

Demosthenes B Panagiotakos

List of Publications by Year in descending order

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Version: 2024-02-01

876
papers

36,551
citations

4658

85
h-index

7950

149
g-index

908
all docs

908
docs citations

908
times ranked

39266
citing authors

#	ARTICLE	IF	CITATIONS
1	Adherence to the Mediterranean Diet and Successful aging in Greeks living in Greece and abroad: the epidemiological Mediterranean Islands Study (MEDIS). <i>Nutrition and Health</i> , 2023, 29, 287-295.	1.5	6
2	Irrational beliefs, depression and anxiety, in relation to 10-year cardiovascular disease risk: the ATTICA Epidemiological Study. <i>Anxiety, Stress and Coping</i> , 2023, 36, 199-213.	2.9	2
3	Exploring the Role of Irrational Beliefs, Lifestyle Behaviors, and Educational Status in 10-Year Cardiovascular Disease Risk: the ATTICA Epidemiological Study. <i>International Journal of Behavioral Medicine</i> , 2023, 30, 279-288.	1.7	2
4	The path between breakfast eating habit, sleep duration and physical activity on obesity status: An epidemiological study in schoolchildren. <i>Nutrition and Health</i> , 2023, 29, 721-730.	1.5	2
5	The association of specific types of vegetables consumption with 10-year type II diabetes risk: Findings from the ATTICA cohort study. <i>Journal of Human Nutrition and Dietetics</i> , 2023, 36, 226-240.	2.5	4
6	Meat consumption, depressive symptomatology and cardiovascular disease incidence in apparently healthy men and women: highlights from the ATTICA cohort study (2002-2012). <i>Nutritional Neuroscience</i> , 2022, 25, 266-275.	3.1	2
7	Inverse Association Between Health Literacy and Obesity Among Children in Greece: A School-Based, Cross-Sectional Epidemiological Study. <i>Health Education and Behavior</i> , 2022, 49, 54-65.	2.5	11
8	Global, regional, and national burden of aortic aneurysm, 1990-2017: a systematic analysis of the Global Burden of Disease Study 2017. <i>European Journal of Preventive Cardiology</i> , 2022, 29, 1220-1232.	1.8	11
9	How will the way we live look different in the wake of the COVID-19 pandemic? A nutrition survey in Greece. <i>Nutrition and Health</i> , 2022, 28, 677-683.	1.5	8
10	A Mediterranean diet microsimulation modeling in relation to cardiovascular disease burden: the ATTICA and GRECS epidemiological studies. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 434-441.	2.9	6
11	The presence of NAFLD influences the transition of metabolically healthy to metabolically unhealthy obesity and the ten-year cardiovascular disease risk: A population-based cohort study. <i>Metabolism: Clinical and Experimental</i> , 2022, 128, 154893.	3.4	33
12	The Association of Dietary Habits and Lifestyle Characteristics with Successful Aging among Older Greek Origin Individuals Living in France, Canada, and Greece: The Epidemiological Mediterranean Islands Study (MEDIS). <i>Ecology of Food and Nutrition</i> , 2022, 61, 201-214.	1.6	0
13	The rationale and design of a Mediterranean diet accompanied by time restricted feeding to optimise the management of type 2 diabetes: The MedDietFast randomised controlled trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2022, 32, 220-230.	2.6	5
14	Assessing the association between breastfeeding, type of childbirth and family structure with childhood obesity: results from an observational study among 10-12 years old children. <i>International Journal of Food Sciences and Nutrition</i> , 2022, 73, 522-530.	2.8	3
15	Trajectories of healthy aging and their association with the Mediterranean diet: The HELIAD Study. <i>Maturitas</i> , 2022, 159, 33-39.	2.4	10
16	COVID-19 Mortality in Europe, by Latitude and Obesity Status: A Geo-Spatial Analysis in 40 Countries. <i>Nutrients</i> , 2022, 14, 471.	4.1	7
17	Recommended dairy intake is associated with healthy dietary habits, better physical fitness, less obesity and a healthier lifestyle profile in school age children. <i>British Journal of Nutrition</i> , 2022, 128, 2046-2053.	2.3	1
18	The effect of physical activity interventions on cognitive function of older adults: A systematic review of clinical trials. <i>Psychiatrike = Psychiatriki</i> , 2022, , .	0.6	3

