## Riccardo Calvani

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/225669/publications.pdf

Version: 2024-02-01

199 papers 11,688 citations

54 h-index 98 g-index

208 all docs 208 docs citations

208 times ranked

14114 citing authors

#	Article	IF	Citations
1	Guidelines for the use and interpretation of assays for monitoring autophagy (4th) Tj ETQq1 1 0.784314 rgBT /0	Overlock 10	OTf,50,742T
2	Hepatocellular Carcinoma Is Associated With Gut Microbiota Profile and Inflammation in Nonalcoholic Fatty Liver Disease. Hepatology, 2019, 69, 107-120.	7.3	433
3	Mitochondrial dysfunction and sarcopenia of aging: From signaling pathways to clinical trials. International Journal of Biochemistry and Cell Biology, 2013, 45, 2288-2301.	2.8	414
4	Sarcopenia: an overview. Aging Clinical and Experimental Research, 2017, 29, 11-17.	2.9	315
5	Anorexia of Aging: Risk Factors, Consequences, and Potential Treatments. Nutrients, 2016, 8, 69.	4.1	309
6	Frailty in Older Persons. Clinics in Geriatric Medicine, 2017, 33, 293-303.	2.6	272
7	Mitochondrial pathways in sarcopenia of aging and disuse muscle atrophy. Biological Chemistry, 2013, 394, 393-414.	2.5	246
8	Physical activity and exercise as countermeasures to physical frailty and sarcopenia. Aging Clinical and Experimental Research, 2017, 29, 35-42.	2.9	243
9	Measurement of muscle mass in sarcopenia: from imaging to biochemical markers. Aging Clinical and Experimental Research, 2017, 29, 19-27.	2.9	221
10	Biomarkers for physical frailty and sarcopenia: state of the science and future developments. Journal of Cachexia, Sarcopenia and Muscle, 2015, 6, 278-286.	7.3	212
11	Gut microbiome-derived metabolites characterize a peculiar obese urinary metabotype. International Journal of Obesity, 2010, 34, 1095-1098.	3.4	206
12	Contribution of Impaired Mitochondrial Autophagy to Cardiac Aging. Circulation Research, 2012, 110, 1125-1138.	<b>4.</b> 5	202
13	Sarcopenia as the Biological Substrate of Physical Frailty. Clinics in Geriatric Medicine, 2015, 31, 367-374.	2.6	197
14	Post-COVID-19 global health strategies: the need for an interdisciplinary approach. Aging Clinical and Experimental Research, 2020, 32, 1613-1620.	2.9	167
15	Role of mitochondrial dysfunction and altered autophagy in cardiovascular aging and disease: from mechanisms to therapeutics. American Journal of Physiology - Heart and Circulatory Physiology, 2013, 305, H459-H476.	3.2	163
16	Mitochondrial Dysfunction, Oxidative Stress, and Neuroinflammation: Intertwined Roads to Neurodegeneration. Antioxidants, 2020, 9, 647.	5.1	159
17	Protein Intake and Muscle Health in Old Age: From Biological Plausibility to Clinical Evidence. Nutrients, 2016, 8, 295.	4.1	155
18	The "Sarcopenia and Physical fRailty IN older people: multi-componenT Treatment strategies―(SPRINTT) randomized controlled trial: design and methods. Aging Clinical and Experimental Research, 2017, 29, 89-100.	2.9	131

