Vladimir Vuksan

List of Publications by Year
in descending order

135 papers	9,322 citations	25034 57 h-index	39675 94 g-index
135 all docs	135 docs citations	135 times ranked	8192 citing authors

#	Article	IF	Citations
1	Effect of coadministration of enriched Korean Red Ginseng (Panax ginseng) and American ginseng (Panax quinquefolius L) on cardiometabolic outcomes in type-2 diabetes: A randomized controlled trial. Journal of Ginseng Research, 2021, 45, 546-554.	5.7	12
2	Effect of viscous fiber supplementation on obesity indicators in individuals consuming calorie-restricted diets: a systematic review and meta-analysis of randomized controlled trials. European Journal of Nutrition, 2021, 60, 101-112.	3.9	19
3	Co-administration of viscous fiber, Salba-chia and ginseng on glycemic management in type 2 diabetes: a double-blind randomized controlled trial. European Journal of Nutrition, 2021, 60, 3071-3083.	3.9	8
4	Can dietary viscous fiber affect body weight independently of an energy-restrictive diet? A systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2020, 111, 471-485.	4.7	48
5	Effect of soluble-viscous dietary fibre on coronary heart disease risk score across 3 population health categories: data from randomized, double-blind, placebo-controlled trials. Applied Physiology, Nutrition and Metabolism, 2020, 45, 801-804.	1.9	5
6	Vascular effects of combined enriched Korean Red ginseng (Panax Ginseng) and American ginseng (Panax Quinquefolius) administration in individuals with hypertension and type 2 diabetes: A randomized controlled trial. Complementary Therapies in Medicine, 2020, 49, 102338.	2.7	27
7	Acute effect of equicaloric meals varying in glycemic index and glycemic load on arterial stiffness and glycemia in healthy adults: a randomized crossover trial. European Journal of Clinical Nutrition, 2019, 73, 79-85.	2.9	11
8	Effect of high-carbohydrate or highâ€monounsaturated fatty acid diets on blood pressure: a systematic review and meta-analysis of randomized controlled trials. Nutrition Reviews, 2019, 77, 19-31.	5.8	18
9	Serum adipocytokines are associated with microalbuminuria in patients with type 1 diabetes and incipient chronic complications. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2019, 13, 496-499.	3.6	4
10	Should Viscous Fiber Supplements Be Considered in Diabetes Control? Results From a Systematic Review and Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2019, 42, 755-766.	8.6	87
11	Efficacy and safety of American ginseng (Panax quinquefolius L.) extract on glycemic control and cardiovascular risk factors in individuals with type 2 diabetes: a double-blind, randomized, cross-over clinical trial. European Journal of Nutrition, 2019, 58, 1237-1245.	3.9	47
12	Clinical evidence on dietary supplementation with chia seed (Salvia hispanica L.): a systematic review and meta-analysis. Nutrition Reviews, 2018, 76, 219-242.	5.8	35
13	Co-administration of a konjac-based fibre blend and American ginseng (Panax quinquefolius L.) on glycaemic control and serum lipids in type 2 diabetes: a randomized controlled, cross-over clinical trial. European Journal of Nutrition, 2018, 57, 2217-2225.	3.9	17
14	The effect of viscous soluble fiber on blood pressure: A systematic review and meta-analysis of randomized controlled trials. Nutrition, Metabolism and Cardiovascular Diseases, 2018, 28, 3-13.	2.6	100
15	The effects of gelled konjac glucomannan fibre on appetite and energy intake in healthy individuals: a randomised cross-over trial. British Journal of Nutrition, 2018, 119, 109-116.	2.3	20
