List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Glycemic index: overview of implications in health and disease,,,. American Journal of Clinical Nutrition, 2002, 76, 266S-273S.	4.7	697
2	Nibbling versus Gorging: Metabolic Advantages of Increased Meal Frequency. New England Journal of Medicine, 1989, 321, 929-934.	27.0	408
3	Importance of Weight Management in Type 2 Diabetes: Review with Meta-analysis of Clinical Studies. Journal of the American College of Nutrition, 2003, 22, 331-339.	1.8	374
4	Food Consumption and its Impact on Cardiovascular Disease: Importance of Solutions Focused on the Globalized FoodÂSystem. Journal of the American College of Cardiology, 2015, 66, 1590-1614.	2.8	343
5	A low-fat vegan diet and a conventional diabetes diet in the treatment of type 2 diabetes: a randomized, controlled, 74-wk clinical trial. American Journal of Clinical Nutrition, 2009, 89, 1588S-1596S.	4.7	341
6	Dose Response of Almonds on Coronary Heart Disease Risk Factors: Blood Lipids, Oxidized Low-Density Lipoproteins, Lipoprotein(a), Homocysteine, and Pulmonary Nitric Oxide. Circulation, 2002, 106, 1327-1332.	1.6	335
7	Effects of high- and low-isoflavone soyfoods on blood lipids, oxidized LDL, homocysteine, and blood pressure in hyperlipidemic men and women. American Journal of Clinical Nutrition, 2002, 76, 365-372.	4.7	282
8	Role of cell walls in the bioaccessibility of lipids in almond seeds. American Journal of Clinical Nutrition, 2004, 80, 604-613.	4.7	273
9	The link between dietary fibre and human health. Food Hydrocolloids, 2010, 24, 42-48.	10.7	273
10	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. Current Opinion in Lipidology, 2000, 11, 49-56.	2.7	266
11	Effect of Fructose on Body Weight in Controlled Feeding Trials. Annals of Internal Medicine, 2012, 156, 291.	3.9	253
12	Direct comparison of a dietary portfolio of cholesterol-lowering foods with a statin in hypercholesterolemic participants1–3. American Journal of Clinical Nutrition, 2005, 81, 380-387.	4.7	224
13	Soluble fiber intake at a dose approved by the US Food and Drug Administration for a claim of health benefits: serum lipid risk factors for cardiovascular disease assessed in a randomized controlled crossover trial. American Journal of Clinical Nutrition, 2002, 75, 834-839.	4.7	219
14	Physiological Effects of Resistant Starches on Fecal Bulk, Short Chain Fatty Acids, Blood Lipids and Glycemic Index. Journal of the American College of Nutrition, 1998, 17, 609-616.	1.8	212
15	Steroid hormone activity of flavonoids and related compounds. Breast Cancer Research and Treatment, 2000, 62, 35-49.	2.5	187
16	Health aspects of partially defatted flaxseed, including effects on serum lipids, oxidative measures, and ex vivo androgen and progestin activity: a controlled crossover trial. American Journal of Clinical Nutrition, 1999, 69, 395-402.	4.7	186
17	Supplemental Vitamins and Minerals forÂCVD Prevention and Treatment. Journal of the American College of Cardiology, 2018, 71, 2570-2584.	2.8	184
18	Effect of Fructose on Blood Pressure. Hypertension, 2012, 59, 787-795.	2.7	167

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19	Glycaemic index of 102 complex carbohydrate foods in patients with diabetes. Nutrition Research, 1994, 14, 651-669.	2.9	162
20	Assessment of the longer-term effects of a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. American Journal of Clinical Nutrition, 2006, 83, 582-591.	4.7	160
21	A dietary portfolio approach to cholesterol reduction: Combined effects of plant sterols, vegetable proteins, and viscous fibers in hypercholesterolemia. Metabolism: Clinical and Experimental, 2002, 51, 1596-1604.	3.4	159