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19	Apoptosis in Skeletal Myocytes: A Potential Target for Interventions against Sarcopenia and Physical Frailty – A Mini-Review. Gerontology, 2012, 58, 99-106.	2.8	127
20	Fueling Inflamm-Aging through Mitochondrial Dysfunction: Mechanisms and Molecular Targets. International Journal of Molecular Sciences, 2017, 18, 933.	4.1	127
21	Mitochondrial Dysfunction and Aging: Insights from the Analysis of Extracellular Vesicles. International Journal of Molecular Sciences, 2019, 20, 805.	4.1	125
22	Circulating Mitochondrial DNA at the Crossroads of Mitochondrial Dysfunction and Inflammation During Aging and Muscle Wasting Disorders. Rejuvenation Research, 2018, 21, 350-359.	1.8	104
23	Gut Dysbiosis and Muscle Aging: Searching for Novel Targets against Sarcopenia. Mediators of Inflammation, 2018, 2018, 1-15.	3.0	104
24	Sarcopenia: An Overview on Current Definitions, Diagnosis and Treatment. Current Protein and Peptide Science, 2018, 19, 633-638.	1.4	104
25	Biomarkers shared by frailty and sarcopenia in older adults: A systematic review and meta-analysis. Ageing Research Reviews, 2022, 73, 101530.	10.9	101
26	<p>Preserving Mobility in Older Adults with Physical Frailty and Sarcopenia: Opportunities, Challenges, and Recommendations for Physical Activity Interventions</p> . Clinical Interventions in Aging, 2020, Volume 15, 1675-1690.	2.9	100
27	Age-Related Variations of Muscle Mass, Strength, and Physical Performance in Community-Dwellers: Results From the Milan EXPO Survey. Journal of the American Medical Directors Association, 2017, 18, 88.e17-88.e24.	2.5	98
28	Effectiveness of a multimodal intervention in functionally impaired older people with type 2 diabetes mellitus. Journal of Cachexia, Sarcopenia and Muscle, 2019, 10, 721-733.	7.3	98
29	Gut Microbial, Inflammatory and Metabolic Signatures in Older People with Physical Frailty and Sarcopenia: Results from the BIOSPHERE Study. Nutrients, 2020, 12, 65.	4.1	98
30	Body Mass Index is Strongly Associated with Hypertension: Results from the Longevity Check-up 7+ Study. Nutrients, 2018, 10, 1976.	4.1	95
31	Exercise and Protein Intake: A Synergistic Approach against Sarcopenia. BioMed Research International, 2017, 2017, 1-7.	1.9	94
32	Current nutritional recommendations and novel dietary strategies to manage sarcopenia. Journal of Frailty & Samp; Aging, the, 2013, 2, 38-53.	1.3	94
33	Multicomponent intervention to prevent mobility disability in frail older adults: randomised controlled trial (SPRINTT project). BMJ, The, 2022, 377, e068788.	6.0	90
34	The association between sarcopenia and functional outcomes among older patients with hip fracture undergoing in-hospital rehabilitation. Osteoporosis International, 2017, 28, 1569-1576.	3.1	88
35	Cell Death and Inflammation: The Role of Mitochondria in Health and Disease. Cells, 2021, 10, 537.	4.1	86
36	Rationale for a preliminary operational definition of physical frailty and sarcopenia in the SPRINTT trial. Aging Clinical and Experimental Research, 2017, 29, 81-88.	2.9	85

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37	Inflammatory signatures in older persons with physical frailty and sarcopenia: The frailty "cytokinome―at its core. Experimental Gerontology, 2019, 122, 129-138.	2.8	83
38	A Distinct Pattern of Circulating Amino Acids Characterizes Older Persons with Physical Frailty and Sarcopenia: Results from the BIOSPHERE Study. Nutrients, 2018, 10, 1691.	4.1	82
39	Mitochondrial Signatures in Circulating Extracellular Vesicles of Older Adults with Parkinson's Disease: Results from the EXosomes in PArkiNson's Disease (EXPAND) Study. Journal of Clinical Medicine, 2020, 9, 504.	2.4	80
40	Update on mitochondria and muscle aging: all wrong roads lead to sarcopenia. Biological Chemistry, 2018, 399, 421-436.	2.5	79
41	Protein Intake and Frailty: A Matter of Quantity, Quality, and Timing. Nutrients, 2020, 12, 2915.	4.1	79
42	The interplay between autophagy and mitochondrial dysfunction in oxidative stress-induced cardiac aging and pathology. Journal of Molecular and Cellular Cardiology, 2014, 71, 62-70.	1.9	78
43	Cow's Milk Consumption and Health: A Health Professional's Guide. Journal of the American College of Nutrition, 2019, 38, 197-208.	1.8	77
44	Skeletal Muscle Apoptotic Signaling Predicts Thigh Muscle Volume and Gait Speed in Community-Dwelling Older Persons: An Exploratory Study. PLoS ONE, 2012, 7, e32829.	2.5	76
45	Impact of physical function impairment and multimorbidity on mortality among community-living older persons with sarcopaenia: results from the <i>i SIRENTE</i> prospective cohort study. BMJ Open, 2016, 6, e008281.	1.9	75
46	Role of Age-Related Mitochondrial Dysfunction in Sarcopenia. International Journal of Molecular Sciences, 2020, 21, 5236.	4.1	75
47	Sarcopenia and Menopause: The Role of Estradiol. Frontiers in Endocrinology, 2021, 12, 682012.	3.5	75
48	Mitochondrial-Derived Vesicles as Candidate Biomarkers in Parkinson's Disease: Rationale, Design and Methods of the EXosomes in PArkiNson Disease (EXPAND) Study. International Journal of Molecular Sciences, 2019, 20, 2373.	4.1	72
49	Of Microbes and Minds: A Narrative Review on the Second Brain Aging. Frontiers in Medicine, 2018, 5, 53.	2.6	71
50	High-fat feeding stimulates endocrine, glucose-dependent insulinotropic polypeptide (GIP)-expressing cell hyperplasia in the duodenum of Wistar rats. Diabetologia, 2010, 53, 2233-2240.	6.3	70
51	Influence of hepatitis C virus eradication with directâ€acting antivirals on the gut microbiota in patients with cirrhosis. Alimentary Pharmacology and Therapeutics, 2018, 48, 1301-1311.	3.7	63
52	Fecal and urinary NMR-based metabolomics unveil an aging signature in mice. Experimental Gerontology, 2014, 49, 5-11.	2.8	62
53	The "Sarcopenia and Physical fRailty IN older people: multi-componenT Treatment strategies―(SPRINTT) randomized controlled trial: Case finding, screening and characteristics of eligible participants. Experimental Gerontology, 2018, 113, 48-57.	2.8	61
54	Treating Sarcopenia in Older and Oldest Old. Current Pharmaceutical Design, 2015, 21, 1715-1722.	1.9	61

