Azita Hekmatdoost

List of Publications by Year
in descending order

178 papers	5,484 citations	101543 36 h-index	110387 64 g-index
185 all docs	185 docs citations	185 times ranked	6651 citing authors

#	Article	IF	Citations
1	Prospective Epidemiological Research Studies in Iran (the PERSIAN Cohort Study): Rationale, Objectives, and Design. American Journal of Epidemiology, 2018, 187, 647-655.	3.4	366
2	Synbiotic supplementation in nonalcoholic fatty liver disease: a randomized, double-blind, placebo-controlled pilot study. American Journal of Clinical Nutrition, 2014, 99, 535-542.	4.7	315
3	Resveratrol supplementation improves inflammatory biomarkers in patients with nonalcoholic fatty liver disease. Nutrition Research, 2014, 34, 837-843.	2.9	261
4	Synbiotic supplementation in lean patients with non-alcoholic fatty liver disease: a pilot, randomised, double-blind, placebo-controlled, clinical trial. British Journal of Nutrition, 2017, 117, 662-668.	2.3	165
5	Anti-Inflammatory Effects of Resveratrol in Patients with Ulcerative Colitis: A Randomized, Double-Blind, Placebo-controlled Pilot Study. Archives of Medical Research, 2015, 46, 280-285.	3.3	152
6	The effects of resveratrol supplementation on cardiovascular risk factors in patients with non-alcoholic fatty liver disease: a randomised, double-blind, placebo-controlled study. British Journal of Nutrition, 2015, 114, 796-803.	2.3	138
7	Nonalcoholic Fatty Liver Disease, the Gut Microbiome, and Diet. Advances in Nutrition, 2017, 8, 240-252.	6.4	125
8	Cinnamon may have therapeutic benefits on lipid profile, liver enzymes, insulin resistance, and high-sensitivity C-reactive protein in nonalcoholic fatty liver disease patients. Nutrition Research, 2014, 34, 143-148.	2.9	117
9	Anti-Hyperglycemic and Insulin Sensitizer Effects of Turmeric and Its Principle Constituent Curcumin. International Journal of Endocrinology and Metabolism, 2014, 12, e18081.	1.0	112
10	The effects of curcumin supplementation on highâ€sensitivity Câ€reactive protein, serum adiponectin, and lipid profile in patients with type 2 diabetes: A randomized, doubleâ€blind, placeboâ€controlled trial. Phytotherapy Research, 2019, 33, 1374-1383.	5.8	109
11	Resveratrol Supplementation and Oxidative/Anti-Oxidative Status in Patients with Ulcerative Colitis: A Randomized, Double-Blind, Placebo-controlled Pilot Study. Archives of Medical Research, 2016, 47, 304-309.	3.3	99
12	Ginger in gastrointestinal disorders: A systematic review of clinical trials. Food Science and Nutrition, 2019, 7, 96-108.	3.4	95
13	Effects of synbiotic supplementation on insulin resistance in subjects with the metabolic syndrome: a randomised, double-blind, placebo-controlled pilot study. British Journal of Nutrition, 2014, 112, 438-445.	2.3	94
14	Resveratrol and liver: A systematic review. Journal of Research in Medical Sciences, 2015, 20, 797.	0.9	91
15	Curcumin and inflammation in non-alcoholic fatty liver disease: a randomized, placebo controlled clinical trial. BMC Gastroenterology, 2019, 19, 133.	2.0	87
16	Serum uric acid and risk of cardiovascular mortality: a systematic review and dose-response meta-analysis of cohort studies of over a million participants. BMC Cardiovascular Disorders, 2019, 19, 218.	1.7	84
17	Flaxseed supplementation in non-alcoholic fatty liver disease: a pilot randomized, open labeled, controlled study. International Journal of Food Sciences and Nutrition, 2016, 67, 461-469.	2.8	79
18	Adherence to the Dietary Approaches to Stop Hypertension (DASH) and risk of Nonalcoholic Fatty Liver Disease. International Journal of Food Sciences and Nutrition, 2016, 67, 1024-1029.	2.8	76

