

Adrian Wells

List of Publications by Year in descending order

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Version: 2024-02-01

261
papers

20,662
citations

8159

76
h-index

12910

131
g-index

305
all docs

305
docs citations

305
times ranked

8615
citing authors

#	ARTICLE	IF	CITATIONS
1	A short form of the metacognitions questionnaire: properties of the MCQ-30. Behaviour Research and Therapy, 2004, 42, 385-396.	1.6	934
2	Beliefs about Worry and Intrusions: The Meta-Cognitions Questionnaire and its Correlates. Journal of Anxiety Disorders, 1997, 11, 279-296.	1.5	773
3	Modelling cognition in emotional disorder: The S-REF model. Behaviour Research and Therapy, 1996, 34, 881-888.	1.6	762
4	Meta-Cognition and Worry: A Cognitive Model of Generalized Anxiety Disorder. Behavioural and Cognitive Psychotherapy, 1995, 23, 301-320.	0.9	636
5	The thought control questionnaire: A measure of individual differences in the control of unwanted thoughts. Behaviour Research and Therapy, 1994, 32, 871-878.	1.6	478
6	Social phobia: The role of in-situation safety behaviors in maintaining anxiety and negative beliefs. Behavior Therapy, 1995, 26, 153-161.	1.3	423
7	An Empirical Test of a Clinical Metacognitive Model of Rumination and Depression. Cognitive Therapy and Research, 2003, 27, 261-273.	1.2	387
8	Further tests of a cognitive model of generalized anxiety disorder: Metacognitions and worry in GAD, panic disorder, social phobia, depression, and nonpatients. Behavior Therapy, 2001, 32, 85-102.	1.3	321
9	Metacognitive beliefs about rumination in recurrent major depression. Cognitive and Behavioral Practice, 2001, 8, 160-164.	0.9	307
10	How effective are cognitive and behavioral treatments for obsessive-compulsive disorder? A clinical significance analysis. Behaviour Research and Therapy, 2005, 43, 1543-1558.	1.6	295
11	Panic disorder in association with relaxation induced anxiety: An attentional training approach to treatment. Behavior Therapy, 1990, 21, 273-280.	1.3	280
12	Two psychological treatments for hypochondriasis. British Journal of Psychiatry, 1998, 173, 218-225.	1.7	273
13	Relationships between worry, obsessive-compulsive symptoms and meta-cognitive beliefs. Behaviour Research and Therapy, 1998, 36, 899-913.	1.6	267
14	An experimental investigation of the role of safety-seeking behaviours in the maintenance of panic disorder with agoraphobia. Behaviour Research and Therapy, 1999, 37, 559-574.	1.6	257
15	Prevalence and predictors of acute stress disorder and PTSD following road traffic accidents: Thought control strategies and social support. Behavior Therapy, 2001, 32, 65-83.	1.3	249
16	Brief cognitive therapy for panic disorder: A randomized controlled trial.. Journal of Consulting and Clinical Psychology, 1999, 67, 583-589.	1.6	244
17	Positive beliefs about depressive rumination: Development and preliminary validation of a self-report scale. Behavior Therapy, 2001, 32, 13-26.	1.3	240
18	The Metacognitive Model of GAD: Assessment of Meta-Worry and Relationship With DSM-IV Generalized Anxiety Disorder. Cognitive Therapy and Research, 2005, 29, 107-121.	1.2	213

