

# Sari Stenholm

## List of Publications by Year in descending order

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Version: 2024-02-01

123  
papers

4,048  
citations

136950

32  
h-index

144013

57  
g-index

124  
all docs

124  
docs citations

124  
times ranked

6469  
citing authors

#	ARTICLE	IF	CITATIONS
1	Trajectories of Worktime Control From Midlife to Retirement and Working Beyond Retirement Age. <i>Work, Aging and Retirement</i> , 2022, 8, 273-281.	2.0	4
2	The Effect of a Consumer-Based Activity Tracker Intervention on Accelerometer-Measured Sedentary Time Among Retirees: A Randomized Controlled REACT Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 579-587.	3.6	5
3	Psychological Distress During the Retirement Transition and the Role of Psychosocial Working Conditions and Social Living Environment. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2022, 77, 135-148.	3.9	11
4	Type 2 Diabetes as a Predictor of Muscle Strength Decline over 11 years among Men and Women Aged 55 Years and Older. <i>Gerontology</i> , 2022, 68, 635-643.	2.8	2
5	Components of Stress and Their Associations With Sleep Problems. <i>Journal of Occupational and Environmental Medicine</i> , 2022, 64, 390-396.	1.7	0
6	Changes in physical activity by context and residential greenness among recent retirees: Longitudinal GPS and accelerometer study. <i>Health and Place</i> , 2022, 73, 102732.	3.3	0
7	Residential greenness and risks of depression: Longitudinal associations with different greenness indicators and spatial scales in a Finnish population cohort. <i>Health and Place</i> , 2022, 74, 102760.	3.3	17
8	Concurrent changes in physical activity and body mass index among 66%852 public sector employees over a 16-year follow-up: multitrajectory analysis of a cohort study in Finland. <i>BMJ Open</i> , 2022, 12, e057692.	1.9	1
9	Why do men extend their employment beyond pensionable age more often than women? a cohort study. <i>European Journal of Ageing</i> , 2022, 19, 599-608.	2.8	3
10	Effects of physical activity intervention on 24-h movement behaviors: a compositional data analysis. <i>Scientific Reports</i> , 2022, 12, .	3.3	5
11	Association of alcohol use with years lived without major chronic diseases: A multicohort study from the IPD-Work consortium and UK Biobank. <i>Lancet Regional Health - Europe, The</i> , 2022, 19, 100417.	5.6	4
12	Educational Differences in Decline in Maximum Gait Speed in Older Adults Over an 11-Year Follow-up. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 703-709.	3.6	9
13	The Effect of Consumer-based Activity Tracker Intervention on Physical Activity among Recent Retirees—An RCT Study. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1756-1765.	0.4	14
14	Social network ties before and after retirement: a cohort study. <i>European Journal of Ageing</i> , 2021, 18, 503-512.	2.8	14
15	Contexts of sedentary time and physical activity among ageing workers and recent retirees: cross-sectional GPS and accelerometer study. <i>BMJ Open</i> , 2021, 11, e042600.	1.9	6
16	Trajectories of work ability from mid-life to pensionable age and their association with retirement timing. <i>Journal of Epidemiology and Community Health</i> , 2021, 75, 1098-1103.	3.7	5
17	Modifications to residential neighbourhood characteristics and risk of 79 common health conditions: a prospective cohort study. <i>Lancet Public Health, The</i> , 2021, 6, e396-e407.	10.0	32
18	Workplace discrimination as risk factor for long-term sickness absence: Longitudinal analyses of onset and changes in workplace adversity. <i>PLoS ONE</i> , 2021, 16, e0255697.	2.5	6