22	Type 2 diabetes and the vegetarian diet. American Journal of Clinical Nutrition, 2003, 78, 610S-616S.	4.7	152
23	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2016, 103, 1213-1223.	4.7	150
24	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. Atherosclerosis, 2014, 232, 125-133.	0.8	146
25	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. Cmaj, 2014, 186, E252-E262.	2.0	144
26	Almonds and postprandial glycemia—a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.	3.4	142
27	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. American Journal of Hypertension, 2014, 27, 56-64.	2.0	136
28	Effects of high- and low-isoflavone (phytoestrogen) soy foods on inflammatory biomarkers and proinflammatory cytokines in middle-aged men and women. Metabolism: Clinical and Experimental, 2002, 51, 919-924.	3.4	135
29	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. American Journal of Clinical Nutrition, 2015, 102, 914-921.	4.7	134
30	Vegetarian and vegan diets in type 2 diabetes management. Nutrition Reviews, 2009, 67, 255-263.	5.8	133
31	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. Progress in Cardiovascular Diseases, 2018, 61, 43-53.	3.1	130
32	The effect of combining plant sterols, soy protein, viscous fibers, and almonds in treating hypercholesterolemia. Metabolism: Clinical and Experimental, 2003, 52, 1478-1483.	3.4	127
33	Effect of a very-high-fiber vegetable, fruit, and nut diet on serum lipids and colonic function. Metabolism: Clinical and Experimental, 2001, 50, 494-503.	3.4	124
34	Glycemic Index, Glycemic Load, and Cardiovascular Disease and Mortality. New England Journal of Medicine, 2021, 384, 1312-1322.	27.0	124
35	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. Clinical Nutrition, 2019, 38, 1133-1145.	5.0	123
36	Changes in Nutrient Intake and Dietary Quality among Participants with Type 2 Diabetes Following a Low-Fat Vegan Diet or a Conventional Diabetes Diet for 22 Weeks. Journal of the American Dietetic Association, 2008, 108, 1636-1645.	1,1	119

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37	A Low-Fat Vegan Diet Elicits Greater Macronutrient Changes, but Is Comparable in Adherence and Acceptability, Compared with a More Conventional Diabetes Diet among Individuals with Type 2 Diabetes. Journal of the American Dietetic Association, 2009, 109, 263-272.	1.1	115
38	Dietary cholesterol and egg yolks: Not for patients at risk of vascular disease. Canadian Journal of Cardiology, 2010, 26, e336-e339.	1.7	114
39	Nuts as a Replacement for Carbohydrates in the Diabetic Diet. Diabetes Care, 2011, 34, 1706-1711.	8.6	99
40	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. American Journal of Clinical Nutrition, 2001, 74, 57-63.	4.7	94
41	Effect of a Diet High in Monounsaturated Fat From Almonds on Plasma Cholesterol and Lipoproteins. Journal of the American College of Nutrition, 1992, 11, 126-130.	1.8	94
42	Methodology for Adding Glycemic Load Values to the National Cancer Institute Diet History Questionnaire Database. Journal of the American Dietetic Association, 2006, 106, 393-402.	1.1	93
43	Glycemic index and glycemic load in endometrial cancer. International Journal of Cancer, 2003, 105, 404-407.	5.1	91
44	DHA-enriched high–oleic acid canola oil improves lipid profile and lowers predicted cardiovascular disease risk in the canola oil multicenter randomized controlled trial. American Journal of Clinical Nutrition, 2014, 100, 88-97.	4.7	91
45	Dietary fiber, the evolution of the human diet and coronary heart disease. Nutrition Research, 1998, 18, 633-652.	2.9	88
46	The Glycemic Index: Physiological Significance. Journal of the American College of Nutrition, 2009, 28, 439S-445S.	1.8	84
