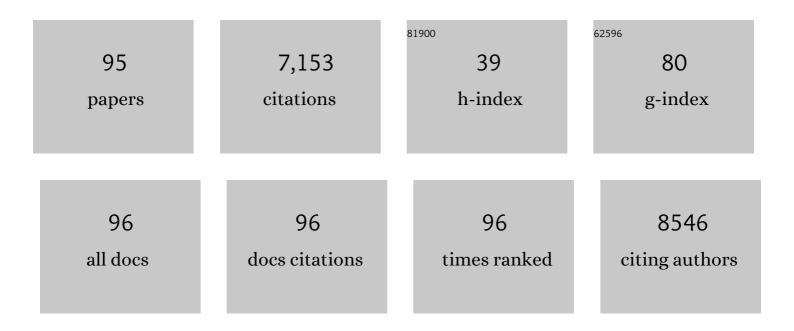
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Healthcare Staff Wellbeing, Burnout, and Patient Safety: A Systematic Review. PLoS ONE, 2016, 11, e0159015.	2.5	944
2	Mental health and well-being during the COVID-19 pandemic: longitudinal analyses of adults in the UK COVID-19 Mental Health & Wellbeing study. British Journal of Psychiatry, 2021, 218, 326-333.	2.8	805
3	Age-Related Changes in General and Sexual Health in Middle-Aged and Older Men: Results from the European Male Ageing Study (EMAS). Journal of Sexual Medicine, 2010, 7, 1362-1380.	0.6	377
4	Effects of daily hassles and eating style on eating behavior Health Psychology, 2008, 27, S20-S31.	1.6	357
5	Stress and Health: A Review of Psychobiological Processes. Annual Review of Psychology, 2021, 72, 663-688.	17.7	305
6	Sexual Health and Well-being Among Older Men and Women in England: Findings from the English Longitudinal Study of Ageing. Archives of Sexual Behavior, 2016, 45, 133-144.	1.9	255
7	Daily hassles and eating behaviour: The role of cortisol reactivity status. Psychoneuroendocrinology, 2007, 32, 125-132.	2.7	231
8	Type-D personality mechanisms of effect: The role of health-related behavior and social support. Journal of Psychosomatic Research, 2008, 64, 63-69.	2.6	188
9	The role of message framing in promoting MMR vaccination: Evidence of a loss-frame advantage. Psychology, Health and Medicine, 2008, 13, 1-16.	2.4	157
10	Research priorities for the COVIDâ€19 pandemic and beyond: A call to action for psychological science. British Journal of Psychology, 2020, 111, 603-629.	2.3	146
11	Activational effects of testosterone on cognitive function in men. Neuropsychologia, 2001, 39, 1385-1394.	1.6	126
12	Effects of Testosterone on Mood, Aggression, and Sexual Behavior in Young Men: A Double-Blind, Placebo-Controlled, Cross-Over Study. Journal of Clinical Endocrinology and Metabolism, 2004, 89, 2837-2845.	3.6	126
13	A Taxometric Analysis of Type-D Personality. Psychosomatic Medicine, 2009, 71, 981-986.	2.0	123
14	Stress and eating behaviors in children and adolescents: Systematic review and meta-analysis. Appetite, 2018, 123, 14-22.	3.7	123
15	Cortisol levels and suicidal behavior: A meta-analysis. Psychoneuroendocrinology, 2016, 63, 370-379.	2.7	121
16	Predicting hopelessness and psychological distress: The role of perfectionism and coping Journal of Counseling Psychology, 2003, 50, 362-372.	2.0	118
17	Exogenous testosterone, aggression, and mood in eugonadal and hypogonadal men. Physiology and Behavior, 2002, 75, 557-566.	2.1	117
18	Cortisol reactivity and suicidal behavior: Investigating the role of hypothalamic-pituitary-adrenal axis responses to stress in suicide attempters and ideators. Psychoneuroendocrinology, 2017, 75, 183-191.	2.7	111

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19	The Relationships between Sex Hormones and Sexual Function in Middle-Aged and Older European Men. Journal of Clinical Endocrinology and Metabolism, 2011, 96, E1577-E1587.	3.6	103
20	Perfectionism and psychological distress: evidence of the mediating effects of rumination. European Journal of Personality, 2007, 21, 429-452.	3.1	102
21	Exploring the Benefits of Conscientiousness: An Investigation of the Role of Daily Stressors and Health Behaviors. Annals of Behavioral Medicine, 2009, 37, 184-196.	2.9	95
22	Stress, health and illness: Four challenges for the future. Psychology and Health, 2012, 27, 128-140.	2.2	92
23	Assessment of Sexual Health in Aging Men in Europe: Development and Validation of the European Male Ageing Study Sexual Function Questionnaire. Journal of Sexual Medicine, 2008, 5, 1374-1385.	0.6	80
24	Perceived changes in food intake in response to stress: the role of conscientiousness. Stress and Health, 2004, 20, 279-291.	2.6	77
25	From ideation to action: Differentiating between those who think about suicide and those who attempt suicide in a national study of young adults. Journal of Affective Disorders, 2018, 241, 475-483.	4.1	75
