

Kaisu H Pitkälä

List of Publications by Year in descending order

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Version: 2024-02-01

121
papers

3,427
citations

186265

28
h-index

168389

53
g-index

122
all docs

122
docs citations

122
times ranked

4829
citing authors

#	ARTICLE	IF	CITATIONS
1	Predictors of Cognitive Decline and Mortality of Aged People Over a 10-Year Period. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004, 59, M268-M274.	3.6	458
2	Effects of the Finnish Alzheimer Disease Exercise Trial (FINALEX). <i>JAMA Internal Medicine</i> , 2013, 173, 894.	5.1	238
3	Recommendations on Physical Activity and Exercise for Older Adults Living in Long-Term Care Facilities: A Taskforce Report. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 381-392.	2.5	174
4	Prognostic Significance of Delirium in Frail Older People. <i>Dementia and Geriatric Cognitive Disorders</i> , 2005, 19, 158-163.	1.5	129
5	Efficacy of physical exercise intervention on mobility and physical functioning in older people with dementia: A systematic review. <i>Experimental Gerontology</i> , 2013, 48, 85-93.	2.8	124
6	Effects of Psychosocial Group Rehabilitation on Health, Use of Health Care Services, and Mortality of Older Persons Suffering From Loneliness: A Randomized, Controlled Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2009, 64A, 792-800.	3.6	120
7	Inappropriate Drug Prescribing in Home-Dwelling, Elderly Patients. <i>Archives of Internal Medicine</i> , 2002, 162, 1707.	3.8	112
8	Effects of Exercise on Cognition: The Finnish Alzheimer Disease Exercise Trial: A Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2016, 64, 731-738.	2.6	100
9	Effects of Socially Stimulating Group Intervention on Lonely, Older People's Cognition: A Randomized, Controlled Trial. <i>American Journal of Geriatric Psychiatry</i> , 2011, 19, 654-663.	1.2	86
10	Education to Reduce Potentially Harmful Medication Use Among Residents of Assisted Living Facilities: A Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2014, 15, 892-898.	2.5	82
11	Effects of Self-Management Groups for People with Dementia and Their Spouses: A Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2016, 64, 752-760.	2.6	79
12	Feelings related to first patient experiences in medical school. <i>Patient Education and Counseling</i> , 2004, 54, 171-177.	2.2	70
13	Cognitive Training Interventions for Patients with Alzheimer's Disease: A Systematic Review. <i>Journal of Alzheimer's Disease</i> , 2017, 56, 1349-1372.	2.6	60
14	Multicomponent Geriatric Intervention for Elderly Inpatients With Delirium: Effects on Costs and Health-Related Quality of Life. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2008, 63, 56-61.	3.6	54
15	The association of the dopamine transporter gene and the dopamine receptor 2 gene with delirium, a meta-analysis. <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , 2010, 153B, 648-655.	1.7	50
16	Management of Nonmalignant Pain in Home-Dwelling Older People: A Population-Based Survey. <i>Journal of the American Geriatrics Society</i> , 2002, 50, 1861-1865.	2.6	49
17	Effect of Clinical Geriatric Assessments and Collaborative Medication Reviews by Geriatrician and Family Physician for Improving Health-Related Quality of Life in Home-Dwelling Older Patients Receiving Polypharmacy. <i>JAMA Internal Medicine</i> , 2020, 180, 181.	5.1	49
18	Alcohol consumption in midlife and old age and risk of frailty. <i>Age and Ageing</i> , 2018, 47, 248-254.	1.6	40

