

# Jennifer L Reed

## List of Publications by Year in descending order

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Version: 2024-02-01

101  
papers

2,048  
citations

279798

23  
h-index

289244

40  
g-index

106  
all docs

106  
docs citations

106  
times ranked

2868  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sex and Age Differences in Anxiety and Depression Levels Before and After Aerobic Interval Training in Cardiac Rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2022, 42, 15-21.	2.1	8
2	The effects of high-intensity interval training, Nordic walking and moderate-to-vigorous intensity continuous training on functional capacity, depression and quality of life in patients with coronary artery disease enrolled in cardiac rehabilitation: A randomized controlled trial (CRX study). <i>Progress in Cardiovascular Diseases</i> , 2022, 70, 73-83.	3.1	35
3	Sex differences in physical and mental health following high-intensity interval training in adults with cardiovascular disease who completed cardiac rehabilitation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2022, 47, 9-17.	1.9	3
4	The underrepresentation of female athletes in sports research: considerations for cardiovascular health. <i>European Heart Journal</i> , 2022, 43, 1609-1611.	2.2	9
5	The Physical Activity Levels and Sitting Time of Adults Living with Atrial Fibrillation – The CHAMPLAIN-AF Study. <i>CJC Open</i> , 2022, , .	1.5	1
6	Sex-specific associations of fat mass and muscle mass with cardiovascular disease risk factors in adults with type 2 diabetes living with overweight and obesity: secondary analysis of the Look AHEAD trial. <i>Cardiovascular Diabetology</i> , 2022, 21, 40.	6.8	7
7	The Prevalence of Metabolic Dysfunction-Associated Fatty Liver Disease and Its Association with Physical Function and Prognosis in Patients with Acute Coronary Syndrome. <i>Journal of Clinical Medicine</i> , 2022, 11, 1847.	2.4	4
8	Optimal cutoff values for physical function tests in elderly patients with heart failure. <i>Scientific Reports</i> , 2022, 12, 6920.	3.3	2
9	Looking Beyond Binary Sex Classifications: Gender-Related Variables in Patients Entering Cardiac Rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2022, 42, 208-210.	2.1	1
10	Sustained Effects of Different Exercise Modalities on Physical and Mental Health in Patients With Coronary Artery Disease: A Randomized Clinical Trial. <i>Canadian Journal of Cardiology</i> , 2022, 38, 1235-1243.	1.7	9
11	Lessons learned from community- and home-based physical activity programs: A narrative review of factors influencing women’s participation in cardiac rehabilitation. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 761-778.	1.8	27
12	The GLIM criteria for defining malnutrition can predict physical function and prognosis in patients with cardiovascular disease. <i>Clinical Nutrition</i> , 2021, 40, 146-152.	5.0	47
13	Quadriceps Strength and Mortality in Older Patients With Heart Failure. <i>Canadian Journal of Cardiology</i> , 2021, 37, 476-483.	1.7	13
14	Meeting the Canadian strength training recommendations: Implications for the cardiometabolic, psychological and musculoskeletal health of nurses. <i>Journal of Nursing Management</i> , 2021, 29, 681-689.	3.4	2
15	Prognostic utility of dynapenia in patients with cardiovascular disease. <i>Clinical Nutrition</i> , 2021, 40, 2210-2218.	5.0	12
16	A virtual platform to deliver ambulatory care for patients with atrial fibrillation. <i>Cardiovascular Digital Health Journal</i> , 2021, 2, 63-70.	1.3	8
17	Prognostic value of cardio-hepatic-skeletal muscle syndrome in patients with heart failure. <i>Scientific Reports</i> , 2021, 11, 3715.	3.3	2
18	Cardiac Rehabilitation Following Percutaneous Coronary Intervention Is Associated With Superior Psychological Health and Quality of Life in Males but Not in Females. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021, 41, 345-350.	2.1	4

