

Lee M Ritterband

List of Publications by Year in descending order

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Version: 2024-02-01

126
papers

6,926
citations

76326

40
h-index

69250

77
g-index

135
all docs

135
docs citations

135
times ranked

7193
citing authors

#	ARTICLE	IF	CITATIONS
1	Efficacy of internet-delivered cognitive-behavioral therapy for insomnia – A systematic review and meta-analysis of randomized controlled trials. <i>Sleep Medicine Reviews</i> , 2016, 30, 1-10.	8.5	530
2	A Behavior Change Model for Internet Interventions. <i>Annals of Behavioral Medicine</i> , 2009, 38, 18-27.	2.9	529
3	Efficacy of an Internet-Based Behavioral Intervention for Adults With Insomnia. <i>Archives of General Psychiatry</i> , 2009, 66, 692.	12.3	399
4	Internet interventions: In review, in use, and into the future.. <i>Professional Psychology: Research and Practice</i> , 2003, 34, 527-534.	1.0	299
5	Effectiveness of an online insomnia program (SHUTi) for prevention of depressive episodes (the Tj ETQq1 1 0.784314 rgBT /Overlock 7.4 280	7.4	280
6	Effect of a Web-Based Cognitive Behavior Therapy for Insomnia Intervention With 1-Year Follow-up. <i>JAMA Psychiatry</i> , 2017, 74, 68.	11.0	242
7	Initial evaluation of an Internet intervention to improve the sleep of cancer survivors with insomnia. <i>Psycho-Oncology</i> , 2012, 21, 695-705.	2.3	235
8	Establishing Guidelines for Executing and Reporting Internet Intervention Research. <i>Cognitive Behaviour Therapy</i> , 2011, 40, 82-97.	3.5	171
9	MindSpot Clinic: An Accessible, Efficient, and Effective Online Treatment Service for Anxiety and Depression. <i>Psychiatric Services</i> , 2015, 66, 1043-1050.	2.0	152
10	Diabetes and behavioral medicine: The second decade.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 611-625.	2.0	151
11	An Internet intervention as adjunctive therapy for pediatric encopresis.. <i>Journal of Consulting and Clinical Psychology</i> , 2003, 71, 910-917.	2.0	140
12	Validation of the Insomnia Severity Index as a Web-Based Measure. <i>Behavioral Sleep Medicine</i> , 2011, 9, 216-223.	2.1	138
13	Internet-Delivered Cognitive-Behavioral Therapy for Insomnia in Breast Cancer Survivors: A Randomized Controlled Trial. <i>Journal of the National Cancer Institute</i> , 2018, 110, 880-887.	6.3	131
14	Cognitive Function Is Disrupted by Both Hypo- and Hyperglycemia in School-Aged Children With Type 1 Diabetes: A Field Study. <i>Diabetes Care</i> , 2009, 32, 1001-1006.	8.6	128
15	Predictors of fear of hypoglycemia in adolescents with type 1 diabetes and their parents. <i>Pediatric Diabetes</i> , 2006, 7, 215-222.	2.9	124
16	Prediction of Severe Hypoglycemia. <i>Diabetes Care</i> , 2007, 30, 1370-1373.	8.6	109
17	The Science of Internet Interventions. <i>Annals of Behavioral Medicine</i> , 2009, 38, 1-3.	2.9	108
18	Treatment of Childhood Constipation by Primary Care Physicians: Efficacy and Predictors of Outcome. <i>Pediatrics</i> , 2005, 115, 873-877.	2.1	97