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55	Biomarkers for physical frailty and sarcopenia. Aging Clinical and Experimental Research, 2017, 29, 29-34.	2.9	60
56	Mitochondrial Dysfunction, Protein Misfolding and Neuroinflammation in Parkinson's Disease: Roads to Biomarker Discovery. Biomolecules, 2021, 11, 1508.	4.0	59
57	Anorexia of Aging. Clinics in Geriatric Medicine, 2017, 33, 315-323.	2.6	57
58	Serum levels of C-terminal agrin fragment (CAF) are associated with sarcopenia in older hip fractured patients. Experimental Gerontology, 2014, 60, 79-82.	2.8	56
59	Experimental colitis: decreased Octn2 and Atb0+ expression in rat colonocytes induces carnitine depletion that is reversible by carnitineâ€loaded liposomes. FASEB Journal, 2006, 20, 2544-2546.	0.5	54
60	Generation and Release of Mitochondrial-Derived Vesicles in Health, Aging and Disease. Journal of Clinical Medicine, 2020, 9, 1440.	2.4	54
61	Altered mitochondrial quality control signaling in muscle of old gastric cancer patients with cachexia. Experimental Gerontology, 2017, 87, 92-99.	2.8	52
62	Serum levels of C-terminal agrin fragment (CAF) are associated with sarcopenia in older multimorbid community-dwellers: Results from the ilSIRENTE study. Experimental Gerontology, 2016, 79, 31-36.	2.8	51
63	Normative values of muscle strength across ages in a â€real world' population: results from the longevity checkâ€up 7+ project. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 1562-1569.	7.3	51
64	Characterization of the gutâ€liverâ€muscle axis in cirrhotic patients with sarcopenia. Liver International, 2021, 41, 1320-1334.	3.9	51
65	Biomarkers of Physical Frailty and Sarcopenia: Coming up to the Place?. International Journal of Molecular Sciences, 2020, 21, 5635.	4.1	50
66	Prevalence and Predictors of Persistence of COVID-19 Symptoms in Older Adults: A Single-Center Study. Journal of the American Medical Directors Association, 2021, 22, 1840-1844.	2.5	50
67	Age-related changes of skeletal muscle mass and strength among Italian and Taiwanese older people: Results from the Milan EXPO 2015 survey and the I-Lan Longitudinal Aging Study. Experimental Gerontology, 2018, 102, 76-80.	2.8	49
68	Sarcopenia in heart failure: mechanisms and therapeutic strategies. Journal of Geriatric Cardiology, 2016, 13, 615-24.	0.2	49
69	Impact of habitual physical activity and type of exercise on physical performance across ages in community-living people. PLoS ONE, 2018, 13, e0191820.	2.5	48
70	Association between myocyte quality control signaling and sarcopenia in old hip-fractured patients: Results from the Sarcopenia in HIp FracTure (SHIFT) exploratory study. Experimental Gerontology, 2016, 80, 1-5.	2.8	47
71	Systemic inflammation, body composition, and physical performance in old communityâ€dwellers. Journal of Cachexia, Sarcopenia and Muscle, 2017, 8, 69-77.	7.3	46
72	The "BIOmarkers associated with Sarcopenia and PHysical frailty in EldeRly pErsons―(BIOSPHERE) study: Rationale, design and methods. European Journal of Internal Medicine, 2018, 56, 19-25.	2.2	45

