

Sarah J Hardcastle

List of Publications by Year in descending order

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Version: 2024-02-01

74
papers

3,091
citations

136950

32
h-index

168389

53
g-index

76
all docs

76
docs citations

76
times ranked

3921
citing authors

#	ARTICLE	IF	CITATIONS
1	Identifying content-based and relational techniques to change behaviour in motivational interviewing. <i>Health Psychology Review</i> , 2017, 11, 1-16.	8.6	200
2	Effectiveness of a motivational interviewing intervention on weight loss, physical activity and cardiovascular disease risk factors: a randomised controlled trial with a 12-month post-intervention follow-up. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 40.	4.6	191
3	A randomised controlled trial on the effectiveness of a primary health care based counselling intervention on physical activity, diet and CHD risk factors. <i>Patient Education and Counseling</i> , 2008, 70, 31-39.	2.2	180
4	Why sprint interval training is inappropriate for a largely sedentary population. <i>Frontiers in Psychology</i> , 2014, 5, 1505.	2.1	148
5	Motivating the unmotivated: how can health behavior be changed in those unwilling to change?. <i>Frontiers in Psychology</i> , 2015, 6, 835.	2.1	127
6	Perceived autonomy support and autonomous motivation toward mathematics activities in educational and out-of-school contexts is related to mathematics homework behavior and attainment. <i>Contemporary Educational Psychology</i> , 2015, 41, 111-123.	2.9	122
7	Autonomous and controlled motivational regulations for multiple health-related behaviors: between- and within-participants analyses. <i>Health Psychology and Behavioral Medicine</i> , 2014, 2, 565-601.	1.8	120
8	Modal salient belief and social cognitive variables of anti-doping behaviors in sport: Examining an extended model of the theory of planned behavior. <i>Psychology of Sport and Exercise</i> , 2015, 16, 164-174.	2.1	99
9	Interpersonal style should be included in taxonomies of behavior change techniques. <i>Frontiers in Psychology</i> , 2014, 5, 254.	2.1	88
10	Factors influencing non-participation in an exercise program and attitudes towards physical activity amongst cancer survivors. <i>Supportive Care in Cancer</i> , 2018, 26, 1289-1295.	2.2	85
11	Feeling of Pleasure to High-Intensity Interval Exercise Is Dependent of the Number of Work Bouts and Physical Activity Status. <i>PLoS ONE</i> , 2016, 11, e0152752.	2.5	84
12	Knowledge, attitudes, and practice of oncologists and oncology health care providers in promoting physical activity to cancer survivors: an international survey. <i>Supportive Care in Cancer</i> , 2018, 26, 3711-3719.	2.2	78
13	Effective Physical Activity Promotion to Survivors of Cancer Is Likely to Be Home Based and to Require Oncologist Participation. <i>Journal of Clinical Oncology</i> , 2017, 35, 3635-3637.	1.6	70
14	Applying the integrated trans-contextual model to mathematics activities in the classroom and homework behavior and attainment. <i>Learning and Individual Differences</i> , 2016, 45, 166-175.	2.7	67
15	The effectiveness of a motivational interviewing primary-care based intervention on physical activity and predictors of change in a disadvantaged community. <i>Journal of Behavioral Medicine</i> , 2012, 35, 318-333.	2.1	65
16	Patients' Perceptions and Experiences of Familial Hypercholesterolemia, Cascade Genetic Screening and Treatment. <i>International Journal of Behavioral Medicine</i> , 2015, 22, 92-100.	1.7	63
17	Food Choice and Nutrition: A Social Psychological Perspective. <i>Nutrients</i> , 2015, 7, 8712-8715.	4.1	59
18	Self-determined motivation in sport predicts anti-doping motivation and intention: A perspective from the trans-contextual model. <i>Journal of Science and Medicine in Sport</i> , 2015, 18, 315-322.	1.3	57