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19	Heavy alcohol consumption before and after negative life events in late mid-life: longitudinal latent trajectory analyses. <i>Journal of Epidemiology and Community Health</i> , 2021, , jech-2021-217204.	3.7	0
20	Association of job strain with accelerometer-based sleep duration and timing of sleep among older employees. <i>Journal of Sleep Research</i> , 2021, , e13498.	3.2	2
21	Social relationships as predictors of extended employment beyond the pensionable age: a cohort study. <i>European Journal of Ageing</i> , 2021, 18, 491-501.	2.8	2
22	Sleep duration and sleep difficulties as predictors of occupational injuries: a cohort study. <i>Occupational and Environmental Medicine</i> , 2021, , oemed-2021-107516.	2.8	1
23	Changes in prolonged sedentary behaviour across the transition to retirement. <i>Occupational and Environmental Medicine</i> , 2021, 78, 409-412.	2.8	13
24	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , 2021, 47, 181-190.	3.4	1
25	Persistence of sleep difficulties for over 16 years amongst 66,948 working-aged adults. <i>PLoS ONE</i> , 2021, 16, e0259500.	2.5	5
26	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , 2021, 47, 181-190.	3.4	6
27	Psychotropic medication before and after disability retirement by pre-retirement perceived work-related stress. <i>European Journal of Public Health</i> , 2020, 30, 158-163.	0.3	2
28	Objectively Measured Sedentary Time Before and After Transition to Retirement: The Finnish Retirement and Aging Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 1737-1743.	3.6	17
29	Emerging collaborative research platforms for the next generation of physical activity, sleep and exercise medicine guidelines: the Prospective Physical Activity, Sitting, and Sleep consortium (ProPASS). <i>British Journal of Sports Medicine</i> , 2020, 54, 435-437.	6.7	51
30	Associations of accelerometer-based sleep duration and self-reported sleep difficulties with cognitive function in late mid-life: the Finnish Retirement and Aging Study. <i>Sleep Medicine</i> , 2020, 68, 42-49.	1.6	11
31	Longitudinal change in physical functioning and dropout due to death among the oldest old: a comparison of three methods of analysis. <i>European Journal of Ageing</i> , 2020, 17, 207-216.	2.8	14
32	Excess body weight, cigarette smoking, and type II diabetes incidence in the national FINRISK studies. <i>Annals of Epidemiology</i> , 2020, 42, 12-18.	1.9	3
33	The relation of work-related factors with ambulatory blood pressure and nocturnal blood pressure dipping among aging workers. <i>International Archives of Occupational and Environmental Health</i> , 2020, 93, 563-570.	2.3	5
34	Changes in accelerometer-measured sleep during the transition to retirement: the Finnish Retirement and Aging (FIREA) study. <i>Sleep</i> , 2020, 43, .	1.1	16
35	Effort-reward imbalance at work and risk of type 2 diabetes in a national sample of 50,552 workers in Denmark: A prospective study linking survey and register data. <i>Journal of Psychosomatic Research</i> , 2020, 128, 109867.	2.6	17
36	Concurrent changes in sleep and physical activity during the transition to retirement: a prospective cohort study. <i>Sleep Medicine</i> , 2020, 68, 35-41.	1.6	5

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37	Long working hours and change in body weight: analysis of individual-participant data from 19 cohort studies. <i>International Journal of Obesity</i> , 2020, 44, 1368-1375.	3.4	29
38	Onset of Workplace Bullying and Risk of Weight Gain: A Multicohort Longitudinal Study. <i>Obesity</i> , 2020, 28, 2216-2223.	3.0	1
39	Comparison between recent and long-term physical activity levels as predictors of cardiometabolic risk: a cohort study. <i>BMJ Open</i> , 2020, 10, e033797.	1.9	8
40	Daily Physical Activity Patterns and Their Association With Health-Related Physical Fitness Among Aging Workersâ€”The Finnish Retirement and Aging Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 76, 1242-1250.	3.6	15
41	Cross-sectional associations of neighbourhood socioeconomic disadvantage and greenness with accelerometer-measured leisure-time physical activity in a cohort of ageing workers. <i>BMJ Open</i> , 2020, 10, e038673.	1.9	11
42	Association between retirement and mortality: working longer, living longer? A systematic review and meta-analysis. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, 473-480.	3.7	16
43	Physical Activity across Retirement Transition by Occupation and Mode of Commute. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 1900-1907.	0.4	19
44	Circulating cell-free DNA level predicts all-cause mortality independent of other predictors in the Health 2000 survey. <i>Scientific Reports</i> , 2020, 10, 13809.	3.3	14
45	Neighbourhood characteristics as a predictor of adherence to dietary recommendations: A population-based cohort study of Finnish adults. <i>Scandinavian Journal of Public Health</i> , 2020, , 140349482097149.	2.3	1
46	Does working beyond the statutory retirement age have an impact on health and functional capacity? The Finnish Retirement and Aging cohort study. <i>Occupational and Environmental Medicine</i> , 2020, , oemed-2020-106964.	2.8	1
47	Diet quality as a predictor of healthy and cardiometabolic disease-free life expectancy between ages 50 to 85. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
48	Socioeconomic Inequalities in Disability-free Life Expectancy in Older People from England and the United States: A Cross-national Population-Based Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 906-913.	3.6	56
49	Trajectories of self-rated health before and after retirement: evidence from two cohort studies. <i>Occupational and Environmental Medicine</i> , 2020, 77, 70-76.	2.8	19
50	Commuting time to work and behaviour-related health: a fixed-effect analysis. <i>Occupational and Environmental Medicine</i> , 2020, 77, 77-83.	2.8	19
51	Association between socioeconomic status and the development of mental and physical health conditions in adulthood: a multi-cohort study. <i>Lancet Public Health</i> , The, 2020, 5, e140-e149.	10.0	332
52	Diet quality as a predictor of cardiometabolic diseaseâ€”free life expectancy: the Whitehall II cohort study. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 787-794.	4.7	28
53	Operationalization of a frailty index among older adults in the InCHIANTI study: predictive ability for all-cause and cardiovascular disease mortality. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 1025-1034.	2.9	20
54	Association of Healthy Lifestyle With Years Lived Without Major Chronic Diseases. <i>JAMA Internal Medicine</i> , 2020, 180, 760.	5.1	140