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19	Directions for the International Society for Research on Internet Interventions (ISRII). <i>Journal of Medical Internet Research</i> , 2006, 8, e23.	4.3	97
20	Development and Perceived Utility and Impact of an Internet Intervention for Insomnia. <i>E-Journal of Applied Psychology</i> , 2008, 4, 32-42.	0.3	97
21	Precipitants of Constipation During Early Childhood. <i>Journal of the American Board of Family Medicine</i> , 2003, 16, 213-218.	1.5	95
22	A Randomized Controlled Trial of an Internet Intervention for Adults with Insomnia: Effects on Comorbid Psychological and Fatigue Symptoms. <i>Journal of Clinical Psychology</i> , 2013, 69, 1078-1093.	1.9	86
23	Diabetes and behavioral medicine: The second decade.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 611-625.	2.0	84
24	Real World Use of an Internet Intervention for Pediatric Encopresis. <i>Journal of Medical Internet Research</i> , 2008, 10, e16.	4.3	84
25	Driving Mishaps Among Individuals With Type 1 Diabetes. <i>Diabetes Care</i> , 2009, 32, 2177-2180.	8.6	83
26	Mobile Intervention Design in Diabetes: Review and Recommendations. <i>Current Diabetes Reports</i> , 2011, 11, 486-493.	4.2	82
27	Insomnia in epilepsy is associated with continuing seizures and worse quality of life. <i>Epilepsy Research</i> , 2016, 122, 91-96.	1.6	80
28	Special issue on eHealth and mHealth: Challenges and future directions for assessment, treatment, and dissemination.. <i>Health Psychology</i> , 2015, 34, 1205-1208.	1.6	79
29	Web-based measurement: Effect of completing single or multiple items per webpage. <i>Computers in Human Behavior</i> , 2009, 25, 393-401.	8.5	69
30	Using the Internet to Provide Information Prescriptions. <i>Pediatrics</i> , 2005, 116, e643-e647.	2.1	64
31	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <i>The Lancet Digital Health</i> , 2020, 2, e397-e406.	12.3	63
32	Trajectories of change and long-term outcomes in a randomised controlled trial of internet-based insomnia treatment to prevent depression. <i>BJPsych Open</i> , 2017, 3, 228-235.	0.7	60
33	Psychology, technology, and diabetes management.. <i>American Psychologist</i> , 2016, 71, 577-589.	4.2	55
34	Using Instructional Design Process to Improve Design and Development of Internet Interventions. <i>Journal of Medical Internet Research</i> , 2012, 14, e89.	4.3	55
35	Efficacy of an Intervention to Alter Skin Cancer Risk Behaviors in Young Adults. <i>American Journal of Preventive Medicine</i> , 2016, 51, 1-11.	3.0	53
36	Longitudinal change in parent and child functioning after internet-delivered cognitive-behavioral therapy for chronic pain. <i>Pain</i> , 2017, 158, 1992-2000.	4.2	53

