

Demosthenes B Panagiotakos

List of Publications by Year in descending order

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876
papers

36,551
citations

4658

85
h-index

7950

149
g-index

908
all docs

908
docs citations

908
times ranked

39266
citing authors

#	ARTICLE	IF	CITATIONS
1	The Effect of Mediterranean Diet on Metabolic Syndrome and its Components. Journal of the American College of Cardiology, 2011, 57, 1299-1313.	2.8	917
2	C-Reactive Protein, Fibrinogen, and Cardiovascular Disease Prediction. New England Journal of Medicine, 2012, 367, 1310-1320.	27.0	909
3	Risk thresholds for alcohol consumption: combined analysis of individual-participant data for 599~912 current drinkers in 83 prospective studies. Lancet, The, 2018, 391, 1513-1523.	13.7	858
4	Dietary patterns: A Mediterranean diet score and its relation to clinical and biological markers of cardiovascular disease risk. Nutrition, Metabolism and Cardiovascular Diseases, 2006, 16, 559-568.	2.6	718
5	Adherence to the Mediterranean diet attenuates inflammation and coagulation process in healthy adults. Journal of the American College of Cardiology, 2004, 44, 152-158.	2.8	669
6	Interleukin-6 receptor pathways in coronary heart disease: a collaborative meta-analysis of 82 studies. Lancet, The, 2012, 379, 1205-1213.	13.7	668
7	Mediterranean diet, stroke, cognitive impairment, and depression: A meta-analysis. Annals of Neurology, 2013, 74, 580-591.	5.3	613
8	Adherence to the Mediterranean food pattern predicts the prevalence of hypertension, hypercholesterolemia, diabetes and obesity, among healthy adults; the accuracy of the MedDietScore. Preventive Medicine, 2007, 44, 335-340.	3.4	510
9	SCORE2 risk prediction algorithms: new models to estimate 10-year risk of cardiovascular disease in Europe. European Heart Journal, 2021, 42, 2439-2454.	2.2	491
10	Olive oil and health: Summary of the II international conference on olive oil and health consensus report, Jaen and Córdoba (Spain) 2008. Nutrition, Metabolism and Cardiovascular Diseases, 2010, 20, 284-294.	2.6	449
11	A journey into a Mediterranean diet and type 2 diabetes: a systematic review with meta-analyses. BMJ Open, 2015, 5, e008222.	1.9	368
12	The implication of obesity and central fat on markers of chronic inflammation: The ATTICA study. Atherosclerosis, 2005, 183, 308-315.	0.8	299
13	Risk factors for thrombosis and primary thrombosis prevention in patients with systemic lupus erythematosus with or without antiphospholipid antibodies. Arthritis and Rheumatism, 2009, 61, 29-36.	6.7	296
14	Exercise Capacity and Mortality in Older Men. Circulation, 2010, 122, 790-797.	1.6	284
15	Mediterranean Diet and Weight Loss: Meta-Analysis of Randomized Controlled Trials. Metabolic Syndrome and Related Disorders, 2011, 9, 1-12.	1.3	275
16	The Epidemic of Obesity in Children and Adolescents in the World. Central European Journal of Public Health, 2006, 14, 151-159.	1.1	253
17	Epidemiology of cardiovascular risk factors in Greece: aims, design and baseline characteristics of the ATTICA study. BMC Public Health, 2003, 3, 32.	2.9	252
18	Lipid-lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. Nutrition Reviews, 2017, 75, 731-767.	5.8	238

