## Stefanie Ashford

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/2142580/publications.pdf

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7 2,488 6 papers citations h-index

7 7 7 4124
all docs docs citations times ranked citing authors

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#	Article	IF	CITATIONS
1	How Does the Understanding, Experience, and Enactment of Selfâ€Regulation Behaviour Change Techniques Vary with Age? A Thematic Analysis. Applied Psychology: Health and Well-Being, 2021, 13, 239-260.	3.0	7
2	Do automated digital health behaviour change interventions have a positive effect on self-efficacy? A systematic review and meta-analysis. Health Psychology Review, 2021, 15, 140-158.	8.6	18
3	Translating a walking intervention for health professional delivery within primary care: A mixedâ€methods treatment fidelity assessment. British Journal of Health Psychology, 2020, 25, 17-38.	3.5	18
4	Theory of planned behaviour variables and objective walking behaviour do not show seasonal variation in a randomised controlled trial. BMC Public Health, 2014, 14, 120.	2.9	12
5	A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours: The CALO-RE taxonomy. Psychology and Health, 2011, 26, 1479-1498.	2.2	1,386
6	What are the most effective intervention techniques for changing physical activity self-efficacy and physical activity behaviour—and are they the same?. Health Education Research, 2011, 26, 308-322.	1.9	554
7	What is the best way to change selfâ€efficacy to promote lifestyle and recreational physical activity? A systematic review with metaâ€analysis. British Journal of Health Psychology, 2010, 15, 265-288.	3.5	493