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19	Exercise Targets in the 2020 CCS Guidelines for the Management of Patients With Atrial Fibrillation. <i>Canadian Journal of Cardiology</i> , 2021, 37, 1678-1679.	1.7	2
20	Monitoring and adapting endurance training on the basis of heart rate variability monitored by wearable technologies: A systematic review with meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 1180-1192.	1.3	17
21	COVID-19 pandemic ^ Inequities and inequalities to exercise and their consequences on the physical and mental health of women with cardiovascular disease: recommendations on how to address the needs of women. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 690-692.	1.9	0
22	Recovering from spontaneous coronary artery dissection: Patient-reported challenges and rehabilitative intervention needs.. <i>Health Psychology</i> , 2021, 40, 472-479.	1.6	14
23	Moving Together While Staying Apart: Practical Recommendations for 24-Hour Home-Based Movement Behaviours for Those With Cardiovascular Disease. <i>CJC Open</i> , 2021, 3, 1495-1504.	1.5	2
24	Practical Recommendations for High-Intensity Interval Training for Adults with Cardiovascular Disease. <i>ACSM's Health and Fitness Journal</i> , 2021, 25, 35-43.	0.6	3
25	Sex Differences in Cardiometabolic Health Indicators after HIIT in Patients with Coronary Artery Disease. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1345-1355.	0.4	9
26	Work-related factors predict changes in physical activity among nurses participating in a web-based worksite intervention: A randomized controlled trial. <i>BMC Nursing</i> , 2021, 20, 224.	2.5	2
27	An Evaluation of Device-Measured Physical Activity Levels of Patients With Nonpermanent Atrial Fibrillation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021, 41, 440-442.	2.1	0
28	Smoking behaviour among nurses in Ontario: cross-sectional results from the Champlain Nursesâ€™ Study. <i>Canadian Journal of Public Health</i> , 2020, 111, 134-142.	2.3	3
29	What Motivates Nurses to Exercise? Determinants of Physical Activity Among Canadian Nurses Using Self-Determination Theory. <i>Annals of Behavioral Medicine</i> , 2020, 54, 381-390.	2.9	4
30	Predefined vs dataâ€­guided training prescription based on autonomic nervous system variation: A systematic review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 2291-2304.	2.9	17
31	Using the 6-min Walk Test to Monitor Peak Oxygen Uptake Response to Cardiac Rehabilitation in Patients With Heart Failure. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2020, 40, 378-382.	2.1	8
32	Cardiac rehabilitation is associated with greater improvements in psychological health following coronary artery bypass graft surgery when compared with percutaneous coronary intervention. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 1339-1344.	1.9	5
33	A comparison of self-reported and device measured sedentary behaviour in adults: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 31.	4.6	215
34	The feasibility of implementing high-intensity interval training in cardiac rehabilitation settings: a retrospective analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2020, 12, 38.	1.7	23
35	Physical activity, sedentary time and sleep and associations with mood states, shift work disorder and absenteeism among nurses: an analysis of the cross-sectional Champlain Nursesâ€™ Study. <i>PeerJ</i> , 2020, 8, e8464.	2.0	15
36	Motivation Predicts Change in Nursesâ€™ Physical Activity Levels During a Web-Based Worksite Intervention: Results From a Randomized Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e11543.	4.3	7

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37	Abstract 13362: Socio-ecological Variables Influenced Moderate-to-vigorous Intensity Physical Activity Levels Amongst Hospital-based Nurses: A Multi-site Study. <i>Circulation</i> , 2020, 142, .	1.6	0
38	Daily physical activity and sedentary behaviour across occupational classifications in Canadian adults. <i>Health Reports</i> , 2020, 31, 13-26.	0.8	13
39	Dietary Behaviour Is Associated with Cardiometabolic and Psychological Risk Indicators in Female Hospital Nurses—A Post-Hoc, Cross-Sectional Study. <i>Nutrients</i> , 2019, 11, 2054.	4.1	10
40	Aerobic interval training and moderate-to-vigorous intensity continuous training are associated with sex-specific improvements in psychological health in patients with heart disease. <i>European Journal of Preventive Cardiology</i> , 2019, 26, 888-891.	1.8	4
41	Establishing the Minimal Clinically Important Difference for the Hospital Anxiety and Depression Scale in Patients With Cardiovascular Disease. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2019, 39, E6-E11.	2.1	163
42	Meeting the Needs of Women in Cardiac Rehabilitation. <i>Circulation</i> , 2019, 139, 1247-1248.	1.6	16
43	Psychosocial and Cardiometabolic Health of Patients With Differing Body Mass Index Completing Cardiac Rehabilitation. <i>Canadian Journal of Cardiology</i> , 2019, 35, 712-720.	1.7	8
44	Device-measured physical activity, sedentary behaviour and cardiometabolic health and fitness across occupational groups: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 30.	4.6	106
45	Sex differences in psychosocial and cardiometabolic health among patients completing cardiac rehabilitation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 1237-1245.	1.9	16
46	The effects of aerobic interval training and moderate-to-vigorous intensity continuous exercise on mental and physical health in women with heart disease. <i>European Journal of Preventive Cardiology</i> , 2019, 26, 211-214.	1.8	12
47	Comparison of self-reported and objectively measured levels of sitting and physical activity and associations with markers of health in cardiac rehabilitation patients. <i>European Journal of Preventive Cardiology</i> , 2019, 26, 653-656.	1.8	9
48	Submaximal Exercise Testing in Cardiovascular Rehabilitation Settings (BEST Study). <i>Frontiers in Physiology</i> , 2019, 10, 1517.	2.8	16
49	Do We Need Heart Teams for Complex Cardiac Arrhythmias? A Cardiologist's Perspective. , 2019, , 47-73.		0
50	Influence of the workplace on physical activity and cardiometabolic health: Results of the multi-centre cross-sectional Champlain Nurses' study. <i>International Journal of Nursing Studies</i> , 2018, 81, 49-60.	5.6	47
51	Single versus multi-item self-assessment of sedentary behaviour: A comparison with objectively measured sedentary time in nurses. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 925-929.	1.3	16
52	Is it time to update standard cardiac rehabilitation programming? The evidence suggests we must go above and beyond. <i>International Journal of Cardiology</i> , 2018, 255, 229-230.	1.7	0
53	Women's heart health. <i>Current Opinion in Cardiology</i> , 2018, 33, 514-520.	1.8	9
54	Results OF THE SEDENTARY INTERVENTION TRIAL IN CARDIAC REHABILITATION (SIT-CR): A PILOT RANDOMIZED CONTROLLED TRIAL. <i>Canadian Journal of Cardiology</i> , 2018, 34, S42.	1.7	0

