

Sakineh Shab-Bidar

List of Publications by Year in descending order

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Version: 2024-02-01

211
papers

4,536
citations

109321

35
h-index

161849

54
g-index

220
all docs

220
docs citations

220
times ranked

6872
citing authors

#	ARTICLE	IF	CITATIONS
1	Central fatness and risk of all cause mortality: systematic review and dose-response meta-analysis of 72 prospective cohort studies. <i>BMJ, The</i> , 2020, 370, m3324.	6.0	172
2	Regular consumption of vitamin D-fortified yogurt drink (Doogh) improved endothelial biomarkers in subjects with type 2 diabetes: a randomized double-blind clinical trial. <i>BMC Medicine</i> , 2011, 9, 125.	5.5	129
3	Adherence to the Mediterranean Diet in Relation to All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019, 10, 1029-1039.	6.4	116
4	Body mass index, abdominal adiposity, weight gain and risk of developing hypertension: a systematic review and dose-response meta-analysis of more than 2.3 million participants. <i>Obesity Reviews</i> , 2018, 19, 654-667.	6.5	112
5	Improvement of vitamin D status resulted in amelioration of biomarkers of systemic inflammation in the subjects with type 2 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2012, 28, 424-430.	4.0	110
6	Healthy and unhealthy dietary patterns and the risk of chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>British Journal of Nutrition</i> , 2020, 124, 1133-1144.	2.3	103
7	Inflammation markers and risk of developing hypertension: a meta-analysis of cohort studies. <i>Heart</i> , 2019, 105, 686-692.	2.9	96
8	Nutritional status of under five children in Ethiopia: a systematic review and meta-analysis. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 175.	0.4	94
9	Vitamin D status and risk of dementia and Alzheimer's disease: A meta-analysis of dose-response. <i>Nutritional Neuroscience</i> , 2019, 22, 750-759.	3.1	94
10	The effect of (L-carnitine on weight loss in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2016, 17, 970-976.	6.5	93
11	Dietary Antioxidants, Circulating Antioxidant Concentrations, Total Antioxidant Capacity, and Risk of All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Observational Studies. <i>Advances in Nutrition</i> , 2018, 9, 701-716.	6.4	91
12	Fish Consumption and the Risk of Chronic Disease: An Umbrella Review of Meta-Analyses of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2020, 11, 1123-1133.	6.4	76
13	Effect of vitamin E supplementation on serum C-reactive protein level: a meta-analysis of randomized controlled trials. <i>European Journal of Clinical Nutrition</i> , 2015, 69, 867-873.	2.9	73
14	Vitamin D supplementation and body fat mass: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1345-1357.	2.9	72
15	Is ovarian reserve associated with body mass index and obesity in reproductive aged women? A meta-analysis. <i>Menopause</i> , 2018, 25, 1046-1055.	2.0	72
16	Dietary sodium, sodium-to-potassium ratio, and risk of stroke: A systematic review and nonlinear dose-response meta-analysis. <i>Clinical Nutrition</i> , 2019, 38, 1092-1100.	5.0	72
17	Fish consumption and risk of all-cause and cardiovascular mortality: a dose-response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2018, 21, 1297-1306.	2.2	67
18	Web-based physical activity interventions: a systematic review and meta-analysis of randomized controlled trials. <i>Public Health</i> , 2017, 152, 36-46.	2.9	66