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55	Comparison of Sedentary Time Between Thigh-Worn and Wrist-Worn Accelerometers. <i>Journal for the Measurement of Physical Behaviour</i> , 2020, 3, 234-243.	0.8	20
56	Thigh-worn accelerometry for measuring movement and posture across the 24-hour cycle: a scoping review and expert statement. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000874.	2.9	39
57	Sleep Tracking of a Commercially Available Smart Ring and Smartwatch Against Medical-Grade Actigraphy in Everyday Settings: Instrument Validation Study. <i>JMIR MHealth and UHealth</i> , 2020, 8, e20465.	3.7	76
58	Natural Course of Frailty Components in People Who Develop Frailty Syndrome: Evidence From Two Cohort Studies. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 667-674.	3.6	59
59	Midlife Cardiovascular Status and Old Age Physical Functioning Trajectories in Older Businessmen. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 2490-2496.	2.6	4
60	Does removal of work stress explain improved sleep following retirement? The Finnish Retirement and Aging study. <i>Sleep</i> , 2019, 42, .	1.1	14
61	Projecting long-term trends in mobility limitations: impact of excess weight, smoking and physical inactivity. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 443-450.	3.7	4
62	Multicohort study of change in job strain, poor mental health and incident cardiometabolic disease. <i>Occupational and Environmental Medicine</i> , 2019, 76, 785-792.	2.8	13
63	Neighborhood socioeconomic status and adherence to dietary recommendations among Finnish adults: A retrospective follow-up study. <i>Health and Place</i> , 2019, 55, 43-50.	3.3	24
64	Socioeconomic differences in healthy and disease-free life expectancy between ages 50 and 75: a multi-cohort study. <i>European Journal of Public Health</i> , 2019, 29, 267-272.	0.3	28
65	Workplace bullying and workplace violence as risk factors for cardiovascular disease: a multi-cohort study. <i>European Heart Journal</i> , 2019, 40, 1124-1134.	2.2	82
66	Daily physical activity patterns among aging workers: the Finnish Retirement and Aging Study (FIREA). <i>Occupational and Environmental Medicine</i> , 2019, 76, 33-39.	2.8	23
67	Changes in Smoking During Retirement Transition: A Longitudinal Cohort Study. <i>Scandinavian Journal of Public Health</i> , 2019, 47, 876-884.	2.3	3
68	Long working hours, anthropometry, lung function, blood pressure and blood-based biomarkers: cross-sectional findings from the CONSTANCES study. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 130-135.	3.7	16
69	Sleep Duration and Sleep Disturbances as Predictors of Healthy and Chronic Disease-Free Life Expectancy Between Ages 50 and 75: A Pooled Analysis of Three Cohorts. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 204-210.	3.6	32
70	Changes in non-occupational sedentary behaviours across the retirement transition: the Finnish Retirement and Aging (FIREA) study. <i>Journal of Epidemiology and Community Health</i> , 2018, 72, 695-701.	3.7	52
71	Change in physical activity and accumulation of cardiometabolic risk factors. <i>Preventive Medicine</i> , 2018, 112, 31-37.	3.4	27
72	Changes in Sleep Difficulties During the Transition to Statutory Retirement. <i>Sleep</i> , 2018, 41, .	1.1	30

