

# Andrew Steptoe

## List of Publications by Year in descending order

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Version: 2024-02-01

829  
papers

74,545  
citations

484

129  
h-index

1131

230  
g-index

873  
all docs

873  
docs citations

873  
times ranked

62603  
citing authors

#	ARTICLE	IF	CITATIONS
1	Social isolation, loneliness, and all-cause mortality in older men and women. Proceedings of the National Academy of Sciences of the United States of America, 2013, 110, 5797-5801.	3.3	1,634
2	Subjective wellbeing, health, and ageing. Lancet, The, 2015, 385, 640-648.	6.3	1,510
3	Development of a Measure of the Motives Underlying the Selection of Food: the Food Choice Questionnaire. Appetite, 1995, 25, 267-284.	1.8	1,482
4	Positive Psychological Well-Being and Mortality: A Quantitative Review of Prospective Observational Studies. Psychosomatic Medicine, 2008, 70, 741-756.	1.3	1,148
5	The effects of acute psychological stress on circulating inflammatory factors in humans: A review and meta-analysis. Brain, Behavior, and Immunity, 2007, 21, 901-912.	2.0	1,081
6	Cohort Profile: The English Longitudinal Study of Ageing. International Journal of Epidemiology, 2013, 42, 1640-1648.	0.9	1,019
7	Gender differences in food choice: The contribution of health beliefs and dieting. Annals of Behavioral Medicine, 2004, 27, 107-116.	1.7	941
8	Stress and cardiovascular disease. Nature Reviews Cardiology, 2012, 9, 360-370.	6.1	935
9	Genetic variants associated with subjective well-being, depressive symptoms, and neuroticism identified through genome-wide analyses. Nature Genetics, 2016, 48, 624-633.	9.4	870
10	Cortisol awakening response and psychosocial factors: A systematic review and meta-analysis. Biological Psychology, 2009, 80, 265-278.	1.1	841
11	Socioeconomic status and the 25Å—Å25 risk factors as determinants of premature mortality: a multicohort study and meta-analysis of 1Å·7 million men and women. Lancet, The, 2017, 389, 1229-1237.	6.3	825
12	Do stress-related psychosocial factors contribute to cancer incidence and survival?. Nature Clinical Practice Oncology, 2008, 5, 466-475.	4.3	786
13	Job strain as a risk factor for coronary heart disease: a collaborative meta-analysis of individual participant data. Lancet, The, 2012, 380, 1491-1497.	6.3	786
14	Trajectories of anxiety and depressive symptoms during enforced isolation due to COVID-19 in England: a longitudinal observational study. Lancet Psychiatry, the, 2021, 8, 141-149.	3.7	743
15	Grip Strength across the Life Course: Normative Data from Twelve British Studies. PLoS ONE, 2014, 9, e113637.	1.1	734
16	Loneliness, social isolation, and behavioral and biological health indicators in older adults.. Health Psychology, 2011, 30, 377-385.	1.3	729
17	The Association of Anger and Hostility With Future Coronary Heart Disease. Journal of the American College of Cardiology, 2009, 53, 936-946.	1.2	640
18	Greater Cardiovascular Responses to Laboratory Mental Stress Are Associated With Poor Subsequent Cardiovascular Risk Status. Hypertension, 2010, 55, 1026-1032.	1.3	632

