

# paul Gilbert

## List of Publications by Year in descending order

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255  
papers

21,289  
citations

10956

71  
h-index

12558

132  
g-index

266  
all docs

266  
docs citations

266  
times ranked

9500  
citing authors

#	ARTICLE	IF	CITATIONS
1	Compassionate mind training for people with high shame and self-criticism: overview and pilot study of a group therapy approach. <i>Clinical Psychology and Psychotherapy</i> , 2006, 13, 353-379.	1.4	1,178
2	Introducing compassion-focused therapy. <i>Advances in Psychiatric Treatment</i> , 2009, 15, 199-208.	0.6	888
3	The origins and nature of compassion focused therapy. <i>British Journal of Clinical Psychology</i> , 2014, 53, 6-41.	1.7	843
4	The role of defeat and entrapment (arrested flight) in depression: an exploration of an evolutionary view. <i>Psychological Medicine</i> , 1998, 28, 585-598.	2.7	700
5	Compassion Focused Therapy. , 0, , .		678
6	Fears of compassion: Development of three self-report measures. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 239-255.	1.3	622
7	Criticizing and reassuring oneself: An exploration of forms, styles and reasons in female students. <i>British Journal of Clinical Psychology</i> , 2004, 43, 31-50.	1.7	571
8	The Social Competition Hypothesis of Depression. <i>British Journal of Psychiatry</i> , 1994, 164, 309-315.	1.7	493
9	The relationship of shame, social anxiety and depression: the role of the evaluation of social rank. <i>Clinical Psychology and Psychotherapy</i> , 2000, 7, 174-189.	1.4	463
10	The power and omnipotence of voices: subordination and entrapment by voices and significant others. <i>Psychological Medicine</i> , 2000, 30, 337-344.	2.7	437
11	The evolution of social attractiveness and its role in shame, humiliation, guilt and therapy. <i>The British Journal of Medical Psychology</i> , 1997, 70, 113-147.	0.6	361
12	A social comparison scale: Psychometric properties and relationship to psychopathology. <i>Personality and Individual Differences</i> , 1995, 19, 293-299.	1.6	346
13	Having a word with yourself: Neural correlates of self-criticism and self-reassurance. <i>NeuroImage</i> , 2010, 49, 1849-1856.	2.1	297
14	An exploration of shame measuresâ€™: The other as Shamer scale. <i>Personality and Individual Differences</i> , 1994, 17, 713-717.	1.6	281
15	EVOLUTION AND SOCIAL ANXIETY. <i>Psychiatric Clinics of North America</i> , 2001, 24, 723-751.	0.7	265
16	Guilt, fear, submission, and empathy in depression. <i>Journal of Affective Disorders</i> , 2002, 71, 19-27.	2.0	261
17	Submissive behaviour and psychopathology. <i>British Journal of Clinical Psychology</i> , 1997, 36, 467-488.	1.7	254
18	The development of compassionate engagement and action scales for self and others. <i>Journal of Compassionate Health Care</i> , 2017, 4, .	1.2	247

