

Dariush Mozaffarian

List of Publications by Year in descending order

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Version: 2024-02-01

492
papers

119,411
citations

466
130
h-index

127
336
g-index

503
all docs

503
docs citations

503
times ranked

114658
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|------|-----------|
| 1 | A comparative risk assessment of burden of disease and injury attributable to 67 risk factors and risk factor clusters in 21 regions, 1990â€“2010: a systematic analysis for the Global Burden of Disease Study 2010. Lancet, The, 2012, 380, 2224-2260. | 13.7 | 9,397 |
| 2 | Heart Disease and Stroke Statisticsâ€™2017 Update: A Report From the American Heart Association. Circulation, 2017, 135, e146-e603. | 1.6 | 7,085 |
| 3 | Heart Disease and Stroke Statisticsâ€™2015 Update. Circulation, 2015, 131, e29-322. | 1.6 | 5,963 |
| 4 | Heart Disease and Stroke Statisticsâ€™2016 Update. Circulation, 2016, 133, e38-360. | 1.6 | 5,447 |
| 5 | Heart Disease and Stroke Statisticsâ€™2011 Update. Circulation, 2011, 123, e18-e209. | 1.6 | 4,379 |
| 6 | Heart Disease and Stroke Statisticsâ€™2012 Update. Circulation, 2012, 125, e2-e220. | 1.6 | 4,096 |
| 7 | Heart Disease and Stroke Statisticsâ€™2010 Update. Circulation, 2010, 121, e46-e215. | 1.6 | 4,053 |
| 8 | Defining and Setting National Goals for Cardiovascular Health Promotion and Disease Reduction. Circulation, 2010, 121, 586-613. | 1.6 | 3,508 |
| 9 | Health effects of dietary risks in 195 countries, 1990â€“2017: a systematic analysis for the Global Burden of Disease Study 2017. Lancet, The, 2019, 393, 1958-1972. | 13.7 | 3,062 |
| 10 | Heart Disease and Stroke Statisticsâ€™2009 Update. Circulation, 2009, 119, 480-486. | 1.6 | 2,334 |
| 11 | Executive Summary: Heart Disease and Stroke Statisticsâ€™2016 Update. Circulation, 2016, 133, 447-454. | 1.6 | 2,093 |
| 12 | The State of US Health, 1990-2010. JAMA - Journal of the American Medical Association, 2013, 310, 591. | 7.4 | 2,070 |
| 13 | Changes in Diet and Lifestyle and Long-Term Weight Gain in Women and Men. New England Journal of Medicine, 2011, 364, 2392-2404. | 27.0 | 1,971 |
| 14 | The Seattle Heart Failure Model. Circulation, 2006, 113, 1424-1433. | 1.6 | 1,744 |
| 15 | Fish Intake, Contaminants, and Human Health. JAMA - Journal of the American Medical Association, 2006, 296, 1885. | 7.4 | 1,600 |
| 16 | The Preventable Causes of Death in the United States: Comparative Risk Assessment of Dietary, Lifestyle, and Metabolic Risk Factors. PLoS Medicine, 2009, 6, e1000058. | 8.4 | 1,529 |
| 17 | Dietary and Policy Priorities for Cardiovascular Disease, Diabetes, and Obesity. Circulation, 2016, 133, 187-225. | 1.6 | 1,501 |
| 18 | Trans Fatty Acids and Cardiovascular Disease. New England Journal of Medicine, 2006, 354, 1601-1613. | 27.0 | 1,416 |