47	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. Cmaj, 2017, 189, E711-E720.	2.0	83
48	Effect of soy protein foods on low-density lipoprotein oxidation and ex vivo sex hormone receptor activity—A controlled crossover trial. Metabolism: Clinical and Experimental, 2000, 49, 537-543.	3.4	81
49	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2015, 7, 9804-9824.	4.1	81
50	Dietary pulses, satiety and food intake: A systematic review and metaâ€analysis of acute feeding trials. Obesity, 2014, 22, 1773-1780.	3.0	80
51	Fat versus carbohydrate in insulin resistance, obesity, diabetes and cardiovascular disease. Current Opinion in Clinical Nutrition and Metabolic Care, 2003, 6, 165-176.	2.5	78
52	Comparison of regular and parboiled rices: explanation of discrepancies between reported glycemic responses to rice. Nutrition Research, 1986, 6, 349-357.	2.9	77
53	The effect of strawberries in a cholesterol-lowering dietary portfolio. Metabolism: Clinical and Experimental, 2008, 57, 1636-1644.	3.4	75
54	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. Diabetes Care, 2014, 37, 1806-1814.	8.6	75

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55	Effect of soy-based breakfast cereal on blood lipids and oxidized low-density lipoprotein. Metabolism: Clinical and Experimental, 2000, 49, 1496-1500.	3.4	74
56	Egg yolk consumption and carotid plaque. Atherosclerosis, 2012, 224, 469-473.	0.8	72
57	Effects of canola and highâ€øleicâ€acid canola oils on abdominal fat mass in individuals with central obesity. Obesity, 2016, 24, 2261-2268.	3.0	72
58	The Effect of Wheat Bran Particle Size on Laxation and Colonic Fermentation. Journal of the American College of Nutrition, 1999, 18, 339-345.	1.8	69
59	Glycemic index, glycemic load and risk of prostate cancer. International Journal of Cancer, 2004, 112, 446-450.	5.1	69
60	Effect of a diet high in vegetables, fruit, and nuts on serum lipids. Metabolism: Clinical and Experimental, 1997, 46, 530-537.	3.4	68
61	High–complex carbohydrate or lente carbohydrate foods?. American Journal of Medicine, 2002, 113, 30-37.	1.5	68
62	Strawberry Intake, Lipids, C-Reactive Protein, and the Risk of Cardiovascular Disease in Women. Journal of the American College of Nutrition, 2007, 26, 303-310.	1.8	62
63	Comparable Postprandial Glucose Reductions with Viscous Fiber Blend Enriched Biscuits in Healthy Subjects and Patients with Diabetes Mellitus: Acute Randomized Controlled Clinical Trial. Croatian Medical Journal, 2008, 49, 772-782.	0.7	62
64	Viscous fibers, health claims, and strategies to reduce cardiovascular disease risk. American Journal of Clinical Nutrition, 2000, 71, 401-402.	4.7	60
65	Flavonoids and steroid hormone-dependent cancers. Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences, 2002, 777, 219-232.	2.3	60
66	Soy Consumption and Phytoestrogens: Effect on Serum Prostate Specific Antigen When Blood Lipids and Oxidized Low-Density Lipoprotein are Reduced in Hyperlipidemic Men. Journal of Urology, 2003, 169, 507-511.	0.4	53
67	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease. Mayo Clinic Proceedings, 2019, 94, 2399-2414.	3.0	53
68	Combined effect of vegetable protein (soy) and soluble fiber added to a standard cholesterol-lowering diet. Metabolism: Clinical and Experimental, 1999, 48, 809-816.	3.4	50
69	The effect on the blood lipid profile of soy foods combined with a prebiotic: a randomized controlled trial. Metabolism: Clinical and Experimental, 2010, 59, 1331-1340.	3.4	49
70	Lectins in foods and their relation to starch digestibility. Nutrition Research, 1985, 5, 919-929.	2.9	48