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19	Cognitive factors in predisposition to auditory and visual hallucinations. <i>British Journal of Clinical Psychology</i> , 2000, 39, 67-78.	1.7	211
20	A cognitive model of bulimia nervosa. <i>British Journal of Clinical Psychology</i> , 2004, 43, 1-16.	1.7	208
21	Cost-effectiveness of cardiac rehabilitation: a systematic review. <i>Heart</i> , 2018, 104, 1403-1410.	1.2	208
22	Social phobia: Effects of external attention on anxiety, negative beliefs, and perspective taking. <i>Behavior Therapy</i> , 1998, 29, 357-370.	1.3	205
23	Worry and the incubation of intrusive images following stress. <i>Behaviour Research and Therapy</i> , 1995, 33, 579-583.	1.6	204
24	Detached Mindfulness In Cognitive Therapy: A Metacognitive Analysis And Ten Techniques. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2005, 23, 337-355.	1.0	186
25	Measuring metacognitions associated with emotional distress: Factor structure and predictive validity of the metacognitions questionnaire 30. <i>Personality and Individual Differences</i> , 2008, 45, 238-242.	1.6	185
26	Preliminary tests of a cognitive model of generalized anxiety disorder. <i>Behaviour Research and Therapy</i> , 1999, 37, 585-594.	1.6	183
27	Metacognitive therapy for generalized anxiety disorder: An open trial. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2006, 37, 206-212.	0.6	180
28	Treatment of recurrent major depression with Attention Training. <i>Cognitive and Behavioral Practice</i> , 2000, 7, 407-413.	0.9	173
29	A metacognitive model and therapy for generalized anxiety disorder. <i>Clinical Psychology and Psychotherapy</i> , 1999, 6, 86-95.	1.4	169
30	Metacognition in addictive behaviors. <i>Addictive Behaviors</i> , 2015, 44, 9-15.	1.7	164
31	A multi-dimensional measure of worry: Development and preliminary validation of the anxious thoughts inventory. <i>Anxiety, Stress and Coping</i> , 1994, 6, 289-299.	1.7	160
32	Imagery rescripting as a brief stand-alone treatment for depressed patients with intrusive memories. <i>Behaviour Research and Therapy</i> , 2009, 47, 569-576.	1.6	155
33	The Eating Disorder Belief Questionnaire: Preliminary development. <i>Behaviour Research and Therapy</i> , 1997, 35, 381-388.	1.6	154
34	Metacognitive therapy for obsessive-compulsive disorder: A case series. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2008, 39, 117-132.	0.6	154
35	Belief domains of the Obsessive Beliefs Questionnaire-44 (OBQ-44) and their specific relationship with obsessive-compulsive symptoms. <i>Journal of Anxiety Disorders</i> , 2008, 22, 475-484.	1.5	153
36	Advances in Metacognitive Therapy. <i>International Journal of Cognitive Therapy</i> , 2013, 6, 186-201.	1.3	150

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37	A comparison of metacognitions in patients with hallucinations, delusions, panic disorder, and non-patient controls. <i>Behaviour Research and Therapy</i> , 2003, 41, 251-256.	1.6	147
38	Qualitative dimensions of normal worry and normal obsessions: A comparative study. <i>Behaviour Research and Therapy</i> , 1994, 32, 867-870.	1.6	145
39	The Thought Control Questionnaire – psychometric properties in a clinical sample, and relationships with PTSD and depression. <i>Psychological Medicine</i> , 1999, 29, 1089-1099.	2.7	145
40	A pilot randomized trial of metacognitive therapy vs applied relaxation in the treatment of adults with generalized anxiety disorder. <i>Behaviour Research and Therapy</i> , 2010, 48, 429-434.	1.6	145
41	Intrusive images and memories in major depression. <i>Behaviour Research and Therapy</i> , 2007, 45, 2573-2580.	1.6	137
42	Metacognitive Therapy in Recurrent and Persistent Depression: A Multiple-Baseline Study of a New Treatment. <i>Cognitive Therapy and Research</i> , 2009, 33, 291-300.	1.2	137
43	Attention training: effects on anxiety and beliefs in panic and social phobia. <i>Clinical Psychology and Psychotherapy</i> , 1997, 4, 226-232.	1.4	136
44	How do I look with my minds eye: perspective taking in social phobic imagery. <i>Behaviour Research and Therapy</i> , 1998, 36, 631-634.	1.6	135
45	Dose meta-cognition or responsibility predict obsessive-compulsive symptoms: a test of the metacognitive model. <i>Clinical Psychology and Psychotherapy</i> , 2004, 11, 137-144.	1.4	135
46	Differential Effects of Worry and Imagery After Exposure to a Stressful Stimulus: A Pilot Study. <i>Behavioural and Cognitive Psychotherapy</i> , 1995, 23, 45-56.	0.9	134
47	Effects of attention training on hypochondriasis: a brief case series. <i>Psychological Medicine</i> , 1998, 28, 193-200.	2.7	133
48	Cognitive and emotional predictors of predisposition to hallucinations in non-patients. <i>British Journal of Clinical Psychology</i> , 2002, 41, 259-270.	1.7	132
49	Metacognition, perceived stress, and negative emotion. <i>Personality and Individual Differences</i> , 2008, 44, 1172-1181.	1.6	132
50	Process and meta-cognitive dimensions of depressive and anxious thoughts and relationships with emotional intensity. <i>Clinical Psychology and Psychotherapy</i> , 1999, 6, 156-162.	1.4	127
51	Emotion regulation as a mediator in the relationship between attachment and depressive symptomatology: A systematic review. <i>Journal of Affective Disorders</i> , 2015, 172, 428-444.	2.0	127
52	Metacognitive therapy for PTSD: a preliminary investigation of a new brief treatment. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2004, 35, 307-318.	0.6	120
53	Metacognitive therapy in treatment-resistant depression: A platform trial. <i>Behaviour Research and Therapy</i> , 2012, 50, 367-373.	1.6	120
54	Obsessive-compulsive symptoms: the contribution of metacognitions and responsibility. <i>Journal of Anxiety Disorders</i> , 2005, 19, 806-817.	1.5	119