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19	Digital Health Interventions for Weight Management in Children and Adolescents: Systematic Review and Meta-analysis. <i>Journal of Medical Internet Research</i> , 2022, 24, e30675.	4.3	26
20	Skeletal muscle mass and abdominal obesity are independent predictors of hepatic steatosis and interact to predict ten-year cardiovascular disease incidence: Data from the ATTICA cohort study. <i>Clinical Nutrition</i> , 2022, 41, 1281-1289.	5.0	18
21	Parental education moderates the association between indoor moisture environment and asthma in adolescents: the Greek Global Asthma Network (GAN) cross-sectional study. <i>BMC Public Health</i> , 2022, 22, 597.	2.9	1
22	Quality of plant-based diets in relation to 10-year cardiovascular disease risk: the ATTICA cohort study. <i>European Journal of Nutrition</i> , 2022, 61, 2639-2649.	3.9	12
23	The Lifestyle Profile of Individuals with Cardiovascular and Endocrine Diseases in Cyprus: A Hierarchical, Classification Analysis. <i>Nutrients</i> , 2022, 14, 1559.	4.1	0
24	Consumption of yogurt enriched with polar lipids from olive oil by-products reduces platelet sensitivity against platelet activating factor and inflammatory indices: A randomized, double-blind clinical trial. <i>Human Nutrition and Metabolism</i> , 2022, 28, 200145.	1.7	9
25	Recent developments on <i>Opuntia</i> spp., their bioactive composition, nutritional values, and health effects. <i>Food Bioscience</i> , 2022, 47, 101665.	4.4	14
26	The Picky Eating Questionnaire and Child-reported Food Preference Questionnaire: Pilot validation in Australian-Indian mothers and children 7-12 years old. <i>Food Quality and Preference</i> , 2022, 99, 104584.	4.6	1
27	A divisive hierarchical clustering methodology for enhancing the ensemble prediction power in large scale population studies: the ATHLOS project. <i>Health Information Science and Systems</i> , 2022, 10, 6.	5.2	3
28	Are dietary patterns becoming more processed? The effects of different dietary patterns on cognition: A review. <i>Nutrition and Health</i> , 2022, 28, 341-356.	1.5	4
29	The role of family structure in health literacy in children and adolescents: a narrative review. <i>Global Health Promotion</i> , 2022, 29, 35-43.	1.3	1
30	Parental Education Moderates the Relation between Physical Activity, Dietary Patterns and Atopic Diseases in Adolescents. <i>Children</i> , 2022, 9, 686.	1.5	1
31	Psychological factors in relation to the 10-year Incidence of Metabolic Syndrome: the ATTICA Epidemiological Study (2002-2012). <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2022, , .	2.6	1
32	Prevalence and factors associated with smoking in a nationally representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2022, 67, 19-27.	1.0	3
33	The effectiveness of technology-based interventions for weight loss maintenance: A systematic review of randomized controlled trials with meta-analysis. <i>Obesity Reviews</i> , 2022, 23, .	6.5	8
34	Exploring the Path of Mediterranean Diet, Non-Alcoholic Fatty Liver Disease (NAFLD) and Inflammation towards 10-Year Cardiovascular Disease (CVD) Risk: The ATTICA Study 10-Year Follow-Up (2002-2012). <i>Nutrients</i> , 2022, 14, 2367.	4.1	5
35	Is Non-Alcoholic Fatty Liver Disease Connected with Cognition? The Complex Interplay between Liver and Brain. <i>International Journal of Diabetology</i> , 2022, 3, 355-363.	2.0	2
36	Effectiveness of Home-Based Cardiac Rehabilitation, Using Wearable Sensors, as a Multicomponent, Cutting-Edge Intervention: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2022, 11, 3772.	2.4	47

