

Ellinor K Olander

List of Publications by Year in descending order

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Version: 2024-02-01

77
papers

3,043
citations

304743

22
h-index

175258

52
g-index

80
all docs

80
docs citations

80
times ranked

4291
citing authors

#	ARTICLE	IF	CITATIONS
1	Individualised physical activity and physiotherapy behaviour change intervention tool for breast cancer survivors using self-efficacy and COM-B: feasibility study. <i>European Journal of Physiotherapy</i> , 2022, 24, 119-128.	1.3	3
2	Prenatal stress, health, and health behaviours during the COVID-19 pandemic: An international survey. <i>Women and Birth</i> , 2022, 35, 272-279.	2.0	42
3	The impact of COVID-19 on pregnant womensâ€™ experiences and perceptions of antenatal maternity care, social support, and stress-reduction strategies. <i>Women and Birth</i> , 2022, 35, 307-316.	2.0	71
4	Enhancing the translation of health behaviour change research into practice: a selective conceptual review of the synergy between implementation science and health psychology. <i>Health Psychology Review</i> , 2022, 16, 22-49.	8.6	17
5	Mapping the role of patient and public involvement during the different stages of healthcare innovation: A scoping review. <i>Health Expectations</i> , 2022, 25, 840-855.	2.6	20
6	Co-designing Improved Communication of Newborn Bloodspot Screening Results to Parents: Mixed Methods Study. <i>Journal of Participatory Medicine</i> , 2022, 14, e33485.	1.3	5
7	Differences in levels of stress, social support, health behaviours, and stress-reduction strategies for women pregnant before and during the COVID-19 pandemic, and based on phases of pandemic restrictions, in Ireland. <i>Women and Birth</i> , 2021, 34, 447-454.	2.0	47
8	Mums on the Move: A pilot randomised controlled trial of a home-based physical activity intervention for mothers at risk of postnatal depression. <i>Midwifery</i> , 2021, 93, 102898.	2.3	27
9	Key stakeholder perspectives on the development and real-world implementation of a home-based physical activity program for mothers at risk of postnatal depression: a qualitative study. <i>BMC Public Health</i> , 2021, 21, 361.	2.9	13
10	Healthcare Professional Training Regarding Gestational Weight Gain: Recommendations and Future Directions. <i>Current Obesity Reports</i> , 2021, 10, 116-124.	8.4	6
11	Barriers and enablers to caregivers' responsive feeding behaviour: A systematic review to inform childhood obesity prevention. <i>Obesity Reviews</i> , 2021, 22, e13228.	6.5	25
12	Influences on physical activity and screen time amongst postpartum women with heightened depressive symptoms: a qualitative study. <i>BMC Pregnancy and Childbirth</i> , 2021, 21, 376.	2.4	5
13	Process evaluation of co-designed interventions to improve communication of positive newborn bloodspot screening results. <i>BMJ Open</i> , 2021, 11, e050773.	1.9	9
14	Interventions improving health professionalsâ€™ practice for addressing patientsâ€™ weight management behaviours: systematic review of reviews. <i>Health Promotion International</i> , 2021, 36, 165-177.	1.8	5
15	Exploring healthcare professionalsâ€™ views of the acceptability of delivering interventions to promote healthy infant feeding practices within primary care: a qualitative interview study. <i>Public Health Nutrition</i> , 2021, 24, 2889-2899.	2.2	14
16	Bodies of concern? A qualitative exploration of eating, moving and embodiment in young mothers. <i>Health (United Kingdom)</i> , 2021, , 136345932110607.	1.5	0
17	Healthcare professionalsâ€™ views on supporting young mothers with eating and moving during and after pregnancy: An interview study using the COMâ€™ framework. <i>Health and Social Care in the Community</i> , 2020, 28, 69-80.	1.6	15
18	Bump start needed: linking guidelines, policy and practice in promoting physical activity during and beyond pregnancy. <i>British Journal of Sports Medicine</i> , 2020, 54, 764-765.	6.7	7

