

Blanca de la Cruz Torres

List of Publications by Year in descending order

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Version: 2024-02-01

48
papers

555
citations

759233

12
h-index

713466

21
g-index

50
all docs

50
docs citations

50
times ranked

565
citing authors

#	ARTICLE	IF	CITATIONS
1	Dry needling in the management of myofascial trigger points: A systematic review of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2017, 33, 46-57.	2.7	94
2	Two New Indexes for the Assessment of Autonomic Balance in Elite Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 452-457.	2.3	49
3	Analysis of heart rate variability at rest and during aerobic exercise: a study in healthy people and cardiac patients. <i>British Journal of Sports Medicine</i> , 2008, 42, 715-720.	6.7	45
4	Heart Rate Variability: a Follow-up in Elite Soccer Players Throughout the Season. <i>International Journal of Sports Medicine</i> , 2015, 36, 881-886.	1.7	36
5	Autonomic Responses to Ultrasound-Guided Percutaneous Needle Electrolysis of the Patellar Tendon in Healthy Male Footballers. <i>Acupuncture in Medicine</i> , 2016, 34, 275-279.	1.0	32
6	Ultrasound-Guided Percutaneous Needle Electrolysis in Dancers with Chronic Soleus Injury: A Randomized Clinical Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2020, 2020, 1-8.	1.2	27
7	Intrinsic foot muscles morphological modifications in patients with Achilles tendinopathy: A novel case-control research study. <i>Physical Therapy in Sport</i> , 2019, 40, 208-212.	1.9	19
8	Ultrasonography Features of the Plantar Fascia Complex in Patients with Chronic Non-Insertional Achilles Tendinopathy: A Case-Control Study. <i>Sensors</i> , 2019, 19, 2052.	3.8	18
9	Immediate effects of ultrasound-guided percutaneous neuromodulation versus physical exercise on performance of the flexor hallucis longus muscle in professional dancers: a randomised clinical trial. <i>Acupuncture in Medicine</i> , 2019, 37, 91-97.	1.0	17
10	Autonomic Responses to Ultrasound-Guided Percutaneous Needle Electrolysis: Effect of Needle Puncture or Electrical Current?. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 69-75.	2.1	16
11	Multiscale Time Irreversibility of Heartbeat at Rest and During Aerobic Exercise. <i>Cardiovascular Engineering (Dordrecht, Netherlands)</i> , 2010, 10, 1-4.	1.0	15
12	Comparison of the Abdominal Wall Muscle Thickness in Female Rugby Players Versus Non-Athletic Women: A Cross-Sectional Study. <i>Medicina (Lithuania)</i> , 2020, 56, 8.	2.0	13
13	M-Mode Ultrasound Examination of Soleus Muscle in Healthy Subjects: Intra- and Inter-Rater Reliability Study. <i>Healthcare (Switzerland)</i> , 2020, 8, 555.	2.0	13
14	Multiscale time irreversibility: Is it useful in the analysis of human gait?. <i>Biomedical Signal Processing and Control</i> , 2018, 39, 431-434.	5.7	10
15	Crossover effects of ultrasound-guided percutaneous neuromodulation on contralateral hamstring flexibility. <i>Acupuncture in Medicine</i> , 2021, 39, 512-521.	1.0	10
16	Autonomic activity in women during percutaneous needle electrolysis. <i>European Journal of Integrative Medicine</i> , 2017, 11, 53-58.	1.7	9
17	Efficacy of monopolar dielectric transmission radio frequency in panniculus adiposus and cellulite reduction. <i>Journal of Cosmetic and Laser Therapy</i> , 2017, 19, 422-426.	0.9	8
18	Comparative Effects of Oneâ€Shot Electrical Stimulation on Performance of the Flexor Hallucis Longus Muscle in Professional Dancers: Percutaneous Versus Transcutaneous?. <i>Neuromodulation</i> , 2020, 23, 865-870.	0.8	8