| # | ARTICLE | IF | CITATIONS |
|----|--|------|-----------|
| 19 | Executive Summary: Heart Disease and Stroke Statistics—2010 Update. <i>Circulation</i> , 2010, 121, 948-954. | 1.6 | 1,411 |
| 20 | Omega-3 Fatty Acids and Cardiovascular Disease. <i>Journal of the American College of Cardiology</i> , 2011, 58, 2047-2067. | 2.8 | 1,380 |
| 21 | Executive Summary: Heart Disease and Stroke Statistics—2014 Update. <i>Circulation</i> , 2014, 129, 399-410. | 1.6 | 1,295 |
| 22 | Executive Summary: Heart Disease and Stroke Statistics—2013 Update. <i>Circulation</i> , 2013, 127, 143-152. | 1.6 | 1,179 |
| 23 | Executive Summary: Heart Disease and Stroke Statistics—2012 Update. <i>Circulation</i> , 2012, 125, 188-197. | 1.6 | 1,172 |
| 24 | Red and Processed Meat Consumption and Risk of Incident Coronary Heart Disease, Stroke, and Diabetes Mellitus. <i>Circulation</i> , 2010, 121, 2271-2283. | 1.6 | 1,049 |
| 25 | The State of US Health, 1990-2016. <i>JAMA - Journal of the American Medical Association</i> , 2018, 319, 1444. | 7.4 | 1,042 |
| 26 | Association of Dietary, Circulating, and Supplement Fatty Acids With Coronary Risk. <i>Annals of Internal Medicine</i> , 2014, 160, 398. | 3.9 | 997 |
| 27 | Global Sodium Consumption and Death from Cardiovascular Causes. <i>New England Journal of Medicine</i> , 2014, 371, 624-634. | 27.0 | 958 |
| 28 | Effects on Coronary Heart Disease of Increasing Polyunsaturated Fat in Place of Saturated Fat: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>PLoS Medicine</i> , 2010, 7, e1000252. | 8.4 | 934 |
| 29 | Association Between Dietary Factors and Mortality From Heart Disease, Stroke, and Type 2 Diabetes in the United States. <i>JAMA - Journal of the American Medical Association</i> , 2017, 317, 912. | 7.4 | 764 |
| 30 | Interventions to Promote Physical Activity and Dietary Lifestyle Changes for Cardiovascular Risk Factor Reduction in Adults. <i>Circulation</i> , 2010, 122, 406-441. | 1.6 | 760 |
| 31 | Global, regional and national sodium intakes in 1990 and 2010: a systematic analysis of 24-h urinary sodium excretion and dietary surveys worldwide. <i>BMJ Open</i> , 2013, 3, e003733. | 1.9 | 702 |
| 32 | The obesity transition: stages of the global epidemic. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, 231-240. | 11.4 | 662 |
| 33 | Omega-6 Fatty Acids and Risk for Cardiovascular Disease. <i>Circulation</i> , 2009, 119, 902-907. | 1.6 | 653 |
| 34 | The Perfect Storm: Obesity, Adipocyte Dysfunction, and Metabolic Consequences. <i>Clinical Chemistry</i> , 2008, 54, 945-955. | 3.2 | 593 |
| 35 | Dietary quality among men and women in 187 countries in 1990 and 2010: a systematic assessment. <i>The Lancet Global Health</i> , 2015, 3, e132-e142. | 6.3 | 557 |
| 36 | Effect of High-Dose Omega-3 Fatty Acids vs Corn Oil on Major Adverse Cardiovascular Events in Patients at High Cardiovascular Risk. <i>JAMA - Journal of the American Medical Association</i> , 2020, 324, 2268. | 7.4 | 540 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 37 | Dietary Intake Among US Adults, 1999-2012. JAMA - Journal of the American Medical Association, 2016, 315, 2542. | 7.4 | 516 |
| 38 | Ultra-processed foods and added sugars in the US diet: evidence from a nationally representative cross-sectional study. BMJ Open, 2016, 6, e009892. | 1.9 | 511 |
| 39 | Do healthier foods and diet patterns cost more than less healthy options? A systematic review and meta-analysis. BMJ Open, 2013, 3, e004277. | 1.9 | 510 |
| 40 | Executive Summary: Heart Disease and Stroke Statistics—2015 Update. Circulation, 2015, 131, 434-441. | 1.6 | 509 |
| 41 | The Age-Specific Quantitative Effects of Metabolic Risk Factors on Cardiovascular Diseases and Diabetes: A Pooled Analysis. PLoS ONE, 2013, 8, e65174. | 2.5 | 496 |
| 42 | Population Approaches to Improve Diet, Physical Activity, and Smoking Habits. Circulation, 2012, 126, 1514-1563. | 1.6 | 488 |
| 43 | Omega-3 Polyunsaturated Fatty Acid (Fish Oil) Supplementation and the Prevention of Clinical Cardiovascular Disease. Circulation, 2017, 135, e867-e884. | 1.6 | 484 |
| 44 | Non-communicable diseases in sub-Saharan Africa: what we know now. International Journal of Epidemiology, 2011, 40, 885-901. | 1.9 | 463 |
| 45 | Systematic Review and Meta-Analysis of Methotrexate Use and Risk of Cardiovascular Disease. American Journal of Cardiology, 2011, 108, 1362-1370. | 1.6 | 448 |
| 46 | Components of a Cardioprotective Diet. Circulation, 2011, 123, 2870-2891. | 1.6 | 434 |
| 47 | Global, regional, and national consumption levels of dietary fats and oils in 1990 and 2010: a systematic analysis including 266 country-specific nutrition surveys. BMJ, The, 2014, 348, g2272-g2272. | 6.0 | 428 |
| 48 | Fish Intake and Risk of Incident Atrial Fibrillation. Circulation, 2004, 110, 368-373. | 1.6 | 426 |
| 49 | Consumption of ultra-processed foods and obesity in Brazilian adolescents and adults. Preventive Medicine, 2015, 81, 9-15. | 3.4 | 419 |
| 50 | Saturated Fat and Cardiometabolic Risk Factors, Coronary Heart Disease, Stroke, and Diabetes: a Fresh Look at the Evidence. Lipids, 2010, 45, 893-905. | 1.7 | 413 |
| 51 | Consumption of nuts and legumes and risk of incident ischemic heart disease, stroke, and diabetes: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2014, 100, 278-288. | 4.7 | 413 |
| 52 | Unprocessed Red and Processed Meats and Risk of Coronary Artery Disease and Type 2 Diabetes – An Updated Review of the Evidence. Current Atherosclerosis Reports, 2012, 14, 515-524. | 4.8 | 404 |
| 53 | Interplay Between Different Polyunsaturated Fatty Acids and Risk of Coronary Heart Disease in Men. Circulation, 2005, 111, 157-164. | 1.6 | 400 |
| 54 | Physical Activity and Incidence of Atrial Fibrillation in Older Adults. Circulation, 2008, 118, 800-807. | 1.6 | 392 |