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19	Inflammation Causes Mood Changes Through Alterations in Subgenual Cingulate Activity and Mesolimbic Connectivity. <i>Biological Psychiatry</i> , 2009, 66, 407-414.	0.7	629
20	Effects of stress on the development and progression of cardiovascular disease. <i>Nature Reviews Cardiology</i> , 2018, 15, 215-229.	6.1	625
21	Positive affect and health-related neuroendocrine, cardiovascular, and inflammatory processes. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2005, 102, 6508-6512.	3.3	607
22	Stress and Cardiovascular Disease: An Update on Current Knowledge. <i>Annual Review of Public Health</i> , 2013, 34, 337-354.	7.6	573
23	Mental Stress Induces Transient Endothelial Dysfunction in Humans. <i>Circulation</i> , 2000, 102, 2473-2478.	1.6	568
24	Long working hours and risk of coronary heart disease and stroke: a systematic review and meta-analysis of published and unpublished data for 603,838 individuals. <i>Lancet</i> , The, 2015, 386, 1739-1746.	6.3	529
25	Neighborhood problems as sources of chronic stress: Development of a measure of neighborhood problems, and associations with socioeconomic status and health. <i>Annals of Behavioral Medicine</i> , 2001, 23, 177-185.	1.7	489
26	Associations of C-reactive protein and interleukin-6 with cognitive symptoms of depression: 12-year follow-up of the Whitehall II study. <i>Psychological Medicine</i> , 2009, 39, 413-423.	2.7	480
27	Socioeconomic differences in attitudes and beliefs about healthy lifestyles. <i>Journal of Epidemiology and Community Health</i> , 2003, 57, 440-443.	2.0	466
28	Social Isolation and Loneliness. <i>Psychosomatic Medicine</i> , 2013, 75, 161-170.	1.3	460
29	Loneliness and neuroendocrine, cardiovascular, and inflammatory stress responses in middle-aged men and women. <i>Psychoneuroendocrinology</i> , 2004, 29, 593-611.	1.3	455
30	Positive Affect and Psychobiological Processes Relevant to Health. <i>Journal of Personality</i> , 2009, 77, 1747-1776.	1.8	435
31	Association between low functional health literacy and mortality in older adults: longitudinal cohort study. <i>BMJ: British Medical Journal</i> , 2012, 344, e1602-e1602.	2.4	434
32	Functional health literacy and health-promoting behaviour in a national sample of British adults. <i>Journal of Epidemiology and Community Health</i> , 2007, 61, 1086-1090.	2.0	429
33	Stress, dietary restraint and food intake. <i>Journal of Psychosomatic Research</i> , 2000, 48, 195-202.	1.2	410
34	Body image and weight control in young adults: international comparisons in university students from 22 countries. <i>International Journal of Obesity</i> , 2006, 30, 644-651.	1.6	410
35	Differences in cortisol awakening response on work days and weekends in women and men from the Whitehall II cohort. <i>Psychoneuroendocrinology</i> , 2004, 29, 516-528.	1.3	392
36	Overweight, obesity, and risk of cardiometabolic multimorbidity: pooled analysis of individual-level data for 120,813 adults from 16 cohort studies from the USA and Europe. <i>Lancet Public Health</i> , The, 2017, 2, e277-e285.	4.7	375

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37	Positive affect, psychological well-being, and good sleep. <i>Journal of Psychosomatic Research</i> , 2008, 64, 409-415.	1.2	351
38	The Relationship Between Life Satisfaction and Health Behavior: A Cross-cultural Analysis of Young Adults. <i>International Journal of Behavioral Medicine</i> , 2009, 16, 259-268.	0.8	349
39	Trends in physical activity and sedentary behaviour in adolescence: ethnic and socioeconomic differences * COMMENTARY. <i>British Journal of Sports Medicine</i> , 2007, 41, 140-144.	3.1	343
40	Peripheral Inflammation is Associated with Altered Substantia Nigra Activity and Psychomotor Slowing in Humans. <i>Biological Psychiatry</i> , 2008, 63, 1022-1029.	0.7	326
41	Sleep Duration and Health in Young Adults. <i>Archives of Internal Medicine</i> , 2006, 166, 1689.	4.3	322
42	Health Literacy and Health Actions: A Review and a Framework From Health Psychology. <i>Health Education and Behavior</i> , 2009, 36, 860-877.	1.3	319
43	Sports participation and emotional wellbeing in adolescents. <i>Lancet, The</i> , 1996, 347, 1789-1792.	6.3	316
44	The Influence of Partner's Behavior on Health Behavior Change. <i>JAMA Internal Medicine</i> , 2015, 175, 385.	2.6	315
45	Religiosity/Spirituality and Mortality. <i>Psychotherapy and Psychosomatics</i> , 2009, 78, 81-90.	4.0	306
46	Stress, social support and health-related behavior: A study of smoking, alcohol consumption and physical exercise. <i>Journal of Psychosomatic Research</i> , 1996, 41, 171-180.	1.2	297
47	Job Strain and Anger Expression Predict Early Morning Elevations in Salivary Cortisol. <i>Psychosomatic Medicine</i> , 2000, 62, 286-292.	1.3	290
48	Leisure-time physical activity in university students from 23 countries: associations with health beliefs, risk awareness, and national economic development. <i>Preventive Medicine</i> , 2004, 39, 182-190.	1.6	290
49	Neural Origins of Human Sickness in Interoceptive Responses to Inflammation. <i>Biological Psychiatry</i> , 2009, 66, 415-422.	0.7	290
50	Loneliness during a strict lockdown: Trajectories and predictors during the COVID-19 pandemic in 38,217 United Kingdom adults. <i>Social Science and Medicine</i> , 2020, 265, 113521.	1.8	281
51	Associations between social isolation, loneliness, and objective physical activity in older men and women. <i>BMC Public Health</i> , 2019, 19, 74.	1.2	278
52	Stress and Adiposity: A Meta-Analysis of Longitudinal Studies. <i>Obesity</i> , 2011, 19, 771-778.	1.5	275
53	Work-Related Psychosocial Factors and the Development of Ischemic Heart Disease. <i>Cardiology in Review</i> , 2009, 17, 83-97.	0.6	272
54	Depressive symptoms, social support, and personal health behaviors in young men and women.. <i>Health Psychology</i> , 2001, 20, 223-227.	1.3	266