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19	“You Can’t Do It on Your Own”: Experiences of a motivational interviewing intervention on physical activity and dietary behaviour. <i>Psychology of Sport and Exercise</i> , 2011, 12, 314-323.	2.1	54
20	Finding an exercise identity in an older body: “It’s redefining yourself and working out who you are”. <i>Psychology of Sport and Exercise</i> , 2005, 6, 173-188.	2.1	51
21	Looking for More than Weight Loss and Fitness Gain: Psychosocial Dimensions among Older Women in a Primary-Care Exercise-Referral Program. <i>Journal of Aging and Physical Activity</i> , 2001, 9, 313-328.	1.0	50
22	Exploring the perceived effectiveness of a life skills development program for high-performance athletes. <i>Psychology of Sport and Exercise</i> , 2015, 16, 139-149.	2.1	50
23	Health and doping in elite-level cycling. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012, 22, 596-606.	2.9	49
24	A qualitative study exploring health perceptions and factors influencing participation in health behaviors in colorectal cancer survivors. <i>Psycho-Oncology</i> , 2017, 26, 199-205.	2.3	44
25	A minimum price per unit of alcohol: A focus group study to investigate public opinion concerning UK government proposals to introduce new price controls to curb alcohol consumption. <i>BMC Public Health</i> , 2012, 12, 1023.	2.9	40
26	Factors influencing participation in health behaviors in endometrial cancer survivors. <i>Psycho-Oncology</i> , 2017, 26, 1099-1104.	2.3	40
27	A randomized controlled trial of WATAAP to promote physical activity in colorectal and endometrial cancer survivors. <i>Psycho-Oncology</i> , 2019, 28, 1420-1429.	2.3	40
28	Psychographic Profiling for Effective Health Behavior Change Interventions. <i>Frontiers in Psychology</i> , 2015, 6, 1988.	2.1	38
29	Predicting Self-Management Behaviors in Familial Hypercholesterolemia Using an Integrated Theoretical Model: the Impact of Beliefs About Illnesses and Beliefs About Behaviors. <i>International Journal of Behavioral Medicine</i> , 2016, 23, 282-294.	1.7	38
30	Influences underlying family food choices in mothers from an economically disadvantaged community. <i>Eating Behaviors</i> , 2016, 20, 1-8.	2.0	38
31	Let’s Walk Outdoors! Self-Paced Walking Outdoors Improves Future Intention to Exercise in Women With Obesity. <i>Journal of Sport and Exercise Psychology</i> , 2017, 39, 145-157.	1.2	36
32	Health literacy in familial hypercholesterolemia: A cross-national study. <i>European Journal of Preventive Cardiology</i> , 2018, 25, 936-943.	1.8	36
33	Exploration of information and support needs in relation to health concerns, diet and physical activity in colorectal cancer survivors. <i>European Journal of Cancer Care</i> , 2018, 27, e12679.	1.5	34
34	Barriers to physical activity participation in colorectal cancer survivors at high risk of cardiovascular disease. <i>Psycho-Oncology</i> , 2017, 26, 808-814.	2.3	32
35	Acceptability and utility of, and preference for wearable activity trackers amongst non-metropolitan cancer survivors. <i>PLoS ONE</i> , 2018, 13, e0210039.	2.5	31
36	Self-Control Self-Regulation, and Doping in Sport: A Test of the Strength-Energy Model. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 199-206.	1.2	29

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37	Young athletes' awareness and monitoring of anti-doping in daily life: Does motivation matter? Scandinavian Journal of Medicine and Science in Sports, 2015, 25, e655-63.	2.9	27
38	Fitbit wear-time and patterns of activity in cancer survivors throughout a physical activity intervention and follow-up: Exploratory analysis from a randomised controlled trial. PLoS ONE, 2020, 15, e0240967.	2.5	26
39	Wearable Activity Technology And Action-Planning (WATAAP) to promote physical activity in cancer survivors: Randomised controlled trial protocol. International Journal of Clinical and Health Psychology, 2018, 18, 124-132.	5.1	25
40	Athletes' beliefs about and attitudes towards taking banned performance-enhancing substances: A qualitative study.. Sport, Exercise, and Performance Psychology, 2014, 3, 241-257.	0.8	23
41	Psychological responses, muscle damage, inflammation, and delayed onset muscle soreness to high-intensity interval and moderate-intensity continuous exercise in overweight men. Physiology and Behavior, 2019, 199, 200-209.	2.1	23
42	What if it really was an accident? The psychology of unintentional doping. British Journal of Sports Medicine, 2016, 50, 898-899.	6.7	22
43	Investigating barriers to genetic counseling and germline mutation testing in women with suspected hereditary breast and ovarian cancer syndrome and Lynch syndrome. Patient Education and Counseling, 2018, 101, 938-944.	2.2	22
44	Effects of medication, treatment, and behavioral beliefs on intentions to take medication in patients with familial hypercholesterolemia. Atherosclerosis, 2018, 277, 493-501.	0.8	18
45	"If I Had Someone Looking Over My Shoulder": Exploration of Advice Received and Factors Influencing Physical Activity Among Non-metropolitan Cancer Survivors. International Journal of Behavioral Medicine, 2019, 26, 551-561.	1.7	18
46	Heightened perception of breast cancer risk in young women at risk of familial breast cancer. Familial Cancer, 2018, 17, 15-22.	1.9	17
47	Factors influencing physical activity in adults with cystic fibrosis. BMC Pulmonary Medicine, 2021, 21, 113.	2.0	16
48	Larger and More Prominent Graphic Health Warnings on Plain-Packaged Tobacco Products and Avoidant Responses in Current Smokers: a Qualitative Study. International Journal of Behavioral Medicine, 2016, 23, 94-101.	1.7	14
49	Using Visual Methods to Understand Physical Activity Maintenance following Cardiac Rehabilitation. PLoS ONE, 2015, 10, e0138218.	2.5	14
50	Influences on decision-making for young women undergoing bilateral prophylactic mastectomy. Patient Education and Counseling, 2018, 101, 318-323.	2.2	13
51	Predicting intention to participate in self-management behaviors in patients with Familial Hypercholesterolemia: A cross-national study. Social Science and Medicine, 2019, 242, 112591.	3.8	13
52	The wearable activity technology and action-planning trial in cancer survivors: Physical activity maintenance post-intervention. Journal of Science and Medicine in Sport, 2021, 24, 902-907.	1.3	13
53	Community Gardening: Basic Psychological Needs as Mechanisms to Enhance Individual and Community Well-Being. Ecopsychology, 2018, 10, 173-180.	1.4	12
54	The role of foodbanks in the context of food insecurity: Experiences and eating behaviours amongst users. Appetite, 2021, 163, 105208.	3.7	12

