

Stephan U Dombrowski

List of Publications by Year in descending order

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Version: 2024-02-01

75
papers

6,175
citations

186265

28
h-index

76900

74
g-index

77
all docs

77
docs citations

77
times ranked

8709
citing authors

#	ARTICLE	IF	CITATIONS
1	A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours: The CALO-RE taxonomy. <i>Psychology and Health</i> , 2011, 26, 1479-1498.	2.2	1,386
2	Theoretical explanations for maintenance of behaviour change: a systematic review of behaviour theories. <i>Health Psychology Review</i> , 2016, 10, 277-296.	8.6	851
3	Does theory influence the effectiveness of health behavior interventions? Meta-analysis.. <i>Health Psychology</i> , 2014, 33, 465-474.	1.6	427
4	Identifying active ingredients in complex behavioural interventions for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: a systematic review. <i>Health Psychology Review</i> , 2012, 6, 7-32.	8.6	404
5	Using Smartphones and Health Apps to Change and Manage Health Behaviors: A Population-Based Survey. <i>Journal of Medical Internet Research</i> , 2017, 19, e101.	4.3	304
6	Intervention strategies to improve nutrition and health behaviours before conception. <i>Lancet</i> , The, 2018, 391, 1853-1864.	13.7	254
7	Effectiveness of Motivational Interviewing on adult behaviour change in health and social care settings: A systematic review of reviews. <i>PLoS ONE</i> , 2018, 13, e0204890.	2.5	236
8	How can interventions increase motivation for physical activity? A systematic review and meta-analysis. <i>Health Psychology Review</i> , 2018, 12, 211-230.	8.6	195
9	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016, 31, 814-839.	2.2	159
10	Form of delivery as a key "active ingredient"™ in behaviour change interventions. <i>British Journal of Health Psychology</i> , 2016, 21, 733-740.	3.5	138
11	Behavioural Interventions for Obese Adults with Additional Risk Factors for Morbidity: Systematic Review of Effects on Behaviour, Weight and Disease Risk Factors. <i>Obesity Facts</i> , 2010, 3, 377-396.	3.4	121
12	Examining the theory-effectiveness hypothesis: A systematic review of systematic reviews. <i>British Journal of Health Psychology</i> , 2019, 24, 334-356.	3.5	115
13	"It's a can of worms"™: understanding primary care practitioners'™ behaviours in relation to HPV using the theoretical domains framework. <i>Implementation Science</i> , 2012, 7, 73.	6.9	106
14	Are interventions for low-income groups effective in changing healthy eating, physical activity and smoking behaviours? A systematic review and meta-analysis. <i>BMJ Open</i> , 2014, 4, e006046.	1.9	103
15	Data-prompted interviews: Using individual ecological data to stimulate narratives and explore meanings.. <i>Health Psychology</i> , 2015, 34, 1191-1194.	1.6	85
16	Promoting sunscreen use and skin self-examination to improve early detection and prevent skin cancer: quasi-experimental trial of an adolescent psycho-educational intervention. <i>BMC Public Health</i> , 2018, 18, 666.	2.9	67
17	Associations of Health App Use and Perceived Effectiveness in People With Cardiovascular Diseases and Diabetes: Population-Based Survey. <i>JMIR MHealth and UHealth</i> , 2019, 7, e12179.	3.7	63
18	Identifying the determinants of adjuvant hormonal therapy medication taking behaviour in women with stages "III breast cancer: A systematic review and meta-analysis. <i>Patient Education and Counseling</i> , 2015, 98, 1524-1539.	2.2	60