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19	Encouraging Physical Activity during and after Pregnancy in the COVID-19 Era, and beyond. International Journal of Environmental Research and Public Health, 2020, 17, 7304.	2.6	19
20	The Concurrent Acceptability of a Postnatal Walking Group: A Qualitative Study Using the Theoretical Framework of Acceptability. International Journal of Environmental Research and Public Health, 2020, 17, 5027.	2.6	21
21	A qualitative study examining UK female genital mutilation health campaigns from the perspective of affected communities. Public Health, 2020, 187, 84-88.	2.9	2
22	Qualitative exploration of health professionals' experiences of communicating positive newborn bloodspot screening results for nine conditions in England. BMJ Open, 2020, 10, e037081.	1.9	12
23	Processing of positive newborn screening results: a qualitative exploration of current practice in England. BMJ Open, 2020, 10, e044755.	1.9	8
24	Three perspectives on the co-location of maternity services: qualitative interviews with mothers, midwives and health visitors. Journal of Interprofessional Care, 2020, , 1-9.	1.7	6
25	Barriers and enablers to Caregivers Responsive feeding Behaviour (CRiB): A mixed method systematic review protocol. HRB Open Research, 2020, 3, 2.	0.6	1
26	Barriers and enablers to Caregivers Responsive feeding Behaviour (CRiB): A mixed method systematic review protocol. HRB Open Research, 2020, 3, 2.	0.6	0
27	Maternal obesity and stigma. , 2020, , 335-341.		0
28	Women's views on contact with a health visitor during pregnancy: an interview study. Primary Health Care Research and Development, 2019, 20, e105.	1.2	5
29	Effectiveness of physical activity interventions for overweight and obesity during pregnancy: a systematic review of the content of behaviour change interventions. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 97.	4.6	36
30	Offering weight management support to pregnant women with high body mass index: A qualitative study with midwives. Sexual and Reproductive Healthcare, 2019, 20, 81-86.	1.2	11
31	Women's views of continuity of information provided during and after pregnancy: A qualitative interview study. Health and Social Care in the Community, 2019, 27, 1214-1223.	1.6	6
32	Feasibility study - individual physical activity behaviour change intervention for breast cancer survivors within the NHS. Physiotherapy, 2019, 105, e74-e75.	0.4	0
33	P14...Physical activity interventions for overweight and obesity during pregnancy: a systematic review of the content of behaviour change interventions. , 2019, , .		0
34	Weight management across pregnancy and postpartum care: The need for interprofessional education and collaboration. Nurse Education in Practice, 2019, 41, 102651.	2.6	10
35	No straight lines - young women's perceptions of their mental health and wellbeing during and after pregnancy: a systematic review and meta-ethnography. BMC Women's Health, 2019, 19, 152.	2.0	27
36	A postgraduate Optimum Birth module to increase midwives' readiness to work in midwifery-led settings: A mixed methods evaluation. Birth, 2019, 46, 533-539.	2.2	3

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37	Health behaviour and pregnancy: a time for change. <i>Journal of Reproductive and Infant Psychology</i> , 2018, 36, 1-3.	1.8	54
38	Feasibility and acceptability of a home-based physical activity program for postnatal women with depressive symptoms: A pilot study. <i>Mental Health and Physical Activity</i> , 2018, 14, 82-89.	1.8	17
39	Midwifery students in health visitor placements: the importance of student-mentor relationships. <i>Midwifery</i> , 2018, 62, 49-51.	2.3	3
40	A multi-method evaluation of interprofessional education for healthcare professionals caring for women during and after pregnancy. <i>Journal of Interprofessional Care</i> , 2018, 32, 509-512.	1.7	8
41	Midwifery students' experiences in a health visiting placement: An interview study. <i>Journal of Health Visiting</i> , 2018, 6, 552-559.	0.1	2
42	Weight management during teenage pregnancy: Issues to consider when developing appropriate support. <i>British Journal of Midwifery</i> , 2018, 26, 770-774.	0.4	0
43	A focus group study of women's views and experiences of maternity care as delivered collaboratively by midwives and health visitors in England. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 505.	2.4	10
44	Feasibility and Acceptability of a Web-Based Treatment with Telephone Support for Postpartum Women With Anxiety: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2018, 5, e19.	3.3	31
45	Supporting women with postpartum anxiety: exploring views and experiences of specialist community public health nurses in the UK. <i>Health and Social Care in the Community</i> , 2017, 25, 1257-1264.	1.6	23
46	Women's dietary changes before and during pregnancy: A systematic review. <i>Midwifery</i> , 2017, 49, 19-31.	2.3	58
47	Internet-based interventions for postpartum anxiety: exploring health visitors' views. <i>Journal of Reproductive and Infant Psychology</i> , 2017, 35, 298-308.	1.8	9
48	Interest in web-based treatments for postpartum anxiety: an exploratory survey. <i>Journal of Reproductive and Infant Psychology</i> , 2017, 35, 394-409.	1.8	7
49	Midwives' experiences of referring obese women to either a community or home-based antenatal weight management service: Implications for service providers and midwifery practice. <i>Midwifery</i> , 2017, 49, 102-109.	2.3	15
50	Adopting a healthy lifestyle when pregnant and obese – an interview study three years after childbirth. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 201.	2.4	24
51	Supporting early family life: the importance of public health programmes. <i>Journal of Reproductive and Infant Psychology</i> , 2016, 34, 221-223.	1.8	2
52	Teaching students about maternal obesity without creating obesity stigma. <i>Nurse Education Today</i> , 2016, 42, 59-61.	3.3	9
53	Beyond the "teachable moment" – A conceptual analysis of women's perinatal behaviour change. <i>Women and Birth</i> , 2016, 29, e67-e71.	2.0	82
54	Midwives' and health visitors' collaborative relationships: A systematic review of qualitative and quantitative studies. <i>International Journal of Nursing Studies</i> , 2016, 62, 193-206.	5.6	39