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55	Change in metacognitions predicts outcome in obsessive-compulsive disorder patients undergoing treatment with exposure and response prevention. <i>Behaviour Research and Therapy</i> , 2009, 47, 301-307.	1.6	118
56	Imagery and Core Beliefs in Health Anxiety: Content and Origins. <i>Behavioural and Cognitive Psychotherapy</i> , 1993, 21, 265-273.	0.9	114
57	Experimental modification of beliefs in obsessive-compulsive disorder: a test of the metacognitive model. <i>Behaviour Research and Therapy</i> , 2005, 43, 821-829.	1.6	110
58	The observer perspective: biased imagery in social phobia, agoraphobia, and blood/injury phobia. <i>Behaviour Research and Therapy</i> , 1999, 37, 653-658.	1.6	109
59	Development and preliminary validation of the Meta-cognitions Questionnaire Adolescent Version. <i>Journal of Anxiety Disorders</i> , 2004, 18, 411-422.	1.5	107
60	A Cognitive Model of Generalized Anxiety Disorder. <i>Behavior Modification</i> , 1999, 23, 526-555.	1.1	102
61	“I believe it when I can see it”: Imagery rescripting of intrusive sensory memories in depression. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2007, 38, 371-385.	0.6	102
62	Religion and mental health: Towards a cognitive-behavioural framework. <i>British Journal of Health Psychology</i> , 2003, 8, 359-376.	1.9	101
63	Belief disconfirmation versus habituation approaches to situational exposure in panic disorder with agoraphobia: A pilot study. <i>Behaviour Research and Therapy</i> , 2007, 45, 877-885.	1.6	101
64	A Triphasic Metacognitive Formulation of Problem Drinking. <i>Clinical Psychology and Psychotherapy</i> , 2013, 20, 494-500.	1.4	101
65	Attention, Automaticity, and Affective Disorder. <i>Behavior Modification</i> , 2000, 24, 69-93.	1.1	96
66	Brief cognitive therapy for social phobia: a case series. <i>Behaviour Research and Therapy</i> , 2001, 39, 713-720.	1.6	93
67	Post-traumatic stress symptoms: Tests of relationships with thought control strategies and beliefs as predicted by the metacognitive model. <i>Personality and Individual Differences</i> , 2006, 40, 111-122.	1.6	91
68	Metacognition, memory disorganization and rumination in posttraumatic stress symptoms. <i>Journal of Anxiety Disorders</i> , 2010, 24, 318-325.	1.5	91
69	Metacognitive beliefs across the continuum of psychosis: Comparisons between patients with psychotic disorders, patients at ultra-high risk and non-patients. <i>Behaviour Research and Therapy</i> , 2007, 45, 2241-2246.	1.6	86
70	The Relationship among Metacognitions, Attentional Control, and State Anxiety. <i>Cognitive Behaviour Therapy</i> , 2010, 39, 64-71.	1.9	86
71	The temporal precedence of metacognition in the development of anxiety and depression symptoms in the context of life-stress: A prospective study. <i>Journal of Anxiety Disorders</i> , 2011, 25, 389-396.	1.5	86
72	Cognition About Cognition: Metacognitive Therapy and Change in Generalized Anxiety Disorder and Social Phobia. <i>Cognitive and Behavioral Practice</i> , 2007, 14, 18-25.	0.9	85

