

Edilson Serpeloni Cyrino

List of Publications by Year in descending order

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Version: 2024-02-01

263
papers

4,503
citations

126907

33
h-index

189892

50
g-index

264
all docs

264
docs citations

264
times ranked

4743
citing authors

#	ARTICLE	IF	CITATIONS
1	Brain stimulation modulates the autonomic nervous system, rating of perceived exertion and performance during maximal exercise. <i>British Journal of Sports Medicine</i> , 2015, 49, 1213-1218.	6.7	179
2	Sarcopenia and physical independence in older adults: the independent and synergic role of muscle mass and muscle function. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2017, 8, 245-250.	7.3	161
3	Transcranial direct current stimulation influences the cardiac autonomic nervous control. <i>Neuroscience Letters</i> , 2011, 497, 32-36.	2.1	138
4	Effect of resistance training on inflammatory markers of older adults: A meta-analysis. <i>Experimental Gerontology</i> , 2018, 111, 188-196.	2.8	106
5	Influence of Previous Experience on Resistance Training on Reliability of One-Repetition Maximum Test. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1418-1422.	2.1	102
6	Familiarization and Reliability of One Repetition Maximum Strength Testing in Older Women. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1636-1642.	2.1	93
7	Resistance training improves inflammatory level, lipid and glycemic profiles in obese older women: A randomized controlled trial. <i>Experimental Gerontology</i> , 2016, 84, 80-87.	2.8	92
8	Long-term creatine supplementation improves muscular performance during resistance training in older women. <i>European Journal of Applied Physiology</i> , 2013, 113, 987-996.	2.5	68
9	Effect of resistance training on phase angle in older women: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1308-1316.	2.9	67
10	Resistance training reduces metabolic syndrome and inflammatory markers in older women: A randomized controlled trial. <i>Journal of Diabetes</i> , 2018, 10, 328-337.	1.8	66
11	Changes in phase angle and body composition induced by resistance training in older women. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 1408-1413.	2.9	64
12	Effect of whey protein supplementation combined with resistance training on body composition, muscular strength, functional capacity, and plasma-metabolism biomarkers in older women with sarcopenic obesity: A randomized, double-blind, placebo-controlled trial. <i>Clinical Nutrition ESPEN</i> , 2019, 32, 88-95.	1.2	61
13	Phase angle is related with inflammatory and oxidative stress biomarkers in older women. <i>Experimental Gerontology</i> , 2018, 102, 12-18.	2.8	59
14	Influência do processo de familiarização para avaliação da força muscular em testes de 1-RM. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 34-38.	0.2	54
15	Effects of Whey Protein Supplementation Pre- or Post-Resistance Training on Muscle Mass, Muscular Strength, and Functional Capacity in Pre-Conditioned Older Women: A Randomized Clinical Trial. <i>Nutrients</i> , 2018, 10, 563.	4.1	54
16	Effect of resistance training on C-reactive protein, blood glucose and lipid profile in older women with differing levels of RT experience. <i>Age</i> , 2015, 37, 109.	3.0	53
17	Phase Angle Is Moderately Associated With Muscle Quality and Functional Capacity, Independent of Age and Body Composition in Older Women. <i>Journal of Geriatric Physical Therapy</i> , 2019, 42, 281-286.	1.1	50
18	The improvement in walking speed induced by resistance training is associated with increased muscular strength but not skeletal muscle mass in older women. <i>European Journal of Sport Science</i> , 2017, 17, 488-494.	2.7	49