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55	Teaching about obesity: Caring, compassion, communication and courage in midwifery education. <i>British Journal of Midwifery</i> , 2016, 24, 494-499.	0.4	1
56	Maternal dietary intake and physical activity habits during the postpartum period: associations with clinician advice in a sample of Australian first time mothers. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 27.	2.4	48
57	Computer- or web-based interventions for perinatal mental health: A systematic review. <i>Journal of Affective Disorders</i> , 2016, 197, 134-146.	4.1	124
58	Acceptability of a Weight Management Intervention for Pregnant and Postpartum Women with BMI ≥ 30 kg/m ² : A Qualitative Evaluation of an Individualized, Home-Based Service. <i>Maternal and Child Health Journal</i> , 2016, 20, 88-96.	1.5	18
59	Finding Web-Based Anxiety Interventions on the World Wide Web: A Scoping Review. <i>JMIR Mental Health</i> , 2016, 3, e14.	3.3	11
60	Do single and multiple behavior change interventions contain different behavior change techniques? A comparison of interventions targeting physical activity in obese populations.. <i>Health Psychology</i> , 2015, 34, 960-965.	1.6	19
61	Risks associated with obesity in pregnancy, for the mother and baby: a systematic review of reviews. <i>Obesity Reviews</i> , 2015, 16, 621-638.	6.5	693
62	Person-centred care in interventions to limit weight gain in pregnant women with obesity - a systematic review. <i>BMC Pregnancy and Childbirth</i> , 2015, 15, 50.	2.4	18
63	Which Behaviour Change Techniques Are Most Effective at Increasing Older Adults' Self-Efficacy and Physical Activity Behaviour? A Systematic Review. <i>Annals of Behavioral Medicine</i> , 2014, 48, 225-234.	2.9	404
64	Think pink! A sticker alert system for psychological distress or vulnerability during pregnancy. <i>British Journal of Midwifery</i> , 2014, 22, 590-595.	0.4	13
65	What are the most effective techniques in changing obese individuals' physical activity self-efficacy and behaviour: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 29.	4.6	442
66	An exploration of obese pregnant women's views of being referred by their midwife to a weight management service. <i>Sexual and Reproductive Healthcare</i> , 2013, 4, 139-140.	1.2	8
67	Postpartum women's views of celebrity weight loss. <i>Women and Birth</i> , 2013, 26, e97.	2.0	0
68	What are we measuring and why? Using theory to guide perinatal research and measurement. <i>Journal of Reproductive and Infant Psychology</i> , 2013, 31, 439-448.	1.8	18
69	Why don't many obese pregnant and post-natal women engage with a weight management service?. <i>Journal of Reproductive and Infant Psychology</i> , 2013, 31, 245-256.	1.8	27
70	Obese women's reasons for not attending a weight management service during pregnancy. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2013, 92, 1227-1230.	2.8	26
71	Promoting healthy eating in pregnancy: What kind of support services do women say they want?. <i>Primary Health Care Research and Development</i> , 2012, 13, 237-243.	1.2	27
72	Likening stairs in buildings to climbing a mountain: Self-reports of expected effects on stair climbing and objective measures of effectiveness. <i>Psychology of Sport and Exercise</i> , 2012, 13, 170-176.	2.1	9

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73	The views of pre- and post-natal women and health professionals regarding gestational weight gain: An exploratory study. <i>Sexual and Reproductive Healthcare</i> , 2011, 2, 43-48.	1.2	107
74	Elevator availability and its impact on stair use in a workplace. <i>Journal of Environmental Psychology</i> , 2011, 31, 200-206.	5.1	31
75	Effectiveness and Cost of Two Stair-Climbing Interventionsâ€”Less is More. <i>American Journal of Health Promotion</i> , 2011, 25, 231-236.	1.7	32
76	Increasing stair climbing in a train station: The effects of contextual variables and visibility. <i>Journal of Environmental Psychology</i> , 2009, 29, 300-303.	5.1	40
77	Promoting stair climbing: Stair-riser banners are better than postersâ€” sometimes. <i>Preventive Medicine</i> , 2008, 46, 308-310.	3.4	35