26	Impact of daily mood, work hours, and iso-strain variables on self-reported health behaviors Journal of Applied Psychology, 2007, 92, 1731-1740.	5.3	74
27	Suicide attempts and non-suicidal self-harm: national prevalence study of young adults. BJPsych Open, 2018, 4, 142-148.	0.7	73
28	Stress and eating behaviours in healthy adults: a systematic review and meta-analysis. Health Psychology Review, 2022, 16, 280-304.	8.6	70
29	A Thematic Analysis of Suicide Notes. Crisis, 1999, 20, 106-114.	1.2	68
30	Low Prolactin Is Associated with Sexual Dysfunction and Psychological or Metabolic Disturbances in Middle-Aged and Elderly Men: The European Male Aging Study (EMAS). Journal of Sexual Medicine, 2014, 11, 240-253.	0.6	63
31	Perseverative Cognition and Health Behaviors: A Systematic Review and Meta-Analysis. Frontiers in Human Neuroscience, 2016, 10, 534.	2.0	63
32	Effects of childhood trauma on cortisol levels in suicide attempters and ideators. Psychoneuroendocrinology, 2018, 88, 9-16.	2.7	63
33	Are stressful life events prospectively associated with increased suicidal ideation and behaviour? A systematic review and meta-analysis. Journal of Affective Disorders, 2020, 266, 731-742.	4.1	59
34	Investigating effort–reward imbalance and work–family conflict in relation to morningness–eveningness and shift work. Work and Stress, 2008, 22, 125-137.	4.5	53
35	Association of CP wellbeing and burnout with patient safety in UK primary care: a cross-sectional survey. British Journal of General Practice, 2019, 69, e507-e514.	1.4	53
36	Exploring day-to-day dynamics of daily stressor appraisals, physical symptoms and the cortisol awakening response. Psychoneuroendocrinology, 2014, 50, 130-138.	2.7	52

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37	Distinguishing suicide ideation from suicide attempts: Further test of the Integrated Motivational-Volitional Model of Suicidal Behaviour. Journal of Psychiatric Research, 2019, 117, 100-107.	3.1	50
38	The influence of morningness–eveningness on anxiety and cardiovascular responses to stress. Physiology and Behavior, 2005, 85, 125-133.	2.1	48
39	Brain potentials to emotional pictures are modulated by alexithymia during emotion regulation. Cognitive, Affective and Behavioral Neuroscience, 2011, 11, 463-475.	2.0	46
40	Science as behaviour: Using a behaviour change approach to increase uptake of open science. Psychology and Health, 2019, 34, 1397-1406.	2.2	42
41	Intentions to use hormonal male contraception: The role of message framing, attitudes and stress appraisals. British Journal of Psychology, 2005, 96, 351-369.	2.3	39
42	Stress, cortisol and suicide risk. International Review of Neurobiology, 2020, 152, 101-130.	2.0	38
43	Effects of childhood trauma, daily stress, and emotions on daily cortisol levels in individuals vulnerable to suicide Journal of Abnormal Psychology, 2020, 129, 92-107.	1.9	35
44	Frailty and Sexual Health in Older European Men. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2013, 68, 837-844.	3.6	32
45	Raising awareness of hypertension risk through a web-based framing intervention: Does consideration of future consequences make a difference?. Psychology, Health and Medicine, 2009, 14, 213-219.	2.4	31
46	Attentional biases for food stimuli in external eaters: Possible mechanism for stress-induced eating?. Appetite, 2008, 51, 339-342.	3.7	30
47	Effects of written emotional disclosure on implicit self-esteem and body image. British Journal of Health Psychology, 2011, 16, 488-501.	3.5	30
48	Stress-related thinking predicts the cortisol awakening response and somatic symptoms in healthy adults. Psychoneuroendocrinology, 2013, 38, 438-446.	2.7	30
49	Randomized Test of an Implementation Intention-Based Tool to Reduce Stress-Induced Eating. Annals of Behavioral Medicine, 2015, 49, 331-343.	2.9	29
50	The Chernyshenko Conscientiousness Scales. Assessment, 2016, 23, 374-385.	3.1	29
51	The Effects of Conscientiousness on the Appraisals of Daily Stressors. Stress and Health, 2012, 28, 80-86.	2.6	28
52	Exploring the Impact of Primary Care Physician Burnout and Well-Being on Patient Care: A Focus Group Study. Journal of Patient Safety, 2020, 16, e278-e283.	1.7	28
