

# Ralf Schwarzer

## List of Publications by Year in descending order

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Version: 2024-02-01

281  
papers

25,546  
citations

9775

73  
h-index

8618

146  
g-index

310  
all docs

310  
docs citations

310  
times ranked

18195  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Prenatal maternal depressive symptoms of Chinese pregnant women and twin newbornsâ€™ physical health: the moderating role of infant sex. <i>Psychology, Health and Medicine</i> , 2022, 27, 1682-1692.  | 1.3 | 3         |
| 2  | FOODLIT-tool: Development and validation of the adaptable food literacy tool towards global sustainability within food systems. <i>Appetite</i> , 2022, 168, 105658.  | 1.8 | 10        |
| 3  | What makes implementation intentions (in)effective for physical activity among older adults?. <i>British Journal of Health Psychology</i> , 2022, 27, 571-587.  | 1.9 | 5         |
| 4  | The Interplay Between Strictness of Policies and Individualsâ€™ Self-Regulatory Efforts: Associations with Handwashing During the COVID-19 Pandemic. <i>Annals of Behavioral Medicine</i> , 2022, 56, 368-380.  | 1.7 | 9         |
| 5  | The Bidirectional Relationship between Posttraumatic Stress Symptoms and Social Support in a 9/11-Exposed Cohort: A Longitudinal Cross-Lagged Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2604.  | 1.2 | 2         |
| 6  | FOODLIT-Trial: Protocol of a Randomised Controlled Digital Intervention to Promote Food Literacy and Sustainability Behaviours in Adults Using the Health Action Process Approach and the Behaviour Change Techniques Taxonomy during the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3529. | 1.2 | 1         |
| 7  | Habits and self-efficacy moderate the effects of intentions and planning on physical activity. <i>British Journal of Health Psychology</i> , 2021, 26, 50-66.   | 1.9 | 19        |
| 8  | Social-cognitive predictors of parental supervised toothbrushing: An application of the health action process approach. <i>British Journal of Health Psychology</i> , 2021, 26, 995-1015.   | 1.9 | 6         |
| 9  | Promoting the Community's Ability to Detect and Respond to Suicide Risk Through an Online Bystander Intervention Model-Informed Tool. <i>Crisis</i> , 2021, 42, 225-231.  | 0.9 | 8         |
| 10 | Enhancing Community Suicide Risk Assessment and Protective Intervention Action Plans Through a Bystander Intervention Model-Informed Video. <i>Crisis</i> , 2021, , .   | 0.9 | 0         |
| 11 | FOODLIT-PRO: conceptual and empirical development of the food literacy wheel. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 99-111.   | 1.3 | 11        |
| 12 | The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021, 21, 1791.   | 1.2 | 18        |
| 13 | A Mobile Intervention for Self-Efficacious and Goal-Directed Smartphone Use in the General Population: Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2021, 9, e26397.  | 1.8 | 10        |
| 14 | Well-Being Trajectories Following Retirement: A Compensatory Role of Self-Enhancement Values in Disadvantaged Women. <i>Journal of Happiness Studies</i> , 2020, 21, 2309-2325.   | 1.9 | 1         |
| 15 | FOODLIT-PRO: Food Literacy Domains, Influential Factors and Determinantsâ€”A Qualitative Study. <i>Nutrients</i> , 2020, 12, 88.  | 1.7 | 22        |
| 16 | Changing Behavior Using Social Cognitive Theory. , 2020, , 32-45.   |     | 11        |
| 17 | Parental social-cognitive correlates of preschoolersâ€™ oral hygiene behavior: A systematic review and meta-analysis. <i>Social Science and Medicine</i> , 2020, 264, 113322.   | 1.8 | 7         |
| 18 | Changing Behavior Using the Health Action Process Approach. , 2020, , 89-103.   |     | 42        |

