

# Pantelis T Nikolaidis

## List of Publications by Year in descending order

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Version: 2024-02-01

377  
papers

5,934  
citations

136885

32  
h-index

214721

47  
g-index

401  
all docs

401  
docs citations

401  
times ranked

4412  
citing authors

#	ARTICLE	IF	CITATIONS
1	Characterization of external load in different types of exercise in professional soccer. <i>Human Movement</i> , 2022, 23, 89-95.	0.5	2
2	Return to classes impact on mental health of university students during the COVID-19 pandemic. <i>Acta Neuropsychiatrica</i> , 2022, 34, 24-29.	1.0	4
3	Training, psychometric status, biological markers and neuromuscular fatigue in soccer. <i>Biology of Sport</i> , 2022, 39, 319-327.	1.7	10
4	Adolescent female handball players present greater bone mass content than soccer players: A cross-sectional study. <i>Bone</i> , 2022, 154, 116217.	1.4	4
5	Effects of congested match periods on acceleration and deceleration profiles in professional soccer. <i>Biology of Sport</i> , 2022, 39, 307-317.	1.7	5
6	Body composition adaptations to lower-body plyometric training: a systematic review and meta-analysis. <i>Biology of Sport</i> , 2022, 39, 273-287.	1.7	13
7	Age-related performance determinants of young swimmers in 100- and 400-m events. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	5
8	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2022, 52, 933-948.	3.1	78
9	Interval Training with Different Intensities in Overweight/Obese Adolescent Females. <i>International Journal of Sports Medicine</i> , 2022, 43, 434-443.	0.8	7
10	The beginning of success: Performance trends and cut-off values for junior and the U23 triathlon categories. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 16-22.	0.8	2
11	Physical activity and COVID-19. The basis for an efficient intervention in times of COVID-19 pandemic. <i>Physiology and Behavior</i> , 2022, 244, 113667.	1.0	62
12	The Sex Difference in 6-h Ultra-Marathon Running – The Worldwide Trends from 1982 to 2020. <i>Medicina (Lithuania)</i> , 2022, 58, 179.	0.8	0
13	Distribution of body fat is associated with physical performance of male amateur triathlon athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	3
14	Is It Possible to Age Healthy Performing Ultra-endurance Exercises?. <i>International Journal of Sport Studies for Health</i> , 2022, 4, .	0.3	10
15	Is there stability in the performance of elite half-marathoners?. <i>Sports Medicine and Health Science</i> , 2022, , .	0.7	0
16	Trends in Participation, Sex Differences and Age of Peak Performance in Time-Limited Ultramarathon Events: A Secular Analysis. <i>Medicina (Lithuania)</i> , 2022, 58, 366.	0.8	10
17	YouTube as a Source of Information About Physical Exercise During COVID-19 Outbreak. <i>International Journal of Sport Studies for Health</i> , 2022, 4, .	0.3	13
18	Effects of Sodium Intake on Health and Performance in Endurance and Ultra-Endurance Sports. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3651.	1.2	3