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19	Dietary choline and betaine intakes in relation to concentrations of inflammatory markers in healthy adults: the ATTICA study. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 424-430.	4.7	235
20	Adult height and the risk of cause-specific death and vascular morbidity in 1 million people: individual participant meta-analysis. <i>International Journal of Epidemiology</i> , 2012, 41, 1419-1433.	1.9	230
21	Impact of lifestyle habits on the prevalence of the metabolic syndrome among Greek adults from the ATTICA study. <i>American Heart Journal</i> , 2004, 147, 106-112.	2.7	229
22	Anxiety in relation to inflammation and coagulation markers, among healthy adults: The ATTICA Study. <i>Atherosclerosis</i> , 2006, 185, 320-326.	0.8	223
23	Adherence to the Mediterranean diet is associated with the gut microbiota pattern and gastrointestinal characteristics in an adult population. <i>British Journal of Nutrition</i> , 2017, 117, 1645-1655.	2.3	221
24	The Role of Nutraceuticals in Statin-Intolerant Patients. <i>Journal of the American College of Cardiology</i> , 2018, 72, 96-118.	2.8	216
25	Olive oil intake is inversely related to cancer prevalence: a systematic review and a meta-analysis of 13800 patients and 23340 controls in 19 observational studies. <i>Lipids in Health and Disease</i> , 2011, 10, 127.	3.0	213
26	Adherence to the Mediterranean diet is associated with total antioxidant capacity in healthy adults: the ATTICA study. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 694-699.	4.7	211
27	Lipid lowering nutraceuticals in clinical practice: position paper from an International Lipid Expert Panel. <i>Archives of Medical Science</i> , 2017, 5, 965-1005.	0.9	206
28	Adherence to the Mediterranean diet is associated with total antioxidant capacity in healthy adults: the ATTICA study. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 694-699.	4.7	198
29	Association between prehypertension status and inflammatory markers related to atherosclerotic disease*1The ATTICA Study. <i>American Journal of Hypertension</i> , 2004, 17, 568-573.	2.0	197
30	The effect of Mediterranean diet on the development of type 2 diabetes mellitus: A meta-analysis of 10 prospective studies and 136,846 participants. <i>Metabolism: Clinical and Experimental</i> , 2014, 63, 903-911.	3.4	194
31	Effects of lifestyle interventions on clinical characteristics of patients with non-alcoholic fatty liver disease: A meta-analysis. <i>Metabolism: Clinical and Experimental</i> , 2017, 68, 119-132.	3.4	192
32	Association between the prevalence of obesity and adherence to the Mediterranean diet: the ATTICA study. <i>Nutrition</i> , 2006, 22, 449-456.	2.4	187
33	The Association between Food Patterns and the Metabolic Syndrome Using Principal Components Analysis: The ATTICA Study. <i>Journal of the American Dietetic Association</i> , 2007, 107, 979-987.	1.1	182
34	Interactive effects of fitness and statin treatment on mortality risk in veterans with dyslipidaemia: a cohort study. <i>Lancet, The</i> , 2013, 381, 394-399.	13.7	179
35	Insulin Action in Adipose Tissue and Muscle in Hypothyroidism. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2006, 91, 4930-4937.	3.6	178
36	Application of non-HDL cholesterol for population-based cardiovascular risk stratification: results from the Multinational Cardiovascular Risk Consortium. <i>Lancet, The</i> , 2019, 394, 2173-2183.	13.7	177