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19	Vitamin D Receptor <i>VDR</i> Polymorphism Modulates Diabetic Host Response to Vitamin D Intake. <i>Diabetes Care</i> , 2013, 36, 550-556.	8.6	65
20	Dietary Inflammatory Index and Site-Specific Cancer Risk: A Systematic Review and Dose-Response Meta-Analysis. <i>Advances in Nutrition</i> , 2018, 9, 388-403.	6.4	63
21	The effects of weight loss approaches on bone mineral density in adults: a systematic review and meta-analysis of randomized controlled trials. <i>Osteoporosis International</i> , 2016, 27, 2655-2671.	3.1	62
22	Probiotics Reduce the Risk of Antibiotic-Associated Diarrhea in Adults (18-64 Years) but Not the Elderly (>65 Years). <i>Nutrition in Clinical Practice</i> , 2016, 31, 502-513.	2.4	62
23	Effect of vitamin D3 supplementation on blood pressure in adults: An updated meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016, 26, 663-673.	2.6	54
24	Effect of anthocyanin supplementation on cardio-metabolic biomarkers: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1153-1165.	5.0	53
25	Vitamin C intake in relation to bone mineral density and risk of hip fracture and osteoporosis: a systematic review and meta-analysis of observational studies. <i>British Journal of Nutrition</i> , 2018, 119, 847-858.	2.3	52
26	Anthropometric and adiposity indicators and risk of type 2 diabetes: systematic review and dose-response meta-analysis of cohort studies. <i>BMJ</i> , 2022, 376, e067516.	6.0	51
27	Branched-chain amino acid supplementation and exercise-induced muscle damage in exercise recovery: A meta-analysis of randomized clinical trials. <i>Nutrition</i> , 2017, 42, 30-36.	2.4	48
28	Association between sleep duration and osteoporosis risk in middle-aged and elderly women: A systematic review and meta-analysis of observational studies. <i>Metabolism: Clinical and Experimental</i> , 2017, 69, 199-206.	3.4	46
29	Dietary and circulating vitamin C, vitamin E, β -carotene and risk of total cardiovascular mortality: a systematic review and dose-response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2019, 22, 1872-1887.	2.2	45
30	Regular Daily Intake of Black Tea Improves Oxidative Stress Biomarkers and Decreases Serum C-Reactive Protein Levels in Type 2 Diabetic Patients. <i>Annals of Nutrition and Metabolism</i> , 2010, 57, 40-49.	1.9	43
31	Vitamin D and diabetic nephropathy: A systematic review and meta-analysis. <i>Nutrition</i> , 2015, 31, 1189-1194.	2.4	42
32	A posteriori healthy dietary patterns may decrease the risk of central obesity: findings from a systematic review and meta-analysis. <i>Nutrition Research</i> , 2017, 41, 1-13.	2.9	40
33	Dairy intake and acne development: A meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2019, 38, 1067-1075.	5.0	40
34	Dietary intake of fish, n-3 polyunsaturated fatty acids and risk of hip fracture: A systematic review and meta-analysis on observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 1320-1333.	10.3	40
35	The effect of zinc supplementation on plasma C-reactive protein concentrations: A systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Pharmacology</i> , 2018, 834, 10-16.	3.5	39
36	Serum 25(OH)D response to vitamin D3 supplementation: A meta-regression analysis. <i>Nutrition</i> , 2014, 30, 975-985.	2.4	38

