

Stefanie Ashford

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2142580/publications.pdf>

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7
papers

2,488
citations

1478505

6
h-index

1720034

7
g-index

7
all docs

7
docs citations

7
times ranked

4124
citing authors

#	ARTICLE	IF	CITATIONS
1	A refined taxonomy of behaviour change techniques to help people change their physical activity and healthy eating behaviours: The CALO-RE taxonomy. <i>Psychology and Health</i> , 2011, 26, 1479-1498.	2.2	1,386
2	What are the most effective intervention techniques for changing physical activity self-efficacy and physical activity behaviour--and are they the same?. <i>Health Education Research</i> , 2011, 26, 308-322.	1.9	554
3	What is the best way to change self-efficacy to promote lifestyle and recreational physical activity? A systematic review with meta-analysis. <i>British Journal of Health Psychology</i> , 2010, 15, 265-288.	3.5	493
4	Translating a walking intervention for health professional delivery within primary care: A mixed-methods treatment fidelity assessment. <i>British Journal of Health Psychology</i> , 2020, 25, 17-38.	3.5	18
5	Do automated digital health behaviour change interventions have a positive effect on self-efficacy? A systematic review and meta-analysis. <i>Health Psychology Review</i> , 2021, 15, 140-158.	8.6	18
6	Theory of planned behaviour variables and objective walking behaviour do not show seasonal variation in a randomised controlled trial. <i>BMC Public Health</i> , 2014, 14, 120.	2.9	12
7	How Does the Understanding, Experience, and Enactment of Self-Regulation Behaviour Change Techniques Vary with Age? A Thematic Analysis. <i>Applied Psychology: Health and Well-Being</i> , 2021, 13, 239-260.	3.0	7