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19	Association between Maternal Dietary Inflammatory Index (DII) and abortion in Iranian women and validation of DII with serum concentration of inflammatory factors: case-control study. Applied Physiology, Nutrition and Metabolism, 2017, 42, 511-516.	1.9	67
20	Ginger Supplementation in Nonalcoholic Fatty Liver Disease: A Randomized, Double-Blind, Placebo-Controlled Pilot Study. Hepatitis Monthly, 2016, 16, e34897.	0.2	66
21	The effects of curcumin supplementation on liver enzymes, lipid profile, glucose homeostasis, and hepatic steatosis and fibrosis in patients with non-alcoholic fatty liver disease. European Journal of Clinical Nutrition, 2019, 73, 441-449.	2.9	66
22	Recent advances in dietary supplementation, in treating non-alcoholic fatty liver disease. World Journal of Hepatology, 2014, 7, 204.	2.0	62
23	Dietary intake of minerals and risk of esophageal squamous cell carcinoma: results from the Golestan Cohort Study. American Journal of Clinical Nutrition, 2015, 102, 102-108.	4.7	61
24	How Much Weight Loss is Effective on Nonalcoholic Fatty Liver Disease?. Hepatitis Monthly, 2013, 13, e15227.	0.2	61
25	Zingiber officinale and oxidative stress in patients with ulcerative colitis: A randomized, placebo-controlled, clinical trial. Complementary Therapies in Medicine, 2019, 43, 1-6.	2.7	60
26	Dietary fatty acid intakes andÂasthenozoospermia: aÂcase-control study. Fertility and Sterility, 2015, 103, 190-198.	1.0	59
27	Inflammatory Potential of Diet and Risk of Ulcerative Colitis in a Caseâ€“Control Study from Iran. Nutrition and Cancer, 2016, 68, 404-409.	2.0	56
28	Hesperidin improves hepatic steatosis, hepatic enzymes, and metabolic and inflammatory parameters in patients with nonalcoholic fatty liver disease: A randomized, placeboâ€controlled, doubleâ€blind clinical trial. Phytotherapy Research, 2019, 33, 2118-2125.	5.8	51
29	Dietary fatty acid intakes are related to the risk of ulcerative colitis: a caseâ€“control study. International Journal of Colorectal Disease, 2015, 30, 1255-1260.	2.2	50
30	Dietary supplements and pediatric non-alcoholic fatty liver disease: Present and the future. World Journal of Hepatology, 2015, 7, 2597.	2.0	45
31	The influence of fasting and energy-restricted diets on leptin and adiponectin levels in humans: A systematic review and meta-analysis. Clinical Nutrition, 2021, 40, 1811-1821.	5.0	45
32	Dietary oils modify the host immune response and colonic tissue damage followingCitrobacter rodentiuminfection in mice. American Journal of Physiology - Renal Physiology, 2013, 304, G917-G928.	3.4	44
33	Body mass index and risk of inflammatory bowel disease: A systematic review and doseâ€response metaâ€analysis of cohort studies of over a million participants. Obesity Reviews, 2019, 20, 1312-1320.	6.5	43
34	The effects of two vitamin D regimens on ulcerative colitis activity index, quality of life and oxidant/anti-oxidant status. Nutrition Journal, 2019, 18, 16.	3.4	42
35	The effects of Bacillus coagulans supplementation in patients with non-alcoholic fatty liver disease: A randomized, placebo-controlled, clinical trial. Clinical Nutrition ESPEN, 2020, 39, 53-60.	1.2	40
36	Pomegranate juice prevents development of nonâ€alcoholic fatty liver disease in rats by attenuating oxidative stress and inflammation. Journal of the Science of Food and Agriculture, 2017, 97, 2327-2332.	3.5	39

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37	Effects of cereal beta-glucan consumption on body weight, body mass index, waist circumference and total energy intake: A meta-analysis of randomized controlled trials. Complementary Therapies in Medicine, 2019, 43, 131-139.	2.7	39
38	Nut consumption and total and cause-specific mortality: results from the Golestan Cohort Study. International Journal of Epidemiology, 2017, 46, dyv365.	1.9	38
