

Helena M S Zavos

List of Publications by Year in descending order

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Version: 2024-02-01

39
papers

1,429
citations

361413

20
h-index

330143

37
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43
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43
docs citations

43
times ranked

2617
citing authors

#	ARTICLE	IF	CITATIONS
1	Relationship between CRP and depression: A genetically sensitive study in Sri Lanka. <i>Journal of Affective Disorders</i> , 2022, 297, 112-117.	4.1	3
2	The aetiological relationship between depressive symptoms and health-related quality of life: A population-based twin study in Sri Lanka. <i>PLoS ONE</i> , 2022, 17, e0265421.	2.5	0
3	Genetic architecture of Environmental SensitivityÂreflects multiple heritable components: a twin study with adolescents. <i>Molecular Psychiatry</i> , 2021, 26, 4896-4904.	7.9	56
4	Why do depression, conduct, and hyperactivity symptoms co-occur across adolescence? The role of stable and dynamic genetic and environmental influences. <i>European Child and Adolescent Psychiatry</i> , 2021, 30, 1013-1025.	4.7	11
5	Associations Between Anxiety Symptoms and Health-Related Quality of Life: A Population-Based Twin Study in Sri Lanka. <i>Behavior Genetics</i> , 2021, 51, 394-404.	2.1	2
6	The association between bullyingâ€victimisation and sleep disturbances in adolescence: Evidence from a twin study. <i>Journal of Sleep Research</i> , 2021, 30, e13321.	3.2	3
7	The relationship between independent and dependent life events and depression symptoms in Sri Lanka: a twin and singleton study. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2020, 55, 237-249.	3.1	4
8	Is digital cognitive behavioural therapy for insomnia effective in treating sub-threshold insomnia: a pilot RCT. <i>Sleep Medicine</i> , 2020, 66, 174-183.	1.6	27
9	Genetic Overlap Between Type 2 Diabetes and Depression in a Sri Lankan Population Twin Sample. <i>Psychosomatic Medicine</i> , 2020, 82, 247-253.	2.0	3
10	The Sri Lankan twin registry biobank: South Asia's first twin biobank. <i>Global Health, Epidemiology and Genomics</i> , 2020, 5, e5.	0.8	3
11	The association between emotional eating and depressive symptoms: a population-based twin study in Sri Lanka. <i>Global Health, Epidemiology and Genomics</i> , 2019, 4, e4.	0.8	8
12	Protocol for establishing a child and adolescent twin register for mental health research and capacity building in Sri Lanka and other low and middle-income countries in South Asia. <i>BMJ Open</i> , 2019, 9, e029332.	1.9	3
13	Family functioning, trauma exposure and PTSD: A cross sectional study. <i>Journal of Affective Disorders</i> , 2019, 245, 645-652.	4.1	10
14	Mindfulness and associations with symptoms of insomnia, anxiety and depression in early adulthood: A twin and sibling study. <i>Behaviour Research and Therapy</i> , 2019, 118, 18-29.	3.1	12
15	The Colombo Twin and Singleton Follow-up Study: a population based twin study of psychiatric disorders and metabolic syndrome in Sri Lanka. <i>BMC Public Health</i> , 2018, 18, 145.	2.9	16
16	Sleep Treatment Outcome Predictors (STOP) Pilot Study: a protocol for a randomised controlled trial examining predictors of change of insomnia symptoms and associated traits following cognitiveâ€behavioural therapy for insomnia in an unselected sample. <i>BMJ Open</i> , 2017, 7, e017177.	1.9	6
17	In the eye of the beholder: Perceptions of neighborhood adversity and psychotic experiences in adolescence. <i>Development and Psychopathology</i> , 2017, 29, 1823-1837.	2.3	20
18	Etiology of Pervasive Versus Situational Antisocial Behaviors: A Multiâ€informant Longitudinal Cohort Study. <i>Child Development</i> , 2016, 87, 312-325.	3.0	9