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37	<i>A posteriori</i> dietary patterns and metabolic syndrome in adults: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , 2018, 21, 1681-1692.	2.2	38
38	Daily Step Count and All-Cause Mortality: A Dose-Response Meta-analysis of Prospective Cohort Studies. <i>Sports Medicine</i> , 2022, 52, 89-99.	6.5	38
39	Effect of omega-3 fatty acids supplementation on insulin resistance in women with polycystic ovary syndrome: Meta-analysis of randomized controlled trials. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2017, 11, 157-162.	3.6	37
40	Nonlinear dose-response association between body mass index and risk of all-cause and cardiovascular mortality in patients with hypertension: A meta-analysis. <i>Obesity Research and Clinical Practice</i> , 2018, 12, 16-28.	1.8	35
41	Nitrate-nitrite exposure through drinking water and diet and risk of colorectal cancer: A systematic review and meta-analysis of observational studies. <i>Clinical Nutrition</i> , 2021, 40, 3073-3081.	5.0	34
42	Magnesium intake and prevalence of metabolic syndrome in adults: Tehran Lipid and Glucose Study. <i>Public Health Nutrition</i> , 2012, 15, 693-701.	2.2	32
43	Does cocoa/dark chocolate supplementation have favorable effect on body weight, body mass index and waist circumference? A systematic review, meta-analysis and dose-response of randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2349-2362.	10.3	32
44	The interactive effect of improvement of vitamin D status and VDR FokI variants on oxidative stress in type 2 diabetic subjects: a randomized controlled trial. <i>European Journal of Clinical Nutrition</i> , 2015, 69, 216-222.	2.9	31
45	Effect of magnesium supplementation on endothelial function: A systematic review and meta-analysis of randomized controlled trials. <i>Atherosclerosis</i> , 2018, 273, 98-105.	0.8	31
46	Vitamin D receptor <i>Cdx-2</i>-dependent response of central obesity to vitamin D intake in the subjects with type 2 diabetes: a randomised clinical trial. <i>British Journal of Nutrition</i> , 2015, 114, 1375-1384.	2.3	30
47	Dietary inflammatory index in relation to obesity and body mass index: a meta-analysis. <i>Nutrition and Food Science</i> , 2018, 48, 702-721.	0.9	30
48	Adult weight gain and the risk of cardiovascular disease: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1263-1275.	2.9	30
49	C667T and A1298C polymorphisms of methylenetetrahydrofolate reductase gene and susceptibility to myocardial infarction: A systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2016, 217, 99-108.	1.7	29
50	Vitamin D and serum leptin: a systematic review and meta-analysis of observational studies and randomized controlled trials. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 1144-1153.	2.9	29
51	Metabolic syndrome and its components are associated with increased chronic kidney disease risk: Evidence from a meta-analysis on 11,109,003 participants from 66 studies. <i>International Journal of Clinical Practice</i> , 2018, 72, e13201.	1.7	29
52	Determinants of parathyroid hormone response to vitamin D supplementation: a systematic review and meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , 2015, 114, 1360-1374.	2.3	28
53	Vitamin D and The Gut Microbiota: a Narrative Literature Review. <i>Clinical Nutrition Research</i> , 2021, 10, 181.	1.2	28
54	A dose-response meta-analysis of the impact of body mass index on stroke and all-cause mortality in stroke patients: a paradox within a paradox. <i>Obesity Reviews</i> , 2015, 16, 416-423.	6.5	27

