Brjánn Ljótsson

List of Publications by Year in descending order

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41258 60497 8,390 169 49 81 citations h-index g-index papers 179 179 179 6748 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Cognitive behavior therapy via the Internet: a systematic review of applications, clinical efficacy and cost–effectiveness. Expert Review of Pharmacoeconomics and Outcomes Research, 2012, 12, 745-764.	0.7	556
2	Development and Validation of a Brief Version of the Difficulties in Emotion Regulation Scale: The DERS-16. Journal of Psychopathology and Behavioral Assessment, 2016, 38, 284-296.	0.7	430
3	Consensus statement on defining and measuring negative effects of Internet interventions. Internet Interventions, 2014, 1, 12-19.	1.4	267
4	Internet-delivered cognitive behavior therapy for children and adolescents: A systematic review and meta-analysis. Clinical Psychology Review, 2016, 50, 1-10.	6.0	225
5	Internet-Based Cognitive Behavior Therapy vs. Cognitive Behavioral Group Therapy for Social Anxiety Disorder: A Randomized Controlled Non-inferiority Trial. PLoS ONE, 2011, 6, e18001.	1.1	223
6	Internet-delivered exposure and mindfulness based therapy for irritable bowel syndrome – A randomized controlled trial. Behaviour Research and Therapy, 2010, 48, 531-539.	1.6	210
7	Internet administration of self-report measures commonly used in research on social anxiety disorder: A psychometric evaluation. Computers in Human Behavior, 2010, 26, 736-740.	5.1	184
8	Effectiveness of Internet-based cognitive behaviour therapy for depression in routine psychiatric care. Journal of Affective Disorders, 2014, 155, 49-58.	2.0	181
9	Internet-Delivered Exposure-Based Treatment vs. Stress Management for Irritable Bowel Syndrome: A Randomized Trial. American Journal of Gastroenterology, 2011, 106, 1481-1491.	0.2	170
10	Internet-based cognitive–behavioural therapy for severe health anxiety: randomised controlled trial. British Journal of Psychiatry, 2011, 198, 230-236.	1.7	167
11	Long-Term Positive and Negative Psychological Late Effects for Parents of Childhood Cancer Survivors: A Systematic Review. PLoS ONE, 2014, 9, e103340.	1.1	167
12	Internet-versus group-administered cognitive behaviour therapy for panic disorder in a psychiatric setting: a randomised trial. BMC Psychiatry, 2010, 10, 54.	1,1	153
13	Cost-effectiveness of Internet-based cognitive behavior therapy vs. cognitive behavioral group therapy for social anxiety disorder: Results from a randomized controlled trial. Behaviour Research and Therapy, 2011, 49, 729-736.	1.6	150
14	The Brunnsviken Brief Quality of Life Scale (BBQ): Development and Psychometric Evaluation. Cognitive Behaviour Therapy, 2016, 45, 182-195.	1.9	129
15	A 5-Year Follow-up of Internet-Based Cognitive Behavior Therapy for Social Anxiety Disorder. Journal of Medical Internet Research, 2011, 13, e39.	2.1	107
16	Guided internet cognitive behavioral therapy for insomnia compared to a control treatment – A randomized trial. Behaviour Research and Therapy, 2015, 71, 90-100.	1.6	104
17	Guided Internet-Based CBT for Common Mental Disorders. Journal of Contemporary Psychotherapy, 2013, 43, 223-233.	0.7	103
18	Acceptability, effectiveness, and cost-effectiveness of internet-based exposure treatment for irritable bowel syndrome in a clinical sample: a randomized controlled trial. BMC Gastroenterology, 2011, 11, 110.	0.8	102

#	Article	IF	Citations
19	Provoking symptoms to relieve symptoms: A randomized controlled dismantling study of exposure therapy in irritable bowel syndrome. Behaviour Research and Therapy, 2014, 55, 27-39.	1.6	102
20	Therapist-Guided, Internet-Delivered Cognitive-Behavioral Therapy for Adolescents With Obsessive-Compulsive Disorder: AÂRandomized Controlled Trial. Journal of the American Academy of Child and Adolescent Psychiatry, 2017, 56, 10-19.e2.	0.3	102