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|----|--|-----|-----------|
| 19 | Risk Awareness, Self-Efficacy, and Social Support Predict Secure Smartphone Usage. <i>Frontiers in Psychology</i> , 2020, 11, 1066.  | 1.1 | 5         |
| 20 | Health Demands Moderate the Link Between Willpower Beliefs and Physical Activity in Patients with Knee Osteoarthritis. <i>International Journal of Behavioral Medicine</i> , 2020, 27, 406-414.                                      | 0.8 | 9         |
| 21 | Emotional intelligence and dyadic satisfaction buffer the negative effect of stress on prenatal anxiety and depressive symptoms in Chinese women who are pregnant with twins. <i>Anxiety, Stress and Coping</i> , 2020, 33, 466-478. | 1.7 | 14        |
| 22 | Effects of planning and action control on smartphone security behavior. <i>Computers and Security</i> , 2020, 97, 101954.  | 4.0 | 7         |
| 23 | Social support, adherence to Mediterranean diet and physical activity in adults: results from a community-based cross-sectional study. <i>Journal of Nutritional Science</i> , 2020, 9, e53.   | 0.7 | 12        |
| 24 | What makes a good action plan? Characteristics and enactment of fruit and vegetable plans. <i>Appetite</i> , 2019, 142, 104351.  | 1.8 | 8         |
| 25 | The Berlin Social Support Scales: Validation of the Received Support Scale in a Canadian sample of patients affected by melanoma. <i>Journal of Health Psychology</i> , 2019, 24, 1785-1795.   | 1.3 | 12        |
| 26 | A meta-analysis of the health action process approach.. <i>Health Psychology</i> , 2019, 38, 623-637.  | 1.3 | 273       |
| 27 | Putting psychology into telerehabilitation: Coping planning as an example for how to integrate behavior change techniques into clinical practice. <i>AIMS Medical Science</i> , 2019, 6, 13-32.                                      | 0.2 | 2         |
| 28 | Self-efficacy and planning strategies can improve physical activity levels in women with a recent history of gestational diabetes mellitus. <i>Psychology and Health</i> , 2018, 33, 1062-1077.                                      | 1.2 | 24        |
| 29 | Parental supervision for their children's toothbrushing: Mediating effects of planning, self-efficacy, and action control. <i>British Journal of Health Psychology</i> , 2018, 23, 387-406.  | 1.9 | 86        |
| 30 | Psychological mechanisms in a digital intervention to improve physical activity: A multicentre randomized controlled trial. <i>British Journal of Health Psychology</i> , 2018, 23, 296-310.   | 1.9 | 11        |
| 31 | Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 421-430.   | 0.8 | 12        |
| 32 | Dietary planning, self-efficacy, and outcome expectancies play a role in an online intervention on fruit and vegetable consumption. <i>Psychology and Health</i> , 2018, 33, 652-668.  | 1.2 | 9         |
| 33 | Dental flossing and automaticity: a longitudinal moderated mediation analysis. <i>Psychology, Health and Medicine</i> , 2018, 23, 619-627.   | 1.3 | 10        |
| 34 | Augmenting fruit and vegetable consumption by an online intervention: Psychological mechanisms. <i>Appetite</i> , 2018, 120, 348-355.  | 1.8 | 60        |
| 35 | Parents' Planning for Physical Activity for their Pre-School Aged Children: The Role of Psycho-Social Mediators and Moderators. <i>Journal of Child and Family Studies</i> , 2018, 27, 421-430.                                      | 0.7 | 6         |
| 36 | I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , 2018, 61, 136-150.                              | 1.5 | 226       |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 37 | Couples' daily self-regulation: The Health Action Process Approach at the dyadic level. PLoS ONE, 2018, 13, e0205887.  | 1.1 | 27        |
| 38 | Theory in Behavioral Medicine. , 2018, , 181-214.  |     | 1         |
| 39 | Facilitating physical activity and reducing symptoms in patients with knee osteoarthritis: study protocol of a randomized controlled trial to test a theory-based PrevOP-psychological adherence program (PrevOP-PAP). BMC Musculoskeletal Disorders, 2018, 19, 221. | 0.8 | 9         |
| 40 | Sex differential mediation effects of planning within the health behavior change process. Social Science and Medicine, 2018, 211, 137-146.   | 1.8 | 7         |
| 41 | Self-efficacy and quality of life among people with cardiovascular diseases: A meta-analysis.. Rehabilitation Psychology, 2018, 63, 295-312.   | 0.7 | 43        |
| 42 | Turning Good Intentions Into Actions by Using the Health Action Process Approach to Predict Adherence to Internet-Based Depression Prevention: Secondary Analysis of a Randomized Controlled Trial. Journal of Medical Internet Research, 2018, 20, e9.              | 2.1 | 85        |
| 43 | The Role of Self-Efficacy and Friend Support on Adolescent Vigorous Physical Activity. Health Education and Behavior, 2017, 44, 175-181.   | 1.3 | 73        |
| 44 | Who benefits from a dietary online intervention? Evidence from Italy, Spain and Greece. Public Health Nutrition, 2017, 20, 938-947.  | 1.1 | 10        |
| 45 | Communication Skills Training for Practitioners to Increase Patient Adherence to Home-Based Rehabilitation for Chronic Low Back Pain: Results of a Cluster Randomized Controlled Trial. Archives of Physical Medicine and Rehabilitation, 2017, 98, 1732-1743.e7.    | 0.5 | 56        |
| 46 | Validity of self-reported concentration and memory problems: Relationship with neuropsychological assessment and depression. Journal of Clinical and Experimental Neuropsychology, 2017, 39, 1026-1036.  | 0.8 | 6         |
| 47 | Women with family cancer history are at risk for poorer physical quality of life and lower self-efficacy: a longitudinal study among men and women with non-small cell lung cancer. Health and Quality of Life Outcomes, 2017, 15, 62.                               | 1.0 | 5         |
| 48 | Translating Dental Flossing Intentions into Behavior: a Longitudinal Investigation of the Mediating Effect of Planning and Self-Efficacy on Young Adults. International Journal of Behavioral Medicine, 2017, 24, 420-427.   | 0.8 | 75        |
| 49 | The Role of Social Support and Self-efficacy for Planning Fruit and Vegetable Intake. Journal of Nutrition Education and Behavior, 2017, 49, 100-106.e1.   | 0.3 | 89        |
| 50 | Police officers who responded to 9/11: Comorbidity of PTSD, depression, and anxiety 10 years later. American Journal of Industrial Medicine, 2016, 59, 425-436.  | 1.0 | 55        |
| 51 | Intervention Engagement Moderates the Dose-Response Relationships in a Dietary Intervention. Dose-Response, 2016, 14, 155932581663751.   | 0.7 | 11        |
| 52 | Social-cognitive antecedents of hand washing: Action control bridges the planning-behaviour gap. Psychology and Health, 2016, 31, 993-1004.  | 1.2 | 97        |
| 53 | Stage-Based Computer-Delivered Interventions to Increase Condom Use in Young Men. International Journal of Sexual Health, 2016, 28, 176-186.   | 1.2 | 5         |
| 54 | Regional resources buffer the impact of functional limitations on perceived autonomy in older adults with multiple illnesses.. Psychology and Aging, 2016, 31, 139-148.  | 1.4 | 6         |