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55	Dietary acid load and risk of type 2 diabetes: A systematic review and dose-response meta-analysis of prospective observational studies. <i>Clinical Nutrition ESPEN</i> , 2018, 23, 10-18.	1.2	26
56	Common Variants of Vitamin D Receptor Gene Polymorphisms and Susceptibility to Coronary Artery Disease: A Systematic Review and Meta-Analysis. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2017, 10, 9-18.	1.3	25
57	Dietary fat, saturated fatty acid, and monounsaturated fatty acid intakes and risk of bone fracture: a systematic review and meta-analysis of observational studies. <i>Osteoporosis International</i> , 2018, 29, 1949-1961.	3.1	25
58	Association between Apolipoprotein E Gene Polymorphism and Alzheimer's Disease in an Iranian Population: A Meta-Analysis. <i>Journal of Molecular Neuroscience</i> , 2019, 69, 557-562.	2.3	25
59	Mediterranean dietary pattern and the risk of type 2 diabetes: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>European Journal of Nutrition</i> , 2022, 61, 1735-1748.	3.9	25
60	Body fat and risk of all-cause mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>International Journal of Obesity</i> , 2022, 46, 1573-1581.	3.4	25
61	Sodium status and the metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 196-206.	10.3	24
62	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 2460-2469.	10.3	24
63	Association between serum osteocalcin and body mass index: a systematic review and meta-analysis. <i>Endocrine</i> , 2017, 58, 24-32.	2.3	23
64	Coffee consumption and cardiovascular diseases and mortality in patients with type 2 diabetes: A systematic review and dose-response meta-analysis of cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2526-2538.	2.6	22
65	Efficacy of vitamin D3-fortified-yogurt drink on anthropometric, metabolic, inflammatory and oxidative stress biomarkers according to vitamin D receptor gene polymorphisms in type 2 diabetic patients: a study protocol for a randomized controlled clinical trial. <i>BMC Endocrine Disorders</i> , 2011, 11, 12.	2.2	21
66	Associations between dairy products consumption and risk of type 2 diabetes: Tehran lipid and glucose study. <i>International Journal of Food Sciences and Nutrition</i> , 2015, 66, 692-699.	2.8	21
67	The prevalence of metabolic syndrome and its related factors among adults in Palestine: a meta-analysis. <i>Ethiopian Journal of Health Sciences</i> , 2017, 27, 77.	0.4	20
68	Fish consumption and risk of myocardial infarction: a systematic review and dose-response meta-analysis suggests a regional difference. <i>Nutrition Research</i> , 2019, 62, 1-12.	2.9	20
69	Fermented foods and inflammation: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition ESPEN</i> , 2020, 35, 30-39.	1.2	20
70	Associations between adherence to MIND diet and metabolic syndrome and general and abdominal obesity: a cross-sectional study. <i>Diabetology and Metabolic Syndrome</i> , 2020, 12, 101.	2.7	20
71	The effects of resveratrol supplementation in patients with type 2 diabetes, metabolic syndrome, and nonalcoholic fatty liver disease: an umbrella review of meta-analyses of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1675-1685.	4.7	20
72	Suboptimal effect of different vitamin D3 supplementations and doses adapted to baseline serum 25(OH)D on achieved 25(OH)D levels in patients with a recent fracture: a prospective observational study. <i>European Journal of Endocrinology</i> , 2013, 169, 597-604.	3.7	19

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73	Lipid Profile and Risk of Bone Fracture: A Systematic Review and Meta-Analysis of Observational Studies. <i>Endocrine Research</i> , 2019, 44, 168-184.	1.2	19
74	Metabolic syndrome profiles, obesity measures and intake of dietary fatty acids in adults: <sc>T</sc>ehran <sc>L</sc>ipid and <sc>G</sc>lucose <sc>S</sc>tudy. <i>Journal of Human Nutrition and Dietetics</i> , 2014, 27, 98-108.	2.5	18
75	Body Mass Index and All-cause Mortality in Chronic Kidney Disease: A Dose-Response Meta-analysis of Observational Studies. , 2017, 27, 225-232.		18
76	Effect of whey protein supplementation on long and short term appetite: A meta-analysis of randomized controlled trials. <i>Clinical Nutrition ESPEN</i> , 2017, 20, 34-40.	1.2	18
77	The association of plant-based dietary patterns with visceral adiposity, lipid accumulation product, and triglyceride-glucose index in Iranian adults. <i>Complementary Therapies in Medicine</i> , 2020, 53, 102531.	2.7	18
78	Dietary inflammatory index and the risk of non-communicable chronic disease and mortality: an umbrella review of meta-analyses of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 57-66.	10.3	18
79	Whole Grains, Dietary Fibers and the Human Gut Microbiota: A Systematic Review of Existing Literature. <i>Recent Patents on Food, Nutrition & Agriculture</i> , 2020, 11, 235-248.	0.9	18
80	The impact of body mass index on treatment outcomes among traumatic brain injury patients in intensive care units. <i>European Journal of Trauma and Emergency Surgery</i> , 2014, 40, 51-55.	1.7	17
81	Consumption of vitamin D-fortified yogurt drink increased leptin and ghrelin levels but reduced leptin to ghrelin ratio in type 2 diabetes patients: a single blind randomized controlled trial. <i>European Journal of Nutrition</i> , 2017, 56, 2029-2036.	3.9	17
82	Vitamin D Status and All-Cause Mortality in Patients With Chronic Kidney Disease: A Systematic Review and Dose-Response Meta-Analysis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017, 102, 2136-2145.	3.6	17
83	Do maternal urinary iodine concentration or thyroid hormones within the normal range during pregnancy affect growth parameters at birth? A systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2020, 78, 747-763.	5.8	17
84	Dose-Dependent Effect of Supervised Aerobic Exercise on HbA1c in Patients with Type 2 Diabetes: A Meta-analysis of Randomized Controlled Trials. <i>Sports Medicine</i> , 2022, 52, 1919-1938.	6.5	17
85	Pre- and post-diagnosis body mass index and heart failure mortality: a dose-response meta-analysis of observational studies reveals greater risk of being underweight than being overweight. <i>Obesity Reviews</i> , 2019, 20, 252-261.	6.5	16
86	Dietary Fiber and Survival in Women with Breast Cancer: A Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Nutrition and Cancer</i> , 2021, 73, 1570-1580.	2.0	16
87	The Association of Dietary Phytochemical Index with Metabolic Syndrome in Adults. <i>Clinical Nutrition Research</i> , 2021, 10, 161.	1.2	16
88	Association of anemia with sensorineural hearing loss: a systematic review and meta-analysis. <i>BMC Research Notes</i> , 2019, 12, 283.	1.4	15
89	Association of Oxidative Balance Score with the Metabolic Syndrome in a Sample of Iranian Adults. <i>Oxidative Medicine and Cellular Longevity</i> , 2021, 2021, 1-9.	4.0	15
90	Fasting blood glucose and risk of prostate cancer: A systematic review and meta-analysis of dose-response. <i>Diabetes and Metabolism</i> , 2018, 44, 320-327.	2.9	14

