Timothy A Roehrs

List of Publications by Year in descending order

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254 papers 14,484 citations

68 h-index 24258 110 g-index

259 all docs

259 docs citations

259 times ranked

7973 citing authors

| # | Article | IF | CITATIONS |
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| 1 | Shift Work Sleep Disorder: Prevalence and Consequences Beyond that of Symptomatic Day Workers. Sleep, 2004, 27, 1453-1462. | 1.1 | 677 |
| 2 | Sleep Loss and REM Sleep Loss are Hyperalgesic. Sleep, 2006, 29, 145-151. | 1.1 | 432 |
| 3 | Vulnerability to Stress-related Sleep Disturbance and Hyperarousal. Sleep, 2004, 27, 285-291. | 1.1 | 364 |
| 4 | Caffeine: Sleep and daytime sleepiness. Sleep Medicine Reviews, 2008, 12, 153-162. | 8.5 | 317 |
| 5 | Insomnia: Epidemiology, characteristics, and consequences. Clinical Cornerstone, 2003, 5, 5-15. | 0.7 | 294 |
| 6 | Sleep, sleepiness, sleep disorders and alcohol use and abuse. Sleep Medicine Reviews, 2001, 5, 287-297. | 8.5 | 285 |
| 7 | Daytime Alertness in Patients with Chronic Insomnia Compared with Asymptomatic Control Subjects. Sleep, 1988, 11, 54-60. | 1.1 | 284 |
| 8 | Insomnia causes, consequences, and therapeutics: An overview. Depression and Anxiety, 2003, 18, 163-176. | 4.1 | 240 |
| 9 | Predictors of Objective Level of Daytime Sleepiness in Patients with Sleep-Related Breathing Disorders. Chest, 1989, 95, 1202-1206. | 0.8 | 225 |
| 10 | Epidemiology Of Alcohol and Medication As Aids To Sleep in Early Adulthood. Sleep, 1998, 21, 178-186. | 1.1 | 221 |
| 11 | An evaluation of the efficacy and safety of eszopiclone over 12 months in patients with chronic primary insomnia. Sleep Medicine, 2005, 6, 487-495. | 1.6 | 218 |
| 12 | Caffeine Effects on Sleep Taken 0, 3, or 6 Hours before Going to Bed. Journal of Clinical Sleep Medicine, 2013, 09, 1195-1200. | 2.6 | 203 |
| 13 | EVALUATION OF THE EFFECTIVENESS OF UVULOPALATOPHARYNGOPLASTY. Laryngoscope, 1985, 95, 70???74. | 2.0 | 201 |
| 14 | Sleep and Pain: Interaction of Two Vital Functions. Seminars in Neurology, 2005, 25, 106-116. | 1.4 | 189 |
| 15 | The Frequency of Multiple Sleep Onset REM Periods Among Subjects With No Excessive Daytime Sleepiness. Sleep, 1996, 19, 727-730. | 1.1 | 186 |
| 16 | Tolerance to Daytime Sedative Effects of H1 Antihistamines. Journal of Clinical Psychopharmacology, 2002, 22, 511-515. | 1.4 | 178 |
| 17 | Effects of rapid versus slow accumulation of eight hours of sleep loss. Psychophysiology, 2001, 38, 979-987. | 2.4 | 175 |
| 18 | Lack of sleep disturbance from menopausal hot flashes. Fertility and Sterility, 2004, 82, 138-144. | 1.0 | 171 |