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|----|--|------|-----------|
| 55 | Dietary intake of trans fatty acids and systemic inflammation in women. American Journal of Clinical Nutrition, 2004, 79, 606-612. | 4.7 | 384 |
| 56 | Global, Regional, and National Consumption of Sugar-Sweetened Beverages, Fruit Juices, and Milk: A Systematic Assessment of Beverage Intake in 187 Countries. PLoS ONE, 2015, 10, e0124845. | 2.5 | 366 |
| 57 | Effect of Fish Oil on Heart Rate in Humans. Circulation, 2005, 112, 1945-1952. | 1.6 | 357 |
| 58 | Cardiac Benefits of Fish Consumption May Depend on the Type of Fish Meal Consumed. Circulation, 2003, 107, 1372-1377. | 1.6 | 356 |
| 59 | n-3 Polyunsaturated fatty acids, fatal ischemic heart disease, and nonfatal myocardial infarction in older adults: the Cardiovascular Health Study. American Journal of Clinical Nutrition, 2003, 77, 319-325. | 4.7 | 350 |
| 60 | Seafood Long-Chain n-3 Polyunsaturated Fatty Acids and Cardiovascular Disease: A Science Advisory From the American Heart Association. Circulation, 2018, 138, e35-e47. | 1.6 | 346 |
| 61 | Food Consumption and its Impact on Cardiovascular Disease: Importance of Solutions Focused on the Globalized Food System. Journal of the American College of Cardiology, 2015, 66, 1590-1614. | 2.8 | 343 |
| 62 | Beyond Established and Novel Risk Factors. Circulation, 2008, 117, 3031-3038. | 1.6 | 328 |
| 63 | Effects of Saturated Fat, Polyunsaturated Fat, Monounsaturated Fat, and Carbohydrate on Glucose-Insulin Homeostasis: A Systematic Review and Meta-analysis of Randomised Controlled Feeding Trials. PLoS Medicine, 2016, 13, e1002087. | 8.4 | 327 |
| 64 | n-3 Polyunsaturated Fatty Acid Biomarkers and Coronary Heart Disease. JAMA Internal Medicine, 2016, 176, 1155. | 5.1 | 326 |
| 65 | Genetic Loci Associated with Plasma Phospholipid n-3 Fatty Acids: A Meta-Analysis of Genome-Wide Association Studies from the CHARGE Consortium. PLoS Genetics, 2011, 7, e1002193. | 3.5 | 324 |
| 66 | Global, regional and national consumption of major food groups in 1990 and 2010: a systematic analysis including 266 country-specific nutrition surveys worldwide. BMJ Open, 2015, 5, e008705. | 1.9 | 317 |
| 67 | Trends in Dietary Carbohydrate, Protein, and Fat Intake and Diet Quality Among US Adults, 1999-2016. JAMA - Journal of the American Medical Association, 2019, 322, 1178. | 7.4 | 314 |
| 68 | Effectiveness of school food environment policies on children's dietary behaviors: A systematic review and meta-analysis. PLoS ONE, 2018, 13, e0194555. | 2.5 | 309 |
| 69 | Trans-Palmitoleic Acid, Metabolic Risk Factors, and New-Onset Diabetes in U.S. Adults. Annals of Internal Medicine, 2010, 153, 790. | 3.9 | 301 |
| 70 | Dietary intake of saturated fat by food source and incident cardiovascular disease: the Multi-Ethnic Study of Atherosclerosis. American Journal of Clinical Nutrition, 2012, 96, 397-404. | 4.7 | 298 |
| 71 | Association of dairy intake with cardiovascular disease and mortality in 21 countries from five continents (PURE): a prospective cohort study. Lancet, The, 2018, 392, 2288-2297. | 13.7 | 295 |