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19	Editorial: Psychophysiology of Stress. <i>Frontiers in Psychology</i> , 2022, 13, 896773.	1.1	1
20	EXERCISE SCIENCE IN HIGH SCHOOL BIOLOGY TEXTBOOKS. <i>Revista Brasileira De Medicina Do Esporte</i> , 2022, 28, 352-357.	0.1	0
21	Effects of complex strength training with elastic band program on repeated change of direction in young female handball players: Randomized control trial. <i>International Journal of Sports Science and Coaching</i> , 2022, 17, 1396-1407.	0.7	4
22	Age and Training-Related Changes on Body Composition and Fitness in Male Amateur Cyclists. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 93.	1.2	3
23	Effect of the COVID-19 Confinement Period on Selected Neuromuscular Performance Indicators in Young Male Soccer Players: Can the Maturation Process Counter the Negative Effect of Detraining?. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4935.	1.2	2
24	The Performance, Physiology and Morphology of Female and Male Olympic-Distance Triathletes. <i>Healthcare (Switzerland)</i> , 2022, 10, 797.	1.0	5
25	The Effects of Sex, Age and Performance Level on Pacing in Ultra-Marathon Runners in the "Spartathlon". <i>Sports Medicine - Open</i> , 2022, 8, 69.	1.3	6
26	Investigating the Relationship between Big Five Personality Traits and Sports Performance among Disabled Athletes. <i>BioMed Research International</i> , 2022, 2022, 1-7.	0.9	3
27	The Key Role of Nutritional Elements on Sport Rehabilitation and the Effects of Nutrients Intake. <i>Sports</i> , 2022, 10, 84.	0.7	3
28	Analysis of Olympic and World boxing medalists from 1904 to 2019: The role of age, height, weight categories and nationality. <i>Biomedical Human Kinetics</i> , 2022, 14, 159-168.	0.2	0
29	"Peculiar" Snoring in a 40-Year-Old Patient: A Case Report and Review of Literature. <i>Healthcare (Switzerland)</i> , 2022, 10, 1051.	1.0	0
30	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletes' Sport Classification and Sex on Training Practices. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1242-1256.	1.1	16
31	Motivation for Brazilian Older Adult Women to Join a Community Physical Activity Program Before COVID-19 Pandemic. <i>International Journal of Sport Studies for Health</i> , 2022, 5, .	0.3	6
32	Body Composition of Female Air Force Personnel: A Comparative Study of Aircrew, Airplane, and Helicopter Pilots. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8640.	1.2	1
33	Sports and Health, Second Edition. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8435.	1.2	1
34	Exergaming and Aquatic Exercises Affect Lung Function and Weight Loss in Obese Children. <i>International Journal of Sports Medicine</i> , 2021, 42, 566-572.	0.8	7
35	Age-related differences in torque in angle-specific and peak torque hamstring to quadriceps ratios in female soccer players from 11 to 18 years old: A cross-sectional study. <i>Research in Sports Medicine</i> , 2021, 29, 77-89.	0.7	8
36	Number of finishers and performance of age group women and men in long-distance running: comparison among 10km, half-marathon and marathon races in Oslo. <i>Research in Sports Medicine</i> , 2021, 29, 56-66.	0.7	24

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37	Physiological Responses to Swimming Repetitive "œlce Miles" Journal of Strength and Conditioning Research, 2021, 35, 487-494.	1.0	9
38	Participation and Performance Trends in the ITU Duathlon World Championship From 2003 to 2017. Journal of Strength and Conditioning Research, 2021, 35, 1127-1133.	1.0	4
39	Profile of blood pressure and glycemic responses after interval exercise in older women attending (in) a public health physical activity program. Journal of Bodywork and Movement Therapies, 2021, 25, 119-125.	0.5	4
40	The effects of two different intensities of aerobic training protocols on pain and serum neuro-biomarkers in women migraineurs: a randomized controlled trial. European Journal of Applied Physiology, 2021, 121, 609-620.	1.2	11
41	An Analysis of Participation and Performance of 2067 100-km Ultra-Marathons Worldwide. International Journal of Environmental Research and Public Health, 2021, 18, 362.	1.2	23
42	Predictors of Athlete's Performance in Ultra-Endurance Mountain Races. International Journal of Environmental Research and Public Health, 2021, 18, 956.	1.2	12
43	Efficacy of hydrotherapy treatment for the management of chronic low back pain. Irish Journal of Medical Science, 2021, 190, 1413-1421.	0.8	7
44	Physical Activity Levels and Mental Health during the COVID-19 Pandemic: Preliminary Results of a Comparative Study between Convenience Samples from Brazil and Switzerland. Medicina (Lithuania), 2021, 57, 48.	0.8	21
45	The Complex Interaction Between the Major Sleep Symptoms, the Severity of Obstructive Sleep Apnea, and Sleep Quality. Frontiers in Psychiatry, 2021, 12, 630162.	1.3	12
46	Recommendations on Youth Participation in Ultra-Endurance Running Events: A Consensus Statement. Sports Medicine, 2021, 51, 1123-1135.	3.1	11
47	COVID-19: It's still time for health professionals, physical activity enthusiasts and sportive leagues not to let guard down. Sports Medicine and Health Science, 2021, 3, 49-53.	0.7	2
48	The Effect of Psychology Objective Structured Clinical Examination Scenarios Presentation Order on Students Autonomic Stress Response. Frontiers in Psychology, 2021, 12, 622102.	1.1	12
49	Isokinetic Muscle Strength and Postural Sway of Recreationally Active Older Adults vs. Master Road Runners. Frontiers in Physiology, 2021, 12, 623150.	1.3	5
50	Vitamin D and Stress Fractures in Sport: Preventive and Therapeutic Measures" A Narrative Review. Medicina (Lithuania), 2021, 57, 223.	0.8	23
51	Pacing in Time-Limited Ultramarathons from 6 to 24 Hours" The Aspects of Age, Sex and Performance Level. Sustainability, 2021, 13, 2705.	1.6	6
52	Reduced level of physical activity during COVID-19 pandemic is associated with depression and anxiety levels: an internet-based survey. BMC Public Health, 2021, 21, 425.	1.2	145
53	Pacing in Long-Distance Running: Sex and Age Differences in 10-km Race and Marathon. Medicina (Lithuania), 2021, 57, 389.	0.8	7
54	Training, Anthropometric, and Physiological Characteristics in Men Recreational Marathon Runners: The Role of Sport Experience. Frontiers in Physiology, 2021, 12, 666201.	1.3	7