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37	The Association between Stress and Children’s Weight Status: A School-Based, Epidemiological Study. <i>Children</i> , 2022, 9, 1066.	1.5	1
38	The Role of Milk on Children’s Weight Status: An Epidemiological Study among Preadolescents in Greece. <i>Children</i> , 2022, 9, 1025.	1.5	2
39	Cardiovascular outcomes in transgender individuals in Sweden after initiation of gender-affirming hormone therapy. <i>European Journal of Preventive Cardiology</i> , 2022, 29, 2017-2026.	1.8	10
40	Weight loss through lifestyle changes: impact in the primary prevention of cardiovascular diseases. <i>Heart</i> , 2021, 107, 1429-1434.	2.9	7
41	Development of a common scale for measuring healthy ageing across the world: results from the ATHLOS consortium. <i>International Journal of Epidemiology</i> , 2021, 50, 880-892.	1.9	32
42	Electronic cigarettes and health with special focus on cardiovascular effects: position paper of the European Association of Preventive Cardiology (EAPC). <i>European Journal of Preventive Cardiology</i> , 2021, 28, 1552-1566.	1.8	29
43	Adherence to the Mediterranean diet in Cyprus and its relationship to multi-morbidity: an epidemiological study. <i>Public Health Nutrition</i> , 2021, 24, 4546-4555.	2.2	17
44	The recalibrated HellenicSCORE based on newly derived risk factors from the Hellenic National Nutrition and Health Survey (HNNHS); the HellenicSCORE II. <i>Hellenic Journal of Cardiology</i> , 2021, 62, 285-290.	1.0	3
45	Feeding the preterm infant: an overview of the evidence. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 4-13.	2.8	10
46	The validity of technology-based dietary assessment methods in childhood and adolescence: a systematic review. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 1065-1080.	10.3	17
47	Adherence to the Mediterranean diet and weight status in children: the role of parental feeding practices. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 112-122.	2.8	12
48	The impact of type of dietary protein, animal versus vegetable, in modifying cardiometabolic risk factors: A position paper from the International Lipid Expert Panel (ILEP). <i>Clinical Nutrition</i> , 2021, 40, 255-276.	5.0	75
49	Mediterranean diet is inversely associated with steatosis and fibrosis and decreases ten-year diabetes and cardiovascular risk in NAFLD subjects: Results from the ATTICA prospective cohort study. <i>Clinical Nutrition</i> , 2021, 40, 3314-3324.	5.0	37
50	Comparison of the Mediterranean diet and the Dietary Approach Stop Hypertension in reducing the risk of 10-year fatal and non-fatal CVD events in healthy adults: the ATTICA Study (2002–2012). <i>Public Health Nutrition</i> , 2021, 24, 2746-2757.	2.2	13
51	The impact of socioeconomic and environmental determinants on Mediterranean diet adherence: a municipal-level spatial analysis in Athens metropolitan area, Greece. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 259-270.	2.8	10
52	The association between adherence to the Mediterranean diet and childhood obesity; the role of family structure: Results from an epidemiological study in 1728 Greek students. <i>Nutrition and Health</i> , 2021, 27, 39-47.	1.5	23
53	Effects of lactose-free and low-lactose dairy on symptoms of gastrointestinal health: A systematic review. <i>International Dairy Journal</i> , 2021, 114, 104936.	3.0	12
54	Parental consumption of ultra-processed, high-fat products has no association with childhood overweight/obesity: an epidemiological study among 10–12-years-old children in Greece. <i>Family Practice</i> , 2021, 38, 49-55.	1.9	2