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37	Blood Glucose Awareness Training Delivered Over the Internet. <i>Diabetes Care</i> , 2008, 31, 1527-1528.	8.6	52
38	Web-Delivered Cognitive Behavioral Therapy for Distressed Cancer Patients: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e42.	4.3	51
39	Commentary: Pediatric eHealth Interventions: Common Challenges During Development, Implementation, and Dissemination. <i>Journal of Pediatric Psychology</i> , 2014, 39, 612-623.	2.1	48
40	A smartphone app-delivered randomized factorial trial targeting physical activity in adults. <i>Journal of Behavioral Medicine</i> , 2017, 40, 712-729.	2.1	47
41	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. <i>Internet Interventions</i> , 2020, 21, 100331.	2.7	45
42	Detection of Hypoglycemia by Children With Type 1 Diabetes 6 to 11 Years of Age and Their Parents: A Field Study. <i>Pediatrics</i> , 2008, 121, e489-e495.	2.1	44
43	The Short-Term Efficacy of an Unguided Internet-Based Cognitive-Behavioral Therapy for Insomnia: A Randomized Controlled Trial With a Six-Month Nonrandomized Follow-Up. <i>Behavioral Sleep Medicine</i> , 2019, 17, 137-155.	2.1	42
44	Hypoglycemia Preceding Fatal Car Collisions. <i>Diabetes Care</i> , 2006, 29, 467-468.	8.6	41
45	The GoodNight study: online CBT for insomnia for the indicated prevention of depression: study protocol for a randomised controlled trial. <i>Trials</i> , 2014, 15, 56.	1.6	41
46	Dyadic Psychosocial eHealth Interventions: Systematic Scoping Review. <i>Journal of Medical Internet Research</i> , 2020, 22, e15509.	4.3	41
47	Effect of Culturally Tailored, Internet-Delivered Cognitive Behavioral Therapy for Insomnia in Black Women. <i>JAMA Psychiatry</i> , 2022, 79, 538.	11.0	40
48	Internet Interventions or Patient Education Web sites?. <i>Journal of Medical Internet Research</i> , 2006, 8, e18.	4.3	39
49	The Model of Gamification Principles for Digital Health Interventions: Evaluation of Validity and Potential Utility. <i>Journal of Medical Internet Research</i> , 2020, 22, e16506.	4.3	37
50	Assessment of Behavioral Mechanisms Maintaining Encopresis: Virginia Encopresis-Constipation Apperception Test. <i>Journal of Pediatric Psychology</i> , 2003, 28, 375-382.	2.1	36
51	Examining the Added Value of Audio, Graphics, and Interactivity in an Internet Intervention for Pediatric Encopresis. <i>Children's Health Care</i> , 2006, 35, 47-59.	0.9	35
52	An RCT of an internet intervention for pediatric encopresis with one-year follow-up.. <i>Clinical Practice in Pediatric Psychology</i> , 2013, 1, 68-80.	0.3	35
53	Cognitive mechanisms of sleep outcomes in a randomized clinical trial of internet-based cognitive behavioral therapy for insomnia. <i>Sleep Medicine</i> , 2018, 47, 77-85.	1.6	35
54	Sleep disturbance in cancer patients and caregivers who contact telephone-based help services. <i>Supportive Care in Cancer</i> , 2015, 23, 1113-1120.	2.2	31

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55	Principles of gamification for Internet interventions. <i>Translational Behavioral Medicine</i> , 2019, 9, 1131-1138.	2.4	31
56	Informal Caregivers' Use of Internet-Based Health Resources: An Analysis of the Health Information National Trends Survey. <i>JMIR Aging</i> , 2018, 1, e11051.	3.0	31
57	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. <i>Internet Interventions</i> , 2018, 12, 11-15.	2.7	29
58	Introduction to the Special Issue: eHealth in Pediatric Psychology. <i>Journal of Pediatric Psychology</i> , 2009, 34, 453-456.	2.1	28
59	Adjunctive Internet-delivered cognitive behavioural therapy for insomnia in men with depression: A randomised controlled trial. <i>Australian and New Zealand Journal of Psychiatry</i> , 2019, 53, 350-360.	2.3	28
60	Depression in a Cancer Patient Population. <i>Journal of Clinical Psychology in Medical Settings</i> , 2001, 8, 85-93.	1.4	25
61	Feasibility and Promise of a Remote-Delivered Preconception Motivational Interviewing Intervention to Reduce Risk for Alcohol-Exposed Pregnancy. <i>Telemedicine Journal and E-Health</i> , 2013, 19, 597-604.	2.8	25
62	Online insomnia treatment and the reduction of anxiety symptoms as a secondary outcome in a randomised controlled trial: The role of cognitive-behavioural factors. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 1183-1193.	2.3	24
63	Real-world evidence from users of a behavioral digital therapeutic for chronic insomnia. <i>Behaviour Research and Therapy</i> , 2022, 153, 104084.	3.1	23
64	Long-Term Effects of an Unguided Online Cognitive Behavioral Therapy for Chronic Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 101-110.	2.6	22
65	The Challenges and Future Considerations Regarding Pregnancy-Related Outcomes in Women with Pre-Existing Diabetes. <i>Current Diabetes Reports</i> , 2013, 13, 869-876.	4.2	21
66	Liar! Liar! Identifying eligibility fraud by applicants in digital health research. <i>Internet Interventions</i> , 2021, 25, 100401.	2.7	21
67	eSCCIP: A psychosocial ehealth intervention for parents of children with cancer.. <i>Clinical Practice in Pediatric Psychology</i> , 2019, 7, 44-56.	0.3	20
68	Internet-Based Cognitive-Behavioral Therapy for Insomnia in Adults With Asthma: A Pilot Study. <i>Behavioral Sleep Medicine</i> , 2020, 18, 10-22.	2.1	19
69	Procedural justice in the context of civil commitment: A critique of Tyler's analysis.. <i>Psychology, Public Policy, and Law</i> , 1997, 3, 207-221.	1.2	17
70	Does "Stubbornness" Have a Role in Pediatric Constipation?. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2006, 27, 106-111.	1.1	17
71	Exploring the Relationship between Parental Worry about their Children's Health and Usage of an Internet Intervention for Pediatric Encopresis. <i>Journal of Pediatric Psychology</i> , 2009, 34, 530-538.	2.1	17
72	Randomized controlled trial of the mySmartSkin web-based intervention to promote skin self-examination and sun protection behaviors among individuals diagnosed with melanoma: study design and baseline characteristics. <i>Contemporary Clinical Trials</i> , 2019, 83, 117-127.	1.8	17