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55	Impact of training volume and experience on amateur Ironman triathlon performance. <i>Physiology and Behavior</i> , 2021, 232, 113344.	1.0	12
56	Trends in Weather Conditions and Performance by Age Groups Over the History of the Berlin Marathon. <i>Frontiers in Physiology</i> , 2021, 12, 654544.	1.3	7
57	Physical exercise and COVID-19 pandemic in PubMed: Two months of dynamics and one year of original scientific production. <i>Sports Medicine and Health Science</i> , 2021, 3, 80-92.	0.7	21
58	What Is the Best Discipline to Predict Overall Triathlon Performance? An Analysis of Sprint, Olympic, Ironman® 70.3, and Ironman® 140.6. <i>Frontiers in Physiology</i> , 2021, 12, 654552.	1.3	25
59	Knowledge of healthcare professionals about poliomyelitis and postpoliomyelitis: a cross-sectional study. <i>Sao Paulo Medical Journal</i> , 2021, 139, 464-475.	0.4	1
60	Editorial: The Elderly Athlete. <i>Frontiers in Physiology</i> , 2021, 12, 686858.	1.3	0
61	From Athens to Sparta—37 Years of Spartathlon. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4914.	1.2	5
62	The Role of Environmental Conditions on Master Marathon Running Performance in 1,280,557 Finishers the “New York City Marathon”™ From 1970 to 2019. <i>Frontiers in Physiology</i> , 2021, 12, 665761.	1.3	6
63	Nutrition in the Actual COVID-19 Pandemic. A Narrative Review. <i>Nutrients</i> , 2021, 13, 1924.	1.7	84
64	Setting Objective Clinical Assessment Tools for Circadian Rhythm Sleep-Wake Disorders – A Community-Based Cross-Sectional Epidemiological Study. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 791-802.	1.4	3
65	Influence of Anthropometric Characteristics on Ice Swimming Performance—The IISA Ice Mile and Ice Km. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6766.	1.2	1
66	Isokinetic Muscular Strength and Aerobic Physical Fitness in Recreational Long-Distance Runners. <i>Journal of Strength and Conditioning Research</i> , 2021, Publish Ahead of Print, .	1.0	5
67	Increased Participation and Decreased Performance in Recreational Master Athletes in “Berlin Marathon—1974”2019. <i>Frontiers in Physiology</i> , 2021, 12, 631237.	1.3	23
68	Sleep, Physical Activity, and Diet of Adults during the Second Lockdown of the COVID-19 Pandemic in Greece. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7292.	1.2	14
69	Development and Validation of Prediction Equation of “Athens Authentic Marathon—Men”™s Race Speed. <i>Frontiers in Physiology</i> , 2021, 12, 682359.	1.3	2
70	The Hamstrings: Anatomic and Physiologic Variations and Their Potential Relationships With Injury Risk. <i>Frontiers in Physiology</i> , 2021, 12, 694604.	1.3	20
71	Elite Marathoners Run Faster With Increasing Temperatures in Berlin Marathon. <i>Frontiers in Physiology</i> , 2021, 12, 649898.	1.3	8
72	Ghrelin Response to Acute and Chronic Exercise: Insights and Implications from a Systematic Review of the Literature. <i>Sports Medicine</i> , 2021, 51, 2389-2410.	3.1	21