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37	Dietary quality indices and human health: A review. <i>Maturitas</i> , 2009, 62, 1-8.	2.4	176
38	Inflammation, coagulation, and depressive symptomatology in cardiovascular disease-free people; the ATTICA study. <i>European Heart Journal</i> , 2004, 25, 492-499.	2.2	169
39	The implication of obesity on total antioxidant capacity in apparently healthy men and women: The ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2007, 17, 590-597.	2.6	164
40	Effect of exposure to secondhand smoke on markers of inflammation: the ATTICA study. <i>American Journal of Medicine</i> , 2004, 116, 145-150.	1.5	162
41	Responses of Blood Lipids to Aerobic, Resistance, and Combined Aerobic with Resistance Exercise Training: A Systematic Review of Current Evidence. <i>Angiology</i> , 2009, 60, 614-632.	1.8	160
42	Natriuretic peptides and integrated risk assessment for cardiovascular disease: an individual-participant-data meta-analysis. <i>Lancet Diabetes and Endocrinology</i> , 2016, 4, 840-849.	11.4	159
43	Associations between coffee consumption and inflammatory markers in healthy persons: the ATTICA study. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 862-867.	4.7	157
44	Fish Consumption Among Healthy Adults Is Associated With Decreased Levels of Inflammatory Markers Related to Cardiovascular Disease. <i>Journal of the American College of Cardiology</i> , 2005, 46, 120-124.	2.8	156
45	Evaluation of the efficacy of six nutritional screening tools to predict malnutrition in the elderly. <i>Clinical Nutrition</i> , 2012, 31, 378-385.	5.0	153
46	Very high childhood obesity prevalence and low adherence rates to the Mediterranean diet in Greek children: The GRECO study. <i>Atherosclerosis</i> , 2011, 217, 525-530.	0.8	152
47	Colorectal cancer association with metabolic syndrome and its components: a systematic review with meta-analysis. <i>Endocrine</i> , 2013, 44, 634-647.	2.3	152
48	Increased local temperature in human coronary atherosclerotic plaques: an independent predictor of clinical outcome in patients undergoing a percutaneous coronary intervention. <i>Journal of the American College of Cardiology</i> , 2001, 37, 1277-1283.	2.8	150
49	Healthy Indexes in Public Health Practice and Research: A Review. <i>Critical Reviews in Food Science and Nutrition</i> , 2008, 48, 317-327.	10.3	141
50	The associations between leisure-time physical activity and inflammatory and coagulation markers related to cardiovascular disease: the ATTICA Study. <i>Preventive Medicine</i> , 2005, 40, 432-437.	3.4	137
51	Diet, Exercise and the Metabolic Syndrome. <i>Review of Diabetic Studies</i> , 2006, 3, 118-118.	1.3	136
52	Unsaturated fatty acids are inversely associated and n-6/n-3 ratios are positively related to inflammation and coagulation markers in plasma of apparently healthy adults. <i>Clinica Chimica Acta</i> , 2010, 411, 584-591.	1.1	132
53	Influence of Mediterranean diet on asthma in children: A systematic review and meta-analysis. <i>Pediatric Allergy and Immunology</i> , 2013, 24, 330-338.	2.6	128
54	Climatological variations in daily hospital admissions for acute coronary syndromes. <i>International Journal of Cardiology</i> , 2004, 94, 229-233.	1.7	125

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55	Olive oil consumption and human health: A narrative review. <i>Maturitas</i> , 2018, 118, 60-66.	2.4	125
56	Association Between Low-Grade Systemic Inflammation and Type 2 Diabetes Mellitus Among Men and Women from the ATTICA Study. <i>Review of Diabetic Studies</i> , 2007, 4, 98-104.	1.3	124
57	Development, repeatability and validity regarding energy and macronutrient intake of a semi-quantitative food frequency questionnaire: Methodological considerations. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012, 22, 659-667.	2.6	121
58	Status and management of hypertension in Greece. <i>Journal of Hypertension</i> , 2003, 21, 1483-1489.	0.5	119
59	Smoking and caffeine have a synergistic detrimental effect on aortic stiffness and wave reflections. <i>Journal of the American College of Cardiology</i> , 2004, 44, 1911-1917.	2.8	119
60	Visceral adiposity index and 10-year cardiovascular disease incidence: The ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2017, 27, 881-889.	2.6	115
61	Ten-year (2002-2012) cardiovascular disease incidence and all-cause mortality, in urban Greek population: The ATTICA Study. <i>International Journal of Cardiology</i> , 2015, 180, 178-184.	1.7	114
62	The role of Mediterranean type of diet on the development of cancer and cardiovascular disease, in the elderly: A systematic review. <i>Maturitas</i> , 2010, 65, 122-130.	2.4	113
63	Which diet for prevention of type 2 diabetes? A meta-analysis of prospective studies. <i>Endocrine</i> , 2014, 47, 107-116.	2.3	112
64	The effects of grape and red wine polyphenols on gut microbiota - A systematic review. <i>Food Research International</i> , 2018, 113, 277-287.	6.2	111
65	Epidemiology of Overweight and Obesity in a Greek Adult Population: the ATTICA Study. <i>Obesity</i> , 2004, 12, 1914-1920.	4.0	110
66	Prevention of Type 2 Diabetes by Dietary Patterns: A Systematic Review of Prospective Studies and Meta-Analysis. <i>Metabolic Syndrome and Related Disorders</i> , 2010, 8, 471-476.	1.3	109
67	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. <i>Rheumatology International</i> , 2018, 38, 737-747.	3.0	109
68	Exercise Capacity and All-Cause Mortality in African American and Caucasian Men With Type 2 Diabetes. <i>Diabetes Care</i> , 2009, 32, 623-628.	8.6	107
69	Exercise Capacity and Mortality in Hypertensive Men With and Without Additional Risk Factors. <i>Hypertension</i> , 2009, 53, 494-499.	2.7	107
70	Mediterranean diet and metabolic syndrome: An updated systematic review. <i>Reviews in Endocrine and Metabolic Disorders</i> , 2013, 14, 255-263.	5.7	106
71	Home blood pressure normalcy in children and adolescents: the Arsakeion School study. <i>Journal of Hypertension</i> , 2007, 25, 1375-1379.	0.5	103
72	Increased Temperature of Malignant Urinary Bladder Tumors In Vivo: The Application of a New Method Based on a Catheter Technique. <i>Journal of Clinical Oncology</i> , 2001, 19, 676-681.	1.6	100