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19	Social comparison, social attractiveness and evolution: How might they be related?. <i>New Ideas in Psychology</i> , 1995, 13, 149-165.	1.2	239
20	Evolution and depression: issues and implications. <i>Psychological Medicine</i> , 2006, 36, 287-297.	2.7	226
21	New theoretical conceptions of social anxiety and social phobia. <i>Clinical Psychology Review</i> , 1989, 9, 19-35.	6.0	225
22	Interpersonal and role-related schema influence the relationship with the dominant "voice"™ in schizophrenia: a comparison of three models. <i>Psychological Medicine</i> , 2004, 34, 1571-1580.	2.7	215
23	Exploring change processes in compassion focused therapy in psychosis: Results of a feasibility randomized controlled trial. <i>British Journal of Clinical Psychology</i> , 2013, 52, 199-214.	1.7	213
24	Evolution, Social Roles, and the Differences in Shame and Guilt. , 2003, 70, 1205-1230.		208
25	Sensitivity to Social Put-Down: it's relationship to perceptions of social rank, shame, social anxiety, depression, anger and self-other blame. <i>Personality and Individual Differences</i> , 2000, 29, 757-774.	1.6	198
26	An Introduction to Compassion Focused Therapy in Cognitive Behavior Therapy. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 97-112.	1.3	195
27	Compassionate mind training with people who hear malevolent voices: a case series report. <i>Clinical Psychology and Psychotherapy</i> , 2008, 15, 113-138.	1.4	193
28	Social anxiety and the shame of psychosis: A study in first episode psychosis. <i>Behaviour Research and Therapy</i> , 2007, 45, 1025-1037.	1.6	190
29	Embodying self-compassion within virtual reality and its effects on patients with depression. <i>BJPsych Open</i> , 2016, 2, 74-80.	0.3	190
30	Feeling safe and content: A specific affect regulation system? Relationship to depression, anxiety, stress, and self-criticism. <i>Journal of Positive Psychology</i> , 2008, 3, 182-191.	2.6	188
31	Evolutionary Approaches to Psychopathology: The Role of Natural Defences. <i>Australian and New Zealand Journal of Psychiatry</i> , 2001, 35, 17-27.	1.3	178
32	A pilot exploration of the use of compassionate images in a group of self-critical people. <i>Memory</i> , 2004, 12, 507-516.	0.9	173
33	Self-Criticism and Self-Warmth: An Imagery Study Exploring Their Relation to Depression. <i>Journal of Cognitive Psychotherapy</i> , 2006, 20, 183-200.	0.2	173
34	Relationship of anhedonia and anxiety to social rank, defeat and entrapment. <i>Journal of Affective Disorders</i> , 2002, 71, 141-151.	2.0	172
35	Fears of compassion and happiness in relation to alexithymia, mindfulness, and self-criticism. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2012, 85, 374-390.	1.3	169
36	Evolved mechanisms in depression: the role and interaction of attachment and social rank in depression. <i>Journal of Affective Disorders</i> , 2003, 74, 107-121.	2.0	168

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37	Mentalizing, motivation, and social mentalities: Theoretical considerations and implications for psychotherapy. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 9-25.	1.3	166
38	The evolved basis and adaptive functions of cognitive distortions. <i>The British Journal of Medical Psychology</i> , 1998, 71, 447-463.	0.6	163
39	Problems in identifying predictors and correlates of weight loss and maintenance: implications for weight control therapies based on behaviour change. <i>Obesity Reviews</i> , 2011, 12, 688-708.	3.1	159
40	An Evaluation of the Impact of Introducing Compassion Focused Therapy to a Standard Treatment Programme for People with Eating Disorders. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 1-12.	1.4	154
41	The dark side of competition: How competitive behaviour and striving to avoid inferiority are linked to depression, anxiety, stress and self-harm. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2009, 82, 123-136.	1.3	153
42	An exploration of shame, social rank and rumination in relation to depression. <i>Personality and Individual Differences</i> , 2004, 36, 1143-1153.	1.6	151
43	An exploration of evolved mental mechanisms for dominant and subordinate behaviour in relation to auditory hallucinations in schizophrenia and critical thoughts in depression. <i>Psychological Medicine</i> , 2001, 31, 1117-1127.	2.7	150
44	Evolved mechanisms in adolescent anxiety and depression symptoms: the role of the attachment and social rank systems. <i>Journal of Adolescence</i> , 2005, 28, 325-341.	1.2	146
45	Self-harm in a mixed clinical population: The roles of self-criticism, shame, and social rank. <i>British Journal of Clinical Psychology</i> , 2010, 49, 563-576.	1.7	143
46	Assertiveness, submissive behaviour and social comparison. <i>British Journal of Clinical Psychology</i> , 1994, 33, 295-306.	1.7	139
47	Compassion: From Its Evolution to a Psychotherapy. <i>Frontiers in Psychology</i> , 2020, 11, 586161.	1.1	137
48	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. <i>Mindfulness</i> , 2017, 8, 1699-1712.	1.6	133
49	Parental recall, attachment relating and self-attacking/self-reassurance: Their relationship with depression. <i>British Journal of Clinical Psychology</i> , 2006, 45, 297-308.	1.7	131
50	An exploration of shame measuresâ€”II: psychopathology. <i>Personality and Individual Differences</i> , 1994, 17, 719-722.	1.6	122
51	Anger and anger expression in relation to perceptions of social rank, entrapment and depressive symptoms. <i>Personality and Individual Differences</i> , 2002, 32, 551-565.	1.6	121
52	Who Benefits from Training in Self-Compassionate Self-Regulation? A Study of Smoking Reduction. <i>Journal of Social and Clinical Psychology</i> , 2010, 29, 727-755.	0.2	120
53	Explorations into the nature and function of compassion. <i>Current Opinion in Psychology</i> , 2019, 28, 108-114.	2.5	118
54	The Evolution and Social Dynamics of Compassion. <i>Social and Personality Psychology Compass</i> , 2015, 9, 239-254.	2.0	113