21	Efficacy of a behavioral self-help treatment with or without therapist guidance for co-morbid and primary insomnia -a randomized controlled trial. BMC Psychiatry, 2012, 12, 5.	1.1	99
22	Cognitive behavior therapy versus interpersonal psychotherapy for social anxiety disorder delivered via smartphone and computer: A randomized controlled trial. Journal of Anxiety Disorders, 2014, 28, 410-417.	1.5	98
23	Internet-Delivered Cognitive Behavior Therapy for Adolescents With Irritable Bowel Syndrome: A Randomized Controlled Trial. American Journal of Gastroenterology, 2017, 112, 152-162.	0.2	96
24	Internet-delivered cognitive behavioural therapy for children with anxiety disorders: A randomised controlled trial. Behaviour Research and Therapy, 2016, 76, 47-56.	1.6	95
25	<scp>d</scp> -Cycloserine vs Placebo as Adjunct to Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder and Interaction With Antidepressants. JAMA Psychiatry, 2015, 72, 659.	6.0	90
26	Long-term follow-up of internet-delivered exposure and mindfulness based treatment for irritable bowel syndrome. Behaviour Research and Therapy, 2011, 49, 58-61.	1.6	87
27	Internet-delivered exposure-based cognitive–behavioural therapy and behavioural stress management for severe health anxiety: randomised controlled trial. British Journal of Psychiatry, 2014, 205, 307-314.	1.7	87
28	Exposure-based cognitive–behavioural therapy via the internet and as bibliotherapy for somatic symptom disorder and illness anxiety disorder: randomised controlled trial. British Journal of Psychiatry, 2016, 209, 407-413.	1.7	83
29	Predictors of Symptomatic Change and Adherence in Internet-Based Cognitive Behaviour Therapy for Social Anxiety Disorder in Routine Psychiatric Care. PLoS ONE, 2015, 10, e0124258.	1.1	80
30	Brief Online Cognitive Behavioural Intervention for Dysfunctional Worry Related to the COVID-19 Pandemic: A Randomised Controlled Trial. Psychotherapy and Psychosomatics, 2021, 90, 191-199.	4.0	80
31	Internet-Delivered Cognitive Behavior Therapy for Adolescents with Obsessive-Compulsive Disorder: An Open Trial. PLoS ONE, 2014, 9, e100773.	1.1	79
32	Therapist guided internet based cognitive behavioural therapy for body dysmorphic disorder: single blind randomised controlled trial. BMJ, The, 2016, 352, i241.	3.0	78
33	Internet-based cognitive behavior therapy for obsessive compulsive disorder: A pilot study. BMC Psychiatry, 2011, 11, 125.	1.1	76
34	Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. Peerl, 2013, 1, e102.	0.9	76
35	Effectiveness of Internet-based cognitive–behavior therapy for social anxiety disorder in clinical psychiatry Journal of Consulting and Clinical Psychology, 2015, 83, 902-914.	1.6	75
36	Mechanisms of change in an exposure-based treatment for irritable bowel syndrome Journal of Consulting and Clinical Psychology, 2013, 81, 1113-1126.	1.6	74

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37	Attitudes towards the use of computerized cognitive behavior therapy (cCBT) with children and adolescents: A survey among Swedish mental health professionals. Internet Interventions, 2014, 1, 111-117.	1.4	70
38	Clinical effectiveness and cost-effectiveness of Internet- vs. group-based cognitive behavior therapy for social anxiety disorder: 4-Year follow-up of a randomized trial. Behaviour Research and Therapy, 2014, 59, 20-29.	1.6	68
39	Exposure and mindfulness based therapy for irritable bowel syndrome – An open pilot study. Journal of Behavior Therapy and Experimental Psychiatry, 2010, 41, 185-190.	0.6	64
40	Mediators in psychological treatment of social anxiety disorder: Individual cognitive therapy compared to cognitive behavioral group therapy. Behaviour Research and Therapy, 2013, 51, 696-705.	1.6	64
41	Effect of Internet vs Face-to-Face Cognitive Behavior Therapy for Health Anxiety. JAMA Psychiatry, 2020, 77, 915.	6.0	64