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73	Dietary supplementation with flaxseed oil lowers blood pressure in dyslipidaemic patients. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 1201-1206.	2.9	100
74	Dietary patterns and management of type 2 diabetes: A systematic review of randomised clinical trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 531-543.	2.6	100
75	Socio-economic Status, Dietary Habits and Health-Related Outcomes in Various Parts of the World: A Review. <i>Central European Journal of Public Health</i> , 2009, 17, 55-63.	1.1	99
76	The Association between Adherence to the Mediterranean Diet and Fasting Indices of Glucose Homoeostasis: The ATTICA Study. <i>Journal of the American College of Nutrition</i> , 2007, 26, 32-38.	1.8	98
77	Exercise Capacity and Progression From Prehypertension to Hypertension. <i>Hypertension</i> , 2012, 60, 333-338.	2.7	98
78	Adherence to Mediterranean diet and 10-year incidence (2002-2012) of diabetes: correlations with inflammatory and oxidative stress biomarkers in the ATTICA cohort study. <i>Diabetes/Metabolism Research and Reviews</i> , 2016, 32, 73-81.	4.0	96
79	The J-Shaped Effect of Coffee Consumption on the Risk of Developing Acute Coronary Syndromes: The CARDIO2000 Case-Control Study. <i>Journal of Nutrition</i> , 2003, 133, 3228-3232.	2.9	95
80	Air Temperature and Inflammatory Responses in Myocardial Infarction Survivors. <i>Epidemiology</i> , 2008, 19, 391-400.	2.7	95
81	Association between dietary patterns and indices of bone mass in a sample of Mediterranean women. <i>Nutrition</i> , 2009, 25, 165-171.	2.4	93
82	Transition from metabolically benign to metabolically unhealthy obesity and 10-year cardiovascular disease incidence: The ATTICA cohort study. <i>Metabolism: Clinical and Experimental</i> , 2019, 93, 18-24.	3.4	92
83	Mediterranean diet and insulin sensitivity, lipid profile and blood pressure levels, in overweight and obese people; The Attica study. <i>Lipids in Health and Disease</i> , 2007, 6, 22.	3.0	90
84	Adherence to the Mediterranean type of diet is associated with lower prevalence of asthma symptoms, among 10-12-year old children: the PANACEA study. <i>Pediatric Allergy and Immunology</i> , 2011, 22, 283-289.	2.6	90
85	Population prevalence of edentulism and its association with depression and self-rated health. <i>Scientific Reports</i> , 2016, 6, 37083.	3.3	89
86	The Adoption of Mediterranean Diet Attenuates the Development of Acute Coronary Syndromes in People with the Metabolic Syndrome. <i>Nutrition Journal</i> , 2003, 2, 1.	3.4	88
87	The epidemiology of Type 2 diabetes mellitus in Greek adults: the ATTICA study. <i>Diabetic Medicine</i> , 2005, 22, 1581-1588.	2.3	88
88	Mediterranean diet for type 2 diabetes: cardiometabolic benefits. <i>Endocrine</i> , 2017, 56, 27-32.	2.3	88
89	Maternal lifestyle characteristics during pregnancy, and the risk of obesity in the offspring: a study of 5,125 children. <i>BMC Pregnancy and Childbirth</i> , 2015, 15, 66.	2.4	87
90	Dietary Patterns and Prevention of Type 2 Diabetes: From Research to Clinical Practice; A Systematic Review. <i>Current Diabetes Reviews</i> , 2009, 5, 221-227.	1.3	85