71	Effect of nibbling versus gorging on cardiovascular risk factors: Serum uric acid and blood lipids. Metabolism: Clinical and Experimental, 1995, 44, 549-555.	3.4	48
72	Effect of plant sterols in combination with other cholesterol-lowering foods. Metabolism: Clinical and Experimental, 2008, 57, 130-139.	3.4	48

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73	Supplemental Vitamins and Minerals for Cardiovascular Disease Prevention andÂTreatment. Journal of the American College of Cardiology, 2021, 77, 423-436.	2.8	48
74	Flavonoids can block PSA production by breast and prostate cancer cell lines. Clinica Chimica Acta, 2002, 317, 17-26.	1.1	47
75	Effect of almonds on insulin secretion and insulin resistance in nondiabetic hyperlipidemic subjects: a randomized controlled crossover trial. Metabolism: Clinical and Experimental, 2008, 57, 882-887.	3.4	46
76	Glycemic index and load and risk of upper aero-digestive tract neoplasms (Italy). Cancer Causes and Control, 2003, 14, 657-662.	1.8	45
77	High-oleic canola oil consumption enriches LDL particle cholesteryl oleate content and reduces LDL proteoglycan binding in humans. Atherosclerosis, 2015, 238, 231-238.	0.8	45
78	Hypocholesterolemic effect of vegetable protein in a hypocaloric diet. Atherosclerosis, 1989, 78, 99-107.	0.8	44
79	Carbohydrate, glycemic index, and glycemic load and colorectal adenomas in the Prostate, Lung, Colorectal, and Ovarian Screening Study. American Journal of Clinical Nutrition, 2006, 84, 1184-1192.	4.7	44
80	Effect of Wheat Bran on Serum Lipids: Influence of Particle Size and Wheat Protein. Journal of the American College of Nutrition, 1999, 18, 159-165.	1.8	42
81	Simple skinfold-thickness measurements complement conventional anthropometric assessments in predicting glucose tolerance. American Journal of Clinical Nutrition, 2001, 73, 567-573.	4.7	40
82	Viscous dietary fibre and metabolic effects. Clinical Nutrition Supplements, 2004, 1, 39-49.	0.0	40
83	The apolipoprotein E gene and the serum low-density lipoprotein cholesterol response to dietary fiber. Metabolism: Clinical and Experimental, 1993, 42, 585-593.	3.4	39
84	ls Fructose a Story of Mice but Not Men?. Journal of the American Dietetic Association, 2011, 111, 219-220.	1.1	39
85	Modulation of Androgen and Progesterone Receptors by Phytochemicals in Breast Cancer Cell Lines. Biochemical and Biophysical Research Communications, 1998, 248, 935-939.	2.1	38
86	Equol status and blood lipid profile in hyperlipidemia after consumption of diets containing soy foods. American Journal of Clinical Nutrition, 2012, 95, 564-571.	4.7	38
87	Effect of Current Dietary Recommendations on Weight Loss and Cardiovascular Risk Factors. Journal of the American College of Cardiology, 2017, 69, 1103-1112.	2.8	38
88	The effect of serum lipids and oxidized low-density lipoprotein of supplementing self-selected low-fat diets with soluble-fiber, soy, and vegetable protein foods. Metabolism: Clinical and Experimental, 2000, 49, 67-72.	3.4	37
89	Metabolic response to test meals containing different carbohydrate foods: 1. Relationship between rate of digestion and plasma insulin response. Nutrition Research, 1988, 8, 573-581.	2.9	36
90	Too much sugar, too much carbohydrate, or just too much?. American Journal of Clinical Nutrition, 2004, 79, 711-712.	4.7	35

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91	Association between Components of the Insulin-Like Growth Factor System and Endometrial Cancer Risk. Oncology, 2004, 67, 54-59.	1.9	34
92	The Garden of Eden—plant based diets, the genetic drive to conserve cholesterol and its implications for heart disease in the 21st century. Comparative Biochemistry and Physiology Part A, Molecular & Integrative Physiology, 2003, 136, 141-151.	1.8	33