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19	The effects of resistance training volume on osteosarcopenic obesity in older women. <i>Journal of Sports Sciences</i> , 2018, 36, 1564-1571.	2.0	49
20	Resistance Training Performed With Single and Multiple Sets Induces Similar Improvements in Muscular Strength, Muscle Mass, Muscle Quality, and IGF-1 in Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1008-1016.	2.1	48
21	Effect of resistance training with different frequencies and detraining on muscular strength and oxidative stress biomarkers in older women. <i>Age</i> , 2015, 37, 104.	3.0	47
22	Cardiovascular Adaptations to Resistance Training in Elderly Postmenopausal Women. <i>International Journal of Sports Medicine</i> , 2013, 34, 806-813.	1.7	43
23	Traditional and pyramidal resistance training systems improve muscle quality and metabolic biomarkers in older women: A randomized crossover study. <i>Experimental Gerontology</i> , 2016, 79, 8-15.	2.8	43
24	Improvements in Phase Angle Are Related With Muscle Quality Index After Resistance Training in Older Women. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 515-520.	1.0	43
25	Body composition in taller individuals using DXA: A validation study for athletic and non-athletic populations. <i>Journal of Sports Sciences</i> , 2013, 31, 405-413.	2.0	40
26	Breaking-up sedentary time is associated with impairment in activities of daily living. <i>Experimental Gerontology</i> , 2015, 72, 57-62.	2.8	40
27	Validade dos métodos para avaliação da gordura corporal em crianças e adolescentes por meio de modelos multicompartimentais: uma revisão sistemática. <i>Revista Da Associação Médica Brasileira</i> , 2013, 59, 475-486.	0.7	38
28	Impact of a classroom standing desk intervention on daily objectively measured sedentary behavior and physical activity in youth. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 919-924.	1.3	38
29	Improvement of cellular health indicators and muscle quality in older women with different resistance training volumes. <i>Journal of Sports Sciences</i> , 2018, 36, 2843-2848.	2.0	38
30	Resistance training in older women: Comparison of single vs. multiple sets on muscle strength and body composition. <i>Isokinetics and Exercise Science</i> , 2015, 23, 53-60.	0.4	36
31	Phase angle predicts physical function in older adults. <i>Archives of Gerontology and Geriatrics</i> , 2020, 90, 104151.	3.0	36
32	Association between health-related physical fitness and body mass index status in children. <i>Journal of Child Health Care</i> , 2016, 20, 294-303.	1.4	35
33	Resistance training prescription with different load management methods improves phase angle in older women. <i>European Journal of Sport Science</i> , 2017, 17, 913-921.	2.7	35
34	What influence does resistance exercise order have on muscular strength gains and muscle hypertrophy? A systematic review and meta-analysis. <i>European Journal of Sport Science</i> , 2021, 21, 149-157.	2.7	35
35	Effects of Exercise Intensity on Rating of Perceived Exertion During a Multiple-Set Resistance Exercise Session. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 466-472.	2.1	34
36	Effects of different resistance training frequencies on flexibility in older women. <i>Clinical Interventions in Aging</i> , 2015, 10, 531.	2.9	34

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37	Correlations between resistance training-induced changes on phase angle and biochemical markers in older women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2173-2182.	2.9	34
38	Resting heart rate: its correlations and potential for screening metabolic dysfunctions in adolescents. <i>BMC Pediatrics</i> , 2013, 13, 48.	1.7	33
39	Effect of Long-term Fortification of Whey Drink With Ferrous Bisglycinate on Anemia Prevalence in Children and Adolescents From Deprived Areas in Londrina, Paraná, Brazil. <i>Nutrition</i> , 2003, 19, 419-421.	2.4	32
40	Validação da equação de Brzycki para a estimativa de 1-RM no exercício supino em banco horizontal. <i>Revista Brasileira De Medicina Do Esporte</i> , 2007, 13, 47-50.	0.2	32
41	A socio-sports model of disordered eating among Brazilian male athletes. <i>Appetite</i> , 2015, 92, 29-35.	3.7	32
42	Effects of Whey Protein Supplementation Associated With Resistance Training on Muscular Strength, Hypertrophy, and Muscle Quality in Preconditioned Older Women. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018, 28, 528-535.	2.1	32
43	Impacto de oito semanas de treinamento com pesos sobre a força muscular de homens e mulheres. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 224-228.	0.2	31
44	Does stretch training induce muscle hypertrophy in humans? A review of the literature. <i>Clinical Physiology and Functional Imaging</i> , 2020, 40, 148-156.	1.2	31
45	Prevalência de sobrepeso e obesidade em escolares de alto nível socioeconômico em Londrina, Paraná, Brasil. <i>Revista De Nutricao</i> , 2005, 18, 709-717.	0.4	29
46	Nutritional status, biological maturation and cardiorespiratory fitness in Azorean youth aged 11-15 years. <i>BMC Public Health</i> , 2013, 13, 495.	2.9	29
47	Familiarization Indexes in Sessions of 1-RM Tests in Adult Women. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2039-2045.	2.1	28
48	Resistance training promotes increase in intracellular hydration in men and women. <i>European Journal of Sport Science</i> , 2014, 14, 578-585.	2.7	28
49	Biological Maturation, Central Adiposity, and Metabolic Risk in Adolescents: A Mediation Analysis. <i>Childhood Obesity</i> , 2016, 12, 377-383.	1.5	27
50	Chronic Blood Pressure Reductions and Increments in Plasma Nitric Oxide Bioavailability. <i>International Journal of Sports Medicine</i> , 2017, 38, 290-299.	1.7	27
51	Hypertrophy-type Resistance Training Improves Phase Angle in Young Adult Men and Women. <i>International Journal of Sports Medicine</i> , 2017, 38, 35-40.	1.7	27
52	Effects of Different Resistance Training Frequencies on Fat in Overweight/Obese Older Women. <i>International Journal of Sports Medicine</i> , 2018, 39, 527-534.	1.7	27
53	Reproducibility of isokinetic strength assessment of knee muscle actions in adult athletes: Torques and antagonist-agonist ratios derived at the same angle position. <i>PLoS ONE</i> , 2018, 13, e0202261.	2.5	27
54	Influence of Skeletal Maturity on Size, Function and Sport-specific Technical Skills in Youth Soccer Players. <i>International Journal of Sports Medicine</i> , 2016, 37, 464-469.	1.7	26

