

Ellinor K Olander

List of Publications by Year in descending order

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Version: 2024-02-01

77
papers

3,043
citations

304743

22
h-index

175258

52
g-index

80
all docs

80
docs citations

80
times ranked

4291
citing authors

#	ARTICLE	IF	CITATIONS
1	Risks associated with obesity in pregnancy, for the mother and baby: a systematic review of reviews. <i>Obesity Reviews</i> , 2015, 16, 621-638.	6.5	693
2	What are the most effective techniques in changing obese individuals' physical activity self-efficacy and behaviour: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 29.	4.6	442
3	Which Behaviour Change Techniques Are Most Effective at Increasing Older Adults' Self-Efficacy and Physical Activity Behaviour? A Systematic Review. <i>Annals of Behavioral Medicine</i> , 2014, 48, 225-234.	2.9	404
4	Computer- or web-based interventions for perinatal mental health: A systematic review. <i>Journal of Affective Disorders</i> , 2016, 197, 134-146.	4.1	124
5	The views of pre- and post-natal women and health professionals regarding gestational weight gain: An exploratory study. <i>Sexual and Reproductive Healthcare</i> , 2011, 2, 43-48.	1.2	107
6	Beyond the "teachable moment" – A conceptual analysis of women's perinatal behaviour change. <i>Women and Birth</i> , 2016, 29, e67-e71.	2.0	82
7	The impact of COVID-19 on pregnant women's experiences and perceptions of antenatal maternity care, social support, and stress-reduction strategies. <i>Women and Birth</i> , 2022, 35, 307-316.	2.0	71
8	Women's dietary changes before and during pregnancy: A systematic review. <i>Midwifery</i> , 2017, 49, 19-31.	2.3	58
9	Health behaviour and pregnancy: a time for change. <i>Journal of Reproductive and Infant Psychology</i> , 2018, 36, 1-3.	1.8	54
10	Maternal dietary intake and physical activity habits during the postpartum period: associations with clinician advice in a sample of Australian first time mothers. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 27.	2.4	48
11	Differences in levels of stress, social support, health behaviours, and stress-reduction strategies for women pregnant before and during the COVID-19 pandemic, and based on phases of pandemic restrictions, in Ireland. <i>Women and Birth</i> , 2021, 34, 447-454.	2.0	47
12	Prenatal stress, health, and health behaviours during the COVID-19 pandemic: An international survey. <i>Women and Birth</i> , 2022, 35, 272-279.	2.0	42
13	Increasing stair climbing in a train station: The effects of contextual variables and visibility. <i>Journal of Environmental Psychology</i> , 2009, 29, 300-303.	5.1	40
14	Midwives' and health visitors' collaborative relationships: A systematic review of qualitative and quantitative studies. <i>International Journal of Nursing Studies</i> , 2016, 62, 193-206.	5.6	39
15	Effectiveness of physical activity interventions for overweight and obesity during pregnancy: a systematic review of the content of behaviour change interventions. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 97.	4.6	36
16	Promoting stair climbing: Stair-riser banners are better than posters sometimes. <i>Preventive Medicine</i> , 2008, 46, 308-310.	3.4	35
17	Effectiveness and Cost of Two Stair-Climbing Interventions "Less is More. <i>American Journal of Health Promotion</i> , 2011, 25, 231-236.	1.7	32
18	Elevator availability and its impact on stair use in a workplace. <i>Journal of Environmental Psychology</i> , 2011, 31, 200-206.	5.1	31