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73	Knowledge and Prevalence of Supplements Used by Brazilian Resistance Training Practitioners Before Coronavirus Outbreak. <i>Open Access Journal of Sports Medicine</i> , 2021, Volume 12, 139-146.	0.6	1
74	Kinematic and Neuromuscular Measures of Intensity During Drop Jumps in Female Volleyball Players. <i>Frontiers in Psychology</i> , 2021, 12, 724070.	1.1	2
75	A Sociodemographic Profile of Mask Use During the COVID-19 Outbreak Among Young and Elderly Individuals in Brazil: Online Survey Study. <i>JMIR Aging</i> , 2021, 4, e28989.	1.4	0
76	The Effect of Simulation-based Training on Athletic Performances among Female Basketball Players. <i>The Open Sports Sciences Journal</i> , 2021, 14, 51-57.	0.2	0
77	Assessment Methods of Body Fat in Recreational Marathon Runners: Bioelectrical Impedance Analysis versus Skinfold Thickness. <i>BioMed Research International</i> , 2021, 2021, 1-6.	0.9	1
78	Healthy brain-muscle interface in epilepsy and COVID-19: Increased muscle effort is the alternative. <i>Epilepsy and Behavior</i> , 2021, 123, 108267.	0.9	1
79	Is It Time for Sports and Health in the Era of Covid-19 Pandemic?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 372.	1.2	4
80	Participation and Performance in the Oldest Ultramarathon-Comrades Marathon 1921-2019. <i>International Journal of Sports Medicine</i> , 2021, 42, 638-644.	0.8	10
81	Analysis of Grip Amplitude on Velocity in Paralympic Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 86.	1.1	6
82	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. <i>Sports</i> , 2021, 9, 142.	0.7	5
83	The Effect of Muscle Strength on Marathon Race-Induced Muscle Soreness. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11258.	1.2	0
84	Factors Associated with Reduction in Physical Activity during the COVID-19 Pandemic in São Paulo, Brazil: An Internet-Based Survey Conducted in June 2020. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11397.	1.2	8
85	Anxiety and Depression Affect Early Postoperative Pain Dimensions after Bariatric Surgery. <i>Journal of Clinical Medicine</i> , 2021, 10, 53.	1.0	14
86	Evaluation of the Post-Training Hypotensor Effect in Paralympic and Conventional Powerlifting. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 92.	1.1	6
87	Development and Validation of Prediction Formula of Wingate Test Peak Power From Force-Velocity Test in Male Soccer Players. <i>Frontiers in Psychology</i> , 2021, 12, 729247.	1.1	2
88	Performance in 100-km Ultramarathoners-At Which Age, It Reaches Its Peak?. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1409-1415.	1.0	23
89	The effect of aerobic training and vitamin D supplements on the neurocognitive functions of elderly women with sleep disorders. <i>Biological Rhythm Research</i> , 2020, 51, 727-734.	0.4	7
90	Force-velocity characteristics and maximal anaerobic power in male recreational marathon runners. <i>Research in Sports Medicine</i> , 2020, 28, 99-110.	0.7	11