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55	Effects of intranasal oxytocin on 'compassion focused imagery'.. Emotion, 2011, 11, 1388-1396.	1.5	110
56	The Effect of Shame and Shame Memories on Paranoid Ideation and Social Anxiety. Clinical Psychology and Psychotherapy, 2013, 20, 334-349.	1.4	109
57	A focus group exploration of the impact of izzat, shame, subordination and entrapment on mental health and service use in South Asian women living in Derby. Mental Health, Religion and Culture, 2004, 7, 109-130.	0.6	107
58	The Current and Future Role of Heart Rate Variability for Assessing and Training Compassion. Frontiers in Public Health, 2017, 5, 40.	1.3	104
59	Embodying Compassion: A Virtual Reality Paradigm for Overcoming Excessive Self-Criticism. PLoS ONE, 2014, 9, e111933.	1.1	102
60	The design of compassionate care. Journal of Clinical Nursing, 2014, 23, 3589-3599.	1.4	100
61	Evolutionary psychopathology: Why isn't the mind designed better than it is?. The British Journal of Medical Psychology, 1998, 71, 353-373.	0.6	99
62	Development of an early memories of warmth and safeness scale and its relationship to psychopathology. Psychology and Psychotherapy: Theory, Research and Practice, 2009, 82, 171-184.	1.3	98
63	Fears of happiness and compassion in relationship with depression, alexithymia, and attachment security in a depressed sample. British Journal of Clinical Psychology, 2014, 53, 228-244.	1.7	98
64	An Exploration of Group-Based Compassion Focused Therapy for a Heterogeneous Range of Clients Presenting to a Community Mental Health Team. International Journal of Cognitive Therapy, 2012, 5, 420-429.	1.3	97
65	Defence and safety: Their function in social behaviour and psychopathology. British Journal of Clinical Psychology, 1993, 32, 131-153.	1.7	93
66	Recall of threat and submissiveness in childhood: development of a new scale and its relationship with depression, social comparison and shame. Clinical Psychology and Psychotherapy, 2003, 10, 108-115.	1.4	93
67	The relation of entrapment, shame and guilt to depression, in carers of people with dementia. Aging and Mental Health, 2006, 10, 101-106.	1.5	91
68	Forms of Self-Criticising/Attacking & Self-Reassuring Scale: Psychometric properties and normative study. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 438-452.	1.3	89
69	Parental representations, shame, interpersonal problems, and vulnerability to psychopathology. Clinical Psychology and Psychotherapy, 1996, 3, 23-34.	1.4	87
70	The relation of paranoid ideation and social anxiety in a mixed clinical population. Clinical Psychology and Psychotherapy, 2005, 12, 124-133.	1.4	85
71	A Compassion Focused Model of Recovery after Psychosis. International Journal of Cognitive Therapy, 2010, 3, 186-201.	1.3	82
72	Life events, entrapments and arrested anger in depression. Journal of Affective Disorders, 2004, 79, 149-160.	2.0	80