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91	Eating habits in relations to anxiety symptoms among apparently healthy adults. A pattern analysis from the ATTICA Study. <i>Appetite</i> , 2008, 51, 519-525.	3.7	84
92	Mediterranean diet and inflammatory response in myocardial infarction survivors. <i>International Journal of Epidemiology</i> , 2009, 38, 856-866.	1.9	84
93	Eleven-year Prevalence Trends of Obesity in Greek Children: First Evidence that Prevalence of Obesity Is Leveling Off. <i>Obesity</i> , 2010, 18, 161-166.	3.0	84
94	Dairy Products Consumption Is Associated with Decreased Levels of Inflammatory Markers Related to Cardiovascular Disease in Apparently Healthy Adults: The ATTICA Study. <i>Journal of the American College of Nutrition</i> , 2010, 29, 357-364.	1.8	84
95	Insufficient Sleep Duration Is Associated With Dietary Habits, Screen Time, and Obesity in Children. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 1689-1696.	2.6	83
96	Incidence and Prevalence of Major Central Nervous System Involvement in Systemic Lupus Erythematosus: A 3-Year Prospective Study of 370 Patients. <i>PLoS ONE</i> , 2013, 8, e55843.	2.5	83
97	The Mediterranean Diet in Cancer Prevention: A Review. <i>Journal of Medicinal Food</i> , 2011, 14, 1065-1078.	1.5	82
98	Urban environment, physical inactivity and unhealthy dietary habits correlate to depression among elderly living in eastern Mediterranean islands: The MEDIS (MEDiterranean ISlands elderly) study. <i>Journal of Nutrition, Health and Aging</i> , 2010, 14, 449-455.	3.3	81
99	Inflammatory markers and in-hospital mortality in acute ischaemic stroke. <i>Atherosclerosis</i> , 2006, 189, 193-197.	0.8	80
100	Relationship between meat intake and the development of acute coronary syndromes: the CARDIO2000 case-control study. <i>European Journal of Clinical Nutrition</i> , 2008, 62, 171-177.	2.9	80
101	Epidemiology of leisure-time physical activity in socio-demographic, lifestyle and psychological characteristics of men and women in Greece: the ATTICA Study. <i>BMC Public Health</i> , 2005, 5, 37.	2.9	78
102	Dietary habits and cardiovascular disease risk in middle-aged and elderly populations: a review of evidence. <i>Clinical Interventions in Aging</i> , 2009, 4, 319.	2.9	78
103	Benefits of combined aerobic/resistance/inspiratory training in patients with chronic heart failure. A complete exercise model? A prospective randomised study. <i>International Journal of Cardiology</i> , 2013, 167, 1967-1972.	1.7	77
104	Advanced analytical methodologies for measuring healthy ageing and its determinants, using factor analysis and machine learning techniques: the ATHLOS project. <i>Scientific Reports</i> , 2017, 7, 43955.	3.3	77
105	Education and wealth inequalities in healthy ageing in eight harmonised cohorts in the ATHLOS consortium: a population-based study. <i>Lancet Public Health</i> , The, 2020, 5, e386-e394.	10.0	77
106	Association of leisure-time physical activity on inflammation markers (C-reactive protein, white cell) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5</i> <i>Journal of Cardiology</i> , 2003, 91, 368-370.	1.6	76
107	Risk Stratification of Coronary Heart Disease in Greece: Final Results from the CARDIO2000 Epidemiological Study. <i>Preventive Medicine</i> , 2002, 35, 548-556.	3.4	75
108	Level of adherence to the Mediterranean diet among children from Cyprus: the CYKIDS study. <i>Public Health Nutrition</i> , 2009, 12, 991-1000.	2.2	75