93	Applying the Precautionary Principle to Nutrition and Cancer. Journal of the American College of Nutrition, 2014, 33, 239-246.	1.8	32
94	Heterogeneity in Randomized Controlled Trials of Long Chain (Fish) Omega-3 Fatty Acids in Restenosis, Secondary Prevention and Ventricular Arrhythmias. Journal of the American College of Nutrition, 2008, 27, 367-378.	1.8	28
95	A novel source of wheat fiber and protein: effects on fecal bulk and serum lipids. American Journal of Clinical Nutrition, 1999, 69, 226-230.	4.7	27
96	Simple and Complex Carbohydrates. Nutrition Reviews, 1986, 44, 44-49.	5.8	27
97	Resistant starches. Current Opinion in Gastroenterology, 2000, 16, 178-183.	2.3	26
98	Effect of antibiotics as cholesterol-lowering agents. Metabolism: Clinical and Experimental, 2005, 54, 103-112.	3.4	26
99	Effect of fiber-rich foods on the composition of intestinal microflora. Nutrition Research, 1994, 14, 523-535.	2.9	25
100	Psyllium Reduces Blood Lipids in Men and Women With Hyperlipidemia. American Journal of the Medical Sciences, 1994, 307, 269-273.	1.1	25
101	Test–retest reliability of peripheral arterial tonometry in the metabolic syndrome. Diabetes and Vascular Disease Research, 2014, 11, 201-207.	2.0	25
102	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. Clinical Nutrition, 2021, 40, 2825-2836.	5.0	24
103	Effects of natural products and nutraceuticals on steroid hormone-regulated gene expression. Clinica Chimica Acta, 2001, 312, 213-219.	1.1	23
104	Colonic bacterial activity and serum lipid risk factors for cardiovascular disease. Metabolism: Clinical and Experimental, 1999, 48, 264-268.	3.4	21
105	New 11β-aryl-substituted steroids exhibit both progestational and antiprogestational activity. Steroids, 1998, 63, 523-530.	1.8	20
106	Plant Sterols, Health Claims and Strategies to Reduce Cardiovascular Disease Risk. Journal of the American College of Nutrition, 1999, 18, 559-562.	1.8	17
107	The Relationship Between Metformin and Serum Prostateâ€5pecific Antigen Levels. Prostate, 2016, 76, 1445-1453.	2.3	17
108	Dietary fibre, carbohydrate metabolism and diabetes. Molecular Aspects of Medicine, 1987, 9, 97-112.	6.4	16

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109	Adipose Tissue Insulin Resistance Is Longitudinally Associated With Adipose Tissue Dysfunction, Circulating Lipids, and Dysglycemia: The PROMISE Cohort. Diabetes Care, 2021, 44, 1682-1691.	8.6	16
110	Dilution of the 75-g oral glucose tolerance test improves overall tolerability but not reproducibility in subjects with different body compositions. Diabetes Research and Clinical Practice, 2001, 51, 87-95.	2.8	15
111	Consumption of a dietary portfolio of cholesterol lowering foods improves blood lipids without affecting concentrations of fat soluble compounds. Nutrition Journal, 2014, 13, 101.	3.4	14
112	β-Oxidation of linoleate in obese men undergoing weight loss. American Journal of Clinical Nutrition, 2001, 73, 709-714.	4.7	13
113	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Journal of Nutrition, 2021, 151, 2409-2421.	2.9	12
114	Vegetarian Diet, Growth, and Nutrition in Early Childhood: A Longitudinal Cohort Study. Pediatrics, 2022, 149, .	2.1	12
115	Nonalcoholic fatty liver, nonalcoholic steatohepatitis, ectopic fat, and the glycemic index1,2. American Journal of Clinical Nutrition, 2006, 84, 3-4.	4.7	11
116	Reply to letter by Abraira and Lawrence. American Journal of Clinical Nutrition, 1983, 37, 153-154.	4.7	10
117	Starchy foods, type of fiber, and cancer risk. Preventive Medicine, 1987, 16, 545-553.	3.4	10