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73	Social Safeness, Received Social Support, and Maladjustment: Testing a Tripartite Model of Affect Regulation. <i>Cognitive Therapy and Research</i> , 2012, 36, 815-826.	1.2	80
74	Neurophysiological and behavioural markers of compassion. <i>Scientific Reports</i> , 2020, 10, 6789.	1.6	79
75	Paranoid beliefs and self-criticism in students. <i>Clinical Psychology and Psychotherapy</i> , 2007, 14, 358-364.	1.4	78
76	Ability to receive compassion from others buffers the depressogenic effect of self-criticism: A cross-cultural multi-study analysis. <i>Personality and Individual Differences</i> , 2016, 98, 324-332.	1.6	77
77	The compassionate vagus: A meta-analysis on the connection between compassion and heart rate variability. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 116, 21-30.	2.9	77
78	Development of a striving to avoid inferiority scale. <i>British Journal of Social Psychology</i> , 2007, 46, 633-648.	1.8	75
79	An Exploration into Depression-Focused and Anger-Focused Rumination in Relation to Depression in a Student Population. <i>Behavioural and Cognitive Psychotherapy</i> , 2005, 33, 273-283.	0.9	71
80	Social rank, shame and anger in primary and secondary psychopaths. <i>Journal of Forensic Psychiatry Psychology</i> , 2001, 12, 330-356.	0.4	70
81	Cultural differences in shame-focused attitudes towards mental health problems in Asian and Non-Asian student women. <i>Mental Health, Religion and Culture</i> , 2007, 10, 127-141.	0.6	69
82	The Other As Shamer Scale "2: Development and validation of a short version of a measure of external shame. <i>Personality and Individual Differences</i> , 2015, 74, 6-11.	1.6	68
83	Psychological impact of unemployment: Interactive effects of vulnerability and protective factors on depression.. <i>Journal of Counseling Psychology</i> , 1991, 38, 76-84.	1.4	67
84	Depression and Stress: A Biopsychosocial Exploration of Evolved Functions and Mechanisms. <i>Stress</i> , 2001, 4, 121-135.	0.8	67
85	Compassion Focused Therapy After Traumatic Brain Injury: Theoretical Foundations and a Case Illustration. <i>Brain Impairment</i> , 2011, 12, 128-139.	0.5	67
86	The Language of Compassion in Acute Mental Health Care. <i>Qualitative Health Research</i> , 2013, 23, 719-727.	1.0	65
87	Compassion Motivations: Distinguishing Submissive Compassion From Genuine Compassion and its Association With Shame, Submissive Behavior, Depression, Anxiety and Stress. <i>Journal of Social and Clinical Psychology</i> , 2014, 33, 399-412.	0.2	61
88	An Evolutionary Approach to Emotion in Mental Health With a Focus on Affiliative Emotions. <i>Emotion Review</i> , 2015, 7, 230-237.	2.1	60
89	Differences in the Semantics of Prosocial Words: an Exploration of Compassion and Kindness. <i>Mindfulness</i> , 2019, 10, 2259-2271.	1.6	59
90	Evolutionary Approaches to Psychopathology and Cognitive Therapy. <i>Journal of Cognitive Psychotherapy</i> , 2002, 16, 263-294.	0.2	58

