

# Carsten Wrosch

## List of Publications by Year in descending order

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Version: 2024-02-01

90  
papers

7,180  
citations

87888

38  
h-index

58581

82  
g-index

91  
all docs

91  
docs citations

91  
times ranked

4914  
citing authors

#	ARTICLE	IF	CITATIONS
1	Age differences in sadness reactivity and variability.. Psychology and Aging, 2022, 37, 163-174.	1.6	1
2	Discrete negative emotions and goal disengagement in older adulthood: Context effects and associations with emotional well-being.. Emotion, 2022, 22, 1583-1594.	1.8	7
3	Family Business Succession: Whatâ€™s Motivation Got to Do With It?. Family Business Review, 2021, 34, 154-167.	6.6	54
4	Self-compassion as predictor of daily physical symptoms and chronic illness across older adulthood. Journal of Health Psychology, 2021, , 135910532110023.	2.3	2
5	Well-being as a resource for goal reengagement: Evidence from two longitudinal studies.. Motivation Science, 2021, 7, 21-31.	1.6	16
6	Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research.. American Psychologist, 2021, 76, 529-548.	4.2	51
7	A tale of two emotions: The diverging salience and health consequences of calmness and excitement in old age.. Psychology and Aging, 2021, 36, 626-641.	1.6	9
8	It remains meaningful to distinguish optimism from pessimism: Reply to VanderWeele and Kubzansky (2021).. American Psychologist, 2021, 76, 1194-1195.	4.2	1
9	Goal adjustment capacities and quality of life: A metaâ€œanalytic review. Journal of Personality, 2020, 88, 307-323.	3.2	42
10	Why are we together? A dyadic longitudinal investigation of relationship motivation, goal progress, and adjustment. Journal of Personality, 2020, 88, 464-477.	3.2	4
11	Adaptive self-regulation, subjective well-being, and physical health: The importance of goal adjustment capacities. Advances in Motivation Science, 2020, , 199-238.	3.7	21
12	Purpose in life and chronic low-grade inflammation across older adulthood. Psychoneuroendocrinology, 2020, 119, 105033.	2.7	0
13	Stress-Related Trajectories of Diurnal Cortisol in Older Adulthood Over 12 Years. Psychoneuroendocrinology, 2020, 121, 104826.	2.7	10
14	Marital quality and inflammation: The moderating role of early life adversity.. Health Psychology, 2020, 39, 58-67.	1.6	3
15	Agency and Motivation in Adulthood and Old Age. Annual Review of Psychology, 2019, 70, 191-217.	17.7	115
16	Changes in self-esteem and chronic disease across adulthood: A 16-year longitudinal analysis. Social Science and Medicine, 2019, 242, 112600.	3.8	8
17	Downgrading goal-relevant resources in action crises: The moderating role of goal reengagement capacities and effects on well-being. Motivation and Emotion, 2019, 43, 535-553.	1.3	9
18	Negative emotions and chronic physical illness: A lifespan developmental perspective.. Health Psychology, 2019, 38, 949-959.	1.6	12

#	ARTICLE	IF	CITATIONS
19	Is anger, but not sadness, associated with chronic inflammation and illness in older adulthood?. <i>Psychology and Aging</i> , 2019, 34, 330-340.	1.6	16
20	Changes in physical activity behavior and C-reactive protein in breast cancer patients. <i>Annals of Behavioral Medicine</i> , 2018, 52, 545-551.	2.9	8
21	Self-compassion, chronic age-related stressors, and diurnal cortisol secretion in older adulthood. <i>Journal of Behavioral Medicine</i> , 2018, 41, 850-862.	2.1	14
22	Comment: The Emotionâ€“Health Link: Perspectives From a Lifespan Theory of Discrete Emotions. <i>Emotion Review</i> , 2018, 10, 59-61.	3.4	13
23	Life after breast cancer: moving on, sitting down or standing still? A prospective study of Canadian breast cancer survivors. <i>BMJ Open</i> , 2018, 8, e021770.	1.9	12
24	Age-related changes in older adultsâ€™ anger and sadness: The role of perceived control.. <i>Psychology and Aging</i> , 2018, 33, 350-360.	1.6	15
25	Changes in social support predict emotional well-being in breast cancer survivors. <i>Psycho-Oncology</i> , 2017, 26, 664-671.	2.3	102
26	Do the Emotional Benefits of Optimism Vary Across Older Adulthood? A Life Span Perspective. <i>Journal of Personality</i> , 2017, 85, 388-397.	3.2	24
27	Intra-individual cortisol variability and low-grade inflammation over 10 years in older adults. <i>Psychoneuroendocrinology</i> , 2017, 77, 141-149.	2.7	9
28	Body-Related Shame and Guilt Predict Physical Activity in Breast Cancer Survivors Over Time. <i>Oncology Nursing Forum</i> , 2017, 44, 465-475.	1.2	23
29	Emotional Development in Old Age. , 2017, , 752-762.		5
30	The roles of negative affect and goal adjustment capacities in breast cancer survivors: Associations with physical activity and diurnal cortisol secretion.. <i>Health Psychology</i> , 2017, 36, 320-331.	1.6	16
31	Speaking about feelings: Further evidence for multidirectional age differences in anger and sadness.. <i>Psychology and Aging</i> , 2017, 32, 93-103.	1.6	24
32	Tracking affect and academic success across university: Happy students benefit from bouts of negative mood.. <i>Developmental Psychology</i> , 2016, 52, 2022-2030.	1.6	19
33	Comparing the body to superior others: Associations with daily exercise and body evaluation in men and women. <i>Psychology of Sport and Exercise</i> , 2016, 27, 120-127.	2.1	19
34	Control Strategies for Managing Physical Health Problems in Old Age. , 2016, , 281-308.		4
35	Introduction to the special section on motivational self-regulation across the lifespan. <i>International Journal of Behavioral Development</i> , 2016, 40, 97-99.	2.4	0
36	Goal disengagement capacities and severity of disease across older adulthood. <i>International Journal of Behavioral Development</i> , 2016, 40, 137-144.	2.4	14