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55	Type 2 diabetes mellitus and psychological stress – a modifiable risk factor. <i>Nature Reviews Endocrinology</i> , 2017, 13, 547-560.	4.3	266
56	Social isolation and loneliness: Prospective associations with functional status in older adults.. <i>Health Psychology</i> , 2017, 36, 179-187.	1.3	263
57	Mindfulness on-the-go: Effects of a mindfulness meditation app on work stress and well-being.. <i>Journal of Occupational Health Psychology</i> , 2019, 24, 127-138.	2.3	263
58	Psychosocial factors in the development of coronary artery disease. <i>Progress in Cardiovascular Diseases</i> , 2004, 46, 337-347.	1.6	260
59	Happiness and Health. <i>Annual Review of Public Health</i> , 2019, 40, 339-359.	7.6	257
60	Cortisol responses to mild psychological stress are inversely associated with proinflammatory cytokines. <i>Brain, Behavior, and Immunity</i> , 2003, 17, 373-383.	2.0	255
61	A Bidirectional Relationship Between Psychosocial Factors and Atopic Disorders: A Systematic Review and Meta-Analysis. <i>Psychosomatic Medicine</i> , 2008, 70, 102-116.	1.3	253
62	Acute inflammation and negative mood: Mediation by cytokine activation. <i>Brain, Behavior, and Immunity</i> , 2005, 19, 345-350.	2.0	249
63	Dose-response relationship between physical activity and mental health: the Scottish Health Survey. <i>British Journal of Sports Medicine</i> , 2009, 43, 1111-1114.	3.1	249
64	Long COVID burden and risk factors in 10 UK longitudinal studies and electronic health records. <i>Nature Communications</i> , 2022, 13, .	5.8	243
65	Trends in Smoking, Diet, Physical Exercise, and Attitudes toward Health in European University Students from 13 Countries, 1990–2000. <i>Preventive Medicine</i> , 2002, 35, 97-104.	1.6	240
66	Locus of control and health behaviour revisited: A multivariate analysis of young adults from 18 countries. <i>British Journal of Psychology</i> , 2001, 92, 659-672.	1.2	229
67	Acute mental stress elicits delayed increases in circulating inflammatory cytokine levels. <i>Clinical Science</i> , 2001, 101, 185-192.	1.8	224
68	Effort–Reward Imbalance at Work and Incident Coronary Heart Disease. <i>Epidemiology</i> , 2017, 28, 619-626.	1.2	224
69	The role of psychobiological pathways in socio-economic inequalities in cardiovascular disease risk. <i>European Heart Journal</i> , 2002, 23, 13-25.	1.0	218
70	Depressive symptoms, socio-economic background, sense of control, and cultural factors in University students from 23 Countries. <i>International Journal of Behavioral Medicine</i> , 2007, 14, 97-107.	0.8	217
71	Behavioural counselling in general practice for the promotion of healthy behaviour among adults at increased risk of coronary heart disease: randomised trial – Commentary: Treatment allocation by the method of minimisation. <i>BMJ: British Medical Journal</i> , 1999, 319, 943-948.	2.4	213
72	Subjective socioeconomic position, gender and cortisol responses to waking in an elderly population. <i>Psychoneuroendocrinology</i> , 2005, 30, 582-590.	1.3	212

