

# Tegan Cruwys

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/141691/publications.pdf>

Version: 2024-02-01

124  
papers

7,013  
citations

94381

37  
h-index

79644

73  
g-index

128  
all docs

128  
docs citations

128  
times ranked

5277  
citing authors

#	ARTICLE	IF	CITATIONS
1	Social modeling of eating: A review of when and why social influence affects food intake and choice. <i>Appetite</i> , 2015, 86, 3-18.	1.8	475
2	The New Psychology of Health. , 0, , .		416
3	Social group memberships protect against future depression, alleviate depression symptoms and prevent depression relapse. <i>Social Science and Medicine</i> , 2013, 98, 179-186.	1.8	373
4	Depression and Social Identity. <i>Personality and Social Psychology Review</i> , 2014, 18, 215-238.	3.4	330
5	Groups 4 Health: Evidence that a social-identity intervention that builds and strengthens social group membership improves mental health. <i>Journal of Affective Disorders</i> , 2016, 194, 188-195.	2.0	315
6	From "we" to "me": Group identification enhances perceived personal control with consequences for health and well-being. <i>Journal of Personality and Social Psychology</i> , 2015, 109, 53-74.	2.6	312
7	Advancing the social identity approach to health and well-being: Progressing the social cure research agenda. <i>European Journal of Social Psychology</i> , 2017, 47, 789-802.	1.5	261
8	Social identities promote well-being because they satisfy global psychological needs. <i>European Journal of Social Psychology</i> , 2016, 46, 294-307.	1.5	251
9	Social Identities as Pathways into and out of Addiction. <i>Frontiers in Psychology</i> , 2015, 6, 1795.	1.1	191
10	Feeling connected again: Interventions that increase social identification reduce depression symptoms in community and clinical settings. <i>Journal of Affective Disorders</i> , 2014, 159, 139-146.	2.0	181
11	"The we's have it": Evidence for the distinctive benefits of group engagement in enhancing cognitive health in aging. <i>Social Science and Medicine</i> , 2014, 120, 57-66.	1.8	178
12	Having a Lot of a Good Thing: Multiple Important Group Memberships as a Source of Self-Esteem. <i>PLoS ONE</i> , 2015, 10, e0124609.	1.1	151
13	Social connectedness improves public mental health: Investigating bidirectional relationships in the New Zealand attitudes and values survey. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 365-374.	1.3	150
14	Social identification-building interventions to improve health: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2021, 15, 85-112.	4.4	136
15	Breaking good: Breaking ties with social groups may be good for recovery from substance misuse. <i>British Journal of Social Psychology</i> , 2015, 54, 236-254.	1.8	134
16	Social cure, what social cure? The propensity to underestimate the importance of social factors for health. <i>Social Science and Medicine</i> , 2018, 198, 14-21.	1.8	134
17	Modeling of food intake is moderated by salient psychological group membership. <i>Appetite</i> , 2012, 58, 754-757.	1.8	130
18	Stressful life transitions and wellbeing: A comparison of the stress buffering hypothesis and the social identity model of identity change. <i>Psychiatry Research</i> , 2017, 247, 265-275.	1.7	121