#	ARTICLE	IF	CITATIONS
37	Challenges to developmental regulation across the life course. <i>International Journal of Behavioral Development</i> , 2016, 40, 145-150.	2.4	32
38	Chronic illness and loneliness in older adulthood: The role of self-protective control strategies.. <i>Health Psychology</i> , 2015, 34, 870-879.	1.6	56
39	Body-Related Self-Conscious Emotions Relate to Physical Activity Motivation and Behavior in Men. <i>American Journal of Men's Health</i> , 2015, 9, 209-221.	1.6	45
40	Emotional Development in Old Age. , 2015, , 1-11.		6
41	Emotional aging: a discrete emotions perspective. <i>Frontiers in Psychology</i> , 2014, 5, 380.	2.1	76
42	Systemic inflammation among breast cancer survivors: the roles of goal disengagement capacities and health-related self-protection. <i>Psycho-Oncology</i> , 2014, 23, 878-885.	2.3	10
43	Does Child Gender Predict Older Parents' Well-Being?. <i>Social Indicators Research</i> , 2014, 118, 285-303.	2.7	6
44	Associations between dispositional optimism and diurnal cortisol in a community sample: When stress is perceived as higher than normal.. <i>Health Psychology</i> , 2014, 33, 382-391.	1.6	56
45	Self-esteem change and diurnal cortisol secretion in older adulthood. <i>Psychoneuroendocrinology</i> , 2014, 41, 111-120.	2.7	28
46	Goal adjustment, physical and sedentary activity, and well-being and health among breast cancer survivors. <i>Psycho-Oncology</i> , 2013, 22, 581-589.	2.3	53
47	The why and how of goal pursuits: Effects of global autonomous motivation and perceived control on emotional well-being. <i>Motivation and Emotion</i> , 2013, 37, 675-687.	1.3	32
48	A Lines-of-Defense Model for Managing Health Threats: A Review. <i>Gerontology</i> , 2013, 59, 438-447.	2.8	68
49	Conscientiousness and stress exposure and reactivity: a prospective study of adolescent females. <i>Journal of Behavioral Medicine</i> , 2013, 36, 153-164.	2.1	25
50	The Value of Adaptive Regret Management in Retirement. <i>International Journal of Aging and Human Development</i> , 2013, 76, 99-121.	1.6	7
51	Satisfaction with social support in older adulthood: The influence of social support changes and goal adjustment capacities.. <i>Psychology and Aging</i> , 2013, 28, 875-885.	1.6	12
52	Goal Adjustment Capacities, Subjective Well-being, and Physical Health. <i>Social and Personality Psychology Compass</i> , 2013, 7, 847-860.	3.7	105
53	Developmental regulation across the life span: Toward a new synthesis.. <i>Developmental Psychology</i> , 2013, 49, 964-972.	1.6	165
54	Associations Between Health-Related Self-Protection, Diurnal Cortisol, and C-Reactive Protein in Lonely Older Adults. <i>Psychosomatic Medicine</i> , 2012, 74, 937-944.	2.0	25