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| 19 | Insomnia: Pathophysiology and implications for treatment. Sleep Medicine Reviews, 2007, 11, 71-79. | 8.5 | 171 |
| 20 | Sleep disturbance in menopause. Menopause, 2007, 14, 826-829. | 2.0 | 166 |
| 21 | Recovery of Alertness After CPAP in Apnea. Chest, 1989, 96, 1364-1367. | 0.8 | 165 |
| 22 | The Scoring of Arousal in Sleep: Reliability, Validity, and Alternatives. Journal of Clinical Sleep Medicine, 2007, 03, 133-145. | 2.6 | 160 |
| 23 | Effects of caffeine on alertness. Psychopharmacology, 1990, 100, 36-39. | 3.1 | 156 |
| 24 | Ethanol as a Hypnotic in Insomniacs Self Administration and Effects on Sleep and Mood. Neuropsychopharmacology, 1999, 20, 279-286. | 5 . 4 | 147 |
| 25 | The Use of Stimulants to Modify Performance During Sleep Loss: A Review by the Sleep Deprivation and Stimulant Task Force of the American Academy of Sleep Medicine. Sleep, 2005, 28, 1163-1187. | 1.1 | 146 |
| 26 | Etiologies and sequelae of excessive daytime sleepiness. Clinical Therapeutics, 1996, 18, 562-576. | 2.5 | 141 |
| 27 | Sedative effects of antihistamines. Journal of Allergy and Clinical Immunology, 1987, 80, 94-98. | 2.9 | 139 |
| 28 | The Association Between Obesity and Short Sleep Duration: A Population-Based Study. Journal of Clinical Sleep Medicine, 2005, 01, 357-363. | 2.6 | 137 |
| 29 | Sleep Hygiene Practices in a Population-Based Sample of Insomniacs. Sleep, 2005, 28, 611-615. | 1.1 | 134 |
| 30 | Uvulopalatopharyngoplasty. Chest, 1985, 88, 385-387. | 0.8 | 131 |
| 31 | Sleepiness and Ethanol Effects on Simulated Driving. Alcoholism: Clinical and Experimental Research, 1994, 18, 154-158. | 2.4 | 125 |
| 32 | Experimental Sleep Fragmentation. Sleep, 1994, 17, 438-443. | 1.1 | 125 |
| 33 | The Effects of REM Sleep Deprivation on the Level of Sleepiness/Alertness. Sleep, 1998, 21, 609-614. | 1.1 | 125 |
| 34 | Level of Sleepiness and Total Sleep Time Following Various Time in Bed Conditions. Sleep, 1993, 16, 226-232. | 1.1 | 120 |
| 35 | Sedative, memory, and performance effects of hypnotics. Psychopharmacology, 1994, 116, 130-134. | 3.1 | 114 |
| 36 | The 10-Year Risk of Verifed Motor Vehicle Crashes in Relation to Physiologic Sleepiness. Sleep, 2010, 33, 745-752. | 1.1 | 114 |

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| 38 | Experimental sleep fragmentation in normal subjects. International Journal of Neuroscience, 1987, 33, 207-214. | 1.6 | 113 |
| 39 | Sleep Extension in Sleepy and Alert Normals. Sleep, 1989, 12, 449-457. | 1.1 | 105 |
| 40 | Characteristics of Individuals Who Do or Do Not Seek Treatment for Chronic Insomnia. Psychosomatics, 1989, 30, 421-427. | 2.5 | 105 |
| 41 | Insomnia Pharmacotherapy. Neurotherapeutics, 2012, 9, 728-738. | 4.4 | 105 |
| 42 | Effects of REM sleep and ambient temperature on hot flash-induced sleep disturbance. Menopause, 2006, 13, 576-583. | 2.0 | 104 |
| 43 | The sleep-wake activity inventory: A self-report measure of daytime sleepiness. Biological Psychiatry, 1993, 34, 810-820. | 1.3 | 102 |
| 44 | Test-Retest Reliability of the MSLT. Sleep, 1988, 11, 562-565. | 1.1 | 101 |
| 45 | Zolpidem in the Treatment of Transient Insomnia: A Double-Blind, Randomized Comparison With Placebo. Sleep, 1995, 18, 246-251. | 1.1 | 100 |
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| 47 | Excessive Daytime Sleepiness Associated with Insufficient Sleep. Sleep, 1983, 6, 319-325. | 1.1 | 95 |
| 48 | Treatment of a 12-hour shift of sleep schedule with benzodiazepines. Science, 1984, 224, 1262-1264. | 12.6 | 94 |
| 49 | Neuropsychological Function in Obstructive Sleep Apnea Syndrome (OSAS) Compared to Chronic Obstructive Pulmonary Disease (COPD). Sleep, 1995, 18, 382-388. | 1.1 | 91 |
| 50 | The Acute Hangover Scale: A new measure of immediate hangover symptoms. Addictive Behaviors, 2007, 32, 1314-1320. | 3.0 | 91 |
| 51 | Sleep, sleepiness, and alcohol use. Alcohol Research, 2001, 25, 101-9. | 1.0 | 91 |
| 52 | Effect of Alcohol on Sleep and Nighttime Plasma Growth Hormone and Cortisol Concentrations*. Journal of Clinical Endocrinology and Metabolism, 1980, 51, 759-764. | 3.6 | 89 |
| 53 | Daytime Sleepiness and Antihistamines. Sleep, 1984, 7, 137-141. | 1.1 | 86 |
| 54 | Ethanol and Sleep Loss: A "Dose―Comparison of Impairing Effects. Sleep, 2003, 26, 981-985. | 1.1 | 86 |