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73	Effects of treadmill exercise and training frequency on anabolic signaling pathways in the skeletal muscle of aged rats. Experimental Gerontology, 2012, 47, 23-28.	2.8	44
74	Older Adults with Physical Frailty and Sarcopenia Show Increased Levels of Circulating Small Extracellular Vesicles with a Specific Mitochondrial Signature. Cells, 2020, 9, 973.	4.1	44
75	Pre-Hospital Dietary Intake Correlates with Muscle Mass at the Time of Fracture in Older Hip-Fractured Patients. Frontiers in Aging Neuroscience, 2014, 6, 269.	3.4	43
76	Patterns of Circulating Inflammatory Biomarkers in Older Persons with Varying Levels of Physical Performance: A Partial Least Squares-Discriminant Analysis Approach. Frontiers in Medicine, 2014, 1, 27.	2.6	43
77	Protein-Amino Acid Metabolism Disarrangements: The Hidden Enemy of Chronic Age-Related Conditions. Nutrients, 2018, 10, 391.	4.1	43
78	If my muscle could talk: Myokines as a biomarker of frailty. Experimental Gerontology, 2019, 127, 110715.	2.8	43
79	Innovative Medicines Initiative: The SPRINTT Project. Journal of Frailty & Spring, the, 2015, 4, 207-208.	1.3	42
80	Animal-derived protein consumption is associated with muscle mass and strength in community-dwellers: Results from the Milan Expo survey. Journal of Nutrition, Health and Aging, 2017, 21, 1050-1056.	3.3	40
81	Advanced Age Is Associated with Iron Dyshomeostasis and Mitochondrial DNA Damage in Human Skeletal Muscle. Cells, 2019, 8, 1525.	4.1	39
82	Nutritional Status as a Mediator of Fatigue and Its Underlying Mechanisms in Older People. Nutrients, 2020, 12, 444.	4.1	39
83	Muscoloskeletal aging, sarcopenia and cancer. Journal of Geriatric Oncology, 2019, 10, 504-509.	1.0	38
84	Physical Functional Assessment in Older Adults. Journal of Frailty & English, 2021, 10, 1-9.	1.3	37
85	Identification of biomarkers for physical frailty and sarcopenia through a new multi-marker approach: results from the BIOSPHERE study. GeroScience, 2021, 43, 727-740.	4.6	37
86	Protein Intake and Sarcopenia in Older Adults: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2022, 19, 8718.	2.6	35
87	Late-life enalapril administration induces nitric oxide-dependent and independent metabolic adaptations in the rat skeletal muscle. Age, 2013, 35, 1061-1075.	3.0	34
88	Increased TFAM binding to mtDNA damage hot spots is associated with mtDNA loss in aged rat heart. Free Radical Biology and Medicine, 2018, 124, 447-453.	2.9	33
89	The need of operational paradigms for frailty in older persons: the SPRINTT project. Aging Clinical and Experimental Research, 2017, 29, 3-10.	2.9	32
90	The metabolomics side of frailty: Toward personalized medicine for the aged. Experimental Gerontology, 2019, 126, 110692.	2.8	32