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73	Socioeconomic Status and Stress-Related Biological Responses Over the Working Day. <i>Psychosomatic Medicine</i> , 2003, 65, 461-470.	1.3	209
74	Sociodemographic, developmental, environmental, and psychological correlates of physical activity and sedentary behavior at age 11 to 12. <i>Annals of Behavioral Medicine</i> , 2005, 29, 2-11.	1.7	208
75	Social Isolation, Loneliness, and Health Behaviors at Older Ages: Longitudinal Cohort Study. <i>Annals of Behavioral Medicine</i> , 2018, 52, 582-593.	1.7	203
76	Loneliness and stress-related inflammatory and neuroendocrine responses in older men and women. <i>Psychoneuroendocrinology</i> , 2012, 37, 1801-1809.	1.3	202
77	Invited review. <i>Journal of Psychosomatic Research</i> , 1991, 35, 633-644.	1.2	201
78	Work stress, socioeconomic status and neuroendocrine activation over the working day. <i>Social Science and Medicine</i> , 2004, 58, 1523-1530.	1.8	201
79	Neuroendocrine and Inflammatory Factors Associated with Positive Affect in Healthy Men and Women: The Whitehall II Study. <i>American Journal of Epidemiology</i> , 2007, 167, 96-102.	1.6	200
80	Pulse Wave Velocity as a Measure of Blood Pressure Change. <i>Psychophysiology</i> , 1976, 13, 86-90.	1.2	198
81	Long working hours, socioeconomic status, and the risk of incident type 2 diabetes: a meta-analysis of published and unpublished data from 222â€¹120 individuals. <i>Lancet Diabetes and Endocrinology</i> , 2015, 3, 27-34.	5.5	197
82	Social Isolation and Stress-related Cardiovascular, Lipid, and Cortisol Responses. <i>Annals of Behavioral Medicine</i> , 2009, 37, 29-37.	1.7	196
83	An investigation of coping strategies associated with job stress in teachers. <i>British Journal of Educational Psychology</i> , 1999, 69, 517-531.	1.6	195
84	The effects of exercise training on mental well-being in the normal population: A controlled trial. <i>Journal of Psychosomatic Research</i> , 1989, 33, 47-61.	1.2	193
85	Positive affect and psychobiological processes. <i>Neuroscience and Biobehavioral Reviews</i> , 2010, 35, 69-75.	2.9	193
86	Leisure-Time Physical Exercise: Prevalence, Attitudinal Correlates, and Behavioral Correlates among Young Europeans from 21 Countries. <i>Preventive Medicine</i> , 1997, 26, 845-854.	1.6	191
87	Smoking, cortisol and nicotine. <i>International Journal of Psychophysiology</i> , 2006, 59, 228-235.	0.5	188
88	The European health and behaviour survey: Rationale, methods and initial results from the United Kingdom. <i>Social Science and Medicine</i> , 1991, 33, 925-936.	1.8	187
89	Job Strain as a Risk Factor for Type 2 Diabetes: A Pooled Analysis of 124,808 Men and Women. <i>Diabetes Care</i> , 2014, 37, 2268-2275.	4.3	185
90	Dispositional optimism and health behaviour in community-dwelling older people: Associations with healthy ageing. <i>British Journal of Health Psychology</i> , 2006, 11, 71-84.	1.9	183