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55	The Impact of Cardiac Rehabilitation on Mental and Physical Health in Patients With Atrial Fibrillation: A Matched Case-Control Study. <i>Canadian Journal of Cardiology</i> , 2018, 34, 1512-1521.	1.7	11
56	The effectiveness of eHealth interventions on physical activity and measures of obesity among working-age women: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2018, 19, 1340-1358.	6.5	53
57	Results of the Sedentary Intervention Trial in Cardiac Rehabilitation (SIT-CR Study): A pilot randomized controlled trial. <i>International Journal of Cardiology</i> , 2018, 269, 317-324.	1.7	24
58	The Impact of Web-Based Feedback on Physical Activity and Cardiovascular Health of Nurses Working in a Cardiovascular Setting: A Randomized Trial. <i>Frontiers in Physiology</i> , 2018, 9, 142.	2.8	19
59	The Effects of Cardiac Rehabilitation in Patients With Atrial Fibrillation: A Systematic Review. <i>Canadian Journal of Cardiology</i> , 2018, 34, S284-S295.	1.7	23
60	Sex Differences in Perceived Health and Cardiovascular Risk Profiles in Patients Enrolled in Cardiac Rehabilitation. <i>Canadian Journal of Cardiology</i> , 2018, 34, e18.	1.7	0
61	Impact of Workplace Physical Activity Interventions on Physical Activity and Cardiometabolic Health Among Working-Age Women. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2017, 10, .	2.2	46
62	Performance of Fixed Heart Rate Increment Targets of 20 vs 30 Beats per Minute for Exercise Rehabilitation Prescription in Outpatients With Heart Failure. <i>Canadian Journal of Cardiology</i> , 2017, 33, 777-784.	1.7	14
63	Correlates of sedentary behaviour in adults: a systematic review. <i>Obesity Reviews</i> , 2017, 18, 915-935.	6.5	115
64	What do We Know about Women Versus Men Who Attend Heart Wise Exercise Sessions?. <i>Canadian Journal of Cardiology</i> , 2016, 32, S7.	1.7	0
65	Marathon Training: Gender and Age Aspects. , 2016, , 125-152.		5
66	CHARACTERIZING VASCULAR HEALTH IN FEMALE NURSES IN THE CHAMPLAIN REGION OF ONTARIO. <i>Canadian Journal of Cardiology</i> , 2016, 32, S221.	1.7	0
67	Why are adult women physically active? A systematic review of prospective cohort studies to identify intrapersonal, social environmental and physical environmental determinants. <i>Obesity Reviews</i> , 2016, 17, 919-944.	6.5	29
68	Movement Patterns Of Canadian Nurses. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 758.	0.4	0
69	Evaluating the Heart Wise Exercise program: a model for safe community exercise programming. <i>BMC Public Health</i> , 2016, 16, 190.	2.9	11
70	Why do ADult Women Exercise? â€“ A Systematic Review of Prospective Cohort Studies. <i>Canadian Journal of Cardiology</i> , 2016, 32, S6-S7.	1.7	0
71	Practical Approaches to Prescribing Physical Activity and Monitoring Exercise Intensity. <i>Canadian Journal of Cardiology</i> , 2016, 32, 514-522.	1.7	64
72	Exposure to a combination of heat and hyperoxia during cycling at submaximal intensity does not alter thermoregulatory responses. <i>Biology of Sport</i> , 2016, 33, 71-76.	3.2	2