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| 55 | Twelve months of nightly zolpidem does not lead to rebound insomnia or withdrawal symptoms: a prospective placebo-controlled study. Journal of Psychopharmacology, 2012, 26, 1088-1095. | 4.0 | 86 |
| 56 | Stress-related sleep disturbance and polysomnographic response to caffeine. Sleep Medicine, 2006, 7, 567-572. | 1.6 | 85 |
| 57 | The Alerting Effects of Naps in Sleep-Deprived Subjects. Psychophysiology, 1986, 23, 403-408. | 2.4 | 81 |
| 58 | Efficacy of Eight Months of Nightly Zolpidem: A Prospective Placebo-Controlled Study. Sleep, 2012, 35, 1551-1557. | 1.1 | 81 |
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| 60 | The health effects of at-home written emotional disclosure in fibromyalgia: A randomized trial. Annals of Behavioral Medicine, 2006, 32, 135-146. | 2.9 | 77 |
| 61 | Nocturnal and next-day effects of ethanol and basal level of sleepiness. Human Psychopharmacology, 1991, 6, 307-311. | 1.5 | 75 |
| 62 | The effects of cocaine on mood and sleep in cocaine-dependent males. Experimental and Clinical Psychopharmacology, 1999, 7, 338-346. | 1.8 | 75 |
| 63 | Ageâ€related Sleep—Wake Disorders at a Sleep Disorder Center. Journal of the American Geriatrics Society, 1983, 31, 364-370. | 2.6 | 74 |
| 64 | Rebound Insomnia: Its Determinants and Significance. American Journal of Medicine, 1990, 88, S39-S42. | 1.5 | 74 |
| 65 | Ethanol reinforced responding in the rat: A concurrent analysis using sucrose as the alternate choice. Pharmacology Biochemistry and Behavior, 1982, 17, 333-339. | 2.9 | 73 |
| 66 | Heart rate changes in chronic insomnia. Stress and Health, 1994, 10, 261-266. | 0.5 | 72 |
| 67 | Electrophysiological Assessment (The Multiple Sleep Latency Test) of the Biphasic Effects of Ethanol in Humans. Alcoholism: Clinical and Experimental Research, 1998, 22, 231-235. | 2.4 | 72 |
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| 73 | The association between obesity and short sleep duration: a population-based study. Journal of Clinical Sleep Medicine, 2005, 1, 357-63. | 2.6 | 66 |
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| 75 | Substance use for insomnia in Metropolitan Detroit. Journal of Psychosomatic Research, 2002, 53, 571-576. | 2.6 | 64 |
| 76 | Hypnotic Residual Effects of Benzodiazepines With Repeated Administration. Sleep, 1986, 9, 309-316. | 1.1 | 62 |
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| 79 | The Dose Effects of Zolpidem on the Sleep of Healthy Normals. Journal of Clinical Psychopharmacology, 1989, 9, 9???14. | 1.4 | 59 |
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| 82 | A two-week sleep extension in sleepy normals. Sleep, 1996, 19, 576-82. | 1.1 | 57 |
| 83 | The Alerting Effects of Short and Long Naps in Narcoleptic, Sleep-Deprived, and Alert Individuals. Sleep, 1997, 20, 251-257. | 1.1 | 56 |
| 84 | Hypnotic self administration and dose escalation. Psychopharmacology, 1996, 127, 150-154. | 3.1 | 55 |
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| 86 | Periodic Movements During Sleep, Sleep Fragmentation, and Sleep-Wake Complaints. Sleep, 1984, 7, 326-330. | 1.1 | 53 |
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| 88 | Nocturnal sleep, daytime sleepiness and fatigue in fibromyalgia patients compared to rheumatoid arthritis patients and healthy controls: A preliminary study. Sleep Medicine, 2013, 14, 109-115. | 1.6 | 52 |
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| 90 | The effects of cocaine on mood and sleep in cocaine-dependent males Experimental and Clinical Psychopharmacology, 1999, 7, 338-346. | 1.8 | 51 |

