

Debra L Waters

List of Publications by Year in descending order

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Version: 2024-02-01

50
papers

2,468
citations

471509

17
h-index

254184

43
g-index

52
all docs

52
docs citations

52
times ranked

3849
citing authors

#	ARTICLE	IF	CITATIONS
1	Sarcopenic Obesity Predicts Instrumental Activities of Daily Living Disability in the Elderly. <i>Obesity</i> , 2004, 12, 1995-2004.	4.0	753
2	Aerobic or Resistance Exercise, or Both, in Dieting Obese Older Adults. <i>New England Journal of Medicine</i> , 2017, 376, 1943-1955.	27.0	433
3	Weight loss in obese adults 65years and older: A review of the controversy. <i>Experimental Gerontology</i> , 2013, 48, 1054-1061.	2.8	154
4	Sarcopenia and Obesity. <i>Clinics in Geriatric Medicine</i> , 2011, 27, 401-421.	2.6	149
5	Exercise interventions in healthy older adults with sarcopenia: A systematic review and meta-analysis. <i>Australasian Journal on Ageing</i> , 2018, 37, 169-183.	0.9	146
6	Effect of weight loss, exercise, or both on cognition and quality of life in obese older adults. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 189-198.	4.7	127
7	Altered Growth Hormone, Cortisol, and Leptin Secretion in Healthy Elderly Persons With Sarcopenia and Mixed Body Composition Phenotypes. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2008, 63, 536-541.	3.6	93
8	Serum Leptin in Elderly People: Associations with Sex Hormones, Insulin, and Adipose Tissue Volumes. <i>Obesity</i> , 1999, 7, 141-149.	4.0	59
9	Sarcopenia in osteoarthritis and rheumatoid arthritis: The association with self-reported fatigue, physical function and obesity. <i>PLoS ONE</i> , 2019, 14, e0217462.	2.5	59
10	Chemotherapy Agents Alter Plasma Lipids in Breast Cancer Patients and Show Differential Effects on Lipid Metabolism Genes in Liver Cells. <i>PLoS ONE</i> , 2016, 11, e0148049.	2.5	57
11	Evaluation of a Peer-Led Falls Prevention Program for Older Adults. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011, 92, 1581-1586.	0.9	49
12	Effect of Aerobic or Resistance Exercise, or Both, on Bone Mineral Density and Bone Metabolism in Obese Older Adults While Dieting: A Randomized Controlled Trial. <i>Journal of Bone and Mineral Research</i> , 2020, 35, 430-439.	2.8	46
13	Intermuscular Adipose Tissue: A Brief Review of Etiology, Association With Physical Function and Weight Loss in Older Adults. <i>Annals of Geriatric Medicine and Research</i> , 2019, 23, 3-8.	1.8	39
14	Skeletal muscle mitochondrial function and lean body mass in healthy exercising elderly. <i>Mechanisms of Ageing and Development</i> , 2003, 124, 301-309.	4.6	38
15	The impacts of ageing on connection to nature: the varied responses of older adults. <i>Health and Place</i> , 2019, 56, 24-33.	3.3	38
16	Sexually dimorphic patterns of nutritional intake and eating behaviors in community-dwelling older adults with normal and slow gait speed. <i>Journal of Nutrition, Health and Aging</i> , 2014, 18, 228-233.	3.3	22
17	Effect of Aerobic or Resistance Exercise, or Both, on Intermuscular and Visceral Fat and Physical and Metabolic Function in Older Adults With Obesity While Dieting. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 131-139.	3.6	20
18	Testosterone and Adipokines are Determinants of Physical Performance, Strength, and Aerobic Fitness in Frail, Obese, Older Adults. <i>International Journal of Endocrinology</i> , 2014, 2014, 1-6.	1.5	18

