List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/12023520/publications.pdf Version: 2024-02-01



DAVID LA LENKING

#	Article	IF	CITATIONS
1	Great Chinese Famine and the Effects on Cardiometabolic Health for Future Generations. Hypertension, 2022, 79, 532-535.	2.7	3
2	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study. JMIR Human Factors, 2022, 9, e34704.	2.0	5
3	Vegetarian Diet, Growth, and Nutrition in Early Childhood: A Longitudinal Cohort Study. Pediatrics, 2022, 149, .	2.1	12
4	Supplemental Vitamins and Minerals for Cardiovascular Disease Prevention andÂTreatment. Journal of the American College of Cardiology, 2021, 77, 423-436.	2.8	48
5	Glycemic Index, Glycemic Load, and Cardiovascular Disease and Mortality. New England Journal of Medicine, 2021, 384, 1312-1322.	27.0	124
6	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. Clinical Nutrition, 2021, 40, 2825-2836.	5.0	24
7	Adipose Tissue Insulin Resistance Is Longitudinally Associated With Adipose Tissue Dysfunction, Circulating Lipids, and Dysglycemia: The PROMISE Cohort. Diabetes Care, 2021, 44, 1682-1691.	8.6	16
8	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Journal of Nutrition, 2021, 151, 2409-2421.	2.9	12
9	Plant Polyphenols Lignans and Cardiovascular Disease. Journal of the American College of Cardiology, 2021, 78, 679-682.	2.8	5
10	Almond Bioaccessibility in a Randomized Crossover Trial: Is a Calorie a Calorie?. Mayo Clinic Proceedings, 2021, 96, 2386-2397.	3.0	9
11	Diet—microbiome interaction in colorectal cancer: a potentially discriminatory role for Fusobacterium nucleatum. , 2020, , 211-241.		0
12	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. Clinical Nutrition, 2019, 38, 1133-1145.	5.0	123
13	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease. Mayo Clinic Proceedings, 2019, 94, 2399-2414.	3.0	53
14	ABO Genotype Does Not Modify the Association between the "Blood-Type―Diet and Biomarkers of Cardiometabolic Disease in Overweight Adults. Journal of Nutrition, 2018, 148, 518-525.	2.9	1
15	Biomarkers of cardiometabolic health and nutritional status in individuals with positive celiac disease serology. Nutrition and Health, 2018, 24, 37-45.	1.5	6
16	Supplemental Vitamins and Minerals forÂCVD Prevention and Treatment. Journal of the American College of Cardiology, 2018, 71, 2570-2584.	2.8	184
17	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. Progress in Cardiovascular Diseases, 2018, 61, 43-53.	3.1	130
18	Effect of Current Dietary Recommendations on Weight Loss and Cardiovascular Risk Factors. Journal of the American College of Cardiology, 2017, 69, 1103-1112.	2.8	38

#	Article	IF	CITATIONS
19	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. Cmaj, 2017, 189, E711-E720.	2.0	83
20	Effect of a low glycemic index diet versus a high-cereal fibre diet on markers of subclinical cardiac injury in healthy individuals with type 2 diabetes mellitus: An exploratory analysis of a randomized dietary trial. Clinical Biochemistry, 2017, 50, 1104-1109.	1.9	7
21	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2016, 103, 1213-1223.	4.7	150
22	Flecainide and elevated liver enzymes in α1-antitrypsin deficiency. HeartRhythm Case Reports, 2016, 2, 237-240.	0.4	1
23	The Relationship Between Metformin and Serum Prostate‧pecific Antigen Levels. Prostate, 2016, 76, 1445-1453.	2.3	17
24	Effects of canola and highâ€oleicâ€acid canola oils on abdominal fat mass in individuals with central obesity. Obesity, 2016, 24, 2261-2268.	3.0	72
25	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2015, 7, 9804-9824.	4.1	81
26	Food Consumption and its Impact on Cardiovascular Disease: Importance of Solutions Focused on the Globalized FoodÂSystem. Journal of the American College of Cardiology, 2015, 66, 1590-1614.	2.8	343
27	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. American Journal of Clinical Nutrition, 2015, 102, 914-921.	4.7	134
28	High-oleic canola oil consumption enriches LDL particle cholesteryl oleate content and reduces LDL proteoglycan binding in humans. Atherosclerosis, 2015, 238, 231-238.	0.8	45
29	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. American Journal of Hypertension, 2014, 27, 56-64.	2.0	136
30	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. Cmaj, 2014, 186, E252-E262.	2.0	144
31	Applying the Precautionary Principle to Nutrition and Cancer. Journal of the American College of Nutrition, 2014, 33, 239-246.	1.8	32
32	Test–retest reliability of peripheral arterial tonometry in the metabolic syndrome. Diabetes and Vascular Disease Research, 2014, 11, 201-207.	2.0	25
33	Consumption of a dietary portfolio of cholesterol lowering foods improves blood lipids without affecting concentrations of fat soluble compounds. Nutrition Journal, 2014, 13, 101.	3.4	14
34	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. Atherosclerosis, 2014, 232, 125-133.	0.8	146
35	Dietary pulses, satiety and food intake: A systematic review and metaâ€analysis of acute feeding trials. Obesity, 2014, 22, 1773-1780.	3.0	80