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| 91 | Sedative Effects and Plasma Concentrations Following Single Doses of Triazolam, Diphenhydramine, Ethanol and Placebo. Sleep, 1993, 16, 301-305. | 1.1 | 50 |
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| 106 | Pharmacology and Hypnotic Efficacy of Triazolam. Pharmacotherapy, 1983, 3, 137-145. | 2.6 | 43 |
| 107 | Effects of Theophylline on Nocturnal Sleep and Daytime Sleepiness/Alertness. Chest, 1995, 108, 382-387. | 0.8 | 42 |
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| 111 | Mu-opioid Self-Administration vs Passive Administration in Heroin Abusers Produces Differential EEG Activation. Neuropsychopharmacology, 2005, 30, 212-221. | 5.4 | 39 |
| 112 | Comparative levels of excessive daytime sleepiness in common medical disorders. Sleep Medicine, 2010, 11, 890-896. | 1.6 | 39 |
| 113 | Twelve Months of Nightly Zolpidem Does Not Lead to Dose Escalation: A Prospective Placebo-Controlled Study. Sleep, 2011, 34, 207-212. | 1.1 | 39 |
| 114 | Effectiveness of Benzodiazepine Receptor Agonists in the Treatment of Insomnia: An Examination of Response and Remission Rates. Sleep, 2017, 40, . | 1.1 | 38 |
| 115 | Polysomnographic, Performance, and Personality Differences of Sleepy and Alert Normals. Sleep, 1990, 13, 395-402. | 1.1 | 37 |
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| 117 | Effects of hypnotics on memory. Journal of Clinical Psychopharmacology, 1983, 3, 310-3. | 1.4 | 37 |
| 118 | Relative responding on concurrent schedules: Indexing ethanol's reinforcing efficacy. Pharmacology Biochemistry and Behavior, 1982, 16, 393-396. | 2.9 | 36 |
| 119 | Scoring Reliablity of the Multiple Sleep Latency Test in a Clinical Population. Sleep, 2000, 23, 1-3. | 1.1 | 36 |
| 120 | Prevalence and Predictors of Prescription Sleep Aid Use among Individuals with DSM-5 Insomnia: The Role of Hyperarousal. Sleep, 2016, 39, 825-832. | 1.1 | 36 |
| 121 | Improving Daytime Functioning, Work Performance, and Quality of Life in Postmenopausal Women With Insomnia: Comparing Cognitive Behavioral Therapy for Insomnia, Sleep Restriction Therapy, and Sleep Hygiene Education. Journal of Clinical Sleep Medicine, 2019, 15, 999-1010. | 2.6 | 36 |
| 122 | Sleep-Wake Abnormalities in Narcolepsy. Sleep, 1986, 9, 189-193. | 1.1 | 34 |
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| 129 | Sleepiness and the reinforcing and subjective effects of methylphenidate Experimental and Clinical Psychopharmacology, 1999, 7, 145-150. | 1.8 | 27 |
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| 131 | Dose-response effects of zaleplon as compared with triazolam (0·25 mg) and placebo in chronic primary insomnia. Human Psychopharmacology, 2000, 15, 595-604. | 1.5 | 26 |
| 132 | Alexithymia and Polysomnographic Measures of Sleep in Healthy Adults. Psychosomatic Medicine, 2001, 63, 56-61. | 2.0 | 26 |
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| 134 | Effects of uvulopalatopharyngoplasty on the daytime sleepiness associated with sleep apnea syndrome. Bulletin Européen De Physiopathologie Respiratoire, 1983, 19, 600-3. | 0.1 | 26 |
| 135 | Rebound insomnia in normals and patients with insomnia after abrupt and tapered discontinuation. Psychopharmacology, 1992, 108, 67-71. | 3.1 | 25 |
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| 138 | Phase Advance in Moderately Sleepy and Alert Normals. Sleep, 1996, 19, 417-422. | 1.1 | 25 |
| 139 | Differential effect of codeine on thermal nociceptive sensitivity in sleepy versus nonsleepy healthy subjects Experimental and Clinical Psychopharmacology, 2010, 18, 277-283. | 1.8 | 24 |
| 140 | Ethanol and Caffeine Effects on Daytime Sleepiness/Alertness. Sleep, 1987, , . | 1.1 | 22 |
| 141 | Hypnotics and behavior. American Journal of Medicine, 1990, 88, S43-S46. | 1.5 | 22 |
| 142 | Narcolepsy in a 7-year-old child. Journal of Pediatrics, 1983, 102, 725-727. | 1.8 | 21 |
| 143 | Effects of zaleplon or triazolam with or without ethanol on human performance. Sleep Medicine, 2001, 2, 323-332. | 1.6 | 21 |
| 144 | Hypnotics: An update. Current Neurology and Neuroscience Reports, 2003, 3, 181-184. | 4.2 | 21 |