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|----|--|-----|-----------|
| 55 | Planning Mediates Between Self-Efficacy and Physical Activity Among Motivated Young Adults. <i>Journal of Physical Activity and Health</i> , 2016, 13, 87-93.  | 1.0 | 11        |
| 56 | Avoiding exposure to air pollution by using filtering facemask respirators: An application of the health action process approach.. <i>Health Psychology</i> , 2016, 35, 141-147.                         | 1.3 | 72        |
| 57 | A PTSD symptoms trajectory mediates between exposure levels and emotional support in police responders to 9/11: a growth curve analysis. <i>BMC Psychiatry</i> , 2016, 16, 201.                          | 1.1 | 17        |
| 58 | Combining self-management cues with incentives to promote interdental cleaning among Indian periodontal disease outpatients. <i>BMC Oral Health</i> , 2016, 16, 6.                                       | 0.8 | 62        |
| 59 | Revisiting self-regulatory techniques to promote physical activity in older adults: null-findings from a randomised controlled trial. <i>Psychology and Health</i> , 2016, 31, 1145-1165.                | 1.2 | 32        |
| 60 | Coping planning as an intervention component: A commentary. <i>Psychology and Health</i> , 2016, 31, 903-906.  | 1.2 | 59        |
| 61 | The world is confounded: a comment on Williams and Rhodes (2016). <i>Health Psychology Review</i> , 2016, 10, 133-135.   | 4.4 | 8         |
| 62 | Self-efficacy, planning, and preparatory behaviours as joint predictors of physical activity: A conditional process analysis. <i>Psychology and Health</i> , 2016, 31, 65-78.                            | 1.2 | 35        |
| 63 | Health Action Process Approach (HAPA) as a Theoretical Framework to Understand Behavior Change. <i>Actualidades En Psicología: AP</i> , 2016, 30, 119.   | 0.5 | 109       |
| 64 | The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. <i>British Journal of Health Psychology</i> , 2015, 20, 859-876. | 1.9 | 12        |
| 65 | Promoting action control and coping planning to improve hand hygiene. <i>BMC Public Health</i> , 2015, 15, 964.  | 1.2 | 10        |
| 66 | Beyond single behaviour theory: Adding cross-behaviour cognitions to the health action process approach. <i>British Journal of Health Psychology</i> , 2015, 20, 824-841.                                | 1.9 | 23        |
| 67 | Chronic probable PTSD in police responders in the World Trade Center Health Registry ten to eleven years after 9/11. <i>American Journal of Industrial Medicine</i> , 2015, 58, 483-493.                 | 1.0 | 51        |
| 68 | Resource loss, self-efficacy, and family support predict posttraumatic stress symptoms: a 3-year study of earthquake survivors. <i>Anxiety, Stress and Coping</i> , 2015, 28, 239-253.                   | 1.7 | 29        |
| 69 | Self-efficacy, planning and action control in an oral self-care intervention. <i>Health Education Research</i> , 2015, 30, 671-681.  | 1.0 | 100       |
| 70 | The enabling effect of social support on vaccination uptake via self-efficacy and planning. <i>Psychology, Health and Medicine</i> , 2015, 20, 239-246.  | 1.3 | 30        |
| 71 | Preparatory Behavior for Condom Use Among Heterosexual Young Men. <i>Health Education and Behavior</i> , 2015, 42, 92-99.  | 1.3 | 30        |
| 72 | Action control bridges the planning-behaviour gap: a longitudinal study on physical exercise in young adults. <i>Psychology and Health</i> , 2015, 30, 911-923.  | 1.2 | 21        |