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73	A Prospective Test of the Clinical Metacognitive Model of Rumination and Depression. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 123-131.	1.3	83
74	Interpretations of voices in patients with hallucinations and non-patient controls: a comparison and predictors of distress in patients. <i>Behaviour Research and Therapy</i> , 2004, 42, 1315-1323.	1.6	82
75	Number of bodily symptoms predicts outcome more accurately than health anxiety in patients attending neurology, cardiology, and gastroenterology clinics. <i>Journal of Psychosomatic Research</i> , 2006, 60, 357-363.	1.2	80
76	Metacognitions, emotion and alcohol use. <i>Clinical Psychology and Psychotherapy</i> , 2005, 12, 150-155.	1.4	79
77	Metacognitive Therapy: Cognition Applied To Regulating Cognition. <i>Behavioural and Cognitive Psychotherapy</i> , 2008, 36, 651-658.	0.9	79
78	A metacognitive model of problem drinking. <i>Clinical Psychology and Psychotherapy</i> , 2009, 16, 383-393.	1.4	76
79	The Relationship Between Problem-Solving and Autobiographical Memory in Parasuicide Patients. <i>Behavioural and Cognitive Psychotherapy</i> , 1997, 25, 195-202.	0.9	75
80	GAD, metacognition, and mindfulness: An information processing analysis.. <i>Clinical Psychology: Science and Practice</i> , 2002, 9, 95-100.	0.6	75
81	Metacognitive therapy for PTSD: A core treatment manual. <i>Cognitive and Behavioral Practice</i> , 2004, 11, 365-377.	0.9	75
82	Metacognition as a mediator of the relationship between emotion and smoking dependence. <i>Addictive Behaviors</i> , 2007, 32, 2120-2129.	1.7	75
83	Social Phobia: The Role of In-Situation Safety Behaviors in Maintaining Anxiety and Negative Beliefs – Republished Article. <i>Behavior Therapy</i> , 2016, 47, 669-674.	1.3	75
84	Social phobic interoception: effects of bodily information on anxiety, beliefs and self-processing. <i>Behaviour Research and Therapy</i> , 2001, 39, 1-11.	1.6	73
85	Relationships between worry, psychotic experiences and emotional distress in patients with schizophrenia spectrum diagnoses and comparisons with anxious and non-patient groups. <i>Behaviour Research and Therapy</i> , 2007, 45, 1593-1600.	1.6	73
86	Psychometric characteristics of the Penn State Worry Questionnaire and Metacognitions Questionnaire and metacognitive predictors of worry and obsessive compulsive symptoms in a Turkish sample. <i>Clinical Psychology and Psychotherapy</i> , 2008, 15, 424-439.	1.4	73
87	Metacognitive therapy in people with a schizophrenia spectrum diagnosis and medication resistant symptoms: A feasibility study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2014, 45, 280-284.	0.6	71
88	Breaking the Cybernetic Code: Understanding and Treating the Human Metacognitive Control System to Enhance Mental Health. <i>Frontiers in Psychology</i> , 2019, 10, 2621.	1.1	71
89	Psychological factors predicting stress symptoms: Metacognition, thought control, and varieties of worry. <i>Anxiety, Stress and Coping</i> , 2008, 21, 213-225.	1.7	68
90	Treating Posttraumatic Stress Disorder With Metacognitive Therapy: A Preliminary Controlled Trial. <i>Journal of Clinical Psychology</i> , 2012, 68, 373-381.	1.0	66