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19	Relationship of Incident Falls with Balance Deficits and Body Composition in Male and Female Community-Dwelling Elders. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 9-13.	3.3	14
20	Sex-specific muscle and metabolic biomarkers associated with gait speed and cognitive transitions in older adults: a 9-year follow-up. <i>GeroScience</i> , 2020, 42, 585-593.	4.6	13
21	Perceptions towards aqua-based exercise among older adults with osteoarthritis who have discontinued participation in this exercise mode. <i>Australasian Journal on Ageing</i> , 2016, 35, 12-17.	0.9	12
22	Aging in New Zealand: Ka haere ki te ao pakeketanga. <i>Gerontologist, The</i> , 2020, 60, 812-820.	3.9	12
23	A Systematic Review of Clinical Practice Guidelines for Identification and Management of Frailty. <i>Journal of Nutrition, Health and Aging</i> , 2021, 25, 382-391.	3.3	12
24	Vitamin D status and its predictors in New Zealand aged-care residents eligible for a government-funded universal vitamin D supplementation programme. <i>Public Health Nutrition</i> , 2016, 19, 3349-3360.	2.2	11
25	Study protocol of a randomised controlled trial to examine the impact of a complex intervention in pre-frail older adults. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 1407-1417.	2.9	10
26	Supporting ageing well research: Findings from a research priority setting exercise. <i>Australasian Journal on Ageing</i> , 2019, 38, 136-143.	0.9	9
27	Fat, Muscle, and Bone Interactions in Obesity and the Metabolic Syndrome. <i>International Journal of Endocrinology</i> , 2014, 2014, 1-3.	1.5	8
28	Sarcopenic obesity is more prevalent in osteoarthritis than rheumatoid arthritis: are different processes involved?. <i>Rheumatology</i> , 2017, 56, 1816-1818.	1.9	8
29	Dietary Patterns in the Frail Elderly. <i>Current Nutrition Reports</i> , 2016, 5, 68-75.	4.3	7
30	Are nurses more likely to report providing care plans for chronic disease patients than doctors? Findings from a New Zealand study. <i>Chronic Illness</i> , 2015, 11, 210-217.	1.5	6
31	The Diet Quality and Nutrition Inadequacy of Pre-Frail Older Adults in New Zealand. <i>Nutrients</i> , 2021, 13, 2384.	4.1	6
32	Impact of the first wave of COVID-19 on the health and psychosocial well-being of Māori, Pacific Peoples and New Zealand Europeans living in aged residential care. <i>Australasian Journal on Ageing</i> , 2022, 41, 293-300.	0.9	6
33	The Use of Peer-Led Community-Based Programs to Promote Healthy Aging. <i>Current Geriatrics Reports</i> , 2017, 6, 202-211.	1.1	5
34	Physical activity behaviour and barriers to activity in adults at high risk of obstructive sleep apnoea. <i>Journal of Primary Health Care</i> , 2020, 12, 257.	0.6	5
35	A pilot investigation of reliability and validity of balance and gait assessments using telehealth with healthy older adults. <i>Experimental Gerontology</i> , 2022, 162, 111747.	2.8	5
36	Estradiol Effects on the Growth Hormone/Insulin-Like Growth Factor-1 Axis in Amenorrhic Athletes. <i>Applied Physiology, Nutrition, and Metabolism</i> , 2003, 28, 64-78.	1.7	4

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37	Factors contributing to postural instability in patients with idiopathic Parkinson's disease. <i>Physical Therapy Reviews</i> , 2014, 19, 302-327.	0.8	3
38	Using the Centers for Disease Control and Prevention's Stay Independent Checklist to Engage a Community of American Indians and Raise Awareness About Risk of Falls, 2016. <i>Preventing Chronic Disease</i> , 2017, 14, E05.	3.4	3
39	GENDER SPECIFIC ASSOCIATIONS BETWEEN FRAILTY AND BODY COMPOSITION. <i>Journal of Frailty & Aging</i> , 2012, 1, 1-5.	1.3	3
40	Older adults' domestic green environments: the preference for flowers. <i>Landscape Research</i> , 2021, 46, 897-915.	1.6	2
41	Impact of the 2020 New Zealand COVID-19 lockdown on participants in a community-based, peer-led fall prevention program. <i>Australasian Journal on Ageing</i> , 2022, , .	0.9	2
42	Development of a 15-Item Scale to Measure Parental Perceptions of Their Neighborhood. <i>Health Education and Behavior</i> , 2015, 42, 100-108.	2.5	1
43	High-Intensity Interval Aerobic Resistance Training to Counteract Low Relative Appendicular Lean Soft Tissue Mass in Middle Age: Study Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2020, 9, e22989.	1.0	1
44	Obesity in Older Adults: Prevalence, Health Risk and Management of Care Among Nursing Home Residents. <i>Current Geriatrics Reports</i> , 2015, 4, 211-220.	1.1	0
45	Opening the door to Open Access. <i>Australasian Journal on Ageing</i> , 2021, 40, 235-236.	0.9	0
46	Mitochondrial function in physically active older adults with sarcopenia. <i>FASEB Journal</i> , 2008, 22, 1163-20.	0.5	0
47	A "new era" for the <i>Australasian Journal on Ageing</i> . <i>Australasian Journal on Ageing</i> , 2020, 39, 323-324.	0.9	0
48	Corrigendum to: Aging in New Zealand: Ka haere ki te ao pakeketanga. <i>Gerontologist</i> , 2021, 61, 805-805.	3.9	0
49	Behind the scenes at the <i>Australasian Journal on Ageing</i> . <i>Australasian Journal on Ageing</i> , 2022, 41, 5-5.	0.9	0
50	Moving with the times. <i>Australasian Journal on Ageing</i> , 2022, 41, 164-164.	0.9	0