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73	Association Between Employment Status and Objectively Measured Physical Activity and Sedentary Behavior—The Maastricht Study. <i>Journal of Occupational and Environmental Medicine</i> , 2018, 60, 309-315.	1.7	22
74	Physical activity level as a predictor of healthy and chronic disease-free life expectancy between ages 50 and 75. <i>Age and Ageing</i> , 2018, 47, 423-429.	1.6	37
75	Workplace bullying and violence as risk factors for type 2 diabetes: a multicohort study and meta-analysis. <i>Diabetologia</i> , 2018, 61, 75-83.	6.3	74
76	Classification and Processing of 24-Hour Wrist Accelerometer Data. <i>Journal for the Measurement of Physical Behaviour</i> , 2018, 1, 51-59.	0.8	20
77	OCCUPATIONAL STATUS AND OBJECTIVELY MEASURED PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOR. <i>Innovation in Aging</i> , 2018, 2, 63-63.	0.1	0
78	Sleep Before and After Retirement. <i>Current Sleep Medicine Reports</i> , 2018, 4, 278-283.	1.4	11
79	Obesity and loss of disease-free years owing to major non-communicable diseases: a multicohort study. <i>Lancet Public Health</i> , The, 2018, 3, e490-e497.	10.0	241
80	Association between education and television viewing among older working and retired people: a comparative study of Finland and Japan. <i>BMC Public Health</i> , 2018, 18, 917.	2.9	6
81	Job strain and loss of healthy life years between ages 50 and 75 by sex and occupational position: analyses of 64 934 individuals from four prospective cohort studies. <i>Occupational and Environmental Medicine</i> , 2018, 75, 486-493.	2.8	26
82	International differences in the risk of death from smoking and obesity: The case of the United States and Finland. <i>SSM - Population Health</i> , 2017, 3, 141-152.	2.7	6
83	Body mass index as a predictor of healthy and disease-free life expectancy between ages 50 and 75: a multicohort study. <i>International Journal of Obesity</i> , 2017, 41, 769-775.	3.4	83
84	Change in organizational justice as a predictor of insomnia symptoms: longitudinal study analysing observational data as a non-randomized pseudo-trial. <i>International Journal of Epidemiology</i> , 2017, 46, dyw293.	1.9	12
85	Physical occupational exposures and health expectancies in a French occupational cohort. <i>Occupational and Environmental Medicine</i> , 2017, 74, 176-183.	2.8	16
86	Trajectories of risky drinking around the time of statutory retirement: a longitudinal latent class analysis. <i>Addiction</i> , 2017, 112, 1163-1170.	3.3	28
87	Body Mass Index and Waist Circumference as Predictors of Disability in Nonagenarians: The Vitality 90+ Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2017, 72, 1569-1574.	3.6	12
88	Social networks and patterns of health risk behaviours over two decades: A multi-cohort study. <i>Journal of Psychosomatic Research</i> , 2017, 99, 45-58.	2.6	4
89	Does retirement benefit health?. <i>Preventive Medicine</i> , 2017, 100, 294-295.	3.4	16
90	Change in Job Strain as a Predictor of Change in Insomnia Symptoms: Analyzing Observational Data as a Non-randomized Pseudo-Trial. <i>Sleep</i> , 2017, 40, .	1.1	30