39	Effects of flaxseed and flaxseed oil supplement on serum levels of inflammatory markers, metabolic parameters and severity of disease in patients with ulcerative colitis. Complementary Therapies in Medicine, 2019, 46, 36-43.	2.7	36
40	The effects of <scp>Nigella sativa</scp> on quality of life, disease activity index, and some of inflammatory and oxidative stress factors in patients with ulcerative colitis. Phytotherapy Research, 2019, 33, 1027-1032.	5.8	36
41	Effects of supplementation with main coffee components including caffeine and/or chlorogenic acid on hepatic, metabolic, and inflammatory indices in patients with non-alcoholic fatty liver disease and type 2 diabetes: a randomized, double-blind, placebo-controlled, clinical trial. Nutrition Journal, 2021, 20, 35.	3.4	36
42	The correlation between serum selenium, zinc, and COVID-19 severity: an observational study. BMC Infectious Diseases, 2021, 21, 899.	2.9	36
43	Co-Administration of Soy Isoflavones and Vitamin D in Management of Irritable Bowel Disease. PLoS ONE, 2016, 11, e0158545.	2.5	35
44	Dietary supplementation in patients with alcoholic liver disease: a review on current evidence. Hepatobiliary and Pancreatic Diseases International, 2016, 15, 348-360.	1.3	35
45	Probiotic Supplementation in Morbid Obese Patients Undergoing One Anastomosis Gastric Bypass-Mini Gastric Bypass (OAGB-MGB) Surgery: a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial. Obesity Surgery, 2018, 28, 2874-2885.	2.1	35
46	The influence of vitamin D supplementation on IGF-1 levels in humans: A systematic review and meta-analysis. Ageing Research Reviews, 2020, 57, 100996.	10.9	35
47	The efficacy of flaxseed and hesperidin on non-alcoholic fatty liver disease: an open-labeled randomized controlled trial. European Journal of Clinical Nutrition, 2021, 75, 99-111.	2.9	35
48	Adherence to the Western Pattern Is Potentially an Unfavorable Indicator of Asthenozoospermia Risk: A Case-Control Study. Journal of the American College of Nutrition, 2016, 35, 50-58.	1.8	33
49	The Effects of Probiotic Supplements on Blood Markers of Endotoxin and Lipid Peroxidation in Patients Undergoing Gastric Bypass Surgery; a Randomized, Double-Blind, Placebo-Controlled, Clinical Trial with 13ÂMonths Follow-Up. Obesity Surgery, 2019, 29, 1248-1258.	2.1	33
50	The effect of dietary oils on cecal microflora in experimental colitis in mice. Indian Journal of Gastroenterology, 2008, 27, 186-9.	1.4	33
51	Flaxseed Supplementation in Metabolic Syndrome Management: A Pilot Randomized, Openâ€labeled, Controlled Study. Phytotherapy Research, 2016, 30, 1339-1344.	5.8	32
52	Association Between Index of Nutritional Quality and Nonalcoholic Fatty Liver Disease: The Role of Vitamin D and B Group. American Journal of the Medical Sciences, 2019, 358, 212-218.	1.1	30
53	The effect of melatonin on treatment of patients with non-alcoholic fatty liver disease: a randomized double blind clinical trial. Complementary Therapies in Medicine, 2020, 52, 102452.	2.7	30
54	Egg consumption and risk of non-alcoholic fatty liver disease. World Journal of Hepatology, 2017, 9, 503.	2.0	30

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55	The effect of hesperidin supplementation on metabolic profiles in patients with metabolic syndrome: a randomized, double-blind, placebo-controlled clinical trial. European Journal of Nutrition, 2020, 59, 2569-2577.	3.9	29
56	The effects of onion consumption on treatment of metabolic, histologic, and inflammatory features of nonalcoholic fatty liver disease. Journal of Diabetes and Metabolic Disorders, 2015, 15, 25.	1.9	28