42	A Rome Working Team Report on Brain-Gut Behavior Therapies for Disorders of Gut-Brain Interaction. Gastroenterology, 2022, 162, 300-315.	0.6	64
43	Cost-effectiveness of internet-based cognitive behavior therapy for irritable bowel syndrome: results from a randomized controlled trial. BMC Public Health, 2011, 11, 215.	1.2	62
44	Implementation of internet-delivered CBT for children with anxiety disorders in a rural area: A feasibility trial. Internet Interventions, 2018, 12, 121-129.	1.4	62
45	Internet-Delivered Exposure Therapy for Fibromyalgia. Clinical Journal of Pain, 2018, 34, 532-542.	0.8	59
46	Telephone Versus Internet Administration of Self-Report Measures of Social Anxiety, Depressive Symptoms, and Insomnia: Psychometric Evaluation of a Method to Reduce the Impact of Missing Data. Journal of Medical Internet Research, 2013, 15, e229.	2.1	59
47	Association Between Deliberate Self-harm and Violent Criminality. JAMA Psychiatry, 2017, 74, 615.	6.0	57
48	Internet-based stress management for distressed managers: results from a randomised controlled trial. Occupational and Environmental Medicine, 2018, 75, 105-113.	1.3	57
49	Extending research on Emotion Regulation Individual Therapy for Adolescents (ERITA) with nonsuicidal self-injury disorder: open pilot trial and mediation analysis of a novel online version. BMC Psychiatry, 2018, 18, 326.	1.1	55
50	Optimal Cut-Off Points on the Health Anxiety Inventory, Illness Attitude Scales and Whiteley Index to Identify Severe Health Anxiety. PLoS ONE, 2015, 10, e0123412.	1.1	55
51	Internet-Delivered CBT for Children with Specific Phobia: A Pilot Study. Cognitive Behaviour Therapy, 2013, 42, 303-314.	1.9	54
52	Internet-Delivered Acceptance and Values-Based Exposure Treatment for Fibromyalgia: A Pilot Study. Cognitive Behaviour Therapy, 2014, 43, 93-104.	1.9	54
53	Long-term effects of hypnotherapy in patients with refractory irritable bowel syndrome. Scandinavian Journal of Gastroenterology, 2012, 47, 414-421.	0.6	50
54	Efficacy and cost-effectiveness of therapist-guided internet cognitive behavioural therapy for paediatric anxiety disorders: a single-centre, single-blind, randomised controlled trial. The Lancet Child and Adolescent Health, 2018, 2, 792-801.	2.7	49

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55	Cognitive–behavioural therapy and return-to-work intervention for patients on sick leave due to common mental disorders: a randomised controlled trial. Occupational and Environmental Medicine, 2017, 74, 905-912.	1.3	48
56	Clinical and Cost Effectiveness of Online Cognitive Behavioral Therapy in Children With Functional Abdominal Pain Disorders. Clinical Gastroenterology and Hepatology, 2019, 17, 2236-2244.e11.	2.4	48
57	Impressions That Last: Particularly Negative and Positive Experiences Reported by Parents Five Years after the End of a Child's Successful Cancer Treatment or Death. PLoS ONE, 2016, 11, e0157076.	1.1	47
58	Effectiveness and Cost Offset Analysis of Group CBT for Hypochondriasis Delivered in a Psychiatric Setting: An Open Trial. Cognitive Behaviour Therapy, 2010, 39, 239-250.	1.9	45
59	Internet-Based Cognitive Behavioral Therapy for Chronic Stress: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2018, 87, 296-305.	4.0	45
60	Predictors in Internet-delivered cognitive behavior therapy and behavioral stress management for severe health anxiety. Behaviour Research and Therapy, 2015, 64, 49-55.	1.6	44
61	The health preoccupation diagnostic interview: inter-rater reliability of a structured interview for diagnostic assessment of DSM-5 somatic symptom disorder and illness anxiety disorder. Cognitive Behaviour Therapy, 2016, 45, 259-269.	1.9	41
62	How does exposure therapy work? A comparison between generic and gastrointestinal anxiety–specific mediators in a dismantling study of exposure therapy for irritable bowel syndrome Journal of Consulting and Clinical Psychology, 2018, 86, 254-267.	1.6	40