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19	GROUUPS 4 HEALTH reduces loneliness and social anxiety in adults with psychological distress: Findings from a randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2019, 87, 787-801.	1.6	104
20	Social Identity Mapping: A procedure for visual representation and assessment of subjective multiple group memberships. <i>British Journal of Social Psychology</i> , 2016, 55, 613-642.	1.8	101
21	The social psychology of responses to trauma: social identity pathways associated with divergent traumatic responses. <i>European Review of Social Psychology</i> , 2019, 30, 311-348.	5.8	95
22	“Depression is who I am” Mental illness identity, stigma and wellbeing. <i>Journal of Affective Disorders</i> , 2016, 189, 36-42.	2.0	88
23	Social group memberships in retirement are associated with reduced risk of premature death: evidence from a longitudinal cohort study. <i>BMJ Open</i> , 2016, 6, e010164.	0.8	84
24	Social Identity Reduces Depression by Fostering Positive Attributions. <i>Social Psychological and Personality Science</i> , 2015, 6, 65-74.	2.4	81
25	A social identity perspective on COVID-19: Health risk is affected by shared group membership. <i>British Journal of Social Psychology</i> , 2020, 59, 584-593.	1.8	77
26	Loss of group memberships predicts depression in postpartum mothers. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2017, 52, 201-210.	1.6	71
27	Group Ties Protect Cognitive Health by Promoting Social Identification and Social Support. <i>Journal of Aging and Health</i> , 2016, 28, 244-266.	0.9	65
28	Multiple Social Identities Enhance Health Post-Retirement Because They Are a Basis for Giving Social Support. <i>Frontiers in Psychology</i> , 2016, 7, 1519.	1.1	61
29	The Importance of Social Groups for Retirement Adjustment: Evidence, Application, and Policy Implications of the Social Identity Model of Identity Change. <i>Social Issues and Policy Review</i> , 2019, 13, 93-124.	3.7	61
30	Life Change, Social Identity, and Health. <i>Annual Review of Psychology</i> , 2021, 72, 635-661.	9.9	60
31	How Multiple Social Identities Are Related to Creativity. <i>Personality and Social Psychology Bulletin</i> , 2016, 42, 188-203.	1.9	58
32	When trust goes wrong: A social identity model of risk taking.. <i>Journal of Personality and Social Psychology</i> , 2021, 120, 57-83.	2.6	57
33	Cultural Identity and the Expression of Depression: A Social Identity Perspective. <i>Journal of Community and Applied Social Psychology</i> , 2017, 27, 16-34.	1.4	56
34	The source model of group threat: Responding to internal and external threats.. <i>American Psychologist</i> , 2019, 74, 218-231.	3.8	55
35	“That’s not what we do” Evidence that normative change is a mechanism of action in group interventions. <i>Behaviour Research and Therapy</i> , 2015, 65, 11-17.	1.6	53
36	Neighbourhood identification and mental health: How social identification moderates the relationship between socioeconomic disadvantage and health. <i>Journal of Environmental Psychology</i> , 2019, 61, 101-114.	2.3	47

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37	Social identity mapping online.. Journal of Personality and Social Psychology, 2020, 118, 213-241.	2.6	46
38	Social identity makes group-based social connection possible: Implications for loneliness and mental health. Current Opinion in Psychology, 2022, 43, 161-165.	2.5	45
39	Social isolation schema responds to positive social experiences: Longitudinal evidence from vulnerable populations. British Journal of Clinical Psychology, 2014, 53, 265-280.	1.7	42
40	Disordered eating among Australian adolescents: Prevalence, functioning, and help received. International Journal of Eating Disorders, 2019, 52, 246-254.	2.1	42
41	Social Isolation Predicts Frequent Attendance in Primary Care. Annals of Behavioral Medicine, 2018, 52, 817-829.	1.7	41
42	An experimental investigation of the consequences and social functions of fat talk in friendship groups. International Journal of Eating Disorders, 2016, 49, 84-91.	2.1	32
43	Evidence that loneliness can be reduced by a whole-of-community intervention to increase neighbourhood identification. Social Science and Medicine, 2021, 277, 113909.	1.8	32
44	â€œHow can you make friends if you don't know who you are?â€•A qualitative examination of international students' experience informed by the Social Identity Model of Identity Change. Journal of Community and Applied Social Psychology, 2018, 28, 169-187.	1.4	30
45	The psychological characteristics of people consuming vegetarian, vegan, paleo, gluten free and weight loss dietary patterns. Obesity Science and Practice, 2019, 5, 148-158.	1.0	29
46	Social Connectedness and Health. , 2015, , 1-10.		29
47	Multiple social groups support adjustment to retirement across cultures. Social Science and Medicine, 2018, 208, 200-208.	1.8	28
48	â€œAn Important Part of Who I amâ€• The Predictors of Dietary Adherence among Weight-Loss, Vegetarian, Vegan, Paleo, and Gluten-Free Dietary Groups. Nutrients, 2020, 12, 970.	1.7	27
49	Identity Continuity Protects Academic Performance, Retention, and Life Satisfaction among International Students. Applied Psychology, 2021, 70, 931-954.	4.4	27
50	Better together: How group-based physical activity protects against depression. Social Science and Medicine, 2021, 286, 114337.	1.8	27
51	The social psychology of disordered eating: The Situated Identity Enactment model. European Review of Social Psychology, 2016, 27, 160-195.	5.8	26
52	The More (Social Group Memberships), the Merrier: Is This the Case for Asians?. Frontiers in Psychology, 2016, 7, 1001.	1.1	25
53	Self and Social Identity in Educational Contexts. , 0, , .		25
54	â€œI changed and hid my old waysâ€• How social rejection and social identities shape wellâ€•being among exâ€•prisoners. Journal of Applied Social Psychology, 2019, 49, 283-294.	1.3	23