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91	Psychotherapy for the 21st century: An integrative, evolutionary, contextual, biopsychosocial approach. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 164-189.	1.3	55
92	Dimensions of perfectionism: A study exploring their relationship with perceived social rank and status. <i>Personality and Individual Differences</i> , 1998, 24, 71-79.	1.6	54
93	Biopsychosocial approaches and evolutionary theory as aids to integration in clinical psychology and psychotherapy. <i>Clinical Psychology and Psychotherapy</i> , 1995, 2, 135-156.	1.4	53
94	Compassion Focused Approaches to Working With Distressing Voices. <i>Frontiers in Psychology</i> , 2019, 10, 152.	1.1	52
95	Compassion Focused Therapy: A Special Section. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 95-96.	1.3	51
96	The crisis of psychiatry – insights and prospects from evolutionary theory. <i>World Psychiatry</i> , 2012, 11, 55-57.	4.8	51
97	Rank perception and self-evaluation in eating disorders. <i>International Journal of Eating Disorders</i> , 2014, 47, 543-552.	2.1	50
98	The Factor Structure of the Forms of Self-Criticising/Attacking & Self-Reassuring Scale in Thirteen Distinct Populations. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2018, 40, 736-751.	0.7	50
99	Compassion as a social mentality. , 2017, , 31-68.		50
100	Shame, self-criticism, and self-compassion in adolescence. , 2008, , 195-214.		49
101	Adaptive Function of Depression: Psychotherapeutic Implications. <i>American Journal of Psychotherapy</i> , 1994, 48, 401-416.	0.4	47
102	Recall of shame and favouritism in relation to psychopathology. <i>British Journal of Clinical Psychology</i> , 1999, 38, 357-373.	1.7	46
103	Involuntary subordination or dependency as key dimensions of depressive vulnerability?. <i>Journal of Clinical Psychology</i> , 1995, 51, 740-752.	1.0	46
104	Investigating relationships between perfectionism, forms and functions of self-criticism, and sensitivity to put-down. <i>Personality and Individual Differences</i> , 2006, 41, 1299-1308.	1.6	43
105	Social rank and attachment in people with a bipolar disorder. <i>Clinical Psychology and Psychotherapy</i> , 2007, 14, 48-53.	1.4	43
106	The emergence of the compassion focused therapies. , 2017, , 258-285.		43
107	Entrapment and arrested fight and flight in depression: An exploration using focus groups. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2003, 76, 173-188.	1.3	39
108	A proof-of-concept pilot randomized comparative trial of brief Internet-based compassionate mind training and cognitive-behavioral therapy for perinatal and intending to become pregnant women. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 608-619.	1.4	38

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109	The Impact of Shame, Self-Criticism and Social Rank on Eating Behaviours in Overweight and Obese Women Participating in a Weight Management Programme. PLoS ONE, 2017, 12, e0167571.	1.1	37
110	Self-compassion, social rank, and psychological distress in athletes of varying competitive levels. Psychology of Sport and Exercise, 2020, 50, 101733.	1.1	37
111	Fears of Compassion in a Depressed Population Implication for Psychotherapy. Journal of Depression & Anxiety, 2014, S2, .	0.1	36
112	Compassion Protects Mental Health and Social Safeness During the COVID-19 Pandemic Across 21 Countries. Mindfulness, 2022, 13, 863-880.	1.6	36
113	Interpersonal sensitivities: Their links to mood, anger and gender. Psychology and Psychotherapy: Theory, Research and Practice, 2006, 79, 37-51.	1.3	35
114	Practical compassions: repertoires of practice and compassion talk in acute mental healthcare. Sociology of Health and Illness, 2014, 36, 383-399.	1.1	35
115	Measurement of External Shame: An Inside View. Journal of Personality Assessment, 2015, 97, 81-89.	1.3	35
116	Styles of Leadership, Fears of Compassion, and Competing to Avoid Inferiority. Frontiers in Psychology, 2018, 9, 2460.	1.1	35
117	Do therapeutic imagery practices affect physiological and emotional indicators of threat in high self-critics?. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 270-284.	1.3	34
118	The Evolution of Prosocial and Antisocial Competitive Behavior and the Emergence of Prosocial and Antisocial Leadership Styles. Frontiers in Psychology, 2019, 10, 610.	1.1	34
119	Acne: A biopsychosocial and evolutionary perspective with a focus on shame. British Journal of Health Psychology, 2001, 6, 1-24.	1.9	32
120	Eating Attitudes and Striving to Avoid Inferiority. Eating Disorders, 2006, 14, 313-322.	1.9	32
121	A pilot feasibility study exploring the practising of compassionate imagery exercises in a nonclinical population. Psychology and Psychotherapy: Theory, Research and Practice, 2016, 89, 239-243.	1.3	32
122	Self-criticism and self-reassurance as mediators between mental health attitudes and symptoms: Attitudes toward mental health problems in Japanese workers. Asian Journal of Social Psychology, 2019, 22, 183-192.	1.1	32
123	The role of social connection on the experience of COVID-19 related post-traumatic growth and stress. PLoS ONE, 2021, 16, e0261384.	1.1	32
124	Entrapment and Defeat Perceptions in Depressive Symptomatology: Through an Evolutionary Approach. Psychiatry (New York), 2013, 76, 53-67.	0.3	31
125	Compassion-focused therapy: Preface and introduction for special section. British Journal of Clinical Psychology, 2014, 53, 1-5.	1.7	31
126	Endogenous oxytocin is associated with the experience of compassion and recalled upbringing in Borderline Personality Disorder. Depression and Anxiety, 2018, 35, 50-57.	2.0	31