63	Cost effectiveness of internet-based cognitive behaviour therapy and behavioural stress management for severe health anxiety. BMJ Open, 2016, 6, e009327.	0.8	39
64	Internet-Delivered Exposure-Based Cognitive-Behavioral Therapy for Adolescents With Functional Abdominal Pain or Functional Dyspepsia: A Feasibility Study. Behavior Therapy, 2019, 50, 177-188.	1.3	39
65	Internet-delivered treatment to promote health. Current Opinion in Psychiatry, 2011, 24, 1.	3.1	39
66	The 12-item Self-Report World Health Organization Disability Assessment Schedule (WHODAS) 2.0 Administered Via the Internet to Individuals With Anxiety and Stress Disorders: A Psychometric Investigation Based on Data From Two Clinical Trials. JMIR Mental Health, 2017, 4, e58.	1.7	39
67	Predictors of outcome in Internet-based cognitive behavior therapy for severe health anxiety. Behaviour Research and Therapy, 2013, 51, 711-717.	1.6	38
68	Predicting Outcome in Internet-Based Cognitive Behaviour Therapy for Major Depression: A Large Cohort Study of Adult Patients in Routine Psychiatric Care. PLoS ONE, 2016, 11, e0161191.	1.1	38
69	Emotion regulation individual therapy for adolescents with nonsuicidal self-injury disorder: a feasibility study. BMC Psychiatry, 2017, 17, 411.	1.1	37
70	Internetâ€delivered acceptance and commitment therapy as microlearning for chronic pain: A randomized controlled trial with 1â€year followâ€up. European Journal of Pain, 2021, 25, 1012-1030.	1.4	37
71	Using Early Change to Predict Outcome in Cognitive Behaviour Therapy: Exploring Timeframe, Calculation Method, and Differences of Disorder-Specific versus General Measures. PLoS ONE, 2014, 9, e100614.	1.1	36
72	Mediators in Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. PLoS ONE, 2013, 8, e77752.	1.1	36

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73	Therapist-guided, Internet-based cognitive-behavioural therapy for body dysmorphic disorder (BDD-NET): a feasibility study. BMJ Open, 2014, 4, e005923-e005923.	0.8	34
74	Internet-based affect-focused psychodynamic therapy for social anxiety disorder: A randomized controlled trial with 2-year follow-up Psychotherapy, 2017, 54, 351-360.	0.7	34
75	Predictors and moderators of Internet-based cognitive behavior therapy for obsessive–compulsive disorder: Results from a randomized trial. Journal of Obsessive-Compulsive and Related Disorders, 2015, 4, 1-7.	0.7	33
76	Emotion regulation group therapy for deliberate self-harm: a multi-site evaluation in routine care using an uncontrolled open trial design. BMJ Open, 2017, 7, e016220.	0.8	33
77	The role of avoidance behavior in the treatment of adolescents with irritable bowel syndrome: A mediation analysis. Behaviour Research and Therapy, 2018, 105, 27-35.	1.6	33
78	Predictors and Moderators of Internet- and Group-Based Cognitive Behaviour Therapy for Panic Disorder. PLoS ONE, 2013, 8, e79024.	1.1	33
79	Prevalence and heritability of body dysmorphic symptoms in adolescents and young adults: a population-based nationwide twin study. Psychological Medicine, 2018, 48, 2740-2747.	2.7	32
80	Personality Change following Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. PLoS ONE, 2014, 9, e113871.	1.1	31
81	Development and Feasibility Testing of Internet-Delivered Acceptance and Commitment Therapy for Severe Health Anxiety: Pilot Study. JMIR Mental Health, 2018, 5, e28.	1.7	30
82	Sudden gains in internet-based cognitive behaviour therapy for severe health anxiety. Behaviour Research and Therapy, 2014, 54, 22-29.	1.6	29
83	Psychometric properties of Internet-administered measures of health anxiety: An investigation of the Health Anxiety Inventory, the Illness Attitude Scales, and the Whiteley Index. Journal of Anxiety Disorders, 2015, 31, 32-37.	1.5	29
84	Long-term outcomes and predictors of internet-delivered cognitive behavioral therapy for childhood anxiety disorders. Behaviour Research and Therapy, 2017, 90, 67-75.	1.6	27
