

Tim Lomas

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2135391/publications.pdf>

Version: 2024-02-01

76
papers

2,556
citations

304743

22
h-index

243625

44
g-index

78
all docs

78
docs citations

78
times ranked

1966
citing authors

#	ARTICLE	IF	CITATIONS
1	A systematic review of the neurophysiology of mindfulness on EEG oscillations. <i>Neuroscience and Biobehavioral Reviews</i> , 2015, 57, 401-410.	6.1	281
2	Second Wave Positive Psychology: Exploring the Positiveâ€“Negative Dialectics of Wellbeing. <i>Journal of Happiness Studies</i> , 2016, 17, 1753-1768.	3.2	198
3	Mindfulness-based interventions in the workplace: An inclusive systematic review and meta-analysis of their impact upon wellbeing. <i>Journal of Positive Psychology</i> , 2019, 14, 625-640.	4.0	141
4	Third wave positive psychology: broadening towards complexity. <i>Journal of Positive Psychology</i> , 2021, 16, 660-674.	4.0	133
5	The impact of mindfulness on the wellbeing and performance of educators: A systematic review of the empirical literature. <i>Teaching and Teacher Education</i> , 2017, 61, 132-141.	3.2	126
6	The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. <i>European Journal of Work and Organizational Psychology</i> , 2017, 26, 492-513.	3.7	125
7	A systematic review of the impact of mindfulness on the wellâ€“being of healthcare professionals. <i>Journal of Clinical Psychology</i> , 2018, 74, 319-355.	1.9	122
8	A Qualitative Analysis of Experiential Challenges Associated with Meditation Practice. <i>Mindfulness</i> , 2015, 6, 848-860.	2.8	112
9	Second Wave Positive Psychology. , 0, , .		80
10	A Systematic Review and Meta-analysis of the Impact of Mindfulness-Based Interventions on the Well-Being of Healthcare Professionals. <i>Mindfulness</i> , 2019, 10, 1193-1216.	2.8	76
11	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. <i>Mindfulness</i> , 2016, 7, 1396-1407.	2.8	71
12	Towards a greater global understanding of wellbeing: A proposal for a more inclusive measure. <i>International Journal of Wellbeing</i> , 2020, 10, 1-18.	2.1	65
13	Towards a positive cross-cultural lexicography: Enriching our emotional landscape through 216 â€“untranslatableâ€™ words pertaining to well-being. <i>Journal of Positive Psychology</i> , 2016, 11, 546-558.	4.0	57
14	Positive Art: Artistic Expression and Appreciation as an Exemplary Vehicle for Flourishing. <i>Review of General Psychology</i> , 2016, 20, 171-182.	3.2	55
15	Collective wellbeing and posttraumatic growth during COVID-19: how positive psychology can help families, schools, workplaces and marginalized communities. <i>Journal of Positive Psychology</i> , 2022, 17, 761-789.	4.0	54
16	The flavours of love: A crossâ€“cultural lexical analysis. <i>Journal for the Theory of Social Behaviour</i> , 2018, 48, 134-152.	1.2	53
17	The LIFE Model: A Meta-Theoreticalâ€“Conceptual Map for Applied Positive Psychology. <i>Journal of Happiness Studies</i> , 2015, 16, 1347-1364.	3.2	49
18	Positive cross-cultural psychology: Exploring similarity and difference in constructions and experiences of wellbeing. <i>International Journal of Wellbeing</i> , 2015, 5, 60-77.	2.1	37