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127	Body dysmorphic disorder: The functional and evolutionary context in phenomenology and a compassionate mind. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 150-160.	0.7	30
128	Recreational 3,4-methylenedioxy-N-methylamphetamine (MDMA) or "ecstasy" and self-focused compassion: Preliminary steps in the development of a therapeutic psychopharmacology of contemplative practices. <i>Journal of Psychopharmacology</i> , 2015, 29, 961-970.	2.0	30
129	Self-reassurance, not self-esteem, serves as a buffer between self-criticism and depressive symptoms. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 394-406.	1.3	30
130	Affiliative and prosocial motives and emotions in mental health. <i>Dialogues in Clinical Neuroscience</i> , 2015, 17, 381-389.	1.8	30
131	A tailored compassion-focused therapy program for sexual minority young adults with depressive symptomatology: study protocol for a randomized controlled trial. <i>BMC Psychology</i> , 2017, 5, 5.	0.9	29
132	The evolution and manifestation of social anxiety. , 1990, , 144-178.		28
133	Depression: A Biopsychosocial, Integrative, and Evolutionary Approach. , 0, , 99-142.		28
134	Evaluation of a Compassionate Mind Training Intervention with School Teachers and Support Staff. <i>Mindfulness</i> , 2019, 10, 2245-2258.	1.6	28
135	Development and validation of the forms of Self-Criticizing/Attacking and Self-Reassuring Scale"Short Form.. <i>Psychological Assessment</i> , 2018, 30, 729-743.	1.2	28
136	Predictors of Painkiller Dependence among People with Pain in the General Population. <i>Pain Medicine</i> , 2014, 15, 613-624.	0.9	27
137	Social Anxiety, Evolution, and Self-Presentation. , 1990, , 11-45.		27
138	Testing a German Adaption of the Entrapment Scale and Assessing the Relation to Depression. <i>Depression Research and Treatment</i> , 2010, 2010, 1-10.	0.7	26
139	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. <i>Mindfulness</i> , 2018, 9, 1224-1235.	1.6	26
140	Shyness, Social Anxiety, and Social Phobia. , 2014, , 95-115.		25
141	"A definite feel" moment" Embodiment, externalisation and emotion during chairwork in compassion-focused therapy. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 143-153.	1.7	25
142	Fears of compassion magnify the harmful effects of threat of COVID-19 on mental health and social safeness across 21 countries. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1317-1333.	1.4	25
143	Shame in psychotherapy and the role of compassion focused therapy.. , 0, , 325-354.		25
144	The relationship between the Eysenck Personality Questionnaire and Beck's concepts of sociotropy and autonomy. <i>British Journal of Clinical Psychology</i> , 1990, 29, 319-325.	1.7	23