85	Internet-Delivered Cognitive Behavioral Therapy for Children With Pain-Related Functional Gastrointestinal Disorders: Feasibility Study. JMIR Mental Health, 2017, 4, e32.	1.7	27
86	Health anxiety in a disease-avoidance framework: Investigation of anxiety, disgust and disease perception in response to sickness cues Journal of Abnormal Psychology, 2016, 125, 868-878.	2.0	26
87	Stepped care in primary care – guided self-help and face-to-face cognitive behavioural therapy for common mental disorders: a randomized controlled trial. Psychological Medicine, 2018, 48, 1644-1654.	2.7	26
88	Genetics of response to cognitive behavior therapy in adults with major depression: a preliminary report. Molecular Psychiatry, 2019, 24, 484-490.	4.1	26
89	Effects of cognitive behavioural therapy and returnâ€toâ€work intervention for patients on sick leave due to stressâ€related disorders: Results from a randomized trial. Scandinavian Journal of Psychology, 2020, 61, 281-289.	0.8	25
90	Internet-delivered cognitive behavior therapy for adolescents with functional gastrointestinal disorders $\hat{a} \in \text{``An open trial. Internet Interventions, 2014, 1, 141-148.}$	1.4	24

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91	Internet-Based Extinction Therapy for Worry: A Randomized Controlled Trial. Behavior Therapy, 2017, 48, 391-402.	1.3	24
92	Mediators of Change in Cognitive Behavior Therapy for Clinical Burnout. Behavior Therapy, 2019, 50, 475-488.	1.3	24
93	Cost-effectiveness of internet-based cognitive behavior therapy for obsessive-compulsive disorder: results from a randomized controlled trial. Journal of Obsessive-Compulsive and Related Disorders, 2015, 4, 47-53.	0.7	23
94	The effect of adding Coping Power Program-Sweden to Parent Management Training-effects and moderators in a randomized controlled trial. Behaviour Research and Therapy, 2018, 103, 43-52.	1.6	23
95	Adolescent selfâ€harm with and without suicidality: crossâ€sectional and longitudinal analyses of a Swedish regional register. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 295-304.	3.1	23
96	Therapist-guided internet-delivered cognitive–behavioural therapy supplemented with group exposure sessions for adolescents with social anxiety disorder: a feasibility trial. BMJ Open, 2017, 7, e018345.	0.8	22
97	Preventing stress-related ill health among newly registered nurses by supporting engagement in proactive behaviors: development and feasibility testing of a behavior change intervention. Pilot and Feasibility Studies, 2018, 4, 28.	0.5	22
98	Approach as a key for success: Reduced avoidance behaviour mediates the effect of exposure therapy for fibromyalgia. Behaviour Research and Therapy, 2019, 122, 103478.	1.6	22
99	Predictors of remission from body dysmorphic disorder after internet-delivered cognitive behavior therapy: a machine learning approach. BMC Psychiatry, 2020, 20, 247.	1.1	22
100	Discriminant and convergent validity of the GSRSâ€IBS symptom severity measure for irritable bowel syndrome: A population study. United European Gastroenterology Journal, 2020, 8, 284-292.	1.6	22
101	Breaking the vicious circle of fear and avoidance in children with abdominal pain: A mediation analysis. Journal of Psychosomatic Research, 2021, 140, 110287.	1.2	22
102	Long-term outcome of therapist-guided internet-based cognitive behavioural therapy for body dysmorphic disorder (BDD-NET): a naturalistic 2-year follow-up after a randomised controlled trial. BMJ Open, 2019, 9, e024307.	0.8	21
103	Exposure-Based Cognitive Behavior Therapy for Children with Abdominal Pain: A Pilot Trial. PLoS ONE, 2016, 11, e0164647.	1.1	21
104	Long-term effectiveness and outcome predictors of therapist-guided internet-based cognitive–behavioural therapy for social anxiety disorder in routine psychiatric care. BMJ Open, 2015, 5, e007902.	0.8	20