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73	Development of an internet intervention to address behaviors associated with skin cancer risk among young adults. <i>Internet Interventions</i> , 2015, 2, 340-350.	2.7	16
74	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. <i>BMJ Open</i> , 2018, 8, e025152.	1.9	16
75	A Pilot RCT of an Internet Intervention to Reduce the Risk of Alcohol-Exposed Pregnancy. <i>Alcoholism: Clinical and Experimental Research</i> , 2018, 42, 1132-1144.	2.4	16
76	Stability of psychiatric patients' perceptions of their admission experience. , 1997, 53, 833-839.		15
77	Effect of Automated Bio-Behavioral Feedback on the Control of Type 1 Diabetes. <i>Diabetes Care</i> , 2011, 34, 302-307.	8.6	15
78	Developing a Process for the Analysis of User Journeys and the Prediction of Dropout in Digital Health Interventions: Machine Learning Approach. <i>Journal of Medical Internet Research</i> , 2020, 22, e17738.	4.3	15
79	An online skin cancer risk-reduction intervention for young adults: Mechanisms of effects.. <i>Health Psychology</i> , 2017, 36, 215-225.	1.6	14
80	Hypertension with unsatisfactory sleep health (HUSH): study protocol for a randomized controlled trial. <i>Trials</i> , 2017, 18, 256.	1.6	13
81	The Further Rise of Internet Interventions. <i>Sleep</i> , 2012, 35, 737-738.	1.1	12
82	Kids SIPsmartER, a cluster randomized controlled trial and multi-level intervention to improve sugar-sweetened beverages behaviors among Appalachian middle-school students: Rationale, design & methods. <i>Contemporary Clinical Trials</i> , 2019, 83, 64-80.	1.8	11
83	Treatment engagement in an internet-delivered cognitive behavioral program for pediatric chronic pain. <i>Internet Interventions</i> , 2018, 13, 67-72.	2.7	10
84	Online recruitment of a non-help-seeking sample for an internet intervention: Lessons learned in an alcohol-exposed pregnancy risk reduction study. <i>Internet Interventions</i> , 2019, 17, 100240.	2.7	10
85	“Diabetes Just Tends to Take Over Everything” Experiences of Support and Barriers to Diabetes Management for Pregnancy in Women With Type 1 Diabetes. <i>Diabetes Spectrum</i> , 2019, 32, 118-124.	1.0	10
86	Randomized controlled trial of the mySmartSkin web-based intervention to promote skin self-examination and sun protection among individuals diagnosed with melanoma. <i>Translational Behavioral Medicine</i> , 2021, 11, 1461-1472.	2.4	10
87	Correlates of sun protection behaviors among melanoma survivors. <i>BMC Public Health</i> , 2021, 21, 882.	2.9	10
88	Evaluation of a Screening and Counseling Tool for Alcohol Misuse: A Virginia Practice Support and Research Network (VaPSRN) Trial. <i>Journal of the American Board of Family Medicine</i> , 2012, 25, 605-613.	1.5	9
89	Ethical Issues of Web-Based Interventions and Online Therapy. , 2012, , .		9
90	Online cognitive behavioral therapy for insomnia (CBT-I) for the treatment of insomnia among individuals with alcohol use disorder: study protocol for a randomized controlled trial. <i>Pilot and Feasibility Studies</i> , 2018, 4, 183.	1.2	9