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19	Use of proton-pump inhibitors and their associated risks among frail elderly nursing home residents. <i>Scandinavian Journal of Primary Health Care</i> , 2010, 28, 154-159.	1.5	39
20	Cohort Profile: The Helsinki Businessmen Study (HBS). <i>International Journal of Epidemiology</i> , 2016, 45, 1074-1074h.	1.9	39
21	Exercise rehabilitation on home-dwelling patients with Alzheimer's disease - a randomized, controlled trial. Study protocol. <i>Trials</i> , 2010, 11, 92.	1.6	37
22	Prevention of Functional Decline by Reframing the Role of Nursing Homes?. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 105-110.	2.5	37
23	Is It Possible to Reduce Polypharmacy in the Elderly?. <i>Drugs and Aging</i> , 2001, 18, 143-149.	2.7	36
24	Eight-Year Trends in the Use of Opioids, Other Analgesics, and Psychotropic Medications Among Institutionalized Older People in Finland. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 973-978.	2.5	34
25	Association of Self-Rated Health in Midlife With Mortality and Old Age Frailty: A 26-Year Follow-Up of Initially Healthy Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 923-928.	3.6	32
26	Analgesic use and pain in residents with and without dementia in aged care facilities: A cross-sectional study. <i>Australasian Journal on Ageing</i> , 2016, 35, 180-187.	0.9	31
27	Dentition, nutritional status and adequacy of dietary intake among older residents in assisted living facilities. <i>Gerodontology</i> , 2016, 33, 225-232.	2.0	31
28	COVID-19 has hit nursing homes hard. <i>European Geriatric Medicine</i> , 2020, 11, 889-891.	2.8	31
29	Clinical trials in older people. <i>Age and Ageing</i> , 2022, 51, .	1.6	30
30	Living Will, Resuscitation Preferences, and Attitudes towards Life in an Aged Population. <i>Gerontology</i> , 2004, 50, 247-254.	2.8	29
31	Burden of Oral Symptoms and Its Associations With Nutrition, Well-Being, and Survival Among Nursing Home Residents. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 537-543.	2.5	29
32	Training professionals to implement a group model for alleviating loneliness among older people – a 10-year follow-up study. <i>Educational Gerontology</i> , 2018, 44, 119-127.	1.3	28
33	Fourteen-Year Trends in the Use of Psychotropic Medications, Opioids, and Other Sedatives Among Institutionalized Older People in Helsinki, Finland. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 305-311.	2.5	27
34	Effect of Protein Supplementation on Physical Performance in Older People With Sarcopenia – A Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 226-232.e1.	2.5	27
35	Status of Geriatrics in 22 Countries. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 627-631.	3.3	26
36	Effects of preventive home visits on health-related quality-of-life and mortality in home-dwelling older adults. <i>Scandinavian Journal of Primary Health Care</i> , 2019, 37, 90-97.	1.5	25

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37	COVID-19 pandemic and mortality in nursing homes across USA and Europe up to October 2021. <i>European Geriatric Medicine</i> , 2022, 13, 705-709.	2.8	25
38	Vision impairment and nutritional status among older assisted living residents. <i>Archives of Gerontology and Geriatrics</i> , 2014, 58, 384-387.	3.0	23
39	Do you want to live to be 100? Answers from older people. <i>Age and Ageing</i> , 2016, 45, 543-549.	1.6	22
40	Herbal medications and other dietary supplements. A clinical review for physicians caring for older people. <i>Annals of Medicine</i> , 2016, 48, 586-602.	3.8	20
41	Effects of Cognitive Training on Cognition and Quality of Life of Older Persons with Dementia. <i>Journal of the American Geriatrics Society</i> , 2018, 66, 664-670.	2.6	20
42	Staff Training Interventions to Improve End-of-Life Care of Nursing Home Residents: A Systematic Review. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 268-278.	2.5	20
43	Loneliness in Nursing Homes. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 680-681.	2.5	19
44	Burden of Potentially Harmful Medications and the Association With Quality of Life and Mortality Among Institutionalized Older People. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 276.e9-276.e14.	2.5	19
45	Relationship between Friedâ€™s frailty phenotype and oral frailty in long-term care residents. <i>Age and Ageing</i> , 2021, 50, 2133-2139.	1.6	19
46	Use of cardiovascular drugs by home-dwelling coronary patients aged 75 years and older. <i>European Journal of Clinical Pharmacology</i> , 2001, 57, 513-516.	1.9	18
47	Changes in disability, self-rated health, comorbidities and psychological wellbeing in community-dwelling 75â€™95-year-old cohorts over two decades in Helsinki. <i>Scandinavian Journal of Primary Health Care</i> , 2017, 35, 279-285.	1.5	18
48	Effectiveness and cost-effectiveness of personalised dietary advice aiming at increasing protein intake on physical functioning in community-dwelling older adults with lower habitual protein intake: rationale and design of the PROMISS randomised controlled trial. <i>BMJ Open</i> , 2020, 10, e040637.	1.9	18
49	Oral hygiene and health-related quality of life in institutionalized older people. <i>European Geriatric Medicine</i> , 2022, 13, 213-220.	2.8	18
50	Altering a computerized laboratory test order form rationalizes ordering of laboratory tests in primary care physicians. <i>International Journal of Medical Informatics</i> , 2016, 86, 49-53.	3.3	17
51	Relationship of Neuropsychiatric Symptoms with Falls in Alzheimer's Disease â€™ Does Exercise Modify the Risk?. <i>Journal of the American Geriatrics Society</i> , 2018, 66, 2377-2381.	2.6	17
52	Potentially severe drugâ€™drug interactions among older people and associations in assisted living facilities in Finland: a cross-sectional study. <i>Scandinavian Journal of Primary Health Care</i> , 2016, 34, 250-257.	1.5	16
53	Nurse Education to Reduce Harmful Medication Use in Assisted Living Facilities: Effects of a Randomized Controlled Trial on Falls and Cognition. <i>Drugs and Aging</i> , 2015, 32, 947-955.	2.7	15
54	Use of Anticholinergic Drugs and its Relationship With Psychological Well-Being and Mortality in Long-Term Care Facilities in Helsinki. <i>Journal of the American Medical Directors Association</i> , 2018, 19, 511-515.	2.5	15