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19	Feasibility and Acceptability of a Web-Based Treatment with Telephone Support for Postpartum Women With Anxiety: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2018, 5, e19.	3.3	31
20	Promoting healthy eating in pregnancy: What kind of support services do women say they want?. <i>Primary Health Care Research and Development</i> , 2012, 13, 237-243.	1.2	27
21	Why don't many obese pregnant and post-natal women engage with a weight management service?. <i>Journal of Reproductive and Infant Psychology</i> , 2013, 31, 245-256.	1.8	27
22	No straight lines – young women's perceptions of their mental health and wellbeing during and after pregnancy: a systematic review and meta-ethnography. <i>BMC Women's Health</i> , 2019, 19, 152.	2.0	27
23	Mums on the Move: A pilot randomised controlled trial of a home-based physical activity intervention for mothers at risk of postnatal depression. <i>Midwifery</i> , 2021, 93, 102898.	2.3	27
24	Obese women's reasons for not attending a weight management service during pregnancy. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2013, 92, 1227-1230.	2.8	26
25	Barriers and enablers to caregivers' responsive feeding behaviour: A systematic review to inform childhood obesity prevention. <i>Obesity Reviews</i> , 2021, 22, e13228.	6.5	25
26	Adopting a healthy lifestyle when pregnant and obese – an interview study three years after childbirth. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 201.	2.4	24
27	Supporting women with postpartum anxiety: exploring views and experiences of specialist community public health nurses in the UK. <i>Health and Social Care in the Community</i> , 2017, 25, 1257-1264.	1.6	23
28	The Concurrent Acceptability of a Postnatal Walking Group: A Qualitative Study Using the Theoretical Framework of Acceptability. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5027.	2.6	21
29	Mapping the role of patient and public involvement during the different stages of healthcare innovation: A scoping review. <i>Health Expectations</i> , 2022, 25, 840-855.	2.6	20
30	Do single and multiple behavior change interventions contain different behavior change techniques? A comparison of interventions targeting physical activity in obese populations.. <i>Health Psychology</i> , 2015, 34, 960-965.	1.6	19
31	Encouraging Physical Activity during and after Pregnancy in the COVID-19 Era, and beyond. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7304.	2.6	19
32	What are we measuring and why? Using theory to guide perinatal research and measurement. <i>Journal of Reproductive and Infant Psychology</i> , 2013, 31, 439-448.	1.8	18
33	Person-centred care in interventions to limit weight gain in pregnant women with obesity - a systematic review. <i>BMC Pregnancy and Childbirth</i> , 2015, 15, 50.	2.4	18
34	Acceptability of a Weight Management Intervention for Pregnant and Postpartum Women with BMI ≥ 30 kg/m ² : A Qualitative Evaluation of an Individualized, Home-Based Service. <i>Maternal and Child Health Journal</i> , 2016, 20, 88-96.	1.5	18
35	Feasibility and acceptability of a home-based physical activity program for postnatal women with depressive symptoms: A pilot study. <i>Mental Health and Physical Activity</i> , 2018, 14, 82-89.	1.8	17
36	Enhancing the translation of health behaviour change research into practice: a selective conceptual review of the synergy between implementation science and health psychology. <i>Health Psychology Review</i> , 2022, 16, 22-49.	8.6	17

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37	Midwives' experiences of referring obese women to either a community or home-based antenatal weight management service: Implications for service providers and midwifery practice. <i>Midwifery</i> , 2017, 49, 102-109.	2.3	15
38	Healthcare professionals'™ views on supporting young mothers with eating and moving during and after pregnancy: An interview study using the COM' framework. <i>Health and Social Care in the Community</i> , 2020, 28, 69-80.	1.6	15
39	Exploring healthcare professionals'™ views of the acceptability of delivering interventions to promote healthy infant feeding practices within primary care: a qualitative interview study. <i>Public Health Nutrition</i> , 2021, 24, 2889-2899.	2.2	14
40	Think pink! A sticker alert system for psychological distress or vulnerability during pregnancy. <i>British Journal of Midwifery</i> , 2014, 22, 590-595.	0.4	13
41	Key stakeholder perspectives on the development and real-world implementation of a home-based physical activity program for mothers at risk of postnatal depression: a qualitative study. <i>BMC Public Health</i> , 2021, 21, 361.	2.9	13
42	Qualitative exploration of health professionals'™ experiences of communicating positive newborn bloodspot screening results for nine conditions in England. <i>BMJ Open</i> , 2020, 10, e037081.	1.9	12
43	Offering weight management support to pregnant women with high body mass index: A qualitative study with midwives. <i>Sexual and Reproductive Healthcare</i> , 2019, 20, 81-86.	1.2	11
44	Finding Web-Based Anxiety Interventions on the World Wide Web: A Scoping Review. <i>JMIR Mental Health</i> , 2016, 3, e14.	3.3	11
45	A focus group study of women'™s views and experiences of maternity care as delivered collaboratively by midwives and health visitors in England. <i>BMC Pregnancy and Childbirth</i> , 2018, 18, 505.	2.4	10
46	Weight management across pregnancy and postpartum care: The need for interprofessional education and collaboration. <i>Nurse Education in Practice</i> , 2019, 41, 102651.	2.6	10
47	Likening stairs in buildings to climbing a mountain: Self-reports of expected effects on stair climbing and objective measures of effectiveness. <i>Psychology of Sport and Exercise</i> , 2012, 13, 170-176.	2.1	9
48	Teaching students about maternal obesity without creating obesity stigma. <i>Nurse Education Today</i> , 2016, 42, 59-61.	3.3	9
49	Internet-based interventions for postpartum anxiety: exploring health visitors'™ views. <i>Journal of Reproductive and Infant Psychology</i> , 2017, 35, 298-308.	1.8	9
50	Process evaluation of co-designed interventions to improve communication of positive newborn bloodspot screening results. <i>BMJ Open</i> , 2021, 11, e050773.	1.9	9
51	An exploration of obese pregnant women'™s views of being referred by their midwife to a weight management service. <i>Sexual and Reproductive Healthcare</i> , 2013, 4, 139-140.	1.2	8
52	A multi-method evaluation of interprofessional education for healthcare professionals caring for women during and after pregnancy. <i>Journal of Interprofessional Care</i> , 2018, 32, 509-512.	1.7	8
53	Processing of positive newborn screening results: a qualitative exploration of current practice in England. <i>BMJ Open</i> , 2020, 10, e044755.	1.9	8
54	Interest in web-based treatments for postpartum anxiety: an exploratory survey. <i>Journal of Reproductive and Infant Psychology</i> , 2017, 35, 394-409.	1.8	7