| 72 | Lifestyle Risk Factors and New-Onset Diabetes Mellitus in Older Adults. Archives of Internal Medicine, 2009, 169, 798. | 3.8 | 294 |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 73 | Omega-3 fatty acids and incident type 2 diabetes: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2012, 107, S214-S227. | 2.3 | 293 |
| 74 | Changes in Intake of Fruits and Vegetables and Weight Change in United States Men and Women Followed for Up to 24 Years: Analysis from Three Prospective Cohort Studies. <i>PLoS Medicine</i> , 2015, 12, e1001878. | 8.4 | 290 |
| 75 | (n-3) Fatty Acids and Cardiovascular Health: Are Effects of EPA and DHA Shared or Complementary?. <i>Journal of Nutrition</i> , 2012, 142, 614S-625S. | 2.9 | 289 |
| 76 | Etiologic effects and optimal intakes of foods and nutrients for risk of cardiovascular diseases and diabetes: Systematic reviews and meta-analyses from the Nutrition and Chronic Diseases Expert Group (NutriCoDE). <i>PLoS ONE</i> , 2017, 12, e0175149. | 2.5 | 287 |
| 77 | Estimated Global, Regional, and National Disease Burdens Related to Sugar-Sweetened Beverage Consumption in 2010. <i>Circulation</i> , 2015, 132, 639-666. | 1.6 | 283 |
| 78 | Dairy consumption and risk of type 2 diabetes: 3 cohorts of US adults and an updated meta-analysis. <i>BMC Medicine</i> , 2014, 12, 215. | 5.5 | 281 |
| 79 | Towards Establishing Dietary Reference Intakes for Eicosapentaenoic and Docosahexaenoic Acids. <i>Journal of Nutrition</i> , 2009, 139, 804S-819S. | 2.9 | 280 |
| 80 | Circulating and dietary magnesium and risk of cardiovascular disease: a systematic review and meta-analysis of prospective studies. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 160-173. | 4.7 | 273 |
| 81 | Anemia predicts mortality in severe heart failure. <i>Journal of the American College of Cardiology</i> , 2003, 41, 1933-1939. | 2.8 | 269 |
| 82 | Î±-Linolenic acid and risk of cardiovascular disease: a systematic review and meta-analysis. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 1262-1273. | 4.7 | 269 |
| 83 | Effects of tree nuts on blood lipids, apolipoproteins, and blood pressure: systematic review, meta-analysis, and dose-response of 61 controlled intervention trials. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 1347-1356. | 4.7 | 265 |
| 84 | Prediction of Mode of Death in Heart Failure. <i>Circulation</i> , 2007, 116, 392-398. | 1.6 | 261 |
| 85 | Role of government policy in nutrition—barriers to and opportunities for healthier eating. <i>BMJ: British Medical Journal</i> , 2018, 361, k2426. | 2.3 | 256 |
| 86 | Plasma Phospholipid Long-Chain Î³-3 Fatty Acids and Total and Cause-Specific Mortality in Older Adults. <i>Annals of Internal Medicine</i> , 2013, 158, 515. | 3.9 | 239 |
| 87 | Fish Intake and Risk of Incident Heart Failure. <i>Journal of the American College of Cardiology</i> , 2005, 45, 2015-2021. | 2.8 | 238 |
| 88 | Cereal, Fruit, and Vegetable Fiber Intake and the Risk of Cardiovascular Disease in Elderly Individuals. <i>JAMA - Journal of the American Medical Association</i> , 2003, 289, 1659. | 7.4 | 235 |
| 89 | Genome-wide meta-analysis identifies six novel loci associated with habitual coffee consumption. <i>Molecular Psychiatry</i> , 2015, 20, 647-656. | 7.9 | 235 |
| 90 | History of modern nutrition science—implications for current research, dietary guidelines, and food policy. <i>BMJ: British Medical Journal</i> , 2018, 361, k2392. | 2.3 | 228 |