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|----|---|-----|-----------|
| 73 | Synergistic effects of social support and self-efficacy on dietary motivation predicting fruit and vegetable intake. <i>Appetite</i> , 2015, 87, 330-335.   | 1.8 | 26        |
| 74 | A Brief Self-Regulatory Intervention Increases Dental Flossing in Adolescent Girls. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 645-651.  | 0.8 | 39        |
| 75 | Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , 2015, 15, 79.  | 1.2 | 74        |
| 76 | Social Cognitive Antecedents of Fruit and Vegetable Consumption in Truck Drivers: A Sequential Mediation Analysis. <i>Journal of Nutrition Education and Behavior</i> , 2015, 47, 379-384.e1.               | 0.3 | 63        |
| 77 | Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. <i>Journal of Health Psychology</i> , 2015, 20, 525-534.         | 1.3 | 68        |
| 78 | Health Self-Regulation, Motivational and Volitional Aspects of. , 2015, , 710-715.  |     | 2         |
| 79 | Improving hand hygiene behaviour among adolescents by a planning intervention. <i>Psychology, Health and Medicine</i> , 2015, 20, 824-831.  | 1.3 | 19        |
| 80 | The role of action control and action planning on fruit and vegetable consumption. <i>Appetite</i> , 2015, 91, 64-68.   | 1.8 | 43        |
| 81 | Facilitating Sunscreen Use Among Chinese Young Adults: Less-Motivated Persons Benefit from a Planning Intervention. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 443-451.                | 0.8 | 17        |
| 82 | Health messages to promote fruit and vegetable consumption at different stages: A match-mismatch design. <i>Psychology and Health</i> , 2015, 30, 1410-1432.  | 1.2 | 21        |
| 83 | A brief intervention changing oral self-care, self-efficacy, and self-monitoring. <i>British Journal of Health Psychology</i> , 2015, 20, 56-67.  | 1.9 | 121       |
| 84 | Mothers improve their daughters'™ vegetable intake: A randomized controlled trial. <i>Psychology, Health and Medicine</i> , 2015, 20, 1-7.  | 1.3 | 13        |
| 85 | Some retirees remain active: a commentary on Sniehotta, Penseau and Araujo-Soares. <i>Health Psychology Review</i> , 2015, 9, 138-140.  | 4.4 | 13        |
| 86 | Comparing a motivational and a self-regulatory intervention to adopt an oral self-care regimen: A two-sequential randomized crossover trial. <i>Psychology, Health and Medicine</i> , 2015, 20, 381-392.    | 1.3 | 12        |
| 87 | A Computerized Lifestyle Application to Promote Multiple Health Behaviors at the Workplace: Testing Its Behavioral and Psychological Effects. <i>Journal of Medical Internet Research</i> , 2015, 17, e225. | 2.1 | 30        |
| 88 | Predicting performance and performance satisfaction: mindfulness and beliefs about the ability to deal with social barriers in sport. <i>Anxiety, Stress and Coping</i> , 2014, 27, 270-287.                | 1.7 | 27        |
| 89 | Physical activity among adults with obesity: Testing the health action process approach.. <i>Rehabilitation Psychology</i> , 2014, 59, 42-49.   | 0.7 | 64        |
| 90 | Health motives and health behaviour self-regulation in older adults. <i>Journal of Behavioral Medicine</i> , 2014, 37, 491-500.   | 1.1 | 19        |