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91	Prevalence and correlates of skin self-examination practices among cutaneous malignant melanoma survivors. <i>Preventive Medicine Reports</i> , 2020, 19, 101110.	1.8	9
92	Addressing sexual concerns of female breast cancer survivors and partners: a qualitative study of survivors, partners, and oncology providers about Internet intervention preferences. <i>Supportive Care in Cancer</i> , 2021, 29, 7451-7460.	2.2	9
93	Assessing Digital Health Implementation for a Pediatric Chronic Pain Intervention: Comparing the RE-AIM and BIT Frameworks Against Real-World Trial Data and Recommendations for Future Studies. <i>Journal of Medical Internet Research</i> , 2020, 22, e19898.	4.3	9
94	Digital cognitive behaviour therapy for insomnia (dCBT): Chronotype moderation on intervention outcomes. <i>Journal of Sleep Research</i> , 2022, 31, e13572.	3.2	9
95	Changes in sleep following internet-delivered cognitive-behavioral therapy for insomnia in women treated for breast cancer: A 3-year follow-up assessment. <i>Sleep Medicine</i> , 2022, 96, 35-41.	1.6	9
96	The Sleep Or Mood Novel Adjunctive therapy (SOMNA) trial: a study protocol for a randomised controlled trial evaluating an internet-delivered cognitive behavioural therapy program for insomnia on outcomes of standard treatment for depression in men. <i>BMC Psychiatry</i> , 2015, 15, 16.	2.6	8
97	Timing and tailoring of internet-based cognitive-behavioral treatment for insomnia for cancer survivors: A qualitative study. <i>Psycho-Oncology</i> , 2019, 28, 1934-1937.	2.3	8
98	Using Graph Representation Learning to Predict Salivary Cortisol Levels in Pancreatic Cancer Patients. <i>Journal of Healthcare Informatics Research</i> , 2021, 5, 401-419.	7.6	8
99	A hierarchical clustering approach to identify repeated enrollments in web survey data. <i>PLoS ONE</i> , 2018, 13, e0204394.	2.5	7
100	Solving insomnia electronically: Sleep treatment for asthma (SIESTA): A study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2019, 79, 73-79.	1.8	7
101	Do treatment effects of a web-based cognitive behavioral therapy for insomnia intervention differ for users with and without pain interference? A secondary data analysis. <i>Journal of Behavioral Medicine</i> , 2020, 43, 503-510.	2.1	7
102	Intraindividual variability in sleep schedule: effects of an internet-based cognitive-behavioral therapy for insomnia program and its relation with symptom remission. <i>Sleep</i> , 2020, 43, .	1.1	7
103	A Review of Insomnia Treatments for Patients with Mild Cognitive Impairment. , 2021, 12, 1036.		7
104	Primer for the assessment, diagnosis and delivery of Internet interventions for (mainly) panic disorder. Lessons learned from our research groups. <i>Clinical Psychologist</i> , 2008, 12, 1-8.	0.8	6
105	Short and long-term effects of unguided internet-based cognitive behavioral therapy for chronic insomnia in morning and evening persons: a post-hoc analysis. <i>Chronobiology International</i> , 2019, 36, 1384-1398.	2.0	6
106	Examining the relationship between changes in personality and depression in older adult cancer survivors. <i>Aging and Mental Health</i> , 2020, 24, 1237-1245.	2.8	6
107	Feasibility of ecological momentary assessment to study depressive symptoms among cancer caregivers. <i>Psycho-Oncology</i> , 2021, 30, 756-764.	2.3	6
108	Intraindividual variability in sleep among people with insomnia and its relationship with sleep, health and lifestyle factors: an exploratory study. <i>Sleep Medicine</i> , 2022, 89, 132-140.	1.6	6