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55	Groups 4 Health versus cognitive-behavioural therapy for depression and loneliness in young people: randomised phase 3 non-inferiority trial with 12-month follow-up. <i>British Journal of Psychiatry</i> , 2022, 220, 140-147.	1.7	23
56	The recovery model in chronic mental health: A community-based investigation of social identity processes. <i>Psychiatry Research</i> , 2020, 291, 113241.	1.7	22
57	Personal and Political: Post-Traumatic Stress Through the Lens of Social Identity, Power, and Politics. <i>Political Psychology</i> , 2021, 42, 501-533.	2.2	22
58	Perceived COVID-19 risk is attenuated by ingroup trust: evidence from three empirical studies. <i>BMC Public Health</i> , 2021, 21, 869.	1.2	22
59	Group life shapes the psychology and biology of health: The case for a sociopsychobio model. <i>Social and Personality Psychology Compass</i> , 2019, 13, e12490.	2.0	21
60	Promoting resilience in adolescents: A new social identity benefits those who need it most. <i>PLoS ONE</i> , 2019, 14, e0210521.	1.1	21
61	The development and validation of the Dieting Intentions Scale (DIS). <i>Psychological Assessment</i> , 2013, 25, 264-278.	1.2	19
62	United We Stand, Divided We Fall: Sociopolitical Predictors of Physical Distancing and Hand Hygiene During the COVID-19 Pandemic. <i>Political Psychology</i> , 2021, 42, 845-861.	2.2	19
63	Social identity leadership in sport and exercise: Current status and future directions. <i>Psychology of Sport and Exercise</i> , 2021, 55, 101931.	1.1	19
64	Membership in Sport or Exercise Groups Predicts Sustained Physical Activity and Longevity in Older Adults Compared to Physically Active Matched Controls. <i>Annals of Behavioral Medicine</i> , 2020, 54, 557-566.	1.7	18
65	Groups 4 Health protects against unanticipated threats to mental health: Evaluating two interventions during COVID-19 lockdown among young people with a history of depression and loneliness. <i>Journal of Affective Disorders</i> , 2021, 295, 316-322.	2.0	18
66	Suicide literacy predicts the provision of more appropriate support to people experiencing psychological distress. <i>Psychiatry Research</i> , 2018, 264, 96-103.	1.7	17
67	Neighbourhood identification buffers the effects of (de-)gentrification and personal socioeconomic position on mental health. <i>Health and Place</i> , 2019, 57, 247-256.	1.5	17
68	Rethinking the nature of the person at the heart of the biopsychosocial model: Exploring social changeways not just personal pathways. <i>Social Science and Medicine</i> , 2021, 272, 113566.	1.8	17
69	Predictors of social identification in group therapy. <i>Psychotherapy Research</i> , 2020, 30, 348-361.	1.1	16
70	Longitudinal Evidence for the Effects of Social Group Engagement on the Cognitive and Mental Health of Chinese Retirees. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2020, 75, 2142-2151.	2.4	16
71	“Let’s get physical” or social: The role of physical activity versus social group memberships in predicting depression and anxiety over time. <i>Journal of Affective Disorders</i> , 2022, 306, 55-61.	2.0	16
72	When the final whistle blows: Social identity pathways support mental health and life satisfaction after retirement from competitive sport. <i>Psychology of Sport and Exercise</i> , 2021, 57, 102049.	1.1	15