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19	Ultrasound imaging features of the Achilles tendon in dancers. Is there a correlation between the imaging and clinical findings? A cross-sectional study. <i>Physical Therapy in Sport</i> , 2020, 43, 181-187.	1.9	8
20	Ultrasound-Guided Percutaneous Neuromodulation in Patients with Unilateral Anterior Knee Pain: A Randomized Clinical Trial. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 4647.	2.5	8
21	Ultrasound-Guided Percutaneous Neuromodulation in Patients with Chronic Lateral Epicondylalgia: A Pilot Randomized Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4877.	2.6	8
22	Effect of adding interferential current stimulation to exercise on outcomes in primary care patients with chronic neck pain: a randomized controlled trial. <i>Clinical Rehabilitation</i> , 2019, 33, 1458-1467.	2.2	7
23	Influencia del tapiz rodante sobre la variabilidad de la marcha en sujetos jóvenes y sanos. <i>Revista Andaluza De Medicina Del Deporte</i> , 2012, 5, 53-56.	0.1	6
24	Ultrasound imaging evaluation of structural and textural features in asymptomatic achilles tendons in pre-professional dancers: A cross-sectional study. <i>Physical Therapy in Sport</i> , 2020, 44, 85-91.	1.9	6
25	Does Function Determine the Structure? Changes in Flexor Hallucis Longus Muscle and the Associated Performance Related to Dance Modality: A Cross-Sectional Study. <i>Medicina (Lithuania)</i> , 2020, 56, 186.	2.0	6
26	Correct Sciatic Nerve Management to Apply Ultrasound-Guided Percutaneous Neuromodulation in Patients With Chronic Low Back Pain: A Pilot Study. <i>Neuromodulation</i> , 2021, 24, 1067-1074.	0.8	6
27	Full Band Spectra Analysis of Gait Acceleration Signals for Peripheral Arterial Disease Patients. <i>Frontiers in Physiology</i> , 2018, 9, 1061.	2.8	5
28	Effects of Novel Inverted Rocker Orthoses for First Metatarsophalangeal Joint on Gastrocnemius Muscle Electromyographic Activity during Running: A Cross-Sectional Pilot Study. <i>Sensors</i> , 2020, 20, 3205.	3.8	5
29	Heart Rate Variability Monitoring during Interferential Current Application in the Lower Back Area: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3394.	2.6	5
30	Cross-cultural adaptation of the Victorian institute of sports assessment - Hamstrings (VISA-H) questionnaire for Spanish speaking athletes with proximal hamstring tendinopathy. <i>Physical Therapy in Sport</i> , 2021, 51, 50-57.	1.9	5
31	Strength-Duration Curves of Radial Nerve in Patients With Lateral Elbow Pain. <i>Journal of Sport Rehabilitation</i> , 2020, 29, 754-759.	1.0	5
32	Implementation of a Classroom Program of Physiotherapy among Spanish Adolescents with Back Pain: A Collaborative Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4806.	2.6	4
33	Ankle Taping Effectiveness for the Decreasing Dorsiflexion Range of Motion in Elite Soccer and Basketball Players U18 in a Single Training Session: A Cross-Sectional Pilot Study. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 3759.	2.5	4
34	Ultrasound Imaging Evaluation of Textural Features in Athletes with Soleus Pathology: A Novel Case-Control Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1983.	2.6	4
35	Efectos sobre la tensión neural adversa medida mediante test de Slump tras punción seca de punto gatillo miofascial del músculo gastrocnemio. <i>Fisioterapia</i> , 2014, 36, 127-134.	0.2	3
36	Therapeutic physical exercise for lower limb overpronation in young athletes. <i>European Journal of Integrative Medicine</i> , 2015, 7, 211-217.	1.7	3

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37	Acute Effects of a Single Football Training or Match on Passive Hip Rotation Range of Motion in Semi-Professional Football Players: A Pilot Study. <i>Medicina (Lithuania)</i> , 2020, 56, 228.	2.0	3
38	Kinematic Effect on the Navicular Bone with the Use of Rearfoot Varus Wedge. <i>Sensors</i> , 2022, 22, 815.	3.8	3
39	Muscular Echovariation as a New Biomarker for the Classification of Soleus Muscle Pathology: A Cross-Sectional Study. <i>Diagnostics</i> , 2021, 11, 1884.	2.6	2
40	Innovative Medial Cushioning Orthoses Affect Peroneus Longus Electromyographic Activity during Running. <i>Journal of Clinical Medicine</i> , 2022, 11, 1339.	2.4	2
41	Electroterapia en el abordaje de la cervicalgia mecánica inespecífica. Revisión sistemática de la evidencia científica disponible. <i>Fisioterapia</i> , 2019, 41, 157-171.	0.2	1
42	Effectiveness of a 12-Week Physical Exercise Program on Lower-Limb Malalignment in School-age Rugby: A Randomized Clinical Trial. <i>Journal of Manipulative and Physiological Therapeutics</i> , 2020, 43, 531-538.	0.9	1
43	Effect of ultrasound-guided percutaneous neuromodulation applied to the femoral nerve on pain and range of motion in patients with anterior knee pain: A case study. <i>Revista Fisioterapia Invasiva / Journal of Invasive Techniques in Physical Therapy</i> , 2020, 03, 030-034.	0.1	1
44	Cross-Cultural Adaptation of the Dance Functional Outcome Survey (DFOS) for Spanish Dancers. <i>Diagnostics</i> , 2020, 10, 169.	2.6	1
45	Immediate effects and one-week follow-up after neuromuscular electric stimulation alone or combined with stretching on hamstrings extensibility in healthy football players with hamstring shortening. <i>Journal of Bodywork and Movement Therapies</i> , 2019, 23, 16-22.	1.2	0
46	Muscle Quality Assessment by Ultrasound Imaging of the Intrinsic Foot Muscles in Individuals with and without Plantar Fasciitis: A Case-Control Study. <i>Healthcare (Switzerland)</i> , 2022, 10, 526.	2.0	0
47	Features of Extrinsic Plantar Muscles in Patients with Plantar Fasciitis by Ultrasound Imaging: A Retrospective Case Control Research. <i>Diagnostics</i> , 2022, 12, 897.	2.6	0
48	Assessment of a New Lateral Cushioned Casting Orthosis: Effects on Peroneus Longus Muscle Electromyographic Activity During Running. <i>Orthopaedic Journal of Sports Medicine</i> , 2021, 9, 232596712110591.	1.7	0