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91	The "New York City Marathon" participation and performance trends of 1.2M runners during half-century. <i>Research in Sports Medicine</i> , 2020, 28, 121-137.	0.7	90
92	Sex differences in pacing during half-marathon and marathon race. <i>Research in Sports Medicine</i> , 2020, 28, 111-120.	0.7	31
93	Ultra"triathlon"Pacing, performance trends, the role of nationality, and sex differences in finishers and non"finishers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 556-563.	1.3	13
94	Prediction of Somatotype from Bioimpedance Analysis in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8176.	1.2	3
95	Cold Water Swimming"Benefits and Risks: A Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8984.	1.2	43
96	Predictive Performance Models in Long-Distance Runners: A Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8289.	1.2	28
97	Effects of kettlebell training and detraining on mood status and sleep and life quality of healthy women. <i>Journal of Bodywork and Movement Therapies</i> , 2020, 24, 344-353.	0.5	4
98	Physical Activity and Sociodemographic Profile of Brazilian People during COVID-19 Outbreak: An Online and Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7964.	1.2	22
99	High-Flow Oxygen through Nasal Cannula vs. Non-Invasive Ventilation in Hypercapnic Respiratory Failure: A Randomized Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5994.	1.2	22
100	Pacing strategy of a wheelchair athlete in a 5x and 10x Ironman ultra triathlon: a case study. <i>Disability and Rehabilitation: Assistive Technology</i> , 2020, , 1-7.	1.3	0
101	Cut-Off Values in the Prediction of Success in Olympic Distance Triathlon. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9491.	1.2	12
102	Sleep During "Lockdown"in the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9094.	1.2	39
103	Analysis of Cyclist"s Drag on the Aero Position Using Numerical Simulations and Analytical Procedures: A Case Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3430.	1.2	6
104	Validity of Recreational Marathon Runners" Self-Reported Anthropometric Data. <i>Perceptual and Motor Skills</i> , 2020, 127, 1068-1078.	0.6	15
105	Tower Running"Participation, Performance Trends, and Sex Difference. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1902.	1.2	3
106	&lt;p&gt;Small-Sided Games are More Enjoyable Than High-Intensity Interval Training of Similar Exercise Intensity in Soccer&lt;/p&gt;. <i>Open Access Journal of Sports Medicine</i> , 2020, Volume 11, 77-84.	0.6	29
107	Performance trends in Paralympic athletes in sprint, middle-distance and endurance events. <i>Sport Sciences for Health</i> , 2020, 16, 485-490.	0.4	4
108	Participation and Performance Analysis in Children and Adolescents Competing in Time-Limited Ultra-Endurance Running Events. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1628.	1.2	11

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109	The Age-Related Performance Decline in Ironman 70.3. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2148.	1.2	6
110	Vitamin D and Sport Performance. <i>Nutrients</i> , 2020, 12, 841.	1.7	7
111	Participation and Performance Trends in the Oldest 100-km Ultramarathon in the World. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1719.	1.2	23
112	Performance Differences Between the Sexes in the Boston Marathon From 1972 to 2017. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 566-576.	1.0	25
113	Pacing and Performance Analysis of the World's Fastest Female Ultra-Triathlete in 5x and 10x Ironman. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1543.	1.2	3
114	Pacing in World-Class Age Group Swimmers in 100 and 200 m Freestyle, Backstroke, Breaststroke, and Butterfly. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3875.	1.2	10
115	Variations of estimated maximal aerobic speed in children soccer players and its associations with the accumulated training load: Comparisons between non, low and high responders. <i>Physiology and Behavior</i> , 2020, 224, 113030.	1.0	12
116	Age-related participation and performance trends of children and adolescents in ultramarathon running. <i>Research in Sports Medicine</i> , 2020, 28, 507-517.	0.7	4
117	Acute Responses to Low and High Intensity Exercise in Type 1 Diabetic Adolescents in Relation to Their Level of Serum 25(OH)D. <i>Nutrients</i> , 2020, 12, 454.	1.7	4
118	Self-Selected Pacing During a World Record Attempt in 40 Ironman-Distance Triathlons in 40 Days. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2390.	1.2	2
119	The Effect of Vitamin D3 Supplementation on Hepcidin, Iron, and IL-6 Responses after a 100 km Ultra-Marathon. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2962.	1.2	15
120	Skinfold Thickness Distribution in Recreational Marathon Runners. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2978.	1.2	8
121	Can the Performance Gap between Women and Men be Reduced in Ultra-Cycling?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2521.	1.2	10
122	The Role of Nationality in Ultra-Endurance Sports: The Paradigm of Cross-Country Skiing and Long-Distance Running. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2543.	1.2	6
123	Effect of Angle of View and Partial Sleep Deprivation on Distance Perception. <i>Frontiers in Psychology</i> , 2020, 11, 201.	1.1	7
124	Risk Factors for Upper Limb Injury in Tennis Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2744.	1.2	19
125	The effect of vitamin D supplementation on serum total 25(OH) levels and biochemical markers of skeletal muscles in runners. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 18.	1.7	37
126	Does Health Professional Counseling Impact the Quality-of-Life Levels of Older Adults Enrolled in Physical Activity Programs?. <i>Medicina (Lithuania)</i> , 2020, 56, 146.	0.8	0