16	Effect of psyllium (Plantago ovata) fiber on LDL cholesterol and alternative lipid targets, non-HDL cholesterol and apolipoprotein B: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2018, 108, 922-932.	4.7	48
17	The effect of alpha-linolenic acid on glycemic control in individuals with type 2 diabetes. Medicine (United States), 2017, 96, e6531.	1.0	50
18	A systematic review and meta-analysis of randomized controlled trials of the effect of konjac glucomannan, a viscous soluble fiber, on LDL cholesterol and the new lipid targets non-HDL cholesterol and apolipoprotein B ,. American Journal of Clinical Nutrition, 2017, 105, 1239-1247.	4.7	74

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19	Salba-chia (Salvia hispanica L.) in the treatment of overweight and obese patients with type 2 diabetes: A double-blind randomized controlled trial. Nutrition, Metabolism and Cardiovascular Diseases, 2017, 27, 138-146.	2.6	82
20	Comments to Article by Solah VA et al., Nutrients 2017, 9, 149. Nutrients, 2017, 9, 398.	4.1	0
21	The effect of oatÎ²-glucan on LDL-cholesterol, non-HDL-cholesterol and apoB for CVD risk reduction: a systematic review and meta-analysis of randomised-controlled trials. British Journal of Nutrition, 2016, 116, 1369-1382.	2.3	186
22	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2016, 103, 1213-1223.	4.7	150
23	Effect of Spinach, a High Dietary Nitrate Source, on Arterial Stiffness and Related Hemodynamic Measures: A Randomized, Controlled Trial in Healthy Adults. Clinical Nutrition Research, 2015, 4, 160.	1.2	40
24	Carbohydrates and Endothelial Function: Is a Low-Carbohydrate Diet or a Low-Glycemic Index Diet Favourable for Vascular Health?. Clinical Nutrition Research, 2015, 4, 69.	1.2	20
25	Ethanol extraction preparation of American ginseng (Panax quinquefolius L) and Korean red ginseng (Panax ginseng C.A. Meyer): Differential effects on postprandial insulinemia in healthy individuals. Journal of Ethnopharmacology, 2015, 159, 55-61.	4.1	16
26	The Effect of Ginseng (The Genus Panax) on Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. PLoS ONE, 2014, 9, e107391.	2.5	92
27	American Ginseng Extract (Panax quinquefoliusL.) Is Safe in Long-Term Use in Type 2 Diabetic Patients. Evidence-based Complementary and Alternative Medicine, 2014, 2014, 1-6.	1.2	16
28	Effects of Korean White Ginseng (Panax Ginseng C.A. Meyer) on Vascular and Glycemic Health in Type 2 Diabetes: Results of a Randomized, Double Blind, Placebo-controlled, Multiple-crossover, Acute Dose Escalation Trial. Clinical Nutrition Research, 2014, 3, 89.	1.2	30
29	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. American Journal of Hypertension, 2014, 27, 56-64.	2.0	136
30	Modulation of Endothelial Function by Korean Red Ginseng (Panax ginseng C.A. Meyer) and its Components in Healthy Individuals: A Randomized Controlled Trial. Cardiovascular Therapeutics, 2014, 32, 163-169.	2.5	26
31	Randomized Clinical Trial in Healthy Individuals on the Effect of Viscous Fiber Blend on Glucose Tolerance When Incorporated in Capsules or into the Carbohydrate or Fat Component of the Meal. Journal of the American College of Nutrition, 2014, 33, 400-405.	1.8	10
32	Glycemic Effect of Oat and Barley Beta-glucan When Incorporated into a Snack Bar: A Dose Escalation Study. Journal of the American College of Nutrition, 2014, 33, 442-449.	1.8	11
33	Emerging parameters of the insulin and glucose response on the oral glucose tolerance test: Reproducibility and implications for glucose homeostasis in individuals with and without diabetes. Diabetes Research and Clinical Practice, 2014, 105, 88-95.	2.8	45