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109	The impact of type of dietary protein, animal versus vegetable, in modifying cardiometabolic risk factors: A position paper from the International Lipid Expert Panel (ILEP). <i>Clinical Nutrition</i> , 2021, 40, 255-276.	5.0	75
110	Dietary patterns and 5-year incidence of cardiovascular disease: A multivariate analysis of the ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2009, 19, 253-263.	2.6	73
111	Arrhythmogenic right ventricular cardiomyopathy caused by deletions in plakophilin-2 and plakoglobin (Naxos disease) in families from Greece and Cyprus: genotype-phenotype relations, diagnostic features and prognosis. <i>European Heart Journal</i> , 2006, 27, 2208-2216.	2.2	71
112	Repeatability and Validation of a Short, Semi-Quantitative Food Frequency Questionnaire Designed for Older Adults Living in Mediterranean Areas: The MEDIS-FFQ. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2010, 29, 311-324.	1.0	71
113	Association between exposure to environmental tobacco smoke and the development of acute coronary syndromes: the CARDIO2000 case-control study. <i>Tobacco Control</i> , 2002, 11, 220-225.	3.2	70
114	The effect of diet enriched with $\hat{\pm}$ -linolenic acid on soluble cellular adhesion molecules in dyslipidaemic patients. <i>Atherosclerosis</i> , 2004, 174, 127-132.	0.8	70
115	Sociodemographic and Lifestyle Statistics of Oldest Old People (>80 Years) Living in Ikaria Island: The Ikaria Study. <i>Cardiology Research and Practice</i> , 2011, 2011, 1-7.	1.1	70
116	Successful aging, dietary habits and health status of elderly individuals: A k-dimensional approach within the multi-national MEDIS study. <i>Experimental Gerontology</i> , 2014, 60, 57-63.	2.8	70
117	MedDietScore: A computer program that evaluates the adherence to the Mediterranean dietary pattern and its relation to cardiovascular disease risk. <i>Computer Methods and Programs in Biomedicine</i> , 2006, 83, 73-77.	4.7	69
118	Dietary patterns in relation to socio-economic and lifestyle characteristics among Greek adolescents: a multivariate analysis. <i>Public Health Nutrition</i> , 2009, 12, 1366-1372.	2.2	69
119	Long-Term Fish Intake Is Associated With Less Severe Depressive Symptoms Among Elderly Men and Women. <i>Journal of Aging and Health</i> , 2009, 21, 864-880.	1.7	69
120	Eating Frequency and Overweight and Obesity in Children and Adolescents: A Meta-analysis. <i>Pediatrics</i> , 2013, 131, 958-967.	2.1	69
121	Mediterranean diet and prevention of coronary heart disease in the elderly. <i>Clinical Interventions in Aging</i> , 2007, 2, 109-115.	2.9	69
122	Cigar smoking has an acute detrimental effect on arterial stiffness. <i>American Journal of Hypertension</i> , 2004, 17, 299-303.	2.0	68
123	Physical Activity, Obesity Status, and Glycemic Control. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 606-611.	0.4	68
124	Dietary antioxidant capacity is inversely associated with diabetes biomarkers: The ATTICA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011, 21, 561-567.	2.6	68
125	Skeletal muscle mass in relation to 10 year cardiovascular disease incidence among middle aged and older adults: the ATTICA study. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, 26-31.	3.7	68
126	The impact of physical activity on healthy ageing trajectories: evidence from eight cohort studies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 92.	4.6	68