57	The Effects of Onion Consumption on Prevention of Nonalcoholic Fatty Liver Disease. Indian Journal of Clinical Biochemistry, 2018, 33, 75-80.	1.9	27
58	The application of six dietary scores to a Middle Eastern population: a comparative analysis of mortality in a prospective study. European Journal of Epidemiology, 2019, 34, 371-382.	5.7	27
59	Red Meat Consumption and Risk of Nonalcoholic Fatty Liver Disease in a Population With Low Meat Consumption: The Golestan Cohort Study. American Journal of Gastroenterology, 2021, 116, 1667-1675.	0.4	27
60	Nigella sativa and inflammatory biomarkers in patients with non-alcoholic fatty liver disease: Results from a randomized, double-blind, placebo-controlled, clinical trial. Complementary Therapies in Medicine, 2019, 44, 204-209.	2.7	26
61	Effect of resveratrol on menstrual cyclicity, hyperandrogenism and metabolic profile in women with PCOS. Clinical Nutrition, 2021, 40, 4106-4112.	5.0	25
62	Methyltetrahydrofolate vs Folic Acid Supplementation in Idiopathic Recurrent Miscarriage with Respect to Methylenetetrahydrofolate Reductase C677T and A1298C Polymorphisms: A Randomized Controlled Trial. PLoS ONE, 2015, 10, e0143569.	2.5	24
63	The effects of black seed supplementation on cardiovascular risk factors in patients with nonalcoholic fatty liver disease: A randomized, doubleâ€blind, placeboâ€controlled clinical trial. Phytotherapy Research, 2019, 33, 2369-2377.	5.8	24
64	Adherence to the Dietary Approaches to Stop Hypertension (DASH) diet and risk of total and cause-specific mortality: results from the Golestan Cohort Study. International Journal of Epidemiology, 2019, 48, 1824-1838.	1.9	23
65	Dietary fatty acid composition and metabolic syndrome in Tehranian adults. Nutrition, 2011, 27, 1002-1007.	2.4	21
66	Soy isoflavones and cholecalciferol reduce inflammation, and gut permeability, without any effect on antioxidant capacity in irritable bowel syndrome: A randomized clinical trial. Clinical Nutrition ESPEN, 2019, 34, 50-54.	1.2	21
67	Risk factors for non-alcoholic fatty liver disease-associated hepatic fibrosis in type 2 diabetes patients. Acta Diabetologica, 2019, 56, 1199-1207.	2.5	21
68	Inflammatory markers response to citrulline supplementation in patients with non-alcoholic fatty liver disease: a randomized, double blind, placebo-controlled, clinical trial. BMC Research Notes, 2019, 12, 89.	1.4	21
69	Effects of Phytosterols supplementation on blood glucose, glycosylated hemoglobin (HbA1c) and insulin levels in humans: a systematic review and meta-analysis of randomized controlled trials. Journal of Diabetes and Metabolic Disorders, 2020, 19, 625-632.	1.9	21
70	Flaxseed and/or hesperidin supplementation in metabolic syndrome: an open-labeled randomized controlled trial. European Journal of Nutrition, 2021, 60, 287-298.	3.9	21
71	Dietary Inflammatory Index and Odds of Breast Cancer in a Case-Control Study from Iran. Nutrition and Cancer, 2018, 70, 1034-1042.	2.0	20
72	The Influence of Fasting and Energy Restricting Diets on Blood Pressure in Humans: A Systematic Review and Meta-Analysis. High Blood Pressure and Cardiovascular Prevention, 2020, 27, 271-280.	2.2	20

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73	Effects of Vitamin D supplementation in patients with irritable bowel syndrome: A randomized, double-blind, placebo-controlled clinical trial. International Journal of Preventive Medicine, 2019, 10, 16.	0.4	20
74	Dietary Inflammatory Index and Odds of Colorectal Cancer and Colorectal Adenomatous Polyps in a Case-Control Study from Iran. Nutrients, 2019, 11, 1213.	4.1	19
75	Association of Pro-inflammatory Dietary Intake and Non-Alcoholic Fatty Liver Disease: Findings from Iranian case-control study. International Journal for Vitamin and Nutrition Research, 2018, 88, 144-150.	1.5	19