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91	Dietary poultry intake and the risk of stroke: A dose-response meta-analysis of prospective cohort studies. <i>Clinical Nutrition ESPEN</i> , 2018, 23, 25-33.	1.2	14
92	The Effect of L-Carnitine Supplementation on Exercise-Induced Muscle Damage: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Journal of the American College of Nutrition</i> , 2020, 39, 457-468.	1.8	14
93	Fish consumption and the risk of cardiovascular disease and mortality in patients with type 2 diabetes: a dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 1640-1650.	10.3	14
94	Effect of Probiotic Supplementation on CD4 Cell Count in HIV-Infected Patients: A Systematic Review and Meta-analysis. <i>Journal of Dietary Supplements</i> , 2018, 15, 776-788.	2.6	13
95	The association between plant-based diet indices and metabolic syndrome in Iranian older adults. <i>Nutrition and Health</i> , 2021, 27, 435-444.	1.5	13
96	The association of dietary energy density and the risk of obesity, type 2 diabetes and metabolic syndrome: A systematic review and meta-analysis of observational studies. <i>International Journal of Clinical Practice</i> , 2021, 75, e14291.	1.7	13
97	Effect of Berberine on C-reactive protein: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2019, 46, 81-86.	2.7	12
98	Association of Apolipoprotein E gene polymorphism with Preeclampsia: a meta-analysis. <i>Hypertension in Pregnancy</i> , 2020, 39, 196-202.	1.1	12
99	Habitual- and Meal-Specific Carbohydrate Quality Index and Their Relation to Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2022, 9, 763345.	3.7	12
100	Estimation of Vitamin D Intake Based on a Scenario for Fortification of Dairy Products with Vitamin D in a Tehranian Population, Iran. <i>Journal of the American College of Nutrition</i> , 2016, 35, 383-391.	1.8	11
101	The Nordic diet and the risk of non-communicable chronic disease and mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 3124-3136.	10.3	11
102	The effects of capsinoids and fermented red pepper paste supplementation on blood pressure: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2021, 40, 1767-1775.	5.0	11
103	Higher dietary insulin load and index are not associated with the risk of metabolic syndrome and obesity in Iranian adults. <i>International Journal of Clinical Practice</i> , 2021, 75, e14229.	1.7	11
104	<i>A posteriori</i> dietary patterns and risk of pancreatic and renal cancers. <i>Nutrition and Food Science</i> , 2017, 47, 839-868.	0.9	11
105	The Effects of Omega-3 Supplementation on the Expanded Disability Status Scale and Inflammatory Cytokines in Multiple Sclerosis Patients: A Systematic Review and Meta-Analysis. <i>CNS and Neurological Disorders - Drug Targets</i> , 2019, 18, 523-529.	1.4	11
106	Development, validity, and reliability of a food frequency questionnaire for antioxidants in elderly Iranian people. <i>Journal of Research in Medical Sciences</i> , 2016, 21, 14.	0.9	11
107	Mediterranean dietary pattern and bone mineral density: a systematic review and dose-response meta-analysis of observational studies. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1657-1664.	2.9	11
108	Higher dietary acid load is not associated with risk of breast cancer in Iranian women. <i>Cancer Reports</i> , 2020, 3, e1212.	1.4	10