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|-----|---|-----|-----------|
| 91  | An Age-Tailored Intervention Sustains Physical Activity Changes in Older Adults: A Randomized Controlled Trial. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 519-528.                | 0.8 | 18        |
| 92  | Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. <i>Health Education and Behavior</i> , 2014, 41, 414-422.   | 1.3 | 20        |
| 93  | Will is not enough: Coping planning and action control as mediators in the prediction of fruit and vegetable intake. <i>British Journal of Health Psychology</i> , 2014, 19, 856-870.                   | 1.9 | 80        |
| 94  | Social integration buffers stress in New York police after the 9/11 terrorist attack. <i>Anxiety, Stress and Coping</i> , 2014, 27, 18-26.  | 1.7 | 42        |
| 95  | “Sticking to a healthy diet is easier for me when I exercise regularly”: Cognitive transfer between physical exercise and healthy nutrition. <i>Psychology and Health</i> , 2014, 29, 1361-1372.        | 1.2 | 55        |
| 96  | A brief intervention increases fruit and vegetable intake. A comparison of two intervention sequences. <i>Appetite</i> , 2014, 82, 103-110.   | 1.8 | 80        |
| 97  | Planning and preparatory actions facilitate physical activity maintenance. <i>Psychology of Sport and Exercise</i> , 2014, 15, 516-520.   | 1.1 | 16        |
| 98  | Life and death of health behaviour theories. <i>Health Psychology Review</i> , 2014, 8, 53-56.  | 4.4 | 32        |
| 99  | Self-Efficacy, Action Control, and Social Support Explain Physical Activity Changes Among Costa Rican Older Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1573-1578.               | 1.0 | 25        |
| 100 | Sources of self-efficacy for physical activity.. <i>Health Psychology</i> , 2014, 33, 1298-1308.  | 1.3 | 114       |
| 101 | From intentions via planning and behavior to physical exercise habits. <i>Psychology of Sport and Exercise</i> , 2013, 14, 632-639.   | 1.1 | 103       |
| 102 | Preparing for Physical Activity: Pedometer Acquisition as a Self-regulatory Strategy. <i>Applied Psychology: Health and Well-Being</i> , 2013, 5, 136-147.  | 1.6 | 15        |
| 103 | Positive experience, self-efficacy, and action control predict physical activity changes: A moderated mediation analysis. <i>British Journal of Health Psychology</i> , 2013, 18, 395-406.              | 1.9 | 56        |
| 104 | Effects of a self-regulation intervention on exercise are moderated by depressive symptoms: A quasi-experimental study. <i>International Journal of Clinical and Health Psychology</i> , 2013, 13, 1-8. | 2.7 | 26        |
| 105 | A dietary planning intervention increases fruit consumption in Iranian women. <i>Appetite</i> , 2013, 63, 1-6.  | 1.8 | 66        |
| 106 | Proactive coping moderates the dietary intention“planning“behavior path. <i>Appetite</i> , 2013, 70, 127-133.   | 1.8 | 23        |
| 107 | Interactive effects of social support and social conflict on medication adherence in multimorbid older adults. <i>Social Science and Medicine</i> , 2013, 87, 23-30.                                    | 1.8 | 27        |
| 108 | Relationship between health climate and affective commitment in the workplace. <i>International Journal of Health Promotion and Education</i> , 2013, 51, 172-179.                                      | 0.4 | 8         |