105	The effect of user interface on treatment engagement in a self-guided digital problem-solving intervention: A randomized controlled trial. Internet Interventions, 2021, 26, 100448.	1.4	20
106	An open trial of individualized face-to-face cognitive behavior therapy for psychological distress in parents of children after end of treatment for childhood cancer including a cognitive behavioral conceptualization. PeerJ, 2018, 6, e4570.	0.9	20
107	Prediction of symptomatic improvement after exposure-based treatment for irritable bowel syndrome. BMC Gastroenterology, 2013, 13, 160.	0.8	19
108	Internet-Administered Emotional Awareness and Expression Therapy for Somatic Symptom Disorder With Centralized Symptoms: A Preliminary Efficacy Trial. Frontiers in Psychiatry, 2021, 12, 620359.	1.3	19

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109	Cost-Effectiveness of Therapist-Guided Internet-Based Cognitive Behavioral Therapy for Stress-Related Disorders: Secondary Analysis of a Randomized Controlled Trial. Journal of Medical Internet Research, 2019, 21, e14675.	2.1	19
110	Cost-Effectiveness and Cost-Utility of Internet-Delivered Exposure Therapy for Fibromyalgia: Results From a Randomized, Controlled Trial. Journal of Pain, 2019, 20, 47-59.	0.7	18
111	Exposure-based cognitive behavioral therapy for irritable bowel syndrome. A single-case experimental design across 13 subjects. Cognitive Behaviour Therapy, 2016, 45, 415-430.	1.9	17
112	Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: An Uncontrolled Pilot Study. Behavior Therapy, 2017, 48, 808-819.	1.3	17
113	Cost-effectiveness and long-term follow-up of three forms of minimal-contact cognitive behaviour therapy for severe health anxiety: Results from a randomised controlled trial. Behaviour Research and Therapy, 2018, 107, 95-105.	1.6	17
114	Cost-effectiveness of internet-delivered cognitive–behavioural therapy for adolescents with irritable bowel syndrome. BMJ Open, 2019, 9, e023881.	0.8	17
115	Transdiagnostic, affect-focused, psychodynamic, guided self-help for depression and anxiety through the internet: study protocol for a randomised controlled trial. BMJ Open, 2012, 2, e002167.	0.8	16
116	Internet-delivered acceptance and commitment therapy (iACT) for chronic painâ€"feasibility and preliminary effects in clinical and self-referred patients. MHealth, 2020, 6, 27-27.	0.9	16
117	The effects of cognitive–behavioral therapy for depression are not falling: A re-analysis of Johnsen and Friborg (2015) Psychological Bulletin, 2017, 143, 321-325.	5.5	16
118	Symptom Preoccupation in Fibromyalgia: Prevalence and Correlates of Somatic SymptomÂDisorder in a Self-Recruited Sample. Psychosomatics, 2020, 61, 268-276.	2.5	15
119	Internet-based cognitive behavior therapy for depression, social anxiety disorder, and panic disorder: Effectiveness and predictors of response in a teaching clinic. Behaviour Research and Therapy, 2021, 136, 103767.	1.6	15
120	Effects of Baseline Problematic Alcohol and Drug Use on Internet-Based Cognitive Behavioral Therapy Outcomes for Depression, Panic Disorder and Social Anxiety Disorder. PLoS ONE, 2014, 9, e104615.	1.1	14
121	Does internet-based cognitive behaviour therapy reduce healthcare costs and resource use in treatment of social anxiety disorder? A cost-minimisation analysis conducted alongside a randomised controlled trial. BMJ Open, 2017, 7, e017053.	0.8	14
122	Experiences of internet-delivered and work-focused cognitive behavioral therapy for stress: A qualitative study. Internet Interventions, 2019, 18, 100282.	1.4	14
123	The mediating effect of mindful non-reactivity in exposure-based cognitive behavior therapy for severe health anxiety. Journal of Anxiety Disorders, 2017, 50, 15-22.	1.5	13
124	Health anxiety in obsessive compulsive disorder and obsessive compulsive symptoms in severe health anxiety: An investigation of symptom profiles. Journal of Anxiety Disorders, 2017, 45, 80-86.	1.5	12
