

Ana I Torres-Costoso

List of Publications by Year in descending order

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Version: 2024-02-01

28
papers

459
citations

687363

13
h-index

752698

20
g-index

28
all docs

28
docs citations

28
times ranked

699
citing authors

#	ARTICLE	IF	CITATIONS
1	Accuracy of Ultrasonography for the Diagnosis of Carpal Tunnel Syndrome: A Systematic Review and Meta-Analysis. Archives of Physical Medicine and Rehabilitation, 2018, 99, 758-765.e10.	0.9	64
2	Association Between Muscular Strength and Bone Health from Children to Young Adults: A Systematic Review and Meta-analysis. Sports Medicine, 2020, 50, 1163-1190.	6.5	38
3	Pilates Method Improves Cardiorespiratory Fitness: A Systematic Review and Meta-Analysis. Journal of Clinical Medicine, 2019, 8, 1761.	2.4	37
4	Effectiveness of Pulmonary Rehabilitation in Interstitial Lung Disease, Including Coronavirus Diseases: A Systematic Review and Meta-analysis. Archives of Physical Medicine and Rehabilitation, 2021, 102, 1989-1997.e3.	0.9	37
5	Strength and cardiometabolic risk in young adults: The mediator role of aerobic fitness and waist circumference. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1801-1807.	2.9	28
6	Lean mass as a total mediator of the influence of muscular fitness on bone health in schoolchildren: a mediation analysis. Journal of Sports Sciences, 2015, 33, 817-830.	2.0	27
7	Obesity as a Mediator between Cardiorespiratory Fitness and Blood Pressure in Preschoolers. Journal of Pediatrics, 2017, 182, 114-119.e2.	1.8	26
8	Agreement Between Standard Body Composition Methods to Estimate Percentage of Body Fat in Young Male Athletes. Pediatric Exercise Science, 2018, 30, 402-410.	1.0	21
9	Multimodality respiratory physiotherapy reduces mortality but may not prevent ventilator-associated pneumonia or reduce length of stay in the intensive care unit: a systematic review. Journal of Physiotherapy, 2018, 64, 222-228.	1.7	21
10	Agreement Between Dual-Energy X-Ray Absorptiometry and Quantitative Ultrasound to Evaluate Bone Health in Adolescents: The PRO-BONE Study. Pediatric Exercise Science, 2018, 30, 466-473.	1.0	15
11	Physical Activity and Bone Health in Schoolchildren: The Mediating Role of Fitness and Body Fat. PLoS ONE, 2015, 10, e0123797.	2.5	15
12	Insulin and bone health in young adults: The mediator role of lean mass. PLoS ONE, 2017, 12, e0173874.	2.5	15
13	Lean mass explains the association between muscular fitness and bone outcomes in 13-year-old boys. Acta Paediatrica, International Journal of Paediatrics, 2017, 106, 1658-1665.	1.5	14
14	The type of exercise most beneficial for quality of life in people with multiple sclerosis: A network meta-analysis. Annals of Physical and Rehabilitation Medicine, 2022, 65, 101578.	2.3	14
15	Pilates improves physical performance and decreases risk of falls in older adults: a systematic review and meta-analysis. Physiotherapy, 2021, 112, 163-177.	0.4	13
16	Effectiveness of Pilates and Yoga to improve bone density in adult women: A systematic review and meta-analysis. PLoS ONE, 2021, 16, e0251391.	2.5	11
17	The "Fat but Fit" Paradigm and Bone Health in Young Adults: A Cluster Analysis. Nutrients, 2021, 13, 518.	4.1	10
18	The risk of eating disorders and bone health in young adults: the mediating role of body composition and fitness. Eating and Weight Disorders, 2019, 24, 1145-1154.	2.5	8

#	ARTICLE	IF	CITATIONS
19	Accuracy of the Most Common Provocation Tests for Diagnosing Carpal Tunnel Syndrome: A Systematic Review With Meta-analysis. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022, 52, 522-531.	3.5	8
20	Body Mass Index, Lean Mass, and Body Fat Percentage as Mediators of the Relationship between Milk Consumption and Bone Health in Young Adults. <i>Nutrients</i> , 2019, 11, 2500.	4.1	7
21	Effectiveness of pharmacological treatments in Duchenne muscular dystrophy: a protocol for a systematic review and meta-analysis. <i>BMJ Open</i> , 2019, 9, e029341.	1.9	7
22	Low and moderate intensity aerobic exercise acutely reduce blood pressure in adults with high normal/grade I hypertension. <i>Journal of Clinical Hypertension</i> , 2020, 22, 1732-1736.	2.0	7
23	Effect of Exercise on Motor Symptoms in Patients With Parkinson's Disease: A Network Meta-analysis. <i>Journal of Geriatric Physical Therapy</i> , 2023, 46, E87-E105.	1.1	7
24	The effect of hallux valgus open and percutaneous surgery on AOFAS scale: a systematic review and meta-analysis. <i>Quality of Life Research</i> , 2021, 30, 957-966.	3.1	5
25	Dietary Calcium Intake and Fat Mass in Spanish Young Adults: The Role of Muscle Strength. <i>Nutrients</i> , 2021, 13, 4498.	4.1	3
26	Maternal Education and Academic Achievement in Schoolchildren: The Role of Cardiorespiratory Fitness. <i>Journal of Pediatrics</i> , 2021, 232, 109-117.e1.	1.8	1
27	Cardiorespiratory fitness, bone mineral density and hip geometry in young males: the PRO-BONE study. <i>Bone Abstracts</i> , 0, , .	0.0	0
28	Muscular fitness, bone mineral density and hip geometry in young males: the PRO-BONE study. <i>Bone Abstracts</i> , 0, , .	0.0	0