53	Are alexithymia and emotional characteristics of disclosure associated with blood pressure reactivity and psychological distress following written emotional disclosure/. British Journal of Health Psychology, 2008, 13, 495-512.	3.5	26
54	Strategies to improve general practitioner well-being: findings from a focus group study. Family Practice, 2018, 35, 511-516.	1.9	26

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55	Endogenous hormones, androgen receptor CAG repeat length and fluid cognition in middle-aged and older men: results from the European Male Ageing Study. European Journal of Endocrinology, 2010, 162, 1155-1164.	3.7	25
56	Effects of Emotional Disclosure in Caregivers: Moderating Role of Alexithymia. Stress and Health, 2011, 27, 376-387.	2.6	25
57	Investigating the effects of conscientiousness on daily stress, affect and physical symptom processes: A daily diary study. British Journal of Health Psychology, 2014, 19, 311-328.	3.5	25
58	Group-based acceptance and commitment therapy interventions for improving general distress and work-related distress in healthcare professionals: A systematic review and meta-analysis. Journal of Affective Disorders, 2021, 295, 192-202.	4.1	25
59	Alcohol, conscientiousness and event-level condom use. British Journal of Health Psychology, 2011, 16, 828-845.	3.5	23
60	Wellbeing, burnout, and safe practice among healthcare professionals: predictive influences of mindfulness, values, and self-compassion. Psychology, Health and Medicine, 2022, 27, 1130-1143.	2.4	23
61	The daily relationships between staffing, safety perceptions and personality in hospital nursing: A longitudinal on-line diary study. International Journal of Nursing Studies, 2016, 59, 27-37.	5.6	22
62	Mental health and well-being during the second wave of COVID-19: longitudinal analyses of the UK COVID-19 Mental Health and Wellbeing study (UK COVID-MH). BJPsych Open, 2022, 8, .	0.7	21
63	What factors are most influential in increasing cervical cancer screening attendance? An online study of UK-based women. Health Psychology and Behavioral Medicine, 2020, 8, 314-328.	1.8	19
64	The relationship between Type D personality and physical health complaints is mediated by perceived stress and anxiety but not diurnal cortisol secretion. Stress, 2018, 21, 229-236.	1.8	18
65	Promoting colorectal cancer screening: a systematic review and meta-analysis of randomised controlled trials of interventions to increase uptake. Health Psychology Review, 2021, 15, 371-394.	8.6	18
66	The Effect of Musculoskeletal Pain on Sexual Function in Middle-aged and Elderly European Men: Results from the European Male Ageing Study. Journal of Rheumatology, 2011, 38, 370-377.	2.0	16
67	A Daily Diary Approach to the Examination of Chronic Stress, Daily Hassles and Safety Perceptions in Hospital Nursing. International Journal of Behavioral Medicine, 2017, 24, 946-956.	1.7	16
68	Entrapment and suicide risk: The development of the 4-item Entrapment Scale Short-Form (E-SF). Psychiatry Research, 2020, 284, 112765.	3.3	15
69	Effects of COVID-19-related worry and rumination on mental health and loneliness during the pandemic: longitudinal analyses of adults in the UK COVID-19 mental health & wellbeing study. Journal of Mental Health, 2023, 32, 1122-1133.	1.9	15
70	Conscientiousness and fruit and vegetable consumption: exploring behavioural intention as a mediator. Psychology, Health and Medicine, 2016, 21, 469-475.	2.4	13
71	Resilience and vulnerability factors influence the cortisol awakening response in individuals vulnerable to suicide. Journal of Psychiatric Research, 2021, 142, 312-320.	3.1	13
72	The future of health behaviour change interventions: opportunities for open science and personality research. Health Psychology Review, 2020, 14, 176-181.	8.6	12

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73	Burnout in psychological therapists: A crossâ€sectional study investigating the role of supervisory relationship quality. Clinical Psychologist, 2020, 24, 223-235.	0.8	12