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55	Sociodemographic and lifestyle determinants of depressive symptoms in a nationally representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Journal of Affective Disorders</i> , 2021, 281, 192-198.	4.1	9
56	Extracurricular activities and childhood obesity: An epidemiological study among 10-12 years old children. <i>Children and Youth Services Review</i> , 2021, 120, 105760.	1.9	4
57	Effect of Differently Fed Farmed Gilthead Sea Bream Consumption on Platelet Aggregation and Circulating Haemostatic Markers among Apparently Healthy Adults: A Double-Blind Randomized Crossover Trial. <i>Nutrients</i> , 2021, 13, 286.	4.1	3
58	Successful aging and diet. , 2021, , 21-28.		0
59	Micronutrient dietary intakes and their food sources in adults: the Hellenic National Nutrition and Health Survey (HNNHS). <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 616-628.	2.5	9
60	The association between serum uric acid levels and 10-year cardiovascular disease incidence: results from the ATTICA prospective study. <i>Reviews in Cardiovascular Medicine</i> , 2021, 22, 991.	1.4	10
61	Combining urine color and void number to assess hydration in adults and children. <i>European Journal of Clinical Nutrition</i> , 2021, 75, 1262-1266.	2.9	5
62	Health literacy as a determinant of childhood and adult obesity: a systematic review. <i>International Journal of Adolescent Medicine and Health</i> , 2021, 33, 9-39.	1.3	25
63	Association of fatal myocardial infarction with past level of physical activity: a pooled analysis of cohort studies. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 1590-1598.	1.8	6
64	Extracurricular Sports Participation and Sedentary Behavior in Association with Dietary Habits and Obesity Risk in Children and Adolescents and the Role of Family Structure: a Literature Review. <i>Current Nutrition Reports</i> , 2021, 10, 1-11.	4.3	8
65	Development & validation of the Greek version of the adult food security survey module. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2021, 14, 49-56.	0.5	0
66	Parental health status in relation to the nutrition literacy level of their children: Results from an epidemiological study in 1728 Greek students. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2021, 14, 57-67.	0.5	1
67	Excess mortality in Greece during 2020: the role of COVID-19 and cardiovascular disease. <i>Hellenic Journal of Cardiology</i> , 2021, 62, 378-380.	1.0	3
68	The relationship of the built and food environments with the metabolic syndrome in the Athens metropolitan area: a sex-stratified spatial analysis in the context of the ATTICA epidemiological study. <i>Hormones</i> , 2021, 20, 723-734.	1.9	4
69	Foods, Nutrients and Dietary Patterns in Relation to Irrational Beliefs and Related Psychological Disorders: The ATTICA Epidemiological Study. <i>Nutrients</i> , 2021, 13, 1472.	4.1	6
70	Parental Education and the Association between Fruit and Vegetable Consumption and Asthma in Adolescents: The Greek Global Asthma Network (GAN) Study. <i>Children</i> , 2021, 8, 304.	1.5	7
71	Parental health literacy and nutrition literacy affect child feeding practices: A cross-sectional study. <i>Nutrition and Health</i> , 2021, , 026010602110014.	1.5	11
72	Determinants of Processing Speed Trajectories among Middle Aged or Older Adults, and Their Association with Chronic Illnesses: The English Longitudinal Study of Aging. <i>Life</i> , 2021, 11, 357.	2.4	1