76	Effects of a low free sugar diet on the management of nonalcoholic fatty liver disease: a randomized clinical trial. European Journal of Clinical Nutrition, 2022, 76, 987-994.	2.9	19
77	Dietary food groups intake and cooking methods associations with pancreatic cancer: A caseâ€“control study. Indian Journal of Gastroenterology, 2015, 34, 225-232.	1.4	18
78	Dietary intake of polyphenols and risk of colorectal cancer and adenomaâ€“A case-control study from Iran. Complementary Therapies in Medicine, 2019, 45, 269-274.	2.7	18
79	Effects of coadministration of DHA and vitamin E on spermatogram, seminal oxidative stress, and sperm phospholipids in asthenozoospermic men: a randomized controlled trial. American Journal of Clinical Nutrition, 2020, 112, 707-719.	4.7	18
80	The association between index of nutritional quality and ulcerative colitis: A caseâ€“control study. Journal of Research in Medical Sciences, 2018, 23, 67.	0.9	18
81	Systematic review of zinc biomarkers and esophageal cancer risk. Middle East Journal of Digestive Diseases, 2014, 6, 177-85.	0.4	18
82	Effects of ginger supplementation on anthropometric, glycemic and metabolic parameters in subjects with metabolic syndrome: A randomized, double-blind, placebo-controlled study. Journal of Diabetes and Metabolic Disorders, 2019, 18, 119-125.	1.9	17
83	Legume intake and risk of nonalcoholic fatty liver disease. Indian Journal of Gastroenterology, 2019, 38, 55-60.	1.4	17
84	Is Bacillus coagulans supplementation plus low FODMAP diet superior to low FODMAP diet in irritable bowel syndrome management?. European Journal of Nutrition, 2020, 59, 2111-2117.	3.9	17
85	An Accessible and Pragmatic Experimental Model of Nonalcoholic Fatty Liver Disease. Middle East Journal of Digestive Diseases, 2016, 8, 109-115.	0.4	17
86	The Effect of Gluten Free Diet on Components of Metabolic Syndrome: A Randomized Clinical Trial. Asian Pacific Journal of Cancer Prevention, 2018, 19, 2979-2984.	1.2	17
87	Systematic review of zinc biochemical indicators and risk of coronary heart disease. ARYA Atherosclerosis, 2015, 11, 357-65.	0.4	17
88	Toenail mineral concentration and risk of esophageal squamous cell carcinoma, results from the Golestan Cohort Study. Cancer Medicine, 2017, 6, 3052-3059.	2.8	16
89	Effects of Pretreatments on Patulin Removal from Apple Juices Using Lactobacilli: Binding Stability in Simulated Gastrointestinal Condition and Modeling. Probiotics and Antimicrobial Proteins, 2021, 13, 135-145.	3.9	16
90	Association between Healthy Eating Index-2015 and Breast Cancer Risk: A Case-Control Study. Asian Pacific Journal of Cancer Prevention, 2020, 21, 1363-1367.	1.2	16

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91	Adherence to Mediterranean dietary pattern and depression, anxiety and stress among high-school female adolescents. Mediterranean Journal of Nutrition and Metabolism, 2018, 11, 73-83.	0.5	15
92	Effects of synbiotic supplementation on microbiota-derived protein-bound uremic toxins, systemic inflammation, and biochemical parameters in patients on hemodialysis: A double-blind, placebo-controlled, randomized clinical trial. Nutrition, 2020, 73, 110713.	2.4	15
93	MIND Diet Adherence Might be Associated with a Reduced Odds of Multiple Sclerosis: Results from a Caseâ€“Control Study. Neurology and Therapy, 2022, 11, 397-412.	3.2	15
94	The effect of low FODMAP diet with and without gluten on irritable bowel syndrome: A double blind, placebo controlled randomized clinical trial. Clinical Nutrition ESPEN, 2022, 47, 45-50.	1.2	15
95	Dietary Ï‰-3 fatty acids and their influence on inflammation via Toll-like receptor pathways. Nutrition, 2021, 85, 111070.	2.4	14