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91	Perceived job insecurity as a risk factor for incident coronary heart disease: systematic review and meta-analysis. <i>BMJ, The</i> , 2013, 347, f4746-f4746.	3.0	181
92	Stress responsivity and socioeconomic status. A mechanism for increased cardiovascular disease risk?. <i>European Heart Journal</i> , 2002, 23, 1757-1763.	1.0	179
93	The association between loneliness and depressive symptoms among adults aged 50 years and older: a 12-year population-based cohort study. <i>Lancet Psychiatry,the</i> , 2021, 8, 48-57.	3.7	178
94	Acute mental stress elicits delayed increases in circulating inflammatory cytokine levels. <i>Clinical Science</i> , 2001, 101, 185.	1.8	177
95	Systematic review of mental stress-induced myocardial ischaemia. <i>European Heart Journal</i> , 2003, 24, 690-703.	1.0	176
96	The effect of acute aerobic exercise on stress related blood pressure responses: A systematic review and meta-analysis. <i>Biological Psychology</i> , 2006, 71, 183-190.	1.1	176
97	Blood Pressure Reactions to Acute Psychological Stress and Future Blood Pressure Status: A 10-Year Follow-Up of Men in the Whitehall II Study. <i>Psychosomatic Medicine</i> , 2001, 63, 737-743.	1.3	175
98	Positive affect and biological function in everyday life. <i>Neurobiology of Aging</i> , 2005, 26, 108-112.	1.5	174
99	Socioeconomic status and stress-induced increases in interleukin-6. <i>Brain, Behavior, and Immunity</i> , 2004, 18, 281-290.	2.0	173
100	Temporal trend in dementia incidence since 2002 and projections for prevalence in England and Wales to 2040: modelling study. <i>BMJ: British Medical Journal</i> , 2017, 358, j2856.	2.4	170
101	Neuroendocrine and cardiovascular correlates of positive affect measured by ecological momentary assessment and by questionnaire. <i>Psychoneuroendocrinology</i> , 2007, 32, 56-64.	1.3	167
102	The contribution of gender-role orientation, work factors and home stressors to psychological well-being and sickness absence in male- and female-dominated occupational groups. <i>Social Science and Medicine</i> , 2002, 54, 481-492.	1.8	166
103	Inflammatory cytokines, socioeconomic status, and acute stress responsivity. <i>Brain, Behavior, and Immunity</i> , 2002, 16, 774-784.	2.0	164
104	The effects of exercise training on mood and perceived coping ability in anxious adults from the general population. <i>Journal of Psychosomatic Research</i> , 1989, 33, 537-547.	1.2	161
105	A Comparison of Affect Ratings Obtained with Ecological Momentary Assessment and the Day Reconstruction Method. <i>Social Indicators Research</i> , 2010, 99, 269-283.	1.4	161
106	The Impact of Subjective Well-being on Mortality: A Meta-Analysis of Longitudinal Studies in the General Population. <i>Psychosomatic Medicine</i> , 2017, 79, 565-575.	1.3	161
107	Circulating Human Heat Shock Protein 60 in the Plasma of British Civil Servants. <i>Circulation</i> , 2002, 106, 196-201.	1.6	160
108	Emotional triggering of cardiac events. <i>Neuroscience and Biobehavioral Reviews</i> , 2009, 33, 63-70.	2.9	158