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91	Metacognitive Therapy. , 0, , .		66
92	Childhood adversity and frequent medical consultations. <i>General Hospital Psychiatry</i> , 2004, 26, 367-377.	1.2	64
93	Metacognitive beliefs about alcohol use: Development and validation of two self-report scales. <i>Addictive Behaviors</i> , 2008, 33, 515-527.	1.7	64
94	Metacognitions about alcohol use in problem drinkers. <i>Clinical Psychology and Psychotherapy</i> , 2006, 13, 138-143.	1.4	63
95	The role of metacognitive beliefs in auditory hallucinations. <i>Personality and Individual Differences</i> , 2002, 32, 1351-1363.	1.6	62
96	Social cognition and metacognition in social anxiety: A systematic review. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 10-30.	1.4	62
97	Group Metacognitive Therapy vs. Mindfulness Meditation Therapy in a Transdiagnostic Patient Sample: A Randomised Feasibility Trial. <i>Psychiatry Research</i> , 2018, 259, 554-561.	1.7	62
98	Metacognition, Hardiness, and Grit as Resilience Factors in Unmanned Aerial Systems (UAS) Operations: A Simulation Study. <i>Frontiers in Psychology</i> , 2019, 10, 640.	1.1	62
99	An empirical test of the metacognitive model of obsessive-compulsive symptoms: Fusion beliefs, beliefs about rituals, and stop signals. <i>Journal of Anxiety Disorders</i> , 2009, 23, 436-442.	1.5	59
100	The Cognitive Science of Attention and Emotion. , 2005, , 171-192.		57
101	The relative contribution of metacognitive beliefs and expectancies to drinking behaviour. <i>Alcohol and Alcoholism</i> , 2007, 42, 567-574.	0.9	57
102	The Attention Training Technique: Theory, Effects, and a Metacognitive Hypothesis on Auditory Hallucinations. <i>Cognitive and Behavioral Practice</i> , 2007, 14, 134-138.	0.9	57
103	A Systematic Review of Efficacy of the Attention Training Technique in Clinical and Nonclinical Samples. <i>Journal of Clinical Psychology</i> , 2016, 72, 999-1025.	1.0	54
104	Metacognitive Therapy for Depression in Adults: A Waiting List Randomized Controlled Trial with Six Months Follow-Up. <i>Frontiers in Psychology</i> , 2017, 8, 31.	1.1	54
105	Metacognitive therapy versus cognitive-behavioural therapy in adults with generalised anxiety disorder. <i>BJPsych Open</i> , 2018, 4, 393-400.	0.3	54
106	Metacognitive Therapy Versus Prolonged Exposure in Adults with Chronic Post-traumatic Stress Disorder: A Parallel Randomized Controlled Trial. <i>Cognitive Therapy and Research</i> , 2015, 39, 70-80.	1.2	53
107	Metacognition and cognitive-behaviour therapy: a special issue. <i>Clinical Psychology and Psychotherapy</i> , 1999, 6, 71-72.	1.4	52
108	Self-consciousness and cognitive failures as predictors of coping in stressful episodes. <i>Cognition and Emotion</i> , 1994, 8, 279-295.	1.2	51

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109	The prediction of parasuicide repetition in a high-risk group. <i>British Journal of Clinical Psychology</i> , 1999, 38, 375-386.	1.7	51
110	Metacognitions as a predictor of drinking status and level of alcohol use following CBT in problem drinkers: A prospective study. <i>Behaviour Research and Therapy</i> , 2009, 47, 882-886.	1.6	51
111	Automatic thoughts and meta-cognition as predictors of depressive or anxious symptoms: A prospective study of two trajectories. <i>Scandinavian Journal of Psychology</i> , 2013, 54, 59-65.	0.8	51
112	Can the attention training technique turn one marshmallow into two? Improving children's ability to delay gratification. <i>Behaviour Research and Therapy</i> , 2016, 77, 34-39.	1.6	51
113	Relationships between anxiety, self-consciousness, and cognitive failure. <i>Cognition and Emotion</i> , 1988, 2, 123-132.	1.2	50
114	An empirical test of the metacognitive model of obsessive-compulsive symptoms: Replication and extension. <i>Journal of Anxiety Disorders</i> , 2010, 24, 79-86.	1.5	50
115	Metacognitions and negative emotions as predictors of symptom severity in chronic fatigue syndrome. <i>Journal of Psychosomatic Research</i> , 2011, 70, 311-317.	1.2	48
116	Paroxetine, Cognitive Therapy or Their Combination in the Treatment of Social Anxiety Disorder with and without Avoidant Personality Disorder: A Randomized Clinical Trial. <i>Psychotherapy and Psychosomatics</i> , 2016, 85, 346-356.	4.0	48
117	Metacognitions in Problem Drinkers. <i>Cognitive Therapy and Research</i> , 2007, 31, 709-716.	1.2	47
118	Chronic PTSD Treated With Metacognitive Therapy: An Open Trial. <i>Cognitive and Behavioral Practice</i> , 2008, 15, 85-92.	0.9	47
119	Development and initial validation of a measure of metacognitive beliefs in health anxiety: The MCQ-HA. <i>Psychiatry Research</i> , 2015, 230, 871-877.	1.7	46
120	Metacognitive Therapy for Alcohol Use Disorder: A Systematic Case Series. <i>Frontiers in Psychology</i> , 2018, 9, 2619.	1.1	46
121	Metacognitive beliefs moderate the relationship between catastrophic misinterpretation and health anxiety. <i>Journal of Anxiety Disorders</i> , 2015, 34, 8-14.	1.5	45
122	A meta-analysis of metacognitive beliefs as implicated in the self-regulatory executive function model in clinical psychosis. <i>Schizophrenia Research</i> , 2017, 179, 75-84.	1.1	45
123	Improving the Effectiveness of Psychological Interventions for Depression and Anxiety in Cardiac Rehabilitation: PATHWAY—A Single-Blind, Parallel, Randomized, Controlled Trial of Group Metacognitive Therapy. <i>Circulation</i> , 2021, 144, 23-33.	1.6	44
124	Metacognition and Cognition as Predictors of Obsessive-Compulsive Symptoms: A Prospective Study. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 132-142.	1.3	43
125	Metacognitive Theory and Therapy for Worry and Generalized Anxiety Disorder: Review and Status. <i>Journal of Experimental Psychopathology</i> , 2010, 1, jep.007910.	0.4	43
126	Metacognitive beliefs and their relationship with anxiety and depression in physical illnesses: A systematic review. <i>PLoS ONE</i> , 2020, 15, e0238457.	1.1	43