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55	Association between age at menarche and blood pressure in adulthood: is obesity an important mediator?. <i>Hypertension Research</i> , 2018, 41, 856-864.	2.7	26
56	Analysis of the training load during a hypertrophy-type resistance training programme in men and women. <i>European Journal of Sport Science</i> , 2015, 15, 256-264.	2.7	25
57	Comportamento da flexibilidade após 10 semanas de treinamento com pesos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2004, 10, 233-237.	0.2	24
58	Phase Angle is Moderately Associated with Short-term Maximal Intensity Efforts in Soccer Players. <i>International Journal of Sports Medicine</i> , 2019, 40, 739-743.	1.7	24
59	Different Foot Positioning During Calf Training to Induce Portion-Specific Gastrocnemius Muscle Hypertrophy. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2347-2351.	2.1	24
60	Validity of Equations for Estimating V[Combining Dot Above]O ₂ peak From the 20-m Shuttle Run Test in Adolescents Aged 11-13 Years. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2774-2781.	2.1	23
61	Effects of Different Resistance Training Systems on Muscular Strength and Hypertrophy in Resistance-Trained Older Women. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 545-553.	2.1	22
62	Relationship of different domains of physical activity practice with health-related quality of life among community-dwelling older people: a cross-sectional study. <i>BMJ Open</i> , 2019, 9, e027751.	1.9	22
63	Acute effect of high-definition and conventional tDCS on exercise performance and psychophysiological responses in endurance athletes: a randomized controlled trial. <i>Scientific Reports</i> , 2021, 11, 13911.	3.3	22
64	Diagnóstico da aptidão física em escolares de alto nível socioeconômico: avaliação referenciada por critérios de saúde. <i>Revista Brasileira De Medicina Do Esporte</i> , 2007, 13, 71-76.	0.2	21
65	Comment on: "Comparison of Periodized and Non-Periodized Resistance Training on Maximal Strength: A Meta-Analysis". <i>Sports Medicine</i> , 2018, 48, 491-494.	6.5	21
66	Effects of Single Set Resistance Training With Different Frequencies on a Cellular Health Indicator in Older Women. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 537-543.	1.0	21
67	Effects of functional and traditional training in body composition and muscle strength components in older women: A randomized controlled trial. <i>Archives of Gerontology and Geriatrics</i> , 2019, 84, 103902.	3.0	21
68	Agreement in activity energy expenditure assessed by accelerometer and self-report in adolescents: Variation by sex, age, and weight status. <i>Journal of Sports Sciences</i> , 2011, 29, 1503-1514.	2.0	20
69	Lower protein and higher carbohydrate intake are related with altering metabolic syndrome components in elderly women: A cross-sectional study. <i>Experimental Gerontology</i> , 2018, 103, 132-137.	2.8	20
70	Effect of 12 weeks of training on critical velocity and maximal lactate steady state in swimmers. <i>European Journal of Sport Science</i> , 2011, 11, 165-170.	2.7	19
71	Modelling Developmental Changes in Repeated-Sprint Ability by Chronological and Skeletal Ages in Young Soccer Players. <i>International Journal of Sports Medicine</i> , 2012, 33, 773-780.	1.7	19
72	Performance during a 20-km cycling time-trial after caffeine ingestion. <i>Journal of the International Society of Sports Nutrition</i> , 2014, 11, 45.	3.9	19