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109	Loneliness, Social Integration, and Incident Dementia Over 6 Years: Prospective Findings From the English Longitudinal Study of Ageing. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2020, 75, 114-124.	2.4	157
110	The impact of behavioral counseling on stage of change in fat intake, physical activity, and cigarette smoking in adults at increased risk of coronary heart disease. <i>American Journal of Public Health</i> , 2001, 91, 265-269.	1.5	156
111	Stage fright in orchestral musicians: A study of cognitive and behavioural strategies in performance anxiety. <i>British Journal of Psychology</i> , 1987, 78, 241-249.	1.2	155
112	Psychosocial Factors and Sleep Efficiency. <i>Psychosomatic Medicine</i> , 2011, 73, 810-816.	1.3	154
113	Pulse Wave Velocity and Blood Pressure Change: Calibration and Applications. <i>Psychophysiology</i> , 1976, 13, 488-493.	1.2	153
114	Health behaviour, risk awareness and emotional well-being in students from Eastern Europe and Western Europe. <i>Social Science and Medicine</i> , 2001, 53, 1621-1630.	1.8	153
115	Socioeconomic status, C-reactive protein, immune factors, and responses to acute mental stress. <i>Brain, Behavior, and Immunity</i> , 2003, 17, 286-295.	2.0	153
116	Long working hours and alcohol use: systematic review and meta-analysis of published studies and unpublished individual participant data. <i>BMJ, The</i> , 2015, 350, g7772-g7772.	3.0	152
117	Shorter telomeres with high telomerase activity are associated with raised allostatic load and impoverished psychosocial resources. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2014, 111, 4519-4524.	3.3	151
118	Age and Gender Differences in Physical Capability Levels from Mid-Life Onwards: The Harmonisation and Meta-Analysis of Data from Eight UK Cohort Studies. <i>PLoS ONE</i> , 2011, 6, e27899.	1.1	148
119	Behavioral and Emotional Triggers of Acute Coronary Syndromes: A Systematic Review and Critique. <i>Psychosomatic Medicine</i> , 2005, 67, 179-186.	1.3	147
120	Individual and Area-Based Socioeconomic Factors Associated With Dementia Incidence in England. <i>JAMA Psychiatry</i> , 2018, 75, 723.	6.0	145
121	MOTIVES UNDERLYING HEALTHY EATING: USING THE FOOD CHOICE QUESTIONNAIRE TO EXPLAIN VARIATION IN DIETARY INTAKE. <i>Journal of Biosocial Science</i> , 1998, 30, 165-179.	0.5	144
122	Job Strain and Cardiovascular Disease Risk Factors: Meta-Analysis of Individual-Participant Data from 47,000 Men and Women. <i>PLoS ONE</i> , 2013, 8, e67323.	1.1	144
123	Acute effects of aerobic exercise on mood.. <i>Health Psychology</i> , 1988, 7, 329-340.	1.3	142
124	Blood pressure publication guidelines. <i>Psychophysiology</i> , 1996, 33, 1-12.	1.2	142
125	Emotions and Stress Increase Respiratory Resistance in Asthma. <i>Psychosomatic Medicine</i> , 2000, 62, 401-412.	1.3	142
126	Synergistic effects of psychological and immune stressors on inflammatory cytokine and sickness responses in humans. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 217-224.	2.0	142



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127	Leading a meaningful life at older ages and its relationship with social engagement, prosperity, health, biology, and time use. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2019, 116, 1207-1212.	3.3	139
128	Persistent depressive symptoms, HPA-axis hyperactivity, and inflammation: the role of cognitive-affective and somatic symptoms. <i>Molecular Psychiatry</i> , 2020, 25, 1130-1140.	4.1	138
129	Levels of Severity of Depressive Symptoms Among At-Risk Groups in the UK During the COVID-19 Pandemic. <i>JAMA Network Open</i> , 2020, 3, e2026064.	2.8	138
130	Stress, hassles and variations in alcohol consumption, food choice and physical exercise: A diary study. <i>British Journal of Health Psychology</i> , 1998, 3, 51-63.	1.9	137
131	Impaired cardiovascular recovery following stress predicts 3-year increases in blood pressure. <i>Journal of Hypertension</i> , 2005, 23, 529-536.	0.3	137
132	Body mass index is negatively associated with telomere length: a collaborative cross-sectional meta-analysis of 87 observational studies. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 453-475.	2.2	137
133	Positive affect measured using ecological momentary assessment and survival in older men and women. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2011, 108, 18244-18248.	3.3	135
134	Quality of Life and Affective Well-Being in Middle-Aged and Older People with Chronic Medical Illnesses: A Cross-Sectional Population Based Study. <i>PLoS ONE</i> , 2011, 6, e18952.	1.1	135
135	How neighborhoods and physical functioning are related: The roles of neighborhood socioeconomic status, perceived neighborhood strain, and individual health risk factors. <i>Annals of Behavioral Medicine</i> , 2004, 27, 91-99.	1.7	134
136	Psychological stress activates interleukin-1 $\beta$ gene expression in human mononuclear cells. <i>Brain, Behavior, and Immunity</i> , 2005, 19, 540-546.	2.0	134
137	Effort-Reward Imbalance, Overcommitment, and Measures of Cortisol and Blood Pressure Over the Working Day. <i>Psychosomatic Medicine</i> , 2004, 66, 323-329.	1.3	134
138	Behavioural counselling to increase consumption of fruit and vegetables in low income adults: randomised trial. <i>BMJ: British Medical Journal</i> , 2003, 326, 855-855.	2.4	133
139	Cortisol awakening response is elevated in acute coronary syndrome patients with type-D personality. <i>Journal of Psychosomatic Research</i> , 2007, 62, 419-425.	1.2	133
140	An international comparison of tobacco smoking, beliefs and risk awareness in university students from 23 countries. <i>Addiction</i> , 2002, 97, 1561-1571.	1.7	132
141	Job strain in relation to body mass index: pooled analysis of 160,000 adults from 13 cohort studies. <i>Journal of Internal Medicine</i> , 2012, 272, 65-73.	2.7	132
142	Positive affect and sleep: A systematic review. <i>Sleep Medicine Reviews</i> , 2017, 35, 21-32.	3.8	132
143	Psychosocial Stress and Susceptibility to Upper Respiratory Tract Illness in an Adult Population Sample. <i>Psychosomatic Medicine</i> , 1996, 58, 404-412.	1.3	131
144	The cortisol awakening response in relation to objective and subjective measures of waking in the morning. <i>Psychoneuroendocrinology</i> , 2008, 33, 77-82.	1.3	131