36	DHA-enriched high–oleic acid canola oil improves lipid profile and lowers predicted cardiovascular disease risk in the canola oil multicenter randomized controlled trial. American Journal of Clinical Nutrition, 2014, 100, 88-97.	4.7	91

#	Article	IF	CITATIONS
37	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. Diabetes Care, 2014, 37, 1806-1814.	8.6	75
38	Egg yolk consumption, smoking and carotid plaque: Reply to letters to the Editor by Sean Lucan and T Dylan Olver etÂal Atherosclerosis, 2013, 227, 189-191.	0.8	7
39	Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet FASEB Journal, 2013, 27, 1067.14.	0.5	Ο
40	Low Glycemic Index Diets on Longâ€ŧerm Blood Pressure Control: A Systematic Review and Metaâ€analysis. FASEB Journal, 2013, 27, 615.5.	0.5	0
41	Association between changes in plant protein and mineral intakes and blood pressure as part of a dietary portfolio: a randomized controlled trial. FASEB Journal, 2013, 27, 368.8.	0.5	0
42	The effect of fructose on risk of incident hypertension: a systematic review and metaâ€analysis of 3 large U.S. prospective cohorts. FASEB Journal, 2013, 27, 120.7.	0.5	0
43	Effect of Fructose on Blood Pressure. Hypertension, 2012, 59, 787-795.	2.7	167
44	Equol status and blood lipid profile in hyperlipidemia after consumption of diets containing soy foods. American Journal of Clinical Nutrition, 2012, 95, 564-571.	4.7	38
45	Fish Fats and the Heart. Journal of the American College of Nutrition, 2012, 31, 1-3.	1.8	1
46	Egg yolk consumption and carotid plaque. Atherosclerosis, 2012, 224, 469-473.	0.8	72
47	Response to Fructose Likely Does Have a Role in Hypertension. Hypertension, 2012, 59, .	2.7	0
48	Effect of Fructose on Body Weight in Controlled Feeding Trials. Annals of Internal Medicine, 2012, 156, 291.	3.9	253
49	Effect of pulses as part of a low glycemic index diet compared to a high fiber diet on HbA1c and blood lipids in type 2 diabetes. FASEB Journal, 2012, 26, 117.3.	0.5	1
50	Reply to Letters from Dr Maria Luz Fernandez, Eddie Vos, and Dr Niva Shapira. Canadian Journal of Cardiology, 2011, 27, 264.e7-264.e8.	1.7	1
51	Functional Foods to Increase the Efficacy of Diet in Lowering Serum Cholesterol. Canadian Journal of Cardiology, 2011, 27, 397-400.	1.7	6
52	Postprandial effects of almond consumption on human osteoclast precursors—an ex vivo study. Metabolism: Clinical and Experimental, 2011, 60, 923-929.	3.4	6
53	Is Fructose a Story of Mice but Not Men?. Journal of the American Dietetic Association, 2011, 111, 219-220.	1.1	39
54	Nuts as a Replacement for Carbohydrates in the Diabetic Diet. Diabetes Care, 2011, 34, 1706-1711.	8.6	99

#	Article	IF	CITATIONS
55	Almond (Prunus dulcis) Seeds and Oxidative Stress. , 2011, , 161-166.		3
56	The effect on the blood lipid profile of soy foods combined with a prebiotic: a randomized controlled trial. Metabolism: Clinical and Experimental, 2010, 59, 1331-1340.	3.4	49
57	The link between dietary fibre and human health. Food Hydrocolloids, 2010, 24, 42-48.	10.7	273
58	Implications of the Glycemic Index in Obesity. , 2010, , 219-230.		0
59	Dietary cholesterol and egg yolks: Not for patients at risk of vascular disease. Canadian Journal of Cardiology, 2010, 26, e336-e339.	1.7	114
60	Reproducibility in growth of breast and prostate cells stimulated with serum taken at different points in time from individuals on their habitual diets. FASEB Journal, 2010, 24, 728.6.	0.5	0
61	Effect of almond consumption on the serum fatty acid profile: a dose response study. FASEB Journal, 2010, 24, 564.16.	0.5	0
62	The effect of physiological concentrations of six hormones on the growth of breast and prostate cell lines treated with human serum. FASEB Journal, 2010, 24, 207.3.	0.5	0
63	Effects of nuts on glycemic control and coronary heart disease risk factors in type 2 diabetes. FASEB Journal, 2010, 24, 564.2.	0.5	0
64	The effect of adding monounsaturated fat to a dietary portfolio of cholesterolâ€lowering foods in hypercholesterolemia. FASEB Journal, 2010, 24, 564.3.	0.5	0
65	Nutriceuticals and Functional Foods for Cholesterol Reduction. , 2009, , 376-386.		1
66	A low-fat vegan diet and a conventional diabetes diet in the treatment of type 2 diabetes: a randomized, controlled, 74-wk clinical trial. American Journal of Clinical Nutrition, 2009, 89, 1588S-1596S.	4.7	341
67	A Low-Fat Vegan Diet Elicits Greater Macronutrient Changes, but Is Comparable in Adherence and Acceptability, Compared with a More Conventional Diabetes Diet among Individuals with Type 2 Diabetes. Journal of the American Dietetic Association, 2009, 109, 263-272.	1.1	115
68	Vegetarian and vegan diets in type 2 diabetes management. Nutrition Reviews, 2009, 67, 255-263.	5.8	133
69	Continuous therapy with transdermal nitroglycerin does not affect biomarkers of vascular inflammation and injury in healthy volunteers. Canadian Journal of Physiology and Pharmacology, 2009, 87, 455-459.	1.4	4