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73	E-health physical activity interventions and moderate-to-vigorous intensity physical activity levels among working-age women: a systematic review protocol. <i>Systematic Reviews</i> , 2015, 4, 3.	5.3	12
74	A Comparison of Accelerometer Cut-Points among Individuals with Coronary Artery Disease. <i>PLoS ONE</i> , 2015, 10, e0137759.	2.5	26
75	Strength, Endurance, Throwing Velocity and in-Water Jump Performance of Elite German Water Polo Players. <i>Journal of Human Kinetics</i> , 2015, 45, 149-156.	1.5	13
76	Energy availability discriminates clinical menstrual status in exercising women. <i>Journal of the International Society of Sports Nutrition</i> , 2015, 12, 11.	3.9	60
77	High-intensity interval training improves cardiovascular health, exercise capacity, and quality of life in permanent atrial fibrillation: a case study. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 1321-1323.	1.9	3
78	Individual versus Standardized Running Protocols in the Determination of VO <sub>2</sub> max. <i>Journal of Sports Science and Medicine</i> , 2015, 14, 386-93.	1.6	19
79	Individual, social and physical environmental correlates of sedentary behaviours in adults: a systematic review protocol. <i>Systematic Reviews</i> , 2014, 3, 120.	5.3	10
80	Workplace physical activity interventions and moderate-to-vigorous intensity physical activity levels among working-age women: a systematic review protocol. <i>Systematic Reviews</i> , 2014, 3, 147.	5.3	18
81	Acute Hormonal Responses Before and After 2 Weeks of HIT in Well Trained Junior Triathletes. <i>International Journal of Sports Medicine</i> , 2014, 35, 316-322.	1.7	18
82	Intrapersonal, social and physical environmental determinants of moderate-to-vigorous physical activity in working-age women: a systematic review protocol. <i>Systematic Reviews</i> , 2014, 3, 132.	5.3	15
83	The talk test. <i>Current Opinion in Cardiology</i> , 2014, 29, 475-480.	1.8	89
84	Nutritional practices associated with low energy availability in Division I female soccer players. <i>Journal of Sports Sciences</i> , 2014, 32, 1499-1509.	2.0	50
85	Exercise training in patients with paroxysmal, persistent or permanent atrial fibrillation. <i>Cmaj</i> , 2014, 186, E558-E558.	2.0	6
86	AN EXAMINATION OF ACCELEROMETER CUT-POINTS FOR QUANTIFYING PHYSICAL ACTIVITY IN CARDIAC POPULATIONS. <i>Canadian Journal of Cardiology</i> , 2014, 30, S308.	1.7	1
87	The Effects of Chronic Exercise Training in Individuals With Permanent Atrial Fibrillation: A Systematic Review. <i>Canadian Journal of Cardiology</i> , 2013, 29, 1721-1728.	1.7	47
88	The Maintenance of Energy Balance Is Compromised after Weight Loss. <i>Canadian Journal of Diabetes</i> , 2013, 37, 121-127.	0.8	14
89	Randomized Trial of Nordic Walking in Patients With Moderate to Severe Heart Failure. <i>Canadian Journal of Cardiology</i> , 2013, 29, 1470-1476.	1.7	36
90	Effect of High Dietary Restraint on Energy Availability and Menstrual Status. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 1790-1797.	0.4	32

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91	Electronic cigarettes. Cmaj, 2013, 185, 1427-1427.	2.0	1
92	Changes in energy availability across the season in Division I female soccer players. Journal of Sports Sciences, 2013, 31, 314-324.	2.0	70
93	Exercising women with menstrual disturbances consume low energy dense foods and beverages. Applied Physiology, Nutrition and Metabolism, 2011, 36, 382-394.	1.9	27
94	Sensitivity and Specificity of an Energy Availability Threshold in Differentiating Menstrual Status in Exercising Premenopausal Women. Medicine and Science in Sports and Exercise, 2011, 43, 66-67.	0.4	0
95	A High Cognitive Restraint Is Associated With Lower Levels Of Energy Availability In Exercising Women. Medicine and Science in Sports and Exercise, 2011, 43, 66.	0.4	0
96	Elevated PYY is Associated with Low Energy Dense Diets in Women with Exercise-Associated Menstrual Disturbances. Medicine and Science in Sports and Exercise, 2011, 43, 674.	0.4	0
97	Energy Density Is Lower in Exercising Women with Energy Related Menstrual Cycle Disturbances. Medicine and Science in Sports and Exercise, 2010, 42, 441.	0.4	0
98	Effects of exercise combined with caloric restriction on inflammatory cytokines. Applied Physiology, Nutrition and Metabolism, 2010, 35, 573-582.	1.9	32
99	Estrogen and progesterone exposure is reduced in response to energy deficiency in women aged 25-40 years. Human Reproduction, 2010, 25, 2328-2339.	0.9	47
100	Energy Availability Differs According to Menstrual Status in Trained Free-Living Premenopausal Exercising Women. Medicine and Science in Sports and Exercise, 2010, 42, .	0.4	0
101	High-Intensity Interval Training vs Moderate-Intensity Continuous Training for Women Undergoing Cardiovascular Rehabilitation. JAMA Cardiology, 0, , .	6.1	0