96	Short term effects of coffee components consumption on gut microbiota in patients with non-alcoholic fatty liver and diabetes: A pilot randomized placebo-controlled, clinical trial. EXCLI Journal, 2020, 19, 241-250.	0.7	14
97	Polyunsaturated Fatty Acids, Microflora and Colitis. Annals of Nutrition and Metabolism, 2009, 55, 325-325.	1.9	13
98	The association between dietary tryptophan intake and migraine. Neurological Sciences, 2019, 40, 2349-2355.	1.9	13
99	Dietary polyphenols and the odds of non-alcoholic fatty liver disease: A case-control study. Clinical Nutrition ESPEN, 2021, 41, 429-435.	1.2	13
100	Antioxidant vitamin intakes and risk of depression, anxiety and stress among female adolescents. Clinical Nutrition ESPEN, 2020, 40, 257-262.	1.2	12
101	Low advanced Glycation end product diet improves the central obesity, insulin resistance and inflammatory profiles in Iranian patients with metabolic syndrome: a randomized clinical trial. Journal of Diabetes and Metabolic Disorders, 2020, 19, 1129-1138.	1.9	12
102	The association between dietary antioxidant index (DAI) and nonalcoholic fatty liver disease (NAFLD) onset; new findings from an incident case-control study. Clinical Nutrition ESPEN, 2021, 41, 360-364.	1.2	12
103	Dietary acid load and mortality from all causes, CVD and cancer: results from the Golestan Cohort Study. British Journal of Nutrition, 2022, 128, 237-243.	2.3	12
104	Nut consumption and the risk of oesophageal squamous cell carcinoma in the Golestan Cohort Study. British Journal of Cancer, 2018, 119, 176-181.	6.4	11
105	Circulating plasma fatty acids and risk of pancreatic cancer: Results from the Golestan Cohort Study. Clinical Nutrition, 2021, 40, 1897-1904.	5.0	11
106	Administration of hydro-alcoholic extract of spinach improves oxidative stress and inflammation in high-fat diet-induced NAFLD rats. BMC Complementary Medicine and Therapies, 2021, 21, 221.	2.7	11
107	The Nail as a Biomonitor of Trace Element Status in Golestan Cohort Study. Middle East Journal of Digestive Diseases, 2016, 8, 19-23.	0.4	11
108	Artificial sweeteners are related to non-alcoholic fatty liver disease: Microbiota dysbiosis as a novel potential mechanism. EXCLI Journal, 2020, 19, 620-626.	0.7	11

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109	Dietary total antioxidant capacity and risk of ulcerative colitis: A caseâ€control study. Journal of Digestive Diseases, 2019, 20, 636-641.	1.5	10
110	The association between nutrition knowledge and adherence to a Mediterranean dietary pattern in Iranian female adolescents. International Journal of Adolescent Medicine and Health, 2021, 33, .	1.3	10
111	Fatty liver index and risk of diabetes incidence: A systematic review and dose-response meta-analysis of cohort studies. Primary Care Diabetes, 2020, 14, 577-583.	1.8	10
112	The effect of yogurt coâ€fortified with probiotic and vitamin D on lipid profile, anthropometric indices and serum 25â€hydroxi vitamin D in obese adult: A Doubleâ€Blind Randomizedâ€Controlled Trial. Food Science and Nutrition, 2021, 9, 303-312.	3.4	10
113	Dietary sodium intake in relation to non-alcoholic fatty liver disease risk: a case-control study. Nutrition and Food Science, 2021, 51, 541-550.	0.9	10
114	Healthy Eating Indexâ€2015 as a predictor of ulcerative colitis risk in a caseâ€“control cohort. Journal of Digestive Diseases, 2019, 20, 649-655.	1.5	9
115	Effects of low fructose diet on glycemic control, lipid profile and systemic inflammation in patients with type 2 diabetes: A single-blind randomized controlled trial. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2020, 14, 849-855.	3.6	9
116	Dietary intake of fatty acids and risk of pancreatic cancer: Golestan cohort study. Nutrition Journal, 2021, 20, 69.	3.4	9