118	Almond Bioaccessibility in a Randomized Crossover Trial: Is a Calorie a Calorie?. Mayo Clinic Proceedings, 2021, 96, 2386-2397.	3.0	9
119	The Glycemic Index: Methodology and Use. , 2006, 11, 43-56.		8
120	Egg yolk consumption, smoking and carotid plaque: Reply to letters to the Editor by Sean Lucan and T Dylan Olver etÂal Atherosclerosis, 2013, 227, 189-191.	0.8	7
121	Effect of a low glycemic index diet versus a high-cereal fibre diet on markers of subclinical cardiac injury in healthy individuals with type 2 diabetes mellitus: An exploratory analysis of a randomized dietary trial. Clinical Biochemistry, 2017, 50, 1104-1109.	1.9	7
122	Diet and Cholesterol Reduction. Annals of Internal Medicine, 2005, 142, 793.	3.9	6
123	Functional Foods to Increase the Efficacy of Diet in Lowering Serum Cholesterol. Canadian Journal of Cardiology, 2011, 27, 397-400.	1.7	6
124	Postprandial effects of almond consumption on human osteoclast precursors—an ex vivo study. Metabolism: Clinical and Experimental, 2011, 60, 923-929.	3.4	6
125	Biomarkers of cardiometabolic health and nutritional status in individuals with positive celiac disease serology. Nutrition and Health, 2018, 24, 37-45.	1.5	6
126	The In Vitro And In Vivo Anti-Amylase Activity Of Starch Blockers. Journal of Plant Foods, 1983, 5, 23-30.	0.0	5

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127	Nutritional Determinants of the Metabolic Syndrome. Journal of Nutrigenetics and Nutrigenomics, 2008, 1, 109-117.	1.3	5
128	Plant Polyphenols Lignans and Cardiovascular Disease. Journal of the American College of Cardiology, 2021, 78, 679-682.	2.8	5
129	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study. JMIR Human Factors, 2022, 9, e34704.	2.0	5
130	Development and evaluation of a competitive time-resolved immunofluorometric assay for the estrogen-regulated protein pS2. Journal of Clinical Laboratory Analysis, 1999, 13, 241-245.	2.1	4
131	Continuous therapy with transdermal nitroglycerin does not affect biomarkers of vascular inflammation and injury in healthy volunteers. Canadian Journal of Physiology and Pharmacology, 2009, 87, 455-459.	1.4	4
132	Nutritional Considerations for Older Adults With Type 2 Diabetes. Journal of Nutrition in Gerontology and Geriatrics, 2008, 27, 363-380.	1.0	3
133	Almond (Prunus dulcis) Seeds and Oxidative Stress. , 2011, , 161-166.		3
134	Great Chinese Famine and the Effects on Cardiometabolic Health for Future Generations. Hypertension, 2022, 79, 532-535.	2.7	3
135	Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. FASEB Journal, 2007, 21, A57.	0.5	2
136	Apolipoprotein E R112; R251G: a carboxy-terminal variant found in patients with hyperlipidemia and coronary heart disease. Mutation Research - Mutation Research Genomics, 1997, 382, 57-65.	1.1	1
137	The Garden of Eden: Implications for cardiovascular disease prevention. Asia Pacific Journal of Clinical Nutrition, 2000, 9, S1-S3.	0.4	1
138	Nutriceuticals and Functional Foods for Cholesterol Reduction. , 2009, , 376-386.		1
139	Reply to Letters from Dr Maria Luz Fernandez, Eddie Vos, and Dr Niva Shapira. Canadian Journal of Cardiology, 2011, 27, 264.e7-264.e8.	1.7	1
140	Fish Fats and the Heart. Journal of the American College of Nutrition, 2012, 31, 1-3.	1.8	1
141	Flecainide and elevated liver enzymes in α1-antitrypsin deficiency. HeartRhythm Case Reports, 2016, 2, 237-240.	0.4	1
142	ABO Genotype Does Not Modify the Association between the "Blood-Type―Diet and Biomarkers of Cardiometabolic Disease in Overweight Adults. Journal of Nutrition, 2018, 148, 518-525.	2.9	1
143	Assessment of the Longer Term Effects of a Dietary Portfolio of Cholesterol Lowering Foods in Hypercholesterolemia. FASEB Journal, 2006, 20, A10.	0.5	1