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|-----|--|-----|-----------|
| 109 | Promoting exercise maintenance: How interventions with booster sessions improve long-term rehabilitation outcomes.. Rehabilitation Psychology, 2013, 58, 323-333.                      | 0.7 | 88        |
| 110 | “I do not need a flu shot because I lead a healthy lifestyle”: Compensatory health beliefs make vaccination less likely. Journal of Health Psychology, 2013, 18, 825-836.              | 1.3 | 34        |
| 111 | Self-regulation prompts can increase fruit consumption: A one-hour randomised controlled online trial. Psychology and Health, 2013, 28, 533-545.                                       | 1.2 | 29        |
| 112 | Christopher Peterson’s “Other People Matter”: 1950–2012. Applied Psychology: Health and Well-Being, 2013, 5, 1-4.  | 1.6 | 4         |
| 113 | Perceived Self-Efficacy and its Relationship to Resilience. Plenum Series on Human Exceptionality, 2013, , 139-150.  | 2.0 | 151       |
| 114 | Changes in social-cognitive variables are associated with stage transitions in physical activity. Health Education Research, 2012, 27, 129-140.  | 1.0 | 19        |
| 115 | Facilitating Sunscreen Use in Women by a Theory-Based Online Intervention: A Randomized Controlled Trial. Journal of Health Psychology, 2012, 17, 207-216.                             | 1.3 | 36        |
| 116 | Synergistic Effects of Planning and Self-Efficacy on Physical Activity. Health Education and Behavior, 2012, 39, 152-158.  | 1.3 | 39        |
| 117 | Enhancing planning strategies for sunscreen use at different stages of change. Health Education Research, 2012, 27, 857-867.   | 1.0 | 19        |
| 118 | Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions.. Health Psychology, 2012, 31, 714-723.                    | 1.3 | 86        |
| 119 | Online intervention engagement predicts smoking cessation. Preventive Medicine, 2012, 55, 233-236.   | 1.6 | 35        |
| 120 | Depressive symptoms interfere with post-rehabilitation exercise: Outcome expectancies and experience as mediators. Psychology, Health and Medicine, 2012, 17, 698-708.                 | 1.3 | 17        |
| 121 | Translating intentions into sunscreen use: An interaction of self-efficacy and appearance norms. Psychology, Health and Medicine, 2012, 17, 447-456.                                   | 1.3 | 7         |
| 122 | Long-term adherence to a physical activity intervention: The role of telephone-assisted vs. self-administered coping plans and strategy use. Psychology and Health, 2012, 27, 784-797. | 1.2 | 28        |
| 123 | Views on aging and emotional benefits of physical activity: Effects of an exercise intervention in older women. Psychology of Sport and Exercise, 2012, 13, 236-242.                   | 1.1 | 54        |
| 124 | Affective and health-related outcome expectancies for physical activity in older adults. Psychology and Health, 2012, 27, 816-828.   | 1.2 | 51        |
| 125 | A combined planning and self-efficacy intervention to promote physical activity: A multiple mediation analysis. Psychology, Health and Medicine, 2012, 17, 488-498.                    | 1.3 | 40        |
| 126 | Longitudinal mental health impact among police responders to the 9/11 terrorist attack. American Journal of Industrial Medicine, 2012, 55, 297-312.                                    | 1.0 | 67        |



