List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Attributes and predictors of long COVID. Nature Medicine, 2021, 27, 626-631.	30.7	1,613
2	Vaccine side-effects and SARS-CoV-2 infection after vaccination in users of the COVID Symptom Study app in the UK: a prospective observational study. Lancet Infectious Diseases, The, 2021, 21, 939-949.	9.1	744
3	Risk factors and disease profile of post-vaccination SARS-CoV-2 infection in UK users of the COVID Symptom Study app: a prospective, community-based, nested, case-control study. Lancet Infectious Diseases, The, 2022, 22, 43-55.	9.1	573
4	Human postprandial responses to food and potential for precision nutrition. Nature Medicine, 2020, 26, 964-973.	30.7	418
5	Dietary Polyphenols, Mediterranean Diet, Prediabetes, and Type 2 Diabetes: A Narrative Review of the Evidence. Oxidative Medicine and Cellular Longevity, 2017, 2017, 1-16.	4.0	186
6	Diet quality and risk and severity of COVID-19: a prospective cohort study. Gut, 2021, 70, 2096-2104.	12.1	130
7	Self-reported COVID-19 vaccine hesitancy and uptake among participants from different racial and ethnic groups in the United States and United Kingdom. Nature Communications, 2022, 13, 636.	12.8	118
8	Association of social distancing and face mask use with risk of COVID-19. Nature Communications, 2021, 12, 3737.	12.8	109
9	Host and gut microbial tryptophan metabolism and type 2 diabetes: an integrative analysis of host genetics, diet, gut microbiome and circulating metabolites in cohort studies. Gut, 2022, 71, 1095-1105.	12.1	98
10	Metabolomics insights into early type 2 diabetes pathogenesis and detection in individuals with normal fasting glucose. Diabetologia, 2018, 61, 1315-1324.	6.3	93
11	Modest effects of dietary supplements during the COVID-19 pandemic: insights from 445 850 users of the COVID-19 Symptom Study app. BMJ Nutrition, Prevention and Health, 2021, 4, 149-157.	3.7	91
12	Mendelian Randomization Study of Obesity and Cerebrovascular Disease. Annals of Neurology, 2020, 87, 516-524.	5.3	76
13	Fatty acid-binding protein 4 is associated with endothelial dysfunction in patients with type 2 diabetes. Atherosclerosis, 2010, 213, 329-331.	0.8	55
14	Genetically Driven Hyperglycemia Increases Risk of Coronary Artery Disease Separately From Type 2 Diabetes. Diabetes Care, 2017, 40, 687-693.	8.6	45
15	Genome-wide meta-analysis of macronutrient intake of 91,114 European ancestry participants from the cohorts for heart and aging research in genomic epidemiology consortium. Molecular Psychiatry, 2019, 24, 1920-1932.	7.9	44
16	Functional foods and cardiometabolic diseases. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 1272-1300.	2.6	40
17	Nutritional Genomics and Direct-to-Consumer Genetic Testing: An Overview. Advances in Nutrition, 2018, 9, 128-135.	6.4	39
18	Erectile dysfunction and cardiovascular risk factors in a Mediterranean diet cohort. Internal Medicine Journal, 2016, 46, 52-56.	0.8	35

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19	<i>TCF7L2</i> Genetic Variation Augments Incretin Resistance and Influences Response to a Sulfonylurea and Metformin: The Study to Understand the Genetics of the Acute Response to Metformin and Glipizide in Humans (SUGAR-MGH). Diabetes Care, 2018, 41, 554-561.	8.6	35
20	Genome-wide association study of breakfast skipping links clock regulation with food timing. American Journal of Clinical Nutrition, 2019, 110, 473-484.	4.7	34
21	Mendelian Randomization Analysis of Hemoglobin A1c as a Risk Factor for Coronary Artery Disease. Diabetes Care, 2019, 42, 1202-1208.	8.6	33
22	Precision medicine in diabetes: an opportunity for clinical translation. Annals of the New York Academy of Sciences, 2018, 1411, 140-152.	3.8	32
23	Quality of dietary fat and genetic risk of type 2 diabetes: individual participant data meta-analysis. BMJ: British Medical Journal, 2019, 366, l4292.	2.3	28