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| 145 | Alcohol Hangover, Sleep Quality, and Daytime Sleepiness. Sleep and Vigilance, 2017, 1, 37-41. | 0.8 | 21 |
| 146 | Dose effects of temazepam in transient insomnia. Arzneimittelforschung, 1990, 40, 859-62. | 0.4 | 21 |
| 147 | The dose effects of zolpidem on the sleep of healthy normals. Journal of Clinical Psychopharmacology, 1989, 9, 9-14. | 1.4 | 21 |
| 148 | Fragmenting sleep diminishes its recuperative value. Sleep, 1987, 10, 590-9. | 1.1 | 21 |
| 149 | Reinforcing and Subjective Effects of Methylphenidate: Dose and Time in Bed Experimental and Clinical Psychopharmacology, 2004, 12, 180-189. | 1.8 | 20 |
| 150 | Hypnotic Effects of Low Doses of Quazepam in Older Insomniacs. Journal of Clinical Psychopharmacology, 1997, 17, 401-406. | 1.4 | 20 |
| 151 | Alerting effects of methylphenidate under basal and sleep-deprived conditions Experimental and Clinical Psychopharmacology, 1997, 5, 344-352. | 1.8 | 20 |
| 152 | Auditory Awakening Thresholds in Sleepy and Alert Individuals. Sleep, 1996, 19, 290-295. | 1.1 | 19 |
| 153 | Gender Differences in the Efficacy and Safety of Chronic Nightly Zolpidem. Journal of Clinical Sleep Medicine, 2016, 12, 319-325. | 2.6 | 19 |
| 154 | Effects of estazolam and triazolam on transient insomnia associated with phase-shifted sleep. Human Psychopharmacology, 1991, 6, 99-107. | 1.5 | 18 |
| 155 | Hypnotic self administration: forced-choice versus single-choice. Psychopharmacology, 1997, 133, 121-126. | 3.1 | 18 |
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| 160 | Multiple Sleep Latency Test: technical aspects and normal values. Journal of Clinical Neurophysiology, 1992, 9, 63-7. | 1.7 | 17 |
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| 162 | Individual Differences in the Sedating Effects of Ethanol. Alcoholism: Clinical and Experimental Research, 1990, 14, 400-404. | 2.4 | 16 |

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| 163 | Characteristics of Disturbed Sleep in Patients With Fibromyalgia Compared With Insomnia or With Pain-Free Volunteers. Clinical Journal of Pain, 2016, 32, 302-307. | 1.9 | 16 |
| 164 | Ethanol reinforced responding in the rat: Relation of ethanol introduction to later ethanol responding 1. Pharmacology Biochemistry and Behavior, 1983, 18, 895-900. | 2.9 | 15 |
| 165 | Determinants of residual effects of hypnotics. Accident Analysis and Prevention, 1985, 17, 291-296. | 5.7 | 15 |
| 166 | Signs and symptoms associated with cataplexy in narcolepsy patients. Biological Psychiatry, 1990, 27, 1057-1060. | 1.3 | 15 |
| 167 | Enforced 24-Hour Recovery Following Sleep Deprivation. Sleep, 1991, 14, 448-453. | 1.1 | 15 |
| 168 | Effects of Acute 3, 4-Methylenedioxymethamphetamine on Sleep and Daytime Sleepiness in MDMA Users: A Preliminary Study. Sleep, 2009, 32, 1513-1519. | 1.1 | 15 |
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| 171 | Hypersomnolence and neurocognitive performance in sleep apnea. Editorial review. Current Opinion in Pulmonary Medicine, 1995, 1, 488-490. | 2.6 | 14 |
| 172 | Flurazepam for Shortâ€Term Treatment of Complaints of Insomnia. Journal of Clinical Pharmacology, 1982, 22, 290-296. | 2.0 | 13 |
| 173 | The Effects of Midazolam and Temazepam on Sleep and Performance When Administered in the Middle of the Night. Journal of Clinical Psychopharmacology, 1985, 5, 66-69. | 1.4 | 13 |
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| 180 | Relationship of Psychopathology to Insomnia in the Elderly. Journal of the American Geriatrics Society, 1982, 30, 312-315. | 2.6 | 11 |

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