70	The Glycemic Index: Physiological Significance. Journal of the American College of Nutrition, 2009, 28, 439S-445S.	1.8	84
71	Effect of nonâ€oil seed pulses on glycemic control: a metaâ€analysis of randomized controlled experimental trials in humans FASEB Journal, 2009, 23, 213.7.	0.5	0
72	Changes in Nutrient Intake and Dietary Quality among Participants with Type 2 Diabetes Following a Low-Fat Vegan Diet or a Conventional Diabetes Diet for 22 Weeks. Journal of the American Dietetic Association, 2008, 108, 1636-1645.	1.1	119

73Effect of plant starols in combination with other cholesterol-lowering foods. Metabolism: Clinical3.44974Effect of almonds on insulin secretion and insulin residure in nondiabetic hyperlipidemic subjects: a a madomized controlled crossover that. Metabolism: Clinical and Experimental, 2008, 57, 882 887.3.44675The effect of strawberds in a cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering dictary portfolio. Metabolism: Clinical and Experimental, 2008, 11 as cholesterol-howering choine. Journal of Nutrition in Experimental, 2008, 12 as cholesterol-howering choine. Journal of Nutrition in Secondary Provention and Ventricular Arrhythmias. Journal of the Ametican College of Nutrition. Instance College of Nutrition in Metabolism: Clinical Trial. Croatian1.82.870Experimental, 2008, 27, 272-282. Metabolism: Clinical Clinical Trial. Croatian0.50.5081Effect of Almonds on Insulin Secretion and Insulin Lewids. Cli Satiety Hommones and Metabolism: Clinical and Experimental.0.5082Effect of Almonds on Insulin Secretion and Insulin Lewids. Cli Satiety Hommones and Metabolism: Clinical and Experimental.0.5084Effect of Almonds on Insulin Secretion and Insulin Lewi	#	Article	IF	CITATIONS
14Effect of almonds on insulin secretion and insulin resistance in nondiabetic hyperlipidemic subjects: a3.44675The effect of atmonds on insulin secretion and insulin resistance in nondiabetic hyperlipidemic subjects: a3.47576Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrigenomics.1.0377Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrigenomics.1.3678Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenomics.1.3679Subjects and Patters with Outpect Adults With Type 2 Diabetes. Journal of Nutrigenomics.1.82.870Subjects and Patters with Outpect Adults With Type 2 Diabetes. Journal of Nutrigenomics.1.82.871Subjects and Patters with Outpect Adults With Type 2 Diabetes. Journal of Nutrigenomics.1.82.872Subjects and Patters with Outpect Adults Anthe Randomized Controlled Clinical Inf. Croatian0.76.273Subjects and Patters with Olabetes Methana, 2008, 22, 2400.8.0.50.5074The Effects of Patterhols on Postprandial Clauses end Humb Levels, Gut Satisty Hormones and0.5075Biotraneformation of ony ionflavames and ensumin Levels, Gut Satisty Hormones and0.5076Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Cross&Cover0.5076Strawberry Intake, Lipids, CReactive Pottein, and the Risk of Cardiousscular Disease in Women, Journal1.86.277Strawberry Intake, Lipid	73	Effect of plant sterols in combination with other cholesterol-lowering foods. Metabolism: Clinical and Experimental, 2008, 57, 130-139.	3.4	48
79The effect of strawberries in a cholesterol-lowering dietary portfolio. Metabolism: Clinical and Cerontology and Genatrics, 2008, 57, 1636-1644.7.070Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrition in Cerontology and Genatrics, 2008, 27, 363-380.1.0371Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenetics and Nutrigenomics, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Scoon any Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Metabolism: Clinical Trial. Croatian Metabolism: Clinical Trial. Croatian0.3080Eng Term Effectiveneess of A Dietary Portfolio of Cholesteroláčkowering Foods in Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.3081The Effects of Pistachios on Postprandial Clucose and Insulin Lewels, Cut Statety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.3082Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossafeover Trial. FASEB Journal, 2008, 22, 702.25.0.5083Bio	74	Effect of almonds on insulin secretion and insulin resistance in nondiabetic hyperlipidemic subjects: a randomized controlled crossover trial. Metabolism: Clinical and Experimental, 2008, 57, 882-887.	3.4	46
76Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrition in1.0377Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenentics and Nutrigenentics, 2008, 1, 109-112.1.3578Becongenetity in Randomized Controlled Trials of Long Chain (Fish) Omega-3 Fatty Acids in Restenosis, 2008, 27, 367-378.1.82879Subgestional Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, 2008, 27, 367-378.1.82870Comparable Postprandial Clucose Reductions with Viscous Fiber Biend Enriched Biscuits in Healthy Medical Journal, 2008, 49, 772-782.6280Long Term Effectiveness of A Dietary Portfolio of Cholesterol&Controlled Clinical Trial. Croatian Medical Journal, 2008, 22, 702-15.0.5081The Effects of Phstachiog on Postprandial Glucose and Insulin Levels, Cat Satiety Hormones and Bigofructosea@enriceSubjects. FASEB Journal, 2008, 22, 702-15.0.5082Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossa@cover0.5083Botransformation of sov Isoflavones and enhanced cholesterol Iowering effect with an Bigofructosea@enriceal glucomia. 2007, 22, 303-310.1.86284Strawberry Intake, Lipids, Creactive Protein, and the Risk of Cardiovascular Disease in Women, Journal Strawberry Intake, Lipids, Creactive Protein, and the Risk of Cardiovascular Disease in Women, Journal Strawberry Intake, Lipids, Creactive Protein, and the Risk of Cardiovascular Disease in Women, Journal Strawberry Intake, Lipids, Creactive Protein, and the Risk of Cardiovascular Disease in Women, Journal Strawberry Inta	75	The effect of strawberries in a cholesterol-lowering dietary portfolio. Metabolism: Clinical and Experimental, 2008, 57, 1636-1644.	3.4	75
77Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenentics and Nutrigenomics.1.3578Secondary Powniton and Ventricular Arrhythmias. Journal of the American College of Nutrition, 2008, 27, 367-378.1.82879Subject and Patiention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Medical Journal, 2008, 49, 772-782.1.82870Subject and Patiention and Ventricular Arrhythmias. Journal of the American College of Nutrition, Medical Journal, 2008, 49, 772-782.0.70280Long Term Effectiveness of A Dietary Portfolio of CholesterolaEkowering Foods in hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.0.5081The Effects of Potachies on Postprandal Clucces and Insulin Levels, Cut Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.5082Effect of Almonds on Insulin Secretion and Insulin Levels, Cut Satiety Hormones and eligofructoseaEenriched Insulin Secretion and Insulin Resistance: A Randomized Controlled CrossaEeover eligofructoseaEenriched Insulin ne equol producers. FASEB Journal, 2008, 22, 303.6.0.5084Strawberry Intake, Lipids, CReactive Protein, and the Risk of Cardiovascular Disease in Women. Journal effect of Almonds and spatial glycemiaaE nd a dose-response study. Metabolism: Clinical and Experimental. 3.43.414286Effect of numan serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5087Worderies to Improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5188Strawberries to Improve palatability of	76	Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrition in Gerontology and Geriatrics, 2008, 27, 363-380.	1.0	3
78Heterogeneity in Randomized Controlled Trials of Long Chain (Fish) Omega-3 Fatty Acids in Restenosis, Secondary Prevention and Vertricular Arrhythmias. Journal of the American College of Nutrition, Subjects and Pattents with Diabetes Mellituss Acute Randomized Controlled Clinical Irial. Croatian0.76270Comparable Postprandial Clucose Reductions with Viscous Fiber Blond Enriched Biscuits in Healthy Subjects and Pattents with Diabetes Mellituss Acute Randomized Controlled Clinical Irial. Croatian0.76280Long Term Effectiveness of A Dietary Portfolio of Cholesterol&Clowering Foods in Hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.0.5081The Effects of Pistachios on Postprandial Clucose and Insulin Lewels, Cut Satilety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.5082Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Cross&Cover rial. FASEB Journal, 2008, 22, 702.25.0.5084Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal Off the American College of Nutrition, 2007, 26, 303-310.1.86285Junords and postprandial glycemia&C*a dose-response study. Metabolism: Clinical and Experimental, O07, 21, A57.0.5086Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5189Istrawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5180Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5180	77	Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenetics and Nutrigenomics, 2008, 1, 109-117.	1.3	5
79Comparable Postprandial Clucose Reductions with Viscous Fiber Blend Enriched Biscults in Healthy Subjects and Patients with Diabetes Mellitus: Acute Randomized Controlled Clinical Trial. Croatian0.76280Long Term Effectiveness of A Distary Portfolio of Cholesterolackowering Foods in Hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.0.5081The Effects of Pistachios on Postprandial Clucose and Insulin Levels, Cut Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.5082Effect of Almonds on Insulin Secretion and Insulin Levels, Cut Satiety Hormones and Oligofructosea&enticle Inulin in equol producers. FASEB Journal, 2008, 22, 703.16.0.5083Biotransformation of soy Isoflavones and enhanced cholesterol lowering effect with an Oligofructosea&entiched Inulin in equol producers. FASEB Journal, 2008, 22, 703.6.0.5084Strawberry Intake, Lipids, C.Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal 2007, 26, 303-310.1.86285Almonds and postprandial glycemita&C"a dose-response study. Metabolism: Clinical and Experimental, 2007, 21, AS7.3.414286Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic Index breads. FASEB Journal, 2007, 21, A1093.0.50	78	Heterogeneity in Randomized Controlled Trials of Long Chain (Fish) Omega-3 Fatty Acids in Restenosis, Secondary Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, 2008, 27, 367-378.	1.8	28
