate Quality and Quantity and Risk of Breast Cancer among Iranian Women. <i>Nutrition and Cancer</i> , 2021, 1-11.	2.0	4

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55	The Association Between the Nordic-Style Diet Score and Metabolic Syndrome and Obesity in Tehranian Adults. <i>Nutrition Today</i> , 2021, 56, 217-228.	1.0	1
56	Water intake and risk of type 2 diabetes: A systematic review and meta-analysis of observational studies. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2021, 15, 102156.	3.6	9
57	Migraine and Obesity: Is There a Relationship? A Systematic Review and Meta-Analysis of Observational Studies. <i>CNS and Neurological Disorders - Drug Targets</i> , 2021, 20, 863-870.	1.4	10
58	Diet and Body Composition of Soccer (Football) Players and Referees in Iran. <i>Nutrition Today</i> , 2021, 56, 209-216.	1.0	1
59	The effects of resveratrol supplementation in patients with type 2 diabetes, metabolic syndrome, and nonalcoholic fatty liver disease: an umbrella review of meta-analyses of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1675-1685.	4.7	20
60	Higher Fruits and Vegetables Consumption Is not Associated with Risk of Breast Cancer in Iranian Women. <i>Nutrition and Cancer</i> , 2021, , 1-12.	2.0	1
61	The association between lunch composition and obesity in Iranian adults. <i>British Journal of Nutrition</i> , 2021, , 1-11.	2.3	7
62	Association between cumulative rATG induction doses and kidney graft outcomes and adverse effects in kidney transplant patients: a systematic review and meta-analysis. <i>Expert Opinion on Biological Therapy</i> , 2021, 21, 1265-1279.	3.1	3
63	The inverse association of body adiposity index and bone health in the older adults: A report from a developing country. <i>International Journal of Clinical Practice</i> , 2021, 75, e14718.	1.7	2
64	Carbohydrate quality index: Its relationship to menopausal symptoms in postmenopausal women. <i>Maturitas</i> , 2021, 150, 42-48.	2.4	1
65	Association of the dietary phytochemical index with general and central obesity in a sample of Iranian adults. <i>Journal of Functional Foods</i> , 2021, 83, 104546.	3.4	8
66	Coffee consumption and cardiovascular diseases and mortality in patients with type 2 diabetes: A systematic review and doseâ€response meta-analysis of cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2526-2538.	2.6	22
67	The association between meal specific low carbohydrate diet score and cardiometabolic risk factors: A crossâ€sectional study of Iranian adults. <i>International Journal of Clinical Practice</i> , 2021, 75, e14826.	1.7	2
68	Effects of artichoke leaf extract supplementation or artichoke juice consumption on lipid profile: A systematic review and doseâ€response metaâ€analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2021, , .	5.8	4
69	Total and drinking water intake and risk of allâ€cause and cardiovascular mortality: A systematic review and doseâ€response metaâ€analysis of prospective cohort studies. <i>International Journal of Clinical Practice</i> , 2021, , e14878.	1.7	7
70	The association between adherence to MIND diet and risk of breast cancer: A caseâ€control study. <i>International Journal of Clinical Practice</i> , 2021, 75, e14780.	1.7	2
71	Higher health literacy score is associated with better healthy eating index in Iranian adults. <i>Nutrition</i> , 2021, 90, 111262.	2.4	2
72	Dietary networks identified by Gaussian graphical model and general and abdominal obesity in adults. <i>Nutrition Journal</i> , 2021, 20, 86.	3.4	4

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73	Association of Dietary and Lifestyle Inflammation Score With Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2021, 8, 735174.	3.7	3
74	Mediterranean diet quality index is associated with better cardiorespiratory fitness and reduced systolic blood pressure in adults: A cross-sectional study. <i>Clinical Nutrition ESPEN</i> , 2021, 46, 200-205.	1.2	3
75	The Association of Dietary Energy Density and Body Composition Components in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2021, 8, 751148.	3.7	4
76	The association between dietary antioxidant quality score with metabolic syndrome and its components in Iranian adults: A cross-sectional study. <i>Food Science and Nutrition</i> , 2021, 9, 994-1002.	3.4	8
77	Prevalence of Supplement Consumption in Iranian Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Preventive Medicine</i> , 2021, 12, 32.	0.4	1