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19	Association between stressful life events and psychotic experiences in adolescence: Evidence for geneâ€“environment correlations. <i>British Journal of Psychiatry</i> , 2016, 208, 532-538.	2.8	31
20	Shared Etiology of Psychotic Experiences and Depressive Symptoms in Adolescence: A Longitudinal Twin Study. <i>Schizophrenia Bulletin</i> , 2016, 42, 1197-1206.	4.3	22
21	Measuring adolescents' exposure to victimization: The Environmental Risk (E-Risk) Longitudinal Twin Study. <i>Development and Psychopathology</i> , 2015, 27, 1399-1416.	2.3	90
22	A twin and molecular genetics study of sleep paralysis and associated factors. <i>Journal of Sleep Research</i> , 2015, 24, 438-446.	3.2	42
23	Why some children with externalising problems develop internalising symptoms: testing two pathways in a genetically sensitive cohort study. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2015, 56, 738-746.	5.2	32
24	A MULTIVARIATE TWIN STUDY OF TRAIT MINDFULNESS, DEPRESSIVE SYMPTOMS, AND ANXIETY SENSITIVITY. <i>Depression and Anxiety</i> , 2015, 32, 254-261.	4.1	37
25	Psychotic experiences are linked to cannabis use in adolescents in the community because of common underlying environmental risk factors. <i>Psychiatry Research</i> , 2015, 227, 144-151.	3.3	26
26	The prevalence and correlates of alcohol use and alcohol use disorders: a population based study in Colombo, Sri Lanka. <i>BMC Psychiatry</i> , 2015, 15, 158.	2.6	12
27	The Phenotypic and Genetic Structure of Depression and Anxiety Disorder Symptoms in Childhood, Adolescence, and Young Adulthood. <i>JAMA Psychiatry</i> , 2014, 71, 905.	11.0	128
28	Consistent Etiology of Severe, Frequent Psychotic Experiences and Milder, Less Frequent Manifestations. <i>JAMA Psychiatry</i> , 2014, 71, 1049.	11.0	129
29	Trauma, post-traumatic stress disorder and psychiatric disorders in a middle-income setting: prevalence and comorbidity. <i>British Journal of Psychiatry</i> , 2014, 205, 383-389.	2.8	53
30	The Genesis 12â€“19 (G1219) Study: A Twin and Sibling Study of Geneâ€“Environment Interplay and Adolescent Development in the UK. <i>Twin Research and Human Genetics</i> , 2013, 16, 134-143.	0.6	22
31	Adolescent Irritability: Phenotypic Associations and Genetic Links With Depressed Mood. <i>American Journal of Psychiatry</i> , 2012, 169, 47-54.	7.2	221
32	Longitudinal genetic analysis of anxiety sensitivity.. <i>Developmental Psychology</i> , 2012, 48, 204-212.	1.6	45
33	Genetic and Environmental Etiology of Nicotine Use in Sri Lankan Male Twins. <i>Behavior Genetics</i> , 2012, 42, 798-807.	2.1	6
34	ANXIETY SENSITIVITY IN ADOLESCENCE AND YOUNG ADULTHOOD: THE ROLE OF STRESSFUL LIFE EVENTS, 5HTTLPR AND THEIR INTERACTION. <i>Depression and Anxiety</i> , 2012, 29, 400-408.	4.1	30
35	GENETIC AND ENVIRONMENTAL CONTRIBUTIONS TO SEPARATION ANXIETY: A META-ANALYTIC APPROACH TO TWIN DATA. <i>Depression and Anxiety</i> , 2012, 29, 754-761.	4.1	49
36	A Longitudinal, Genetically Informative, Study of Associations Between Anxiety Sensitivity, Anxiety and Depression. <i>Behavior Genetics</i> , 2012, 42, 592-602.	2.1	55

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37	Stable Genetic Influence on Anxiety-Related Behaviours Across Middle Childhood. <i>Journal of Abnormal Child Psychology</i> , 2012, 40, 85-94.	3.5	49
38	Sleep quality and diurnal preference in a sample of young adults: Associations with <i>5HTTLPR</i> , <i>PER3</i> , and <i>CLOCK 3111</i> . <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , 2011, 156, 681-690.	1.7	98
39	Genetic influences on the cognitive biases associated with anxiety and depression symptoms in adolescents. <i>Journal of Affective Disorders</i> , 2010, 124, 45-53.	4.1	56