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55	The different roles of perceived stress in the association between older adults' physical activity and physical health.. Health Psychology, 2012, 31, 164-171.	1.6	43
56	Sleep duration buffers diurnal cortisol increases in older adulthood. Psychoneuroendocrinology, 2012, 37, 1029-1038.	2.7	14
57	Retiring From the Family Business. Family Business Review, 2011, 24, 292-304.	6.6	40
58	Goal disengagement, functional disability, and depressive symptoms in old age.. Health Psychology, 2011, 30, 763-770.	1.6	73
59	Making Up for Lost Opportunities: The Protective Role of Downward Social Comparisons for Coping With Regrets Across Adulthood. Personality and Social Psychology Bulletin, 2011, 37, 215-228.	3.0	29
60	Goal adjustment capacities, coping, and subjective well-being: The sample case of caregiving for a family member with mental illness.. Journal of Personality and Social Psychology, 2011, 100, 934-946.	2.8	73
61	Self-regulation of bitterness across the lifespan. , 2011, , 129-141.		1
62	Self-Regulation of Unattainable Goals and Pathways to Quality of Life. , 2010, , .		14
63	A motivational theory of life-span development.. Psychological Review, 2010, 117, 32-60.	3.8	1,104
64	Cortisol Secretion and Functional Disabilities in Old Age: Importance of Using Adaptive Control Strategies. Psychosomatic Medicine, 2009, 71, 996-1003.	2.0	29
65	Depressive symptoms can be useful: Self-regulatory and emotional benefits of dysphoric mood in adolescence.. Journal of Personality and Social Psychology, 2009, 96, 1181-1190.	2.8	105
66	Health-Engagement Control Strategies and 2-Year Changes in Older Adults' Physical Health. Psychological Science, 2008, 19, 537-541.	3.3	62
67	I'm better off than most other people: The role of social comparisons for coping with regret in young adulthood and old age.. Psychology and Aging, 2008, 23, 800-811.	1.6	39
68	Diurnal cortisol secretion and 2-year changes in older adults' physical symptoms: The moderating roles of negative affect and sleep.. Health Psychology, 2008, 27, 685-693.	1.6	30
69	You've Gotta Know When to Fold 'Em. Psychological Science, 2007, 18, 773-777.	3.3	115
70	Giving Up on Unattainable Goals: Benefits for Health?. Personality and Social Psychology Bulletin, 2007, 33, 251-265.	3.0	236
71	Regret intensity, diurnal cortisol secretion, and physical health in older individuals: Evidence for directional effects and protective factors.. Psychology and Aging, 2007, 22, 319-330.	1.6	56
72	Physical health problems, depressive mood, and cortisol secretion in old age: Buffer effects of health engagement control strategies.. Health Psychology, 2007, 26, 341-349.	1.6	75

#	ARTICLE	IF	CITATIONS
73	An Exploration of the Generational Differences in Levels of Control Held Among Family Businesses Approaching Succession. <i>Family Business Review</i> , 2007, 20, 337-354.	6.6	86
74	Self-Regulation Processes and Health: The Importance of Optimism and Goal Adjustment. <i>Journal of Personality</i> , 2006, 74, 1721-1748.	3.2	288
75	The Life Engagement Test: Assessing Purpose in Life. <i>Journal of Behavioral Medicine</i> , 2006, 29, 291-298.	2.1	359
76	Self-Regulation of Common Age-Related Challenges: Benefits for Older Adults™ Psychological and Physical Health. <i>Journal of Behavioral Medicine</i> , 2006, 29, 299-306.	2.1	63
77	Regret and quality of life across the adult life span: The influence of disengagement and available future goals.. <i>Psychology and Aging</i> , 2005, 20, 657-670.	1.6	136
78	Health Stresses and Depressive Symptomatology in the Elderly. <i>Current Directions in Psychological Science</i> , 2004, 13, 17-20.	5.3	73
79	Personality and quality of life: the importance of optimism and goal adjustment. <i>Quality of Life Research</i> , 2003, 12, 59-72.	3.1	239
80	Adaptive Self-Regulation of Unattainable Goals: Goal Disengagement, Goal Reengagement, and Subjective Well-Being. <i>Personality and Social Psychology Bulletin</i> , 2003, 29, 1494-1508.	3.0	746
81	The Importance of Goal Disengagement in Adaptive Self-Regulation: When Giving Up is Beneficial. <i>Self and Identity</i> , 2003, 2, 1-20.	1.6	477
82	Perceptions and implications of received spousal care: Evidence from the Caregiver Health Effects Study.. <i>Psychology and Aging</i> , 2003, 18, 593-601.	1.6	46
83	Perceived control of life regrets: Good for young and bad for old adults.. <i>Psychology and Aging</i> , 2002, 17, 340-350.	1.6	109
84	Health stresses and depressive symptomatology in the elderly: The importance of health engagement control strategies.. <i>Health Psychology</i> , 2002, 21, 340-348.	1.6	125
85	Perceived control of life regrets: good for young and bad for old adults. <i>Psychology and Aging</i> , 2002, 17, 340-50.	1.6	26
86	Health stresses and depressive symptomatology in the elderly: The importance of health engagement control strategies.. <i>Health Psychology</i> , 2002, 21, 340-348.	1.6	32
87	Developmental regulation before and after a developmental deadline: The sample case of "biological clock" for childbearing.. <i>Psychology and Aging</i> , 2001, 16, 400-413.	1.6	211
88	Self-Regulation of Normative and Non-Normative Developmental Challenges<sup>1</sup>. <i>Human Development</i> , 2001, 44, 264-283.	2.0	84
89	Primary and secondary control strategies for managing health and financial stress across adulthood.. <i>Psychology and Aging</i> , 2000, 15, 387-399.	1.6	246
90	Control processes before and after passing a developmental deadline: Activation and deactivation of intimate relationship goals.. <i>Journal of Personality and Social Psychology</i> , 1999, 77, 415-427.	2.8	181