| # | ARTICLE | IF | CITATIONS |
|-----|--|------|-----------|
| 91 | Trans fatty acids: effects on metabolic syndrome, heart disease and diabetes. Nature Reviews Endocrinology, 2009, 5, 335-344. | 9.6 | 226 |
| 92 | trans-Palmitoleic acid, other dairy fat biomarkers, and incident diabetes: the Multi-Ethnic Study of Atherosclerosis (MESA). American Journal of Clinical Nutrition, 2013, 97, 854-861. | 4.7 | 221 |
| 93 | The prospective impact of food pricing on improving dietary consumption: A systematic review and meta-analysis. PLoS ONE, 2017, 12, e0172277. | 2.5 | 216 |
| 94 | A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. American Journal of Preventive Medicine, 2019, 56, 300-314. | 3.0 | 215 |
| 95 | Flavonoids, Dairy Foods, and Cardiovascular and Metabolic Health. Circulation Research, 2018, 122, 369-384. | 4.5 | 214 |
| 96 | Omega-6 fatty acid biomarkers and incident type 2 diabetes: pooled analysis of individual-level data for 39â€“740 adults from 20 prospective cohort studies. Lancet Diabetes and Endocrinology, the, 2017, 5, 965-974. | 11.4 | 213 |
| 97 | Genome-wide meta-analysis of observational studies shows common genetic variants associated with macronutrient intake. American Journal of Clinical Nutrition, 2013, 97, 1395-1402. | 4.7 | 210 |
| 98 | Elevated serum alanine aminotransferase activity and calculated risk of coronary heart disease in the United States. Hepatology, 2006, 43, 1145-1151. | 7.3 | 207 |
| 99 | Fish Oil and Postoperative Atrial Fibrillation. JAMA - Journal of the American Medical Association, 2012, 308, 2001. | 7.4 | 201 |
| 100 | Biomarkers of Dietary Omega-6 Fatty Acids and Incident Cardiovascular Disease and Mortality. Circulation, 2019, 139, 2422-2436. | 1.6 | 199 |
| 101 | Dietary Guidelines in the 21st Centuryâ€“a Time for Food. JAMA - Journal of the American Medical Association, 2010, 304, 681. | 7.4 | 196 |
| 102 | Long-chain omega-3 fatty acids, fish intake, and the risk of type 2 diabetes mellitus. American Journal of Clinical Nutrition, 2009, 90, 613-620. | 4.7 | 183 |
| 103 | Circulating palmitoleic acid and risk of metabolic abnormalities and new-onset diabetes. American Journal of Clinical Nutrition, 2010, 92, 1350-1358. | 4.7 | 179 |
| 104 | trans Fatty acids and systemic inflammation in heart failure. American Journal of Clinical Nutrition, 2004, 80, 1521-1525. | 4.7 | 173 |
| 105 | Mercury Exposure and Risk of Cardiovascular Disease in Two U.S. Cohorts. New England Journal of Medicine, 2011, 364, 1116-1125. | 27.0 | 171 |
| 106 | Dietary Protein Sources and the Risk of Stroke in Men and Women. Stroke, 2012, 43, 637-644. | 2.0 | 171 |
| 107 | Prepregnancy adherence to dietary patterns and lower risk of gestational diabetes mellitus. American Journal of Clinical Nutrition, 2012, 96, 289-295. | 4.7 | 170 |
| 108 | Better Population Health Through Behavior Change in Adults. Circulation, 2013, 128, 2169-2176. | 1.6 | 169 |