117	The Association between Nuts Intake and Non-Alcoholic Fatty Liver Disease (NAFLD) Risk: a Case-Control Study. Clinical Nutrition Research, 2020, 9, 195.	1.2	9
118	Major Dietary Protein Sources in Relation to Pancreatic Cancer: a Large Prospective Study. Archives of Iranian Medicine, 2016, 19, 248-56.	0.6	9
119	Polyphenol intakes and risk of impaired lipid profile, elevated hepatic enzymes and nonalcoholic fatty liver disease. Nutrition and Food Science, 2019, 49, 903-910.	0.9	8
120	Habitual dietary intake of flavonoids and all-cause and cause-specific mortality: Golestan cohort study. Nutrition Journal, 2020, 19, 108.	3.4	8
121	Effects of l-arginine supplementation on glycemic profile: Evidence from a systematic review and meta-analysis of clinical trials. Journal of Integrative Medicine, 2020, 18, 284-291.	3.1	8
122	Inflammatory biomarkers response to two dosages of vitamin D supplementation in patients with ulcerative colitis: A randomized, double-blind, placebo-controlled pilot study. Clinical Nutrition ESPEN, 2020, 36, 76-81.	1.2	8
123	Dietary total antioxidant capacity and colorectal cancer and colorectal adenomatous polyps: a case-control study. European Journal of Cancer Prevention, 2021, 30, 40-45.	1.3	8
124	Food Security and Its Association with Social Support in the Rural Households: A Cross-Sectional Study. Preventive Nutrition and Food Science, 2020, 25, 146-152.	1.6	8
125	Dietary Total Antioxidant Capacity and Risk of Non-Alcoholic Fatty Liver Disease: A Caseâ€Control Study. Journal of Research in Health Sciences, 2020, 20, e00486-e00486.	1.0	8
126	Nutrient Patterns and Risk of Polycystic Ovary Syndrome. Journal of Reproduction and Infertility, 2019, 20, 161-168.	1.0	8

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127	Red and Processed Meat Intake in Relation to Non-Alcoholic Fatty Liver Disease Risk: Results from a Case-Control Study. Clinical Nutrition Research, 2022, 11, 42.	1.2	8
128	Glutamine Supplementation Enhances the Effects of a Low FODMAP Diet in Irritable Bowel Syndrome Management. Frontiers in Nutrition, 2021, 8, 746703.	3.7	8
129	The effects of hydroalcoholic extract of spinach on prevention and treatment of some metabolic and histologic features in a rat model of nonalcoholic fatty liver disease. Journal of the Science of Food and Agriculture, 2020, 100, 1787-1796.	3.5	7
130	The effect of egg and its derivatives on vascular function: A systematic review of interventional studies. Clinical Nutrition ESPEN, 2020, 39, 15-21.	1.2	7
131	Association of allium vegetables intake and non-alcoholic fatty liver disease risk. Nutrition and Food Science, 2020, 50, 1075-1083.	0.9	7
132	The effect of propolis on anthropometric indices and lipid profile: a systematic review and meta-analysis of randomized controlled trials. Journal of Diabetes and Metabolic Disorders, 2020, 19, 1835-1843.	1.9	7
133	Energy-dense nutrient-poor snacks and risk of non-alcoholic fattyliver disease: a caseâ€“control study in Iran. BMC Research Notes, 2020, 13, 221.	1.4	7
134	Calcium to magnesium intake ratio and non-alcoholic fatty liver disease development: a case-control study. BMC Endocrine Disorders, 2021, 21, 51.	2.2	7
135	Comparing different non-invasive methods in assessment of the effects of curcumin on hepatic fibrosis in patients with non-alcoholic fatty liver disease. Gastroenterology and Hepatology From Bed To Bench, 2018, 11, S8-S13.	0.6	7
136	Carbohydrate Intake, Glycemic Index, and Glycemic Load and the Risk of Breast Cancer among Iranian Women. Nutrition and Cancer, 2021, 73, 785-793.	2.0	6
137	Role of dietary approaches to stop hypertension diet in risk of metabolic syndrome: Evidence from observational and interventional studies. International Journal of Preventive Medicine, 2021, 12, 24.	0.4	6