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19	The impact of the UK "Act FAST"™ stroke awareness campaign: content analysis of patients, witness and primary care clinicians'™ perceptions. <i>BMC Public Health</i> , 2013, 13, 915.	2.9	54
20	"It's not a diet, it's a lifestyle"™: a longitudinal, data-prompted interview study of weight loss maintenance. <i>Psychology and Health</i> , 2019, 34, 963-982.	2.2	52
21	Benefits of Incentives for Breastfeeding and Smoking cessation in pregnancy (BIBS): a mixed-methods study to inform trial design. <i>Health Technology Assessment</i> , 2015, 19, 1-522.	2.8	51
22	Women's™ experiences of hormonal therapy for breast cancer: exploring influences on medication-taking behaviour. <i>Supportive Care in Cancer</i> , 2015, 23, 3115-3130.	2.2	47
23	Interventions to Promote Healthy Eating, Physical Activity and Smoking in Low-Income Groups: a Systematic Review with Meta-Analysis of Behavior Change Techniques and Delivery/Context. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 605-616.	1.7	46
24	Motivational Interviewing With Parents for Obesity: An RCT. <i>Pediatrics</i> , 2015, 135, e644-e652.	2.1	43
25	N-of-1 study of weight loss maintenance assessing predictors of physical activity, adherence to weight loss plan and weight change. <i>Psychology and Health</i> , 2017, 32, 686-708.	2.2	39
26	Participants'™ perspectives on making and maintaining behavioural changes in a lifestyle intervention for type 2 diabetes prevention: a qualitative study using the theory domain framework. <i>BMJ Open</i> , 2013, 3, e002949.	1.9	38
27	Using the theoretical domains framework to identify barriers and enabling factors to implementation of guidance for the diagnosis and management of nonalcoholic fatty liver disease: a qualitative study. <i>Translational Behavioral Medicine</i> , 2020, 10, 1016-1030.	2.4	34
28	The Effectiveness of Gain- Versus Loss-Framed Health Messages in Improving Oral Health in Iranian Secondary Schools: A Cluster-Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2014, 47, 376-387.	2.9	33
29	The role of appetite-related hormones, adaptive thermogenesis, perceived hunger and stress in long-term weight-loss maintenance: a mixed-methods study. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 622-632.	2.9	31
30	Identifying effective techniques within psychological treatments for irritable bowel syndrome: A meta-analysis. <i>Journal of Psychosomatic Research</i> , 2015, 78, 205-222.	2.6	29
31	Behavioural intervention for weight loss maintenance versus standard weight advice in adults with obesity: A randomised controlled trial in the UK (NULevel Trial). <i>PLoS Medicine</i> , 2019, 16, e1002793.	8.4	29
32	A systematic review with meta-analyses of text message-delivered behaviour change interventions for weight loss and weight loss maintenance. <i>Obesity Reviews</i> , 2020, 21, e12999.	6.5	28
33	Selective decontamination of the digestive tract in critically ill patients treated in intensive care units: a mixed-methods feasibility study (the SuDDICU study). <i>Health Technology Assessment</i> , 2014, 18, 1-170.	2.8	28
34	Optimizing acceptability and feasibility of an evidence-based behavioral intervention for obese adults with obesity-related co-morbidities or additional risk factors for co-morbidities: An open-pilot intervention study in secondary care. <i>Patient Education and Counseling</i> , 2012, 87, 108-119.	2.2	27
35	The Stroke "Act FAST"™ Campaign: Remembered but Not Understood?. <i>International Journal of Stroke</i> , 2015, 10, 324-330.	5.9	27
36	Investigating midwives'™ barriers and facilitators to multiple health promotion practice behaviours: a qualitative study using the theoretical domains framework. <i>Implementation Science</i> , 2019, 14, 64.	6.9	27

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37	The NUILevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , 2015, 16, 421.	1.6	26
38	Stroke Ready Intervention: Community Engagement to Decrease Prehospital Delay. <i>Journal of the American Heart Association</i> , 2016, 5, .	3.7	26
39	Do more specific plans help you lose weight? Examining the relationship between plan specificity, weight loss goals, and plan content in the context of a weight management programme. <i>British Journal of Health Psychology</i> , 2016, 21, 989-1005.	3.5	26
40	Peer pressure and alcohol consumption in adults living in the UK: a systematic qualitative review. <i>BMC Public Health</i> , 2020, 20, 1014.	2.9	26
41	Perspectives of UK Pakistani women on their behaviour change to prevent type 2 diabetes: qualitative study using the theory domain framework. <i>BMJ Open</i> , 2014, 4, e004530-e004530.	1.9	25
42	Game of Stones: feasibility randomised controlled trial of how to engage men with obesity in text message and incentive interventions for weight loss. <i>BMJ Open</i> , 2020, 10, e032653.	1.9	22
43	Urbanâ€“Rural Variations in Quality-of-Life in Breast Cancer Survivors Prescribed Endocrine Therapy. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 394.	2.6	20
44	Which primary care practitioners have poor human papillomavirus (HPV) knowledge? A step towards informing the development of professional education initiatives. <i>PLoS ONE</i> , 2018, 13, e0208482.	2.5	20
45	Witness Response at Acute Onset of Stroke: A Qualitative Theory-Guided Study. <i>PLoS ONE</i> , 2012, 7, e39852.	2.5	18
46	Incentives for breastfeeding and for smoking cessation in pregnancy: An exploration of types and meanings. <i>Social Science and Medicine</i> , 2015, 128, 10-17.	3.8	18
47	Women's and peer supporters' experiences of an assetsâ€“based peer support intervention for increasing breastfeeding initiation and continuation: A qualitative study. <i>Health Expectations</i> , 2020, 23, 622-631.	2.6	18
48	Effectiveness of Conservative Nonpharmacologic Therapies for Pain, Disability, Physical Capacity, and Physical Activity Behavior in Patients With Degenerative Lumbar Spinal Stenosis: A Systematic Review and Meta-Analysis. <i>Archives of Physical Medicine and Rehabilitation</i> , 2021, 102, 2247-2260.e7.	0.9	18
49	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , 2021, 21, 1791.	2.9	18
50	The ABA intervention for improving breastfeeding initiation and continuation: Feasibility study results. <i>Maternal and Child Nutrition</i> , 2020, 16, e12907.	3.0	15
51	Randomised Controlled Feasibility Trial of an Evidence-Informed Behavioural Intervention for Obese Adults with Additional Risk Factors. <i>PLoS ONE</i> , 2011, 6, e23040.	2.5	12
52	Interventions for sustained healthcare professional behaviour change: a protocol for an overview of reviews. <i>Systematic Reviews</i> , 2016, 5, 173.	5.3	11
53	Differences Between US and UK Adults in Stroke Preparedness. <i>Stroke</i> , 2015, 46, 3220-3225.	2.0	10
54	Reducing delay in patients with acute coronary syndrome and other time-critical conditions: a systematic review to identify the behaviour change techniques associated with effective interventions. <i>Open Heart</i> , 2019, 6, e000975.	2.3	10