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|-----|---|------|-----------|
| 109 | Physical Activity and Heart Rate Variability in Older Adults. <i>Circulation</i> , 2014, 129, 2100-2110. | 1.6 | 168 |
| 110 | Statin therapy is associated with lower mortality among patients with severe heart failure. <i>American Journal of Cardiology</i> , 2004, 93, 1124-1129. | 1.6 | 166 |
| 111 | Information Technology and Lifestyle: A Systematic Evaluation of Internet and Mobile Interventions for Improving Diet, Physical Activity, Obesity, Tobacco, and Alcohol Use. <i>Journal of the American Heart Association</i> , 2016, 5, . | 3.7 | 165 |
| 112 | Plasma Phospholipid <i>Trans</i> Fatty Acids, Fatal Ischemic Heart Disease, and Sudden Cardiac Death in Older Adults. <i>Circulation</i> , 2006, 114, 209-215. | 1.6 | 163 |
| 113 | Fish Consumption and Stroke Risk in Elderly Individuals. <i>Archives of Internal Medicine</i> , 2005, 165, 200. | 3.8 | 159 |
| 114 | Fish and n-3 fatty acids for the prevention of fatal coronary heart disease and sudden cardiac death. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 1991S-1996S. | 4.7 | 159 |
| 115 | Meta-analysis: Travel and Risk for Venous Thromboembolism. <i>Annals of Internal Medicine</i> , 2009, 151, 180. | 3.9 | 159 |
| 116 | Circulating Omega-6 Polyunsaturated Fatty Acids and Total and Cause-Specific Mortality. <i>Circulation</i> , 2014, 130, 1245-1253. | 1.6 | 158 |
| 117 | Incidence of new-onset diabetes and impaired fasting glucose in patients with recent myocardial infarction and the effect of clinical and lifestyle risk factors. <i>Lancet, The</i> , 2007, 370, 667-675. | 13.7 | 153 |
| 118 | Food is medicine: actions to integrate food and nutrition into healthcare. <i>BMJ, The</i> , 2020, 369, m2482. | 6.0 | 153 |
| 119 | Circulating Long-Chain n-3 Fatty Acids and Incidence of Congestive Heart Failure in Older Adults: The Cardiovascular Health Study. <i>Annals of Internal Medicine</i> , 2011, 155, 160. | 3.9 | 152 |
| 120 | Is Butter Back? A Systematic Review and Meta-Analysis of Butter Consumption and Risk of Cardiovascular Disease, Diabetes, and Total Mortality. <i>PLoS ONE</i> , 2016, 11, e0158118. | 2.5 | 152 |
| 121 | Dietary fats, carbohydrate, and progression of coronary atherosclerosis in postmenopausal women. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 1175-1184. | 4.7 | 151 |
| 122 | Assessment of omega-3 carboxylic acids in statin-treated patients with high levels of triglycerides and low levels of high-density lipoprotein cholesterol: Rationale and design of the STRENGTH trial. <i>Clinical Cardiology</i> , 2018, 41, 1281-1288. | 1.8 | 151 |
| 123 | Effects of decreases of animal pollinators on human nutrition and global health: a modelling analysis. <i>Lancet, The</i> , 2015, 386, 1964-1972. | 13.7 | 150 |
| 124 | A healthy approach to dietary fats: understanding the science and taking action to reduce consumer confusion. <i>Nutrition Journal</i> , 2017, 16, 53. | 3.4 | 150 |
| 125 | Trends in Consumption of Ultraprocessed Foods Among US Youths Aged 2-19 Years, 1999-2018. <i>JAMA - Journal of the American Medical Association</i> , 2021, 326, 519. | 7.4 | 146 |
| 126 | Circulating and Dietary Omega-3 and Omega-6 Polyunsaturated Fatty Acids and Incidence of CVD in the Multi-Ethnic Study of Atherosclerosis. <i>Journal of the American Heart Association</i> , 2013, 2, e000506. | 3.7 | 145 |