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109	Convergence of online daily diaries and timeline followback among women at risk for alcohol exposed pregnancy. <i>Journal of Substance Abuse Treatment</i> , 2017, 82, 7-11.	2.8	5
110	The effect of sleepâ€‘wake intraindividual variability in digital cognitive behavioral therapy for insomnia: a mediation analysis of a large-scale RCT. <i>Sleep</i> , 2021, 44, .	1.1	5
111	Digital cognitiveâ€‘behavioural therapy for insomnia compared with digital patient education about insomnia in individuals referred to secondary mental health services in Norway: protocol for a multicentre randomised controlled trial. <i>BMJ Open</i> , 2021, 11, e050661.	1.9	5
112	Feasibility and Preliminary Efficacy of an Internet-Delivered Intervention for Insomnia in Individuals with Mild Cognitive Impairment. <i>Journal of Alzheimer's Disease</i> , 2021, 84, 1539-1550.	2.6	5
113	Including partners in discussions of sexual side effects from breast cancer: a qualitative study of survivors, partners, and providers. <i>Supportive Care in Cancer</i> , 2022, 30, 4935-4944.	2.2	5
114	A telecommunication monitoring system for clinical and research practice.. <i>Professional Psychology: Research and Practice</i> , 2001, 32, 636-641.	1.0	4
115	Technology Use Among Patients in a Nonurban Southern U.S. HIV Clinic in 2015. <i>Telemedicine Journal and E-Health</i> , 2016, 22, 965-968.	2.8	4
116	A study protocol for a randomised controlled trial of an interactive web-based intervention: CancerCope. <i>BMJ Open</i> , 2017, 7, e017279.	1.9	4
117	Effects of an Internet-Based Cognitive Behavioral Therapy for Insomnia Program on Work Productivity: A Secondary Analysis. <i>Annals of Behavioral Medicine</i> , 2021, 55, 592-599.	2.9	4
118	Study protocol for iSIPsmarter: A randomized-controlled trial to evaluate the efficacy, reach, and engagement of a technology-based behavioral intervention to reduce sugary beverages among rural Appalachian adults. <i>Contemporary Clinical Trials</i> , 2021, 110, 106566.	1.8	4
119	mySmartCheck, a Digital Intervention to Promote Skin Self-examination Among Individuals Diagnosed With or at Risk for Melanoma: A Randomized Clinical Trial. <i>Annals of Behavioral Medicine</i> , 2021, , .	2.9	3
120	Moderators of the Effects of mySmartSkin, a Web-Based Intervention to Promote Skin Self-examination and Sun Protection Among Individuals Diagnosed With Melanoma. <i>Annals of Behavioral Medicine</i> , 2022, 56, 804-815.	2.9	3
121	Dermatology Mobile Applications. <i>JAMA Dermatology</i> , 2014, 150, 1027.	4.1	2
122	Development and perceived utility and impact of a skin care Internet intervention. <i>Internet Interventions</i> , 2014, 1, 149-157.	2.7	2
123	A secondary analysis of the role of geography in engagement and outcomes in a clinical trial of an efficacious Internet intervention for insomnia. <i>Internet Interventions</i> , 2019, 18, 100294.	2.7	1
124	Use of Technology in an Internet-Delivered Intervention for Older Adults With Mild Cognitive Impairment. <i>Innovation in Aging</i> , 2020, 4, 756-756.	0.1	0
125	Lessons Learned From Clinical Recruitment of Older Adults With MCI for an Internet-Delivered Intervention Study. <i>Innovation in Aging</i> , 2021, 5, 33-33.	0.1	0
126	Single-Group Trial of an Internet-Delivered Insomnia Intervention Among Higher-Intensity Family Caregivers: Rationale and Protocol for a Mixed Methods Study. <i>JMIR Research Protocols</i> , 2022, 11, e34792.	1.0	0