80long Term Effectiveness of A Dietary Portfolio of Cholesterolä&Lowering Foods in Hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.0.5081The Effects of Pistachios on Postprandial Clucose and Insulin Levels, Out Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.5082Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossã&Over Trial. FASEB Journal, 2008, 22, 702.25.0.5084Biotransformation of soy Isoflavones and enhanced cholesterol Iowering effect with an olgofructose&Eennched Inulin in equal producers. FASEB Journal, 2008, 22, 303.6.0.5084Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal of the American College of Nutrition, 2007, 26, 303.310.1.86286Jonords and postprandial glycemia&C*a dose-response study. Metabolism: Clinical and Experimental, 2007, 21, AS7.0.5087Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 	79	Comparable Postprandial Glucose Reductions with Viscous Fiber Blend Enriched Biscuits in Healthy Subjects and Patients with Diabetes Mellitus: Acute Randomized Controlled Clinical Trial. Croatian Medical Journal, 2008, 49, 772-782.	0.7	62
11The Effects of Pistachios on Postprandial Glucose and Insulin Levels, Gut Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.0.5082Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossà€ever0.5083Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an oligofructoseä€enriched Inulin in equal producers. FASEB Journal, 2008, 22, 303.6.0.5084Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal of the American College of Nutrition, 2007, 26, 303.310.1.86285Almonds and postprandial glycemiaâ€"a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.3.414286Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, 2007, 21, 3000.50	80	Long Term Effectiveness of A Dietary Portfolio of Cholesterol‣owering Foods in Hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.	0.5	0
82Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossâ@ever0.5083Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an olgofructosea@enriched inulin in equal producers. FASEB Journal, 2008, 22, 303.6.0.5084Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal1.86285Almonds and postprandial glycemiaa@era dose-response study. Metabolism: Clinical and Experimental.3.414286Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal.0.5087Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, A1093.0.50	81	The Effects of Pistachios on Postprandial Glucose and Insulin Levels, Gut Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.	0.5	0
83Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an oligofructoseåCenriched inulin in equal producers. FASEB Journal, 2008, 22, 303.6.0.5084Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal of the American College of Nutrition, 2007, 26, 303-310.1.86285Almonds and postprandial glycemiaâC°a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.3.414286Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 	82	Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossâ€over Trial. FASEB Journal, 2008, 22, 702.25.	0.5	0
84Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal1.86285Almonds and postprandial glycemiaâ€"a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.3.414286Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 2007, 21, A57.0.5287Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .0.50	83	Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an oligofructoseâ€enriched inulin in equol producers. FASEB Journal, 2008, 22, 303.6.	0.5	0
85Almonds and postprandial glycemiaâ€"a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.3.414286Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 2007, 21, A57.0.5287Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .0.50	84	Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal of the American College of Nutrition, 2007, 26, 303-310.	1.8	62
86Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 2007, 21, A57.0.5287Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .0.50	85	Almonds and postprandial glycemia—a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.	3.4	142
87Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.0.5088Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .0.50	86	Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 2007, 21, A57.	0.5	2
88Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.0.5189Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .0.50	87	Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.	0.5	0
89 Determinants of low glycemic index breads. FASEB Journal, 2007, 21, . 0.5 0	88	Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.	0.5	1
	89	Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .	0.5	0