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109	Effect of L-Carnitine Supplementation on Liver Enzymes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Archives of Medical Research</i> , 2020, 51, 82-94.	3.3	10
110	Major dietary patterns and predicted cardiovascular disease risk in an Iranian adult population. <i>Nutrition and Health</i> , 2021, 27, 27-37.	1.5	10
111	Migraine and Obesity: Is There a Relationship? A Systematic Review and Meta-Analysis of Observational Studies. <i>CNS and Neurological Disorders - Drug Targets</i> , 2021, 20, 863-870.	1.4	10
112	A posteriori dietary patterns and risk of inflammatory bowel disease: a meta-analysis of observational studies. <i>International Journal for Vitamin and Nutrition Research</i> , 2020, 90, 376-384.	1.5	10
113	Questionnaire-based Prevalence of Food Insecurity in Iran: A Review Article. <i>Iranian Journal of Public Health</i> , 2017, 46, 1454-1464.	0.5	10
114	Oxcarbazepine administration and the serum levels of homocysteine, vitamin B12 and folate in epileptic patients: A systematic review and meta-analysis. <i>Seizure: the Journal of the British Epilepsy Association</i> , 2017, 45, 87-94.	2.0	9
115	The impact of general health and social support on health promoting lifestyle in the first year postpartum: the structural equation modelling. <i>Electronic Physician</i> , 2018, 10, 6231-6239.	0.2	9
116	Serum Vitamin D Level and Carotid Intima-Media Thickness: A Systematic Review and Meta-Analysis of Observational Studies and Randomized Control Trials. <i>Hormone and Metabolic Research</i> , 2020, 52, 305-315.	1.5	9
117	Thyroglobulin Concentration and Maternal Iodine Status During Pregnancy: A Systematic Review and Meta-Analysis. <i>Thyroid</i> , 2020, 30, 767-779.	4.5	9
118	The link between plant-based diet indices with biochemical markers of bone turn over, inflammation, and insulin in Iranian older adults. <i>Food Science and Nutrition</i> , 2021, 9, 3000-3014.	3.4	9
119	Water intake and risk of type 2 diabetes: A systematic review and meta-analysis of observational studies. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2021, 15, 102156.	3.6	9
120	Food Quality Score and Risk of Breast Cancer among Iranian Women: Findings from a Case Control Study. <i>Nutrition and Cancer</i> , 2022, 74, 1660-1669.	2.0	9
121	Vitamin D Receptor Gene Polymorphisms, Metabolic Syndrome, and Type 2 Diabetes in Iranian Subjects: No Association with Observed SNPs. <i>International Journal for Vitamin and Nutrition Research</i> , 2016, 86, 71-80.	1.5	9
122	Effects of melatonin supplementation on oxidative stress: a systematic review and meta-analysis of randomized controlled trials. <i>Hormone Molecular Biology and Clinical Investigation</i> , 2020, 41, .	0.7	9
123	Effect of coenzyme Q10 supplementation on serum of high sensitivity c-reactive protein level in patients with cardiovascular diseases: A systematic review and meta-analysis of randomized controlled trials. <i>International Journal of Preventive Medicine</i> , 2018, 9, 82.	0.4	9
124	Association of Dietary Patterns with Visceral Adiposity, Lipid Accumulation Product, and Triglyceride-Glucose Index in Iranian Adults. <i>Clinical Nutrition Research</i> , 2020, 9, 145.	1.2	9
125	Association of Serum Leptin with All-Cause and Disease Specific Mortality: A Meta-Analysis of Prospective Observational Studies. <i>Hormone and Metabolic Research</i> , 2018, 50, 509-520.	1.5	8
126	The association between dietary inflammatory index, muscle strength, muscle endurance, and body composition in Iranian adults. <i>Eating and Weight Disorders</i> , 2022, 27, 463-472.	2.5	8

