

# Bei Bei

## List of Publications by Year in descending order

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Version: 2024-02-01

73  
papers

2,732  
citations

201674

27  
h-index

197818

49  
g-index

78  
all docs

78  
docs citations

78  
times ranked

3722  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep and affect in adolescents: Bidirectional daily associations over 28-day ecological momentary assessment. <i>Journal of Sleep Research</i> , 2022, 31, e13491.	3.2	9
2	Light enhanced cognitive behavioral therapy for insomnia and fatigue during chemotherapy for breast cancer: a randomized controlled trial. <i>Sleep</i> , 2022, 45, .	1.1	10
3	The Associations Between Daily Activities and Affect: a Compositional Isotemporal Substitution Analysis. <i>International Journal of Behavioral Medicine</i> , 2022, 29, 456-468.	1.7	8
4	What time do you plan to sleep tonight? An intense longitudinal study of adolescent daily sleep self-regulation via planning and its associations with sleep opportunity. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2022, 63, 900-911.	5.2	3
5	Differentiating perinatal Insomnia Disorder and sleep disruption: a longitudinal study from pregnancy to 2 years postpartum. <i>Sleep</i> , 2022, 45, .	1.1	18
6	A 14-day ecological momentary assessment study on whether resilience and early family risk moderate daily stress and affect on cortisol diurnal slope. <i>Scientific Reports</i> , 2022, 12, 1240.	3.3	2
7	Preventing postpartum insomnia by targeting maternal versus infant sleep: a protocol for a randomized controlled trial (the Study for Mother-Infant Sleep "SMILE"). <i>SLEEP Advances</i> , 2022, 3, zbab020.	0.2	2
8	Does breastfeeding influence sleep? A longitudinal study across the first two postpartum years. <i>Birth</i> , 2022, 49, 540-548.	2.2	4
9	Daily Relations Between Stress and Electroencephalography-Assessed Sleep: A 15-Day Intensive Longitudinal Design With Ecological Momentary Assessments. <i>Annals of Behavioral Medicine</i> , 2022, 56, 1144-1156.	2.9	9
10	The CLASS Study (Circadian Light in Adolescence, Sleep and School): protocol for a prospective, longitudinal cohort to assess sleep, light, circadian timing and academic performance in adolescence. <i>BMJ Open</i> , 2022, 12, e055716.	1.9	1
11	0474 Three-arm randomised controlled trial of Cognitive Behavioural Therapy for Insomnia, a responsive bassinet, and sleep hygiene for preventing postpartum insomnia: Preliminary findings on maternal insomnia and sleep outcomes (Study for Mother-Infant Sleep). <i>Sleep</i> , 2022, 45, A210-A210.	1.1	0
12	0183 Daily sleep predicts adolescents' next-day psychomotor vigilance, sleepiness, and fatigue: Ecological momentary assessment across 28 days of school and vacation. <i>Sleep</i> , 2022, 45, A84-A85.	1.1	0
13	Modifiable parental factors in adolescent sleep: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 56, 101408.	8.5	38
14	Perceived daily sleep need and sleep debt in adolescents: associations with daily affect over school and vacation periods. <i>Sleep</i> , 2021, 44, .	1.1	8
15	Improving perinatal sleep via a scalable cognitive behavioural intervention: findings from a randomised controlled trial from pregnancy to 2 years postpartum. <i>Psychological Medicine</i> , 2021, , 1-11.	4.5	20
16	Piloting CanCope: An internet-delivered transdiagnostic intervention to improve mental health in cancer survivors. <i>Psycho-Oncology</i> , 2021, , .	2.3	4
17	In-person vs home schooling during the COVID-19 pandemic: Differences in sleep, circadian timing, and mood in early adolescence. <i>Journal of Pineal Research</i> , 2021, 71, e12757.	7.4	21
18	Re-thinking insomnia disorder in adolescents: the importance of an accurate diagnosis. <i>Sleep</i> , 2021, 44, .	1.1	9