144	Strawberries to improve palatability of a cholesterol lowering diet. FASEB Journal, 2007, 21, A1093.	0.5	1

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145	Effect of pulses as part of a low glycemic index diet compared to a high fiber diet on HbA1c and blood lipids in type 2 diabetes. FASEB Journal, 2012, 26, 117.3.	0.5	1
146	Reply to A Walker and B Walker. American Journal of Clinical Nutrition, 2005, 81, 197-198.	4.7	0
147	Implications of the Glycemic Index in Obesity. , 2010, , 219-230.		0
148	Response to Fructose Likely Does Have a Role in Hypertension. Hypertension, 2012, 59, .	2.7	0
149	Almonds, Glycemic Index, Dietary Antioxidants and Risk Factors for Coronary Heart Disease. FASEB Journal, 2006, 20, A593.	0.5	0
150	Acute Effect of Diets Varying in Glycemic Index and Glycemic Load on Blood Glucose, Insulin and Measures of Oxidative Stress. FASEB Journal, 2006, 20, .	0.5	0
151	Dietary Glycemic Index and Glycemic Load in Relation to Measures of Body Weight. FASEB Journal, 2006, 20, .	0.5	0
152	Effect of a vegan based high protein, low carbohydrate diet on weight loss and serum lipids. FASEB Journal, 2006, 20, A596.	0.5	0
153	Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095.	0.5	0
154	Determinants of low glycemic index breads. FASEB Journal, 2007, 21, .	0.5	0
155	Long Term Effectiveness of A Dietary Portfolio of Cholesterol‣owering Foods in Hypercholesterolemic Subjects. FASEB Journal, 2008, 22, 460.8.	0.5	0
156	The Effects of Pistachios on Postprandial Glucose and Insulin Levels, Gut Satiety Hormones and Measures of Oxidative Stress. FASEB Journal, 2008, 22, 702.16.	0.5	0
157	Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Crossâ€over Trial. FASEB Journal, 2008, 22, 702.25.	0.5	0
158	Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an oligofructoseâ€enriched inulin in equol producers. FASEB Journal, 2008, 22, 303.6.	0.5	0
159	Effect of nonâ€oil seed pulses on glycemic control: a metaâ€analysis of randomized controlled experimental trials in humans FASEB Journal, 2009, 23, 213.7.	0.5	0
160	Reproducibility in growth of breast and prostate cells stimulated with serum taken at different points in time from individuals on their habitual diets. FASEB Journal, 2010, 24, 728.6.	0.5	0
161	Effect of almond consumption on the serum fatty acid profile: a dose response study. FASEB Journal, 2010, 24, 564.16.	0.5	0
162	The effect of physiological concentrations of six hormones on the growth of breast and prostate cell lines treated with human serum. FASEB Journal, 2010, 24, 207.3.	0.5	0

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163	Effects of nuts on glycemic control and coronary heart disease risk factors in type 2 diabetes. FASEB Journal, 2010, 24, 564.2.	0.5	0
164	The effect of adding monounsaturated fat to a dietary portfolio of cholesterolâ€lowering foods in hypercholesterolemia. FASEB Journal, 2010, 24, 564.3.	0.5	0
165	Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet FASEB Journal, 2013, 27, 1067.14.	0.5	0
166	Low Glycemic Index Diets on Longâ€ŧerm Blood Pressure Control: A Systematic Review and Metaâ€analysis. FASEB Journal, 2013, 27, 615.5.	0.5	0
167	Association between changes in plant protein and mineral intakes and blood pressure as part of a dietary portfolio: a randomized controlled trial. FASEB Journal, 2013, 27, 368.8.	0.5	0
168	The effect of fructose on risk of incident hypertension: a systematic review and metaâ€analysis of 3 large U.S. prospective cohorts. FASEB Journal, 2013, 27, 120.7.	0.5	0
169	Diet—microbiome interaction in colorectal cancer: a potentially discriminatory role for Fusobacterium nucleatum. , 2020, , 211-241.		0