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127	Assessment of beliefs in exercise dependence: The development and preliminary validation of the exercise beliefs questionnaire. <i>Personality and Individual Differences</i> , 1998, 25, 553-567.	1.6	41
128	Distress in Parkinson's disease: Contributions of disease factors and metacognitive style. <i>British Journal of Psychiatry</i> , 2005, 187, 182-183.	1.7	41
129	Group Metacognitive Therapy for Severe Antidepressant and CBT Resistant Depression: A Baseline-Controlled Trial. <i>Cognitive Therapy and Research</i> , 2015, 39, 14-22.	1.2	41
130	What Lies Beneath Trait-Anxiety? Testing the Self-Regulatory Executive Function Model of Vulnerability. <i>Frontiers in Psychology</i> , 2019, 10, 122.	1.1	40
131	An experimental manipulation of metacognition: A test of the metacognitive model of obsessive-compulsive symptoms. <i>Behaviour Research and Therapy</i> , 2013, 51, 177-184.	1.6	39
132	Metacognitive Therapy in Treatment-Resistant Psychosis: A Multiple-Baseline Study. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 166-185.	0.9	39
133	Is metacognition a causal moderator of the relationship between catastrophic misinterpretation and health anxiety? A prospective study. <i>Behaviour Research and Therapy</i> , 2016, 78, 43-50.	1.6	39
134	Metacognitions across the continuum of drinking behaviour. <i>Personality and Individual Differences</i> , 2010, 49, 425-429.	1.6	38
135	Metacognition and persecutory delusions: Tests of a metacognitive model in a clinical population and comparisons with non-patients. <i>British Journal of Clinical Psychology</i> , 2011, 50, 223-233.	1.7	38
136	An open trial of group metacognitive therapy for depression in Norway. <i>Nordic Journal of Psychiatry</i> , 2015, 69, 126-131.	0.7	37
137	Improving the effectiveness of psychological interventions for depression and anxiety in the cardiac rehabilitation pathway using group-based metacognitive therapy (PATHWAY Group MCT): study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 215.	0.7	37
138	Relationship between Private Self-Consciousness and Anxiety Scores in Threatening Situations. <i>Psychological Reports</i> , 1985, 57, 1063-1066.	0.9	36
139	Maladaptive Thought Control Strategies in Generalized Anxiety Disorder, Major Depressive Disorder, and nonpatient Groups and Relationships with Trait Anxiety. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 224-234.	1.3	36
140	Attention Training Reduces Intrusive Thoughts Cued by a Narrative of Stressful Life Events: A Controlled Study. <i>Journal of Clinical Psychology</i> , 2014, 70, 510-517.	1.0	36
141	Thought control strategies in schizophrenia: a comparison with non-patients. <i>Behaviour Research and Therapy</i> , 2000, 38, 1205-1209.	1.6	35
142	A Randomised Controlled Study of the Effects of the Attention Training Technique on Traumatic Stress Symptoms, Emotional Attention Set Shifting and Flexibility. <i>Cognitive Therapy and Research</i> , 2015, 39, 4-13.	1.2	35
143	A Metacognitive Perspective on Mindfulness: An Empirical Investigation. <i>BMC Psychology</i> , 2015, 3, 24.	0.9	35
144	Experimental modification of perspective on thoughts and metacognitive beliefs in alcohol use disorder. <i>Psychiatry Research</i> , 2016, 244, 57-61.	1.7	34