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55	Bump start needed: linking guidelines, policy and practice in promoting physical activity during and beyond pregnancy. <i>British Journal of Sports Medicine</i> , 2020, 54, 764-765.	6.7	7
56	Women's views of continuity of information provided during and after pregnancy: A qualitative interview study. <i>Health and Social Care in the Community</i> , 2019, 27, 1214-1223.	1.6	6
57	Three perspectives on the co-location of maternity services: qualitative interviews with mothers, midwives and health visitors. <i>Journal of Interprofessional Care</i> , 2020, , 1-9.	1.7	6
58	Healthcare Professional Training Regarding Gestational Weight Gain: Recommendations and Future Directions. <i>Current Obesity Reports</i> , 2021, 10, 116-124.	8.4	6
59	Women's views on contact with a health visitor during pregnancy: an interview study. <i>Primary Health Care Research and Development</i> , 2019, 20, e105.	1.2	5
60	Influences on physical activity and screen time amongst postpartum women with heightened depressive symptoms: a qualitative study. <i>BMC Pregnancy and Childbirth</i> , 2021, 21, 376.	2.4	5
61	Interventions improving health professionals' practice for addressing patients' weight management behaviours: systematic review of reviews. <i>Health Promotion International</i> , 2021, 36, 165-177.	1.8	5
62	Co-designing Improved Communication of Newborn Bloodspot Screening Results to Parents: Mixed Methods Study. <i>Journal of Participatory Medicine</i> , 2022, 14, e33485.	1.3	5
63	Midwifery students in health visitor placements: the importance of student-mentor relationships. <i>Midwifery</i> , 2018, 62, 49-51.	2.3	3
64	A postgraduate Optimum Birth module to increase midwives' readiness to work in midwifery-led settings: A mixed methods evaluation. <i>Birth</i> , 2019, 46, 533-539.	2.2	3
65	Individualised physical activity and physiotherapy behaviour change intervention tool for breast cancer survivors using self-efficacy and COM-B: feasibility study. <i>European Journal of Physiotherapy</i> , 2022, 24, 119-128.	1.3	3
66	Supporting early family life: the importance of public health programmes. <i>Journal of Reproductive and Infant Psychology</i> , 2016, 34, 221-223.	1.8	2
67	Midwifery students' experiences in a health visiting placement: An interview study. <i>Journal of Health Visiting</i> , 2018, 6, 552-559.	0.1	2
68	A qualitative study examining UK female genital mutilation health campaigns from the perspective of affected communities. <i>Public Health</i> , 2020, 187, 84-88.	2.9	2
69	Teaching about obesity: Caring, compassion, communication and courage in midwifery education. <i>British Journal of Midwifery</i> , 2016, 24, 494-499.	0.4	1
70	Barriers and enablers to Caregivers Responsive feeding Behaviour (CRiB): A mixed method systematic review protocol. <i>HRB Open Research</i> , 2020, 3, 2.	0.6	1
71	Postpartum women's views of celebrity weight loss. <i>Women and Birth</i> , 2013, 26, e97.	2.0	0
72	Weight management during teenage pregnancy: Issues to consider when developing appropriate support. <i>British Journal of Midwifery</i> , 2018, 26, 770-774.	0.4	0

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73	Feasibility study - individual physical activity behaviour change intervention for breast cancer survivors within the NHS. <i>Physiotherapy</i> , 2019, 105, e74-e75.	0.4	0
74	P14â€¦Physical activity interventions for overweight and obesity during pregnancy: a systematic review of the content of behaviour change interventions. , 2019, , .		0
75	Barriers and enablers to Caregivers Responsive feeding Behaviour (CRiB): A mixed method systematic review protocol. <i>HRB Open Research</i> , 2020, 3, 2.	0.6	0
76	Maternal obesity and stigma. , 2020, , 335-341.		0
77	Bodies of concern? A qualitative exploration of eating, moving and embodiment in young mothers. <i>Health (United Kingdom)</i> , 2021, , 136345932110607.	1.5	0