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73	Effects of Traditional and Pyramidal Resistance Training Systems on Muscular Strength, Muscle Mass, and Hormonal Responses in Older Women: A Randomized Crossover Trial. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1888-1896.	2.1	19
74	Comparison of Skillful vs. Less Skilled Young Soccer Players on Anthropometric, Maturation, Physical Fitness and Time of Practice. <i>International Journal of Sports Medicine</i> , 2017, 38, 384-395.	1.7	19
75	Resistance Training Improves a Cellular Health Parameter in Obese Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2996-3002.	2.1	19
76	Effect of Strength Training on Rate of Force Development in Older Women. <i>Research Quarterly for Exercise and Sport</i> , 2012, 83, 268-275.	1.4	18
77	Correlates of sports practice, occupational and leisure-time physical activity in Brazilian adolescents. <i>American Journal of Human Biology</i> , 2016, 28, 112-117.	1.6	18
78	Effect of rapid weight loss on physical performance in judo athletes: is rapid weight loss a help for judokas with weight problems?. <i>International Journal of Performance Analysis in Sport</i> , 2017, 17, 763-773.	1.1	18
79	Total and regional bone mineral and tissue composition in female adolescent athletes: comparison between volleyball players and swimmers. <i>BMC Pediatrics</i> , 2018, 18, 212.	1.7	18
80	Effects of pre- or post-exercise whey protein supplementation on oxidative stress and antioxidant enzymes in older women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1101-1108.	2.9	18
81	Resistance training performed with single-set is sufficient to reduce cardiovascular risk factors in untrained older women: The randomized clinical trial. <i>Active Aging Longitudinal Study. Archives of Gerontology and Geriatrics</i> , 2019, 81, 171-175.	3.0	18
82	Impact of the use of different skinfold calipers for the analysis of the body composition. <i>Revista Brasileira De Medicina Do Esporte</i> , 2003, 9, 150-153.	0.2	17
83	Prevalence of dyslipidemia in adolescents: Comparison between definitions. <i>Revista Portuguesa De Cardiologia</i> , 2015, 34, 103-109.	0.5	17
84	Regional Socioeconomic Inequalities in Physical Activity and Sedentary Behavior Among Brazilian Adolescents. <i>Journal of Physical Activity and Health</i> , 2018, 15, 338-344.	2.0	17
85	Age at menarche and cancer risk at adulthood. <i>Annals of Human Biology</i> , 2018, 45, 369-372.	1.0	17
86	Effect of resistance training with different frequencies and subsequent detraining on muscle mass and appendicular lean soft tissue, IGF-1, and testosterone in older women. <i>European Journal of Sport Science</i> , 2019, 19, 199-207.	2.7	17
87	Placing Greater Torque at Shorter or Longer Muscle Lengths? Effects of Cable vs. Barbell Preacher Curl Training on Muscular Strength and Hypertrophy in Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5859.	2.6	17
88	Variação da força muscular em testes repetitivos de 1-RM em crianças pré-púberes. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 319-324.	0.2	16
89	Aptidão física relacionada à saúde em escolares de Jequié, BA, Brasil. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 494-499.	0.2	16
90	Effect of 16 Weeks of Resistance Training on Fatigue Resistance in Men and Women. <i>Journal of Human Kinetics</i> , 2014, 42, 165-174.	1.5	16