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19	Recontextualizing mindfulness: Theravada Buddhist perspectives on the ethical and spiritual dimensions of awareness.. <i>Psychology of Religion and Spirituality</i> , 2017, 9, 209-219.	1.3	31
20	Self-Transcendence as a Buffer Against COVID-19 Suffering: The Development and Validation of the Self-Transcendence Measure-B. <i>Frontiers in Psychology</i> , 2021, 12, 648549.	2.1	31
21	New Ways of Being a Man. <i>Men and Masculinities</i> , 2016, 19, 289-310.	2.8	30
22	“I was so done in that I just recognized it very plainly, “œYou need to do something“œ™: Men“œ™s narratives of struggle, distress and turning to meditation. <i>Health (United Kingdom)</i> , 2013, 17, 191-208.	1.5	29
23	Positive social psychology: A multilevel inquiry into sociocultural well-being initiatives.. <i>Psychology, Public Policy, and Law</i> , 2015, 21, 338-347.	1.2	29
24	“It's like taking a bit of masculinity away from you“œ™: towards a theoretical understanding of men's experiences of infertility. <i>Sociology of Health and Illness</i> , 2017, 39, 878-892.	2.1	26
25	Mindfulness Based Flourishing Program: A Cross-Cultural Study of Hong Kong Chinese and British Participants. <i>Journal of Happiness Studies</i> , 2018, 19, 2205-2223.	3.2	24
26	Life balance and harmony. <i>International Journal of Wellbeing</i> , 2021, 11, 50-68.	2.1	24
27	A religion of wellbeing? The appeal of Buddhism to men in London, United Kingdom.. <i>Psychology of Religion and Spirituality</i> , 2014, 6, 198-207.	1.3	23
28	Experiential cartography and the significance of “œuntranslatable“œ•words. <i>Theory and Psychology</i> , 2018, 28, 476-495.	1.2	23
29	Men developing emotional intelligence through meditation? Integrating narrative, cognitive and electroencephalography (EEG) evidence.. <i>Psychology of Men and Masculinity</i> , 2014, 15, 213-224.	1.3	21
30	Developing a Growth Mindset through outdoor personal development: can an intervention underpinned by psychology increase the impact of an outdoor learning course for young people?. <i>Journal of Adventure Education and Outdoor Learning</i> , 2017, 17, 133-147.	1.6	20
31	The value of ambivalent emotions: a cross-cultural lexical analysis. <i>Qualitative Research in Psychology</i> , 2023, 20, 1-25.	17.6	18
32	Corporate use of mindfulness and authentic spiritual transmission: Competing or compatible ideals?. <i>Mindfulness & Compassion</i> , 2016, 1, 75-83.	0.5	17
33	The quiet virtues of sadness: A selective theoretical and interpretative appreciation of its potential contribution to wellbeing. <i>New Ideas in Psychology</i> , 2018, 49, 18-26.	1.9	17
34	The dynamics of spirituality: A cross-cultural lexical analysis.. <i>Psychology of Religion and Spirituality</i> , 2019, 11, 131-140.	1.3	17
35	A meditation on boredom: re-appraising its value through introspective phenomenology. <i>Qualitative Research in Psychology</i> , 2017, 14, 1-22.	17.6	16
36	Gritty Leaders: The Impact of Grit on Positive Leadership Capacity. <i>Psychological Reports</i> , 2019, 122, 1449-1470.	1.7	16

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37	Can resilience training improve well-being for people in high-risk occupations? A systematic review through a multidimensional lens. <i>Journal of Positive Psychology</i> , 2021, 16, 573-592.	4.0	16
38	Anger as a moral emotion: A "bird's eye" systematic review. <i>Counselling Psychology Quarterly</i> , 2019, 32, 341-395.	2.3	15
39	Engagement with meditation as a positive health trajectory: Divergent narratives of progress in male meditators. <i>Psychology and Health</i> , 2014, 29, 218-236.	2.2	14
40	The spectrum of positive affect: A cross-cultural lexical analysis. <i>International Journal of Wellbeing</i> , 2017, 7, 1-18.	2.1	14
41	Flourishing as a dialectical balance: emerging insights from second-wave positive psychology. Palgrave Communications, 2016, 2, .	4.7	13
42	Zen and the Art of Living Mindfully: The Health-Enhancing Potential of Zen Aesthetics. <i>Journal of Religion and Health</i> , 2017, 56, 1720-1739.	1.7	13
43	The Elements of Eco-Connection: A Cross-Cultural Lexical Enquiry. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 5120.	2.6	13
44	Positive Work: A Multidimensional Overview and Analysis of Work-Related Drivers of Wellbeing. <i>International Journal of Applied Positive Psychology</i> , 2019, 3, 69-96.	2.3	11
45	Towards a cross-cultural lexical map of wellbeing. <i>Journal of Positive Psychology</i> , 2021, 16, 622-639.	4.0	10
46	Can positivity be counterproductive when suffering domestic abuse?: A narrative review. <i>International Journal of Wellbeing</i> , 2020, 10, 26-53.	2.1	10
47	Towards a framework for flourishing through social media: a systematic review of 118 research studies. <i>Journal of Positive Psychology</i> , 2023, 18, 86-105.	4.0	10
48	The Roots of Virtue: A Cross-Cultural Lexical Analysis. <i>Journal of Happiness Studies</i> , 2019, 20, 1259-1279.	3.2	9
49	The complex creation of happiness: Multidimensional conditionality in the drivers of happy people and societies. <i>Journal of Positive Psychology</i> , 2023, 18, 15-33.	4.0	9
50	A global history of happiness. <i>International Journal of Wellbeing</i> , 2021, 11, 68-87.	2.1	9
51	Mindful Living in Older Age: a Pilot Study of a Brief, Community-Based, Positive Aging Intervention. <i>Mindfulness</i> , 2016, 7, 630-641.	2.8	8
52	A passionate way of being: a qualitative study revealing the passion spiral. <i>International Journal of Psychological Research</i> , 2014, 7, 17-28.	0.6	8
53	The art of second wave positive psychology: Harnessing Zen aesthetics to explore the dialectics of flourishing. <i>International Journal of Wellbeing</i> , 2016, 6, 14-29.	2.1	8
54	Ethical guidelines for positive psychology practice. <i>International Journal of Wellbeing</i> , 2019, 9, 1-30.	2.1	8