125	Guided internet-administered self-help to reduce symptoms of anxiety and depression among adolescents and young adults diagnosed with cancer during adolescence (U-CARE: YoungCan): a study protocol for a feasibility trial. BMJ Open, 2017, 7, e013906.	0.8	11
126	Predictors of outcome in guided self-help cognitive behavioural therapy for common mental disorders in primary care. Cognitive Behaviour Therapy, 2020, 49, 455-474.	1.9	11

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127	Testing the Mediating Effects of Obsessive Beliefs in Internetâ€Based Cognitive Behaviour Therapy for Obsessiveâ€Compulsive Disorder: Results from a Randomized Controlled Trial. Clinical Psychology and Psychotherapy, 2015, 22, 722-732.	1.4	10
128	Behavioral avoidance moderates the effect of exposure therapy for irritable bowel syndrome: A secondary analysis of results from a randomized component trial. Behaviour Research and Therapy, 2021, 141, 103862.	1.6	10
129	The impact of exposure-based cognitive behavior therapy for severe health anxiety on self-rated health: Results from a randomized trial. Journal of Psychosomatic Research, 2017, 103, 9-14.	1.2	9
130	Face-to-Face Cognitive-Behavioral Therapy for Irritable Bowel Syndrome: The Effects on Gastrointestinal and Psychiatric Symptoms. Gastroenterology Research and Practice, 2017, 2017, 1-9.	0.7	9
131	Posttraumatic Stress in Parents of Children Diagnosed with Cancer: Hyperarousal and Avoidance as Mediators of the Relationship between Re-Experiencing and Dysphoria. PLoS ONE, 2016, 11, e0155585.	1.1	8
132	Processes in cognitive behavior therapy for social anxiety disorder: Predicting subsequent symptom change. Journal of Anxiety Disorders, 2019, 67, 102118.	1.5	8
133	Sudden gains in internet-based cognitive behavior therapy for obsessive-compulsive disorder. Journal of Obsessive-Compulsive and Related Disorders, 2019, 21, 75-81.	0.7	8
134	Inflammatory cytokines in patients with common mental disorders treated with cognitive behavior therapy. Brain, Behavior, & Immunity - Health, 2020, 3, 100045.	1.3	8
135	The mediating role of insomnia severity in internet-based cognitive behavioral therapy for chronic stress: Secondary analysis of a randomized controlled trial. Behaviour Research and Therapy, 2021, 136, 103782.	1.6	8
136	Internet-Delivered Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: Uncontrolled Pilot Trial. JMIR Cardio, 2021, 5, e24524.	0.7	8
137	Heeding the psychological concerns of young cancer survivors: a single-arm feasibility trial of CBT and a cognitive behavioral conceptualization of distress. PeerJ, 2020, 8, e8714.	0.9	8
138	Emotional Processing and Its Association to Somatic Symptom Change in Emotional Awareness and Expression Therapy for Somatic Symptom Disorder: A Preliminary Mediation Investigation. Frontiers in Psychology, 2021, 12, 712518.	1.1	8
139	Cost-effectiveness of an internet-based booster program for patients with obsessive–compulsive disorder: Results from a randomized controlled trial. Journal of Obsessive-Compulsive and Related Disorders, 2015, 4, 14-19.	0.7	7
140	Cognitive behavioral therapy for irritable bowel syndrome: the effects on state and trait anxiety and the autonomic nervous system during induced rectal distensions – An uncontrolled trial. Scandinavian Journal of Pain, 2018, 18, 81-91.	0.5	7
141	What are the mechanisms of psychological treatments for irritable bowel syndrome?. Journal of Psychosomatic Research, 2019, 118, 9-11.	1.2	7
142	Mediators of treatment effect in minimal-contact cognitive behaviour therapy for severe health anxiety: A theory-driven analysis based on a randomised controlled trial. Journal of Anxiety Disorders, 2020, 69, 102172.	1.5	7