90 The Glycemic Index: Methodology and Use. , 2006, 11, 43-56.

#	Article	IF	CITATIONS
91	Carbohydrate, glycemic index, and glycemic load and colorectal adenomas in the Prostate, Lung, Colorectal, and Ovarian Screening Study. American Journal of Clinical Nutrition, 2006, 84, 1184-1192.	4.7	44
92	Nonalcoholic fatty liver, nonalcoholic steatohepatitis, ectopic fat, and the glycemic index1,2. American Journal of Clinical Nutrition, 2006, 84, 3-4.	4.7	11
93	Assessment of the longer-term effects of a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. American Journal of Clinical Nutrition, 2006, 83, 582-591.	4.7	160
94	Methodology for Adding Glycemic Load Values to the National Cancer Institute Diet History Questionnaire Database. Journal of the American Dietetic Association, 2006, 106, 393-402.	1.1	93
95	Almonds, Clycemic Index, Dietary Antioxidants and Risk Factors for Coronary Heart Disease. FASEB Journal, 2006, 20, A593.	0.5	0
96	Assessment of the Longer Term Effects of a Dietary Portfolio of Cholesterol Lowering Foods in Hypercholesterolemia. FASEB Journal, 2006, 20, A10.	0.5	1
97	Acute Effect of Diets Varying in Glycemic Index and Glycemic Load on Blood Glucose, Insulin and Measures of Oxidative Stress. FASEB Journal, 2006, 20, .	0.5	0
98	Dietary Glycemic Index and Glycemic Load in Relation to Measures of Body Weight. FASEB Journal, 2006, 20, .	0.5	0
99	Effect of a vegan based high protein, low carbohydrate diet on weight loss and serum lipids. FASEB Journal, 2006, 20, A596.	0.5	0
100	Direct comparison of a dietary portfolio of cholesterol-lowering foods with a statin in hypercholesterolemic participants $1\hat{a}\in$ 3. American Journal of Clinical Nutrition, 2005, 81, 380-387.	4.7	224
101	Reply to A Walker and B Walker. American Journal of Clinical Nutrition, 2005, 81, 197-198.	4.7	0
102	Diet and Cholesterol Reduction. Annals of Internal Medicine, 2005, 142, 793.	3.9	6
103	Effect of antibiotics as cholesterol-lowering agents. Metabolism: Clinical and Experimental, 2005, 54, 103-112.	3.4	26
104	Too much sugar, too much carbohydrate, or just too much?. American Journal of Clinical Nutrition, 2004, 79, 711-712.	4.7	35
105	Association between Components of the Insulin-Like Growth Factor System and Endometrial Cancer Risk. Oncology, 2004, 67, 54-59.	1.9	34
106	Viscous dietary fibre and metabolic effects. Clinical Nutrition Supplements, 2004, 1, 39-49.	0.0	40
107	Glycemic index, glycemic load and risk of prostate cancer. International Journal of Cancer, 2004, 112, 446-450.	5.1	69
108	Role of cell walls in the bioaccessibility of lipids in almond seeds. American Journal of Clinical Nutrition, 2004, 80, 604-613.	4.7	273

#	Article	IF	CITATIONS
109	Glycemic index and load and risk of upper aero-digestive tract neoplasms (Italy). Cancer Causes and Control, 2003, 14, 657-662.	1.8	45
110	The Garden of Eden—plant based diets, the genetic drive to conserve cholesterol and its implications for heart disease in the 21st century. Comparative Biochemistry and Physiology Part A, Molecular & Integrative Physiology, 2003, 136, 141-151.	1.8	33
111	Glycemic index and glycemic load in endometrial cancer. International Journal of Cancer, 2003, 105, 404-407.	5.1	91
112	Soy Consumption and Phytoestrogens: Effect on Serum Prostate Specific Antigen When Blood Lipids and Oxidized Low-Density Lipoprotein are Reduced in Hyperlipidemic Men. Journal of Urology, 2003, 169, 507-511.	0.4	53
113	The effect of combining plant sterols, soy protein, viscous fibers, and almonds in treating hypercholesterolemia. Metabolism: Clinical and Experimental, 2003, 52, 1478-1483.	3.4	127
114	Importance of Weight Management in Type 2 Diabetes: Review with Meta-analysis of Clinical Studies. Journal of the American College of Nutrition, 2003, 22, 331-339.	1.8	374
115	Fat versus carbohydrate in insulin resistance, obesity, diabetes and cardiovascular disease. Current Opinion in Clinical Nutrition and Metabolic Care, 2003, 6, 165-176.	2.5	78
116	Type 2 diabetes and the vegetarian diet. American Journal of Clinical Nutrition, 2003, 78, 610S-616S.	4.7	152
117	Effects of high- and low-isoflavone soyfoods on blood lipids, oxidized LDL, homocysteine, and blood pressure in hyperlipidemic men and women. American Journal of Clinical Nutrition, 2002, 76, 365-372.	4.7	282