74	A workplace Acceptance and Commitment Therapy (ACT) intervention for improving healthcare staff psychological distress: A randomised controlled trial. PLoS ONE, 2022, 17, e0266357.	2.5	12
75	Reappraisal Buffers the Association between Stress and Negative Mood Measured over 14 Days: Implications for Understanding Psychological Resilience. European Journal of Personality, 2016, 30, 608-617.	3.1	11
76	The association between different cognitive domains and age in a multiâ€centre study of middleâ€aged and older European men. International Journal of Geriatric Psychiatry, 2009, 24, 1257-1266.	2.7	10
77	A randomized trial of written emotional disclosure interventions in school teachers: Controlling for positive expectancies and effects on health and job satisfaction. Psychology, Health and Medicine, 2013, 18, 588-600.	2.4	9
78	Tackling student binge drinking: Pairing incongruent messages and measures reduces alcohol consumption. British Journal of Health Psychology, 2015, 20, 498-513.	3.5	9
79	Predicting suicidal ideation in a nationally representative sample of young adults: a 12-month prospective study. Psychological Medicine, 2022, 52, 3168-3175.	4.5	9
80	Conscientiousness and engagement with national health behaviour guidelines. Psychology, Health and Medicine, 2021, 26, 421-432.	2.4	8
81	Mental health during the COVID-19 pandemic: exploring the role of psychological flexibility andÂstress-related variables. Psychology and Health, 2023, 38, 1378-1401.	2.2	8
82	Exploring the effects of positive and negative emotions on eating behaviours in children and young adults. Psychology, Health and Medicine, 2021, 26, 457-466.	2.4	7
83	Exploring the effects of daily hassles on eating behaviour in children: The role of cortisol reactivity. Psychoneuroendocrinology, 2020, 117, 104692.	2.7	6
84	Cross-sectional and prospective associations between stress, perseverative cognition and health behaviours. Psychology and Health, 2022, 37, 87-104.	2.2	6
85	Effects of childhood adversity and cortisol levels on suicidal ideation and behaviour: Results from a general population study. Psychoneuroendocrinology, 2022, 138, 105664.	2.7	6
86	Burnout in surgeons: A qualitative investigation into contributors and potential solutions. International Journal of Surgery, 2022, 101, 106613.	2.7	6
87	Exploring the effects of daily hassles and uplifts on eating behaviour in young adults: The role of daily cortisol levels. Psychoneuroendocrinology, 2021, 129, 105231.	2.7	5
88	Interventions to promote physical distancing behaviour during infectious disease pandemics or epidemics: A systematic review. Social Science and Medicine, 2022, 303, 114946.	3.8	5
89	Interactive Effects of Trait Self-Control and Stress Appraisals on Blood Pressure Responses to a Laboratory Stressor. International Journal of Behavioral Medicine, 2017, 24, 602-612.	1.7	3
90	Caring for Caregivers (C4C): study protocol for a pilot feasibility randomised control trial of Positive Written Disclosure for older adult caregivers of people with psychosis. Pilot and Feasibility Studies, 2017, 3, 63.	1.2	3

#	Article	IF	CITATIONS
91	Cluster randomized controlled trial of volitional and motivational interventions to improve bowel cancer screening uptake: A population-level study. Social Science and Medicine, 2020, 265, 113496.	3.8	3
92	Financial incentives for bowel cancer screening: Results from a mixed methods study in the United Kingdom. British Journal of Health Psychology, 2021, , .	3.5	3
93	Investigation of psychometric properties of the Mindful Eating Questionnaire in Chinese adolescents and young adults using mixed methods. Appetite, 2022, 176, 106097.	3.7	3
94	Burnout in Surgical Trainees: a Narrative Review of Trends, Contributors, Consequences and Possible Interventions. Indian Journal of Surgery, 2021, , 1-10.	0.3	2
95	Maladaptive rumination moderates the effects of written emotional disclosure on ambulatory blood pressure levels in females. Health Psychology and Behavioral Medicine, 2014, 2, 1067-1077.	1.8	1