34	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. Diabetes Care, 2014, 37, 1806-1814.	8.6	75
35	Effect of Rg3-enriched Korean red ginseng (Panax ginseng) on arterial stiffness and blood pressure in healthy individuals: a randomized controlled trial. Journal of the American Society of Hypertension, 2014, 8, 537-541.	2.3	66
36	Effect of whole and ground Salba seeds (Salvia Hispanica L.) on postprandial glycemia in healthy volunteers: a randomized controlled, dose-response trial. European Journal of Clinical Nutrition, 2013, 67, 786-788.	2.9	47

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37	The Effect of Salvia Hispanica L. Seeds on Weight Loss in Overweight and Obese Individuals with Type 2 Diabetes Mellitus. Canadian Journal of Diabetes, 2013, 37, S61.	0.8	5
38	Effect of American ginseng (Panax quinquefolius L.) on arterial stiffness in subjects with type-2 diabetes and concomitant hypertension. Journal of Ethnopharmacology, 2013, 150, 148-153.	4.1	57
39	Equol status and blood lipid profile in hyperlipidemia after consumption of diets containing soy foods. American Journal of Clinical Nutrition, 2012, 95, 564-571.	4.7	38
40	Cardiovascular risk factors, diet and lifestyle among European, South Asian and Chinese adolescents in Canada. Paediatrics and Child Health, 2012, 17, e1-6.	0.6	8
41	Effect of American ginseng (Panax quinquefolius L.) on glycemic control in type 2 diabetes. Collegium Antropologicum, 2012, 36, 1435-40.	0.2	21
42	Korean red ginseng (Panax ginseng C.A. Meyer) root fractions: Differential effects on postprandial glycemia in healthy individuals. Journal of Ethnopharmacology, 2011, 137, 245-250.	4.1	27
43	Viscosity rather than quantity of dietary fibre predicts cholesterol-lowering effect in healthy individuals. British Journal of Nutrition, 2011, 106, 1349-1352.	2.3	85
44	The jubilees of the discovery of insulin & glycemic index: where conventional meets complementary medicine in the management of diabetes mellitus. Collegium Antropologicum, 2011, 35, 1321-2.	0.2	0
45	Glycemic index in diabetes. Collegium Antropologicum, 2011, 35, 1363-8.	0.2	15
46	Reduction in postprandial glucose excursion and prolongation of satiety: possible explanation of the long-term effects of whole grain Salba (Salvia Hispanica L.). European Journal of Clinical Nutrition, 2010, 64, 436-438.	2.9	94
47	The metabolic syndrome in healthy, multiethnic adolescents in Toronto, Ontario: The use of fasting blood glucose as a simple indicator. Canadian Journal of Cardiology, 2010, 26, e128-e132.	1.7	8
48	Effects of Korean Red Ginseng (Panax ginseng C.A. Mayer) and Its Isolated Ginsenosides and Polysaccharides on Arterial Stiffness in Healthy Individuals. American Journal of Hypertension, 2010, 23, 469-472.	2.0	52
49	Improved Postprandial Glycemia and Appetite Scores after Addition of the Ancient Grain Salba (Salvia) Tj ETQq1 1 0.784314 rgBT /Ov	0.5	1
50	Current Clinical Evidence for Korean Red Ginseng in Management of Diabetes and Vascular Disease: A Toronto's Ginseng Clinical Testing Program. Journal of Ginseng Research, 2010, 34, 264-273.	5.7	20
51	Efficacy of Rg3â€Enriched Korean Red Ginseng (Steamed Panax Ginseng C.A. Meyer) Extract on Arterial Stiffness and Blood Pressure in Healthy Volunteers. FASEB Journal, 2010, 24, 739.5.	0.5	0
52	Acute Response of Equicaloric Test Meals Varying in Glycemic Index and Glycemic Load on Postprandial Glycemia, Arterial Stiffness and Blood Pressure in Healthy Adults. FASEB Journal, 2010, 24, 324.8.	0.5	0
53	Metabolic syndrome in healthy, multiethnic adolescents in Toronto: the use of fasting blood glucose as a simple indicator. FASEB Journal, 2010, 24, 933.2.	0.5	0