118	Soluble fiber intake at a dose approved by the US Food and Drug Administration for a claim of health benefits: serum lipid risk factors for cardiovascular disease assessed in a randomized controlled crossover trial. American Journal of Clinical Nutrition, 2002, 75, 834-839.	4.7	219
119	Glycemic index: overview of implications in health and disease,,,. American Journal of Clinical Nutrition, 2002, 76, 266S-273S.	4.7	697
120	Dose Response of Almonds on Coronary Heart Disease Risk Factors: Blood Lipids, Oxidized Low-Density Lipoproteins, Lipoprotein(a), Homocysteine, and Pulmonary Nitric Oxide. Circulation, 2002, 106, 1327-1332.	1.6	335
121	High–complex carbohydrate or lente carbohydrate foods?. American Journal of Medicine, 2002, 113, 30-37.	1.5	68
122	Flavonoids can block PSA production by breast and prostate cancer cell lines. Clinica Chimica Acta, 2002, 317, 17-26.	1.1	47
123	Effects of high- and low-isoflavone (phytoestrogen) soy foods on inflammatory biomarkers and proinflammatory cytokines in middle-aged men and women. Metabolism: Clinical and Experimental, 2002, 51, 919-924.	3.4	135
124	A dietary portfolio approach to cholesterol reduction: Combined effects of plant sterols, vegetable proteins, and viscous fibers in hypercholesterolemia. Metabolism: Clinical and Experimental, 2002, 51, 1596-1604.	3.4	159
125	Flavonoids and steroid hormone-dependent cancers. Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences, 2002, 777, 219-232.	2.3	60
126	Effect of a very-high-fiber vegetable, fruit, and nut diet on serum lipids and colonic function. Metabolism: Clinical and Experimental, 2001, 50, 494-503.	3.4	124

#	Article	IF	CITATIONS
127	Dilution of the 75-g oral glucose tolerance test improves overall tolerability but not reproducibility in subjects with different body compositions. Diabetes Research and Clinical Practice, 2001, 51, 87-95.	2.8	15
128	Effects of natural products and nutraceuticals on steroid hormone-regulated gene expression. Clinica Chimica Acta, 2001, 312, 213-219.	1.1	23
129	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. American Journal of Clinical Nutrition, 2001, 74, 57-63.	4.7	94
130	β-Oxidation of linoleate in obese men undergoing weight loss. American Journal of Clinical Nutrition, 2001, 73, 709-714.	4.7	13
131	Simple skinfold-thickness measurements complement conventional anthropometric assessments in predicting glucose tolerance. American Journal of Clinical Nutrition, 2001, 73, 567-573.	4.7	40
132	Resistant starches. Current Opinion in Gastroenterology, 2000, 16, 178-183.	2.3	26
133	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. Current Opinion in Lipidology, 2000, 11, 49-56.	2.7	266
134	The Garden of Eden: Implications for cardiovascular disease prevention. Asia Pacific Journal of Clinical Nutrition, 2000, 9, S1-S3.	0.4	1
135	Steroid hormone activity of flavonoids and related compounds. Breast Cancer Research and Treatment, 2000, 62, 35-49.	2.5	187
136	Viscous fibers, health claims, and strategies to reduce cardiovascular disease risk. American Journal of Clinical Nutrition, 2000, 71, 401-402.	4.7	60
137	Effect of soy-based breakfast cereal on blood lipids and oxidized low-density lipoprotein. Metabolism: Clinical and Experimental, 2000, 49, 1496-1500.	3.4	74
138	Effect of soy protein foods on low-density lipoprotein oxidation and ex vivo sex hormone receptor activity—A controlled crossover trial. Metabolism: Clinical and Experimental, 2000, 49, 537-543.	3.4	81
139	The effect of serum lipids and oxidized low-density lipoprotein of supplementing self-selected low-fat diets with soluble-fiber, soy, and vegetable protein foods. Metabolism: Clinical and Experimental, 2000, 49, 67-72.	3.4	37
140	A novel source of wheat fiber and protein: effects on fecal bulk and serum lipids. American Journal of Clinical Nutrition, 1999, 69, 226-230.	4.7	27
141	Health aspects of partially defatted flaxseed, including effects on serum lipids, oxidative measures, and ex vivo androgen and progestin activity: a controlled crossover trial. American Journal of Clinical Nutrition, 1999, 69, 395-402.	4.7	186