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55	Cultivating equanimity through mindfulness meditation: A mixed methods enquiry into the development of decentering capabilities in men. <i>International Journal of Wellbeing</i> , 2015, 5, 88-106.	2.1	7
56	The dimensions of prosociality: a cross-cultural lexical analysis. <i>Current Psychology</i> , 2021, 40, 1336-1347.	2.8	6
57	Is Coaching a Positive Psychology Intervention? Exploring the Relationships Between Positive Psychology, Applied Positive Psychology, Coaching Psychology, and Coaching. , 2019, , 371-389.		6
58	Positive cross-cultural psychology: Exploring similarity and difference in constructions and experiences of wellbeing. <i>International Journal of Wellbeing</i> , 2015, 5, 60-77.	2.1	6
59	Making waves in the great ocean: A historical perspective on the emergence and evolution of wellbeing scholarship. <i>Journal of Positive Psychology</i> , 2022, 17, 257-270.	4.0	6
60	Professionalising positive psychology: Developing guidelines for training and regulation. <i>International Journal of Wellbeing</i> , 2016, 6, 96-112.	2.1	5
61	The spatial contours of wellbeing: A content analysis of metaphor in academic discourse. <i>Journal of Positive Psychology</i> , 2019, 14, 362-376.	4.0	5
62	An Exploration of the Spanish Cultural Term Rasmia: A Combination of Eagerness, Strength, Activeness, Courage, Tenacity and Gracefulness. <i>Journal of Happiness Studies</i> , 2020, 21, 693-707.	3.2	5
63	Positive Semiotics. <i>Review of General Psychology</i> , 2019, 23, 359-370.	3.2	4
64	The Architecture of Happiness. <i>Emotion Review</i> , 2022, 14, 288-309.	3.4	4
65	“œl feel I can live every minute if I choose to” participants’s™ experience of a positive mindfulness programme. <i>Qualitative Research in Psychology</i> , 2017, 14, 482-504.	17.6	3
66	Masculinity in the Midst of Mindfulness: Exploring the Gendered Experiences of At-risk Adolescent Boys. <i>Men and Masculinities</i> , 2020, 23, 127-149.	2.8	3
67	Developing ethical guidelines for positive psychology practice: An on-going, iterative, collaborative endeavour. <i>Journal of Positive Psychology</i> , 2020, 15, 716-721.	4.0	3
68	Types of Mindfulness, Orders of Conditionality, and Stages of the Spiritual Path. <i>Mindfulness in Behavioral Health</i> , 2015, , 287-310.	0.2	3
69	Etymologies of well-being: Exploring the non-English roots of English words used in positive psychology. <i>Journal of Positive Psychology</i> , 2020, 15, 373-389.	4.0	2
70	Positive politics. , 2017, , 351-367.		2
71	Well-Being on Prince Edward Island, Canada: a Statistical Case-Study of Well-Being Related Community Factors. <i>International Journal of Community Well-Being</i> , 2022, 5, 617-655.	1.3	2
72	Beyond Deficit Reduction: Exploring the Positive Potentials of Mindfulness. , 2016, , 277-295.		1

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73	Ethische Richtlinien für die positiv-psychologische Praxis. International Journal of Wellbeing, 2019, 9, 1-36.	2.1	1
74	Meditation and Emotion. , 0, , .		0
75	Mindfulness Intervention Courses in STEM Education: A Qualitative Assessment. Lecture Notes in Networks and Systems, 2022, , 160-169.	0.7	0
76	The appeal of aesthetics: A cross-cultural lexical analysis.. Psychology of Aesthetics, Creativity, and the Arts, 2023, 17, 518-529.	1.3	0