

# Thomas Mildestvedt

## List of Publications by Year in descending order

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Version: 2024-02-01

23  
papers

276  
citations

840776

11  
h-index

940533

16  
g-index

23  
all docs

23  
docs citations

23  
times ranked

381  
citing authors

#	ARTICLE	IF	CITATIONS
1	OUP accepted manuscript. Family Practice, 2022, , .	1.9	0
2	Healthy and unhealthy eating after a behaviour change intervention in primary care. Primary Health Care Research and Development, 2022, 23, e23.	1.2	2
3	Factors associated with self-rated health in primary care in the South-Western health zone of Malawi. , 2022, 23, 88.		3
4	Couple relationship problemsâ€™ a task for the general practitioner? A cross-sectional survey from Norway. Family Practice, 2021, 38, 115-120.	1.9	2
5	How are body mass and body attitude impacted by a behaviour change intervention in primary care? A pragmatic randomised controlled trial. Scandinavian Journal of Public Health, 2021, 49, 393-401.	2.3	4
6	Factors Predicting Physical Activity and Sports Participation in Adolescence. Journal of Environmental and Public Health, 2021, 2021, 1-10.	0.9	10
7	Patients want their doctorsâ€™ help to increase physical activity: a cross sectional study in general practice. Scandinavian Journal of Primary Health Care, 2021, 39, 131-138.	1.5	6
8	How is motivational interviewing (un)related to selfâ€™determination theory: An empirical study from different healthcare settings. Scandinavian Journal of Psychology, 2021, 62, 709-716.	1.5	0
9	How can we improve specialist health services for children with multi-referrals? Parent reported experience. BMC Health Services Research, 2020, 20, 786.	2.2	5
10	The Norwegian Healthy Life Centre Study: A pragmatic RCT of physical activity in primary care. Scandinavian Journal of Public Health, 2019, 47, 18-27.	2.3	21
11	Participants at Norwegian Healthy Life Centres: Who are they, why do they attend and how are they motivated? A cross-sectional study. Scandinavian Journal of Public Health, 2018, 46, 774-781.	2.3	15
12	Quality of primary care from patientsâ€™ perspective: a cross sectional study of outpatientsâ€™ experience in public health facilities in rural Malawi. BMC Health Services Research, 2018, 18, 872.	2.2	13
13	Development and validation of a Malawian version of the primary care assessment tool. BMC Family Practice, 2018, 19, 63.	2.9	17
14	First four years of operation of a municipal acute bed unit in rural Norway. Scandinavian Journal of Primary Health Care, 2018, 36, 390-396.	1.5	5
15	Factors associated with self-rated health in primary care. Scandinavian Journal of Primary Health Care, 2018, 36, 317-322.	1.5	15
16	Trustingly bewildered. How first-year medical students make sense of their learning experience in a traditional, preclinical curriculum. Medical Education Online, 2018, 23, 1500344.	2.6	13
17	The Norwegian Healthy Life Study: protocol for a pragmatic RCT with longitudinal follow-up on physical activity and diet for adults. BMC Public Health, 2017, 17, 18.	2.9	9
18	High prevalence of insomnia and hypnotic use in patients visiting their general practitioner. Family Practice, 2017, 34, 20-24.	1.9	53

#	ARTICLE	IF	CITATIONS
19	“œt”s not like a fat camp” A focus group study of adolescents’ experiences on group-based obesity treatment. International Journal of Qualitative Studies on Health and Well-being, 2016, 11, 327-44.	1.6	6
20	Stakeholders’ expectations of Healthy Life Centers: A focus group study. Scandinavian Journal of Public Health, 2016, 44, 709-717.	2.3	14
21	How important are individual counselling, expectancy beliefs and autonomy for the maintenance of exercise after cardiac rehabilitation?. Scandinavian Journal of Public Health, 2008, 36, 832-840.	2.3	35
22	No difference in lifestyle changes by adding individual counselling to group-based rehabilitation RCT among coronary heart disease patients. Scandinavian Journal of Public Health, 2007, 35, 591-598.	2.3	16
23	Examining the “Matthew Effect” on the motivation and ability to make lifestyle changes in 217 heart rehabilitation patients. Scandinavian Journal of Public Health, 2007, 35, 140-147.	2.3	12