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73	The Stress of Passing Through an Educational Bottleneck: A Longitudinal Study of Psychology Honours Students. <i>Australian Psychologist</i> , 2015, 50, 372-381.	0.9	14
74	Cultural Differences in Reactions to Suicidal Ideation: A Mixed Methods Comparison of Korea and Australia. <i>Archives of Suicide Research</i> , 2020, 24, 415-434.	1.2	14
75	“There’s a Bit of a Ripple-effect”: A Social Identity Perspective on the Role of Third-Places and Aging in Place. <i>Environment and Behavior</i> , 2021, 53, 540-568.	2.1	14
76	When Aspirations Exceed Expectations: Quixotic Hope Increases Depression among Students. <i>PLoS ONE</i> , 2015, 10, e0135477.	1.1	13
77	Smoke signals: The decline of brand identity predicts reduced smoking behaviour following the introduction of plain packaging. <i>Addictive Behaviors Reports</i> , 2017, 5, 49-55.	1.0	12
78	Risk and protective factors for mental health at a youth mass gathering. <i>European Child and Adolescent Psychiatry</i> , 2019, 28, 211-222.	2.8	12
79	Friendships that money can buy: financial security protects health in retirement by enabling social connectedness. <i>BMC Geriatrics</i> , 2019, 19, 319.	1.1	12
80	A multifaceted study of interpersonal functioning and cognitive biases towards social stimuli in adolescents with eating disorders and healthy controls. <i>Journal of Affective Disorders</i> , 2021, 295, 397-404.	2.0	12
81	Exploring mechanisms of change: The relationships between cognitions, symptoms, and quality of life over the course of group cognitive-behaviour therapy. <i>Journal of Affective Disorders</i> , 2014, 168, 72-77.	2.0	11
82	Social support facilitates physical activity by reducing pain. <i>British Journal of Health Psychology</i> , 2020, 25, 576-595.	1.9	11
83	Social group memberships, physical activity, and physical health following retirement: A six-year follow-up from the English Longitudinal Study of Ageing. <i>British Journal of Health Psychology</i> , 2021, 26, 505-524.	1.9	11
84	Social Identity, Stigma, and Health. , 0, , 301-316.		10
85	The connecting adolescents to reduce relapse (CARR) trial: study protocol for a randomized controlled trial comparing the efficacy of Groups 4 Health and cognitive behaviour therapy in young people. <i>BMC Public Health</i> , 2019, 19, 788.	1.2	10
86	More to lose? Longitudinal evidence that women whose social support declines following childbirth are at increased risk of depression. <i>Australian and New Zealand Journal of Public Health</i> , 2021, 45, 338-343.	0.8	10
87	Exploring changing needs following minor stroke. <i>Health and Social Care in the Community</i> , 2020, 28, 347-356.	0.7	9
88	Predicting Substance Use at a Youth Mass Gathering Event: The Role of Norms and the Importance of Their Source. <i>Journal of Studies on Alcohol and Drugs</i> , 2021, 82, 320-329.	0.6	9
89	Social Connectedness and Health. , 2015, , 1-10.		9
90	When stigma is the norm: How weight and social norms influence the healthcare we receive. <i>Journal of Applied Social Psychology</i> , 2023, 53, 185-201.	1.3	8