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73	Irrational beliefs trigger depression and anxiety symptoms, and associated with increased inflammation and oxidative stress markers in the 10-year diabetes mellitus risk: the ATTICA epidemiological study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 727-739.	1.9	8
74	Who do we miss when screening for postpartum depression? A population-based study in a Swedish region. <i>Journal of Affective Disorders</i> , 2021, 287, 165-173.	4.1	13
75	Sleeping patterns and childhood obesity: an epidemiological study in 1,728 children in Greece. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1093-1101.	2.6	11
76	Household food spending, parental and childhood's diet quality, in financial crisis: a cross-sectional study in Greece. <i>European Journal of Public Health</i> , 2021, 31, 822-828.	0.3	8
77	Determinants of verbal fluency trajectories among older adults from the English Longitudinal Study of Aging. <i>Applied Neuropsychology Adult</i> , 2021, , 1-10.	1.2	1
78	Fish and cardiovascular disease prevention: time for a closer collaboration between basic science and clinical research. <i>Cardiovascular Research</i> , 2021, 117, e94-e96.	3.8	2
79	Estimating the COVID-19 Spread Through Real-time Population Mobility Patterns: Surveillance in Low- and Middle-Income Countries. <i>Journal of Medical Internet Research</i> , 2021, 23, e22999.	4.3	16
80	SCORE2 risk prediction algorithms: new models to estimate 10-year risk of cardiovascular disease in Europe. <i>European Heart Journal</i> , 2021, 42, 2439-2454.	2.2	491
81	Nutrition and Healthy Ageing Trajectories in Retirement Living in the Australian Capital Territory: Study Protocol. <i>Current Developments in Nutrition</i> , 2021, 5, 1271.	0.3	1
82	Impact of nutraceuticals on markers of systemic inflammation: Potential relevance to cardiovascular diseases – A position paper from the International Lipid Expert Panel (ILEP). <i>Progress in Cardiovascular Diseases</i> , 2021, 67, 40-52.	3.1	39
83	Dietary Patterns, Weight Perception and Obesity Status, among 10-12-Year-Old Children; an Epidemiological Study in Greece. <i>Children</i> , 2021, 8, 626.	1.5	5
84	Dietary Sugar Intake and Its Association with Obesity in Children and Adolescents. <i>Children</i> , 2021, 8, 676.	1.5	38
85	Prevalence and Determinants of Sex-Specific Dietary Supplement Use in a Greek Cohort. <i>Nutrients</i> , 2021, 13, 2857.	4.1	15
86	Circulating 25-hydroxy-vitamin D and the risk of cardiovascular diseases. Systematic review and meta-analysis of prospective cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 3282-3304.	2.6	16
87	Final opinion on the safety of breast implants in relation to anaplastic large cell lymphoma: Report of the scientific committee on health, emerging and environmental risks (SCHEER). <i>Regulatory Toxicology and Pharmacology</i> , 2021, 125, 104982.	2.7	38
88	Successful aging and lifestyle comparison of Greeks living in Greece and abroad: the epidemiological Mediterranean Islands Study (MEDIS). <i>Archives of Gerontology and Geriatrics</i> , 2021, 97, 104523.	3.0	2
89	Motives for weight loss and weight loss maintenance: results from the MedWeight study. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 504-510.	2.5	6
90	The association of animal and plant protein with successful ageing: a combined analysis of MEDIS and ATTICA epidemiological studies. <i>Public Health Nutrition</i> , 2021, 24, 1-10.	2.2	5

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91	Low health literacy and perceived stress in adults: is there a link?. Central European Journal of Public Health, 2021, 29, 195-200.	1.1	6
92	Investigating the Determinants of Greek Households Food Waste Prevention Behaviour. Sustainability, 2021, 13, 11451.	3.2	8
93	Exploring the Relation between Atopic Diseases and Lifestyle Patterns among Adolescents Living in Greece: Evidence from the Greek Global Asthma Network (GAN) Cross-Sectional Study. Children, 2021, 8, 932.	1.5	9
94	Dietary and lifestyle habits of drinkers with preference for alcoholic beverage: does it really matter for public health? A review of the evidence. Oeno One, 2021, 55, .	1.4	1
95	Quality of Sleep in the Cypriot Population and Its Association With Multimorbidity: A Cross-Sectional Study. Frontiers in Public Health, 2021, 9, 693332.	2.7	10
96	Sex and age in relation to health and nutrition literacy levels in a sample of Greek adults. International Journal of Health Promotion and Education, 2020, 58, 229-241.	0.9	6
97	Untangling the 2-Way Relationship Between Red Wine Polyphenols and Gut Microbiota. Gastroenterology, 2020, 158, 48-51.	1.3	12
98	Dietary patterns and cardiovascular disease in Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 201-213.	2.6	5
99	A review of robust regression in biomedical science research. Archives of Medical Science, 2020, 16, 1267-1269.	0.9	5
100	Adherence to the Mediterranean diet and healthy ageing: Current evidence, biological pathways, and future directions. Critical Reviews in Food Science and Nutrition, 2020, 60, 2148-2157.	10.3	28
101	Prognostic value of exercise tolerance test for predicting cardiovascular disease in asymptomatic individuals with heterozygous familial hypercholesterolemia. Heart and Vessels, 2020, 35, 259-267.	1.2	2
102	Breakfast consumption and obesity among preadolescents: An epidemiological study. Pediatrics International, 2020, 62, 81-88.	0.5	8
103	Midday Napping and Successful Aging in Older People Living in the Mediterranean Region: The Epidemiological Mediterranean Islands Study (MEDIS). Brain Sciences, 2020, 10, 14.	2.3	10
104	Exclusive olive oil consumption was favorably associated with metabolic indices and lifestyle factors in schoolchildren. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 566-573.	2.6	4
105	High and moderate adherence to Mediterranean lifestyle is inversely associated with overweight, general and abdominal obesity in children and adolescents: The MediLIFE-index. Nutrition Research, 2020, 73, 38-47.	2.9	25
106	Intake and contribution of food groups to vitamin D intake in a representative sample of adult Greek population. Nutrition, 2020, 72, 110641.	2.4	13
107	Sex-discrete role of depressive symptomatology on 10-year first and recurrent cardiovascular disease incidence: results from ATTICA and GRECS prospective studies. Hellenic Journal of Cardiology, 2020, 61, 321-328.	1.0	7
108	Skeletal muscle mass in relation to 10 year cardiovascular disease incidence among middle aged and older adults: the ATTICA study. Journal of Epidemiology and Community Health, 2020, 74, 26-31.	3.7	68