54	Fiber facts: Benefits and recommendations for individuals with type 2 diabetes. Current Diabetes Reports, 2009, 9, 405-411.	4.2	39

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55	The glycaemic index values of foods containing fructose are affected by metabolic differences between subjects. European Journal of Clinical Nutrition, 2009, 63, 1106-1114.	2.9	31
56	Viscosity of fiber preloads affects food intake in adolescents. Nutrition, Metabolism and Cardiovascular Diseases, 2009, 19, 498-503.	2.6	64
57	Day-to-day variation in glycemic response elicited by white bread is not related to variation in satiety in humans. Appetite, 2009, 52, 654-658.	3.7	11
58	A whey protein supplement decreases post-prandial glycemia. Nutrition Journal, 2009, 8, 47.	3.4	87
59	Ginseng in Type 2 Diabetes Mellitus: A Review of the Evidence in Humans. , 2009, , 245-292.		2
60	Comparable Doseâ€Response Glucose Lowering Effect with Whole vs finely Ground, Novel Omegaâ€3 rich Grain Salba (Salvia Hispanica L) Baked into White Bread. FASEB Journal, 2009, 23, 351.7.	0.5	0
61	Hyperbolic Relationship Between Insulin Secretion and Sensitivity on Oral Glucose Tolerance Test. Obesity, 2008, 16, 1901-1907.	3.0	297
62	Korean red ginseng (Panax ginseng) improves glucose and insulin regulation in well-controlled, type 2 diabetes: Results of a randomized, double-blind, placebo-controlled study of efficacy and safety. Nutrition, Metabolism and Cardiovascular Diseases, 2008, 18, 46-56.	2.6	220
63	Comparable Postprandial Glucose Reductions with Viscous Fiber Blend Enriched Biscuits in Healthy Subjects and Patients with Diabetes Mellitus: Acute Randomized Controlled Clinical Trial. Croatian Medical Journal, 2008, 49, 772-782.	0.7	62
64	Glycemic Index Reduction by a Viscous Polysaccharide Blend Independent of Food Form: Determination of the Glycemic Reduction Index Potential (GRIP). FASEB Journal, 2008, 22, 305.7.	0.5	1
65	The Effects of Escalating Quantities of Salvia hispanica L. (Salba) on Postprandial Glycemia and Appetite in Healthy Individuals. FASEB Journal, 2008, 22, 305.6.	0.5	0
66	Using cereal to increase dietary fiber intake to the recommended level and the effect of fiber on bowel function in healthy persons consuming North American diets. American Journal of Clinical Nutrition, 2008, 88, 1256-62.	4.7	57
67	Defining Obesity Cut Points in a Multiethnic Population. Circulation, 2007, 115, 2111-2118.	1.6	476
68	Five batches representative of Ontario-grown American ginseng root produce comparable reductions of postprandial glycemia in healthy individualsThis article is one of a selection of papers published in this special issue (part 1 of 2) on the Safety and Efficacy of Natural Health Products.. Canadian Journal of Physiology and Pharmacology, 2007, 85, 856-864.	1.4	18
69	Î²-Glucan from Two Sources of Oat Concentrates Affect Postprandial Glycemia in Relation to the Level of Viscosity. Journal of the American College of Nutrition, 2007, 26, 639-644.	1.8	98
70	Supplementation of Conventional Therapy With the Novel Grain Salba (Salvia hispanica L.) Improves Major and Emerging Cardiovascular Risk Factors in Type 2 Diabetes. Diabetes Care, 2007, 30, 2804-2810.	8.6	156
71	When a placebo is not a ?placebo?: a placebo effect on postprandial glycaemia. British Journal of Clinical Pharmacology, 2007, 64, 546-549.	2.4	11
72	Korean Red Ginseng Rootlets Decrease Acute Postprandial Glycemia: Results from Sequential Preparation- and Dose-Finding Studies. Journal of the American College of Nutrition, 2006, 25, 100-107.	1.8	61