| # | ARTICLE | IF | CITATIONS |
|-----|--|------|-----------|
| 127 | Physical Activity and Risk of Coronary Heart Disease and Stroke in Older Adults. <i>Circulation</i> , 2016, 133, 147-155. | 1.6 | 145 |
| 128 | Trends in Diet Quality Among Youth in the United States, 1999-2016. <i>JAMA - Journal of the American Medical Association</i> , 2020, 323, 1161. | 7.4 | 145 |
| 129 | FTO genetic variants, dietary intake and body mass index: insights from 177 330 individuals. <i>Human Molecular Genetics</i> , 2014, 23, 6961-6972. | 2.9 | 143 |
| 130 | Fatty acid biomarkers of dairy fat consumption and incidence of type 2 diabetes: A pooled analysis of prospective cohort studies. <i>PLoS Medicine</i> , 2018, 15, e1002670. | 8.4 | 143 |
| 131 | Fish intake is associated with a reduced progression of coronary artery atherosclerosis in postmenopausal women with coronary artery disease. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 626-632. | 4.7 | 140 |
| 132 | Prospective association of fatty acids in the de novo lipogenesis pathway with risk of type 2 diabetes: the Cardiovascular Health Study. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 153-163. | 4.7 | 139 |
| 133 | Dietary Fish and ω -3 Fatty Acid Consumption and Heart Rate Variability in US Adults. <i>Circulation</i> , 2008, 117, 1130-1137. | 1.6 | 134 |
| 134 | Association of Plasma Phospholipid Long-Chain Omega-3 Fatty Acids With Incident Atrial Fibrillation in Older Adults. <i>Circulation</i> , 2012, 125, 1084-1093. | 1.6 | 134 |
| 135 | Contribution of Major Lifestyle Risk Factors for Incident Heart Failure in Older Adults. <i>JACC: Heart Failure</i> , 2015, 3, 520-528. | 4.1 | 134 |
| 136 | Metabolic Syndrome and Mortality in Older Adults. <i>Archives of Internal Medicine</i> , 2008, 168, 969. | 3.8 | 132 |
| 137 | Blood n-3 fatty acid levels and total and cause-specific mortality from 17 prospective studies. <i>Nature Communications</i> , 2021, 12, 2329. | 12.8 | 132 |
| 138 | Association Between Adiposity in Midlife and Older Age and Risk of Diabetes in Older Adults. <i>JAMA - Journal of the American Medical Association</i> , 2010, 303, 2504. | 7.4 | 130 |
| 139 | Interactions of Dietary Whole-Grain Intake With Fasting Glucose- and Insulin-Related Genetic Loci in Individuals of European Descent: A meta-analysis of 14 cohort studies. <i>Diabetes Care</i> , 2010, 33, 2684-2691. | 8.6 | 127 |
| 140 | WHO draft guidelines on dietary saturated and trans fatty acids: time for a new approach?. <i>BMJ: British Medical Journal</i> , 2019, 366, l4137. | 2.3 | 127 |
| 141 | Coronavirus Disease 2019 Hospitalizations Attributable to Cardiometabolic Conditions in the United States: A Comparative Risk Assessment Analysis. <i>Journal of the American Heart Association</i> , 2021, 10, e019259. | 3.7 | 125 |
| 142 | The 2015 US Dietary Guidelines. <i>JAMA - Journal of the American Medical Association</i> , 2015, 313, 2421. | 7.4 | 123 |
| 143 | Trends in Processed Meat, Unprocessed Red Meat, Poultry, and Fish Consumption in the United States, 1999-2016. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2019, 119, 1085-1098.e12. | 0.8 | 123 |
| 144 | Intake of Tuna or Other Broiled or Baked Fish Versus Fried Fish and Cardiac Structure, Function, and Hemodynamics. <i>American Journal of Cardiology</i> , 2006, 97, 216-222. | 1.6 | 121 |