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109	Hypertension prevalence in a representative sample of Greek adults: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2020, 61, 217-218.	1.0	6
110	Heart failure in Greece: The Hellenic National Nutrition and Health Survey (HNNHS). <i>Hellenic Journal of Cardiology</i> , 2020, 62, 315-317.	1.0	2
111	The impact of physical activity on healthy ageing trajectories: evidence from eight cohort studies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 92.	4.6	68
112	Mediterranean lifestyle: Linking social life and behaviors, residential environment, and cardiovascular disease prevention. , 2020, , 67-71.		0
113	Education and wealth inequalities in healthy ageing in eight harmonised cohorts in the ATHLOS consortium: a population-based study. <i>Lancet Public Health</i> , The, 2020, 5, e386-e394.	10.0	77
114	Dairy products, surrogate markers, and cardiovascular disease; a sex-specific analysis from the ATTICA prospective study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 2194-2206.	2.6	10
115	The Influence of Adherence to the Mediterranean Diet among Children and Their Parents in Relation to Childhood Overweight/Obesity: A Cross-Sectional Study in Greece. <i>Childhood Obesity</i> , 2020, 16, 571-578.	1.5	16
116	The incidence of recurrent cardiovascular events among acute coronary syndrome patients treated with generic or original clopidogrel in relation to their sociodemographic and clinical characteristics. The Aegean study. <i>Archives of Medical Science</i> , 2020, 16, 1013-1021.	0.9	2
117	Diet and Cardiovascular Disease Risk Among Individuals with Familial Hypercholesterolemia: Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020, 12, 2436.	4.1	31
118	Ageing trajectories of healthâ€”longitudinal opportunities and synergies (ATHLOS) Healthy Ageing Scale in adults from 16 international cohorts representing 38 countries worldwide. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, jech-2020-214496.	3.7	6
119	Towards a Better Primary Healthcare in Europe: Shifts in Public Health Nutrition Policies. <i>Nutrients</i> , 2020, 12, 3308.	4.1	0
120	<p>Cardiovascular Diseases in Women: Policies and Practices Around the Globe to Achieve Gender Equity in Cardiac Health</p>. <i>Risk Management and Healthcare Policy</i> , 2020, Volume 13, 2079-2094.	2.5	11
121	Predictors of pain in general ageing populations: results from a multi-country analysis based on ATHLOS harmonized database. <i>Journal of Headache and Pain</i> , 2020, 21, 45.	6.0	9
122	Pain rates in general population for the period 1991â€”2015 and 10-years prediction: results from a multi-continent age-period-cohort analysis. <i>Journal of Headache and Pain</i> , 2020, 21, 52.	6.0	17
123	Hostile personality as a risk factor for hyperglycemia and obesity in adult populations: a systematic review. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020, 19, 1659-1669.	1.9	5
124	Achieving low-density lipoprotein cholesterol targets as assessed by different methods in patients with familial hypercholesterolemia: an analysis from the HELLAS-FH registry. <i>Lipids in Health and Disease</i> , 2020, 19, 114.	3.0	6
125	Higher adherence to the Mediterranean Diet is associated with weight loss maintenance: the MedWeight study. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
126	The mystery of â€œmissingâ€”visits in an emergency cardiology department, in the era of COVID-19.; a time-series analysis in a tertiary Greek General Hospital. <i>Clinical Research in Cardiology</i> , 2020, 109, 1483-1489.	3.3	29