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127	Genes, Diet and Type 2 Diabetes Mellitus: A Review. <i>Review of Diabetic Studies</i> , 2007, 4, 13-13.	1.3	67
128	The association between adherence to the Mediterranean diet and adiponectin levels among healthy adults: the ATTICA study. <i>Journal of Nutritional Biochemistry</i> , 2010, 21, 285-289.	4.2	67
129	Machine learning methodologies versus cardiovascular risk scores, in predicting disease risk. <i>BMC Medical Research Methodology</i> , 2018, 18, 179.	3.1	67
130	Chronic coffee consumption has a detrimental effect on aortic stiffness and wave reflections. <i>American Journal of Clinical Nutrition</i> , 2005, 81, 1307-1312.	4.7	66
131	Mediterranean diet and coronary heart disease: Is obesity a link? – A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010, 20, 536-551.	2.6	65
132	Cognitive Impairment and Dietary Habits Among Elders: The Velestino Study. <i>Journal of Medicinal Food</i> , 2013, 16, 343-350.	1.5	65
133	Diet and breast cancer: a systematic review. <i>International Journal of Food Sciences and Nutrition</i> , 2015, 66, 1-42.	2.8	65
134	Statin treatment is associated with reduced thermal heterogeneity in human atherosclerotic plaques. <i>European Heart Journal</i> , 2002, 23, 1664-1669.	2.2	64
135	Five-year incidence of cardiovascular disease and its predictors in Greece: the ATTICA study. <i>Vascular Medicine</i> , 2008, 13, 113-121.	1.5	64
136	High sodium intake of children through “hidden” food sources and its association with the Mediterranean diet: the GRECO study. <i>Journal of Hypertension</i> , 2011, 29, 1069-1076.	0.5	64
137	Validation of a urine color scale for assessment of urine osmolality in healthy children. <i>European Journal of Nutrition</i> , 2016, 55, 907-915.	3.9	63
138	The Relationship between Dietary Habits, Blood Glucose and Insulin Levels among People without Cardiovascular Disease and Type 2 Diabetes; The ATTICA Study. <i>Review of Diabetic Studies</i> , 2005, 2, 208-208.	1.3	62
139	The association between pre-hypertension status and oxidative stress markers related to atherosclerotic disease: The ATTICA study. <i>Atherosclerosis</i> , 2007, 192, 169-176.	0.8	62
140	Effects of flaxseed oil supplementation on plasma adiponectin levels in dyslipidemic men. <i>European Journal of Nutrition</i> , 2007, 46, 315-320.	3.9	62
141	Minor Salivary Gland Inflammatory Lesions in Sjögren Syndrome: Do They Evolve?. <i>Journal of Rheumatology</i> , 2013, 40, 1566-1571.	2.0	62
142	Comparison of effectiveness of carvedilol versus bisoprolol for maintenance of sinus rhythm after cardioversion of persistent atrial fibrillation. <i>American Journal of Cardiology</i> , 2003, 92, 1116-1119.	1.6	61
143	The association between educational status and risk factors related to cardiovascular disease in healthy individuals: The ATTICA study. <i>Annals of Epidemiology</i> , 2004, 14, 188-194.	1.9	60
144	A 6-Month Follow-up of Intermittent Levosimendan Administration Effect on Systolic Function, Specific Activity Questionnaire, and Arrhythmia in Advanced Heart Failure. <i>Journal of Cardiac Failure</i> , 2007, 13, 556-559.	1.7	60

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145	Flaxseed oil does not affect inflammatory markers and lipid profile compared to olive oil, in young, healthy, normal weight adults. <i>Metabolism: Clinical and Experimental</i> , 2013, 62, 686-693.	3.4	60
146	Physical activity, high density lipoprotein cholesterol and other lipids levels, in men and women from the ATTICA study. <i>Lipids in Health and Disease</i> , 2003, 2, 3.	3.0	59
147	Physical activity mediates the protective effect of the Mediterranean diet on children's obesity status: The CYKIDS study. <i>Nutrition</i> , 2010, 26, 61-67.	2.4	59
148	The Relation Between Pulse Pressure and Cardiovascular Mortality in 12Â763 Middle-aged Men From Various Parts of the World. <i>Archives of Internal Medicine</i> , 2005, 165, 2142.	3.8	58
149	The associations between physical activity, inflammation, and coagulation markers, in people with metabolic syndrome: the ATTICA study. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2005, 12, 151-158.	2.8	58
150	Immune response to inspiratory muscle training in patients with chronic heart failure. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2007, 14, 679-686.	2.8	58
151	Long-term fish consumption is associated with protection against arrhythmia in healthy persons in a Mediterranean region—the ATTICA study. <i>American Journal of Clinical Nutrition</i> , 2007, 85, 1385-1391.	4.7	58
152	The Mediterranean diet contributes to the preservation of left ventricular systolic function and to the long-term favorable prognosis of patients who have had an acute coronary event. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 47-54.	4.7	58
153	Neck circumference is correlated with triglycerides and inversely related with HDL cholesterol beyond BMI and waist circumference. <i>Diabetes/Metabolism Research and Reviews</i> , 2013, 29, 90-97.	4.0	58
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