| # | ARTICLE | IF | CITATIONS |
|-----|---|------|-----------|
| 145 | Blood concentrations of individual long-chain n-3 fatty acids and risk of nonfatal myocardial infarction. <i>American Journal of Clinical Nutrition</i> , 2008, 88, 216-223. | 4.7 | 118 |
| 146 | The American Heart Association 2030 Impact Goal: A Presidential Advisory From the American Heart Association. <i>Circulation</i> , 2020, 141, e120-e138. | 1.6 | 114 |
| 147 | CVD Prevention Through Policy: a Review of Mass Media, Food/Menu Labeling, Taxation/Subsidies, Built Environment, School Procurement, Worksite Wellness, and Marketing Standards to Improve Diet. <i>Current Cardiology Reports</i> , 2015, 17, 98. | 2.9 | 111 |
| 148 | Cereal fiber and whole-grain intake are associated with reduced progression of coronary-artery atherosclerosis in postmenopausal women with coronary artery disease. <i>American Heart Journal</i> , 2005, 150, 94-101. | 2.7 | 110 |
| 149 | Circulating Biomarkers of Dairy Fat and Risk of Incident Diabetes Mellitus Among Men and Women in the United States in Two Large Prospective Cohorts. <i>Circulation</i> , 2016, 133, 1645-1654. | 1.6 | 110 |
| 150 | Dietary Fish and n-3 Fatty Acid Intake and Cardiac Electrocardiographic Parameters in Humans. <i>Journal of the American College of Cardiology</i> , 2006, 48, 478-484. | 2.8 | 109 |
| 151 | Plasma omega-3 fatty acids and incident diabetes in older adults. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 527-533. | 4.7 | 109 |
| 152 | Trends and Disparities in Diet Quality Among US Adults by Supplemental Nutrition Assistance Program Participation Status. <i>JAMA Network Open</i> , 2018, 1, e180237. | 5.9 | 107 |
| 153 | Defining diet quality: a synthesis of dietary quality metrics and their validity for the double burden of malnutrition. <i>Lancet Planetary Health</i> , The, 2020, 4, e352-e370. | 11.4 | 107 |
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