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73	Long-Term Intake of North American Ginseng Has No Effect on 24-Hour Blood Pressure and Renal Function. Hypertension, 2006, 47, 791-796.	2.7	48
74	INDUCED FIBER VISCOSITY TRIPLES ITS EFFECT ON POSTPRANDIAL BLOOD GLUCOSE RESPONSE. FASEB Journal, 2006, 20, A599.	0.5	10
75	Do all placebos fit the definition of a â€œplaceboâ€? The variation in glycemic response of different placebos in healthy individuals. FASEB Journal, 2006, 20, A580.	0.5	1
76	Viscosity rather than quantity determines lipid lowering effects of dietary fiber in individuals consuming typical North American diet. FASEB Journal, 2006, 20, A1027.	0.5	0
77	Î²â€glucan from oat and barley concentrates affect postprandial glycemia and insulinemia in relation to the level of viscosity. FASEB Journal, 2006, 20, A430.	0.5	5
78	A blend of highly viscous polysaccharide decreases relative CVD risk in healthy individuals and those with diabetes and metabolic syndrome. FASEB Journal, 2006, 20, A578.	0.5	1
79	Effect of Novel Grains as a source of Ã¹â€ƀ Fatty Acids and Functional food Components on Major and Emerging Risk Factors for Cardiovascular Disease in Type 2 Diabetes. FASEB Journal, 2006, 20, .	0.5	0
80	North American Ginseng Exerts a Neutral Effect on Blood Pressure in Individuals With Hypertension. Hypertension, 2005, 46, 406-411.	2.7	70
81	Herbal remedies in the management of diabetes: Lessons learned from the study of ginseng. Nutrition, Metabolism and Cardiovascular Diseases, 2005, 15, 149-160.	2.6	116
82	Glycemic Index in the Treatment of Diabetes: The Debate Continues. Journal of the American College of Nutrition, 2004, 23, 1-4.	1.8	11
83	A Systematic Quantitative Analysis of the Literature of the High Variability in Ginseng (Panax spp.): Should ginseng be trusted in diabetes?. Diabetes Care, 2004, 27, 839-840.	8.6	59
84	Decreasing, Null and Increasing Effects of Eight Popular Types of Ginseng on Acute Postprandial Glycemic Indices in Healthy Humans: The Role of Ginsenosides. Journal of the American College of Nutrition, 2004, 23, 248-258.	1.8	84
85	Associations of plasma homocysteine and the methylenetetrahydrofolate reductase C677T polymorphism with carotid intima media thickness among South Asian, Chinese and European Canadians. Atherosclerosis, 2004, 176, 361-370.	0.8	56
86	The Garden of Edenâ€"plant based diets, the genetic drive to conserve cholesterol and its implications for heart disease in the 21st century. Comparative Biochemistry and Physiology Part A, Molecular & Integrative Physiology, 2003, 136, 141-151.	1.8	33
87	Development and evaluation of cultural food frequency questionnaires for South Asians, Chinese, and Europeans in North America. Journal of the American Dietetic Association, 2003, 103, 1178-1184.	1.1	115
88	Variable effects of American ginseng: a batch of American ginseng (Panax quinquefolius L.) with a depressed ginsenoside profile does not affect postprandial glycemia. European Journal of Clinical Nutrition, 2003, 57, 243-248.	2.9	71
89	Null and Opposing Effects of Asian Ginseng (Panax ginsengC.A. Meyer) on Acute Glycemia: Results of Two Acute Dose Escalation Studies. Journal of the American College of Nutrition, 2003, 22, 524-532.	1.8	49
90	The Relationship Between Dysglycemia and Atherosclerosis in South Asian, Chinese, and European Individuals in Canada: A randomly sampled cross-sectional study. Diabetes Care, 2003, 26, 144-149.	8.6	51