78	Major Dietary Patterns Relationship with Severity of Coronary Artery Disease in Gaza-Strip, Palestine: A Cross-Sectional Study. <i>Ethiopian Journal of Health Sciences</i> , 2021, 31, 599-610.	0.4	0
79	Association between carbohydrate quality index and general and central obesity in adults: a population-based study in Iran. <i>Journal of Cardiovascular and Thoracic Research</i> , 2021, 13, 298-308.	0.9	4
80	The association between carbohydrate quality index and anthropometry, blood glucose, lipid profile and blood pressure in people with type 1 diabetes mellitus: a cross-sectional study in Iran. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 1349-1358.	1.9	6
81	Study protocol of a randomized controlled clinical trial investigating the effects of omega-3 supplementation on endothelial function, vascular structure, and metabolic parameters in adolescents with type 1 diabetes. <i>Trials</i> , 2021, 22, 953.	1.6	4
82	Higher dietary acid load is not associated with risk of breast cancer in Iranian women. <i>Cancer Reports</i> , 2020, 3, e1212.	1.4	10
83	Do maternal urinary iodine concentration or thyroid hormones within the normal range during pregnancy affect growth parameters at birth? A systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2020, 78, 747-763.	5.8	17
84	Fermented foods and inflammation: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition ESPEN</i> , 2020, 35, 30-39.	1.2	20
85	The association of plant-based dietary patterns with visceral adiposity, lipid accumulation product, and triglyceride-glucose index in Iranian adults. <i>Complementary Therapies in Medicine</i> , 2020, 53, 102531.	2.7	18
86	The association between dietary acid load and muscle strength among Iranian adults. <i>BMC Research Notes</i> , 2020, 13, 476.	1.4	4
87	Vegetable and fruit consumption and its association with bone turnover biomarkers in older adults. <i>Nutrition and Food Science</i> , 2020, 50, 1187-1197.	0.9	0
88	DPP4 Inhibitors in the Management of Hospitalized Patients With Type 2 Diabetes: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Advances in Therapy</i> , 2020, 37, 3660-3675.	2.9	5
89	Associations between adherence to MIND diet and metabolic syndrome and general and abdominal obesity: a cross-sectional study. <i>Diabetology and Metabolic Syndrome</i> , 2020, 12, 101.	2.7	20
90	The effect of chromium supplementation on apolipoproteins: A systematic review and meta-analysis of randomized clinical trials. <i>Clinical Nutrition ESPEN</i> , 2020, 40, 34-41.	1.2	2

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91	Association of major dietary patterns with muscle strength and muscle mass index in middle-aged men and women: Results from a cross-sectional study. <i>Clinical Nutrition ESPEN</i> , 2020, 39, 215-221.	1.2	6
92	The association of body mass index and quantitative 24-h urine metabolites in patients with nephrolithiasis: A systematic review and dose-response meta-analysis. <i>Obesity Medicine</i> , 2020, 20, 100262.	0.9	0
93	Effects of glucomannan supplementation on weight loss in overweight and obese adults: A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Medicine</i> , 2020, 19, 100276.	0.9	5
94	The association between healthy lifestyle score with cardiorespiratory fitness and muscle strength. <i>International Journal of Clinical Practice</i> , 2020, 74, e13640.	1.7	7
95	Irregular daily energy intake and diet quality in Iranian adults. <i>British Journal of Nutrition</i> , 2020, 126, 1-8.	2.3	6
96	Central fatness and risk of all cause mortality: systematic review and dose-response meta-analysis of 72 prospective cohort studies. <i>BMJ</i> , The, 2020, 370, m3324.	6.0	172
97	Association of nutrient patterns and metabolic syndrome and its components in adults living in Tehran, Iran. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1071-1079.	1.9	7
98	Lack of a relationship between vitamin D status and resting metabolic rate in Iranian adults. <i>American Journal of Human Biology</i> , 2020, 33, e23543.	1.6	1
99	Effects of chromium supplementation on inflammatory biomarkers: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>European Journal of Integrative Medicine</i> , 2020, 37, 101147.	1.7	5
100	Serum Vitamin D Level and Carotid Intima-Media Thickness: A Systematic Review and Meta-Analysis of Observational Studies and Randomized Control Trials. <i>Hormone and Metabolic Research</i> , 2020, 52, 305-315.	1.5	9