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55	Temporal Trends in the Use of Anticholinergic Drugs Among Older People Living in Long-Term Care Facilities in Helsinki. <i>Drugs and Aging</i> , 2020, 37, 27-34.	2.7	15
56	Fecal <i>Bifidobacterium</i> Levels in Elderly Nursing Home Patients. <i>Bioscience and Microflora</i> , 2010, 29, 111-113.	0.5	14
57	Changes in malnutrition and quality of nutritional care among aged residents in all nursing homes and assisted living facilities in Helsinki 2003-2011. <i>Archives of Gerontology and Geriatrics</i> , 2017, 72, 169-173.	3.0	14
58	Interest in healthy lifestyle and adherence to medications: Impact on mortality among elderly cardiovascular patients in the DEBATE Study. <i>Patient Education and Counseling</i> , 2007, 67, 44-49.	2.2	13
59	Reducing inappropriate, anticholinergic and psychotropic drugs among older residents in assisted living facilities: study protocol for a randomized controlled trial. <i>Trials</i> , 2012, 13, 85.	1.6	13
60	Culturally diverse health care students' experiences with teaching strategies in Finland: A national survey. <i>Nurse Education Today</i> , 2013, 33, 590-595.	3.3	13
61	How Do Community-Dwelling Persons with Alzheimer Disease Fall Falls in the FINALEX Study. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2017, 7, 195-203.	1.3	13
62	Statin Treatment Is Associated With a Neutral Effect on Health-Related Quality of Life Among Community-Dwelling Octogenarian Men: The Helsinki Businessmen Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018, 73, 1418-1423.	3.6	13
63	Major cardiovascular disease (CVD) risk factors in midlife and extreme longevity. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 299-304.	2.9	13
64	Cardiovascular risk factors and glucose tolerance in midlife and risk of cognitive disorders in old age up to a 49-year follow-up of the Helsinki businessmen study. <i>Annals of Medicine</i> , 2017, 49, 462-469.	3.8	12
65	Bioimpedance analysis and physical functioning as mortality indicators among older sarcopenic people. <i>Experimental Gerontology</i> , 2019, 122, 42-46.	2.8	12
66	Phenotypic frailty and multimorbidity are independent 18-year mortality risk indicators in older men. <i>European Geriatric Medicine</i> , 2021, 12, 953-961.	2.8	12
67	Effect of 12-Month Supervised, Home-Based Physical Exercise on Functioning Among Persons With Signs of Frailty: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2021, 102, 2283-2290.	0.9	12
68	Associations of physical activity with self-rated health and well-being in middle-aged Finnish men. <i>Scandinavian Journal of Public Health</i> , 2015, 43, 190-196.	2.3	11
69	Cooperation between geriatricians and general practitioners for improved pharmacotherapy in home-dwelling elderly people receiving polypharmacy - the COOP Study: study protocol for a cluster randomised controlled trial. <i>Trials</i> , 2017, 18, 158.	1.6	11
70	Effect of Exercise on Drug-Related Falls Among Persons with Alzheimer's Disease: A Secondary Analysis of the FINALEX Study. <i>Drugs and Aging</i> , 2018, 35, 1017-1023.	2.7	11
71	Effects of Home-Based Physical Exercise on Days at Home and Cost-Effectiveness in Pre-Frail and Frail Persons: Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 773-779.	2.5	11
72	Clinical and laboratory characteristics of active and healthy aging (AHA) in octogenarian men. <i>Aging Clinical and Experimental Research</i> , 2015, 27, 581-587.	2.9	10