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127	Association of the dietary phytochemical index with general and central obesity in a sample of Iranian adults. <i>Journal of Functional Foods</i> , 2021, 83, 104546.	3.4	8
128	The Association between Dietary Antioxidant Quality Score and Cardiorespiratory Fitness in Iranian Adults: a Cross-Sectional Study. <i>Clinical Nutrition Research</i> , 2020, 9, 171.	1.2	8
129	The association between dietary antioxidant quality score with metabolic syndrome and its components in Iranian adults: A cross-sectional study. <i>Food Science and Nutrition</i> , 2021, 9, 994-1002.	3.4	8
130	Daily vitamin E supplementation does not improve metabolic and glycaemic control in type 2 diabetic patients: A double blinded randomized controlled trial (2âž«ç³-â°¿ç—...æ,£è€...æ-æ-æ»âŠç» ç”Ÿçƒæ²»ç—ä,èf/2æ”1â-,â»£è°çä,žè	1.8	7
131	The association between healthy lifestyle score with cardiorespiratory fitness and muscle strength. <i>International Journal of Clinical Practice</i> , 2020, 74, e13640.	1.7	7
132	Association of nutrient patterns and metabolic syndrome and its components in adults living in Tehran, Iran. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1071-1079.	1.9	7
133	Dose-Response Meta-Analysis of the Impact of Body Mass Index on Mortality in the Intensive Care Unit. <i>Nutrition in Clinical Practice</i> , 2020, 35, 1010-1020.	2.4	7
134	Effects of vitamin D supplementation on apolipoprotein A1 and B100 levels in adults: Systematic review and meta-analysis of controlled clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2021, 13, 190-197.	0.9	7
135	The association between lunch composition and obesity in Iranian adults. <i>British Journal of Nutrition</i> , 2021, , 1-11.	2.3	7
136	Total and drinking water intake and risk of all-cause and cardiovascular mortality: A systematic review and dose-response meta-analysis of prospective cohort studies. <i>International Journal of Clinical Practice</i> , 2021, , e14878.	1.7	7
137	The effects of L-carnitine supplementation on lipid concentrations inpatients with type 2 diabetes: A systematic review and meta-analysis of randomized clinical trials. <i>Journal of Cardiovascular and Thoracic Research</i> , 2020, 12, 246-255.	0.9	7
138	Effect of L-Carnitine Supplementation on Inflammatory Markers and Serum Glucose in Hemodialysis Children: A Randomized, Placebo-Controlled Clinical Trial. , 2022, 32, 144-151.		7
139	Breakfast-Based Dietary Patterns and Obesity in Tehranian Adults. <i>Journal of Obesity and Metabolic Syndrome</i> , 2020, 29, 222-232.	3.6	7
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