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145	The interactive functioning of anxiety and depression in agonistic encounters and reconciliation. <i>Journal of Affective Disorders</i> , 2006, 90, 93-99.	2.0	23
146	A New Therapeutic Community: Development of a Compassion-Focused and Contextual Behavioural Environment. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 285-303.	1.4	23
147	The development of fears of compassion scale Japanese version. <i>PLoS ONE</i> , 2017, 12, e0185574.	1.1	23
148	An exploration of competitiveness and caring in relation to psychopathology. <i>British Journal of Clinical Psychology</i> , 2012, 51, 19-36.	1.7	22
149	Facial Expressions Depicting Compassionate and Critical Emotions: The Development and Validation of a New Emotional Face Stimulus Set. <i>PLoS ONE</i> , 2014, 9, e88783.	1.1	22
150	Treating hoarding disorder with compassion-focused therapy: A pilot study examining treatment feasibility, acceptability, and exploring treatment effects. <i>British Journal of Clinical Psychology</i> , 2020, 59, 1-21.	1.7	22
151	Creating a Compassionate World: Addressing the Conflicts Between Sharing and Caring Versus Controlling and Holding Evolved Strategies. <i>Frontiers in Psychology</i> , 2020, 11, 582090.	1.1	22
152	Human Nature and Suffering. , 0, , .		22
153	Early experiences and subsequent psychosocial adaptation. An introduction. <i>Clinical Psychology and Psychotherapy</i> , 2000, 7, 243-245.	1.4	21
154	Commentary Regarding Wilson et al. (2018) "Effectiveness of "Self-Compassion"™ Related Therapies: a Systematic Review and Meta-analysis." All Is Not as It Seems. <i>Mindfulness</i> , 2019, 10, 1006-1016.	1.6	21
155	The Impact of Self-Criticism and Self-Reassurance on Weight-Related Affect and Well-Being in Participants of a Commercial Weight Management Programme. <i>Obesity Facts</i> , 2017, 10, 65-75.	1.6	20
156	Emotional Memory, Mindfulness and Compassion. , 2009, , 99-110.		19
157	Building an integrative science for psychotherapy for the 21st century: Preface and introduction. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 151-163.	1.3	19
158	The efficacy of the PSYCHOPATHY.COMP program in reducing psychopathic traits: A controlled trial with male detained youth.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 499-513.	1.6	19
159	An Evolutionary Approach to Shame-Based Self-Criticism, Self-Forgiveness, and Compassion. , 2017, , 29-41.		19
160	A pilot study of gender of voice and gender of voice hearer in psychotic voice hearers. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2006, 79, 517-527.	1.3	18
161	Compassion Fears, Blocks and Resistances. , 2017, , .		18
162	Compassionate faces: Evidence for distinctive facial expressions associated with specific prosocial motivations. <i>PLoS ONE</i> , 2019, 14, e0210283.	1.1	18

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163	Distinguishing Shame, Humiliation and Guilt: An Evolutionary Functional Analysis and Compassion Focused Interventions. , 2019, , 413-431.		18
164	The socially anxious perspective in face-to-face interaction: an experimental comparison. Clinical Psychology and Psychotherapy, 1998, 5, 155-166.	1.4	17
165	Social rank, interpersonal trust and recall of parental rearing in relation to homesickness. Personality and Individual Differences, 2005, 38, 1813-1822.	1.6	17
166	Fears of Negative Emotions in Relation to Fears of Happiness, Compassion, Alexithymia and Psychopathology in a Depressed Population: A Preliminary Study. Journal of Depression & Anxiety, 2014, S2, .	0.1	17
167	Shame and the vulnerable self in medical contexts: the compassionate solution. Medical Humanities, 2017, 43, 211-217.	0.6	17
168	Compassion-focused therapy with children and adolescents. BJ Psych Advances, 2017, 23, 240-252.	0.5	17
169	Measuring vulnerability to threats to self-construction: The Self and Other Scale. Psychology and Psychotherapy: Theory, Research and Practice, 2002, 75, 279-293.	1.3	16
170	Compassion-Focused Therapy. , 2012, , 140-165.		15
171	Nurturing compassion in schools: A randomized controlled trial of the effectiveness of a Compassionate Mind Training program for teachers. PLoS ONE, 2022, 17, e0263480.	1.1	15
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