101	Dose-Response Meta-Analysis of the Impact of Body Mass Index on Mortality in the Intensive Care Unit. <i>Nutrition in Clinical Practice</i> , 2020, 35, 1010-1020.	2.4	7
102	The Effect of L-Carnitine Supplementation on Exercise-Induced Muscle Damage: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2020, 39, 457-468.	1.8	14
103	The effect of chocolate-based products on some appetite-related hormones: a systematic review. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 785-792.	2.8	0
104	Adult weight gain and the risk of cardiovascular disease: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1263-1275.	2.9	30
105	Fish Consumption and the Risk of Chronic Disease: An Umbrella Review of Meta-Analyses of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2020, 11, 1123-1133.	6.4	76
106	Healthy and unhealthy dietary patterns and the risk of chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>British Journal of Nutrition</i> , 2020, 124, 1133-1144.	2.3	103
107	Effect of L-Carnitine Supplementation on Liver Enzymes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Archives of Medical Research</i> , 2020, 51, 82-94.	3.3	10
108	Thyroglobulin Concentration and Maternal Iodine Status During Pregnancy: A Systematic Review and Meta-Analysis. <i>Thyroid</i> , 2020, 30, 767-779.	4.5	9

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109	Association of Apolipoprotein E gene polymorphism with Preeclampsia: a meta-analysis. <i>Hypertension in Pregnancy</i> , 2020, 39, 196-202.	1.1	12
110	The association between sleep duration and risk of abnormal lipid profile: A systematic review and meta-analysis. <i>Obesity Medicine</i> , 2020, 18, 100236.	0.9	3
111	A posteriori dietary patterns and risk of inflammatory bowel disease: a meta-analysis of observational studies. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, 90, 376-384.	1.5	10
112	Effects of melatonin supplementation on oxidative stress: a systematic review and meta-analysis of randomized controlled trials. <i>Hormone Molecular Biology and Clinical Investigation</i> , 2020, 41, .	0.7	9
113	Whole Grains, Dietary Fibers and the Human Gut Microbiota: A Systematic Review of Existing Literature. <i>Recent Patents on Food, Nutrition & Agriculture</i> , 2020, 11, 235-248.	0.9	18
114	Association of dietary energy density with cardiometabolic risk factors and metabolic syndrome in Tehranian older adults. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 97-105.	0.9	6
115	The effects of L-carnitine supplementation on lipid concentrations inpatients with type 2 diabetes: A systematic review and meta-analysis of randomized clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 246-255.	0.9	7
116	Association between dietary patterns with kidney function and serum highly sensitive C-reactive protein in Tehranian elderly: An observational study. <i>Journal of Research in Medical Sciences</i> , 2020, 25, 19.	0.9	4
117	The Association between Dietary Antioxidant Quality Score and Cardiorespiratory Fitness in Iranian Adults: a Cross-Sectional Study. <i>Clinical Nutrition Research</i> , 2020, 9, 171.	1.2	8
118	Association of Nutrient Patterns with Metabolic Syndrome and Its Components in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 318.	1.2	3
119	Dietary Total Antioxidant Capacity and Its Association with Renal Function and Progression of Chronic Kidney Disease in Older Adults: a Report from a Developing Country. <i>Clinical Nutrition Research</i> , 2020, 9, 296.	1.2	3
120	Parathyroid Hormone and 25-Hydroxyvitamin D Do Not Mediate the Association between Dietary Calcium, Protein and Vitamin D Intake and Adiposity and Lipid Profile in Patients with Type 2 Diabetes: a Structural Equation Modeling Approach. <i>Clinical Nutrition Research</i> , 2020, 9, 271.	1.2	0
121	Association of Dietary Patterns with Visceral Adiposity, Lipid Accumulation Product, and Triglyceride-Glucose Index in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 145.	1.2	9
122	Breakfast-Based Dietary Patterns and Obesity in Tehranian Adults. <i>Journal of Obesity and Metabolic Syndrome</i> , 2020, 29, 222-232.	3.6	7
123	Cardiorespiratory fitness is positively associated with both healthy and western dietary pattern in Iranian middle-aged. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, , 1-10.	1.5	0