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73	Encouraging primary care research: evaluation of a one-year, doctoral clinical epidemiology research course. <i>Scandinavian Journal of Primary Health Care</i> , 2016, 34, 89-96.	1.5	10
74	Serum thyroid-stimulating hormone and cognition in older people. <i>Age and Ageing</i> , 2016, 45, 155-157.	1.6	9
75	Health-related quality of life as a predictor of mortality in heterogeneous samples of older adults. <i>European Geriatric Medicine</i> , 2018, 9, 227-234.	2.8	9
76	Sauna bathing, health, and quality of life among octogenarian men: the Helsinki Businessmen Study. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 1053-1057.	2.9	9
77	Midlife predictors of active and healthy aging (AHA) among older businessmen. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 225-231.	2.9	9
78	The Effects of Preventive Home Visits on Older People's Use of Health Care and Social Services and Related Costs. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 1586-1593.	3.6	9
79	Loneliness in assisted living facilities: An exploration of the group process. <i>Scandinavian Journal of Occupational Therapy</i> , 2021, 28, 354-365.	1.7	9
80	Exercise Effects on Falls, Fractures, Hospitalizations, and Mortality in Older Adults With Dementia: An Individual-Level Patient Data Meta-analysis. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, e203-e212.	3.6	8
81	Time- and place-dependent experiences of loneliness in assisted living facilities. <i>Ageing and Society</i> , 2021, 41, 628-644.	1.7	8
82	Effects of Staff Training on Nursing Home Residents' End-Of-Life Care: A Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 1699-1705.e1.	2.5	8
83	Use of Anticholinergic Drugs According to Various Criteria and Their Association With Psychological Well-Being and Mortality in Long-Term Care Facilities. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 1156-1162.	2.5	7
84	The cost effectiveness of personalized dietary advice to increase protein intake in older adults with lower habitual protein intake: a randomized controlled trial. <i>European Journal of Nutrition</i> , 2022, 61, 505-520.	3.9	7
85	Listening to the voice of older people: dimensions of loneliness in long-term care facilities. <i>Ageing and Society</i> , 2023, 43, 2894-2911.	1.7	7
86	Oral disease burden of dentate older adults living in long-term care facilities: FINORAL study. <i>BMC Oral Health</i> , 2021, 21, 624.	2.3	7
87	Prescribed Doses of Opioids in Long-Term Care Facilities. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 1100-1102.	2.5	6
88	Change in Prescribing for Secondary Prevention of Stroke and Coronary Heart Disease in Finnish Nursing Homes and Assisted Living Facilities. <i>Drugs and Aging</i> , 2019, 36, 571-579.	2.7	6
89	Older persons with signs of frailty in a home-based physical exercise intervention: baseline characteristics of an RCT. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 1419-1427.	2.9	6
90	Statin treatment, phenotypic frailty and mortality among community-dwelling octogenarian men: the HBS cohort. <i>Age and Ageing</i> , 2020, 49, 258-263.	1.6	6

