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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Long-Term Effects of a Novel Continuous Remote Care Intervention Including Nutritional Ketosis for the Management of Type 2 Diabetes: A 2-Year Non-randomized Clinical Trial. Frontiers in Endocrinology, 2019, 10, 348.	3.5	202
2	Reversing Type 2 Diabetes: A Narrative Review of the Evidence. Nutrients, 2019, 11, 766.	4.1	98
3	Fatty acid desaturase 1 gene polymorphisms control human hepatic lipid composition. Hepatology, 2015, 61, 119-128.	7.3	67
4	Impact of a 2-year trial of nutritional ketosis on indices of cardiovascular disease risk in patients with type 2 diabetes. Cardiovascular Diabetology, 2020, 19, 208.	6.8	40
5	Post hoc analyses of surrogate markers of non-alcoholic fatty liver disease (NAFLD) and liver fibrosis in patients with type 2 diabetes in a digitally supported continuous care intervention: an open-label, non-randomised controlled study. BMJ Open, 2019, 9, e023597.	1.9	38
6	Genetic Polymorphism of Cytochrome P450 4F2, Vitamin E Level and Histological Response in Adults and Children with Nonalcoholic Fatty Liver Disease Who Participated in PIVENS and TONIC Clinical Trials. PLoS ONE, 2014, 9, e95366.	2.5	35
7	Improving the scientific rigour of nutritional recommendations for adults with type 2 diabetes: A comprehensive review of the American Diabetes Association guidelineâ€recommended eating patterns. Diabetes, Obesity and Metabolism, 2019, 21, 1769-1779.	4.4	33
8	Improvement in patient-reported sleep in type 2 diabetes and prediabetes participants receiving a continuous care intervention with nutritional ketosis. Sleep Medicine, 2019, 55, 92-99.	1.6	22
9	Fatty Acid Desaturase 1 Influences Hepatic Lipid Homeostasis by Modulating the PPARαâ€FGF21 Axis. Hepatology Communications, 2021, 5, 461-477.	4.3	17
10	Type 2 Diabetes Prevention Focused on Normalization of Glycemia: A Two-Year Pilot Study. Nutrients, 2021, 13, 749.	4.1	15
11	Reply to "Utility of Unrefined Carbohydrates in Type 2 Diabetes. Comment on Reversing Type 2 Diabetes: A Narrative Review of the Evidence, Nutrients, 2019, 11, 766― Nutrients, 2019, 11, 1644.	4.1	13
12	Transcriptional regulation of PNPLA3 and its impact on susceptibility to nonalcoholic fatty liver Disease (NAFLD) in humans. Aging, 2016, 9, 26-40.	3.1	11
13	Continuous Remote Care Model Utilizing Nutritional Ketosis Improves Type 2 Diabetes Risk Factors in Patients with Prediabetes. Diabetes, 2018, 67, .	0.6	7
14	Depressive symptoms improve over 2Âyears of type 2 diabetes treatment via a digital continuous remote care intervention focused on carbohydrate restriction. Journal of Behavioral Medicine, 2022, 45, 416-427.	2.1	6
15	Non-Alcoholic Fatty Liver Disease: Current Perspectives and Future Direction in Disease pathogenesis, Treatment and Diagnosis. , 2012, 2, .		2
16	Continuous care intervention with carbohydrate restriction improves physical function of the knees among patients with type 2 diabetes: a non-randomized study. BMC Musculoskeletal Disorders, 2022, 23, 297.	1.9	2
17	359 - Digitally Supported Continuous Care Intervention Through Individualized Carbohydrate Restriction Significantly Improves Liver Enzymes and Surrogate Markers of Nonalcoholic Fatty Liver Disease and Advanced Liver Fibrosis in Patients with type 2 Diabetes. Gastroenterology, 2018, 154, \$1086	1.3	1
18	SUN-LB113 A Continuous Remote Care Intervention Utilizing Carbohydrate Restriction Including Nutritional Ketosis Improves Markers of Metabolic Risk and Reduces Diabetes Medication Use in Patients With Type 2 Diabetes Over 3.5 Years. Journal of the Endocrine Society, 2020, 4, .	0.2	1

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19	SAT-LB125 Broad Spectrum Effects of a Ketogenic Diet Delivered by Remote Continuous Care on Inflammation and Immune Modulators in Type 2 Diabetes and Prediabetes. Journal of the Endocrine Society, 2020, 4, .	0.2	1
20	Predictors of Normalization of Fasting Glucose in Patients With Prediabetes Using Remote Continuous Care Emphasizing Low Carbohydrate Intake. Journal of the Endocrine Society, 2021, 5, A323-A323.	0.2	1
21	307-OR: Mean Blood Beta-Hydroxybutyrate Predicts Clinically Significant Weight Loss following 90 Days Carbohydrate-Restricted Nutrition Therapy. Diabetes, 2021, 70, 307-OR.	0.6	1
22	40-LB: COVID-19 Severity in a Geographically Diverse, U.Sbased, Ambulatory Population with Type 2 Diabetes on a Medically Supervised Ketogenic Diet. Diabetes, 2021, 70, 40-LB.	0.6	1
23	725-P: Effect of a Continuous Remote Care Intervention on Glycemic Target Achievement and Medication Use among Adults with T2D: A Post Hoc Analysis. Diabetes, 2020, 69, 725-P.	0.6	1
24	Mo1012 Genetic Polymorphism of Cytochrome P450 4f2 (CYP4F2) and Histological Response to Vitamin E Treatment in Children and Adults With Nonalcoholic Fatty Liver Disease (NAFLD). Gastroenterology, 2013, 144, S-1012-S-1013.	1.3	0
25	308-OR: Effectiveness of Telemedicine Intervention on Improving Glycemia and Reducing Pharmacologic Therapy in Older Adults with Type 2 Diabetes. Diabetes, 2021, 70, .	0.6	0
26	760-P: Factors Associated with Resolution of Steatosis and Fibrosis in T2D Patients Following Two Years of Continuous Care Intervention. Diabetes, 2019, 68, 760-P.	0.6	0
27	889-P: Early Engagement in a Continuous Care Intervention Predicts One-Year Improvements in Weight and HbA1c among Adults with T2D. Diabetes, 2019, 68, 889-P.	0.6	0
28	759-P: Analysis of a Two-Year Continuous Care Intervention Including Nutritional Ketosis—Exploring Baseline Predictors of Diabetes Reversal and Remission. Diabetes, 2019, 68, .	0.6	0
29	65-LB: Regression of Prediabetes following Two Years Treatment with a Continuous Care Intervention Emphasizing Carbohydrate Restriction: A Single-Arm, Prospective, Longitudinal Study. Diabetes, 2020, 69, .	0.6	0
30	709-P: Long-Term Adherence to Carbohydrate Restriction Confers Added Benefits for Adults with T2D. Diabetes, 2020, 69, .	0.6	0
31	Performance of Different LDL-C Equations in an Intervention Improving Atherogenic Dyslipidemia in Participants with Type 2 Diabetes. Journal of Clinical Lipidology, 2022, 16, e5-e6.	1.5	0