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91	Physical activity maintenance and metabolic risk in adolescents. <i>Journal of Public Health</i> , 2018, 40, 493-500.	1.8	16
92	Reliability of one-repetition maximum test in untrained young adult men and women. <i>Isokinetics and Exercise Science</i> , 2014, 22, 175-182.	0.4	15
93	Effect of Different Warm-up Procedures on the Performance of Resistance Training Exercises. Perceptual and Motor Skills, 2014, 119, 133-145.	1.3	15
94	Effect of Two- Versus Three-Way Split Resistance Training Routines on Body Composition and Muscular Strength in Bodybuilders: A Pilot Study. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 559-565.	2.1	15
95	Cardiorespiratory fitness is related to metabolic risk independent of physical activity in boys but not girls from Southern Brazil. <i>American Journal of Human Biology</i> , 2016, 28, 534-538.	1.6	15
96	TV Viewing in 60,202 Adults From the National Brazilian Health Survey: Prevalence, Correlates, and Associations With Chronic Diseases. <i>Journal of Physical Activity and Health</i> , 2018, 15, 510-515.	2.0	15
97	Effects of Resistance Training with Different Pyramid Systems on Bioimpedance Vector Patterns, Body Composition, and Cellular Health in Older Women: A Randomized Controlled Trial. <i>Sustainability</i> , 2020, 12, 6658.	3.2	15
98	Comparison of Low and High Volume of Resistance Training on Body Fat and Blood Biomarkers in Untrained Older Women: A Randomized Clinical Trial. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1-8.	2.1	15
99	Responsiveness to muscle mass gain following 12 and 24 weeks of resistance training in older women. <i>Aging Clinical and Experimental Research</i> , 2021, 33, 1071-1078.	2.9	15
100	Perfil antropométrico e de desempenho motor de atletas paranaenses de futsal de elite. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2008, 10, 76.	0.5	14
101	Effect of eight weeks of strength training on fatigue resistance in men and women. <i>Isokinetics and Exercise Science</i> , 2009, 17, 101-106.	0.4	14
102	Fitness but not weight status is associated with projected physical independence in older adults. <i>Age</i> , 2016, 38, 54.	3.0	14
103	Effect of Resistance Training Systems on Oxidative Stress in Older Women. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 439-447.	2.1	14
104	Birth weight, biological maturation and obesity in adolescents: a mediation analysis. <i>Journal of Developmental Origins of Health and Disease</i> , 2017, 8, 502-507.	1.4	14
105	Cardiorespiratory fitness effect may be under-estimated in "fat but fit" hypothesis studies. <i>Annals of Human Biology</i> , 2017, 44, 237-242.	1.0	14
106	Effect of protein intake beyond habitual intakes following resistance training on cardiometabolic risk disease parameters in pre-conditioned older women. <i>Experimental Gerontology</i> , 2018, 110, 9-14.	2.8	14
107	Influence of Resistance Training Exercise Order on Muscle Strength, Hypertrophy, and Anabolic Hormones in Older Women: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 3103-3109.	2.1	14
108	Efeito de 16 semanas de treinamento com pesos sobre a pressão arterial em mulheres normotensas e não-treinadas. <i>Revista Brasileira De Medicina Do Esporte</i> , 2007, 13, 361-365.	0.2	13

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109	Static Stretching and Performance in Multiple Sets in the Bench Press Exercise. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1158-1163.	2.1	13
110	Effects of Pyramid Resistance-Training System with Different Repetition Zones on Cardiovascular Risk Factors in Older Women: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6115.	2.6	13
111	Resistance exercise intervention on muscular strength and power, and functional capacity in acute hospitalized older adults: a systematic review and meta-analysis of 2498 patients in 7 randomized clinical trials. <i>GeroScience</i> , 2021, 43, 2693-2705.	4.6	13
112	Does Varying Resistance Exercises Promote Superior Muscle Hypertrophy and Strength Gains? A Systematic Review. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1753-1762.	2.1	13
113	Comparaç�o entre o desempenho motor de homens e mulheres em s�ries m�ltiplas de exerc�cios com pesos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 257-261.	0.2	12
114	Reliability of 1RM test in detrained men with previous resistance training experience. <i>Isokinetics and Exercise Science</i> , 2014, 22, 137-143.	0.4	12
115	Correlates of Blood Pressure According to Early, On Time, and Late Maturation in Adolescents. <i>Journal of Clinical Hypertension</i> , 2016, 18, 424-430.	2.0	12
116	Effects of Different Resistance Training Loads on the Muscle Quality Index in Older Women. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1445-1449.	2.1	12
117	The usefulness of Tanita TBF-310 for body composition assessment in Judo athletes using a four-compartment molecular model as the reference method. <i>Revista Da Associaç�o M�dica Brasileira</i> , 2019, 65, 1283-1289.	0.7	12
118	Physical Activity Guidelines for the Brazilian Population: Recommendations Report. <i>Journal of Physical Activity and Health</i> , 2022, 19, 374-381.	2.0	12
119	Effects of Rest Interval Length on Rating of Perceived Exertion during a Multiple-Set Resistance Exercise. <i>Perceptual and Motor Skills</i> , 2012, 115, 273-282.	1.3	11
120	Prevalence of physical activity through the practice of sports among adolescents from Portuguese speaking countries. <i>Ciencia E Saude Coletiva</i> , 2015, 20, 1199-1206.	0.5	11
121	Creatine supplementation elicits greater muscle hypertrophy in upper than lower limbs and trunk in resistance-trained men. <i>Nutrition and Health</i> , 2017, 23, 223-229.	1.5	11
122	Does leisure-time physical activity attenuate or eliminate the positive association between obesity and high blood pressure?. <i>Journal of Clinical Hypertension</i> , 2018, 20, 959-966.	2.0	11
123	Effects of Different Weekly Sets-Equated Resistance Training Frequencies on Muscular Strength, Muscle Mass, and Body Fat in Older Women. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2990-2995.	2.1	11
124	Acute effects of equated volume-load resistance training leading to muscular failure versus non-failure on neuromuscular performance. <i>Journal of Exercise Science and Fitness</i> , 2020, 18, 94-100.	2.2	11
125	Acute Effect of Drop-Set, Traditional, and Pyramidal Systems in Resistance Training on Neuromuscular Performance in Trained Adults. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 991-996.	2.1	11
126	Effect of whole-body resistance training at different load intensities on circulating inflammatory biomarkers, body fat, muscular strength, and physical performance in postmenopausal women. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 925-933.	1.9	11