143	Two randomized controlled trials of the efficacy of acceptance and commitment therapyâ€based educational course for body shape dissatisfaction. Scandinavian Journal of Psychology, 2021, 62, 249-258.	0.8	7
144	Even mild catastrophic thinking is related to pain intensity in individuals with painful temporomandibular disorders. Journal of Oral Rehabilitation, 2021, 48, 1193-1200.	1.3	7

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145	Shaping placebo analgesic responses on the Internet: a randomized experimental trial. Pain Reports, 2019, 4, e698.	1.4	5
146	Effects of Psychology and Extragastrointestinal Symptoms on Health Care Use by Subjects With and Without Irritable Bowel Syndrome. Clinical Gastroenterology and Hepatology, 2020, 18, 847-854.e1.	2.4	5
147	Targeting excessive worry with internet-based extinction therapy: a randomised controlled trial with mediation analysis and economical evaluation. Psychological Medicine, 2021, 51, 2023-2033.	2.7	5
148	Preventing Stressâ€Related III Health Among New Registered Nurses by Supporting Engagement in Proactive Behaviors—A Randomized Controlled Trial. Worldviews on Evidence-Based Nursing, 2020, 17, 202-212.	1.2	5
149	Online Education Is Non-Inferior to Group Education for Irritable Bowel Syndrome: A Randomized Trial and Patient Preference Trial. Clinical Gastroenterology and Hepatology, 2021, 19, 743-751.e1.	2.4	5
150	Experiences of an Online Treatment for Adolescents With Nonsuicidal Self-injury and Their Caregivers: Qualitative Study. JMIR Formative Research, 2021, 5, e17910.	0.7	5
151	A self-guided and monitored digital problem-solving intervention for patients with symptoms of depression or anxiety on the waiting list for treatment in routine psychiatric care: feasibility study. BJPsych Open, 2022, 8, e43.	0.3	5
152	Predictors of improvement in an open-trial multisite evaluation of emotion regulation group therapy. Cognitive Behaviour Therapy, 2019, 48, 322-336.	1.9	4
153	Review article: exclude or expose? The paradox of conceptually opposite treatments for irritable bowel syndrome. Alimentary Pharmacology and Therapeutics, 2022, 56, 592-605.	1.9	4
154	Long-term outcomes of internet-delivered cognitive behaviour therapy for paediatric anxiety disorders: towards a stepped care model of health care delivery. European Child and Adolescent Psychiatry, 2021, 30, 1723-1732.	2.8	3
155	Practical and Emotional Problems Reported by Users of a Self-guided Digital Problem-solving Intervention During the COVID-19 Pandemic: Content Analysis. JMIR Formative Research, 2021, 5, e31722.	0.7	3
156	6.152 EMOTION REGULATION INDIVIDUAL THERAPY ADMINISTERED FACE-TO-FACE FOR ADOLESCENTS WITH NONSUICIDAL SELF-INJURY DISORDER: AN OPEN PILOT STUDY. Journal of the American Academy of Child and Adolescent Psychiatry, 2016, 55, S252.	0.3	2
157	Therapist-guided online metacognitive intervention for excessive worry: a randomized controlled trial with mediation analysis. Cognitive Behaviour Therapy, 2022, 51, 21-41.	1.9	2
158	Return on investment of internet delivered exposure therapy for irritable bowel syndrome: a randomized controlled trial. BMC Gastroenterology, 2021, 21, 289.	0.8	2
159	Validation of childâ€∎dapted short scales for measuring gastrointestinalâ€specific avoidance and anxiety. Acta Paediatrica, International Journal of Paediatrics, 2022, , .	0.7	2
160	Exposure based cognitive behavioral group therapy for IBS at a gastroenterological clinic – a clinical effectiveness study. Scandinavian Journal of Gastroenterology, 2022, 57, 904-911.	0.6	1
161	Online Guided Self-help Cognitive Behavioral Therapy With Exposure to Anxiety and Problem Solving in Type 1 Diabetes Mellitus: Case Study. JMIR Formative Research, 2022, 6, e32950.	0.7	1
162	A unified Internet-delivered exposure treatment for undifferentiated somatic symptom disorder: single-group prospective feasibility trial. Pilot and Feasibility Studies, 2022, 8, .	0.5	1

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