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91	Circulating amino acid signature in older people with Parkinson's disease: A metabolic complement to the EXosomes in PArkiNson Disease (EXPAND) study. Experimental Gerontology, 2019, 128, 110766.	2.8	32
92	Extracellular Vesicles and Damage-Associated Molecular Patterns: A Pandora's Box in Health and Disease. Frontiers in Immunology, 2020, 11, 601740.	4.8	32
93	A novel multi-marker discovery approach identifies new serum biomarkers for Parkinson's disease in older people: an EXosomes in PArkiNson Disease (EXPAND) ancillary study. GeroScience, 2020, 42, 1323-1334.	4.6	32
94	Protein-Related Dietary Parameters and Frailty Status in Older Community-Dwellers across Different Frailty Instruments. Nutrients, 2020, 12, 508.	4.1	30
95	Identification of a Circulating Amino Acid Signature in Frail Older Persons with Type 2 Diabetes Mellitus: Results from the Metabofrail Study. Nutrients, 2020, 12, 199.	4.1	30
96	Sarcopenia Risk Screening Tool: A New Strategy for Clinical Practice. Journal of the American Medical Directors Association, 2014, 15, 613-614.	2.5	29
97	Dietary supplementation with acetyl- I -carnitine counteracts age-related alterations of mitochondrial biogenesis, dynamics and antioxidant defenses in brain of old rats. Experimental Gerontology, 2017, 98, 99-109.	2.8	28
98	Resistance training improves cognitive function in older adults with different cognitive status: a systematic review and Meta-analysis. Aging and Mental Health, 2022, 26, 213-224.	2.8	28
99	Evidence-based recommendations for resistance and power training to prevent frailty in community-dwellers. Aging Clinical and Experimental Research, 2021, 33, 2069-2086.	2.9	28
100	Mitochondrial dynamics signaling is shifted toward fusion in muscles of very old hip-fractured patients: Results from the Sarcopenia in HIp FracTure (SHIFT) exploratory study. Experimental Gerontology, 2017, 96, 63-67.	2.8	27
101	Circulating Mitochondrial-Derived Vesicles, Inflammatory Biomarkers and Amino Acids in Older Adults With Physical Frailty and Sarcopenia: A Preliminary BIOSPHERE Multi-Marker Study Using Sequential and Orthogonalized Covariance Selection – Linear Discriminant Analysis. Frontiers in Cell and Developmental Biology, 2020, 8, 564417.	3.7	27
102	The sarcopenia and physical frailty in older people: multi-component treatment strategies (SPRINTT) project: description and feasibility of a nutrition intervention in community-dwelling older Europeans. European Geriatric Medicine, 2021, 12, 303-312.	2.8	27
103	Sarcopenia and frailty: From theoretical approach into clinical practice. European Geriatric Medicine, 2016, 7, 197-200.	2.8	26
104	Twelveâ€year sarcopenia trajectories in older adults: results from a populationâ€based study. Journal of Cachexia, Sarcopenia and Muscle, 2022, 13, 254-263.	7.3	26
105	Sarcopenia as potential biological substrate of long COVIDâ€19 syndrome: prevalence, clinical features, and risk factors. Journal of Cachexia, Sarcopenia and Muscle, 2022, 13, 1974-1982.	7.3	25
106	High relative consumption of vegetable protein is associated with faster walking speed in well-functioning older adults. Aging Clinical and Experimental Research, 2019, 31, 837-844.	2.9	24
107	Targeting mitochondrial quality control for treating sarcopenia: lessons from physical exercise. Expert Opinion on Therapeutic Targets, 2019, 23, 153-160.	3.4	24
108	Beta-hydroxy-beta-methylbutyrate and sarcopenia. Current Opinion in Clinical Nutrition and Metabolic Care, 2019, 22, 37-43.	2.5	24