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19	Daily Coping Moderates the Relations between Stress and Actigraphic Sleep: A Daily Intensive Longitudinal Study with Ecological Momentary Assessments. <i>Sleep Medicine</i> , 2021, 88, 231-240.	1.6	2
20	Bi-directional relations between stress and self-reported and actigraphy-assessed sleep: a daily intensive longitudinal study. <i>Sleep</i> , 2020, 43, .	1.1	65
21	Sleep and stress in adolescents: the roles of pre-sleep arousal and coping during school and vacation. <i>Sleep Medicine</i> , 2020, 66, 130-138.	1.6	25
22	Light-enhanced cognitive behavioural therapy for sleep and fatigue: study protocol for a randomised controlled trial during chemotherapy for breast cancer. <i>Trials</i> , 2020, 21, 295.	1.6	13
23	Cognitive Behavioural Therapy and Light Dark Therapy for Maternal Postpartum Insomnia Symptoms: Protocol of a Parallel-Group Randomised Controlled Efficacy Trial. <i>Frontiers in Global Women S Health</i> , 2020, 1, 591677.	2.3	6
24	Psychological Distress, Alcohol Use, Fatigue, Sleepiness, and Sleep Quality: An Exploratory Study Among Men Whose Partners Are Admitted to a Residential Early Parenting Service. <i>Australian Psychologist</i> , 2019, 54, 143-150.	1.6	6
25	A scalable cognitive behavioural program to promote healthy sleep during pregnancy and postpartum periods: protocol of a randomised controlled trial (the SEED project). <i>BMC Pregnancy and Childbirth</i> , 2019, 19, 254.	2.4	11
26	Cognitive Behavioral Therapy for Prenatal Insomnia. <i>Obstetrics and Gynecology</i> , 2019, 133, 911-919.	2.4	93
27	Postpartum fatigue, daytime sleepiness, and psychomotor vigilance are modifiable through a brief residential early parenting program. <i>Sleep Medicine</i> , 2019, 59, 33-41.	1.6	9
28	Sleep regularity is associated with sleep-wake and circadian timing, and mediates daytime function in Delayed Sleep-Wake Phase Disorder. <i>Sleep Medicine</i> , 2019, 58, 93-101.	1.6	34
29	More than depression: a multi-dimensional assessment of postpartum distress symptoms before and after a residential early parenting program. <i>BMC Psychiatry</i> , 2019, 19, 48.	2.6	14
30	Circadian Preference as a Moderator of Depression Outcome Following Cognitive Behavioral Therapy for Insomnia Plus Antidepressant Medications: A Report From the TRIAD Study. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 573-580.	2.6	20
31	Postpartum fatigue and depression: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2019, 246, 224-233.	4.1	52
32	Psychological and sleep-related functioning among women with unsettled infants in Victoria, Australia: a cross-sectional study. <i>Journal of Reproductive and Infant Psychology</i> , 2019, 37, 413-428.	1.8	7
33	Postpartum fatigue: assessing and improving the psychometric properties of the Fatigue Severity Scale. <i>Archives of Women's Mental Health</i> , 2018, 21, 471-474.	2.6	10
34	Dietary disinhibition mediates the relationship between poor sleep quality and body weight. <i>Appetite</i> , 2018, 120, 602-608.	3.7	36
35	The ability to self-monitor cognitive performance during 60h total sleep deprivation and following 2nights recovery sleep. <i>Journal of Sleep Research</i> , 2018, 27, e12633.	3.2	27
36	Related but different: distinguishing postpartum depression and fatigue among women seeking help for unsettled infant behaviours. <i>BMC Psychiatry</i> , 2018, 18, 309.	2.6	17

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37	Positive and Negative Emotions: Differential Associations with Sleep Duration and Quality in Adolescents. <i>Journal of Youth and Adolescence</i> , 2018, 47, 2584-2595.	3.5	70
38	Sleep problems during the menopausal transition: prevalence, impact, and management challenges. <i>Nature and Science of Sleep</i> , 2018, Volume 10, 73-95.	2.7	166
39	Treating insomnia in depression: Insomnia related factors predict long-term depression trajectories.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 282-293.	2.0	53
40	Too Long, Too Short, or Too Variable? Sleep Intraindividual Variability and Its Associations With Perceived Sleep Quality and Mood in Adolescents During Naturalistically Unconstrained Sleep. <i>Sleep</i> , 2017, 40, .	1.1	41
41	Sleep Duration and Sleep Quality: Associations With Depressive Symptoms Across Adolescence. <i>Behavioral Sleep Medicine</i> , 2017, 15, 198-215.	2.1	77
42	Enhancing memory self-efficacy during menopause through a group memory strategies program. <i>Menopause</i> , 2017, 24, 574-581.	2.0	4
43	Relationship of Psychosocial Resources With Allostatic Load: A Systematic Review. <i>Psychosomatic Medicine</i> , 2017, 79, 283-292.	2.0	50
44	Highs and lows: Naturalistic changes in mood and everyday hassles over school and vacation periods in adolescents. <i>Journal of Adolescence</i> , 2017, 61, 17-21.	2.4	10
45	Sleep and Physiological Dysregulation: A Closer Look at Sleep Intraindividual Variability. <i>Sleep</i> , 2017, 40, .	1.1	54
46	Sleep Quality in Adolescents With Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME). <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1057-1066.	2.6	16
47	Nocturnal indicators of increased cardiovascular risk in depressed adolescent girls. <i>Journal of Sleep Research</i> , 2016, 25, 216-224.	3.2	9
48	Better Objective Sleep Quality in Older Adults with High Subjective Memory Decline. <i>Journal of Alzheimer's Disease</i> , 2016, 53, 943-953.	2.6	15
49	Objective but not subjective sleep predicts memory in community-dwelling older adults. <i>Journal of Sleep Research</i> , 2016, 25, 475-485.	3.2	46
50	Antecedents of Attitudes to Aging: A Study of the Roles of Personality and Well-being. <i>Gerontologist</i> , The, 2016, 56, 256-265.	3.9	62
51	Beyond the mean: A systematic review on the correlates of daily intraindividual variability of sleep/wake patterns. <i>Sleep Medicine Reviews</i> , 2016, 28, 108-124.	8.5	274
52	What's Keeping Teenagers Up? Prebedtime Behaviors and Actigraphy-Assessed Sleep Over School and Vacation. <i>Journal of Adolescent Health</i> , 2016, 58, 426-432.	2.5	102
53	Self-compassion, attitudes to ageing and indicators of health and well-being among midlife women. <i>Aging and Mental Health</i> , 2016, 20, 1035-1043.	2.8	40
54	A Cognitive Vulnerability Model of Sleep and Mood in Adolescents under Naturalistically Restricted and Extended Sleep Opportunities. <i>Sleep</i> , 2015, 38, 453-461.	1.1	22