142	Effect of Wheat Bran on Serum Lipids: Influence of Particle Size and Wheat Protein. Journal of the American College of Nutrition, 1999, 18, 159-165.	1.8	42
143	The Effect of Wheat Bran Particle Size on Laxation and Colonic Fermentation. Journal of the American College of Nutrition, 1999, 18, 339-345.	1.8	69
144	Development and evaluation of a competitive time-resolved immunofluorometric assay for the estrogen-regulated protein pS2. Journal of Clinical Laboratory Analysis, 1999, 13, 241-245.	2.1	4

#	Article	IF	CITATIONS
145	Colonic bacterial activity and serum lipid risk factors for cardiovascular disease. Metabolism: Clinical and Experimental, 1999, 48, 264-268.	3.4	21
146	Combined effect of vegetable protein (soy) and soluble fiber added to a standard cholesterol-lowering diet. Metabolism: Clinical and Experimental, 1999, 48, 809-816.	3.4	50
147	Plant Sterols, Health Claims and Strategies to Reduce Cardiovascular Disease Risk. Journal of the American College of Nutrition, 1999, 18, 559-562.	1.8	17
148	Dietary fiber, the evolution of the human diet and coronary heart disease. Nutrition Research, 1998, 18, 633-652.	2.9	88
149	New 11β-aryl-substituted steroids exhibit both progestational and antiprogestational activity. Steroids, 1998, 63, 523-530.	1.8	20
150	Modulation of Androgen and Progesterone Receptors by Phytochemicals in Breast Cancer Cell Lines. Biochemical and Biophysical Research Communications, 1998, 248, 935-939.	2.1	38
151	Physiological Effects of Resistant Starches on Fecal Bulk, Short Chain Fatty Acids, Blood Lipids and Glycemic Index. Journal of the American College of Nutrition, 1998, 17, 609-616.	1.8	212
152	Effect of a diet high in vegetables, fruit, and nuts on serum lipids. Metabolism: Clinical and Experimental, 1997, 46, 530-537.	3.4	68
153	Apolipoprotein E R112; R251G: a carboxy-terminal variant found in patients with hyperlipidemia and coronary heart disease. Mutation Research - Mutation Research Genomics, 1997, 382, 57-65.	1.1	1
154	Effect of nibbling versus gorging on cardiovascular risk factors: Serum uric acid and blood lipids. Metabolism: Clinical and Experimental, 1995, 44, 549-555.	3.4	48
155	Glycaemic index of 102 complex carbohydrate foods in patients with diabetes. Nutrition Research, 1994, 14, 651-669.	2.9	162
156	Effect of fiber-rich foods on the composition of intestinal microflora. Nutrition Research, 1994, 14, 523-535.	2.9	25
157	Psyllium Reduces Blood Lipids in Men and Women With Hyperlipidemia. American Journal of the Medical Sciences, 1994, 307, 269-273.	1.1	25
158	The apolipoprotein E gene and the serum low-density lipoprotein cholesterol response to dietary fiber. Metabolism: Clinical and Experimental, 1993, 42, 585-593.	3.4	39
159	Effect of a Diet High in Monounsaturated Fat From Almonds on Plasma Cholesterol and Lipoproteins. Journal of the American College of Nutrition, 1992, 11, 126-130.	1.8	94
160	Hypocholesterolemic effect of vegetable protein in a hypocaloric diet. Atherosclerosis, 1989, 78, 99-107.	0.8	44
161	Nibbling versus Gorging: Metabolic Advantages of Increased Meal Frequency. New England Journal of Medicine, 1989, 321, 929-934.	27.0	408
162	Metabolic response to test meals containing different carbohydrate foods: 1. Relationship between rate of digestion and plasma insulin response. Nutrition Research, 1988, 8, 573-581.	2.9	36

#	Article	IF	CITATIONS
163	Starchy foods, type of fiber, and cancer risk. Preventive Medicine, 1987, 16, 545-553.	3.4	10
164	Dietary fibre, carbohydrate metabolism and diabetes. Molecular Aspects of Medicine, 1987, 9, 97-112.	6.4	16
165	Comparison of regular and parboiled rices: explanation of discrepancies between reported glycemic responses to rice. Nutrition Research, 1986, 6, 349-357.	2.9	77
166	Simple and Complex Carbohydrates. Nutrition Reviews, 1986, 44, 44-49.	5.8	27
167	Lectins in foods and their relation to starch digestibility. Nutrition Research, 1985, 5, 919-929.	2.9	48
168	Reply to letter by Abraira and Lawrence. American Journal of Clinical Nutrition, 1983, 37, 153-154.	4.7	10
169	The In Vitro And In Vivo Anti-Amylase Activity Of Starch Blockers. Journal of Plant Foods, 1983, 5, 23-30.	0.0	5