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127	Missing-data analysis: socio- demographic, clinical and lifestyle determinants of low response rate on self- reported psychological and nutrition related multi- item instruments in the context of the ATTICA epidemiological study. BMC Medical Research Methodology, 2020, 20, 148.	3.1	33
128	Presence of Hypertension Is Reduced by Mediterranean Diet Adherence in All Individuals with a More Pronounced Effect in the Obese: The Hellenic National Nutrition and Health Survey (HNNHS). Nutrients, 2020, 12, 853.	4.1	19
129	The Environmental and Bitter Taste Endophenotype Determinants of Picky Eating in Australian School-Aged Children 7â€“12 yearsâ€“A Cross-Sectional Pilot Study Protocol. International Journal of Environmental Research and Public Health, 2020, 17, 1573.	2.6	11
130	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 788-795.	2.6	6
131	Alcohol Drinking and Health in Ageing: A Global Scale Analysis of Older Individual Data through the Harmonised Dataset of ATHLOS. Nutrients, 2020, 12, 1746.	4.1	6
132	The association between protein consumption from animal and plant sources with psychological distress in older people in the Mediterranean region. Nutrition and Healthy Aging, 2020, 5, 273-285.	1.1	2
133	Epidural Analgesia During Childbirth and Postpartum Depressive Symptoms: A Population-Based Longitudinal Cohort Study. Anesthesia and Analgesia, 2020, 130, 615-624.	2.2	25
134	Statin therapy in athletes and patients performing regular intense exercise â€“ Position paper from the International Lipid Expert Panel (ILEP). Pharmacological Research, 2020, 155, 104719.	7.1	17
135	Lack of association between dietary fibres intake and childhood obesity: an epidemiological study among preadolescents in Greece. International Journal of Food Sciences and Nutrition, 2020, 71, 635-643.	2.8	2
136	Waist-to-Height Ratio Outperforms Classic Anthropometric Indices in Predicting Successful Aging in Older Adults; an Analysis of the ATTICA and MEDIS Epidemiological Studies. Experimental Aging Research, 2020, 46, 154-165.	1.2	1
137	Dietary anti-inflammatory index, metabolic syndrome and transition in metabolic status; a gender-specific analysis of ATTICA prospective study. Diabetes Research and Clinical Practice, 2020, 161, 108031.	2.8	9
138	The association between the level of adherence to the Mediterranean diet and successful aging: An analysis of the ATTICA and MEDIS (MEDiterranean Islands Study) epidemiological studies. Archives of Gerontology and Geriatrics, 2020, 89, 104044.	3.0	20
139	Dietary vitamin D intake, cardiovascular disease and cardiometabolic risk factors: a sexâ€“based analysis from the ATTICA cohort study. Journal of Human Nutrition and Dietetics, 2020, 33, 708-717.	2.5	11
140	Sex-Related Differences of the Effect of Lipoproteins and Apolipoproteins on 10-Year Cardiovascular Disease Risk; Insights from the ATTICA Study (2002â€“2012). Molecules, 2020, 25, 1506.	3.8	5
141	Micronutrient intakes and their food sources among Greek children and adolescents. Public Health Nutrition, 2020, 23, 2314-2326.	2.2	13
142	Students Living in the Islands are Heavier and have Lower Fitness Levels Compared to their Mainland Counterparts; Results from the National Action for Childrenâ€™s Health (EYZHN) Program. Behavioral Medicine, 2020, 47, 1-10.	1.9	3
143	Defining the Path Between Social and Economic Factors, Clinical and Lifestyle Determinants, and Cardiovascular Disease. Global Heart, 2020, 10, 255.	2.3	7
144	Exploring the relationship between the Mediterranean diet and weight loss maintenance: the MedWeight study. British Journal of Nutrition, 2020, 124, 874-880.	2.3	23

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