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109	Brand New Medicine for an Older Society. Journal of the American Medical Directors Association, 2016, 17, 558-559.	2.5	23
110	Cardiovascular health metrics, muscle mass and function among Italian community-dwellers: the Lookup 7+ project. European Journal of Public Health, 2018, 28, 766-772.	0.3	23
111	Inter-Organelle Membrane Contact Sites and Mitochondrial Quality Control during Aging: A Geroscience View. Cells, 2020, 9, 598.	4.1	23
112	Influence of Diets with Varying Essential/Nonessential Amino Acid Ratios on Mouse Lifespan. Nutrients, 2019, 11, 1367.	4.1	22
113	Serum interleukin-6 and endotoxin levels and their relationship with fatigue and depressive symptoms in patients on chronic haemodialysis. Cytokine, 2020, 125, 154823.	3.2	22
114	Effects of Combined Resistance and Power Training on Cognitive Function in Older Women: A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 3435.	2.6	22
115	Frailty, Physical Frailty, Sarcopenia: A New Conceptual Model. Studies in Health Technology and Informatics, 2014, 203, 78-84.	0.3	22
116	Relationship between cardiovascular health metrics and physical performance in community-living people: Results from the Longevity check-up (Lookup) 7+ project. Scientific Reports, 2018, 8, 16353.	3.3	21
117	Sarcopenia-related parameters in adults with Down syndrome: A cross-sectional exploratory study. Experimental Gerontology, 2019, 119, 93-99.	2.8	21
118	Age- and Gender-Related Changes in Physical Function in Community-Dwelling Brazilian Adults Aged 50 to 102 Years. Journal of Geriatric Physical Therapy, 2021, 44, E123-E131.	1.1	21
119	Molecular Mechanism and Pathogenesis of Sarcopenia: An Overview. International Journal of Molecular Sciences, 2021, 22, 3032.	4.1	21
120	Application of NMR-based Metabolomics to the Study of Gut Microbiota in Obesity. Journal of Clinical Gastroenterology, 2014, 48, S5-S7.	2.2	20
121	Circulating extracellular vesicles: friends and foes in neurodegeneration. Neural Regeneration Research, 2022, 17, 534.	3.0	20
122	Nutraceuticals and Dietary Supplements for Older Adults with Long COVID-19. Clinics in Geriatric Medicine, 2022, 38, 565-591.	2.6	20
123	Prevalence and Severity of Postdialysis Fatigue Are Higher in Patients on Chronic Hemodialysis With Functional Disability. Therapeutic Apheresis and Dialysis, 2018, 22, 635-640.	0.9	19
124	The Role of Artificial Intelligence in Managing Multimorbidity and Cancer. Journal of Personalized Medicine, 2021, 11, 314.	2.5	19
125	Altered Expression of Mitoferrin and Frataxin, Larger Labile Iron Pool and Greater Mitochondrial DNA Damage in the Skeletal Muscle of Older Adults. Cells, 2020, 9, 2579.	4.1	18
126	PREVALENCE OF PREFRAILTY AND FRAILTY IN SOUTH AMERICA: A SYSTEMATIC REVIEW OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES. Journal of Frailty & Systematic Review OF OBSERVATIONAL STUDIES.	1.3	18

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127	Molecular mechanisms of diabetes reversibility after bariatric surgery. International Journal of Obesity, 2007, 31, 1429-1436.	3.4	17
128	Differences in Liver TFAM Binding to mtDNA and mtDNA Damage between Aged and Extremely Aged Rats. International Journal of Molecular Sciences, 2019, 20, 2601.	4.1	17
129	Relationship between pulmonary function and physical performance among communityâ€living people: results from Lookâ€up 7+ study. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 38-45.	7.3	17
130	Extracellular Vesicles and Pancreatic Cancer: Insights on the Roles of miRNA, IncRNA, and Protein Cargos in Cancer Progression. Cells, 2021, 10, 1361.	4.1	17
131	Bone-Muscle Crosstalk: Unraveling New Therapeutic Targets for Osteoporosis. Current Pharmaceutical Design, 2018, 23, 6256-6263.	1.9	17
132	Biomarkers for Sarcopenia: Reductionism vs. Complexity. Current Protein and Peptide Science, 2018, 19, 639-642.	1.4	17
133	Consensus paper on the "executive summary of the international conference on Mediterranean diet and health: a lifelong approach―an Italian initiative supported by the Mediterranean Diet Foundation and the Menarini Foundation. Nutrition, 2018, 51-52, 38-45.	2.4	16
134	Association between Dietary Habits and Physical Function in Brazilian and Italian Older Women. Nutrients, 2020, 12, 1635.	4.1	16
135	Aberrant crosstalk between insulin signaling and mTOR in young Down syndrome individuals revealed by neuronalâ€derived extracellular vesicles. Alzheimer's and Dementia, 2022, 18, 1498-1510.	0.8	16
136	High saturated-fat diet induces apoptosis in rat enterocytes and blunts GIP and insulin-secretive response to oral glucose load. International Journal of Obesity, 2008, 32, 871-874.	3.4	15
137	Administration of Enalapril Started Late in Life Attenuates Hypertrophy and Oxidative Stress Burden, Increases Mitochondrial Mass, and Modulates Mitochondrial Quality Control Signaling in the Rat Heart. Biomolecules, 2018, 8, 177.	4.0	15
138	Can the FUT2 Non-secretor Phenotype Associated With Gut Microbiota Increase the Children Susceptibility for Type 1 Diabetes? A Mini Review. Frontiers in Nutrition, 2020, 7, 606171.	3.7	15
139	Thirst in patients on chronic hemodialysis: What do we know so far?. International Urology and Nephrology, 2020, 52, 697-711.	1.4	15
140	Sarcopenia Identified According to the EWGSOP2 Definition in Community-Living People: Prevalence and Clinical Features. Journal of the American Medical Directors Association, 2020, 21, 1470-1474.	2.5	15
141	Brown Adipose Tissue and the Cold War Against Obesity. Diabetes, 2014, 63, 3998-4000.	0.6	14
142	Treating symptoms to improve the quality of life in patients on chronic hemodialysis. International Urology and Nephrology, 2019, 51, 885-887.	1.4	14
143	Inflammaging at the Time of COVID-19. Clinics in Geriatric Medicine, 2022, 38, 473-481.	2.6	14
144	Diet enrichment with a specific essential free amino acid mixture improves healing of undressed wounds in aged rats. Experimental Gerontology, 2017, 96, 138-145.	2.8	13