138	Macronutrients Intake and Stomach Cancer Risk in Iran: A Hospital-based Case-Control Study. Journal of Research in Health Sciences, 2021, 21, e00507-e00507.	1.0	6
139	Quercetina Melhora o Perfil LipÃdico e Apolipoproteico em Ratos Tratados com GlicocorticÃ³ides em Altas Doses. Arquivos Brasileiros De Cardiologia, 2020, 115, 102-108.	0.8	6
140	Soy Isoflavones Supplementation for Patients with Irritable Bowel Syndrome: A Randomized Double Blind Clinical Trial. Middle East Journal of Digestive Diseases, 2015, 7, 170-6.	0.4	6
141	The effects of artificial- and stevia-based sweeteners on lipid profile in adults: a GRADE-assessed systematic review, meta-analysis, and meta-regression of randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2023, 63, 5063-5079.	10.3	6
142	The association between dietary sugar intake and neuromyelitis optica spectrum disorder: A caseâ€“control study. Multiple Sclerosis and Related Disorders, 2019, 31, 112-117.	2.0	5
143	Galactose intake is related to nonalcoholic fatty liver disease. Nutrition and Food Science, 2019, 49, 359-367.	0.9	5
144	The Association Between Dietary Acid Load and Odds of Migraine: A Caseâ€“Control Survey. Neurology and Therapy, 2021, 10, 335-348.	3.2	5

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145	Flaxseed Supplementation Improves Anthropometric measurements, Metabolic, and Inflammatory Biomarkers in Overweight and Obese Adults. International Journal for Vitamin and Nutrition Research, 2019, , 1-8.	1.5	5
146	The relationship between the index of nutritional quality and the risk of colorectal cancer and adenoma : a case-control study. European Journal of Cancer Prevention, 2020, 29, 222-228.	1.3	5
147	The Combined Effects of Healthy Lifestyle Behaviors on All-Cause Mortality: The Golestan Cohort Study. Archives of Iranian Medicine, 2016, 19, 752-761.	0.6	5
148	The effects of high fat, low carbohydrate and low fat, high carbohydrate diets on tumor necrosis factor superfamily proteins and proinflammatory cytokines in C57BL/6 mice. Iranian Journal of Allergy, Asthma and Immunology, 2014, 13, 247-55.	0.4	5
149	Fecal Microbiota in Non-Alcoholic Fatty Liver Disease and Non-Alcoholic Steatohepatitis: A Systematic Review. Archives of Iranian Medicine, 2020, 23, 44-52.	0.6	5
150	The association between dietary acid load and odds of non-alcoholic fatty liver disease: A case-control study. Nutrition and Health, 2023, 29, 637-644.	1.5	5
151	The long term oral regulation of blood glucose in diabetic patients by using of Escherichia coli Nissle 1917 expressing CTBâ€“IGF-1 hybrid protein. Medical Hypotheses, 2013, 81, 961-962.	1.5	4
152	What are the main areas of focus to prevent or treat nonâ€alcoholic fatty liver disease?. Journal of Digestive Diseases, 2019, 20, 271-277.	1.5	4
153	Resveratrol supplementation and flow-mediated dilation: a systematic review. Nutrition and Food Science, 2019, 49, 580-591.	0.9	4
154	Combination therapy of flaxseed and hesperidin enhances the effectiveness of lifestyle modification in cardiovascular risk control in prediabetes: a randomized controlled trial. Diabetology and Metabolic Syndrome, 2021, 13, 3.	2.7	4
155	The Association Among Maternal Index of Nutritional Quality, Dietary Antioxidant Index, and Odds of Miscarriage Incidence: Case-Control Study. Journal of the American College of Nutrition, 2022, 41, 310-317.	1.8	4
156	Effect of resveratrol administration on ovarian morphology, determined by transvaginal ultrasound for the women with polycystic ovary syndrome (PCOS). British Journal of Nutrition, 2022, 128, 211-216.	2.3	4
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