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91	Community group membership protects the well-being of adults experiencing socio-economic disadvantage. <i>Journal of Community and Applied Social Psychology</i> , 2020, 30, 381-387.	1.4	8
92	Facilitating goals, tasks, and bonds via identity leadership: Understanding the therapeutic working alliance as the outcome of social identity processes.. <i>Group Dynamics</i> , 2021, 25, 271-287.	0.7	8
93	Social Connectedness and Health. , 2017, , 2174-2182.		8
94	Boosting neighbourhood identification to benefit wellbeing: Evidence from diverse community samples. <i>Journal of Environmental Psychology</i> , 2022, 81, 101816.	2.3	8
95	Stereotype threat and hazard perception among provisional license drivers. <i>Accident Analysis and Prevention</i> , 2013, 54, 39-45.	3.0	7
96	Risk-Taking That Signals Trust Increases Social Identification. <i>Social Psychology</i> , 2020, 51, 319-333.	0.3	7
97	The group mechanism in treatment: group identification and cohesion contributes to reducing chronic lower back pain by increasing personal control. <i>Disability and Rehabilitation</i> , 2023, 45, 1332-1342.	0.9	7
98	When group members go against the grain: An ironic interactive effect of group identification and normative content on healthy eating. <i>Appetite</i> , 2016, 105, 344-355.	1.8	6
99	Undetected and underserved: the untold story of patients who had a minor stroke. <i>Medical Journal of Australia</i> , 2017, 206, 337-338.	0.8	6
100	More than just another bib: group dynamics in an elite Nordic ski team. <i>Journal of Sports Sciences</i> , 2021, 39, 638-652.	1.0	6
101	An examination of social group memberships in patients with eating disorders, carers, and healthy controls. <i>European Eating Disorders Review</i> , 2021, 29, 733-743.	2.3	6
102	Measuring access to primary healthcare services after stroke: A spatial analytic approach. <i>Brain Impairment</i> , 2019, 20, 240-250.	0.5	5
103	What do we mean by "social" in mental health research?. <i>Social Science and Medicine</i> , 2020, 261, 113233.	1.8	5
104	Multiple group membership supports resilience and growth in response to violence and abuse. <i>Journal of Community and Applied Social Psychology</i> , 2022, 32, 241-257.	1.4	5
105	Repeated exercise class attendance: The role of class members' similarity and social identification. <i>Psychology of Sport and Exercise</i> , 2022, 61, 102212.	1.1	5
106	Leading the way together: a cluster randomised controlled trial of the 5R Shared Leadership Program in older adult walking groups. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, .	2.0	5
107	COVID-safe behaviour before, during and after a youth mass gathering event: a longitudinal cohort study. <i>BMJ Open</i> , 2022, 12, e058239.	0.8	5
108	The effect of descriptive norms and social identification on performance and exertion during a physical fitness task. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 313-323.	1.3	4

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109	The link between family identification, loneliness, and symptom severity in people with eating disorders. <i>Journal of Community and Applied Social Psychology</i> , 2022, 32, 949-962.	1.4	4
110	Acceptability and Feasibility of an Intervention to Enhance Social Group Belonging: Evidence From Three Trials of Groups 4 Health. <i>Behavior Therapy</i> , 2022, 53, 1233-1249.	1.3	4
111	Social Scaffolding: Supporting the Development of Positive Social Identities and Agency in Communities. , 2019, , 244-256.		3
112	Addiction, Behavioral Change and Social Identity. , 0, , .		3
113	Equipping Physical Activity Leaders to Facilitate Behaviour Change: An Overview, Call to Action, and Roadmap for Future Research. <i>Sports Medicine - Open</i> , 2022, 8, 33.	1.3	3
114	Implications of neuroscientific evidence for the cognitive models of post-traumatic stress disorder. <i>Clinical Psychologist</i> , 2008, 12, 67-76.	0.5	2
115	Evidence That Frame of Reference Effects Can Reduce Socially Prescribed Perfectionism. <i>Frontiers in Psychology</i> , 2019, 9, 2703.	1.1	2
116	Predicting Substance Use at a Youth Mass Gathering Event: The Role of Norms and the Importance of Their Source. <i>Journal of Studies on Alcohol and Drugs</i> , 2021, 82, 320-329.	0.6	2
117	The New Group Therapy. <i>Scientific American Mind</i> , 2014, 25, 60-63.	0.0	1
118	Groups 4 Health in Later Life. , 2020, , .		1
119	What Does it Mean to be a Woman? How the Content of Gender Identity May Facilitate Women's Coping with Sexual Harassment. <i>Journal of Interpersonal Violence</i> , 2022, 37, NP22921-NP22943.	1.3	1
120	Perceived legitimacy of weight-based discrimination: Consequences for group identity, collective action, body satisfaction, and self-esteem. <i>Body Image</i> , 2022, 41, 156-162.	1.9	1
121	Disciplinary differences in the study of the relationship between social variables and mental health: A systematic mapping review. <i>Health (United Kingdom)</i> , 2021, , 136345932110630.	0.9	1
122	Meeting unmet needs following minor stroke: the SUN randomised controlled trial protocol. <i>BMC Health Services Research</i> , 2019, 19, 894.	0.9	0
123	Greenaway, Katharine H.. , 2017, , 1-2.		0
124	Greenaway, Katharine H.. , 2020, , 1834-1835.		0