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127	Identifying children who are susceptible to dropping out from physical activity and sport: a cross-sectional study. Sao Paulo Medical Journal, 2019, 137, 329-335.	0.9	11
128	Chronic resistance training does not affect post-exercise blood pressure in normotensive older women: a randomized controlled trial. Age, 2015, 37, 63.	3.0	10
129	Effects of Modified Pyramid System on Muscular Strength and Hypertrophy in Older Women. International Journal of Sports Medicine, 2018, 39, 613-618.	1.7	10
130	Sport Participation and Metabolic Risk During Adolescent Years: A Structured Equation Model. International Journal of Sports Medicine, 2018, 39, 674-681.	1.7	10
131	Effects of Three Resistance Exercise Orders on Muscular Function and Body Composition in Older Women. International Journal of Sports Medicine, 2020, 41, 1024-1031.	1.7	10
132	Valida�o de equa�es antropom�tricas para a estimativa da massa muscular por meio de absorptometria radiol�gica de dupla energia em universit�rios do sexo masculino. Revista Brasileira De Medicina Do Esporte, 2008, 14, 376-380.	0.2	10
133	Similar Effects of 24 Weeks of Resistance Training Performed with Different Frequencies on Muscle Strength, Muscle Mass, and Muscle Quality in Older Women. International Journal of Exercise Science, 2019, 12, 623-635.	0.5	10
134	Antropometria de atletas culturistas em rela�o � refer�ncia populacional. Revista De Nutricao, 2000, 13, 135-141.	0.4	9
135	Anemia prevalence in children and adolescents from educational centers in the outskirts of Londrina, PR, Brazil. Revista De Nutricao, 2002, 15, 149-153.	0.4	9
136	Effect of Conjugated Linoleic Acid Associated With Aerobic Exercise on Body Fat and Lipid Profile in Obese Women: A Randomized, Double-Blinded, and Placebo-Controlled Trial. International Journal of Sport Nutrition and Exercise Metabolism, 2016, 26, 135-144.	2.1	9
137	Resistance training with dietary intake maintenance increases strength without altering body composition in older women. Journal of Sports Medicine and Physical Fitness, 2018, 58, 457-464.	0.7	9
138	Allometric scaling of aerobic fitness outputs in school-aged pubertal girls. BMC Pediatrics, 2019, 19, 96.	1.7	9
139	Effect of whey protein supplementation combined with resistance training on cellular health in pre-conditioned older women: A randomized, double-blind, placebo-controlled trial. Archives of Gerontology and Geriatrics, 2019, 82, 232-237.	3.0	9
140	Creatine Supplementation Does Not Influence the Ratio Between Intracellular Water and Skeletal Muscle Mass in Resistance-Trained Men. International Journal of Sport Nutrition and Exercise Metabolism, 2020, 30, 405-411.	2.1	9
141	Effects of linear versus nonperiodized resistance training on isometric force and skeletal muscle mass adaptations in sarcopenic older adults. Journal of Exercise Rehabilitation, 2019, 15, 148-154.	1.0	9
142	Tracking of body adiposity indicators from childhood to adolescence: Mediation by BMI. PLoS ONE, 2018, 13, e0191908.	2.5	9
143	Age and Sex-Related Associations between Marital Status, Physical Activity and TV Time. International Journal of Environmental Research and Public Health, 2022, 19, 502.	2.6	9
144	Compara�o entre limiar anaer�bio determinado por vari�veis ventilat�rias e pela resposta do lactato sangu�neo em ciclistas. Revista Brasileira De Medicina Do Esporte, 2006, 12, 39-44.	0.2	8

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