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91	Change in body mass index during transition to statutory retirement: an occupational cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 85.	4.6	18
92	DIABETES AS A PREDICTOR OF MUSCLE STRENGTH DECLINE AMONG INDIVIDUALS AGE 55 AND OLDER. <i>Innovation in Aging</i> , 2017, 1, 1382-1382.	0.1	0
93	Work stress, anthropometry, lung function, blood pressure, and blood-based biomarkers: a cross-sectional study of 43,593 French men and women. <i>Scientific Reports</i> , 2017, 7, 9282.	3.3	38
94	HEALTH EXPECTANCY BETWEEN AGES 50 AND 75 IN RELATION TO PHYSICAL AND PSYCHOSOCIAL OCCUPATIONAL EXPOSURES. <i>Innovation in Aging</i> , 2017, 1, 609-609.	0.1	1
95	Changes in Sleep Duration During Transition to Statutory Retirement: A Longitudinal Cohort Study. <i>Sleep</i> , 2017, 40, .	1.1	30
96	Occupational class and working beyond the retirement age: a cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 426-435.	3.4	43
97	Changes in organisational injustice and subsequent changes in insomnia symptoms: using observational data as non-randomised pseudo-trials. , 2016, , .		0
98	Smoking, physical inactivity and obesity as predictors of healthy and disease-free life expectancy between ages 50 and 75: a multicohort study. <i>International Journal of Epidemiology</i> , 2016, 45, 1260-1270.	1.9	114
99	Short Physical Performance Battery and all-cause mortality: systematic review and meta-analysis. <i>BMC Medicine</i> , 2016, 14, 215.	5.5	534
100	Association Between Distance From Home to Tobacco Outlet and Smoking Cessation and Relapse. <i>JAMA Internal Medicine</i> , 2016, 176, 1512.	5.1	50
101	Change in Neighborhood Disadvantage and Change in Smoking Behaviors in Adults. <i>Epidemiology</i> , 2016, 27, 803-809.	2.7	19
102	Changes in physical activity during transition to retirement: a cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 51.	4.6	73
103	Association of Self-Rated Health in Midlife With Mortality and Old Age Frailty: A 26-Year Follow-Up of Initially Healthy Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 923-928.	3.6	32
104	Cohort Profile: The Helsinki Businessmen Study (HBS). <i>International Journal of Epidemiology</i> , 2016, 45, 1074-1074h.	1.9	39
105	Trajectories of self-rated health in the last 15 years of life by cause of death. <i>European Journal of Epidemiology</i> , 2016, 31, 177-185.	5.7	56
106	Association of Physical Activity History With Physical Function and Mortality in Old Age. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 496-501.	3.6	73
107	Is change in availability of sports facilities associated with change in physical activity? A prospective cohort study. <i>Preventive Medicine</i> , 2015, 73, 10-14.	3.4	33
108	Comorbidity and Functional Trajectories From Midlife to Old Age: The Health and Retirement Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 332-338.	3.6	128

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109	The widening BMI distribution in the United States. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 1307-1308.	4.7	3
110	Physiological Factors Contributing to Mobility Loss Over 9 Years of Follow-Up—Results From the InCHIANTI Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 591-597.	3.6	25
111	Length of sick leave as a risk marker of hip fracture: a nationwide cohort study from Sweden. <i>Osteoporosis International</i> , 2015, 26, 943-949.	3.1	4
112	Patterns of Weight Gain in Middle-Aged and Older US Adults, 1992–2010. <i>Epidemiology</i> , 2015, 26, 165-168.	2.7	37
113	Childhood Psychosocial Adversity and Adult Neighborhood Disadvantage as Predictors of Cardiovascular Disease. <i>Circulation</i> , 2015, 132, 371-379.	1.6	63
114	Association of Body Mass Index and Waist Circumference With Physical Functioning: The Vitality 90+ Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 885-891.	3.6	28
115	Age-related trajectories of physical functioning in work and retirement: the role of sociodemographic factors, lifestyle and disease. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, 503-509.	3.7	61
116	Obesity and muscle strength as long-term determinants of all-cause mortality—a 33-year follow-up of the Mini-Finland Health Examination Survey. <i>International Journal of Obesity</i> , 2014, 38, 1126-1132.	3.4	74
117	Green and blue areas as predictors of overweight and obesity in an 8-year follow-up study. <i>Obesity</i> , 2014, 22, 1910-1917.	3.0	46
118	Response to The Letter "Overadjustment in Regression Analyses: Considerations When Evaluating Relationships Between Body Mass Index, Muscle Strength, and Body Size". <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2014, 69, 618-619.	3.6	7
119	The Prognostic Value of Repeated Measures of Lower Extremity Performance: Should We Measure More Than Once?. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2014, 69, 894-899.	3.6	23
120	Self-Rated Health in the Last 12 Years of Life Compared to Matched Surviving Controls: The Health and Retirement Study. <i>PLoS ONE</i> , 2014, 9, e107879.	2.5	34
121	Self-Reported Sleep Duration and Time in Bed as Predictors of Physical Function Decline: Results from the InCHIANTI Study. <i>Sleep</i> , 2011, 34, 1583-1593.	1.1	65
122	Obesity History as a Predictor of Walking Limitation at Old Age. <i>Obesity</i> , 2007, 15, 929-938.	3.0	64
123	Work ability and physical fitness among aging workers: the Finnish Retirement and Aging Study. <i>European Journal of Ageing</i> , 0, , .	2.8	4