124	The association between major dietary patterns at dinner and obesity in adults living in Tehran: A population-based study. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 269-279.	0.9	5
125	Dietary sodium, sodium-to-potassium ratio, and risk of stroke: A systematic review and nonlinear dose-response meta-analysis. <i>Clinical Nutrition</i> , 2019, 38, 1092-1100.	5.0	72
126	Dairy intake and acne development: A meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2019, 38, 1067-1075.	5.0	40

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127	Effect of anthocyanin supplementation on cardio-metabolic biomarkers: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1153-1165.	5.0	53
128	Effect of Berberine on C-reactive protein: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2019, 46, 81-86.	2.7	12
129	The effects of supplementation with L-carnitine on apolipoproteins: A systematic review and meta-analysis of randomized trials. <i>European Journal of Pharmacology</i> , 2019, 858, 172493.	3.5	4
130	Association between Apolipoprotein E Gene Polymorphism and Alzheimer's Disease in an Iranian Population: A Meta-Analysis. <i>Journal of Molecular Neuroscience</i> , 2019, 69, 557-562.	2.3	25
131	Association between dietary inflammatory index and kidney function in elderly population. <i>Nutrition and Food Science</i> , 2019, 49, 491-503.	0.9	3
132	Inflammation markers and risk of developing hypertension: a meta-analysis of cohort studies. <i>Heart</i> , 2019, 105, 686-692.	2.9	96
133	Lipid Profile and Risk of Bone Fracture: A Systematic Review and Meta-Analysis of Observational Studies. <i>Endocrine Research</i> , 2019, 44, 168-184.	1.2	19
134	Association of anemia with sensorineural hearing loss: a systematic review and meta-analysis. <i>BMC Research Notes</i> , 2019, 12, 283.	1.4	15
135	Adherence to the Mediterranean Diet in Relation to All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019, 10, 1029-1039.	6.4	116
136	Pre- and post-diagnosis body mass index and heart failure mortality: a dose-response meta-analysis of observational studies reveals greater risk of being underweight than being overweight. <i>Obesity Reviews</i> , 2019, 20, 252-261.	6.5	16
137	Dietary and circulating vitamin C, vitamin E, β -carotene and risk of total cardiovascular mortality: a systematic review and dose-response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2019, 22, 1872-1887.	2.2	45
138	Fish consumption and risk of myocardial infarction: a systematic review and dose-response meta-analysis suggests a regional difference. <i>Nutrition Research</i> , 2019, 62, 1-12.	2.9	20
139	Sodium status and the metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 196-206.	10.3	24
140	Dietary intake of fish, n-3 polyunsaturated fatty acids and risk of hip fracture: A systematic review and meta-analysis on observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 1320-1333.	10.3	40
141	Does cocoa/dark chocolate supplementation have favorable effect on body weight, body mass index and waist circumference? A systematic review, meta-analysis and dose-response of randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2349-2362.	10.3	32
142	Vitamin D status and risk of dementia and Alzheimer's disease: A meta-analysis of dose-response. <i>Nutritional Neuroscience</i> , 2019, 22, 750-759.	3.1	94
143	The Effects of Omega-3 Supplementation on the Expanded Disability Status Scale and Inflammatory Cytokines in Multiple Sclerosis Patients: A Systematic Review and Meta-Analysis. <i>CNS and Neurological Disorders - Drug Targets</i> , 2019, 18, 523-529.	1.4	11
144	Effect of magnesium supplementation on endothelial function: A systematic review and meta-analysis of randomized controlled trials. <i>Atherosclerosis</i> , 2018, 273, 98-105.	0.8	31

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145	Vitamin C intake in relation to bone mineral density and risk of hip fracture and osteoporosis: a systematic review and meta-analysis of observational studies. <i>British Journal of Nutrition</i> , 2018, 119, 847-858.	2.3	52
146	Nonlinear dose-response association between body mass index and risk of all-cause and cardiovascular mortality in patients with hypertension: A meta-analysis. <i>Obesity Research and Clinical Practice</i> , 2018, 12, 16-28.	1.8	35
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