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91	Secular trends in functional abilities, health and psychological well-being among community-dwelling 75- to 95-year-old cohorts over three decades in Helsinki, Finland. <i>Scandinavian Journal of Public Health</i> , 2022, 50, 524-531.	2.3	6
92	Effects of a 12-month home-based exercise program on functioning after hip fracture – Secondary analyses of an RCT. <i>Journal of the American Geriatrics Society</i> , 2022, 70, 2561-2570.	2.6	6
93	Training nursing home staff to improve residents' end-of-life care: design and baseline findings from a randomized controlled trial. <i>European Geriatric Medicine</i> , 2019, 10, 649-657.	2.8	5
94	Neuropsychiatric Symptoms as Predictors of Falls in Long-Term Care Residents With Cognitive Impairment. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 1243-1248.	2.5	5
95	Monetary value of informal caregiving in dementia from a societal perspective. <i>Age and Ageing</i> , 2021, 50, 861-867.	1.6	5
96	Severity of both neuropsychiatric symptoms and dementia is associated with quality of life in nursing home residents. <i>European Geriatric Medicine</i> , 2019, 10, 793-800.	2.8	4
97	Midlife Cardiovascular Status and Old Age Physical Functioning Trajectories in Older Businessmen. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 2490-2496.	2.6	4
98	The associations of body mass index, bioimpedance spectroscopy-based calf intracellular resistance, single-frequency bioimpedance analysis and physical performance of older people. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 1077-1083.	2.9	4
99	Changes in Institutionalized Older People's Dentition Status in Helsinki, 2003–2017. <i>Journal of the American Geriatrics Society</i> , 2020, 68, 221-223.	2.6	4
100	Effects of Home-Based Physical Exercise on Days at Home, Health Care Utilization, and Functional Independence Among Patients With Hip Fractures: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2021, 102, 1692-1699.	0.9	4
101	Training Staff in Long-Term Care Facilities – Effects on Residents' Symptoms, Psychological Well-Being, and Proxy Satisfaction. <i>Journal of Pain and Symptom Management</i> , 2021, 62, e4-e12.	1.2	4
102	DEVELOPMENT OF A GERIATRIC TEAM: A STAFF DEVELOPMENT EDUCATIONAL PROCESS IN A NURSING HOME. <i>Educational Gerontology</i> , 2003, 29, 117-128.	1.3	3
103	Under way to academic primary health care. <i>Scandinavian Journal of Primary Health Care</i> , 2015, 33, 1-2.	1.5	3
104	High Intake of Nonmilk Extrinsic Sugars Is Associated With Protein and Micronutrient Dilution in Home-Dwelling and Institutionalized Older People. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 301-305.	2.5	3
105	Older People's Loneliness in Clinical Work. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 2211-2212.	2.6	3
106	Oral Health and Frailty Among Older Long-Term Care Residents in Finland. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 2394-2395.	2.5	3
107	Do Clinicians Recommend Multivitamin and Mineral Supplements to Long-Term Care Residents According to Nutritional Status?. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 563-565.	2.5	2
108	The effects of health counseling and exercise training on self-rated health and well-being in middle-aged men: a randomized trial. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 916-922.	0.7	2

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109	Association of midlife value priorities with health-related quality of life, frailty and mortality among older men: a 26-year follow-up of the Helsinki Businessmen Study (HBS). <i>Quality of Life Research</i> , 2018, 27, 1269-1275.	3.1	2
110	Interdisciplinary team education promotes innovations in the home care of older people. <i>Educational Gerontology</i> , 2018, 44, 276-287.	1.3	2
111	Variations in older people's use of general practitioner consultations and the relationship with mortality rate in Vantaa, Finland in 2003-2014. <i>Scandinavian Journal of Primary Health Care</i> , 2019, 37, 452-458.	1.5	2
112	Higher Polyunsaturated Fatty Acid to Saturated Fatty Acid Ratio Is Associated With Cognition, Mobility, Nutrient Intakes, and Higher Diet Quality in Heterogeneous Older Populations. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 729-731.	2.5	1
113	COMMENTSCOMMENT on: Advance Care Planning: Social Isolation Matters. <i>Journal of the American Geriatrics Society</i> , 2020, 68, 2699-2700.	2.6	1
114	Neuropsychological outcome of cognitive training in mild to moderate dementia: A randomized controlled trial. <i>Neuropsychological Rehabilitation</i> , 2021, 31, 935-953.	1.6	1
115	Loneliness is a serious risk in COVID-19 lockdown. <i>European Geriatric Medicine</i> , 2021, 12, 663-664.	2.8	1
116	Comment on: Decrease of anticholinergic drug use in nursing home residents in the United States. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 2033-2035.	2.6	1
117	The influence of electronic reminders on recording diagnoses in a primary health care emergency department: a register-based study in a Finnish town. <i>Scandinavian Journal of Primary Health Care</i> , 2021, 39, 113-122.	1.5	1
118	Do electronic reminders alter recorded diagnoses in primary care office-hours practices of health centers: A register-based study in a Finnish city. <i>SAGE Open Medicine</i> , 2021, 9, 205031212110361.	1.8	1
119	Reply to the Letter "Coffee consumption and extreme longevity: a risk assessment". <i>Aging Clinical and Experimental Research</i> , 2021, 33, 201-201.	2.9	0
120	Temporal trends in nutrition intake among older long-term care residents. <i>Clinical Nutrition</i> , 2021, 40, 3793-3797.	5.0	0
121	Cost-effectiveness of an educational intervention to reduce potentially inappropriate medication. <i>Age and Ageing</i> , 2022, 51, .	1.6	0