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|-----|--|-----|-----------|
| 127 | Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. <i>Journal of Behavioral Medicine</i> , 2012, 35, 387-392.                                       | 1.1 | 39        |
| 128 | Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , 2012, 35, 400-406.   | 1.1 | 33        |
| 129 | Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2012, 35, 443-451.   | 1.1 | 80        |
| 130 | Future Time Perspective and Health Behaviors: Temporal Framing of Self-Regulatory Processes in Physical Exercise and Dietary Behaviors. <i>Annals of Behavioral Medicine</i> , 2012, 43, 208-218.                      | 1.7 | 75        |
| 131 | Adherence to physical and mental activity interventions: Coping plans as a mediator and prior adherence as a moderator. <i>British Journal of Health Psychology</i> , 2012, 17, 477-491.                               | 1.9 | 15        |
| 132 | A Mediator Model of Sunscreen Use: A Longitudinal Analysis of Social-Cognitive Predictors and Mediators. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 65-72.  | 0.8 | 48        |
| 133 | Does Adherence Moderate the Effect of Physical or Mental Training on Episodic Memory in Older Women?. <i>Advances in Physical Education</i> , 2012, 02, 68-72.   | 0.2 | 2         |
| 134 | Improving cognition by adherence to physical or mental exercise: A moderated mediation analysis. <i>Aging and Mental Health</i> , 2011, 15, 446-455.   | 1.5 | 20        |
| 135 | Activity experiences shape perceived fitness trajectories: Results from a 6-month randomized controlled trial in older women. <i>Aging, Neuropsychology, and Cognition</i> , 2011, 18, 328-339.                        | 0.7 | 8         |
| 136 | Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , 2011, 26, 151-166.  | 1.2 | 171       |
| 137 | Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , 2011, 70, 179-187.   | 1.2 | 89        |
| 138 | Exercise maintenance after rehabilitation: How experience can make a difference. <i>Psychology of Sport and Exercise</i> , 2011, 12, 293-299.  | 1.1 | 38        |
| 139 | Synergistic Effect of Social Support and Self-Efficacy on Physical Exercise in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2011, 19, 249-261.  | 0.5 | 59        |
| 140 | Changes in functional health, changes in medication beliefs, and medication adherence.. <i>Health Psychology</i> , 2011, 30, 31-39.  | 1.3 | 31        |
| 141 | Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: A longitudinal study in orthopedic and cardiac rehabilitation. <i>Preventive Medicine</i> , 2011, 53, 182-187. | 1.6 | 118       |
| 142 | Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , 2011, 8, 3-12.   | 1.2 | 82        |
| 143 | Physical activity intervention in older adults: does a participating partner make a difference?. <i>European Journal of Ageing</i> , 2011, 8, 211-219.   | 1.2 | 75        |
| 144 | How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. <i>European Journal of Social Psychology</i> , 2011, 41, 42-51.  | 1.5 | 42        |

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|-----|--|-----|-----------|
| 145 | Who Participates in Seasonal Influenza Vaccination? Past Behavior Moderates the Prediction of Adherence. <i>Advances in Preventive Medicine</i> , 2011, 2011, 1-6.   | 1.1 | 16        |
| 146 | A brief questionnaire on metacognition: Psychometric properties. <i>Aging and Mental Health</i> , 2011, 15, 1052-1062.   | 1.5 | 25        |
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