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91	Soluble fiber intake at a dose approved by the US Food and Drug Administration for a claim of health benefits: serum lipid risk factors for cardiovascular disease assessed in a randomized controlled crossover trial. American Journal of Clinical Nutrition, 2002, 75, 834-839.	4.7	219
92	Highâ€“complex carbohydrate or lente carbohydrate foods?. American Journal of Medicine, 2002, 113, 30-37.	1.5	68
93	Insulin Resistance: Concepts, Controversies, and the Role of Nutrition. Canadian Journal of Dietetic Practice and Research, 2002, 63, 20-32.	0.6	20
94	Depression of the glycemic index by high levels of Î²-glucan fiber in two functional foods tested in type 2 diabetes. European Journal of Clinical Nutrition, 2002, 56, 622-628.	2.9	287
95	Effect of a very-high-fiber vegetable, fruit, and nut diet on serum lipids and colonic function. Metabolism: Clinical and Experimental, 2001, 50, 494-503.	3.4	124
96	Dilution of the 75-g oral glucose tolerance test improves overall tolerability but not reproducibility in subjects with different body compositions. Diabetes Research and Clinical Practice, 2001, 51, 87-95.	2.8	15
97	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. American Journal of Clinical Nutrition, 2001, 74, 57-63.	4.7	94
98	Reply to GMA van Rosendaal et al. American Journal of Clinical Nutrition, 2001, 73, 653-654.	4.7	1
99	Simple skinfold-thickness measurements complement conventional anthropometric assessments in predicting glucose tolerance. American Journal of Clinical Nutrition, 2001, 73, 567-573.	4.7	40
100	American ginseng (Panax quinquefolius L.) attenuates postprandial glycemia in a time-dependent but not dose-dependent manner in healthy individuals. American Journal of Clinical Nutrition, 2001, 73, 753-758.	4.7	122
101	Konjac-Mannan and American Ginsing: Emerging Alternative Therapies for Type 2 Diabetes Mellitus. Journal of the American College of Nutrition, 2001, 20, 370S-380S.	1.8	121
102	Fiber in the Treatment of Hyperlipidemia. , 2001, , 401-421.		4
103	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. Current Opinion in Lipidology, 2000, 11, 49-56.	2.7	266
104	Dietary fibre, lente carbohydrates and the insulin-resistant diseases. British Journal of Nutrition, 2000, 83, S157-S163.	2.3	187
105	Viscous fibers, health claims, and strategies to reduce cardiovascular disease risk. American Journal of Clinical Nutrition, 2000, 71, 401-402.	4.7	60
106	Effect of Cocoa Bran on Low-Density Lipoprotein Oxidation and Fecal Bulking. Archives of Internal Medicine, 2000, 160, 2374.	3.8	25
107	American Ginseng Improves Glycemia in Individuals with Normal Glucose Tolerance: Effect of Dose and Time Escalation. Journal of the American College of Nutrition, 2000, 19, 738-744.	1.8	84
108	American Ginseng (Panax quinquefolius L) Reduces Postprandial Glycemia in Nondiabetic Subjects and Subjects With Type 2 Diabetes Mellitus. Archives of Internal Medicine, 2000, 160, 1009.	3.8	315

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109	Beneficial effects of viscous dietary fiber from Konjac-mannan in subjects with the insulin resistance syndrome: results of a controlled metabolic trial.. Diabetes Care, 2000, 23, 9-14.	8.6	190
110	Similar postprandial glycemic reductions with escalation of dose and administration time of American ginseng in type 2 diabetes. Diabetes Care, 2000, 23, 1221-1226.	8.6	180
111	Effect of soy-based breakfast cereal on blood lipids and oxidized low-density lipoprotein. Metabolism: Clinical and Experimental, 2000, 49, 1496-1500.	3.4	74
112	Effect of soy protein foods on low-density lipoprotein oxidation and ex vivo sex hormone receptor activityâ€"A controlled crossover trial. Metabolism: Clinical and Experimental, 2000, 49, 537-543.	3.4	81