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55	Influences on Satisfaction with Reconstructed Breasts and Intimacy in Younger Women Following Bilateral Prophylactic Mastectomy: a Qualitative Analysis. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 390-398.	1.7	11
56	Reply to S.C. Adams et al, C. Lopez et al, and R.U. Newton et al. <i>Journal of Clinical Oncology</i> , 2018, 36, 928-930.	1.6	11
57	Promoting physical activity in regional and remote cancer survivors (PPARCS) using wearables and health coaching: randomised controlled trial protocol. <i>BMJ Open</i> , 2019, 9, e028369.	1.9	11
58	Psychological and behavioural factors of unintentional doping: A preliminary systematic review. <i>International Journal of Sport and Exercise Psychology</i> , 2020, 18, 273-295.	2.1	10
59	Poorer positive affect in response to self-paced exercise among the obese. <i>Physiology and Behavior</i> , 2018, 189, 32-39.	2.1	9
60	Perceived influence of psychological consultation on psychological well-being, body image, and intimacy following bilateral prophylactic mastectomy: A qualitative analysis. <i>Psycho-Oncology</i> , 2018, 27, 633-639.	2.3	9
61	Exploring the attitudes towards and experiences of geocaching amongst families in the community. <i>International Journal of Environmental Health Research</i> , 2016, 26, 187-197.	2.7	8
62	Exploration of young adults' influences on, and consequences of, avoiding alcohol consumption. <i>Substance Use and Misuse</i> , 2019, 54, 831-840.	1.4	8
63	Attitudes and beliefs towards alcohol minimum pricing in Western Australia. <i>Health Promotion International</i> , 2016, 33, daw092.	1.8	7
64	Psychological correlates of physical activity and exercise preferences in metropolitan and nonmetropolitan cancer survivors. <i>Psycho-Oncology</i> , 2021, 30, 221-230.	2.3	6
65	Predicting physical activity change in cancer survivors: an application of the Health Action Process Approach. <i>Journal of Cancer Survivorship</i> , 2022, 16, 1176-1183.	2.9	6
66	Pulmonary hypertension and home-based (PHAHB) exercise intervention: protocol for a feasibility study. <i>BMJ Open</i> , 2021, 11, e045460.	1.9	5
67	Commentary: Interpersonal style should be included in taxonomies of behavior change techniques. <i>Frontiers in Psychology</i> , 2016, 7, 894.	2.1	4
68	Short-Term Psychological and Physiological Effects of Varying the Volume of High-Intensity Interval Training in Healthy Men. <i>Perceptual and Motor Skills</i> , 2019, 126, 119-142.	1.3	3
69	Western Australian Public Opinions of a Minimum Pricing Policy for Alcohol: Study Protocol. <i>JMIR Research Protocols</i> , 2015, 4, e127.	1.0	3
70	Commentary: Bilateral risk-reducing mastectomy is the safest strategy in BRCA1 carriers. <i>Frontiers in Psychology</i> , 2017, 8, 121.	2.1	2
71	Patients' perspectives and experiences concerning barriers to accessing information about bilateral prophylactic mastectomy. <i>Breast</i> , 2018, 40, 116-122.	2.2	2
72	"To be there for my family" and "Keep my independence": Metropolitan and Non-Metropolitan Cancer Survivors' Health Behaviour Motives. <i>Supportive Care in Cancer</i> , 2021, 29, 1969-1976.	2.2	2

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73	“It is the fear of exercise that stops me” attitudes and dimensions influencing physical activity in pulmonary hypertension patients. <i>Pulmonary Circulation</i> , 2021, 11, 1-9.	1.7	2
74	Equal prioritisation does not yield lower levels of participation in physical activities than higher prioritisation. <i>Psychology of Sport and Exercise</i> , 2016, 22, 123-130.	2.1	1