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127	Subcutaneous Adipose Tissue in Female Volleyball Players: Is It Related with Performance Indices?. <i>Medicina (Lithuania)</i> , 2020, 56, 159.	0.8	2
128	Pacing in World-Class Age Group Swimmers in 200 and 400 m Individual Medley. <i>Frontiers in Physiology</i> , 2020, 11, 629738.	1.3	1
129	Longitudinal Performance Analysis in Ultra-Triathlon of the World's 2 Best Master Triathletes. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 1480-1484.	1.1	5
130	A descriptive study on health, training and social aspects of adults that participated in ultra endurance running as youth athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, , .	0.4	7
131	Sex Differences in Swimming Disciplines—Can Women Outperform Men in Swimming?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3651.	1.2	30
132	Even Pacing Is Associated with Faster Finishing Times in Ultramarathon Distance Trail Running—The “Ultra-Trail du Mont Blanc” 2008–2019. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7074.	1.2	15
133	Core Stability and Symmetry of Youth Female Volleyball Players: A Pilot Study on Anthropometric and Physiological Correlates. <i>Symmetry</i> , 2020, 12, 249.	1.1	0
134	Warm-up effect on handgrip strength in sedentary and overweight women. <i>Revista Facultad De Medicina</i> , 2020, 68, .	0.0	1
135	Breaking the athletics world record in the 100 and 400 meters: an alternative method for assessment. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 1317-1321.	0.4	1
136	Occlusion Training During Specific Futsal Training Improves Aspects of Physiological and Physical Performance. <i>Journal of Sports Science and Medicine</i> , 2020, 19, 374-382.	0.7	7
137	Effects of Plyometric Jump Training on Vertical Jump Height of Volleyball Players: A Systematic Review with Meta-Analysis of Randomized-Controlled Trial. <i>Journal of Sports Science and Medicine</i> , 2020, 19, 489-499.	0.7	10
138	Swimming during COVID-19: Operational recommendations and considerations for South African swimming venues. <i>SA Sports Medicine</i> , 2020, 32, 1-3.	0.1	0
139	Motivation in ultra-marathon runners. <i>Psychology Research and Behavior Management</i> , 2019, Volume 12, 31-37.	1.3	34
140	The Effect of Static and Dynamic Stretching Exercises on Sprint Ability of Recreational Male Volleyball Players. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2835.	1.2	14
141	Variations in Central Adiposity, Cardiovascular Fitness, and Objectively Measured Physical Activity According to Weight Status in Children (9–11 Years). <i>Frontiers in Physiology</i> , 2019, 10, 936.	1.3	7
142	Differences in competition statistics between winners and losers in male and female tennis players in Olympic Games. <i>German Journal of Exercise and Sport Research</i> , 2019, 49, 313-318.	1.0	8
143	Age Differences in Pacing in Endurance Running: Comparison between Marathon and Half-Marathon Men and Women. <i>Medicina (Lithuania)</i> , 2019, 55, 479.	0.8	19
144	Training/Match External Load Ratios in Professional Soccer Players: A Full-Season Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3057.	1.2	54

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145	Variations of Network Centralities Between Playing Positions in Favorable and Unfavorable Close and Unbalanced Scores During the 2018 FIFA World Cup. <i>Frontiers in Psychology</i> , 2019, 10, 1802.	1.1	6
146	A Systematic Review of Meta-Analyses Comparing Periodized and Non-periodized Exercise Programs: Why We Should Go Back to Original Research. <i>Frontiers in Physiology</i> , 2019, 10, 1023.	1.3	18
147	The Effect of Plyometric Training in Volleyball Players: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2960.	1.2	51
148	Fl�che versus Lunge as the Optimal Footwork Technique in Fencing. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2315.	1.2	5
149	Anthropometric Profile of Soccer Players as a Determinant of Position Specificity and Methodological Issues of Body Composition Estimation. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2386.	1.2	34
150	Women Reduce the Performance Difference to Men with Increasing Age in Ultra-Marathon Running. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2377.	1.2	31
151	Age- and Maturity-Related Variations in Morphology, Body Composition, and Motor Fitness among Young Female Tennis Players. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2412.	1.2	13
152	Psychophysiological Patterns Related to Success in a Special Operation Selection Course. <i>Frontiers in Physiology</i> , 2019, 10, 867.	1.3	11
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