

# Julia Otten

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1924231/publications.pdf>

Version: 2024-02-01

16  
papers

515  
citations

933447

10  
h-index

940533

16  
g-index

16  
all docs

16  
docs citations

16  
times ranked

987  
citing authors

#	ARTICLE	IF	CITATIONS
1	Benefits of a Paleolithic diet with and without supervised exercise on fat mass, insulin sensitivity, and glycemic control: a randomized controlled trial in individuals with type 2 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2017, 33, e2828.	4.0	113
2	Surrogate measures of insulin sensitivity vs the hyperinsulinaemicâ€“euglycaemic clamp: a meta-analysis. <i>Diabetologia</i> , 2014, 57, 1781-1788.	6.3	112
3	The associations of major foods and fibre with risks of ischaemic and haemorrhagic stroke: a prospective study of 418âˆ329 participants in the EPIC cohort across nine European countries. <i>European Heart Journal</i> , 2020, 41, 2632-2640.	2.2	60
4	Association between nutritional profiles of foods underlying Nutri-Score front-of-pack labels and mortality: EPIC cohort study in 10 European countries. <i>BMJ, The</i> , 2020, 370, m3173.	6.0	54
5	Treadmill workstations in office workers who are overweight or obese: a randomised controlled trial. <i>Lancet Public Health, The</i> , 2018, 3, e523-e535.	10.0	36
6	A Paleolithic Diet with and without Combined Aerobic and Resistance Exercise Increases Functional Brain Responses and Hippocampal Volume in Subjects with Type 2 Diabetes. <i>Frontiers in Aging Neuroscience</i> , 2017, 9, 391.	3.4	25
7	A heterogeneous response of liver and skeletal muscle fat to the combination of a Paleolithic diet and exercise in obese individuals with type 2 diabetes: a randomised controlled trial. <i>Diabetologia</i> , 2018, 61, 1548-1559.	6.3	25
8	Postprandial levels of GLP-1, GIP and glucagon after 2 years of weight loss with a Paleolithic diet: a randomised controlled trial in healthy obese women. <i>European Journal of Endocrinology</i> , 2019, 180, 417-427.	3.7	24
9	Left ventricular remodelling changes without concomitant loss of myocardial fat after long-term dietary intervention. <i>International Journal of Cardiology</i> , 2016, 216, 92-96.	1.7	18
10	Exercise Training Adds Cardiometabolic Benefits of a Paleolithic Diet in Type 2 Diabetes Mellitus. <i>Journal of the American Heart Association</i> , 2019, 8, e010634.	3.7	13
11	Diet-induced weight loss alters hepatic glucocorticoid metabolism in type 2 diabetes mellitus. <i>European Journal of Endocrinology</i> , 2020, 182, 447-457.	3.7	9
12	Using a Paleo Ratio to Assess Adherence to Paleolithic Dietary Recommendations in a Randomized Controlled Trial of Individuals with Type 2 Diabetes. <i>Nutrients</i> , 2021, 13, 969.	4.1	8
13	Improved Peripheral and Hepatic Insulin Sensitivity after Lifestyle Interventions in Type 2 Diabetes Is Associated with Specific Metabolomic and Lipidomic Signatures in Skeletal Muscle and Plasma. <i>Metabolites</i> , 2021, 11, 834.	2.9	7
14	The liver-alpha-cell axis after a mixed meal and during weight loss in type 2 diabetes. <i>Endocrine Connections</i> , 2021, 10, 1101-1110.	1.9	5
15	Surrogate measures of insulin sensitivity vs the hyperinsulinaemicâ€“euglycaemic clamp: a meta-analysis. Are there not some surrogate indexes lost in this story? Reply to Bastard JP, Rabasa-Lhoret R, Laville M and Disse E [letter]. <i>Diabetologia</i> , 2015, 58, 416-417.	6.3	3
16	Fasting C-peptide at type 2 diabetes diagnosis is an independent risk factor for total and cancer mortality. <i>Diabetes/Metabolism Research and Reviews</i> , 2022, 38, e3512.	4.0	3