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145	Early trauma, negative affect, and anxious attachment: the role of metacognition. <i>Anxiety, Stress and Coping</i> , 2015, 28, 634-649.	1.7	33
146	Worry and rumination: do they prolong physiological and affective recovery from stress?. <i>Anxiety, Stress and Coping</i> , 2018, 31, 291-303.	1.7	32
147	Effects of heart rate information on anxiety, perspective taking, and performance in high and low social-evaluative anxiety. <i>Behavior Therapy</i> , 2002, 33, 181-199.	1.3	31
148	Does Metacognition Make a Unique Contribution to Health Anxiety When Controlling for Neuroticism, Illness Cognition, and Somatosensory Amplification?. <i>Journal of Cognitive Psychotherapy</i> , 2013, 27, 327-337.	0.2	30
149	Cognitive Processes, Reasoning Biases and Persecutory Delusions: A Comparative Study. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 421.	0.9	29
150	Metacognitive Therapy in Major Depression: An Open Trial of Comorbid Cases. <i>Cognitive and Behavioral Practice</i> , 2017, 24, 312-318.	0.9	27
151	Death beliefs, superstitious beliefs and health anxiety. <i>British Journal of Clinical Psychology</i> , 2002, 41, 43-53.	1.7	26
152	How to Deal with Negative Thoughts? A Preliminary Comparison of Detached Mindfulness and Thought Evaluation in Socially Anxious Individuals. <i>Cognitive Therapy and Research</i> , 2015, 39, 23-30.	1.2	26
153	Cardiac Rehabilitation Patients' Accounts of Their Emotional Distress and Psychological Needs: A Qualitative Study. <i>Journal of the American Heart Association</i> , 2019, 8, e011117.	1.6	26
154	Metacognitive Therapy versus Cognitive Behaviour Therapy in Adults with Major Depression: A Parallel Single-Blind Randomised Trial. <i>Scientific Reports</i> , 2020, 10, 7878.	1.6	26
155	Are experiences of psychosis associated with unhelpful metacognitive coping strategies? A systematic review of the evidence. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 31-49.	1.4	25
156	On the relationship between temperament, metacognition, and anxiety: independent and mediated effects. <i>Anxiety, Stress and Coping</i> , 2012, 25, 697-709.	1.7	24
157	Assessing Eating Disorder Thoughts and Behaviors: The Development and Preliminary Evaluation of Two Questionnaires. <i>Cognitive Therapy and Research</i> , 2006, 30, 551-570.	1.2	23
158	Schizophrenia and Metacognition: An Investigation of Course of Illness and Metacognitive Beliefs Within a First Episode Psychosis. <i>Cognitive Therapy and Research</i> , 2015, 39, 61-69.	1.2	23
159	The Metacognitions about Smoking Questionnaire: Development and psychometric properties. <i>Addictive Behaviors</i> , 2015, 44, 102-107.	1.7	23
160	Treatment Outcome and Metacognitive Change in CBT and GET for Chronic Fatigue Syndrome. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 397-409.	0.9	23
161	Measuring the Cognitive Attentional Syndrome Associated with Emotional Distress: Psychometric Properties of the CAS-1. <i>International Journal of Cognitive Therapy</i> , 2019, 12, 292-306.	1.3	23
162	Cognitive and metacognitive predictors of symptom improvement following treatment for social anxiety disorder: A secondary analysis from a randomized controlled trial. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1221-1227.	1.4	22

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