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145	Association between vitamin D status and physical performance in COVID-19 survivors: Results from the Gemelli against COVID-19 post-acute care project. Mechanisms of Ageing and Development, 2022, 205, 111684.	4.6	13
146	Body Weight Loss and Tissue Wasting in Late Middle-Aged Mice on Slightly Imbalanced Essential/Non-essential Amino Acids Diet. Frontiers in Medicine, 2018, 5, 136.	2.6	12
147	Molecular routes to sarcopenia and biomarker development: per aspera ad astra. Current Opinion in Pharmacology, 2021, 57, 140-147.	3.5	12
148	Protein Intake and Cognitive Function in Older Adults: A Systematic Review and Meta-Analysis. Nutrition and Metabolic Insights, 2021, 14, 117863882110223.	1.9	12
149	Genetic variants associated with physical performance and anthropometry in old age: a genome-wide association study in the ilSIRENTE cohort. Scientific Reports, 2017, 7, 15879.	3.3	11
150	Editorial: Protein and Sarcopenia: Experimental Data and Clinical Evidence. Current Protein and Peptide Science, 2018, 19, 632-632.	1.4	11
151	Effects of a New Combination of Medical Food on Endothelial Function and Lipid Profile in Dyslipidemic Subjects: A Pilot Randomized Trial. BioMed Research International, 2019, 2019, 1-7.	1.9	11
152	Prevalence of dyslipidaemia and awareness of blood cholesterol levels among community-living people: results from the Longevity check-up 7+ (Lookup 7+) cross-sectional survey. BMJ Open, 2018, 8, e021627.	1.9	10
153	Peridialytic serum cytokine levels and their relationship with postdialysis fatigue and recovery in patients on chronic haemodialysis $\hat{a} \in A$ preliminary study. Cytokine, 2020, 135, 155223.	3.2	10
154	Mitochondrial-derived vesicles in skeletal muscle remodeling and adaptation. Seminars in Cell and Developmental Biology, 2023, 143, 37-45.	5.0	10
155	Protein Intake and Frailty in Older Adults: A Systematic Review and Meta-Analysis of Observational Studies. Nutrients, 2022, 14, 2767.	4.1	10
156	Determination of asymmetric dimethyl arginine in human serum by liquid chromatography-tandem mass spectrometry: clinical application in hypertensive subjects. Clinical Chemistry and Laboratory Medicine, 2011, 49, 2109-15.	2.3	9
157	The "Metabolic biomarkers of frailty in older people with type 2 diabetes mellitus―(MetaboFrail) study: Rationale, design and methods. Experimental Gerontology, 2020, 129, 110782.	2.8	8
158	A Specific Urinary Amino Acid Profile Characterizes People with Kidney Stones. Disease Markers, 2020, 2020, 1-7.	1.3	8
159	Lack of energy is associated with malnutrition in nursing home residents: Results from the <scp>INCUR</scp> study. Journal of the American Geriatrics Society, 2021, 69, 3242-3248.	2.6	8
160	SARCOPENIA IN PRIMARY CARE: SCREENING, DIAGNOSIS, MANAGEMENT. Journal of Frailty & Samp; Aging, the, 2021, 10, 226-232.	1.3	8
161	Biomarkers of frailty: Moving the field forward. Experimental Gerontology, 2020, 133, 110868.	2.8	7
162	Interaction of Skeletal and Left Ventricular Mass in Older Adults with Low Muscle Performance. Journal of the American Geriatrics Society, 2021, 69, 148-154.	2.6	7

#	Article	IF	CITATIONS
163	Frailty is not associated with hypertension, blood pressure or antihypertensive medication in community-dwelling older adults: A cross-sectional comparison across 3 frailty instruments. Experimental Gerontology, 2021, 146, 111245.	2.8	7
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