24	High-density lipoprotein cholesterol and apolipoprotein A1 levels strongly influence the reactivity of small peripheral arteries. Atherosclerosis, 2011, 216, 115-119.	0.8	27
25	Is complying with the recommendations of sodium intake beneficial for health in individuals at high cardiovascular risk? Findings from the PREDIMED study. American Journal of Clinical Nutrition, 2015, 101, 440-448.	4.7	25
26	Gene-lifestyle interplay in type 2 diabetes. Current Opinion in Genetics and Development, 2018, 50, 35-40.	3.3	22
27	Genetic analysis of dietary intake identifies new loci and functional links with metabolic traits. Nature Human Behaviour, 2022, 6, 155-163.	12.0	22
28	Associations between predicted vitamin D status, vitamin D intake, and risk of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection and coronavirus disease 2019 (COVID-19) severity. American Journal of Clinical Nutrition, 2022, 115, 1123-1133.	4.7	22
29	Effects of therapeutic lifestyle changes on peripheral artery tonometry in patients with abdominal obesity. Nutrition, Metabolism and Cardiovascular Diseases, 2012, 22, 95-102.	2.6	21
30	Increasing long-chain n-3PUFA consumption improves small peripheral artery function in patients at intermediate–high cardiovascular risk. Journal of Nutritional Biochemistry, 2014, 25, 642-646.	4.2	19
31	A Decade of Genetic and Metabolomic Contributions to Type 2 Diabetes Risk Prediction. Current Diabetes Reports, 2017, 17, 135.	4.2	19
32	Heterozygous Familial Hypercholesterolaemic Patients have Increased Arterial Stiffness, as Determined using the Augmentation Index. Journal of Atherosclerosis and Thrombosis, 2011, 18, 1110-1116.	2.0	18
33	Diet and lifestyle behaviour disruption related to the pandemic was varied and bidirectional among US and UK adults participating in the ZOE COVID Study. Nature Food, 2021, 2, 957-969.	14.0	18
34	Substituting non-HDL cholesterol with LDL as a guide for lipid-lowering therapy increases the number of patients with indication for therapy. Atherosclerosis, 2013, 226, 471-475.	0.8	17
35	Polygenic scores, diet quality, and type 2 diabetes risk: An observational study among 35,759 adults from 3 US cohorts. PLoS Medicine, 2022, 19, e1003972.	8.4	17
36	Precision nutrition in diabetes: when population-based dietary advice gets personal. Diabetologia, 2022, 65, 1839-1848.	6.3	17

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37	Validity of continuous glucose monitoring for categorizing glycemic responses to diet: implications for use in personalized nutrition. American Journal of Clinical Nutrition, 2022, 115, 1569-1576.	4.7	15
38	Cambios de estilo de vida disminuyen las concentraciones plasmáticas de FABP4 en pacientes con riesgo cardiovascular. Revista Espanola De Cardiologia, 2012, 65, 152-157.	1.2	13
39	Body Weight Loss by Very-Low-Calorie Diet Program Improves Small Artery Reactive Hyperemia in Severely Obese Patients. Obesity Surgery, 2013, 23, 17-23.	2.1	13
40	Even low physical activity levels improve vascular function in overweight and obese postmenopausal women. Menopause, 2013, 20, 1036-1042.	2.0	13
41	Negative effect of a low-carbohydrate, high-protein, high-fat diet on small peripheral artery reactivity in patients with increased cardiovascular risk. British Journal of Nutrition, 2013, 109, 1241-1247.	2.3	13
42	Subclinical atherosclerosis determinants in morbid obesity. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 963-968.	2.6	13
43	Effect of Functional Bread Rich in Potassium, γ-Aminobutyric Acid and Angiotensin-Converting Enzyme Inhibitors on Blood Pressure, Glucose Metabolism and Endothelial Function. Medicine (United States), 2015, 94, e1807.	1.0	13
44	Joint Data Analysis in Nutritional Epidemiology: Identification of Observational Studies and Minimal Requirements. Journal of Nutrition, 2018, 148, 285-297.	2.9	13
45	Interaction Between Type 2 Diabetes Prevention Strategies and Genetic Determinants of Coronary Artery Disease on Cardiometabolic Risk Factors. Diabetes, 2020, 69, 112-120.	0.6	13