113	The effect of serum lipids and oxidized low-density lipoprotein of supplementing self-selected low-fat diets with soluble-fiber, soy, and vegetable protein foods. Metabolism: Clinical and Experimental, 2000, 49, 67-72.	3.4	37
114	A novel source of wheat fiber and protein: effects on fecal bulk and serum lipids. American Journal of Clinical Nutrition, 1999, 69, 226-230.	4.7	27
115	Effect of Wheat Bran on Serum Lipids: Influence of Particle Size and Wheat Protein. Journal of the American College of Nutrition, 1999, 18, 159-165.	1.8	42
116	The Effect of Wheat Bran Particle Size on Laxation and Colonic Fermentation. Journal of the American College of Nutrition, 1999, 18, 339-345.	1.8	69
117	Colonic bacterial activity and serum lipid risk factors for cardiovascular disease. Metabolism: Clinical and Experimental, 1999, 48, 264-268.	3.4	21
118	Konjac-mannan (glucomannan) improves glycemia and other associated risk factors for coronary heart disease in type 2 diabetes. A randomized controlled metabolic trial.. Diabetes Care, 1999, 22, 913-919.	8.6	222
119	Inulin, Oligofructose and Intestinal Function. Journal of Nutrition, 1999, 129, 1431S-1433S.	2.9	147
120	Effect of Meal Dilution on the Postprandial Glycemic Response: Implications for glycemic testing. Diabetes Care, 1998, 21, 711-716.	8.6	19
121	Physiological Effects of Resistant Starches on Fecal Bulk, Short Chain Fatty Acids, Blood Lipids and Glycemic Index. Journal of the American College of Nutrition, 1998, 17, 609-616.	1.8	212
122	Effect of a diet high in vegetables, fruit, and nuts on serum lipids. Metabolism: Clinical and Experimental, 1997, 46, 530-537.	3.4	68
123	Less variation of postprandial blood glucose after starchy test meals than oral glucose. Nutrition Research, 1996, 16, 899-905.	2.9	6
124	Effect of nibbling versus gorging on cardiovascular risk factors: Serum uric acid and blood lipids. Metabolism: Clinical and Experimental, 1995, 44, 549-555.	3.4	48
125	Low glycemic index: lente carbohydrates and physiological effects of altered food frequency. American Journal of Clinical Nutrition, 1994, 59, 706S-709S.	4.7	105
126	Glycaemic index of 102 complex carbohydrate foods in patients with diabetes. Nutrition Research, 1994, 14, 651-669.	2.9	162

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127	Glycaemic index of fruits and fruit products in patients with diabetes. International Journal of Food Sciences and Nutrition, 1993, 43, 205-212.	2.8	29
128	Beneficial Effect of Low-Glycemic Index Diet in Overweight NIDDM Subjects. Diabetes Care, 1992, 15, 562-564.	8.6	203
129	Metabolic advantages of spreading the nutrient load: effects of increased meal frequency in non-insulin-dependent diabetes. American Journal of Clinical Nutrition, 1992, 55, 461-467.	4.7	106
130	Specific types of colonic fermentation may raise low-density-lipoprotein-cholesterol concentrations. American Journal of Clinical Nutrition, 1991, 54, 141-147.	4.7	75
131	Effect of method of administration of psyllium on glycemic response and carbohydrate digestibility.. Journal of the American College of Nutrition, 1991, 10, 364-371.	1.8	68
132	Glycemic Index of Foods in Individual Subjects. Diabetes Care, 1990, 13, 126-132.	8.6	63
133	Metabolic effects of reducing rate of glucose ingestion by single bolus versus continuous sipping. Diabetes, 1990, 39, 775-781.	0.6	28
134	Nibbling versus Gorging: Metabolic Advantages of Increased Meal Frequency. New England Journal of Medicine, 1989, 321, 929-934.	27.0	408
135	Herbs in the Management of Diabetes Mellitus with An Emphasis on Ginseng. , 0, , 175-200.		0