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55	Protocol for a feasibility trial for improving breast feeding initiation and continuation: assets-based infant feeding help before and after birth (ABA). <i>BMJ Open</i> , 2018, 8, e019142.	1.9	9
56	The Interplay Between Strictness of Policies and Individuals'™ Self-Regulatory Efforts: Associations with Handwashing During the COVID-19 Pandemic. <i>Annals of Behavioral Medicine</i> , 2022, 56, 368-380.	2.9	9
57	We Walk: a person-centred, dyadic behaviour change intervention to promote physical activity through outdoor walking after stroke"an intervention development study. <i>BMJ Open</i> , 2022, 12, e058563.	1.9	9
58	Clinical components and associated behavioural aspects of a complex healthcare intervention: Multi-methods study of selective decontamination of the digestive tract in critical care. <i>Australian Critical Care</i> , 2013, 26, 173-179.	1.3	7
59	The Recognition-Response Gap in Acute Stroke: Examining the Relationship between Stroke Recognition and Response in a General Population Survey. <i>Journal of Stroke and Cerebrovascular Diseases</i> , 2020, 29, 104499.	1.6	7
60	Text messaging to help women with overweight or obesity lose weight after childbirth: the intervention adaptation and SMS feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-152.	1.3	7
61	Developing and validating a theoretical measure of modifiable influences on hormonal therapy medication taking behaviour in women with breast cancer. <i>Psychology and Health</i> , 2017, 32, 1308-1326.	2.2	6
62	Supporting the transition from weight loss to maintenance: development and optimisation of a face-to-face behavioural intervention component. <i>Health Psychology and Behavioral Medicine</i> , 2017, 5, 66-84.	1.8	6
63	Would you be happier if you moved more? Physical activity focusing illusion. <i>Current Psychology</i> , 2019, 40, 3716.	2.8	4
64	Exploring the use and experience of an infant feeding genogram to facilitate an assets-based approach to support infant feeding. <i>BMC Pregnancy and Childbirth</i> , 2020, 20, 569.	2.4	4
65	An assets-based intervention before and after birth to improve breastfeeding initiation and continuation: the ABA feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-156.	1.3	4
66	Text messaging and financial incentives to encourage weight loss in men with obesity: the Game of Stones feasibility RCT. <i>Public Health Research</i> , 2020, 8, 1-224.	1.3	4
67	Examining dietary self-talk content and context for discretionary snacking behaviour: a qualitative interview study. <i>Health Psychology and Behavioral Medicine</i> , 2022, 10, 399-414.	1.8	4
68	Partnership work between Public Health and Health Psychology: introduction to a novel training programme. <i>BMC Public Health</i> , 2010, 10, 692.	2.9	3
69	Reducing patient delay in Acute Coronary Syndrome (<scp>RAP</scp>iD): research protocol for a web-based randomized controlled trial examining the effect of a behaviour change intervention. <i>Journal of Advanced Nursing</i> , 2017, 73, 1220-1234.	3.3	3
70	Can people apply "FAST"™ when it really matters? A qualitative study guided by the common sense self-regulation model. <i>BMC Public Health</i> , 2019, 19, 643.	2.9	3
71	Recruiting men from across the socioeconomic spectrum via GP registers and community outreach to a weight management feasibility randomised controlled trial. <i>BMC Medical Research Methodology</i> , 2020, 20, 249.	3.1	3
72	Identifying ways to maximise cervical screening uptake: a qualitative study of GPs'™ and practice nurses'™ cervical cancer screening-related behaviours. <i>HRB Open Research</i> , 2021, 4, 44.	0.6	3

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73	Barriers to nutritional pregnancy preparation and support needs in women and men: Qualitative study based on the Theoretical Domains Framework. <i>Women's Health</i> , 2021, 17, 174550652110421.	1.5	2
74	Response to comments on "The role of appetite-related hormones, adaptive thermogenesis, perceived hunger and stress in long-term weight-loss maintenance: a mixed methods study". <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1115-1116.	2.9	1
75	Examining the role of sex on the benefits of muscle-strengthening activities for people living with obesity: A cross-sectional study. <i>Health Science Reports</i> , 2022, 5, .	1.5	0