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55	Chronotype and Improved Sleep Efficiency Independently Predict Depressive Symptom Reduction after Group Cognitive Behavioral Therapy for Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 1021-1027.	2.6	49
56	Sleep in Women: A Review. <i>Australian Psychologist</i> , 2015, 50, 14-24.	1.6	11
57	Sleep and Mood During Pregnancy and the Postpartum Period. <i>Sleep Medicine Clinics</i> , 2015, 10, 25-33.	2.6	89
58	Investigating how menopausal factors and self-compassion shape well-being: An exploratory path analysis. <i>Maturitas</i> , 2015, 81, 293-299.	2.4	17
59	Validation and utility of the Attitudes to Ageing Questionnaire: Links to menopause and well-being trajectories. <i>Maturitas</i> , 2015, 82, 190-196.	2.4	12
60	Early physiological markers of cardiovascular risk in community based adolescents with a depressive disorder. <i>Journal of Affective Disorders</i> , 2015, 175, 403-410.	4.1	25
61	Actigraphy-assessed sleep during school and vacation periods: a naturalistic study of restricted and extended sleep opportunities in adolescents. <i>Journal of Sleep Research</i> , 2014, 23, 107-117.	3.2	66
62	Self-compassion weakens the association between hot flushes and night sweats and daily life functioning and depression. <i>Maturitas</i> , 2014, 78, 298-303.	2.4	33
63	Pilot study of a mindfulness-based, multi-component, in-school group sleep intervention in adolescent girls. <i>Microbial Biotechnology</i> , 2013, 7, 213-220.	1.7	94
64	Validation of the Drinking Motives Questionnaire (DMQ) in older adults. <i>Addictive Behaviors</i> , 2013, 38, 2196-2202.	3.0	70
65	A prospective study of the impact of floods on the mental and physical health of older adults. <i>Aging and Mental Health</i> , 2013, 17, 992-1002.	2.8	118
66	The Relationship Between Sleep and Mood in First-Time and Experienced Mothers. <i>Behavioral Sleep Medicine</i> , 2012, 10, 167-179.	2.1	41
67	The relationship between attitudes to aging and physical and mental health in older adults. <i>International Psychogeriatrics</i> , 2012, 24, 1674-1683.	1.0	152
68	Day-to-day alteration of 24-hour sleep pattern immediately before and after giving birth. <i>Sleep and Biological Rhythms</i> , 2012, 10, 212-221.	1.0	14
69	Discharge Patterns of Human Tensor Palatini Motor Units During Sleep Onset. <i>Sleep</i> , 2012, 35, 699-707.	1.1	27
70	Common Drive in Hypoglossal and Trigeminal Motor Neurons. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2011, 183, 1280-1280.	5.6	1
71	Subjective Perception of Sleep, but not its Objective Quality, is Associated with Immediate Postpartum Mood Disturbances in Healthy Women. <i>Sleep</i> , 2010, 33, 531-538.	1.1	172
72	Motor unit recruitment in human genioglossus muscle in response to hypercapnia. <i>Sleep</i> , 2010, 33, 1529-38.	1.1	16

#	ARTICLE	IF	CITATIONS
73	The CanCope Study: Protocol for a Randomized Controlled Trial Assessing an Internet-Delivered Emotion-Focused Intervention Compared to a Healthy Lifestyle Active Control Intervention in Improving Mental Health in Cancer Survivors (Preprint). JMIR Research Protocols, 0, , .	1.0	0