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145	Dispositional optimism and stress-induced changes in immunity and negative mood. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 810-816.	2.0	131
146	Changes in Financial Strain Over Three Years, Ambulatory Blood Pressure, and Cortisol Responses to Awakening. <i>Psychosomatic Medicine</i> , 2005, 67, 281-287.	1.3	130
147	Platelets, coronary heart disease, and stress. <i>Brain, Behavior, and Immunity</i> , 2006, 20, 113-119.	2.0	130
148	The Effects of Psychological Intervention on Atopic Dermatitis. <i>International Archives of Allergy and Immunology</i> , 2007, 144, 1-9.	0.9	130
149	Body Mass Index, Muscle Strength and Physical Performance in Older Adults from Eight Cohort Studies: The HALCYON Programme. <i>PLoS ONE</i> , 2013, 8, e56483.	1.1	129
150	Assessment of Baroreceptor Reflex Function During Mental Stress and Relaxation. <i>Psychophysiology</i> , 1989, 26, 140-147.	1.2	127
151	Disruption of multisystem responses to stress in type 2 diabetes: Investigating the dynamics of allostatic load. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2014, 111, 15693-15698.	3.3	127
152	Loneliness, Living Alone, and All-Cause Mortality: The Role of Emotional and Social Loneliness in the Elderly During 19 Years of Follow-Up. <i>Psychosomatic Medicine</i> , 2019, 81, 521-526.	1.3	126
153	Lower socioeconomic status and the acceleration of aging: An outcome-wide analysis. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 14911-14917.	3.3	126
154	The influence of low job control on ambulatory blood pressure and perceived stress over the working day in men and women from the Whitehall II cohort. <i>Journal of Hypertension</i> , 2004, 22, 915-920.	0.3	123
155	Are we all in this together? Longitudinal assessment of cumulative adversities by socioeconomic position in the first 3 weeks of lockdown in the UK. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, jech-2020-214475.	2.0	123
156	Job strain and psychiatric morbidity. <i>Psychological Medicine</i> , 1999, 29, 1411-1416.	2.7	122
157	Psychological, cardiovascular, and metabolic correlates of individual differences in cortisol stress recovery in young men. <i>Psychoneuroendocrinology</i> , 2001, 26, 375-391.	1.3	122
158	Cortisol Responses to Mental Stress and Incident Hypertension in Healthy Men and Women. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012, 97, E29-E34.	1.8	122
159	Is a cancer diagnosis a trigger for health behaviour change? Findings from a prospective, population-based study. <i>British Journal of Cancer</i> , 2013, 108, 2407-2412.	2.9	122
160	Lack of association between depressive symptoms and markers of immune and vascular inflammation in middle-aged men and women. <i>Psychological Medicine</i> , 2003, 33, 667-674.	2.7	121
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