46	Exclusion of â€~nonRCT evidence' in guidelines for chronic diseases – is it always appropriate? The Look AHEAD study. Current Medical Research and Opinion, 2014, 30, 2009-2019.	1.9	12
47	Using genetic variation to disentangle the complex relationship between food intake and health outcomes. PLoS Genetics, 2022, 18, e1010162.	3.5	12
48	Serum palmitoleate acts as a lipokine in subjects at high cardiometabolic risk. Nutrition, Metabolism and Cardiovascular Diseases, 2016, 26, 261-267.	2.6	11
49	Small artery dilation and endothelial markers in cardiovascular risk patients. European Journal of Clinical Investigation, 2012, 42, 34-41.	3.4	10
50	Clinical and metabolomic predictors of regression to normoglycemia in a population at intermediate cardiometabolic risk. Cardiovascular Diabetology, 2021, 20, 56.	6.8	10
51	Obesity Partially Mediates the Diabetogenic Effect of Lowering LDL Cholesterol. Diabetes Care, 2022, 45, 232-240.	8.6	10
52	FABP4 plasma concentrations are determined by acquired metabolic derangements rather than genetic determinants. Nutrition, Metabolism and Cardiovascular Diseases, 2015, 25, 875-880.	2.6	9
53	Sugar-Sweetened Beverage Consumption May Modify Associations Between Genetic Variants in the CHREBP (Carbohydrate Responsive Element Binding Protein) Locus and HDL-C (High-Density Lipoprotein) Tj ETQ	q1_1_0.78 	4314 rgBT /(
	Low-fat dairy products consumption is associated with lower triglyceride concentrations in a		
54	Spanish hypertriglyceridemic cohort. Nutricion Hospitalaria, 2013, 28, 927-33.	0.3	8

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55	The unique challenges of studying the genetics of diet and nutrition. Nature Medicine, 2022, 28, 221-222.	30.7	7
56	Genetic Architecture of Plasma Alphaâ€Aminoadipic Acid Reveals a Relationship With Highâ€Density Lipoprotein Cholesterol. Journal of the American Heart Association, 2022, 11, .	3.7	6
57	Low-carbohydrate, high-protein, high-fat diet alters small peripheral artery reactivity in metabolic syndrome patients. ClÂnica E Investigación En Arteriosclerosis, 2014, 26, 58-65.	0.8	5
58	Genome-wide Association Study of Change in Fasting Glucose over time in 13,807 non-diabetic European Ancestry Individuals. Scientific Reports, 2019, 9, 9439.	3.3	5
59	Relationship Between Fatty Acid Binding Protein 4 and Liver Fat in Individuals at Increased Cardiometabolic Risk. Frontiers in Physiology, 2021, 12, 781789.	2.8	5
60	Lifestyle Changes Lower FABP4 Plasma Concentration in Patients With Cardiovascular Risk. Revista Espanola De Cardiologia (English Ed ), 2012, 65, 152-157.	0.6	3
61	Physical activity below the minimum international recommendations improves oxidative stress, ADMA levels, resting heart rate and small artery endothelial function. ClÃnica E Investigación En Arteriosclerosis, 2015, 27, 9-16.	0.8	3
62	Effects of Mediterranean Diet on Endothelial Function. , 2018, , 363-389.		1
63	Diabetes and blood pressure mediate the effect of obesity on cardiovascular disease. International Journal of Obesity, 2021, 45, 1629-1630.	3.4	1
64	Clinical Insights into the Genetic Overlap Between Obesity Susceptibility and Food Choices. Obesity, 2019, 27, 878-878.	3.0	0
65	LDL Cholesterol and Dysglycemia: an Intriguing Physiological Relationship. Diabetes, 2020, 69, 2058-2060.	0.6	0
66	Adherence to Healthy Diet and Risk and Severity of SARS-CoV-2 Infections: A Community Survey Study Within the COVID Symptom Study Application. Current Developments in Nutrition, 2021, 5, 237.	0.3	0
67	Precision Nutrition and Reliability of Continuous Glucose Monitors: Insights From the PREDICT Study. Current Developments in Nutrition, 2021, 5, 513.	0.3	0
68	Identification of Gene-Diet Interactions Impacting Glycemic Biomarkers in the Multi-Ethnic TOPMed Cohorts. Current Developments in Nutrition, 2021, 5, 952.	0.3	0